

# 2009-10 WILDCAT WRESTLING SCHEDULE

## November

7	Eastern Michigan Open .....	All Day
14	NORTHWESTERN DUALS .....	All Day (Purdue, St. Cloud State, Stanford)
22	at Eastern Michigan .....	1 p.m.

## December

3	at Northern Illinois.....	7 p.m.
17	at Cleveland State .....	6 p.m.
29-30	MIDLANDS CHAMPIONSHIPS .....	All Day

## January

9-10	Cliff Keen National Duals.....	All Day (Cedar Falls, Iowa)
16	Lonestar Duals .....	All Day (Air Force, Brown, Harvard)
22	SOUTHERN ILLINOIS .....	7 p.m. (Alumni Weekend)
24	INDIANA * .....	2 p.m. (Alumni Weekend)
31	ILLINOIS * .....	2 p.m.

## February

5	at Penn State * .....	6 p.m.
7	at Ohio State * .....	1 p.m.
12	at Iowa * .....	7 p.m.
19	at Wisconsin * .....	7 p.m.
21	MICHIGAN * .....	5 p.m.

## March

6-7	Big Ten Championships.....	All Day Hosted by Michigan
18-20	NCAA Championships .....	All Day Omaha, Neb.

Home matches in ALL CAPS

\* Indicates Big Ten match

[www.NUwrestlingcamps.com](http://www.NUwrestlingcamps.com)



Northwestern University Wrestling Takedown Club  
1501 Central Street  
Evanston, IL 60208

# Northwestern Wrestling Coaches Clinic

## Sunday, Nov. 1, 2009

THIS CLINIC IS OPEN TO ALL COACHES OF  
IHSA, JUNIOR HIGH AND  
GRADE SCHOOL WRESTLERS

Hosted by Conant High School

700 EAST COUGAR TRAIL  
HOFFMAN ESTATES, ILL 60194

—NORTHWESTERN WRESTLING—

HOME OF BACK-TO-BACK-TO-BACK  
INDIVIDUAL NCAA CHAMPIONS

Featured Clinician:  
**JAKE HERBERT**

WORLD SILVER MEDALIST  
HODGE TROPHY WINNER  
TWO-TIME NCAA CHAMP



- Silver medalist for US at '09 FILA World Wrestling Championships in Herning, Denmark (84 kg)
- 2009 US Open Champion
- 2009 Hodge Trophy Winner
- 2009 BIG TEN Athlete of the Year
- 4X All-American
- 3X Big Ten Tournament Champion
- Big Ten Wrestler of the Year
- 3X Midlands Champion
- 135-4 Career Record
- 34-0 as a senior
- Ended career on 66-match winning streak
- University National Freestyle Champion

**Sunday, Nov. 1, 2009**  
**COACHES CLINIC**  
**CONANT HIGH SCHOOL**  
**SCHEDULE:**

**9:45 a.m.:**

- Registration

**10 a.m.-12 p.m.:**

- Two sessions of instruction/technique (VIDEO TAPING IS PERMITTED)

**12:30 p.m.:**

- Post-clinic social with NU coaches
- WIN PRIZES and Northwestern gear in a raffle
- At 1 p.m. watch the Bears vs. Browns at Papa's Pizza Palace (803 East Nerge Road, Roselle IL. 60172)



2008 NCAA champion heavyweight Dustin Fox

**NORTHWESTERN**  
**COACHING STAFF**



**TIM CYSEWSKI:** Recently named the 2008 USA Wrestling Junior and University FILA Person of the Year – Coached Jake Herbert to an NCAA Title in 2007 and 2009...Also in 2009, helped Brandon Precin earn his second NCAA All-American status with a third place finish at 125 Coached Dustin Fox to an NCAA championships in 2008...In 2007, the Wildcats earned the 4th Place trophy at the NCAA Championships Cysewski enters his 19th season as Northwestern's head wrestling coach...Under Cysewski's direction, 27 Wildcats have earned All-American honors and 83 wrestlers have qualified for the NCAA Championships...has produced four national champions and twelve Big Ten champions, in his rookie year as head coach he led Northwestern to a fourth-place finish at the NCAA Championships and a third-place finish in the Big Ten...competed for the University of Iowa, 4X National Freestyle Champion, 2X OW, 5X Midlands Champion, 2X World Team coach, he was also selected as the 2006 NWCA All-Star coach



**DREW PARIANO:** Associate Head Wrestling Coach at Northwestern...Named NWCA National Assistant Coach of the year (2007)...Former head coach at Cornell College (Iowa)...three time NCAA Qualifier and Midlands Tournament place-winner for Northwestern...Named the 2006 Ohio Junior National Dual team coach...three time Ohio state champion and two-time Outstanding Wrestler...earned Junior National, Asics, USA Wrestling and Amateur Wrestling News High School All-American awards while competing for Fairview High School



**MATT STORNILO:** Assistant Wrestling Coach at Northwestern...Formerly the coach at Old Dominion where he worked closely with Ryan Williams, the 2009 NCAA finalist at 149 pounds...Two-time All-American while wrestling at Oklahoma...2007 Big XII champion...Began his career at Penn State where he reached the finals of the Big Ten Championships...Qualified for the NCAA Championships all four years he competed...Entered NCAA Championships as the nation's No. 2-ranked wrestler at 149 pounds as a senior...In high school, wrestled to an undefeated senior year and state championship as a senior at State College Area High School (Pa.).



**WILL DURKEE:** Assistant Wrestling Coach at Northwestern... During his collegiate career, Will was an NCAA Qualifier for Northwestern (2006) and was also a three year starter at the University of Virginia. State Champion in Pennsylvania (Shadyside Academy), a high school All-American, and completed an undefeated 47-0 senior season...Graduated from University of Virginia in 2006

**Registration Form**

Name(s): \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email (Required): \_\_\_\_\_

Cost: \$50 for one coach

\$45 for each additional coach

*\* Note: Please make checks payable to Northwestern University.*

\$60 for registering at the door

**To preregister, have your envelope postmarked by 10/27/09, call Tim Cysewski at 847-491-4637 or fax form to 847-467-0295. Please send form and payment to:**

**NORTHWESTERN WRESTLING**  
**1501 Central Street**  
**Evanston, IL 60208**

For more information from NU, contact:

Tim Cysewski: 847-491-4637  
 Drew Pariano: a-pariano@northwestern.edu

For more information from Conant, contact:

John Kane or Chad Hay: 847-755-3770

*\* Per IHSA rules, high school wrestlers are not eligible to attend this event!*