



# athletics NORTHWESTERN

1501 Central Street, Evanston, IL 60208-3630 847-491-3205 [NUsports.com](http://NUsports.com)

## 2011-12 RESULTS (9-4, 2-2)

Date	Opponent	Result/Time
<b>October</b>		
21	vs. Illinois*	W, 199-101
<b>November</b>		
5	at Purdue*	L, 171-122
11	<b>Wisconsin*</b>	<b>L, 163-132</b>
12	<b>UIC</b>	<b>W, 174-114</b>
	<b>North Dakota</b>	<b>W, 187-104</b>
<b>18-20</b>	<b>NU TYR Invitational</b>	
<b>18</b>	<b>TYR Invitational</b>	<b>1sr/8</b>
<b>19</b>	<b>TYR Invitational</b>	<b>1st/8</b>
<b>20</b>	<b>TYR Invitational</b>	<b>1st/8</b>
<b>December</b>		
21	at Colorado College	W (NTS)
	vs. Austin College	W (NTS)
<b>January</b>		
14	at No. 22 Michigan	L, 169-126
	vs. Notre Dame	W, 156-144
21	<b>Harvard</b>	<b>W, 172-127</b>
	<b>Iowa*</b>	<b>W, 165.5-133.5</b>
<b>27-28</b>	<b>No. 18 Missouri</b>	<b>L, 204-166</b>
<b>28</b>	<b>Denver</b>	<b>W, 231.5-136.5</b>
<b>February</b>		
<b>15-18</b>	<b>Big Ten Championships (Iowa City, Iowa)</b>	
15	Big Ten Championships	All Day
16	Big Ten Championships	All Day
17	Big Ten Championships	All Day
18	Big Ten Championships	All Day
<b>March</b>		
<b>15-17</b>	<b>NCAA Championships (Auburn, Alabama)</b>	
15	NCAA Championships	All Day
16	NCAA Championships	All Day
17	NCAA Championships	All Day

All times Central • Home games in **BOLD CAPS** • Big Ten games\*

## Wildcats Go Wild For Big Ten Championships

### The Championships

The regular season is complete and Northwestern is rested and ready for the 2012 Big Ten Championships hosted by Iowa February 15-18 at the Campus Recreation and Wellness Center Pool in Iowa City.

The Wildcats swim the conference meet with an eye toward scoring points and also qualifying as many 'Cats as possible for the NCAA Championships. To that end, several Northwestern competitors have set themselves up well for that goal.

Senior breaststroke specialist **Jenny Wilson** has NCAA 'B' provisional qualifying times in both breast distances this season, earning them not only after tapering for Northwestern's fall-season-ending TYR Invitational, but also on three occasions at in-season dual meets in the month of January. She ranks second on NU's all-time top times list in the events, also putting school records in her sights.

Junior **Meredith King** has an NCAA 'B' cut time from the TYR in the 400 IM, and also has been NU's top swimmer in the 500 free this year.

In addition a pair of Northwestern relays—the 400 and 800 free—picked up 'B' times earlier in the year.

NU's efforts have been helped tremendously in the winter by the return from injury of 400 IM school record holder **Hannah Points**, top sprint freestyler **Taylor Reynolds** and freshman backstroke specialist **Rachel Kim**. While all three missed out on crucial training time in the fall, they nonetheless have jumped right in to rank tops for Northwestern in at least one individual event for the season. Reynolds' presence also is a boon for the 200 and 400 yard free and medley relays, while Kim's backstroke leg will give the NU medley squads a boost.

### Championships Schedule

#### WEDNESDAY, Feb. 15

6:30 p.m. CT, Finals

#### THURSDAY, Feb. 16

11 a.m. CT, Prelims

6:30 p.m. CT, Finals

#### FRIDAY, Feb. 17

11 a.m. CT, Prelims

6:30 p.m. CT, Finals

#### SATURDAY, Feb. 18

11 a.m. CT, Prelims

6:30 p.m. CT, Finals

### Ticket Information

#### All Session Pass

Adult \$40, Youth \$25, Group \$20

Tickets available online at [hawkeyesports.com](http://hawkeyesports.com) or at the ticket table located in the entryway of the CRWC Pool next to the rock climbing wall.

### 2012 SWIMMING QUICK FACTS

Head Coach .....	Jimmy Tierney (18th year)
Record at NU .....	102-71-1 (17 seasons)
Overall Record .....	Same
Head Diving Coach .....	Alik Sarkisian
Associate Head Coach .....	Nichole Ellis
Volunteer Assistants .....	Bob Groseth, Alec Hayden
Director of Aquatics .....	Ed Martig
2010-11 Overall Record .....	9-5
2010-11 Big Ten Record/Finish .....	.8th
2010-11 NCAA Finish .....	NTS

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**HEAD COACH JIMMY TIERNEY**



**TIERNEY**

The 2011-12 season marks Jimmy Tierney's 18th year as head coach and his 24th season of involvement with the Northwestern women's swimming program. Prior to being appointed head coach in 1994, Tierney spent six seasons as the Wildcats' assistant coach.

Among the country's most respected college coaches, Tierney has established NU as one of the top women's swimming programs in the nation, both athletically and scholastically.

Tierney's teams have had a Big Ten champion in 15 different seasons in which he has been at NU. Prior to 2003, the Wildcats never had finished lower than fourth at the Big Ten Championships under Tierney, and have placed in the top 15 in the country 10 times. In addition, All-America honors have been earned a total of 145 times at Northwestern.

Tierney coached Andrea Hupman to All-America honors every season from 2005-2008 and to the Swimmer of the Championships award at the 2008 Big Ten Championships. In addition to the respect he has earned as a coach, Tierney has proved to be a top-flight recruiter, as well. Working together with current associate head coach Nichole Ellis, Tierney's freshmen classes of 2010 and 2011 were widely regarded as two of the deepest and most talented in the nation, and the trend has continued.

Anecdotal recruiting evidence aside, Tierney's team in 2007-08 proved the program has regained its national prominence held earlier in the decade. The Wildcats placed 22 new entries on their all-time top-10 performers list, broke 10 school records, earned three All-Big Ten honors and sent nine swimmers to the NCAA Championships in 15 different events. In addition, Tierney was elected Big Ten Coach of the Year at the Big Ten Championships. Despite finishing with a 6-4 dual-meet record and losing meets only to teams already ranked in the top-20 in the nation, Northwestern sat just outside the College Swimming Coaches Association of America (CSCAA) coaches poll throughout the entire season. However, the Wildcats ended the season by finishing 19th at the NCAA Championships.

Showcasing the increased depth of the squad in 2008-09, Northwestern broke its own mark for dual-meet wins with a 10-2 mark -- reaching double-digit victories for the first time in Tierney's tenure. The Wildcats beat a pair of ranked opponents and won their final nine dual meets in a row. NU followed that season with an 8-3 dual-meet mark in 2009-10, sending a pair of swimmers to the NCAA Championships.

Tierney earned the 100th dual-meet win of his career Jan. 29, 2011, when NU went 3-1 at the Shamrock Invitational at Notre Dame. NU's 9-5 record in 2010-11 gave Tierney a 102-71-1 all-time mark with the Wildcats.

Tierney is a native of Louisville, Ky. He earned a bachelor's degree in mathematics from the University of Louisville in 1980, then went to Southern Illinois to earn a masters degree in sports administration in 1988.

Tierney lives in Wilmette with his wife, Nancy, and their two children, Adam and Samantha. Nancy is the director of fitness/wellness at Northwestern University.

**EVENT-BY-EVENT PREVIEW OF THE WILDCATS**

**SPRINT FREESTYLE:** Northwestern has had a strong young sprint freestyle corps this season, which was augmented in the winter dual-meet schedule by the return of injured junior **Taylor Reynolds**. Reynolds, who scored in the 50 free at last year's Big Ten Championships, missed all of the fall due to injury, but already has a 23.23 50 free time to lead NU for the year. Raw talent **Tori Larsen** has had a solid freshman season in the 50 free while sophomore **Jackie Powell** returns after scoring at both the 50 and 100 free distances in 2011. **Marybeth Hall** likely will play an important relay role while **Katie McCullough** is poised for a breakthrough Championships after earning career-best times for all of her events with in-season swims in 2011-12.

**DISTANCE FREESTYLE:** A pair of sophomores, **Erin Sosdian** and **Megan Goss**, headline NU's entries in the mile. Sosdian has positioned herself for a big Championships after earning career-bests for all of her events with in-season swims this year. Goss' times are right on Sosdian's heels in the mile while she is NU's top 1,000 free swimmer. In the middle distances, junior **Meredith King** has the ability to score in the 500 free while Powell and Sosdian also can make noise in those events.

**BACKSTROKE:** Sosdian enters the Big Ten Championships with Northwestern's top times at both distances, but expect freshman **Rachel Kim** to lead the way for the Wildcats in the 100 back. The newcomer missed the fall season due to injury, and while her conditioning has not allowed her to be super competitive in the 200 yet, she has been exceptionally helpful in the 100 and with the medley relays upon her return.

**BREASTSTROKE:** A returning championship heat finalist in both distances, senior **Jenny Wilson** will aim for a podium finish at her final Big Ten meet. She owns three in-season NCAA 'B' performances in the 100 breast and two in the 200 this year—and she has two of NU's oldest school records in her sights as well. Northwestern's top two IMers, **Hannah Points** and **Kathleen Patterson**, have good breast performances for NU this year, as well. Junior **Meaghan Fenn** has recorded in-season career bests in her events this year, currently ranking on NU's top times list in both breast distances.

**BUTTERFLY:** Senior **Meghan Cavanaugh** leads the way for Northwestern in the 100 fly, owning that event by finishing first or second in it at every dual meet this season save for one. The 200 fly features Points as NU's top competitor this season followed by King, **Becca Soderholm** (who also could factor in the 100) and newcomer **Lauren Clifford**, who is a transfer from Texas A&M.

**INDIVIDUAL MEDLEY:** Senior **Jacquie Godbe** has done nothing but improve each year during her career, winning the bonus final of the 200 IM in 2011 to rank second on Northwestern's all-time top times list in the event. If the trend holds true, 2012 will be the year the former walk-on scores her first-career points at the Big Ten Championships. Patterson currently has NU's best time in the 200 IM this season. In the 400 IM, King recorded an NCAA 'B' cut to win the event at the TYR Invitational in the fall, so scoring certainly is on her mind in that race. Points is the school record holder in the event, and a strong performance for her would complete a great story after she was held out of much of the fall schedule with an injury. Soderholm currently has the second-best 400 IM and fourth-best 200 IM time for the Wildcats.

**RELAYS:** Northwestern's 400 and 800 free relays already have NCAA 'B' provisional qualifying times following the TYR Invitational in the fall. The 800 free has been a traditionally strong one for the Wildcats, and 2012 should be no different with swimmers such as King, Sosdian, Powell, Godbe and **Sheila O'Neill** among the 200 freestylers who could make up the roster. With NU's renewed sprinting depth thanks to Reynolds' return, the 200 and 400 free relays also could pop for some good times. In the medley relays, Northwestern struggled throughout the season without a true sprint backstroke leg. As Kim has regained her conditioning following return from injury, she has immensely aided the 200 medley relay and should be ready to roll in the 400 at the Big Ten meet. Combined with the elite senior Wilson swimming breast, senior Cavanaugh swimming fly and a renewed and healthy Reynolds at anchor, NU's medley relays are an intriguing possibility this weekend.

### Returns From Injury Boost Wildcats During Winter Season

Northwestern's roster took a hit during the fall season with injuries to highly touted freshman backstroker **Rachel Kim**, proven sprint freestyler **Taylor Reynolds** and 400 IM school record holder **Hannah Points**. All three returned following the TYR Invitational in the fall, and have proven to be boons in dual meet competition. Kim (100 back), Reynolds (50 free) and Points (200 fly) quickly established themselves at the top of NU's top times list for the year in certain events, and Kim and Reynolds especially have contributed to the Wildcats' relays since their return. Head coach **Jimmy Tierney** and associate head coach **Nichole Ellis** have been working feverishly to make up for lost conditioning and training time with these potential point providers, though early returns from winter duals have proven positive.

### Lenz Sisters Hope International Experience Drives Domestic Scoring

Northwestern's top diving tandem of junior **Felicita Lenz** and her sister, sophomore **Cosima Lenz**, have been NU's top divers since they stepped foot on campus for head diving coach **Alik Sarkisian**. Though they specialize in the 10-meter platform—which is not competed collegiately for NU until the Big Ten Championships—the duo has found other ways to hone their craft. In addition to weekly trips to a 10-meter platform in Milwaukee, the pair have competed internationally in the event. Cosima took eighth place on the platform in December at the Camo Invitational in Montreal, while Felicita earned the first international medal of her career with a third-place finish in the event. Felicita additionally missed Northwestern's January 21 meet against Iowa and Harvard to compete at German Senior Nationals, where she placed sixth in the 3-meter finals and fourth on the 10-meter platform, nearly making it to third.

### Northwestern Competes in Pool, Serves in Community

Northwestern women's swimming and diving has famously been active in the community, and this year especially spent time on several big projects.

First, NU volunteered as Swim Angels at the 2011 Big Shoulders Open Water Swim Classic 5K on Saturday, Sept. 10. Only a few participants elected to swim with an Angel, leading many of the Wildcats to enter the water en masse behind the pack and team up with any swimmers who needed help along the way. One particular participant requested an angel, so senior **Jenny Wilson** swam alongside her. The racer had never competed in an open water 5K swim before and had set a goal time for herself of 3.5 hours—a long time to be in waters with temperatures of 64-65 degrees. Several Wildcats teamed up during the back half of the race to help her finish, which she did in 2.75 hours—way under her goal time.

During NU's winter training trip to the Olympic Training Facility in Colorado Springs, Colo., the team visited with family members of a patient in the Neonatal Intensive Care Unit at the Ronald McDonald House in Colorado Springs and also interacted with residents of the Skyline Wellness Facility, a residential and assisted living facility, during a big band concert.

### Northwestern's Academic Prowess Tops Conference

In the summer of 2011, Northwestern women's swimming and diving earned 14 Big Ten Distinguished Scholar awards—most of any team, in any sport, in the entire Big Ten Conference. The current squad compiled a cumulative 3.38 GPA during the fall quarter of 2011, putting the Wildcats on pace for their third-straight year with 20 or more Academic All-Big Ten accolades.

### Bob Groeth Remains Active With Northwestern Programs

Part of the reason for Northwestern's distance success has been the continued involvement of 20-year Wildcat men's coach **Bob Groeth**, who retired from that position following the 2008-09 season to become the Executive Director of the College Swimming Coaches Association of America (CSCAA). Groeth has remained on the deck with NU as its volunteer assistant coach since his retirement, lending his expertise and working extensively with the distance stroke groups on both the men's and women's squads.

## CSCAA COACHES POLL

Jan. 25, 2012

### Final Dual Meet Poll

1. California
2. Florida
3. Auburn
4. Texas
5. Georgia
6. Texas A&M
7. Southern California
8. Stanford
9. Arizona
10. Tennessee
11. Virginia
- 12. Indiana**
13. SMU
14. Ohio State
15. Minnesota
16. North Carolina
- 17. Michigan**
- 18. Missouri**
- 19. Wisconsin**
20. Penn State
21. Arizona State
22. Maryland
23. LSU
24. Louisville
25. Florida State

Northwestern and 2011-12 dual meet opponents in **bold**

**2012 ALPHABETICAL SWIMMING ROSTER**

<b>Name</b>	<b>Event</b>	<b>Ht.</b>	<b>Year</b>	<b>Hometown/High School</b>
Mary Kate Campbell	Diving	5-3	So.	Burr Ridge, Ill./Fenwick
Meghan Cavanaugh	Fly/Free	5-5	Sr.	Anchorage, Alaska/East Anchorage
Lauren Clifford	IM/Fly	5-6	Jr.	Pollock Pines, Calif./El Dorado
Carlin Dacey	Diving	5-6	Sr.	West Roxbury, Mass./Choate Rosemary Hall
Meaghan Fenn	IM	5-6	Jr.	New Rochelle, N.Y./The Ursuline School
Fallon Fitzpatrick	Butterfly	5-11	So.	Delray Beach, Fla./Boca Raton Community
Jacque Godbe	Free/IM	5-10	Sr.	Rapid City, S.D./Stevens
Megan Goss	Freestyle	5-7	So.	Brentwood, Tenn./Ravenwood
Marybeth Hall	Fly/IM	5-7	Jr.	Brighton, Mich./Brighton
Shelby Johnson	Sprint Free	5-8	Sr.	Wayzata, Minn./Wayzata
Rachel Kim	Back	5-3	Fr.	Federal Way, Wash./Todd Bearer
Meredith King	Free	5-7	Jr.	Louisville, Ky./duPont Manual
Madeleine Klichowski	Back	5-6	Fr.	Chicago, Ill./Loyola Academy
Tori Larsen	Free	5-5	Fr.	Elmhurst, Ill./York Community
Cosima Lenz	Diving	5-3	So.	Altadena, Calif./Polytechnic School
Felicitas Lenz	Diving	5-3	Jr.	Altadena, Calif./Polytechnic School
Beth Loe	Distance Free	5-9	Sr.	Upper Arlington, Ohio/Upper Arlington
Katie McCullough	Free/Breast	5-6	Jr.	Grand Rapids, Mich./Forest Hills Central
Valerie Nubbe	Freestyle	5-7	Fr.	Huntsville, Ala./Huntsville
Sheila O'Neill	Free	5-9	Sr.	Dunwoody, Ga./Marist School
Kathleen Patterson	Breast/IM	5-6	Sr.	Naperville, Ill./Neuqua Valley
Hannah Points	IM	5-5	Sr.	Tualatin, Ore./Tualatin
Jackie Powell	Free/Back	5-7	So.	Madison, Wis./James Madison Memorial
Taylor Reynolds	Freestyle	5-10	Jr.	St. Louis, Mo./Webster Groves
Becca Soderholm	Fly/IM/Free	5-7	So.	Madison, Wis./Madison East
Erin Sosdian	Freestyle	5-10	So.	The Woodlands, Texas/Woodlands College Park
Hillary Thomas	Free	5-8	Fr.	Denver, Colo./Regis Jesuit
Jenny Wilson	Breast	5-5	Sr.	Bethesda, Md./Sidwell Friends School

**Coaching Staff**

**Head Coach**

Jimmy Tierney (18th season), Louisville, '80

**Associate Head Coach**

Nichole Ellis (Sixth season), IUPUI, '01

**Volunteer Assistant Coaches**

Bob Groseth (Third season), Indiana, '67

Alec Hayden (First season), Northwestern, '08

**Head Diving Coach**

Alik Sarkisian (Sixth season), USSR State University of Physical Education, '80

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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### Mary Kate CAMPBELL

Sophomore · Diving · 5-3  
Burr Ridge, Ill./Fenwick

**2011-12:** Member of Northwestern's strong diving corps ... Finished third on both boards in a double dual against UIC and North Dakota (11/12) ... Established a career-best score on the 3-meter board with a 285.00 in a dual versus No. 18 Iowa and Harvard (1/21) ... Finished third overall in the 3-meter springboard at the eight-team TYR Invitational (11/18) ... Also made the championship final on the 1-meter board at the TYR, placing eighth overall.

#### Season Bests

**1-meter:** 257.50

**3-meter:** 285.00\*

#### Career Bests

**1-meter:** 257.50

**3-meter:** 285.00

**Platform:** 230.00

### Meghan CAVANAUGH

Senior · Fly/Free · 5-5  
Anchorage, Alaska/East Anchorage

**2011-12:** Ranks first on Northwestern's top times list in the 100 fly, third in the 100 back and fourth in the 200 fly ... Swam with NU's top medley relays during the regular season ... Finished first or second (with one third) in every dual-meet 100 fly event, including four victories ... Had 12 total top-three dual meet finishes ... Earned runner-up points in the 100 fly at the eight-team TYR Invitational (11/19) ... Finished fifth in the 200 fly at the TYR (11/20) ... Qualified for the TYR Invite consolation finals in the 50 back and 100 back, finishing 10th and 11th, respectively.

#### Season Bests:

**100 fly:** 55.60

**200 fly:** 2:03.80

**100 back:** 57.77

#### Career Bests:

**100 fly:** 54.77

**200 fly:** 2:02.59

**200 free:** 1:49.66

**500 free:** 5:00.57

### Lauren CLIFFORD

Junior · IM/Fly · 5-6  
Pollock Pines, Calif./El Dorado

**2011-12:** In her first season with the Wildcats after transferring from Texas A&M ... Ranks on Northwestern's top times list in four different events following the fall season ... Is fourth in the 500 free and 200 back, and fifth in the 400 IM and 200 fly ... Won the 400 IM in a dual meet versus Wisconsin (11/11) ... Had six total top-three finishes in dual meet races during the regular season ... Qualified for the consolation final of the 200 IM at the eight-team TYR Invitational (11/18), finishing 11th overall ... Won the 500 free bonus final at the TYR (11/18).

#### NU Bests:

**500 free:** 4:57.66

**200 IM:** 2:06.33

**400 IM:** 4:24.39

**200 back:** 2:05.32

**200 fly:** 2:04.90

### Meaghan FENN

Junior · IM · 5-6  
New Rochelle, N.Y./The Ursuline School

**2011-12:** Ranks on Northwestern's top times list in five different events following the regular season ... Is third in the 200 back, fourth in the 100 back, 100 breast and 200 breast, and fifth in the 200 IM ... Swam a career-best 58.29 100 back split as the leadoff leg of NU's top 400 medley relay of the year ... Qualified for the championship final of the 200 breast (11/20) at the eight-team TYR Invitational with a career-best best 2:22.08 in the prelims ... Ended up eighth overall in the event ... Also made the championship final of the 200 back at the TYR, placing sixth after a season-best 2:04.26 ... Finished 10th overall in the 400 IM, 19th in the 200 IM and also competed in the 100 back at the TYR Invitational ... Has a trio of top-three dual meet finishes in the 200 back, placing a season-best second against both Illinois (10/21) and Wisconsin (11/11).

#### Season Bests:

**100 back:** 58.29\*

**200 back:** 2:04.26

**100 breast:** 1:07.79

**200 breast:** 2:22.08\*

#### Career Bests:

**100 back:** 58.29

**200 back:** 2:01.76

**200 breast:** 2:22.08

\*denotes career high set this year

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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**Fallon FITZPATRICK**      Sophomore · Fly · 5-11  
Delray Beach, Fla./BR Community

**2011-12:** Earned victory in the bonus final of the 50 fly at the eight-team TYR Invitational (11/20) ... Also competed in the 100 fly, 100 free, 200 free and 500 free at the TYR Invite, recording a career-best time of 59.34 in the 100 fly to place 34th overall ... Best dual-meet finish of the regular season was a fourth-place effort in the 200 IM during a double dual against Colorado College and Austin College during NU's winter training trip (12/17).

**Season Bests:**

**100 free:** 54.31  
**200 free:** 1:58.13  
**500 free:** 5:17.21  
**100 fly:** 59.34\*

**Career Bests:**

**100 fly:** 59.34  
**200 fly:** 2:09.34  
**100 free:** 53.67  
**200 free:** 1:55.00  
**500 free:** 5:05.04

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**Jacquie GODBE**      Senior · Free/IM · 5-10  
Rapid City, S.D./Stevens

**2011-12:** Ranks on Northwestern's top times list in six different events following the regular season ... Is second in the 200 IM and 200 back, third in the 1,000 free, fourth in the 100 free and 200 free, and fifth in the 100 fly ... Swam the third leg on NU's top 400 free relay of the season, earning an NCAA 'B' provisional qualifying time of 3:23.71 at the TYR Invitational (11/20) ... Won three consolation finals at the TYR Invitational, placing ninth overall in the 100 free, 200 back and 200 IM ... Qualified for the title final of the 400 IM and consolation final of the 200 free at the TYR, but was unable to compete in them due to illness ... Won the 1,000 free in a double-dual meet against UIC and North Dakota (11/12) and the 200 IM in a double dual versus Iowa and Harvard (1/21) ... Had seven total top-three finishes during the regular season dual-meet schedule.

**Season Bests:**

**200 free:** 1:51.51  
**200 back:** 2:04.09  
**200 IM:** 2:04.72  
**400 IM:** 4:25.16

**Career Bests:**

**200 IM:** 2:01.22  
**400 IM:** 4:23.55  
**200 back:** 2:03.73  
**200 free:** 1:50.80

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**Megan GOSS**      Sophomore · Free · 5-7  
Brentwood, Tenn./Ravenwood

**2011-12:** Ranks on Northwestern's top times list in four different events following the regular season ... Is first in the 1,000 free, second in the 1,650 free and fifth in the 500 free and 200 breast ... Won the 1,000 free in a dual meet at Illinois (10/21) and the 500 free on NU's winter training trip against Colorado College and Austin College (12/17) ... Compiled seven total top-three finishes in dual meet events during the regular-season schedule ... Finished second in the 1,650 free at the eight-team TYR Invitational (11/20) ... Was fourth in the 500 free at the TYR Invite ... Made the consolation finals at the TYR in the 400 IM and the 200 breast, winning the heat in the 400 IM and taking 16th overall in the 200 breast.

**Season Bests:**

**500 free:** 4:58.35  
**1,000 free:** 10:09.08  
**1,650 free:** 16:47.07  
**400 IM:** 4:24.58  
**200 breast:** 2:23.15

**Career Bests:**

**500 free:** 4:58.12  
**1,000 free:** 10:10.44  
**1,650 free:** 16:41.58  
**200 breast:** 2:21.58

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**Marybeth HALL**      Junior · Fly/IM · 5-7  
Brighton, Mich./Brighton

**2011-12:** Ranks on Northwestern's top times list in three different events following the fall season ... Is second in the 100 fly, third in the 100 free and fifth in the 50 free ... Swam the leadoff leg on Northwestern's top 200 free and 400 free relays, earning an NCAA 'B' provisional qualifying time with the 400 free relay at the TYR Invitational (11/20) ... Owns a pair of dual-meet event wins, finishing first in the 50 free at Illinois (10/21) and in the 100 free versus UIC and North Dakota (11/12) ... Made five total top-three dual meet finishes on the regular season ... Qualified for four consolation finals at the eight-team TYR Invitational (11/18-11/20) ... Took 10th in the 200 fly and 100 free, 11th in the 50 free and 13th in the 100 fly at the TYR Invite.

**Season Bests:**

**50 free:** 23.73  
**100 free:** 51.50  
**100 fly:** 56.89

**Career Bests:**

**100 breast:** 1:04.68  
**100 fly:** 56.00  
**50 free:** 23.41  
**100 free:** 51.36  
**200 IM:** 2:05.55

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## NORTHWESTERN SWIMMING & DIVING • CHAMPIONSHIPS NOTES

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### Shelby JOHNSON

Senior • Spint Free • 5-8  
Wayata, Minn./Wayzata

**2011-12:** Best dual-meet event finish of the regular season was a second-place effort in the 50 free at NU's winter training trip dual against Colorado College and Austin College (12/17) ... Qualified for four bonus finals at the eight-team TYR Invitational (11/18-11/20) ... Finished 19th in the 500 free, 20th in the 200 free and 22nd in the 50 free and 50 fly at the TYR Invite.

**Season Bests:**

**50 free:** 24.15  
**100 free:** 53:21  
**200 free:** 1:54.29  
**100 fly:** 58.79

**Career Bests:**

**50 free:** 23.02  
**100 free:** 50.71  
**200 free:** 1:50.33

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### Rachel KIM

Freshman • Back • 5-3  
Federal Way, Wash./Todd Beamer

**2011-12:** Missed the entirety of the fall season with an injury, making her first collegiate appearance in Northwestern's January 14 double dual meet against Notre Dame and Michigan in Ann Arbor ... Finished fourth in the 100 back in that meet ... Next hit the water January 27-28 in a double dual with No. 18 Iowa and Denver, placing fifth in the 100 back and leading off the Wildcats' best 400 medley relay of the season ... Her leadoff time of 56.88 in that event ranks her second in the 100 back on NU's top times list for the year.

**Career Bests:**

**100 back:** 56.88  
**100 free:** 53.02

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### Meredith KING

Junior • Free • 5-7  
Louisville, Ky./duPont Manual

**2011-12:** Enjoyed a strong regular season, ranking on Northwestern's top times list in five different events ... Is first in the 400 IM and 500 free, second in the 200 fly and third in the 200 free and 100 fly ... Also swam the lead leg of NU's best 800 free relay of the season, which earned an NCAA 'B' provisional qualifying time at the TYR Invitational (11/19) ... Swam an individual NCAA 'B' cut of 4:19.43 to win the 400 IM at the TYR Invitational ... Also won the 500 free and 200 fly at the eight-team TYR Invite ... Had five dual-meet event wins on the year, including a pair of victories in the 200 free at Illinois (10/21) and versus UIC and North Dakota (11/12) ... Also won the 200 fly against Wisconsin (11/11), the 50 free at NU's winter training trip dual (12/17) and the 500 free versus No. 18 Missouri and Denver (1/27) ... Compiled 12 total top-three dual-meet race finishes in the fall ... Qualified for the bonus final of the 50 fly at the TYR, placing 19th overall.

**Season Bests:**

**200 free:** 1:51.02  
**500 free:** 4:52.68  
**200 fly:** 2:01.66  
**400 IM:** 4:19.43

**Career Bests:**

**200 free:** 1:49.55  
**500 free:** 4:49.26  
**200 IM:** 2:06.41  
**400 IM:** 4:17.95  
**200 fly:** 2:00.76

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### Madeleine KLICHOWSKI

Freshman • Back • 5-6  
Chicago, Ill./Loyola Academy

**2011-12:** Ranks fifth on Northwestern's top times list in both backstroke distances following the regular season ... Best dual-meet finish of the regular season was a second-place swim in the 100 back against Colorado College and Austin College on NU's winter training trip (12/17) ... Also had a third-place effort in the 100 back against UIC and North Dakota (11/12) ... Qualified for the consolation final of the 50 back at the eight-team TYR Invitational (11/18-11/20), finishing 15th overall ... Won the bonus final of the 100 back and placed 24th in the 200 back at the TYR Invitational.

**Career Bests:**

**100 back:** 58.33  
**200 back:** 2:05.72

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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### Tori LARSEN

Freshman · Free · 5-5  
Elmhurst, Ill./York Community

**2011-12:** Enjoying a breakout freshman season as a sprinter, ranks second on Northwestern's top times list for the regular season in the 50 free and fifth in the 100 free ... Swam with NU's best 200 free and 400 free relays of the regular season ... Earned an NCAA 'B' provisional qualifying time with the 400 free relay at NU's eight-team TYR Invitational (11/20) ... Won the 50 free in a dual meet versus UIC and North Dakota (11/12) ... Had five total top-three finishes (four in the 50 free) at dual meets this season ... Captured second in the 50 free at the TYR Invitational (11/18) ... Won the TYR Invite bonus final of the 100 free.

**Career Bests:**

**50 free:** 23.31

**100 free:** 51.87

### Cosima LENZ

Sophomore · Diving · 5-3  
Altadena, Calif./Polytechnic School

**2011-12:** Earned career-best scores on both springboards during the fall season, winning both the 1-meter (301.50) and 3-meter (356.91) against Wisconsin (11/11) to win Big Ten Diver of the Week honors on Nov. 15 ... Her 3-meter score against the Badgers is NU's best of the season ... Finished in the top three in every regular-season dual meet 1-meter competition and in five of seven 3-meter events ... Took second on both springboards and won the 5-meter platform at Northwestern's eight-team TYR Invitational (11/18-11/20) ... During winter break, competed in her first international meet at the Camo Invitational in Montreal, Quebec, where she took eighth place on the 10-meter platform.

**Season Bests:**

**1-meter:** 301.50\*

**3-meter:** 356.91\*

**Career Bests:**

**1-meter:** 301.50

**3-meter:** 356.91

**10-meter platform:** 287.75

### Felicitas LENZ

Junior · Diving · 5-3  
Altadena, Calif./Polytechnic School

**2011-12:** Earned career-best scores on both springboards during the regular season ... Recorded a career-best and Northwestern-season-best 318.85 on the 1-meter springboard to win the event at the eight-team TYR Invitational (11/19) ... Had a career-best 355.80 to take second in the 3-meter event versus Wisconsin (11/11) ... Took first or second in every dual-meet event of the season but three, winning seven total times ... Earned Big Ten Diver of the Week honors on Oct. 25 after sweeping both events in a season-opening meet at Illinois (10/21) ... In addition to winning the 1-meter board at the TYR Invitational, also won the 3-meter springboard and took third in the 5-meter platform event at that meet ... During winter break, earned the first medal of her international career with a third-place finish on the 10-meter platform at the Camo Invitational in Montreal, Quebec ... Missed Northwestern's January 21 meet against Iowa and Harvard to compete at the German Senior Nationals, placing sixth in the 3-meter finals and fourth on the 10-meter platform, nearly making it to third.

**Season Bests:**

**1-meter:** 318.85\*

**3-meter:** 355.80\*

**Career Bests:**

**1-meter:** 318.85

**3-meter:** 355.80

**10-meter platform:** 282.40

### Beth LOE

Senior · Distance Free · 5-9  
Upper Arlington, Ohio/Upper Arlington

**2011-12:** Ranks third on Northwestern's top times list in the 1,650 free and fifth in the 500 free following the regular season ... Finished ninth overall in the mile at NU's eight-team TYR Invitational (11/20) ... Has three top-three dual meet finishes on the year, taking second in the 500 free at Illinois (10/21) and third in the same event versus UIC and North Dakota (11/12) ... Also was second in the 1,000 free versus UIC and UND ... Qualified for the bonus final of the 400 IM at the TYR Invite, placing 21st overall.

**Season Bests:**

**200 free:** 1:56.84

**500 free:** 5:03.78

**1,000 free:** 10:22.12

**1,650 free:** 17:24.62

**Career Bests:**

**200 free:** 1:52.09

**500 free:** 4:52.88

**1,000 free:** 10:14.97

**1,650 free:** 16:43.39

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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**Katie McCULLOUGH** Junior · Free/Breast · 5-6  
Grand Rapids, Mich./Forest Hills Central

**2011-12:** Ranks third in the 100 breast and fourth in the 50 free on Northwestern's top times list following the regular season ... Also competed with NU's top 200 free relay of the season ... Swam a then-career-best 23.86 to finish 13th in the 50 free at Northwestern's eight-team TYR Invitational (11/18) ... Qualified for three total consolation finals at the TYR Invite, also taking 10th in the 50 breast and 13th in the 100 breast ... Won the 100 breast during NU's winter training trip dual against Colorado College and Austin College (12/17) ... Had three total top-three dual meet finishes on the year ... Set career-bests in all of her events against Iowa and Harvard (1/21) with a 1:05.53 in the 100 breast, a 23.68 in the 50 free and a 52.30 in the 100 free.

**Season Bests:**

**100 breast:** 1:05.53\*  
**50 free:** 23.68\*  
**100 free:** 52.30\*

**Career Bests:**

**50 free:** 23.68  
**100 free:** 52.55  
**200 free:** 1:56.20  
**500 free:** 5:14.20  
**100 breast:** 1:05.53

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**Valerie NUBBE** Freshman · Free · 5-7  
Huntsville, Ala./Huntsville

**2011-12:** Ranks fifth on Northwestern's top times list for the regular season in the 100 breast ... Won the 100 free and took second in the 200 free at NU's winter training trip dual against Colorado College and Austin College (12/17) ... Qualified for the consolation final of the 200 free at Northwestern's eight-team TYR Invitational (11/18-11/20), finishing 14th overall ... Also made the bonus final at the TYR in three other races, coming in 19th in the 100 free, 21st in the 50 free and 21st in the 50 fly.

**Career Bests:**

**50 free:** 24.15  
**100 free:** 52.59  
**200 free:** 1:53.68  
**100 breast:** 1:08.35

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**Sheila O'NEILL** Senior · Free · 5-9  
Dunwoody, Ga./Marist School

**2011-12:** Prior to her senior season on the Northwestern swimming and diving squad, ran for the first time as a varsity member of the NU women's cross country team in the fall ... Earned an NCAA 'B' provisional qualifying time as a member of NU's top 800 free relay, swimming a 7:22.44 at NU's eight-team TYR Invitational (11/19) ... Ranks fifth in the 200 free on Northwestern's top times list for the regular season ... Swam a career-best 52.40 in the 100 free during the prelims of NU's TYR Invite, eventually finishing 16th overall after swimming in the consolation final ... Also swam in the TYR consolation heat of the 200 free, placing 10th overall ... Qualified for the bonus final of the 200 fly at the TYR Invitational before coming in 22nd ... Best dual meet finishes on the year were a trio of third-place efforts, one in the 50 free against UIC and North Dakota (11/12) and two more in the 50 and 100 free events during NU's winter training trip dual against Colorado College and Austin College (12/17).

**Season Bests:**

**50 free:** 24.42  
**100 free:** 52.40  
**200 free:** 1:51.88  
**500 free:** 5:05.99  
**200 fly:** 2:10.06

**Career Bests:**

**100 free:** 51.62  
**200 free:** 1:51.01  
**500 free:** 5:00.79  
**200 fly:** 2:04.81

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**Kathleen PATTERSON** Senior · Breast/IM · 5-6  
Naperville, Ill./Neuqua Valley

**2011-12:** Ranks on Northwestern's top times list in four different events following the regular season ... Is first in the 200 IM, second in the 100 breast and third in the 200 breast and 400 IM ... Had four dual-meet event victories on the season, winning the 200 IM three times as well as capturing the 200 fly against UIC and North Dakota (11/12) ... Had nine total top-three dual meet event finishes on the year ... Finished second overall in the 100 breast and fourth in the 200 breast at Northwestern's eight-team TYR Invitational (11/18-11/20) ... Qualified for the consolation finals in all three breaststroke events, winning the heat in the 200 while taking 11th in the 50 and 100 ... Also made the consolation final in the 200 fly at the TYR, placing 13th overall.

**Season Bests:**

**100 breast:** 1:05.19  
**200 breast:** 2:20.24  
**200 IM:** 2:04.15  
**400 IM:** 4:23.67

**Career Bests:**

**100 breast:** 1:03.36  
**200 breast:** 2:17.40  
**200 IM:** 2:01.82  
**400 IM:** 4:18.05

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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### Hannah POINTS

Senior · IM · 5-5  
Tualatin, Ore./Tualatin

**2011-12:** Competed in the first meet of the season at Illinois (10/21) before missing the rest of the fall schedule with an injury ... Finished first in all three of her events at that meet, winning the 200 fly, 200 breast and 400 IM ... Appears on Northwestern's top times list for the year in four different events, ranking first in the 200 fly, second in the 200 breast, third in the 200 IM and fourth in the 400 IM ... In addition to her wins in the fall against Illinois, captured the 200 fly against Iowa and Harvard (1/21) ... Totaled nine top-three dual meet finishes during her abbreviated season, taking first or second in the 400 IM every time she swam it.

**Season Bests:**

**200 fly:** 2:01.19  
**200 breast:** 2:19.55  
**200 IM:** 2:05.03  
**400 IM:** 4:23.80

**Career Bests:**

**200 breast:** 2:14.30  
**200 fly:** 2:00.31  
**200 IM:** 2:01.82  
**400 IM:** 4:13.57

### Jackie POWELL

Sophomore · Free/Back · 5-7  
Madison, Wis./James Madison

**2011-12:** Northwestern's top freestyle swimmer of the fall, ranked in the top two of every free race from the 50 to the 1,000 on NU's top times list ... After the regular season, is first in the 100 and 200 free, second in the 500 free, third in the 50 free and fourth in the 1,000 free on NU's top times list ... Also anchored NU's top 200 free, 400 free, 800 free and 400 medley relays of the season ... Earned NCAA 'B' provisional qualifying standards with the 400 and 800 free relays at the TYR Invitational (11/18-11/20) ... Had 12 total top-three dual meet finishes on the season, including wins in the 100 free at Illinois (10/21), the 200 free on NU's training trip (12/17) and against Michigan and Iowa (1/14), and in the 500 free versus UIC and North Dakota (11/12) ... Won both the 100 free and 200 free events at NU's own eight-team TYR Invitational ... Won the TYR Invite consolation final of the 500 free and took 10th in the 50 free.

**Season Bests:**

**50 free:** 23.66  
**100 free:** 50.70  
**200 free:** 1:49.21  
**500 free:** 4:55.87

**Career Bests:**

**50 free:** 23.26  
**100 free:** 50.06  
**200 free:** 1:46.96  
**500 free:** 4:49.68

### Taylor REYNOLDS

Junior · Free · 5-10  
St. Louis, Mo./Webster Groves

**2011-12:** Limited by injury during the fall season ... Competed only in the preliminary heats of the 50 breast at Northwestern's own eight-team TYR Invitational ... After her full return in the winter, finished the regular season ranked first in the 50 free and second in the 100 free on NU's top times list for 2011-12 ... Also anchored Northwestern's top 200 medley relay of the year on January 21 against Iowa and Harvard ... Out of six total dual meet races on the year, Reynolds earned three first places, a second and a third, sweeping the 50 and 100 freestyle races against Iowa and Harvard.

**Season Bests:**

**50 free:** 23.23  
**100 free:** 51.05  
**200 free:** 1:53.56

**Career Bests:**

**50 free:** 23.00  
**100 free:** 50.43  
**200 free:** 1:50.79

### Becca SODERHOLM

Sophomore · Fly/IM/Free · 5-7  
Madison, Wis./Madison East

**2011-12:** Ranks on Northwestern's top times list in four different events following the regular season ... Is second in the 400 IM, third in the 200 fly and fourth in the 200 IM and 100 fly ... In dual meet competition, took second in both the 200 IM and 200 free against UIC and North Dakota (11/12) ... Had four total top-three dual meet event finishes on the season ... Finished third overall in the 400 IM at Northwestern's own eight-team TYR Invitational (11/19) ... Won the consolation final of the 200 fly and finished 18th overall following a bonus final swim in the 200 IM at the TYR Invite ... At AT&T Winter Nationals in Atlanta in December, finished 15th overall in the 400 IM with a career-best and 2012 Olympic Trials long course meters cut time of 4:52.60.

**Season Bests:**

**200 fly:** 2:02.90  
**200 breast:** 2:30.14  
**200 IM:** 2:06.22  
**400 IM:** 4:21.39

**Career Bests:**

**200 fly:** 2:02:25  
**200 IM:** 2:03.57  
**400 IM:** 4:19.98

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## NORTHWESTERN SWIMMING & DIVING · CHAMPIONSHIPS NOTES

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**Erin**  
**SOSDIAN**      Sophomore · Free · 5-10  
The Woodlands, Texas./Woodlands College Prep

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**2011-12:** A standout for Northwestern during the regular season after earning three career-bests with in-season swims, ranks on NU's top times list for the year in six different events ... Is first for the Wildcats in both backstroke distances as well as in the 1,650 free ... Ranks second in the 200 free and 1,000 free, and third in the 500 free for NU ... Also swam with Northwestern's top 800 free relay of the season, earning an NCAA 'B' provisional qualifying time with the squad at the TYR Invitational (11/19) ... Swam career-best times in the 1,650 free (16:43.79) and the 200 free (1:49.57) at NU's own eight-team TYR Invitational, winning the mile and placing second in the 200 free ... Also had a career-best time in the 500 free with a third-place 4:56.07 against Iowa and Harvard (1/21) ... Took fifth overall in the 200 back and 10th in the 100 back at the TYR ... Won the 500 free in a dual meet at Illinois (10/21) and the 1,650 against Denver and No. 18 Missouri (1/28), two of 11 total top-three dual meet event finishes in the regular season.

**Season Bests:**

**200 free:** 1:49.57\*  
**500 free:** 4:56.07\*  
**1,000 free:** 10:13.03\*  
**1,650 free:** 16:43.79\*

**Career Bests:**

**200 free:** 1:49.57  
**500 free:** 4:56.07  
**1,000 free:** 10:13.03  
**1,650 free:** 16:43.79

**Jenny**  
**WILSON**      Senior · Breast · 5-5  
Bethesda, Md./Sidwell Friends School

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**2011-12:** Northwestern's top breaststroker, ranks first on the Wildcats' top times list after the regular season in both distances ... Had five total individual breaststroke NCAA 'B' provisional qualifying times during the regular season ... Swam NCAA 'B' provisional qualifying cuts of 1:02.42 in the 100 and 2:15.18 in the 200 to win both events at Northwestern's own eight-team TYR Invitational (11/18-11/20) ... Also was second in the 50 breast at the TYR ... Swam the breast leg on NU's top 200 medley and 400 medley relays of the year ... Has finished in the top-three in every dual meet race of the season, earning three wins in the 100 breast and three more in the 200 breast ... Swam dual-meet breaststroke 'B' cuts in both distances against Michigan and Notre Dame (1/14) and in the 100 against Iowa and Harvard (1/21) ... At the AT&T Winter Nationals in Atlanta in December, qualified for the 'B' final in both the 100 and 200 breast, picking up 2012 Olympic Trial cuts in both races at the long course meters meet.

**Season Bests:**

**100 breast:** 1:02.11  
**200 breast:** 2:15.18  
**200 IM:** 2:08.70

**Career Bests:**

**100 breast:** 1:01.31  
**200 breast:** 2:13.14  
**200 IM:** 2:07.02

# 2011-12 Northwestern Women's Swimming and Diving Top Times (Jan. 28, 2012)

## 50 Free

NU Record: 22.26 (Andrea Hupman, '08)

Taylor Reynolds	23.23	Denver/Missouri	01/27/12
Tori Larsen	23.31	TYR Invitational	11/18/11
Jackie Powell	23.66	TYR Invitational	11/18/11
Katie McCullough	23.68	Iowa/Harvard	01/21/12
Marybeth Hall	23.73	Purdue	11/05/11

## 100 Free

NU Record: 48.53 (Andrea Hupman, '08)

Jackie Powell	50.70	TYR Invitational	11/20/11
Taylor Reynolds	51.05*	Denver/Missouri	01/28/12
Marybeth Hall	51.50*	TYR Invitational	11/20/11
Jacquie Godbe	51.53	TYR Invitational	11/20/11
Tori Larsen	51.87	TYR Invitational	11/20/11

## 200 Free

NU Record: 1:44.89 (Andrea Hupman, '08)

Jackie Powell	1:49.21	TYR Invitational	11/19/11
Erin Sosdian	1:49.57	TYR Invitational	11/19/11
Meredith King	1:51.02*	TYR Invitational	11/19/11
Jacquie Godbe	1:51.51	ND/Michigan	01/14/12
Sheila O'Neill	1:51.88	TYR Invitational	11/19/11

## 500 Free

NU Record: 4:41.10 (Ellen Grigg, '09)

Meredith King	4:52.68	TYR Invitational	11/18/11
Jackie Powell	4:55.87	TYR Invitational	11/18/11
Erin Sosdian	4:56.07	Iowa/Harvard	01/21/12
Lauren Clifford	4:57.66	TYR Invitational	11/18/11
Megan Goss	4:58.35	TYR Invitational	11/18/11

## 1,000 Free

NU Record: 9:49.61# (Ellen Grigg, '09)

Megan Goss	10:09.08	Iowa/Harvard	01/21/12
Erin Sosdian	10:13.03	ND/Michigan	01/14/12
Jacquie Godbe	10:13.81	Iowa/Harvard	01/21/12
Jackie Powell	10:19.60	Illinois	10/21/11
Beth Loe	10:22.12	ND/Michigan	01/14/12

## 1,650 Free

NU Record: 16:10.92 (Ellen Grigg, '09)

Erin Sosdian	16:43.79	TYR Invitational	11/20/11
Megan Goss	16:47.07	TYR Invitational	11/20/11
Beth Loe	17:24.62	TYR Invitational	11/20/11

## 100 Back

NU Record: 54.01 (Liza Engstrom, '11)

Erin Sosdian	56.88	TYR Invitational	11/19/11
Rachel Kim	56.88*	Denver/Missouri	01/27/12
Meghan Cavanaugh	57.77	TYR Invitational	11/19/11
Meaghan Fenn	58.29*	TYR Invitational	11/18/11
Madeleine Klichowski	58.33*	Denver/Missouri	01/27/12

## 200 Back

NU Record: 1:56.13 (Genny Szymanski, '09)

Erin Sosdian	2:03.88	TYR Invitational	11/20/11
Jacquie Godbe	2:04.09	TYR Invitational	11/20/11
Meaghan Fenn	2:04.26	TYR Invitational	11/20/11
Lauren Clifford	2:05.32	ND/Michigan	01/14/12
Madeleine Klichowski	2:05.72	Denver/Missouri	01/28/12

## 100 Breast

NU Record: 59.84 (Amy Balcerzak, '00)

Jenny Wilson	1:02.11B	ND/Michigan	01/14/12
Kathleen Patterson	1:05.19	Iowa/Harvard	01/21/12
Katie McCullough	1:05.53	Iowa/Harvard	01/21/12
Meaghan Fenn	1:07.79	Iowa/Harvard	01/21/12
Valerie Nubbe	1:08.35	UIC/North Dakota	11/12/11

## 200 Breast

NU Record: 2:12.30 (Amy Balcerzak, '99)

Jenny Wilson	2:15.18B	TYR Invitational	11/20/11
Hannah Points	2:19.55	ND/Michigan	01/14/12
Kathleen Patterson	2:20.24	TYR Invitational	11/20/11
Meaghan Fenn	2:22.08	TYR Invitational	11/20/11
Megan Goss	2:23.15	TYR Invitational	11/20/11

## 100 Fly

NU Record: 53.51 (Katie Braun, '08)

Meghan Cavanaugh	55.60	TYR Invitational	11/19/11
Marybeth Hall	56.89	Wisconsin	11/11/11
Meredith King	58.81	UIC/North Dakota	11/12/11
Becca Soderholm	58.97	UIC/North Dakota	11/12/11
Jacquie Godbe	59.08	UIC/North Dakota	11/12/11

## 200 Fly

NU Record: 1:58.51 (Lori Holmes, '89)

Hannah Points	2:01.19	Iowa/Harvard	01/21/12
Meredith King	2:01.66	TYR Invitational	11/20/11
Becca Soderholm	2:02.90	TYR Invitational	11/20/11
Meghan Cavanaugh	2:03.80	ND/Michigan	01/14/12
Lauren Clifford	2:04.79	ND/Michigan	01/14/12

## 200 IM

NU Record: 1:59.74 (Amy Balcerzak, '00)

Kathleen Patterson	2:04.15	TYR Invitational	11/18/11
Jacquie Godbe	2:04.72	TYR Invitational	11/18/11
Hannah Points	2:05.03	Iowa/Harvard	01/21/12
Becca Soderholm	2:06.22	TYR Invitational	11/18/11
Meaghan Fenn	2:06.32	TYR Invitational	11/18/11

## 400 IM

NU Record: 4:13.57 (Hannah Points, '11)

Meredith King	4:19.43B	TYR Invitational	11/19/11
Becca Soderholm	4:21.39	TYR Invitational	11/19/11
Kathleen Patterson	4:23.67	TYR Invitational	11/19/11
Hannah Points	4:23.80	ND/Michigan	01/14/12
Lauren Clifford	4:24.39	Denver/Missouri	01/28/12

## 200 Free Relay

NU Record: 1:29.98 (Lightbourne, Wong, Engstrom, Johnson, '09)

Hall, Larsen,	1:33.06	
McCullough, Powell	TYR Invitational	11/18/11

## 400 Free Relay

NU Record: 3:18.20 (Hupman, Wong, Lightbourne, Shishkoff, '08)

Hall, Larsen,	3:23.71B	
Godbe, Powell	TYR Invitational	11/20/11

## 800 Free Relay

NU Record: 7:08.52 (Grigg, Wong, Hupman, Shishkoff, '08)

King, Sosdian,	7:22.44B	
O'Neill, Powell	TYR Invitational	11/19/11

## 200 Medley Relay

NU Record: 1:40.02 (Diezi, Balcerzak, Adams, Allen, '00)

Kim, Wilson,	1:42.79	
Cavanaugh, Reynolds	Iowa/Harvard	01/21/12

## 400 Medley Relay

NU Record: 3:37.99 (Bohn, Balcerzak, Adams, Allen, '99)

Fenn, Wilson,	3:45.47	
Cavanaugh, Powell	TYR Invitational	11/18/11

## 1-meter Diving

Felicitas Lenz	318.85	TYR Invitational	11/19/11
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## 3-meter Diving

Cosima Lenz	356.91	Wisconsin	11/11/11
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## 10-meter Platform Diving

Not yet competed

\*Relay leadoff

A' NCAA automatic qualifying standard

#1,650 split time

'B' NCAA B qualifying standard



## BIG TEN CHAMPIONS

**1984**—Martha Jahn (200, 500 freestyle, 200 butterfly), Ginni Vath (200 individual medley); Ginni Vath, Ann Lewis, Barb Garland, Martha Jahn (800 freestyle relay)

**1986**—Barb Harris (200 backstroke)

**1987**—Barb Harris (200 backstroke); Paige Wright, Lori Holmes, Ann Lewis, Barb Harris (800 free relay)

**1988**—Barb Harris (200 backstroke), Marilyn Peck (1650 freestyle), Kim Tesch (100 backstroke); Lori Holmes, Marilyn Peck, Paige Wright, Barb Harris (800 free relay); Barb Harris, Amy Charnes, Lori Holmes, Kim Tesch (400 medley relay)

**1989**—Lori Holmes (200 freestyle, 100, 200 butterfly); Lori Holmes, Nadine Takai, Marilyn Peck, Paige Wright (800 free relay)

**1990**—Lori Holmes (100 butterfly), Marilyn Peck (200 free)

**1991**—Kim Lloyd, Amy Charnes, Kim Barnes, Susan Donahoe (200 medley relay)

**1992**—Christy Wicke (100 butterfly)

**1993**—Kim Paton (200 freestyle), Christy Wicke (100 butterfly); Susan Schaars, Susan Donahoe, Meredith Booker, Lynn Kohl (200 free relay); Kim Paton, Susan Donahoe, Meredith Booker, Lynn Kohl (400 free relay); Kim Paton, Susan Donahoe, Meredith Booker, Lynn Kohl (800 free relay)

**1994**—Kim Paton (100, 200, 500 freestyle), Christy Wicke (100 butterfly); Susan Schaars, Susan Donahoe, Meredith Booker, Lynn Kohl (200 free relay); Kim Paton, Susan Donahoe, Meredith Booker, Lynn Kohl (400 free relay); Kim Paton, Meredith Booker, Melissa Nott, Lynn Kohl (800 free relay)

**1995**—Christy Wicke (100 butterfly); Melissa Nott, Susan Schaars, Meredith Booker, Kim Paton (400 free relay)

**1996**—Margaret Brandenstein (100 backstroke)

**1997**—Cathy Lundin (200 butterfly)

**1999**—Amy Balcerzak (100, 200 breaststroke), Tashy Bohm (200 backstroke); Courtney Allen, Lauren Moore, Allyson Bowman, Dominique Diezi (200 free relay); Dominique Diezi, Amy Balcerzak, Cathy Lundin, Courtney Allen (400 medley relay)

**2000**—Merritt Adams (200 butterfly), Courtney Allen (50 freestyle), Amy Balcerzak (100, 200 breaststroke), Tashy Bohm (200 backstroke); Dominique Diezi, Amy Balcerzak, Merritt Adams, Courtney Allen (200 medley relay)

**2001**—Tashy Bohm (200 backstroke), Vicky West (1650 freestyle)

**2002**—Merritt Adams (200 butterfly)

**2006**—Chelsea Davis (3-meter diving)

**2008**—Andrea Hupman (100, 200 free)

## ALL-BIG TEN

**1984**—Barb Garland, Martha Jahn, Ann Lewis, Ginni Vath

**1985**—Ann Lewis\*

**1986**—Barb Harris, Ann Lewis

**1987**—Barb Harris, Lori Holmes, Ann Lewis, Paige Wright

**1988**—Amy Charnes, Barb Harris, Lori Holmes, Marilyn Peck, Kim Tesch, Paige Wright

**1989**—Lori Holmes, Holly Hutton, Marilyn Peck, Nadine Takai, Paige Wright

**1990**—Lori Holmes, Marilyn Peck

**1991**—Kim Barnes, Susan Donahoe, Kim Lloyd

**1992**—Christy Wicke

**1993**—Meredith Booker, Susan Donahoe, Nicole Dreessen\*, Lynn Kohl, Kim Paton, Susan Schaars, Christy Wicke, Laura Yenglin\*

**1994**—Meredith Booker, Susan Donahoe, Lynn Kohl, Melissa Nott, Kim Paton, Christy Wicke

**1995**—Meredith Booker, Melissa Nott, Kim Paton, Susan Schaars, Christy Wicke

**1996**—Meredith Booker, Margaret Brandenstein

**1997**—Cathy Lundin, Amy Balcerzak\*, Dominique Diezi\*

**1999**—Courtney Allen, Amy Balcerzak, Tashy Bohm, Allyson Bowman, Dominique Diezi, Cathy Lundin, Lauren Moore

**2000**—Merritt Adams, Courtney Allen, Amy Balcerzak, Tashy Bohm, Dominique Diezi

**2001**—Tashy Bohm, Rachel Johnson\*, Vicky West

**2002**—Merritt Adams

**2005**—Christy Olin, Andrea Hupman

**2006**—Chelsea Davis, Hayley Fry, Andrea Hupman

**2007**—Andrea Hupman, Jenn Kocsis, Kassia Shishkoff, Emily Wong

**2008**—Andrea Hupman

\* at-large selections

## NORTHWESTERN'S ALL-TIME RECORDS

Event	Name	Time	Year
50 Freestyle	Andrea Hupman	22.26	2008
100 Freestyle	Andrea Hupman	48.53	2008
200 Freestyle	Andrea Hupman	1:44.89	2008
500 Freestyle	Ellen Grigg	4:41.10	2009
1,000 Freestyle	Ellen Grigg	9:49.61	2009
1,650 Freestyle	Ellen Grigg	16:10.92	2009
100 Backstroke	Liza Engstrom	54.01	2011
200 Backstroke	Genny Szymanski	1:56.13	2009
100 Breaststroke	Amy Balcerzak	59.84*	2000
200 Breaststroke	Amy Balcerzak	2:12.30	1999
100 Butterfly	Katie Braun	53.51	2008
200 Butterfly	Lori Holmes	1:58.51	1989
200 IM	Amy Balcerzak	1:59.74*	2000
400 IM	<b>Hannah Points</b>	4:13.57	2011
200 Medley Relay	Diezi, Balcerzak, Adams, Allen	1:40.02*	2000
400 Medley Relay	Bohm, Balcerzak, Adams, Allen	3:37.99*	2000
200 Free Relay	Lightbourne, Wong, Engstrom, <b>Johnson</b>	1:29.98	2009
400 Free Relay	Hupman, Wong, Lightbourne, Shishkoff	3:18.20	2008
800 Free Relay	Grigg, Wong, Hupman, Shishkoff	7:08.52	2008

**Bold** indicates current student-athletes