

## Program Records

### 50 Freestyle

1.	Chelsey Bower	22.48	2009
2.	Lauren Funk	22.55	2011
3.	Anne Donovan	22.69	2010
4.	Abby Corcoran	22.97	2012
5.	Katey Brooks	23.16	2011
6.	Tori Bagan	23.21	2012
7.	Mallory Rico	23.29	2008
8.	Ashley Marion	23.41	2009
9.	Lisa MacNicol	23.43	1997
10.	Shannon Kelly	23.44	2004

### 100 Freestyle

1.	Chelsey Bower	49.16	2009
2.	Ashley Marion	49.83	2009
3.	Emma Michaels	49.95	2012
4.	Maureen Newlon	50.00	1991
5.	Lauren Funk	50.06	2011
6.	Anne Donovan	50.25	2010
7.	Rachel Heim	50.29	2011
8.	Katie Brooks	50.34	2012
9.	Abby Corcoran	50.35	2012
10.	Lisa MacNicol	50.65	1997

### 200 Freestyle

1.	Emma Michaels	1:47.55	2012
2.	Ashley Marion	1:47.61	2009
3.	Amanda Traylor	1:47.67	2010
4.	Kim van Selm	1:48.05	2000
5.	Chelsey Bower	1:48.26	2009
6.	Lisa Schuette	1:50.19	1996
7.	Sarah Owen	1:50.31	2011
8.	Ilse Petersen	1:50.58	2007
9.	Amanda Cecere	1:50.64	2012
10.	Stacey Huber	1:50.67	2011

### 500 Freestyle

1.	Laurin Williams	4:44.86	2012
2.	Amanda Traylor	4:47.16	2010
3.	Kim van Selm	4:48.00	2000
4.	Stacey Huber	4:50.42	2011
5.	Gwynn Gordon	4:51.58	1989
6.	Ilse Peterson	4:52.73	2008
7.	Cathy Silva	4:52.78	1990
7.	Sarah Owen	4:52.78	2009
9.	Renate Olaisen	4:52.90	1994
10.	Yvette Vester	4:53.31	1990

### 1000 Freestyle

1.	Laurin Williams	9:50.49	2012
2.	Stacey Huber	9:55.85	2011
3.	Kim Van Selm	9:58.78	1999
4.	Heather Rennebohm	10:04.94	2004
5.	Amanda Traylor	10:05.93	2010
6.	Gwynn Gordon	10:06.70	1989
7.	Amanda Cecere	10:10.12	2009
8.	Kristen Witham	10:11.11	2012
9.	Amy Lockard	10:11.52	1992
10.	Elizabeth Jones	10:12.39	1989

### 1650 Freestyle

1.	Laurin Williams	16:14.02	2012
2.	Stacey Huber	16:21.69	2011
3.	Kim Van Selm	16:36.68	2000
4.	Amanda Traylor	16:39.14	2010
5.	Gwynn Gordon	16:42.96	1989
6.	Heather Rennebohm	16:45.17	2004
7.	Kristen Witham	16:47.06	2012
8.	Amanda Cecere	16:48.59	2009
9.	Elizabeth Jones	16:51.72	1989
10.	Renate Olaisen	16:52.73	1994

### 100 Backstroke

1.	Rachel Stearns	54.55	2012
2.	Rachel Heim	54.63	2010
3.	Sarah Owen	55.09	2012
4.	Ashley Marion	55.61	2009
4.	Emily Wylam	55.69	2006
6.	Anastasia Bocharnikova	55.91	2011
7.	Marcy Keifer	56.11	1993
8.	Joy Clark	56.11	1991
9.	Carine Vieira de Souza	56.32	2009
10.	Emily Bresser	56.41	2000

### 200 Backstroke

1.	Rachel Stearns	1:55.65	2012
2.	Ashley Marion	1:57.15	2009
3.	Sarah Owen	1:57.68	2012
4.	Anastasia Bocharnikova	1:59.93	2012
5.	Shannon Kelly	2:00.42	2004
6.	Emily Wylam	2:00.95	2007
7.	Emily Bresser	2:01.05	2000
8.	Annika Games	2:01.07	2009
9.	Marcy Keifer	2:01.63	1993
10.	Joy Clark	2:01.75	1991

# Program Records

## 100 Butterfly

1.	Rachel Heim	52.51	2011
2.	Amanda Cecere	54.28	2011
3.	Maureen Newlon	54.84	1991
4.	Lisa MacNicol	55.22	1997
5.	Molly Slattery	55.33	2012
6.	Joanne Park	55.65	2000
7.	Courtney Allen	55.72	1991
8.	Claire Madonia	55.92	2001
9.	Liz Korsedal	55.93	2002
10.	Caroline Meyer	55.97	2012

## 200 Butterfly

1.	Rachel Heim	1:59.39	2011
2.	Courtney Allen	1:59.51	1991
3.	Amanda Cecere	1:59.93	2009
4.	Leah Giancarli	2:00.62	2008
5.	Courtney Gould	2:02.61	2004
6.	Claire Madonia	2:03.11	2000
7.	Amy Lockard	2:03.66	1993
8.	Amanda Smith	2:03.99	2004
9.	Marcella Amar	2:04.11	1994
10.	Diana Baroiu	2:04.12	1997

## 100 Breaststroke

1.	Tori Bagan	1:02.79	2012
2.	Line Nyman	1:02.86	1997
3.	Hollie Bonewit	1:03.11	2000
4.	Petra Chomicz	1:03.20	2011
5.	Liz Bishop	1:03.92	2010
6.	Trisha Kessler	1:04.36	2002
7.	Tracy Palenshus	1:04.63	1995
8.	Megan Davis	1:04.70	2012
9.	Allison Schaefer	1:04.71	2009
10.	Stephanie Gotschall	1:04.71	2001

## 200 Breaststroke

1.	Hollie Bonewit	2:14.19	2000
2.	Petra Chomicz	2:15.86	2011
3.	Line Nyman	2:16.23	1996
4.	Trisha Kessler	2:18.41	2003
5.	Liz Bishop	2:18.98	2010
6.	Megan Davis	2:19.53	2012
7.	Anna Pingel	2:19.83	1991
8.	Michaela Hahn-Lawson	2:20.06	2008
9.	Tori Bagan	2:20.77	2012
10.	Tracy Palenshus	2:20.81	1995

## 1-Meter (6 Dives)

1.	MaryRose Hillstrom	309.40	2012
2.	Lindsay Hamilton	306.38	2011
3.	Haleigh Bartlett	293.62	2012
4.	Morgan Srail	288.22	2012
5.	Alyce Kray-Smith	280.35	1997
6.	Stace Winemiller	275.40	1999
7.	Kristin Capcik	273.30	2012
8.	Amy Butler	271.40	1987
9.	Debbie Thornbury	271.35	2005
10.	Dayna Green	265.00	1987

## 3-Meter (6 Dives)

1.	Morgan Srail	333.10	2012
2.	Lindsay Hamilton	329.56	2011
3.	Haleigh Bartlett	322.50	2012
4.	Kristin Capcik	302.70	2012
5.	MaryRose Hillstrom	294.90	2010
6.	Danielle Biggs	288.70	1995
7.	Dayna Green	286.70	1987
8.	Stayce Winemiller	286.15	1999
9.	Stephanie Hay	277.12	1999
10.	Robin Yactor	274.72	1997

## Program Records

### 200 Freestyle Relay

1.	Funk, Donovan, Heim, Brooks	1:29.80	2011
2.	Donovan, Bower, Heim, Funk	1:30.05	2010
3.	Brooks, Heim, Donovan, Funk	1:30.30	2011
4.	Marion, Bower, Heim, Donovan	1:30.47	2009
5.	Funk, Donovan, Brooks, Corcoran	1:30.78	2012
6.	Donovan, Brooks, Corcoran, Funk	1:32.92	2011
7.	Funk, Donovan, Bagan, Corcoran	1:33.59	2011
8.	Park, Van Selm, Bresser, Schumacher	1:33.50	2000
9.	Bower, Funk, Corcoran, Donovan	1:33.55	2010
10.	Frasco, Gotschall, Pfaller, Van Selm	1:33.71	2002

### 400 Freestyle Relay

1.	Marion, Heim, Corcoran, Bower	3:20.04	2009
2.	Funk, Brooks, Michaels, Corcoran	3:20.68	2012
3.	Park, Van Selm, Bonewit, Bresser	3:23.36	2000
4.	Newton, Clark, Allen, Zeilke	3:23.85	1991
5.	Heim, Donovan, Funk, Corcoran	3:24.41	2011
6.	Newlon, Clark, Vester, Allen	3:25.07	1990
7.	Bower, DeStefano, Rico, Peterson	3:25.14	2008
8.	Kessler, Pfaller, Kelly, Frasco	3:25.22	2003
9.	Owen, Funk, Brooks, Corcoran	3:25.48	2011
10.	Traylor, Brooks, Owen, Corcoran	3:26.11	2010

### 800 Freestyle Relay

1.	Marion, Traylor, Owen, Heim	7:13.51	2009
2.	Bower, Owen, Traylor, Heim	7:16.57	2010
3.	Traylor, Owen, Huber, Games	7:18.55	2011
4.	Cecere, Owen, Williams, Michaels	7:21.08	2012
5.	Heim, Traylor, Marion, Peterson	7:23.15	2008
6.	Newlon, Silva, Vester, Allen	7:24.59	1990
7.	Van Selm, Bonewit, Kessler, Orcutt	7:24.61	2000
8.	Drozin, Souza, Marion, Peterson	7:26.57	2007
9.	Kessler, Frasco, Rennebohm, Van Selm	7:26.84	2002
10.	Gould, Rennebohm, McGaughey, Kelly	7:27.27	2004

### 200 Medley Relay

1.	Heim, Schaefer, Bower, Donovan	1:40.46	2010
2.	Heim, Brooks, Cecere, Donovan	1:40.48	2011
3.	Souza, Schaefer, Heim, Bower	1:40.80	2009
4.	Stearns, Bagan, Cecere, Donovan	1:43.80	2012
5.	Wylam, Hahn-Lawson, Cecere, Bower	1:43.81	2008
6.	Bresser, Bonewit, Park, Schumacher	1:44.14	2000
7.	Keifer, Scholl, Newlon, Clark	1:44.41	1991
7.	Kessler, Gotschall, Korsedal, Pfaller	1:44.50	2002
9.	Stearns, Bagan, Slattery, Funk	1:44.58	2012
9.	Owen, Schaefer, Heim, Donovan	1:44.64	2010
9.	Wylam, Hahn-Lawson, DeStefano, Rico	1:44.64	2007

### 400 Medley Relay

1.	Stearns, Chomicz, Funk, Heim	3:39.47	2011
2.	Stearns, Bagan, Cecere, Funk	3:42.12	2012
3.	Marion, Schaefer, Cecere, Bower	3:42.88	2009
4.	Bresser, Bonewit, Park, Van Selm	3:44.15	2000
5.	Owen, Bishop, Heim, Donovan	3:44.72	2010
6.	Wylam, Hahn-Lawson, Cecere, Peterson	3:46.04	2008
7.	Kelly, Kessler, Gould, Frasco	3:46.98	2003
8.	Clark, Scholl, Allen, Newlon	3:47.26	1991
9.	Owen, Schaefer, Heim, Bower	3:47.66	2010
10.	Wylam, Vaughn, Marion, Peterson	3:47.73	2006

### 200 Individual Medley

1.	Ashley Marion	2:00.13	2009
2.	Emma Michaels	2:00.42	2012
3.	Rachel Stearns	2:00.66	2012
4.	Trisha Kessler	2:02.01	2003
5.	Joanne Park	2:02.33	2000
6.	Shannon Kelly	2:02.38	2004
7.	Anastasia Bocharnikova	2:02.70	2011
8.	Amanda Cecere	2:02.99	2011
9.	Michaela Hahn-Lawson	2:03.98	2005
10.	Emily Bresser	2:04.01	2000

### 400 Individual Medley

1.	Ashley Marion	4:15.37	2009
2.	Amanda Traylor	4:17.75	2010
3.	Hollie Bonewit	4:20.35	1999
4.	Petra Chomicz	4:20.57	2011
5.	Laurin Williams	4:22.39	2012
6.	Shannon Kelly	4:22.59	2003
7.	Kristen Witham	4:24.48	2012
8.	Yvette Vester	4:24.64	1990
9.	Sissel Anderssen	4:25.26	1994
10.	Renate Olaisen	4:25.69	1994