

2017-18 OAKLAND OUTDOOR TRACK AND FIELD SCHEDULE

Date	Opponent/Event	Location (Venue)	Result/Points
Mar. 23-24	Vanderbilt Black & Gold Invite	Nashville, Tenn. (Vanderbilt Track)	NTS
Mar. 30	NC State Raleigh Relays	Raleigh, N.C. (Paul Derr Track)	NTS
Apr. 7	UDM Duals	Detroit, Mich. (Titan Field)	NTS
Apr. 13-14	Golden Grizzlies Invite	Rochester, Mich. (Oakland Track & Field)	M: 1st, 134 pts / W: 1st, 187 pts
Apr. 20-21	Ohio State Jesse Owens Invite	Columbus, Ohio (Jesse Owens Memorial Stadium)	NTS
Apr. 20-21	Virginia Challenge	Charlottesville, Va. (Lannigan Field)	NTS
Apr. 21	GVSU Al Owens Invite	Allendale, Mich. (Laker Track & Lacrosse Stadium)	NTS
Apr. 26-28	Hillsdale Gina Relays	Hillsdale, Mich. (Ken Herrick Outdoor Track)	NTS
May 4-6	Horizon League Outdoor Championships*	Rochester, Mich. (Oakland Track and Field)	TBA
May 10-11	Hillsdale Last Chance Classic	Hillsdale, Mich. (Ken Herrick Outdoor Track)	TBA

NTS - No Team Scoring

2017-18 Women Season Best Marks

Event	Performer (Meet)	Time
100m	Kendell Jefferson (Golden Grizzlies Invite)	12.09
200m	Kendell Jefferson (Golden Grizzlies Invite)	25.29
400m	Chanel Gardner (Golden Grizzlies Invite)	56.52
800m	Heather Czarnecki (Hillsdale Gina Relays)	2:15.69
1500m	Heather Czarnecki (Al Owens)	4:34.10*
5000m	Rachel Levy (Raleigh Relays)	16:28.40*
10,000m	Alana Koepf (Raleigh Relays)	36:20.60
100m Hurdles	Alana Morrow (Vanderbilt Black & Gold)	15.30
400m Hurdles	Andrea Koenigsknecht (Vanderbilt Black & Gold)	1:04.62
4x100	A. Smith, K. Jefferson, N. Martinbianco, M. Hall (Golden Grizzlies Invite)	48.10
4x400	O. Rademacher, A. Koenigsknecht, K. Pencak, C. Gardner (Det. Duals)	4:12.52
High Jump	Alyssa Lyons (Hillsdale Gina Relays)	4'-7.75" (1.42m)
Long Jump	Korrin Taylor (Detroit Duals)	17'-10.75" (5.45m)
Shot Put	Kia Boykin (Vanderbilt Black & Gold)	43'-3" (13.18m)
Discus	Gabby Cyriax (Detroit Duals)	134'-4" (40.94m)*
Hammer	Gabby Cyriax (Detroit Duals)	150'-9" (45.95m)
Javelin	Angela Ciaravino (Golden Grizzlies Invite)	109'-3" (33.30m)

* - School Record

100m

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	ATHLETE	TIME	MEET DATE
706	Jefferson, Kendell	12.25	Apr 20, 2018
1142	Hall, Madaline	12.51	Apr 26, 2018
1271	Martinbianco, Nicole	12.59	Mar 23, 2018
1319	McClure, Danielle	12.61	Mar 23, 2018
1454	Smith, Andriana	12.67	Apr 26, 2018
1791	Hofmann, Elyssa	12.83	Mar 23, 2018
2361	Taylor, Korrin	13.11	Apr 7, 2018

200m

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	ATHLETE	TIME	MEET DATE
1050	Jefferson, Kendell	25.29	Apr 13, 2018
1137	Gardner, Chanel	25.37	Apr 20, 2018
1537	Hofmann, Elyssa	25.73	Apr 20, 2018
1741	Martinbianco, Nicole	25.89	Mar 23, 2018
2239	McClure, Danielle	26.32	Apr 13, 2018
3039	Hall, Madaline	26.95	Mar 23, 2018
3117	Pencak, Kathleen	27.01	Apr 26, 2018
3468	Krone, Jessica	27.28	Apr 13, 2018
4888	Sanders, Shayla	28.64	Apr 26, 2018
5845	Glanda, Briana	30.21	Apr 26, 2018

400m

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	ATHLETE	TIME	MEET DATE
494	Gardner, Chanel	56.52	Apr 13, 2018
2601	Pencak, Kathleen	1:02.29	Apr 26, 2018
2651	Krone, Jessica	1:02.48	Mar 23, 2018
4024	Sanders, Shayla	1:07.47	Apr 26, 2018
4087	Glanda, Briana	1:07.88	Apr 26, 2018

800m

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	ATHLETE	TIME	MEET DATE
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	ATHLETE	TIME	MEET DATE
783	Czarnecki, Heather	2:15.69	Apr 26, 2018
1062	Nichols, Megan	2:17.59	Apr 26, 2018
1954	Misiewicz, Cassie	2:22.34	Apr 20, 2018
2045	Koenigsknecht , Andrea	2:22.87	Apr 7, 2018
4467	Stribbell, Casey	2:34.95	Apr 20, 2018
5683	Alderson, Haylee	2:44.44	Apr 13, 2018
5971	Ciaravino , Angela	2:47.66	Apr 26, 2018

1500m

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	ATHLETE	TIME	MEET DATE
529	Czarnecki, Heather	4:34.10	Apr 20, 2018
561	Nichols, Megan	4:34.75	Apr 20, 2018
2329	Levy, Rachel	4:54.05	Apr 7, 2018
2803	Koepf, Alana	4:57.65	Apr 7, 2018
4271	Mondry, Sammy	5:10.43	Apr 7, 2018
5194	Schneider, Maggie	5:20.08	Apr 7, 2018
5357	Stroede, Jessica	5:21.92	Apr 13, 2018

5000m

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	ATHLETE	TIME	MEET DATE
111	Levy, Rachel	16:28.40	Mar 30, 2018
155	Schneider, Maggie	16:38.18	Mar 30, 2018
775	Koepf, Alana	17:41.71	Apr 13, 2018
925	Mondry, Sammy	17:50.78	Apr 20, 2018

10,000m

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	ATHLETE	TIME	MEET DATE
214	Koepf, Alana	36:20.60	Mar 30, 2018

100H

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	ATHLETE	TIME	MEET DATE
1133	Ciaravino , Angela	15.50	Apr 13, 2018
1157	Morrow, Alana	15.54	Apr 26, 2018

	ATHLETE	TIME	MEET DATE
1590	Rademacher, Olivia	16.25	Apr 7, 2018

400H

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	ATHLETE	TIME	MEET DATE
635	Koenigsknecht , Andrea	1:04.62	Mar 23, 2018
678	Morrow, Alana	1:04.92	Apr 13, 2018
864	Rademacher, Olivia	1:06.14	Apr 13, 2018

4 x 100 Relay

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	TIME	MEET DATE
367	48.10	Apr 13, 2018

4 x 400 Relay

Top↑

	TIME	MEET DATE
697	4:12.52	Apr 7, 2018

High Jump

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	ATHLETE	MARK	CONV	MEET DATE
1953	Lyon, Alyssa	1.42m	4' 7.75"	Apr 26, 2018

Pole Vault

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	ATHLETE	MARK	CONV	MEET DATE
477	Tessmer, Dana	3.50m	11' 5.75"	Apr 13, 2018
552	Kane, Olivia	3.42m	11' 2.5"	Apr 26, 2018

Long Jump

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	ATHLETE	MARK	CONV	MEET DATE
1247	Hall, Madaline	5.23m	17' 2"	Mar 23, 2018
1298	Taylor, Korrin	5.21m	17' 1.25"	Apr 13, 2018
2125	Ciaravino , Angela	4.89m	16' 0.5"	Apr 26, 2018
2319	Mergens, Whitney	4.82m	15' 9.75"	Mar 23, 2018

Shot Put

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	ATHLETE	MARK	CONV	MEET DATE
439	Boykin, Kia	13.18m	43' 3"	Mar 23, 2018
1866	Runyon, Maggie	10.39m	34' 1.25"	Apr 7, 2018

	ATHLETE	MARK	CONV	MEET DATE
2107	Ciaravino , Angela	10.06m	33' 0.25"	Apr 7, 2018
2129	Mergens, Whitney	10.03m	32' 11"	Apr 7, 2018

Discus

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	ATHLETE	MARK	CONV	MEET DATE
606	Cyriax, Gabriell	40.94m	134' 4"	Apr 7, 2018
1290	Boykin, Kia	35.41m	116' 2"	Apr 7, 2018
2055	Moore, Mary	29.64m	97' 3"	Apr 7, 2018
2095	Runyon, Maggie	29.39m	96' 5"	Apr 20, 2018

Hammer

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	ATHLETE	MARK	CONV	MEET DATE
696	Cyriax, Gabriell	45.95m	150' 9"	Apr 7, 2018
700	Moore, Mary	45.92m	150' 8"	Apr 7, 2018
1131	Boykin, Kia	41.54m	136' 3"	Apr 26, 2018
1133	Lengel, Nadia	41.52m	136' 3"	Apr 7, 2018
2031	Runyon, Maggie	33.28m	109' 2"	Apr 26, 2018

Javelin

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	ATHLETE	MARK	CONV	MEET DATE
962	Ciaravino , Angela	33.57m	110' 2"	Apr 26, 2018
1563	Rademacher, Olivia	29.44m	96' 7"	Apr 26, 2018
2649	Cyriax, Gabriell	21.56m	70' 9"	Apr 13, 2018
2669	Tessmer, Dana	21.31m	69' 11"	Apr 26, 2018