



Green and White Invite

Saturday, May 3rd, 2008

Entries Due Through Direct Athletics by 12:00 pm

Wednesday April 30th

10:00am Javelin (M&W)
11:00am Hammer (M&W)
12:00pm Long Jump (M-W to follow)
High Jump (M-W to follow)
Shot Put (M-W to follow)
12:30pm Discus (M-W to follow)
Pole Vault (W-M to follow)

11:30am 5000M (W)
12:00pm 5000M (M)
12:30pm 4x100M Relay (W)
12:35pm 4x100M Relay (M)
12:40pm 1500M (W)
12:45pm 1500M (M)
12:50pm 110HH (M)
12:55pm 100HH (W)
1:00pm High Jump (W)
Triple Jump (M-W to follow)
1:05pm 400M (W)
1:10pm 400M (M)
1:15pm 100M (W)
1:20pm 100M (M)
1:25pm 800M (W)
1:32pm 800M (M)
1:40pm 400M Hurdles (W)
1:45pm 400M Hurdles (M)
1:50pm 200M (W)
1:55pm 200M (M)
2:15pm 3000 Steeple (W)
2:45pm 3000 Steeple (M)
3:00pm 4x400M Relay (W)
3:10pm 4x400M Relay (M)