

OHIO

OHIO UNIVERSITY TRACK & FIELD

A photograph of the Ohio University Athletics Convocation Center, a large, circular, white domed stadium with a brick base and white columns. The stadium is surrounded by a green lawn and trees with autumn foliage. The sky is clear and blue.

Ohio University Athletics
Convocation Center
Athens, OH 45701
740-593-1173



OHIO UNIVERSITY TRACK & FIELD

TABLE OF CONTENTS

FACT SHEET	3
CONTACT INFORMATION	4
ATHLETICS MALL MAP	5
MAP OF PRUITT FIELD/GOLDSBERRY TRACK	6
DIRECTIONS TO CAMPUS	7
ATHENS AREA HOTELS	9
ATHENS AREA DINING	10
2012 HOME MEETS	11
GENERAL MEET INFORMATION	12
WOMEN'S TEAM CHALLENGE, MEET INFORMATION	14
WOMEN'S TEAM CHALLENGE, SCHEDULE OF EVENTS	15
SUNSET DISTANCE & DISCUS CLASSIC, MEET INFORMATION	16
OHIO OPEN, MEET INFORMATION	17
OHIO OPEN, SCHEDULE OF EVENTS	18
MEET REGISTRATION FORM	19



OHIO UNIVERSITY TRACK & FIELD *FACT SHEET*

OHIO UNIVERSITY

President:	Dr. Roderick McDavis
Director of Athletics:	Jim Schaus
Location:	Athens, Ohio
Founded:	1804
Enrollment:	28,513
Nickname:	Bobcats
Colors:	Green & White
Affiliation:	NCAA, Division I
Conference:	Mid-American Conference
University website:	www.ohio.edu
Athletics website:	www.ohiobobcats.com

ATHLETICS MISSION

The mission of Ohio University Athletics is to successfully develop the student-athlete as a person, student and athlete. Athletics also contributes to the university through athletic and academic achievement, generates visibility, promotes institutional pride, enhances campus life and serves as a connection with alumni and fans.



OHIO UNIVERSITY TRACK & FIELD

CONTACT INFORMATION

COACHING STAFF

Clay Calkins	Head Coach	(740) 593-1191
Nick Pero	Assistant Coach, Throws	(740) 593-1192
Mitch Bentley	Assistant Coach, Distance	
Tricia Perry	Administrative Assistant	(740) 593-1176

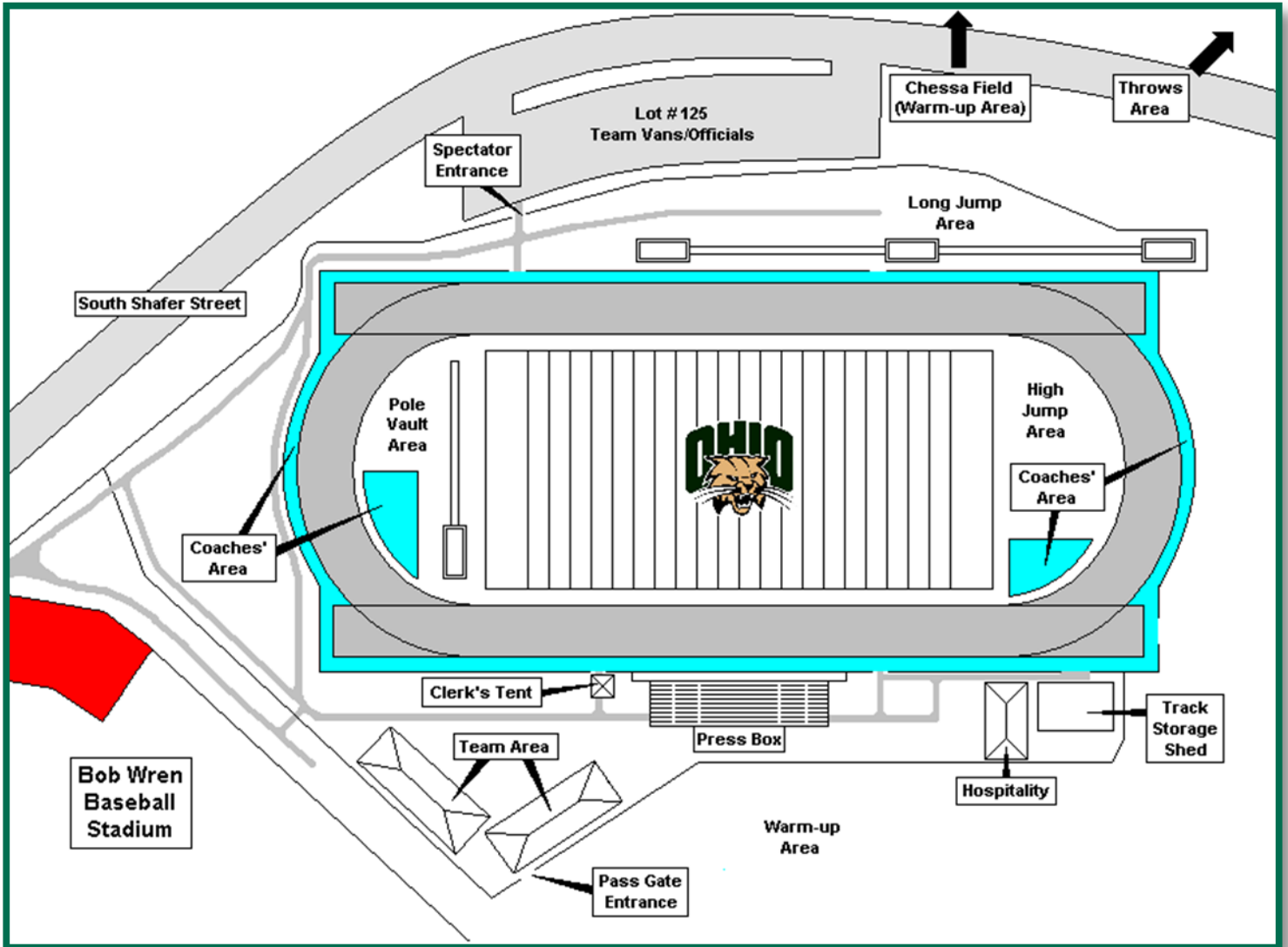
OHIO ADMINISTRATORS

Jim Schaus	Director of Athletics	<i>work:</i> (740) 593-0982
Amy Dean	Sr. Associate AD/ Administration & Sport Programs	<i>work:</i> (740) 593-1171
Jim Harris	Associate AD/ Development	<i>work:</i> (740) 593-1197
Dan Hauser	Associate AD/ External Operations	<i>work:</i> (740) 597-1375
Tricia Turley	Associate AD/ Compliance & Student Services	<i>work:</i> (740) 593-9800
John Bowman	Assistant AD/ Athletic Training	<i>work:</i> (740) 593-2866
Tom Symonds	Assistant AD/ Media Relations	<i>work:</i> (740) 593-1298
Jason Farmer	Assistant AD/ Facilities & Operations	<i>work:</i> (740) 597-1398
Chris Radford	Assistant AD/ Ticket Operations	<i>work:</i> (740) 593-9451
Jason Kelly	Assistant AD/ Academic Services	<i>work:</i> (740) 593-9976
Russ Eisenstein	Director of Broadcasting	<i>work:</i> (740) 593-0834
Matt Morton	Director of Equipment	<i>work:</i> (740) 593-2736
Drake Bolon	Director of Marketing & Promotions	<i>work:</i> (740) 597-1374



OHIO UNIVERSITY TRACK & FIELD

MAP OF PRUITT FIELD



** This diagram represents a sample facility set-up. Changes will be made depending on the event.*



OHIO UNIVERSITY TRACK & FIELD

DIRECTIONS TO CAMPUS

FROM SOUTHWEST OHIO OR CINCINNATI

If you are traveling from the southwest or passing through Cincinnati, take I-275 around to the east side of Cincinnati.

If traveling from the Cincinnati airport, follow the signs to I-275 East toward Cincinnati/I-71/I-75. Follow I-275 for approximately 24 miles.

Take Exit 63 B onto OH-32 East. Follow OH-32 East to Athens. If you are driving from the Chillicothe area, take US-50 E to Athens.

Just West of Albany, OH, at the Ohio University Airport, OH-32 East joins together with US-50 East. Continue East on OH-32/US-50 for approximately 9 miles.

Take Exit 17, for OH-682 North. Turn right at the first traffic light, onto Richland Avenue, to cross the Hocking River and enter the Ohio University campus.

FROM NORTHEAST OHIO OR CLEVELAND

If you are driving from the Cleveland or Akron area, take I-77 South toward Marietta. OH -821 South runs along parallel to I-77 therefore, as you travel along I-77 you will pass several exits for OH-821.

Just before Marietta, take Exit 6, marked "Lower Salem & Marietta" and "OH-821 South." At the off-ramp stop sign, turn right, following the sign "to OH-7 South."

Go a couple of miles to the "T" intersection at the end of OH-821, where there is a traffic light; turn left onto OH-60 South, and drive another couple of miles into town, straight through several traffic lights.

Turn right at a traffic light immediately following the sign for "Junction OH-7", onto OH-7 South, and drive along the Ohio River to Belpre.

Stay on OH-7 as it joins US-50 West and OH-32 West at Belpre (across the Ohio River from Parkersburg, WV; this happens at the first bridge over the Ohio River south of Marietta). Once you are on US-50 West, in Belpre, you have about 45 minutes still to go.

Stay on US-50 West all the way up the Hocking River valley to the city of Athens. This will require an exit from the OH-7 four-lane less than a mile west of the small sign to turn left for "downtown Coolville."

After US-50 joins US-33 in Athens, take Exit 17, for OH-682 North. Turn right at the first traffic light, onto Richland Avenue, to cross the Hocking River and enter the Ohio University campus.



OHIO UNIVERSITY TRACK & FIELD

DIRECTIONS TO CAMPUS

FROM NORTHWEST OHIO OR COLUMBUS

If you are traveling from the northwest or passing through Columbus, take I-270 around to the southeast side of Columbus.

If traveling from the Columbus airport, follow the signs to I-270 South toward Wheeling. Follow I-270 for approximately 10 miles.

Take Exit 46 B onto US-33 East. Follow US-33 for approximately 68 miles. After passing Lancaster, Logan and through Nelsonville, pass the first exit for OH-682 (for “The Plains”).

After US-33 joins with US-50 in Athens, take Exit 17, for OH-682 North. Turn right at the first traffic light, onto Richland Avenue, to cross the Hocking River and enter the Ohio University campus

Additional direction and maps are available online at www.ohiou.edu/athens/travel.html



OHIO UNIVERSITY TRACK & FIELD

ATHENS AREA HOTELS

HOTELS

Ohio University Inn

(139 Rooms)
331 Richland Avenue
Athens, OH 45701
(740) 593-6661
Distance to Athletics Mall: 0.1 miles

Hampton Inn

(86 Rooms)
986 East State Street
Athens, OH 45701
1-800-Hampton
Distance to Athletics Mall: 4 miles

Holiday Inn Express

(80 Rooms)
555 East State Street
Athens, OH 45701
(740) 592-4640
Distance to Athletics Mall: 3 miles

Baymont Inn

(100 rooms)
20 Home Street
Athens, OH 45701
(740) 594-3000
Distance to Athletics Mall: 2.75 miles

AmeriHost Inn- Logan

(58 rooms)
12819 Rt. 664
Logan, OH 43138
(740) 385-1700

Holiday Inn Express, Logan

(81 Rooms)
12916 Grey St.
Logan, OH 43138
(740) 385-7700

Budget Inn Express

997 East State Street
Athens, OH 45701
(740) 593-5628

Inn at Hocking College

State Route 691
Nelsonville, OH 45764
(740) 753-3531

Days Inn

330 Columbus Road
Athens, OH 45701
(740) 592-4000

Super 8 Motel

2091 East State Street
Athens, OH 45701
(740) 594-4900



OHIO UNIVERSITY TRACK & FIELD

ATHENS AREA DINING

PREFERRED BOBCAT DINING

The following list is made up of restaurants that have proven to be reliable choices for Ohio's various teams as well as previous visitors. As you know, feeding an entire team can, at times, be an adventure. When scheduling your trip to Ohio University, think of these vendors for your needs. Regardless of the size of your travel party, these restaurants will make feeding your teams flow more smoothly.

Brennen's Coffee Cafe
38 S Court St
Athens, OH 45701
(740) 594-2895

Donato's Pizza
688 East State Street
Athens, OH 45701
(740) 592-5049

Dairy Queen
Columbus Road
Athens, OH 45701
(740) 593-6145

Little Caesars Pizza
906A East State Street
Athens, OH 45701
(740) 593-3300

McDonald's
399 Richland Avenue
Athens, OH 45701
(740) 592-1656

Domino's Pizza
12 Mill St
Athens, OH 45701
(740) 593-3395

Red Brick Sports Pub
14 North Court Street
Athens, OH 45701
(740) 594-2077

Ruby Tuesday
951 East State St.
Athens, OH 45701
(740) 594-0695

Taco Bell
978 East State Street
Athens, OH 45701
(740) 592-2266

Taco John's
392 Richland Avenue
Athens, OH 45701
(740) 594-4766

Wendy's
380 Richland Avenue
Athens, OH 45701
(740) 797-0029

W.G. Grinders
120 W. Union Street
Athens, OH 45701
(740) 594-6555



OHIO UNIVERSITY TRACK & FIELD

2012 HOME MEETS

To follow is information pertaining to the three track and field meets that will be hosted by Ohio University in the Spring of 2012. All three meets will be held on Ohio University's Goldsberry Track, located on the University's main campus.

Date/Event **Saturday, April 7th, 2012***
Ohio Women's Team Challenge, Men's Distance Classic

Friday, May 4th, 2012
Ohio Open

Friday, May 18th, 2012*
Ohio Sunset Distance and Discus Classic

* If you are interested in participating in the Ohio Women's team Challenge or the Ohio open, please complete and return the registration form located on page 11 of this packet. Meet information is available on page 8-10 of this packet and will also be accessible online at www.OhioBobcats.com.

For more information regarding Ohio Track and Field or these meets, please contact:

Clay Calkins
Head Coach/Meet Director
Ohio University Track and Field
740.593.1191 (work)
740.541.0481 (cell)
calkins@ohio.edu



OHIO UNIVERSITY TRACK & FIELD

GENERAL MEET INFO

RUNWAY LENGTH	Long jump: 142 feet Triple jump: unlimited or 122 feet(W), 113 feet(M) High jump (from both sides): unlimited Pole vault runway: 140 feet
THROWS AREA	Ohio's throwing area is located directly across the street from the main track complex. All throwing events will take place at this location.
MEDICAL ACCOMODATIONS	A trainer's area will be set-up and staffed for all Ohio track and field meets. Training needs that cannot be address on site will be available inside the Convocation Center or Peden Stadium.
PARKING	Specific parking arrangements shall be made for team busses, team vans, and spectators. Once determined, this information shall be distributed in advance of each home meet. Please pay particular attention to this information.
UNIFORMS	Competitors must wear their official game uniforms while competing in all events as well as during award ceremonies.
SPIKE LENGTH	Spikes are to be 1/4" pin or pyramid only. 3/8" pin or pyramid spikes may only be worn on shoes that have recessed spike holders. Any javelin or high jump athletes found to be using longer spikes will be immediately removed from the track facility.
NUMBERS	Excluding Pole Vault and High Jump, student-athletes must wear their competitor numbers on the front of their respective team uniforms. All student-athletes competing in running events must also wear hip numbers. NUMBERS MAY NOT BE ALTERED IN ANY FASHION.
MULTIPLE COMPETITORS	If a competitor in the field of events is competing in another event, permission may be granted to take preliminary trials out of the official order. All competitors must compete in order during the finals.
HEAT & LANE ASSIGNMENTS	Heat and lane assignments will be established by following NCAA guidelines, unless superseded by rules set forth by the Mid-American Conference.
PREFERRED LANES	The preferred lanes on an 8-lane track shall be lanes 4-5-6. If four heat winners, preferred lanes would be lanes 3-4-5-6. Heat winners shall draw for lanes.
THROWS QUALIFYING	Per the NCAA Manual, one competitor more than the number of scoring places, but not fewer than eight, shall advance by best mark in the preliminary rounds to the final rounds, provided each has a valid mark in the preliminary rounds.



OHIO UNIVERSITY TRACK & FIELD

GENERAL MEET INFO

**WARM-UP
(THROWS)**

Two throws shall be permitted between flights. Two throws will be allowed before the finals for the qualifiers. (Page 177)

QUALIFYING

The number of student-athletes qualifying for the finals shall be one more than places in the event. We will place eight individuals and therefore qualify nine.

**WARM-UP
(RUNNING)**

Runways shall be open for all competitors to warm-up until 10 minutes prior to the first flight at which time on the first flight competitors will be allowed warm-up. A 10-minute warm up period will be available before each succeeding flight. A 10-minute warm-up will also be available before the final.

RUN-THROUGHS

One run-through will be allowed for those competitors who have passed earlier heights immediately before the crossbar is raised to the height that the competitors are entering the competition. The run-through will be done following completion of all jumps at the previous height.

**STARTING
HEIGHTS**

High Jump (W) TBA (M) TBA
Pole Vault (W) TBA (M) TBA
3 throws and finals
3 jumps in long and triple jumps and finals

SCORING

Per NCAA rules, the championships shall be scored to 8 places for both track and field events. Scoring for places first through eighth shall be as follows: 10-8-6-5-4-3-2-1

RELAY CARDS

Relay cards will be distributed in the coach's packets. They should be turned into the front of the press box 30 minutes prior to the running of the event.

RESULTS

Each days results will be distributed from a designated area of the press box approximately 20 minutes following the last event of the day.

**MARKING ON
TRACK**

Only white athletic tape may be used to make marks on the track. Under no circumstances shall a student athlete or coach use chalk or a glue based substance to mark on the track.



WOMEN'S TEAM CHALLENGE & MEN'S DISTANCE CHALLENGE *MEET INFORMATION*

2012 Women's Team Challenge & Men's Distance Open

- Date:** Saturday, April 7, 2012
- Place:** Ohio University
Track Complex
- Time:** 12:00 p.m.
- Entry Fee:** 100.00 per gender (\$200.00 Men and Women) or 10.00 per athlete which ever is less
- Entries:** Must be received by Thursday, April 5, 2012 at 12:00 pm
These will be final declarations through **DIRECT ATHLETICS** There will be no Confirmation or scratch period. Unlimited entries, just be reasonable.
- Scoring:** Individual: If 4 teams or less- top 2 per team score (9,7,6,5,4,3,2,1)
If 5 or more teams- top 8 individuals score (10,8,6,5,4,3,2,1)
Relays: 1 relay per team scores
- Starting Hts:** High Jump (W) TBA (M) TBA
Pole Vault (W) TBA (M) TBA
3 throws and finals
3 jumps in long and triple jumps and finals

Any entry changes or unattached entries please email pero@ohio.edu.

Mailing Address: Clay Calkins, Head Track Coach
Convocation Center
Athens, OH 45701
Ph: 740-593-1191
FAX: 740-593-2420
E-Mail calkins@ohio.edu



WOMEN'S TEAM CHALLENGE & MEN'S DISTANCE CHALLENGE *SCHEDULE OF EVENTS*

Ohio Womens' Team Challenge & Mens' Distance Open Saturday, April 7th, 2012 (Tentative Schedule of Events)

FIELD EVENTS

12:00pm	Hammer
	Long Jump
	High Jump
1:30pm	Pole Vault
	Shot Put
3:00pm	Discus
	Triple Jump
4:30pm	Javelin

RUNNING EVENTS

2:00pm	5000M (W)
2:30pm	5000M (M)
3:00pm	4x100M Relay (W)
3:10pm	1500M (W)
3:20pm	1500M (M)
3:30pm	100HH (W)
3:45pm	400M (W)
4:00pm	100M (W)
4:10pm	800M (W)
4:20pm	800M (M)
4:30pm	400M Hurdles (W)
4:45pm	200M (W)
5:00pm	3000M Steeple (W)
5:15pm	3000M Steeple (M)
5:30pm	4x400M Relay (W)



SUNSET DISTANCE AND DISCUS CLASSIC

MEET INFORMATION

Ohio Sunset Distance and Discus Classic

Friday, May 18, 2012 – Athens, Ohio

MEET SCHEDULE

DISCUS THROW — 6:00 p.m.

WOMEN'S 3,000 STEEPLE – 7:45 p.m.

MEN'S 3,000 STEEPLE – 8:00 p.m.

WOMEN'S 800 – 8:15 p.m.

MEN'S 800 – 8:20 p.m.

WOMEN'S MILE – 8:30 p.m.

MEN'S MILE – 8:40 p.m.

Section 1: 5,000 – 8:50 p.m.

Section 2: 5,000 – 9:15 p.m.

* Due to the large number of participants entered in the 5,000 during previous years, the sections will be split according to seed time, not gender. The fastest times will be in Section 1.

Meet Entry – \$10

Meet is open to all ages, abilities

You can sign up for the meet at www.directathletics.com

Or you can email entries to Nick Pero (pero@ohio.edu)

Meet information and schedule updates are available at www.ohiobobcats.com



OHIO OPEN *MEET INFORMATION*

2012 Ohio Open

Date: Friday, May 4, 2012

Place: Ohio University
Track Complex

Time: 2:00 p.m.

Entry Fee: 100.00 per gender (\$200.00 Men and Women) or 10.00 per athlete which ever is less

Entries: Must be received by Wednesday, May 2, 2012 at 12:00 pm
These will be final declarations through **DIRECT ATHLETICS** There will be no Confirmation or scratch period. Unlimited Entries, just be reasonable.

Starting Hts: High Jump (W) TBA (M) TBA
Pole Vault (W) TBA (M) TBA
3 throws and finals
3 jumps in long and triple jumps and finals

Any entry changes or unattached entries, please email pero@ohio.edu.

Mailing Address: Clay Calkins, Head Track Coach
Convocation Center

Athens, OH 45701
Ph: 740-593-1191
FAX: 740-593-2420
E-Mail calkins@ohio.edu



OHIO OPEN

SCHEDULE OF EVENTS

OHIO OPEN

Friday, May 4th, 2012
(Tentative Schedule of Events)
Rolling Schedule will be used

2:00pm	Shot Put (M Then W) Hammer (W Then M)
2:45pm	10,000M (W)
3:30pm	5000M (W)
3:55pm	5000M (M)
4:00pm	Long Jump (M Then W) High Jump (W Then M) Discus (W Then M) Javelin (M Then W)
4:15pm	4x100M Relay (W)
4:20pm	4X100M Relay (M)
4:25pm	1500M (W)
4:30pm	Pole Vault (M-W to follow)
4:35pm	1500M (M)
4:45pm	110HH (M)
4:55pm	100HH (W)
5:05pm	400M (W)
5:10pm	400M (M)
5:15pm	100M (W)
5:20pm	100M (M)
5:25pm	800M (W)
5:30pm	Triple Jump (M&W)
5:35pm	800M (M)
5:45pm	400M Hurdles (W)
5:55pm	400M Hurdles (M)
6:00pm	200M (W)
6:10pm	200M (M)
6:20pm	3000M Steeple(W)
6:35pm	3000M Steeple(M)
6:50pm	3000M (M&W together)
7:05pm	4x400M Relay (W)
7:10pm	4x400M Relay (M)



OHIO UNIVERSITY TRACK & FIELD

2012 MEET REGISTRATION FORM

To: *Track & Field Coaches*

From: *Clay Calkins, Head Track / Cross Country Coach*

Subject: *Track and Field 2012*

Ohio University will be hosting three Track and Field meets in the spring of 2012. Please complete and return this form if you are interested in participating. Thanks.

____ I wish to attend the 2012 Ohio Team Challenge & Distance Open on Saturday, April 7.

____ I wish to attend the 2012 Ohio Open Friday, May 4.

____ I wish to attend the 2012 Ohio Sunset Distance & Discus Classic on Friday, May 18.

School: _____

Coach: _____

Address: _____

Phone/Fax: _____

Email: _____

Return to: *Clay Calkins*
Ohio University Athletics Dept.
Convocation Center
Athens, OH 4570
Fax(740)-593-2420
calkins@ohio.edu