

NCAA NATIONAL CHAMPION

Elmore Banton1964

ALL-AMERICANS

Josh Ritchie1996
 Shannan Ritchie 1988,1989
 Bob Bertelson1970
 Elmore Banton1964, 1965
 Bill Heller1962

ACADEMIC ALL-AMERICANS

Josh Ritchie1996
 Dave Mirth1983

MAC CHAMPIONS

Josh Ritchie1996
 Bob Bertelson1970
 Elmore Banton1965
 Ray Fleming1962

MAC RUNNER-UP

Josh McClintock1994
 Shannan Ritchie1986, 1988
 Frank Zoldak1985
 Bob Bertelson1969
 Elmore Banton1964
 John Hesketh1950
 Ed Mazzoco1946

ALL-OHIO CHAMPIONS

Josh Ritchie1996
 Shannan Ritchie 1986,1988
 Dave Mirth 1983
 Bob Bertelson1970
 Elmore Banton 1964,1965

ACADEMIC ALL-MAC HONOREES

Brian King2005
 Craig Leon2005
 Brian List2005
 Pat Harvey2004
 Steven Ragg1997
 Josh Ritchie1997
 Shannan Ritchie1988

ALL-TIME RECORDS

DISTANCE	TIME	YEAR	INDIVIDUAL	SITE
4 Miles	18:46	1964	Elmore Banton	Chicago
5 Miles	23:38	1983	Dave Mirth	Oxford
8,000 Meters	24:10	1986	Shannan Ritchie	Athens
10,000 Meters	29:56	1988	Shannan Ritchie	Iowa

TOP TEN INDIVIDUALS

	NAME	TIME	YEAR
1.	Dave Mirth	23:38	1983
2.	John Mirth	23:59	1984
3.	Mitch Bentley	24:01	1983
4.	Shannan Ritchie	24:10	1986
5.	Frank Zoldak	24:14	1988
6.	Paul Knott	24:37	1981
7.	Vince Nyhan	24:38	1984
8.	Josh Ritchie	24:41	1996
9.	Steve Kasper	24:45	1983
10.	Jason Linton	24:47	2005

OHIO COURSE TOP TEN INDIVIDUALS (8,000 METERS)

	NAME	School	TIME	YEAR
1.	Karoly Bozan	Kent	24:52	1998
	Casey Batey	Marshall	24:52	1998
3.	T. Seaton	Virginia Tech	24:55	1999
4.	Nick Cordes	Ashland	25:05	2000
	Jason Vensel	Ohio	25:05	1995
	Ben Myers	Ohio	25:05	1997
7.	John Hawthorne	Virginia Tech	25:06	1996
8.	Nate Morris	Akron	25:07	1997
9.	Gavin O'Neal	Ohio	25:08	1996
10.	D. Sierky	Western Michigan	25:09	1988



On a snow-covered Michigan State course in November 1964, Ohio's Elmore Banton won the NCAA cross country title by 50 yards.

ALL-AMERICANS

Jackie Conrad1998

ACADEMIC ALL-AMERICANS

Jackie Conrad1998
Melissa Converse1998

MAC CHAMPIONS

Jackie Conrad1996, 1998

MAC RUNNER-UP

Julie Clark1997
Kristin Diehm1994
Chris Nichols1989

ALL-OHIO CHAMPIONS

Jackie Conrad1996, 1998
Kristin Diehm1994
Tracy Meyer1987

ACADEMIC ALL-MAC HONOREES

Ali Green2004, 05
Carime Reinhart2005
Jackie Conrad1998
Melissa Converse1998
Kristin Diehm1995, 96, 97
Julie Kline1997
Jill Kern1993
Kris Parks1993
Chris Nichols1990
Suzie Neas1989

ALL-TIME RECORDS

DISTANCE	TIME	YEAR	INDIVIDUAL	SITE
5,000 Meters	17:00	1996	Jackie Conrad	Delaware
6,000 Meters	21:24	2004	Carime Reinhart	Indiana St.

TOP TEN INDIVIDUALS

	NAME	TIME	YEAR
1.	Jackie Conrad	17:00	1996
2.	Tracey Meyer	17:24	1987
3.	Melissa Converse	17:27	1998
4.	Heather Halderman	17:33	1998
5.	Kristin Diehm	17:34	1996
6.	Lynn Russell	17:37	1983
7.	Kelley Neville	17:39	1983
8.	Chris Nichols	17:42	1987
9.	Julie Kline	17:44	1997
10.	Carime Reinhart	17:49	2005

OHIO COURSE TOP TEN INDIVIDUALS (5,000 METERS)

	NAME	School	TIME	YEAR
1.	Jackie Conrad	Ohio	17:19	1996
2.	Kristen Fryburg	Miami	17:35	1999
3.	Melissa Converse	Ohio	17:37	1999
4.	Michelle Rizzo	Akron	17:38	1999
5.	Julie Kline	Ohio	17:44	1997
6.	Kristin Diehm	Ohio	17:45	1996
7.	Debbie Brown	Ohio	17:54	1995
8.	Melissa Graham	Ohio	17:58	1997
	Heather Halderman	Ohio	17:58	1998
10.	Tracey Losi	Bowling Green	18:02	1994



The Women's 1997 Mid-American Conference Championship squad included Melissa Converse, Kristin Diehm, Melissa Graham and Julie Kline. Jackie Conrad redshirted due to injury early in the season.

