

2009 OHIO TRACK & FIELD

2009 Outdoor Individual Results

Bahiyjau Allen

Shot Put

3/20: 1st - 49-06.50*
3/28: 1st - 50-04.00*
4/4: 1st - 50-01.75*
4/11: 11th - 45-09.25
4/18: 4th - 48-07.50*
5/2: 8th - 49-03.50*
5/9: 1st - 47-09.75*
5/15: 1st - 54-04.75*
5/30: 17th - 49-04.50

Discus

3/21: 2nd - 147-04
4/4: 1st - 151-03
4/11: 6th - 154-01
4/18: 9th - 146-07
4/25: 4th - 154-09
5/2: 22nd - 132-10
5/9: 2nd - 144-09
5/16: 11th - 144-04

Hammer

5/9: 4th - 155-09

Brianna Allen

Shot Put

4/4: 5th - 35-08.00
4/11: 20th - 33-03.75
5/9: 6th - 36-07.00

Discus

4/4: 4th - 114-02
4/11: 18th - 104-02
4/25: 33rd - 110-04
5/9: 7th - 106-08

Hammer

4/4: 3rd - 129-05
4/24: 31st - 120-08
5/9: 6th - 129-11

Kristen Altenburger

1,500 Meter Run

3/28: 21st - 5:07.29
5,000 Meter Run
3/20: 11th - 18:31.29
4/11: 8th - 18:08.64
5/1: 32nd - 18:24.99
10,000 Meter Run
4/17: 1st - 38:30.47
5/14: 16th - 39:07.13

Meghan Amburgey

400 Meter Dash

4/4: 3rd - 1:05.10
4/11: 24th - 1:04.96
5/9: 6th - 1:03.90

4x400 Meter Relay

4/4: 3rd - 4:36.56
5/9: 1st - 4:28.94

High Jump

4/4: 3rd - 4-11.00
4/11: 10th - 4-09.00
5/9: 6th - 4-07.75

Emily Amendola

Shot Put

3/20: 7th - 43-11.75
3/28: 7th - 43-04.00
4/4: 2nd - 44-06.00
4/11: 26th - 43-01.50
4/18: 19th - 42-03.50
4/24: 11th - 43-05.00
5/2: 20th - 43-01.00
5/9: 3rd - 44-02.50
5/15: 11th - 44-03.25

Hammer

3/20: 2nd - 173-09

3/28: 1st - 186-04*

4/4: 1st - 174-10
4/9: 9th - 181-11
4/17: 3rd - 185-06*
4/24: 11th - 155-00
5/2: 9th - 176-08
5/9: 1st - 181-05*
5/14: 5th - 178-02*
5/29: 25th - 165-04

Discus

3/21: 6th - 131-02
4/4: 3rd - 135-10
4/10: 17th - 137-03
4/18: 18th - 121-04
4/25: 12th - 135-07
5/9: 3rd - 133-07
5/16: 13th - 137-02

Rachel Beakas

5,000 Meter Run

4/4: 3rd - 18:17.74

Annie Beecham

1,500 Meter Run

4/11: 6th - 4:42.22
4/18: 10th - 4:38.78
5,000 Meter Run
3/20: 2nd - 16:48.32*
5/1: 7th - 16:56.13
5/29: DNF

10,000 Meter Run

3/27: 18th - 35:25.05
5/14: 3rd - 36:25.14
4x800 Meter Relay
4/24: 11th - 9:46.67

Carrie Bonar

Long Jump

3/28: 10th - 16-01.00
4/4: 3rd - 15-06.75
4/11: 14th - 15-00.00
4/24: 17th - 17-00.75
5/9: 3rd - 16-09.75
5/15: 21st - 16-07.75
Triple Jump
3/28: 15th - 30-02.00
4/4: 3rd - 32-05.75
4/11: 14th - 30-05.75
4/25: 22nd - 32-01.50
5/9: 4th - 33-01.00
5/16: 23rd - 32-09.75
4x100 Meter Relay
5/9: 2nd - 54.29

Christen Bosch

100 Meter Hurdles

3/20: 46th - 17.21 (Pre.)
3/28: 9th - 16.16
4/11: 19th - 16.56
4/18: 23rd - 16.45
4/25: 21st - 15.99
5/9: 3rd - 16.51
5/15: 16th - 16.27
Pole Vault
3/20: 5th - 10-11.75
3/28: 4th - 11-04.00
4/4: 1st - 11-01.75
4/11: 2nd - 11-01.75
4/18: 13th - 11-01.75
4/25: 6th - 11-07.75
5/2: T-16th - 11-01.75
5/9: T-1st - 11-01.75
5/14: 9th - 11-07.75

4x100 Meter Relay

5/9: 2nd - 54.29

Michelle Diez

800 Meter Run

4/4: 9th - 2:44.36
4/11: 26th - 2:41.89
5/9: 3rd - 2:45.36

Chelsea Dillon

200 Meter Dash

3/28: 23rd - 28.90

Javelin

3/28: 14th - 91-08
4/4: 6th - 82-04

Kimberly Dohn

400 Meter Dash

5/9: 8th - 1:06.25

Lauren Fett

800 Meter Run

3/20: 47th - 2:26.95

5/9: 1st - 2:28.01

1,500 Meter Run

3/21: 47th - 5:03.23
4/11: 11th - 4:55.11
4/18: 24th - 4:55.70
4/25: 31st - 4:56.80
5/15: 16th - 4:47.75

5,000 Meter Run

3/28: 10th - 18:55.70

4/4: 8th - 18:58.22

4x800 Meter Relay

4/24: 11th - 9:46.67

Jamie Fisher

Pole Vault

4/4: 3rd - 7-02.50

4x100 Meter Relay

5/9: 2nd - 54.29

Kelly Friedmann

800 Meter Run

4/4: 7th - 2:34.23

1,500 Meter Run

4/4: 6th - 5:01.59

5/9: 1st - 4:55.29

3,000 Meter Steeplechase

4/18: 9th - 11:37.35

5/15: 17th - 11:41.84

5,000 Meter Run

4/11: 18th - 18:37.02

4/24: 41st - 20:11.73

Marcia Gase

400 Meter Dash

3/28: 11th - 1:04.90

4/4: 4th - 1:06.25

4/11: 23rd - 1:04.70

5/9: 4th - 1:03.08

5/15: 17th - 1:04.33

4x400 Meter Relay

4/4: 3rd - 4:36.56

5/9: 1st - 4:28.94

Sharon Gase

100 Meter Hurdles

3/20: 28th - 16.11 (Pre.)

3/28: 8th - 15.86

4/4: 2nd - 16.60

4/11: 16th - 15.97

4/18: 20th - 15.86

4/25: 14th - 15.48

5/9: 2nd - 15.98

5/15: 14th - 15.40

400 Meter Hurdles

3/21: 19th - 1:07.32

3/28: 8th - 1:10.93

4/4: 2nd - 1:06.33

4/11: 5th - 1:05.28

4/18: 10th - 1:06.30

4/24: 9th - 1:04.00

5/2: 19th - 1:04.76

5/15: 17th - 1:05.61

400 Meter Dash

5/9: 3rd - 1:02.45

4x400 Meter Relay

3/21: 19th - 4:08.69

4/4: 1st - 4:08.84

4/11: 3rd - 4:07.02

4/25: 4th - 3:54.89

Chanel Glenn

100 Meter Dash

4/4: 4th - 14.28

5/9: 6th - 14.09

200 Meter Dash

4/4: 3rd - 29.40

4/25: 67th - 28.78

5/9: 7th - 29.04

High Jump

5/9: 8th - 4-06.00

Chanelle Harmon

100 Meter Dash

3/20: 26th - 12.78

3/28: 8th - 12.80

4/11: 7th - 12.87

4/18: 16th - 12.60

4/25: 17th - 12.64

5/2: 26th - 12.73

5/9: 4th - 12.87

5/15: 23rd - 12.58

200 Meter Dash

3/21: 63rd - 27.20

4/11: 17th - 27.04

4/18: 19th - 26.18

4/25: 38th - 26.63

5/15: 26th - 26.06

4x100 Meter Relay

3/21: 8th - 48.57

3/28: 4th - 48.15

4/11: 5th - 49.63

4/18: 5th - 48.32

4/25: 2nd - 47.84

5/2: 9th - 48.22

5/9: 1st - 48.19

5/16: 6th - 47.52

Megan Helgeson

100 Meter Hurdles

3/20: 47th - 17.25 (Pre.)

3/28: 18th - 17.52

4/4: 4th - 17.36

4/11: 21st - 17.06

4/25: 26th - 16.53

5/9: 5th - 17.33

400 Meter Hurdles

3/21: 23rd - 1:08.72

4/4: 3rd - 1:07.72

4/11: 7th - 1:07.59

4/24: 22nd - 1:07.00

4x400 Meter Relay

3/21: 19th - 4:08.69

3/28: 5th - 4:05.43

4/4: 3rd - 4:36.56

4/11: 3rd - 4:07.02

2009 OHIO TRACK & FIELD

2009 Outdoor Individual Results

5/9: 1st - 4:28.94
4x800 Meter Relay
4/24: 5th - 9:27.33
Long Jump
4/11: T-15th - 14-08.00
5/9: 6th - 15-06.25
High Jump
5/9: 7th - 4-07.75
Javelin
3/28: 19th - 62-01
4/4: 7th - 75-09
4/25: 29th - 81-01
5/9: 4th - 87-05
Shot Put
4/4: 7th - 27-02.75
Heptathlon
4/18: 10th - 3,597
5/15: 14th - 3,804

Rachel Hoops
1,500 Meter Run
4/4: 10th - 6:21.17

Jenielle Hunt
3,000 Meter Steeplechase
3/20: 2nd - 11:11.88
4/11: 5th - 11:06.69
5/1: 10th - 11:01.61
5/15: 7th - 11:11.40
5,000 Meter Run
4/17: 10th - 17:49.00
4/24: 15th - 17:30.74
5/16: 24th - 18:20.06

Lauren Johnson
400 Meter Dash
4/4: 5th - 1:06.91
4/11: 22nd - 1:04.38
5/9: 7th - 1:05.85
4x400 Meter Relay
4/4: 3rd - 4:36.56
5/9: 1st - 4:28.94

Hope McCarty
100 Meter Hurdles
3/28: 21st - 19.56
4/4: 5th - 18.44
4/11: 25th - 18.37
5/9: 6th - 18.94
400 Meter Dash
3/20: 32nd - 1:01.01
4x400 Meter Relay
3/21: 19th - 4:08.69
3/28: 5th - 4:05.43
4/4: 1st - 4:08.84
4/11: 3rd - 4:07.02
4/18: 6th - 3:58.52
4/25: 4th - 3:54.89
5/2: 8th - 3:53.76
5/16: 8th - 3:55.42
4x800 Meter Relay
4/24: 5th - 9:27.33
High Jump
3/21: T-10th - 4-08.25
4/4: 4th - 4-09.00
4/11: T-8th - 4-11.00
5/9: 4th - 5-00.25
Long Jump
3/28: 11th - 15-08.50
4/11: T-19th - 14-06.75
5/9: 4th - 16-07.25
Javelin
3/28: 9th - 98-06
4/4: 3rd - 114-04

4/11: 10th - 92-11
4/17: 17th - 102-03
4/25: 16th - 97-05
5/9: 3rd - 115-06
Shot Put
4/4: 6th - 31-10.75
Heptathlon
4/18: 7th - 4,118
5/15: 9th - 4,251

Sarah Meadows
800 Meter Run
4/4: 8th - 2:42.02
1,500 Meter Run
4/4: 9th - 5:20.92

Lauren Moore
100 Meter Dash
3/20: 29th - 12.88
3/28: 10th - 13.02
4/4: 2nd - 13.43
4/11: 9th - 13.08
4/18: 13th - 12.43
4/25: 7th - 12.35
5/2: 23rd - 12.58
5/9: 2nd - 12.75
5/15: 18th - 12.27
200 Meter Dash
3/21: 65th - 27.21
3/28: 16th - 27.53
4/11: 19th - 27.27
4/18: 15th - 25.94
4/25: 19th - 25.73
5/2: 29th - 25.88
5/15: 19th - 25.58
4x100 Meter Relay
3/21: 8th - 48.57
3/28: 4th - 48.15
4/11: 5th - 49.63
4/18: 5th - 48.32
4/25: 2nd - 47.84
5/2: 9th - 48.22
5/9: 1st - 48.19
5/16: 6th - 47.52

Kelley O'Brien
800 Meter Run
3/28: 18th - 2:27.43
4/4: 6th - 2:31.89
1,500 Meter Run
3/28: 16th - 4:57.90
4/4: 2nd - 4:55.86
4/25: 24th - 4:52.24
5/9: 2nd - 4:59.44
3,000 Meter Run
3/21: 12th - 10:45.36
5,000 Meter Run
4/11: 15th - 18:22.34
5/1: 34th - 18:41.89
10,000 Meter Run
4/17: 7th - 39:36.47

Susan Plungis
200 Meter Dash
5/9: 1st - 25.98
400 Meter Dash
3/20: 20th - 58.66
4/4: 1st - 59.48
5/15: 10th - 57.50
4x400 Meter Relay
3/28: 5th - 4:05.43
4/4: 1st - 4:08.84
4/18: 6th - 3:58.52
4/25: 4th - 3:54.89

5/2: 8th - 3:53.76
5/16: 8th - 3:55.42
Javelin
3/21: 13th - 116-07
3/28: 3rd - 115-03
4/4: 1st - 136-09
4/10: 11th - 130-11
4/17: 2nd - 136-02
4/25: 3rd - 131-00
5/1: 12th - 119-09
5/9: 1st - 142-05
5/14: 2nd - 146-02*
5/30: 16th - 138-01

Ashlee Reynolds
High Jump
4/4: 2nd - 5-01.00
5/9: 2nd - 5-02.25
5/16: T-14th - 5-01.25

Celeste Schiele
1,500 Meter Run
5/9: 5th - 5:04.82

Jennifer Shaw
800 Meter Run
3/28: 19th - 2:27.98
4/4: 2nd - 2:25.89
1,500 Meter Run
3/28: 13th - 4:56.66
4/4: 5th - 5:01.16
4/11: 10th - 4:53.54
4/18: 25th - 4:55.74
4/25: 41st - 5:03.88
5/9: 4th - 5:04.52
5/15: 22nd - 4:55.59
4x800 Meter Relay
4/24: 11th - 9:46.67

Hannah Skrobot
200 Meter Dash
5/9: 8th - 30.19
400 Meter Dash
4/4: 6th - 1:07.37
800 Meter Run
3/20: 72nd - 2:34.27
3/28: 22nd - 2:31.31
4/11: 13th - 2:30.89
4/25: 71st - 2:40.21
5/9: 2nd - 2:37.39
1,500 Meter Run
3/21: 62nd - 5:14.65
4/25: 57th - 5:19.34
4x800 Meter Relay
4/24: 11th - 9:46.67

Shareyna Spears
100 Meter Dash
3/20: 40th - 13.26
3/28: 11th - 13.27
4/4: 3rd - 14.00
4x100 Meter Relay
4/11: 5th - 49.63
Long Jump
3/21: 20th - 16-08.50
3/28: 9th - 16-04.50
4/4: 2nd - 16-02.50
4/11: 9th - 16-00.50
4/18: 9th - 17-04.00
4/24: 23rd - 16-00.25
5/9: 5th - 16-03.25
Triple Jump
3/28: 7th - 33-03.25
4/18: 12th - 33-04.50

Kasey Stepp
Pole Vault
4/4: 2nd - 10-02.00
4/11: 8th - 9-08.00
4/18: 18th - 10-02.00
4/25: 20th - 10-08.00
5/9: 3rd - 10-08.00
5/14: T-12th - 11-01.75
4x100 Meter Relay
5/9: 2nd - 54.29

Celia Struble
1,500 Meter Run
4/4: 3rd - 4:58.85
5/9: 3rd - 5:01.03
3,000 Meter Steeplechase
3/20: 5th - 11:55.86
5/15: 18th - 11:43.55
5,000 Meter Run
3/28: 13th - 19:44.11
4/11: 21st - 18:57.81

Kristi Sturges
4x100 Meter Relay
4/11: 5th - 49.63
5/2: 9th - 48.22
Triple Jump
3/20: 18th - 33-00.00
3/28: 5th - 34-03.50
4/4: 2nd - 34-00.00
4/11: 6th - 33-09.50
4/18: 8th - 33-11.50
4/25: 6th - 37-02.25
5/9: 2nd - 34-10.25
5/16: 21st - 34-07.75
Long Jump
3/21: T-17th - 16-09.75
3/28: 5th - 17-01.00
4/11: 1st - 18-03.25
4/18: 5th - 18-05.25
5/9: 1st - 18-03.75
5/15: 11th - 18-04.25
200 Meter Dash
3/21: 36th - 26.65
4/4: 1st - 27.42
4/11: 10th - 26.56
4/18: 16th - 26.04
4/25: 20th - 25.79
5/2: 34th - 26.93
5/9: 2nd - 26.90
5/15: 24th - 26.00

Kari Summers
1,500 Meter Run
4/11: 5th - 4:41.76
4/18: 17th - 4:45.58
5,000 Meter Run
3/20: 1st - 16:45.50*
3/27: 8th - 16:35.97*
5/1: 6th - 16:52.66
5/16: 1st - 17:03.23
5/29: 10th - 16:45.00
10,000 Meter Run
5/14: 1st - 35:39.67

Abigail Swift
5,000 Meter Run
3/28: 5th - 18:18.09
4/11: 11th - 18:15.93
5/1: 33rd - 18:32.76
5/9: 1st - 18:38.36
10,000 Meter Run
3/20: 2nd - 38:21.67

2009 OHIO TRACK & FIELD

2009 Outdoor Individual Results

4/17: 4th - 38:53.42
4/24: 13th - 38:42.58

Jessie Tanner

Shot Put

3/20: 6th - 44-07.50
3/28: 6th - 43-08.50
4/4: 3rd - 42-10.25
4/11: 20th - 44-08.00
4/18: 20th - 42-01.50
4/24: 7th - 44-05.50
5/2: 17th - 43-10.50
5/9: 4th - 43-04.50
5/15: 17th - 41-10.00

Hammer

3/20: 3rd - 167-06
3/28: 10th - 135-01
4/4: 2nd - 165-07
4/9: 2nd - 171-07
4/17: 10th - 161-04
4/24: 6th - 165-01
5/2: 14th - 165-04
5/9: 2nd - 166-11
5/14: 6th - 171-10

Discus

3/21: 1st - 148-10
3/28: 1st - 144-02
4/4: 2nd - 145-04
4/10: 7th - 150-00
4/18: 5th - 151-05
4/25: 6th - 149-00
5/2: 11th - 150-06
5/9: 1st - 148-10
5/16: 6th - 150-04

Javelin

3/21: 10th - 125-00
3/28: 1st - 126-01
4/4: 2nd - 134-08
4/10: 9th - 133-10
4/17: 4th - 126-08
4/25: 6th - 125-05
5/1: 11th - 121-07
5/9: 2nd - 125-06
5/14: 8th - 132-06

Brittany Tyree

200 Meter Dash

5/9: 3rd - 27.37

400 Meter Dash

4/4: 2nd - 1:02.77

5/9: 2nd - 1:00.51

800 Meter Run

3/20: 32nd - 2:22.81

3/28: 11th - 2:22.55

4/11: 5th - 2:23.92

4/18: 18th - 2:19.55

4/25: 44th - 2:25.76

5/15: 20th - 2:20.37

1.500 Meter Run

3/21: 52nd - 5:07.79

4x400 Meter Relay

4/18: 6th - 3:58.52

4x800 Meter Relay

4/24: 5th - 9:27.33

Cathy Udeani

High Jump

3/21: 2nd - 5-06.00

3/28: 1st - 5-06.25

4/4: 1st - 5-03.00

4/10: 7th - 5-07.00

4/18: 5th - 5-05.00

4/24: T-2nd - 5-08.75*

5/9: 1st - 5-04.25

5/16: 4th - 5-07.25

5/30: T-9th - 5-08.50

200 Meter Dash

4/4: 2nd - 28.95

5/9: 4th - 28.07

Brittany Vinson

100 Meter Dash

3/20: 18th - 12.71

3/28: 9th - 12.83

4/4: 1st - 12.77

4/18: 15th - 12.58

4/25: 15th - 12.57

5/9: 3rd - 12.78

5/15: 17th - 12.25

Triple Jump

3/20: 15th - 34-00.00

3/28: 4th - 34-06.25

4/4: 1st - 35-03.75

4/18: 7th - 34-05.75

4/25: 8th - 36-09.50

5/9: 3rd - 34-05.50

5/16: 22nd - 34-00.00

Long Jump

3/21: 11th - 17-05.50

3/28: 3rd - 17-06.50

4/4: 1st - 17-08.75

4/18: 7th - 18-02.50

5/2: 25th - 17-03.25

5/9: 2nd - 17-08.25

5/15: 8th - 18-06.00

4x100 Meter Relay

3/21: 8th - 48.57

3/28: 4th - 48.15

4/18: 5th - 48.32

4/25: 2nd - 47.84

5/2: 9th - 48.22

5/9: 1st - 48.19

5/16: 6th - 47.52

Courtney Weiss

100 Meter Hurdles

3/20: 41st - 16.75

3/28: 17th - 17.42

4/4: 3rd - 17.34

4/11: 22nd - 17.23

4/18: 24th - 16.86

4/25: 30th - 17.31

5/9: 4th - 17.03

400 Meter Hurdles

3/21: 9th - 1:04.33

3/28: 2nd - 1:04.94

4/4: 1st - 1:05.56

4/11: 4th - 1:04.83

4/18: 7th - 1:04.19

4/24: 10th - 1:04.29

5/2: 16th - 1:04.04

5/15: 9th - 1:02.87

200 Meter Dash

5/9: 6th - 28.59

400 Meter Dash

5/9: 1st - 59.95

4x400 Meter Relay

3/21: 19th - 4:08.69

3/28: 5th - 4:05.43

4/4: 1st - 4:08.84

4/11: 3rd - 4:07.02

4/18: 6th - 3:58.52

4/25: 4th - 3:54.89

5/2: 8th - 3:53.76

5/16: 8th - 3:55.42

4x800 Meter Relay

4/24: 5th - 9:27.33

Melissa Wiley

100 Meter Hurdles

3/20: 7th - 14.96 (Pre.)

3/21: 10th - 15.01 (Finals)

3/28: 3rd - 14.67

4/4: 1st - 16.47

4/10: 22nd - 14.41

4/18: 9th - 14.58

4/25: 5th - 14.70

5/2: 17th - 14.51

5/9: 1st - 15.08

5/15: 5th - 14.12 (Pre.)

5/16: 4th - 14.13 (Finals)

100 Meter Dash

5/9: 1st - 12.57

200 Meter Dash

3/21: 10th - 25.45

4/25: 10th - 24.99

400 Meter Hurdles

3/28: 1st - 1:03.66

4/10: 15th - 1:04.37

4/18: 4th - 1:03.20

4/24: 6th - 1:03.14

5/2: 24th - 1:05.75

5/15: 7th - 1:01.91 (Pre.)

5/16: 8th - 1:05.92 (Finals)

4x100 Meter Relay

3/21: 8th - 48.57

3/28: 4th - 48.15

4/18: 5th - 48.32

4/25: 2nd - 47.84

5/9: 1st - 48.19

5/16: 6th - 47.52

4x400 Meter Relay

5/2: 8th - 3:53.76

5/16: 8th - 3:55.42

Bold denotes school record

*NCAA Regional qualifying mark

2009 MAC OUTDOOR CHAMPIONSHIP

1. AKRON
2. KENT STATE
3. WESTERN MICHIGAN
4. MIAMI
5. **OHIO**
6. BALL STATE
7. BUFFALO
8. EASTERN MICHIGAN
9. BOWLING GREEN
10. CENTRAL MICHIGAN
11. TOLEDO
12. NORTHERN ILLINOIS

2009 OHIO TRACK & FIELD

2009 Outdoor Top Times

100m Dash

Brittany Vinson	12.25	5/15	MAC Championship
Lauren Moore	12.27	5/15	MAC Championship
Melissa Wiley	12.57	5/9	Ohio Open
Chanelle Harmon	12.58	5/15	MAC Championship
Shareyna Spears	13.26	3/20	Wake Forest Open

200m Dash

Melissa Wiley	24.99	4/25	Hillsdale Relays
Lauren Moore	25.58	5/15	MAC Championship
Kristi Sturges	25.79	4/25	Hillsdale Relays
Susan Plungis	25.98	5/9	Ohio Open
Chanelle Harmon	26.18	4/18	All-Ohio

400m Dash

Susan Plungis	57.50	5/15	MAC Championship
Courtney Weiss	59.95	5/9	Ohio Open
Brittany Tyree	1:00.51	5/9	Ohio Open
Hope McCarty	1:01.01	3/20	Wake Forest Open
Sharon Gase	1:02.45	5/9	Ohio Open

800m Run

Brittany Tyree	2:19.55	4/18	All-Ohio
Hope McCarty	2:24.47	3/20	Wake Forest Open
Jennifer Shaw	2:25.89	4/4	Green & White
Lauren Fett	2:26.95	3/20	Wake Forest Open
Kelley O'Brien	2:27.43	3/28	Oliver Nikoloff Inv.

1,500m Run

Annie Beecham	4:38.78	4/18	All-Ohio
Kari Summers	4:41.76	4/11	Miami Invitational
Lauren Fett	4:47.75	5/15	MAC Championship
Kelley O'Brien	4:52.24	4/25	Hillsdale Relays
Jennifer Shaw	4:53.54	4/11	Miami Invitational

100m Hurdles

Melissa Wiley	14.12	5/15	MAC Championship
Sharon Gase	15.40	5/15	MAC Championship
Christen Bosch	15.99	4/25	Hillsdale Relays
Megan Helgeson	16.53	4/25	Hillsdale Relays
Courtney Weiss	16.75	3/20	Wake Forest Open

400m Hurdles

Melissa Wiley	1:01.91	5/15	MAC Championship
Courtney Weiss	1:02.87	5/15	MAC Championship
Sharon Gase	1:04.00	4/24	Hillsdale Relays
Megan Helgeson	1:07.00	4/24	Hillsdale Relays

3,000m Run

Kelley O'Brien	10:45.36	3/21	Wake Forest Open
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5,000m Run

Kari Summers	16:35.97*	3/27	Stanford Invitational
Annie Beecham	16:48.32*	3/20	Wake Forest Open
Jenielle Hunt	17:30.74	4/24	Hillsdale Relays
Kristen Altenburger	18:08.64	4/11	Miami Invitational
Abigail Swift	18:15.93	4/11	Miami Invitational

10,000m Run

Annie Beecham	35:25.05	3/27	Stanford Invitational
Kari Summers	35:39.67	5/14	MAC Championships
Abigail Swift	38:21.67	3/20	Wake Forest Open
Kristen Altenburger	38:30.47	4/17	All-Ohio
Kelley O'Brien	39:36.47	4/17	All-Ohio

4x100m Relay

Ohio University	47.52	5/16	MAC Championship
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4x400m Relay

Ohio University	3:53.76	5/2	Jesse Owens Classic
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4x800m Relay

Ohio University	9:27.33	4/24	Hillsdale Relays
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3,000m Steeplechase

Jenielle Hunt	11:01.61	5/1	Jesse Owens Classic
Kelly Friedmann	11:37.35	4/18	All-Ohio
Celia Struble	11:43.55	5/15	MAC Championship

High Jump

Cathy Udeani	5-08.75*	4/24	Hillsdale Relays
Ashlee Reynolds	5-02.25	5/9	Ohio Open
Hope McCarty	5-00.25	5/9	Ohio Open
Meghan Amburgey	4-11.00	4/4	Green & White
Megan Helgeson	4-07.75	5/9	Ohio Open

Pole Vault

Christen Bosch	11-07.75	5/14	MAC Championship
Kasey Stepp	11-01.75	5/14	MAC Championship
Jamie Fisher	7-02.50	4/4	Green & White

Long Jump

Brittany Vinson	18-06.00	5/15	MAC Championship
Kristi Sturges	18-05.25	4/18	All-Ohio
Shareyna Spears	17-04.00	4/18	All-Ohio
Carrie Bonar	17-00.75	4/24	Hillsdale Relays
Hope McCarty	16-07.25	5/9	Ohio Open

Triple Jump

Kristi Sturges	37-02.25	4/25	Hillsdale Relays
Brittany Vinson	36-09.50	4/25	Hillsdale Relays
Shareyna Spears	33-04.50	4/18	All-Ohio
Carrie Bonar	33-01.00	5/9	Ohio Open

Shot Put

Bahiyjau Allen	54-04.75*	5/15	MAC Championship
Jessie Tanner	44-08.00	4/11	Sea Ray Relays
Emily Amendola	44-06.00	4/4	Green & White
Brianna Allen	36-07.00	5/9	Ohio Open
Hope McCarty	31-10.75	4/4	Green & White

Hammer Throw

Emily Amendola	186-04*	3/28	Oliver Nikoloff Inv.
Jessie Tanner	171-10	5/14	MAC Championship
Brianna Allen	129-05	4/4	Green & White

Discus

Bahiyjau Allen	154-09	4/25	Hillsdale Relays
Jessie Tanner	151-05	4/18	All-Ohio
Emily Amendola	137-03	4/10	Sea Ray Relays
Brianna Allen	110-04	4/25	Hillsdale Relays

Javelin

Susan Plungis	146-02*	5/14	MAC Championship
Jessie Tanner	134-08	4/4	Green & White
Hope McCarty	115-06	5/9	Ohio Open
Chelsea Dillon	91-08	3/28	Oliver Nikoloff Inv.
Megan Helgeson	87-05	5/9	Ohio Open

Heptathlon

Hope McCarty	4,251	5/15	MAC Championship
Megan Helgeson	3,804	5/15	MAC Championship

Bold denotes school record

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