



# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### Season's Top Stories

- Senior **Sheila Reid** was the individual champion at the NCAA Championships for the second straight season. She became the sixth woman ever, and the third from Villanova, to win multiple individual titles in cross country. The Wildcats have had nine individual champions all-time, with no other school having more than three individual champions. Reid earned All-America honors for the third time in her career in cross country and the 11th time overall (three cross country, five indoor track, three outdoor track).
- Villanova finished third as a team at the NCAA Championships to earn a spot on the podium (top four team finish) for the third consecutive year. The streak of podium appearances is the longest for the program since an eight-year streak from 1989-96, during which the Wildcats won six consecutive national titles from 1989-94. This year the team's third place finish was led by All-American performances from seniors **Sheila Reid** and **Bogdana Mimic**.
- **Sheila Reid** won all four of her races during the season and repeated as the individual champion at the NCAA Championships, the NCAA Mid-Atlantic Regional and the BIG EAST Championships. Dating back to last season Reid won eight consecutive races to close out her collegiate cross country career and since the 2009 campaign was the individual winner in 12 of her last 14 races.
- Head coach **Gina Procaccio** and senior **Sheila Reid** were named the Mid-Atlantic Region Coach of the Year and Athlete of the Year, respectively. For each it is the third straight season they have received this honor. A Villanova runner has now been the Athlete of the Year in the region four consecutive years. Procaccio has won nine Coach of the Year awards in cross country over the last three seasons, including four BIG EAST Coach of the Year awards, three straight Mid-Atlantic Region honors as well as being named the 2009 and 2010 National Coach of the Year.
- Villanova won its fourth consecutive BIG EAST title and also claimed a share of the NCAA Mid-Atlantic Regional championship for the third straight year. The four conference titles since 2008 extend the Wildcats record of having won 14 BIG EAST championships in cross country.
- The trio of senior **Sheila Reid**, senior **Bogdana Mimic** and sophomore **Nicky Akande** each garnered All-BIG EAST honors at the conference meet for finishing in the top 15 individually. Reid and Mimic finished first and second, respectively, to help secure the team's fourth straight championship.
- One weekend after the BIG EAST Championships the Wildcats were honored with a 30-story high congratulatory ad that was displayed on the American Eagle Outfitters building in New York's famed Times Square. The ad was sponsored by American Eagle Outfitters, a BIG EAST partner, and was part of the playlist of ads on the building from November 4-6, where it was seen once an hour and could be viewed for 15 seconds each time it displayed.
- At the NCAA Mid-Atlantic Regional the Wildcats top four runners were each named All-Mid Atlantic Region performers for finishing in the top 25 individually. The quartet of honorees includes seniors **Sheila Reid** and **Bogdana Mimic** as well as sophomores **Nicky Akande** and **Emily Lipari**.
- Villanova was ranked in the top five in the country in every national Top 30 poll released by the United States Track & Field and Cross Country Coaches Association (USTFCCCA). The Wildcats were No. 1 for two weeks in early October and entered the NCAA Championships meet as the nation's No. 2 ranked squad.

### 2011 SCHEDULE AND RESULTS

Date	Event	Outcome
Sept. 22	Main Line Invitational (@)	no team scoring
Sept. 30	Paul Short Run (&)	2nd of 45
Oct. 14	Wisconsin adidas Invitational (\$)	4th of 44
Oct. 21	Haverford Invitational (@)	no team scoring
Oct. 29	BIG EAST Championships (*)	1st of 16
Nov. 12	NCAA Mid-Atlantic Regional (!)	tie-1st of 29
Nov. 21	NCAA Championships (#)	3rd of 31

  

(@)	Haverford College (Haverford, Pa.)
(&)	Lehigh Cross Country Course (Bethlehem, Pa.)
(\$)	Thomas Zimmer Championship Course (Madison, Wis.)
(*)	E.P. Tom Sawyer State Park (Louisville, Ky.)
(!)	UMES Cross Country Course (Princess Anne, Md.)
(^)	Van Cortlandt Park (Bronx, N.Y.)
(#)	LaVern Gibson Championship Course (Terre Haute, Ind.)

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# Villanova.com

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## 2011 SEASON IN REVIEW

### Villanova Roster

<u>Name</u>	<u>Class/Eligibility</u>	<u>Hometown</u>	<u>High School</u>
Nicky Akande	Sophomore/Sophomore	Lawrenceville, Ga.	Collins Hill
Mary Bohi	Sophomore/Sophomore	Shamong, N.J.	Seneca
Amanda Borroughs	Freshman/Freshman	Saratoga Springs, N.Y.	Saratoga Springs
Shannon Browne	Junior/Junior	Staten Island, N.Y.	Curtis
Courtney Chapman	Freshman/Freshman	Fayetteville, N.Y.	Fayetteville-Manlius
Summer Cook	Junior/Junior	Thornton, Colo.	Mountain Range
Anna Francis	Junior/Junior	Brookhaven, N.Y.	Bellport
Sydney Harris	Freshman/Freshman	Colorado Springs, Colo.	St. Mary's
Callie Hogan	Graduate Student/Senior	Bay Shore, N.Y.	Bay Shore
Emily Lipari	Sophomore/Sophomore	Greenvale, N.Y.	Roslyn
Bogdana Mimic	Senior/Senior	Pancevo, Serbia	Gimnazija Uros Predic
Ariann Neutts	Junior/Sophomore	Succasunna, N.J.	Roxbury
Sheila Reid	Senior/Senior	Newmarket, Ont.	Sacred Heart Catholic
Stephanie Schappert	Freshman/Freshman	Delray Beach, Fla.	Pope John Paul II
Meghan Smith	Junior/Junior	Newark, Del.	Padua
Leanne Tucker	Freshman/Freshman	Tewksbury, Mass.	Tewksbury Memorial
Megan Venables	Freshman/Freshman	Laurel Springs, N.J.	Highland Regional

**Head Coach:** Gina Procaccio (Villanova '87) -- 12th Season at Villanova (12th Overall)

**Assistant Coach:** Meghan Shaner (Villanova '01) - Sixth Season at Villanova (Sixth Overall)



### 2011 Villanova Women's Cross Country

**Front Row (Left to Right):** Ariann Neutts, Sydney Harris, Mary Bohi, Emily Lipari, Callie Hogan

**Second Row (Left to Right):** Anna Francis, Bogdana Mimic, Sheila Reid, Shannon Browne, Leanne Tucker

**Back Row (Left to Right):** Meghan Smith, Stephanie Schappert, Courtney Chapman, Nicky Akande, Megan Venables, Amanda Borroughs



*Villanova Women's Cross Country: Nine National Championships ... Eight Individual Champions*





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### 2011 SEASON NEWS AND NOTES

#### November 16: Reid and Procaccio Repeat as Top Regional Athlete and Coach

In voting conducted among all Division I coaches Villanova senior **Sheila Reid (Newmarket, Ont.)** and head coach **Gina Procaccio** were named the Mid-Atlantic Region Athlete of the Year and Coach of the Year, respectively. For both Reid and Procaccio this marks the third consecutive year that they have earned top honors in the region.

Reid was the individual champion at the NCAA Mid-Atlantic Regional race last weekend, where she came in first out of 199 runners and helped the Wildcats claim a share of the team title. Reid has been the individual champion on three years running and has won seven consecutive races overall dating back to last season.

At the Mid-Atlantic regional race on the UMES Cross Country Course last Saturday afternoon Reid crossed the finish line in 21:32.7 in an original 6K race that included an extra 465 meters due to a reroute on the course. Reid also captured her third consecutive BIG EAST individual crown earlier this year and was the individual champion at the Wisconsin adidas Invitational last month.

Procaccio repeats as Coach of the Year in the Mid-Atlantic Region after leading Villanova to its fourth consecutive BIG EAST title as well as a tie for first place in the team standings at the Mid-Atlantic Regional meet. The conference championship is the 14th team title in cross country for the Wildcats, who extended their record of having won the most championships of any BIG EAST program.

Villanova also turned in a strong performance at the Mid-Atlantic Regional as Reid, senior Bogdana Mimic (Pancevo, Serbia) and sophomores Nicky Akande (Lawrenceville, Ga.) and Emily Lipari (Greenvale, N.Y.) all received All-Mid Atlantic Region honors.

Procaccio led the Wildcats to consecutive national championships in 2009 and 2010 and Villanova has been ranked in the top five in the nation throughout this season, including a current No. 2 national ranking entering the NCAA Championships meet this coming Monday afternoon.

Since the start of the 2008 season Procaccio has now won nine coaching awards just in cross country. Her list of honors includes four BIG EAST Coach of the Year awards, three straight Mid-Atlantic Region Coach of the Year honors as well as being the 2009 and 2010 National Coach of the Year.

**Note:** A Villanova athlete has been named the Mid-Atlantic Region Athlete of the Year in each of the past four seasons ... Prior to the current three-year run that Reid is on, Frances Koons earned top athlete honors during the 2008 season.

#### November 3: Cross Country Teams Recognized in Times Square Display

One week after sweeping the men's and women's team titles at the BIG EAST Championships the Wildcats had congratulatory ads in their honor appear on the American Eagle Outfitters building in New York's world famous Times Square from November 4-6. The ads were seen at 1551-1555 Broadway on the corner of 46th Street in the heart of Manhattan.

American Eagle Outfitters (AEO) is a BIG EAST sponsor and for the second consecutive year will recognize each of the league's team champions during the year with congratulatory ads in Times Square. The display on the AEO building is more than 30 stories high.

Separate ads ran for both the men's and women's teams. The congratulatory banners were a part of the playlist of ads on the AEO building for 48 hours, starting on Friday, November 4 and continuing through Sunday, November 6. The ads appeared once per hour and could be viewed for 15 seconds each time they were displayed.



#### November 1: Wildcats Ranked No. 2 in the Nation

After winning its fourth consecutive BIG EAST Championship three days earlier Villanova was ranked No. 2 in the nation in the Top 30 poll released by the United States Track & Field and Cross Country Coaches Association (USTFCCCA). The Wildcats had been ranked No. 4 for two weeks prior to the conference meet and were ranked No. 1 for two weeks earlier in the year.

Villanova finished with 54 points at the BIG EAST Championships to beat out Providence and Georgetown for the team title. Senior **Sheila Reid (Newmarket, Ont.)** was the individual champion at the conference meet for the third straight year and the top three runners for the Wildcats all received All-BIG EAST honors. Reid was followed in second place by senior **Bogdana Mimic (Pancevo, Serbia)**, while sophomore **Nicky Akande (Lawrenceville, Ga.)** placed 12th.

#### October 18: Reid Named BIG EAST Female Athlete of the Week

Senior **Sheila Reid (Newmarket, Ont.)** was named the BIG EAST Female Cross Country Athlete of the Week in an announcement by the conference office. Reid competed for the first time this season and was the individual winner at the Wisconsin adidas Invitational.

This is the third time in Reid's career that she has received weekly cross country honors from the league. She won the 6,000 meter women's race at Wisconsin in a time of 20:00 to register the second-fastest 6K cross country time of her collegiate career. Reid came in first out of 305 runners on the Thomas Zimmer Championship Cross Country Course.

Reid's victory was her fifth consecutive first place finish and her ninth win in 11 starts going back to the beginning of the 2009 season. In her first race of the 2011 campaign she emerged as the winner of an event that featured seven of the nation's top-10 ranked teams and a total of 19 nationally-ranked squads overall.

Villanova came in fourth out of 44 teams at the Wisconsin meet.

**NOTE:** The other times Reid was named BIG EAST Female Cross Country Athlete of the Week came on October 5, 2009 and October 18, 2010.





## VILLANOVA WOMEN'S CROSS COUNTRY



### 2011 SEASON IN REVIEW

#### 2011 SEASON NEWS AND NOTES

##### **October 4: Wildcats Move Up to No. 1 in National Rankings**

In the new national poll released by the United States Track & Field and Cross Country Coaches Association (USTFCCCA) on October 4, Villanova was ranked No. 1 in the nation for the first time this season. The Wildcats were one of three BIG EAST squads ranked in the top five and one of six conference teams in the top 30 of the rankings.

Villanova competed in its first scored meet of the season on September 30 at the Paul Short Run and finished second out of 45 teams in the Women's Gold race. Senior **Bogdana Mimic (Pancevo, Serbia)** was the individual champion.

In addition to ascending to the top of the national rankings the Wildcats also moved up to the top spot of the Mid-Atlantic Region poll, after being No. 2 in the region each week since the preseason. The team had also been ranked No. 5 in the national polls since the preseason.

The other BIG EAST teams in the top 30 poll included Providence (No. 2), Georgetown (No. 5), Syracuse (No. 8), West Virginia (No. 19) and Notre Dame (No. 25).

##### **October 4: Bogdana Mimic Named BIG EAST Female Athlete of the Week**

Senior **Bogdana Mimic (Pancevo, Serbia)** was named the BIG EAST Female Cross Country Athlete of the Week for the period of September 26-October 2. In her first race of the season Mimic was the individual champion of the Women's Gold race at the Paul Short Run.

Mimic covered the 6K course at Lehigh in a time of 20:10 and won the race by nine seconds on a sunny and hot day. Her winning time was the second-fastest of her collegiate career on a 6K course and marked Mimic's first individual victory in cross country.

Thanks to her first place finish Villanova placed second out of 45 teams in the Women's Gold race in the team's first scored meet of the season. The strong result helped the Wildcats move up one spot to No. 1 in the USTFCCCA Mid-Atlantic Region rankings, the first time this season that Villanova reached the top spot.

During her Wildcat cross country and track career Mimic is a four-time All-American, including twice in cross country (2009, 2010) while helping lead Villanova to national championships in each of the last two seasons. In cross country she is also a three-time All-BIG EAST and three-time All-Mid Atlantic Region selection.

##### **August 30: Wildcats Begin Season Ranked Fifth in the Nation**

When the 2011 season began Villanova was ranked No. 5 in the nation and No. 2 in the Mid-Atlantic Region by the USTFCCCA, which released its preseason polls in late August. The Wildcats were one of five BIG EAST squads to earn a preseason national ranking.

Villanova returns three of its top five runners from last year's national title squad, including seniors **Sheila Reid** and **Bogdana Mimic** and sophomore **Emily Lipari**.

Also among the returning runners for Villanova are junior **Ariann Neutts (Succasunna, N.J.)** and senior **Callie Hogan (Bay Shore, N.Y.)**. Sophomore **Nicky Akande (Lawrenceville, Ga.)** is also among the returnees who figure to contribute to the team during the season.

In all, the Wildcats roster includes 11 returning student-athletes and six incoming freshmen.

The freshman class includes **Amanda Borroughs (Saratoga Springs, N.Y.)**, **Courtney Chapman (Fayetteville, N.Y.)**, **Sydney Harris (Colorado Springs, Colo.)**, **Stephanie Schappert (Delray Beach, Fla.)**, **Leanne Tucker (Tewksbury, Mass.)** and **Megan Venables (Laurel Springs, N.J.)**.





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### 2011 MEET SUMMARIES

**September 22: Main Line Invitational  
Haverford, Pa.  
3 Miles  
No Team Scoring**

Team Scores

None

Individual Winner

**Callie Hogan, Villanova - 1st of 19 (16:43.99)**

Villanova Individuals

1. Callie Hogan (16:43.99)
2. Nicky Akande (16:49.49)
3. Courtney Chapman (17:06.62)
4. Stephanie Schappert (17:16.90)
5. Megan Venables (17:34.41)
6. Summer Cook (17:40.03)
7. Meghan Smith (17:57.76)
10. Shannon Browne (18:34.79)
12. Mary Bohi (19:03.29)
13. Anna Francis (19:15.24)

Unattached Villanova Runners

9. Amanda Borroughs (18:09.61)

**September 30: Paul Short Run  
Bethlehem, Pa.  
6000 Meters  
2nd of 45**

Team Scores

Providence 101, **Villanova 104**, Syracuse 125, Georgetown 141, Virginia 152, Yale 205, Cornell 209, Dartmouth 301, Boston College 314, Guelph 341, Duke 343, Brown 393, New Hampshire 425, Harvard 447, Navy 499, Mississippi State 559, Vermont 564, La Salle 607, William & Mary 623, Maryland 648, Shippensburg 700, Army 709, Richmond 718, Lehigh 736, Quinnipiac 743, Saint Joseph's 745, North Carolina 795, Bucknell 805, Johns Hopkins 845, Penn 873, Towson 875, Tennessee 879, Georgia State 882, Appalachian State 901, Colgate 916, Duquesne 922, High Point 926, Massachusetts 952, Binghamton 1002, St. Lawrence 1043, Coastal Carolina 1065, Delaware 1196, Western Carolina 1239, Winthrop 1259, Virginia Commonwealth 1449

Individual Winner

**Bogdana Mimic, Villanova - 1st of 396 (20:10)**

Villanova Individuals

1. Bogdana Mimic (20:10)
11. Emily Lipari (20:56)
14. Nicky Akande (20:58)
31. Callie Hogan (21:13)
47. Courtney Chapman (21:25)
54. Stephanie Schappert (21:34)
77. Summer Cook (21:55)
122. Megan Venables (22:25)
173. Meghan Smith (22:48)
286. Shannon Browne (23:48)

Women's Open Race (341 Runners)

68. Amanda Borroughs (23:52) -- Unattached Runner
117. Amanda Francis (24:43)

**October 14: Wisconsin adidas Invitational  
Madison, Wis.  
6000 Meters  
4th of 44**

Team Scores

Washington 199, Vanderbilt 211, Arizona 230, **Villanova 232**, Stanford 256, Syracuse 273, California 331, Oregon 350, Iowa State 362, Michigan State 362, New Mexico 375, North Carolina State 421, Boston College 434, North Carolina 454, Notre Dame 475, Providence 480, San Francisco 487, Iowa 489, Florida 506, Minnesota 520, Wisconsin 526, BYU 539, Colorado State 544, Clemson 559, Princeton 586, Arizona State 593, Columbia 614, Northern Arizona 622, Indiana 656, Stony Brook 662, Northwestern 664, Nebraska 715, Texas A&M 738, Kansas 773, Toledo 843, James Madison 864, Georgia 883, Ohio State 898, William & Mary 918, Harvard 1021, Air Force 1042, Purdue 1170, UCLA 1171, Illinois 1197

Individual Winner

**Sheila Reid, Villanova - 1st of 305 (20:00)**

Villanova Individuals

1. Sheila Reid (20:00)
6. Bogdana Mimic (20:12)
39. Emily Lipari (20:49)
42. Nicky Akande (20:52)
144. Callie Hogan (21:35)
206. Stephanie Schappert (21:55)
220. Courtney Chapman (22:01)

"B" Race (108 Runners)

55. Megan Venables (22:36.3)
75. Meghan Smith (23:12.5)

**October 21: Haverford Invitational  
Haverford, Pa.  
3 Miles  
No Team Scoring**

Team Scores

None

Individual Winner

Ali Smith, Unattached - 1st of 77 (16:51)

Villanova Individuals

2. Ariann Neutts (17:30)
3. Meghan Smith (17:46)
5. Mary Bohi (18:31)
7. Shannon Browne (18:35)
19. Anna Francis (19:25)

Unattached Villanova Runners

9. Amanda Borroughs (18:44)

**October 29: BIG EAST Championships  
Louisville, Ky.  
6000 Meters  
1st of 16**

Team Scores

**Villanova 54**, Providence 63, Georgetown 77, Syracuse 92, West Virginia 92, Notre Dame 136, Connecticut 165, South Florida 249, Marquette 301, Rutgers 322, Louisville 340, Cincinnati 342, St. John's 416, DePaul 428, Seton Hall 462, Pittsburgh 476

(Continued at top of next column)

**(BIG EAST Championships, Continued)**

Individual Winner

**Sheila Reid, Villanova - 1st of 138 (19:40.9)**

Villanova Individuals

1. Sheila Reid (19:40.9)
2. Bogdana Mimic (19:51.2)
12. Nicky Akande (20:26.1)
16. Emily Lipari (20:36.4)
23. Callie Hogan (20:54.5)
38. Summer Cook (21:21.0)
44. Courtney Chapman (21:38.8)
54. Stephanie Schappert (22:01.2)
73. Megan Venables (22:34.1)

**November 12: NCAA Mid-Atlantic Regional  
Princess Anne, Md.  
6000 Meters  
tie-1st of 29**

Team Scores

**Villanova 57**, Georgetown 57, West Virginia 64, Penn State 90, Princeton 124, La Salle 193, Navy 197, Duquesne 261, Maryland 312, Loyola (Md.) 325, Penn 332, Bucknell 342, Saint Joseph's 363, Towson 422, Rutgers 429, Monmouth 431, Lehigh 457, Rider 480, Delaware 564, Robert Morris 568, Lafayette 580, Temple 654, St. Francis (Pa.) 682, Marshall 704, UMBC 716, Pittsburgh 730, Seton Hall 736, Maryland-Eastern Shore 840, New Jersey Tech 858

Individual Winner

**Sheila Reid, Villanova - 1st of 199 (21:32.7)**

Villanova Individuals

1. Sheila Reid (21:32.7)
3. Bogdana Mimic (21:36.8)
10. Nicky Akande (22:03.3)
16. Emily Lipari (22:15.9)
28. Courtney Chapman (22:44.0)
40. Callie Hogan (23:05.8)
138. Ariann Neutts (25:08.3)

**November 21: NCAA Championships  
Terre Haute, Ind.  
6000 Meters  
3rd of 31**

Team Scores

Georgetown 162, Washington 170, **Villanova 181**, Florida State 189, Oregon 281, Vanderbilt 282, Iowa State 290, West Virginia 297, New Mexico 322, Stanford 332, Boston College 347, Penn State 368, Arkansas 375, Michigan 383, Michigan State 386, Syracuse 401, California 433, Arizona 447, Virginia 466, Toledo 483, Notre Dame 512, North Carolina State 518, Wisconsin 529, San Francisco 531, Texas 559, Minnesota 577, BYU 636, Weber State 647, Oklahoma State 701, Arizona State 752

Individual Winner

**Sheila Reid, Villanova - 1st of 254 (19:41.2)**

Villanova Individuals

1. Sheila Reid (19:41.2)
6. Bogdana Mimic (19:45.7)
55. Emily Lipari (20:40.9)
60. Nicky Akande (20:43.0)
129. Summer Cook (21:15.4)
174. Callie Hogan (21:36.1)
211. Courtney Chapman (21:58.6)





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### NICKY AKANDE

ACADEMIC CLASS: SOPHOMORE  
 ATHLETIC ELIGIBILITY: SOPHOMORE  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 LAWRENCEVILLE, GA. / COLLINS HILL

**On Akande:** Had a breakthrough season for Villanova and emerged as a consistent scorer in the team's lineup ... Strong middle distance runner who has tremendous potential.

**Career Cross Country Awards:** All-Mid Atlantic Region (2011) ... All-BIG EAST (2011).

**2011 Season:** Came in fourth on the team at the NCAA Championships ... Gave Villanova a lift in the first two postseason meets, finishing third on the team at both the NCAA Mid-Atlantic Regional as well as the BIG EAST Championships ... Earlier in the year came in third on the team at the Paul Short Run and fourth on the squad at the Wisconsin adidas Invitational ... Individual runner-up at the Main Line Invitational to begin the season ... Her time of 20:26.1 at the BIG EAST meet is a career-best on a 6,000 meter cross country course.

**2010 Season:** Finished in eighth place at the Main Line Invitational in her collegiate debut ... Also came in fourth at the Haverford Invitational ... Placed 77th at the BIG EAST Championships and 84th at the Penn State National ... Posted a time of 23:23 in muddy conditions at the Paul Short Run.

**Collins Hill High School:** Part of three state champion teams, including two in cross country and one in track ... As a cross country runner, was a three-time all-county, All-Metro and all-state performer ... Was a two-time track All-American (2008, 2009) ... Also a two-time All-Metro selection and a three-time all-county choice ... State champion as a senior in both the 800 meters (2:11) and the 1600 meters (4:57) ... Previously was a runner-up at the state, region and county championships in both events as a junior in 2009 ... Also was second in the 4x400 meter relay at the state meet in 2009 ... Won the 800 meters title at the state and region meets in 2008 ... As a freshman, was the 800 meter champion at the JV Invitational ... In cross country, was a 2009 5A state champion and an individual qualifier to NXN ... 2009 AJC Runner-of-the-Year and Gatorade Player of the Year in cross country ... In 2008, finished as the runner-up at both the county and regional meets, while placing sixth in the state meet ... Came in eighth at NXN Southeast Regional and 43rd at Nationals ... 2007 county, region and 5A state runner-up ... Was sixth at the NTN Southeast Regional and 54th at Nationals in 2007.

**Personal:** Born 7/10/92 ... One of four children of Ismail and Tai Akande ... Siblings are Deji (30), Sherry (27) and Luke (12) ... Undeclared major in the school of Liberal Arts.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	60th/254	20:43
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	10th/199	22:03
Oct. 29	BIG EAST Championships	6000 Meters	12th/138	20:26
Oct. 14	Wisconsin adidas Invitational	6000 Meters	42nd/305	20:52
Sept. 30	Paul Short Run	6000 Meters	14th/396	20:58
Sept. 22	Main Line Invitational	3 Miles	2nd/19	16:49

##### 2010 Season

Oct. 30	BIG EAST Championships	6000 Meters	77th/133	23:43
Oct. 22	Haverford Invitational	3 Miles	4th/73	17:42
Oct. 16	Penn State National	6000 Meters	84th/304	22:25
Oct. 1	Paul Short Run	6000 Meters	244th/367	23:23
Sept. 23	Main Line Invitational	3 Miles	8th/70	18:31



#### MARY BOHI

ACADEMIC CLASS: SOPHOMORE  
 ATHLETIC ELIGIBILITY: SOPHOMORE  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 SHAMONG, N.J. / SENECA

**On Bohi:** Very hard worker who has made great strides during the past year ... Will look to continue moving forward as she gains experience.

**Career Awards:** BIG EAST Academic All-Star (2011).

**2011 Season:** Made her collegiate cross country debut with a 12th place finish at the Main Line Invitational, where she finished the three mile course in 19:03.29 ... Cut more than 30 seconds off that time and finished fifth at the Haverford Invitational on the same course in 18:31.

**Seneca High School:** State champion in both the 800 meters and the 400 meter hurdles ... Three-time sectional champion in the 800 meters and two-time sectional champion in the 400 mH ... Helped lead her team to 4x400 meter relay titles at the Penn Relays (two years in a row) and the Millrose Games ... Also was a part of an indoor relay state title and two sectional titles ... The team also won two sectional and state outdoor titles ... Selected to all-conference, all-country, All-South Jersey and all-state squads ... As a senior was the team captain and was named Multi-Event Performer of the Year ... Four-year member of her school's Honor Roll and was inducted into the National Honor Society.

**Personal:** Born 7/10/92 ... One of four children of Ismail and Tai Akande ... Siblings are Deji (30), Sherry (27) and Luke (13) ... Undeclared major in the school of Liberal Arts.

#### Career Results

##### 2011 Season

Oct. 21	Haverford Invitational	3 Miles	5th/77	18:31
Sept. 22	Main Line Invitational	3 Miles	12th/19	19:03



#### AMANDA BORROUGHS

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 SARATOGA SPRINGS, N.Y. / SARATOGA SPRINGS

**2011 Season:** Competed as an unattached runner ... Finished ninth at the Main Line Invitational in her collegiate debut and also placed ninth at the Haverford Invitational on the same three-mile course ... Came in 68th in the Women's Open race at the Paul Short Run.

**Saratoga Springs High School:** Three-time national champion in relay events, including the 4xMile relay in both 2010 and 2011 as well as the distance medley relay in 2010 ... Six-time All-American (three indoor, three outdoor) ... Recipient of the Raymond Waldron Outstanding Athlete Award as a senior ... Named her team's Most Outstanding performer both indoors and outdoors as a senior ... Was the Most Improved athlete outdoors as both a sophomore and a junior ... Member of the National Honor Society ... Achieved High Honor Roll status all four years.

**Personal:** Born 9/1/93 ... Youngest of five children of Bruce and Lisa Borroughs ... Has three brothers; John, Tom and Mike; and one sister, Beth ... Has yet to declare a major.

#### Career Results

##### 2011 Season

Oct. 21	Haverford Invitational	3 Miles	9th/77	18:44
Sept. 30	Paul Short Run	6000 Meters	68th/341	23:52
Sept. 22	Main Line Invitational	3 Miles	9th/19	18:09





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### SHANNON BROWNE

ACADEMIC CLASS: JUNIOR  
 ATHLETIC ELIGIBILITY: JUNIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 STATEN ISLAND, N.Y. / CURTIS

**On Browne:** Possesses great potential as one of Villanova's middle distance runners ... Continues to make progress while gaining a good deal of experience on the team.

**2011 Season:** Placed 10th in the Main Line Invitational with a time of 18:34.79 ... Came in 286th at the Paul Short Run with a 6K time of 23:48 ... Registered a time of 18:35 and was seventh at the Haverford Invitational.

**2010 Season:** Opened the season by running a 6K time of 24:14 at the Paul Short Run ... Two weeks later posted a personal best 6K time of 23:28 at the Penn State National ... Ran in the BIG EAST Championships and came in 82nd at the conference meet in 23:58 ... Finished in fifth place at the Haverford Invitational with a time of 18:03.

**2009 Season:** Ran in the three-mile race in the JV Meet at Haverford and placed fourth out of 83 runners with a time of 18:36.

**Personal:** Born 4/27/91 ... Daughter of Brian Browne and Sylvia Rusdan ... Has a brother, Steven (18) ... Undeclared major in the school of Liberal Arts.

#### Career Results

##### 2011 Season

Oct. 21	Haverford Invitational	3 Miles	7th/77	18:35
Sept. 30	Paul Short Run	6000 Meters	286th/396	23:48
Sept. 22	Main Line Invitational	3 Miles	10th/19	18:34

##### 2010 Season

Oct. 30	BIG EAST Championships	6000 Meters	82nd/133	23:58
Oct. 22	Haverford Invitational	3 Miles	5th/73	18:03
Oct. 16	Penn State National	6000 Meters	180th/304	23:28
Oct. 1	Paul Short Run	6000 Meters	317th/367	24:14

##### 2009 Season

Oct. 23	JV Meet	3 Miles	4th/83	18:36
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#### SUMMER COOK

ACADEMIC CLASS: JUNIOR  
 ATHLETIC ELIGIBILITY: JUNIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 THORNTON, COLO. / MOUNTAIN RANGE

**On Cook:** Walk-on to the Wildcats during the outdoor track season last spring ... Competes for the Villanova swimming team as well.

**Career Awards:** BIG EAST Academic All-Star (2009-10, 2010-11).

**2011 Season:** Helped the team secure third place at the NCAA Championships as the Wildcats fifth runner ... Earned a spot

in the Villanova lineup at the BIG EAST Championships and placed sixth on the team ... Competed in her first collegiate cross country meet in the season-opening Main Line Invitational ... Came in seventh on the team at the Paul Short Run.

**Mountain Range High School:** Received two varsity letters in swimming and one in cross country ... In cross country was a first team all-conference honoree in 2006 ... Won three academic letters from her sophomore through senior years.

**Personal:** Born 7/25/91 in Denver ... Only child of Wendell and Debra Cook ... Majoring in Political Science.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	129th/254	21:15
Oct. 29	BIG EAST Championships	6000 Meters	38th/138	21:21
Sept. 30	Paul Short Run	6000 Meters	77th/396	21:55
Sept. 22	Main Line Invitational	3 Miles	6th/19	17:40



#### COURTNEY CHAPMAN

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 FAYETTEVILLE, N.Y. / FAYETTEVILLE-MANLIUS

**2011 Season:** Regular part of the team's lineup during the season ... Finished in the top seven on the team at every scored meet, including fifth on the squad at the Paul Short Run and the NCAA Mid-Atlantic Regional ... Seventh finisher for Villanova at the NCAA Championships and the Wisconsin adidas Invitational ... Made her collegiate debut with a third place finish at the Main Line Invitational.

**Fayetteville-Manlius High School:** Penn Relays champion in the distance medley relay as a senior ... Her team won five consecutive Nike Team/Cross national championships and she was a scorer all five years (2006-10) ... Won a pair of national championships in relays, including the 4x800 meter relay (2010) and the distance medley relay (2011), both at the Nike Indoor National meet ... Part of the NYS state meet champions in the 4x800 meter relay ... Finished second in the DMR at the outdoor New Balance Nationals with a time of 11:25 ... Came in third in the NYSPH-SAA meet in the 1500 meters with a Section 3 record time of 4:23 ... Chosen as the Central New York Female Athlete of the Year as a senior and was previously the state Runner of the Year as a freshman and a sophomore ... Recipient of the Cross Country and the Outdoor Track NYS Sportsmanship Award as a junior and a senior ... Section 3 NYS Scholar-Athlete Award as a junior and a senior ... Presented with the Walter and Cecile Borchert Academic Scholarship ... Achieved High Honor Roll status academically all four years.

**Personal:** Born 6/24/93 ... Younger of two daughters of Catherine and Jeffrey Chapman ... Has an older sister, Alexandra, who is on the cross country and track teams at Bucknell ... Has a dog, Mackenzie ... Has yet to declare a major.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	211th/254	21:58
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	28th/199	22:44
Oct. 29	BIG EAST Championships	6000 Meters	44th/138	21:38
Oct. 14	Wisconsin adidas Invitational	6000 Meters	220th/305	22:01
Sept. 30	Paul Short Run	6000 Meters	47th/396	21:25
Sept. 22	Main Line Invitational	3 Miles	3rd/19	17:06





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### ANNA FRANCIS

ACADEMIC CLASS: JUNIOR  
 ATHLETIC ELIGIBILITY: JUNIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 BROOKHAVEN, N.Y. / BELLPORT

**On Francis:** Brings great depth and versatility to the middle distance group ... Continued making strides during the season ... Terrific competitor.

**Career Cross Country Awards:** BIG EAST Academic All-Star (2009, 2010).

**2011 Season:** Came in 13th at the Main Line Invitational ... Competed in the Women's Open race at the Paul Short Run and placed 117th in a field of 341 runners ... Came in 19th out of 77 at the Haverford Invitational.

**2010 Season:** Redshirted.

**2009 Season:** Finished 60th overall at the Panorama Farms Invitational ... Registered a 6K time of 23:14 at the Paul Short Run, a career-best time for that distance ... Ran the three-mile course at Haverford College two times during the Haverford Invitational and the JV Meet, respectively ... Came in 29th at the season-opening Haverford meet and sixth in the JV Meet ... Had the better of her two times at the JV Meet with a mark of 18:55 for the three miles.

**Personal:** Born 6/17/91 ... Daughter of Thomas and Donna Francis ... Enrolled in the Honors program ... Also a double major in Biology and Psychology.

#### Career Results

##### 2011 Season

Oct. 21	Haverford Invitational	3 Miles	19th/77	19:25
Sept. 30	Paul Short Run	6000 Meters	117th/341	24:43
Sept. 22	Main Line Invitational	3 Miles	13th/19	19:15

##### 2009 Season

Oct. 23	JV Meet	3 Miles	6th/83	18:55
Oct. 16	Panorama Farms Invitational	6000 Meters	60th/69	24:13
Oct. 2	Paul Short Run	6000 Meters	270th/363	23:14
Sept. 24	Haverford Invitational	3 Miles	29th/85	19:37



#### SYDNEY HARRIS

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 COLORADO SPRINGS, COLO. / ST. MARY'S

**St. Mary's High School:** Earned varsity and academic letters all four years ... All-State performer and also received *Gazette* first team accolades ... Named the Tri-Peaks League Runner of the Year in 2010.

**Personal:** Born 2/10/93 ... Oldest of five children of Mark Harris and Debbie Heilman ... Has a twin ... Has yet to

declare a major.



#### CALLIE HOGAN

ACADEMIC CLASS: GRADUATE STUDENT  
 ATHLETIC ELIGIBILITY: SENIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 BAY SHORE, N.Y. / BAY SHORE

**On Hogan:** Talented and strong runner who is a strong presence on the team for Villanova ... Was a contributing member of the team's lineup all four years of her career.

**Career Cross Country Awards:** All-Mid Atlantic Region (2007, 2008) ... ECAC Champion (2007) ... BIG EAST Academic All-Star (2007, 2008, 2009, 2010).

**2011 Season:** Was the team's fifth runner at the BIG EAST Championships and the sixth Villanova runner at both the NCAA Championships and the NCAA Mid-Atlantic Regional ... Notched a career-best 6K time at the BIG EAST meet ... Finished fourth on the team at the Paul Short Run and fifth at the Wisconsin adidas Invitational ... Individual champion at the Main Line Invitational to begin the season.

**2010 Season:** Won the Haverford Invitational with a time of 17:00.48 over three miles ... Placed 28th at the BIG EAST Championships and 39th at the NCAA Mid-Atlantic Regional ... Came in 205th at the NCAA Championships ... Finished sixth at the Main Line Invitational ... Finished 104th at the Penn State National and 121st at the Notre Dame Invitational.

**2009 Season:** Redshirted.

**2008 Season:** All-Mid Atlantic Region performer for the second straight year with an 11th place finish at the NCAA Mid-Atlantic Regional ... Was the fifth Wildcat finisher at the NCAA Championships to help Villanova finish sixth in the country ... Came in 21st at the BIG EAST Championships, 30th at the Paul Short Run and 44th in the Blue Race at the Pre-NCAA Meet.

**2007 Season:** Won the ECAC individual championship and led the Wildcats to the team title ... Came in 24th at the NCAA Mid-Atlantic Regional to earn all-region honors ... Placed 24th at the BIG EAST Championships and seventh at the Delaware Invitational.

**Bay Shore High School:** All-American and two-time indoor national champion ... Won the mile with a time of 4:50.36 and was the anchor of her school's national title-winning DMR squad ... Ranked as one of the top cross country runners in New York state.

**Personal:** Born 8/17/89 ... Oldest of three children of Tom and Wendy Hogan ... Has two younger brothers, Ben (19) and James (18) ... Ben is currently a sophomore at Villanova ... Psychology major.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	174th/254	21:36
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	40th/199	23:05
Oct. 29	BIG EAST Championships	6000 Meters	23rd/138	20:54
Oct. 14	Wisconsin adidas Invitational	6000 Meters	144th/305	21:35
Sept. 30	Paul Short Run	6000 Meters	31st/396	21:13
Sept. 22	Main Line Invitational	3 Miles	1st/19	16:43

##### 2010 Season

Nov. 22	NCAA Championships	6000 Meters	205th/253	23:20
Nov. 13	NCAA Mid-Atlantic Regional	6000 Meters	39th/204	21:50
Oct. 30	BIG EAST Championships	6000 Meters	28th/133	22:02
Oct. 22	Haverford Invitational	3 Miles	1st/73	17:00
Oct. 16	Penn State National	6000 Meters	104th/304	22:40
Oct. 1	Notre Dame Invitational	5000 Meters	121st/194	18:21
Sept. 23	Main Line Invitational	3 Miles	6th/70	17:59

##### 2008 Season

Nov. 24	NCAA Championships	6000 Meters	101st/252	21:13
Nov. 15	NCAA Mid-Atlantic Regional	6000 Meters	11th/191	21:53
Oct. 31	BIG EAST Championships	6000 Meters	21st/137	21:15
Oct. 3	Paul Short Run	6000 Meters	30th/301	21:12
Sept. 13	Princeton Invitational	6000 Meters	t-43rd/145	23:59

##### 2007 Season

Nov. 17	ECAC Championship	5000 Meters	1st/95	17:48
Nov. 10	NCAA Mid-Atlantic Regional	6000 Meters	24th/198	20:59
Oct. 27	BIG EAST Championships	6000 Meters	24th/132	21:31
Oct. 13	Penn State National	6000 Meters	45th/278	22:04





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### EMILY LIPARI

ACADEMIC CLASS: SOPHOMORE  
 ATHLETIC ELIGIBILITY: SOPHOMORE  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 GREENVALE, N.Y. / ROSLYN

**On Lipari:** Terrific talent who has had a big impact during her first two seasons on the team ... Fierce competitor with great potential to keep developing within the program ... Has made steady progress during the past year.

**Career Cross Country Awards:** All-Mid Atlantic Region (2010) ... All-BIG EAST (2010) ... BIG EAST Academic

All-Star (2010).

**2011 Season:** Came in third on the team at the NCAA Championships ... Finished fourth on the team in each of the first two postseason meets at the BIG EAST Championships and the NCAA Mid-Atlantic Regional ... Notched the best 6K time of her career with a time of 20:36 at the BIG EAST meet ... Came in third on the squad at the Wisconsin adidas Invitational and second on the team at the Paul Short Run in her first race of the year.

**2010 Season:** Made her collegiate debut at the Main Line Invitational and finished in fourth place with a time of 17:21.41 over three miles ... Was in Villanova's top five in every race ... Came in 69th place at the NCAA Championships ... Earned All-Mid Atlantic Region honors with a 13th place finish at the NCAA Mid-Atlantic Regional ... Finished 11th overall at the BIG EAST Championships ... Came in fourth on the team and eighth overall at the Penn State National ... Finished 31st at the Notre Dame Invitational.

**Roslyn High School:** Four-time national champion in the mile, including once at the Nike Outdoor Nationals as a freshman, twice at the Nike Indoor Nationals (2009, 2010) and once at the New Balance National (2010) ... During her senior year was the champion in the mile at the Boston Indoor Games and won an outdoor championship in the 3000 meters at the Penn Relays ... Two-time Foot Locker finalist with All-America honors ... Nine-time state and federation champion in New York ... 2007 and 2008 New York Athlete of the Year in cross country ... Four-year Scholar-Athlete ... Also played soccer and was a two-time state champion in 2009 and 2010 ... Her club team, the Syosset Sting, were 2009 regional champions.

**Personal:** Born 11/19/92 ... Younger of two children of Joseph and Theresa Lipari ... Has an older brother, Tom, who attends Marist ... Undeclared major in the school of Liberal Arts.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	55th/254	20:40
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	16th/199	22:15
Oct. 29	BIG EAST Championships	6000 Meters	16th/138	20:36
Oct. 14	Wisconsin adidas Invitational	6000 Meters	39th/305	20:49
Sept. 30	Paul Short Run	6000 Meters	11th/396	20:56

##### 2010 Season

Nov. 22	NCAA Championships	6000 Meters	69th/253	21:19
Nov. 13	NCAA Mid-Atlantic Regional	6000 Meters	13th/204	20:41
Oct. 30	BIG EAST Championships	6000 Meters	11th/133	21:20
Oct. 16	Penn State National	6000 Meters	8th/304	21:00
Oct. 1	Notre Dame Invitational	5000 Meters	31st/194	17:20
Sept. 23	Main Line Invitational	3 Miles	4th/70	17:21



#### BOGDANA MIMIT

ACADEMIC CLASS: SENIOR  
 ATHLETIC ELIGIBILITY: SENIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 PANCEVO, SERBIA / GIMNAZIJA UROS PREDIC

**On Mimit:** Had an excellent season in her final year of cross country eligibility and was one of the team's leading contributors near the top of the Villanova lineup ... Steady performer at a national level.

**Career Cross Country Awards:** Three-time All-American (2009, 2010, 2011) ... Four-time All-Mid Atlantic Region (2008, 2009, 2010, 2011) ... Four-time All-BIG EAST (2008, 2009, 2010, 2011) ... BIG EAST Athlete of the Week (Oct. 3, 2011) ... BIG EAST Academic All-Star (2008).

**2011 Season:** Formed a dominant one-two punch with Sheila Reid at the top of the Villanova lineup ... Second runner on the team at the NCAA Championships, NCAA Mid-Atlantic Regional, the BIG EAST Championships and the Wisconsin adidas Invitational ... Recorded a career-best 6K time of 19:45.7 at the national championships meet ... Individual champion of the Women's Gold race at the Paul Short Run.

**2010 Season:** All-American at the NCAA Championships with a 22nd place finish ... Second finisher for the Wildcats at the NCAA Mid-Atlantic Regional and was fourth overall ... Placed seventh at the BIG EAST Championships ... Earned All-BIG EAST and All-Mid Atlantic Region honors for the third straight year ... Came in 10th at the Penn State National and seventh at the Notre Dame Invitational ... Opened the season second at the Main Line Invitational.

**2009 Season:** Came in 22nd at the NCAA Championships to earn All-America honors and help Villanova capture the team championship ... Finished fifth at the NCAA Mid-Atlantic Regional to earn all-region accolades ... Placed fourth at the BIG EAST Championships ... Came in fourth at the Panorama Farms Invitational and seventh at the Bill Dellinger Invitational.

**2008 Season:** Made an impressive collegiate debut by earning All-BIG EAST and All-Mid Atlantic Region honors ... Finished in fifth place at both the conference meet and the NCAA Mid-Atlantic Regional ... Was the top freshman to finish at the BIG EAST Championships ... Closed out the season by coming in 67th at the NCAA Championships ... Came in seventh in the Paul Short Run and was 13th in the Blue Race at the Pre-NCAA Meet, where she was the first Villanova runner to finish.

**Personal:** Born 1/9/89 ... Youngest of three daughters of Bogdan and Jovanna Mimit ... Majoring in Chemical Engineering.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	6th/254	19:45
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	3rd/199	21:36
Oct. 29	BIG EAST Championships	6000 Meters	2nd/138	19:51
Oct. 14	Wisconsin adidas Invitational	6000 Meters	6th/305	20:12
Sept. 30	Paul Short Run	6000 Meters	1st/396	20:10

##### 2010 Season

Nov. 22	NCAA Championships	6000 Meters	22nd/253	20:41
Nov. 13	NCAA Mid-Atlantic Regional	6000 Meters	4th/204	20:05
Oct. 30	BIG EAST Championships	6000 Meters	7th/133	21:05
Oct. 16	Penn State National	6000 Meters	10th/304	21:04
Oct. 1	Notre Dame Invitational	5000 Meters	7th/194	16:39
Sept. 23	Main Line Invitational	3 Miles	2nd/70	16:48

##### 2009 Season

Nov. 23	NCAA Championships	6000 Meters	22nd/254	20:26
Nov. 14	NCAA Mid-Atlantic Regional	6000 Meters	5th/190	20:47
Oct. 31	BIG EAST Championships	6000 Meters	4th/136	21:14
Oct. 16	Panorama Farms Invitational	6000 Meters	4th/69	20:19
Oct. 2	Bill Dellinger Invitational	5000 Meters	7th/85	16:41
Sept. 24	Haverford Invitational	3 Miles	5th/85	16:44

##### 2008 Season

Nov. 19	NCAA Championships	6000 Meters	67th/252	20:57
Nov. 10	NCAA Mid-Atlantic Regional	6000 Meters	5th/191	21:33
Oct. 27	BIG EAST Championships	6000 Meters	5th/137	20:33
Oct. 13	Penn State National	6000 Meters	8th/301	20:16





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### ARIANN NEUTTS

ACADEMIC CLASS: JUNIOR  
 ATHLETIC ELIGIBILITY: SOPHOMORE  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 SUCCASUNNA, N.J. / ROXBURY

**On Neutts:** Outstanding talent in the team's middle distance unit who has the ability to be a top performer.

**Career Cross Country Awards:** BIG EAST Academic All-Star (2009, 2010).

**2011 Season:** Competed at the NCAA Mid-Atlantic Regional and was the Wildcats seventh runner ... Placed second at the Haverford Invitational.

**2010 Season:** Redshirted.

**2009 Season:** Came in 14th at the Main Line Invitational in her collegiate debut ... Finished 167th at the Paul Short Invitational and 41st at the Panorama Farms Invitational ... Came in 48th at the BIG EAST Championships.

**Roxbury High School:** Won a Penn Relays championship as part of her high school's champion DMR squad ... Ran a strong 800 meter leg at the Penn Relays to help her team to victory ... In her final high school competition ran personal bests in the 800 meters and the mile at an exciting championship meet.

**Personal:** Born 12/12/90 ... Older of two daughters of Don and Johanna Neutts ... Majoring in Communications.

#### Career Results

##### 2011 Season

Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	138th/199	25:08
Oct. 21	Haverford Invitational	3 Miles	2nd/77	17:30

##### 2009 Season

Oct. 31	BIG EAST Championships	6000 Meters	48th/136	22:48
Oct. 23	JV Meet	3 Miles	2nd/83	18:20
Oct. 16	Panorama Farms Invitational	6000 Meters	41st/69	22:50
Oct. 2	Paul Short Run	6000 Meters	167th/363	22:27
Sept. 24	Main Line Invitational	3 Miles	14th/85	18:55



#### STEPHANIE SCHAPPERT

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 DELRAY BEACH, FLA. / POPE JOHN PAUL II

**2011 Season:** Competed at the BIG EAST Championships and placed 54th ... Placed sixth on the team at both the Paul Short Run and the Wisconsin adidas Invitational ... Had her best 6K time of the season at the Paul Short Run (21:34).

**Pope John Paul II High School:** Six-time Florida state champion, including twice in cross country (2008, 2009)

and twice each in the 800 meters and the 1600 meters, winning each event in both 2010 and 2011 ... School record holder in the 800 meters and the 1600 meters (4:51) ... Named her school's Female Scholar-Athlete of the Year as a senior ... Invited to participate in the 1st Nike Elite Camp.

**Personal:** Born 4/25/93 ... Youngest of three children of Ken Schappert and Jane (Ackerman) Schappert ... Both parents attended Villanova ... Father was a member of the track team and an NCAA champion ... Mother was an All-American swimmer ... Has an older sister, Nicole, who was an NCAA champion and All-American for the Villanova cross country and track teams ... Has an older brother, Kenny, Jr., who was a collegiate runner at Tennessee ... Enrolled in the Villanova School of Business and has yet to declare a major.

#### Career Results

##### 2011 Season

Oct. 29	BIG EAST Championships	6000 Meters	54th/138	22:01
Oct. 14	Wisconsin adidas Invitational	6000 Meters	206th/305	21:55
Sept. 30	Paul Short Run	6000 Meters	54th/396	21:34
Sept. 22	Main Line Invitational	3 Miles	4th/19	17:16



#### SHEILA REID

ACADEMIC CLASS: SENIOR  
 ATHLETIC ELIGIBILITY: SENIOR  
 EVENTS: CROSS COUNTRY / MIDDLE DISTANCE  
 NEWMARKET, ONT. / SACRED HEART CATHOLIC

**On Reid:** Proven national champion who is capable of kicking past any opponent in a race ... Has carved out her own legacy among the other great female athletes in the history of the program ... Incredible leader and teammate.

**Career Cross Country Awards:** Two-time individual National Champion (2010, 2011) ... Three-time All-American (2009, 2010, 2011) ... Individual NCAA Mid-Atlantic Region Champion (2009, 2010, 2011) ... Three-time All-Mid Atlantic Region (2007, 2009, 2010, 2011) ... Individual BIG EAST Champion (2009, 2010, 2011) ... Three-time All-BIG EAST (2007, 2009, 2010, 2011) ... Honda Sports Award winner (2010) ... USTFCCCA National Athlete of the Year (2010) ... USTFCCCA Mid-Atlantic Region Athlete of the Year (2009, 2010, 2011) ... BIG EAST Athlete of the Week (Oct. 5, 2009, Oct. 18, 2010 and Oct. 17, 2011) ... BIG EAST Academic All-Star (2007, 2008, 2009, 2010).

**2011 Season:** Won all four of her races and finished her cross country career with eight consecutive wins ... Became sixth woman in history with multiple individual national championships.

**2010 Season:** Won her last four races of the season, including all three postseason championships ... Finished second at the Notre Dame Invitational and began her winning streak at the Penn State National ... Ran a career-best 6K time at the BIG EAST meet.

**2009 Season:** Individual winner in four consecutive races during the season ... Second on the team at the NCAA Championships as Villanova won its first national title since 1998 ... Came in second at the Haverford Invitational.

**2008 Season:** Redshirted.

**2007 Season:** Individual qualifier for the NCAA Championships ... Top finisher on the team at the Penn State National, BIG EAST Championships and the NCAA Mid-Atlantic Regional.

**Personal:** Born 8/2/89 ... One of five children of Tom and Ginny Reid ... Has three sisters and one brother ... Double major in English and Communications.

#### Career Results

##### 2011 Season

Nov. 21	NCAA Championships	6000 Meters	1st/254	19:41
Nov. 12	NCAA Mid-Atlantic Regional	6000 Meters	1st/199	21:32
Oct. 29	BIG EAST Championships	6000 Meters	1st/138	19:40
Oct. 14	Wisconsin adidas Invitational	6000 Meters	1st/305	20:00

##### 2010 Season

Nov. 22	NCAA Championships	6000 Meters	1st/253	20:07
Nov. 13	NCAA Mid-Atlantic Regional	6000 Meters	1st/204	19:34
Oct. 30	BIG EAST Championships	6000 Meters	1st/113	20:31
Oct. 16	Penn State National	6000 Meters	1st/304	20:23
Oct. 1	Notre Dame Invitational	5000 Meters	2nd/194	16:22

##### 2009 Season

Nov. 23	NCAA Championships	6000 Meters	13th/254	20:16
Nov. 14	NCAA Mid-Atlantic Regional	6000 Meters	1st/190	20:23
Oct. 31	BIG EAST Championships	6000 Meters	1st/136	20:46
Oct. 16	Panorama Farms Invitational	6000 Meters	1st/69	20:13
Oct. 2	Bill Dellinger Invitational	5000 Meters	1st/85	16:22
Sept. 24	Haverford Invitational	3 Miles	2nd/85	16:15

##### 2007 Season

Nov. 19	NCAA Championships	6000 Meters	148th/253	21:53
Nov. 10	NCAA Mid-Atlantic Regional	6000 Meters	12th/198	20:37
Oct. 27	BIG EAST Championships	6000 Meters	7th/132	20:53
Oct. 13	Penn State National	6000 Meters	18th/278	21:36
Sept. 28	Paul Short Run	6000 Meters	293rd/317	25:42





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### STUDENT-ATHLETE PROFILES



#### MEGHAN SMITH

ACADEMIC CLASS: JUNIOR  
 ATHLETIC ELIGIBILITY: JUNIOR  
 EVENTS: CROSS COUNTRY / DISTANCE  
 NEWARK, DEL. / PADUA

**On Smith:** Hard worker and a tough racer ... Continued to make steady progress during the season and has gained a great deal of experience during her time on the team.

**2011 Season:** Finished seventh in the Main Line Invitational with a time of 17:57 over three miles ... Placed 173rd at the Paul Short Run in 22:48 ... Came in 75th in the

"B" race at the Wisconsin adidas Invitational ... Placed third at the Haverford Invitational.

**2010 Season:** Began the season at the Main Line Invitational and finished in ninth place ... Came in seventh at the Haverford Invitational on the same course ... Placed 172nd at the Penn State National ... Registered a time of 23:12 at the Paul Short Run.

**2009 Season:** Ran in the BIG EAST Championships and was 100th at the conference meet ... Began the season with a 16th place finish at the Main Line Invitational ... Came in 53rd at the Panorama Farms Invitational and was 236th at the Paul Short Run.

**Personal:** Born 8/28/91 ... Daughter of John and Beth Smith ... Has a brother, Sean (14) ... Enrolled in the school of Liberal Arts and has yet to declare a major ... Plans to concentrate in studies in Elementary Education.

#### Career Results

##### 2011 Season

Oct. 21	Haverford Invitational	3 Miles	3rd/77	17:46
Oct. 14	Wisconsin adidas Invitational	6000 Meters	75th/108	23:12
Sept. 30	Paul Short Run	6000 Meters	173rd/396	22:48
Sept. 22	Main Line Invitational	3 Miles	7th/19	17:57

##### 2010 Season

Oct. 22	Haverford Invitational	3 Miles	7th/73	18:16
Oct. 16	Penn State National	6000 Meters	172nd/304	23:21
Oct. 2	Paul Short Run	6000 Meters	222nd/367	23:12
Sept. 23	Main Line Invitational	3 Miles	9th/70	18:33

##### 2009 Season

Oct. 31	BIG EAST Championships	6000 Meters	100th/136	24:50
Oct. 23	JV Meet	3 Miles	3rd/83	18:36
Oct. 16	Panorama Farms Invitational	6000 Meters	53rd/69	23:39
Oct. 2	Paul Short Run	6000 Meters	236th/363	22:59
Sept. 24	Haverford Invitational	3 Miles	16th/85	19:06



#### LEANNE TUCKER

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / DISTANCE  
 TEWKSBURY, MASS. / TEWKSBURY MEMORIAL

**Tewksbury Memorial High School:** Starred in the 800 meters, earning All-America honors and also winning three consecutive Merrimack Valley Conference championships (2009, 2010, 2011) ... State runner-up in the 800 meters in 2010 and was also the individual champion at the Massachusetts Division II meet ... State champion in the 4x400 meters both outdoors and indoors in 2010 ... The

indoor relay squad in 2010 also won a New England championship ... Overall was a six-time all-conference performer between the indoor and outdoor seasons ... As a sophomore and a junior was the team's MVP both indoors and outdoors ... Team captain as a senior ... Also played field hockey and was a three-time all-conference selection ... Team captain and MVP of the field hockey squad ... Presented with her school's Outstanding Athlete Award as a senior ... In 2009 and 2010 was chosen as the Female Athlete of the Year by both the *Lowell Sun* and the *Town Crier* ... Was twice named to the *Boston Globe* All-Scholastic track team ... Member of the National Honor Society.

**Personal:** Born 3/30/93 ... Youngest of three daughters of Brackett and Colleen Tucker ... Has two older sisters, Lauren (24) and Lindsay (21) ... Plans to major in Biology.



#### MEGAN VENABLES

ACADEMIC CLASS: FRESHMAN  
 ATHLETIC ELIGIBILITY: FRESHMAN  
 EVENTS: CROSS COUNTRY / DISTANCE  
 LAUREL SPRINGS, N.J. / HIGHLAND REGIONAL

**2011 Season:** Opened up at the Main Line Invitational and finished in fifth place in her first collegiate race ... Came in 122nd at the Paul Short Run with a season-best 6K time of 22:25 ... Came in 55th in the "B" race at the Wisconsin adidas Invitational (22:36) ... Finished 73rd at the BIG EAST Championships.

**Highland Regional High School:** All-American indoors in the 5000 meters as a junior ... All-American and New Jersey state champion in cross country as a senior ... State champion in the 3200 meters as a senior ... Named the Gatorade New Jersey Runner of the Year in 2010 ... Selected as the South Jersey Runner of the Year as a senior in both cross country and indoor track.

**Personal:** Born 7/18/93 ... Daughter of Diane and Keith Venables.

#### Career Results

##### 2011 Season

Oct. 29	BIG EAST Championships	6000 Meters	73rd/138	22:34
Oct. 14	Wisconsin adidas Invitational	6000 Meters	55th/108	22:36
Sept. 30	Paul Short Run	6000 Meters	122nd/396	22:25
Sept. 22	Main Line Invitational	3 Miles	5th/19	17:34





# VILLANOVA WOMEN'S CROSS COUNTRY



## 2011 SEASON IN REVIEW

### TEAM HISTORY AT THE NCAA CHAMPIONSHIPS

#### VILLANOVA FINISHES AT NCAA CHAMPIONSHIP

Year	Place	Coach
1983	14th	Marty Stern
1984	9th	Marty Stern
1985	16th	Marty Stern
1986	13th (tie)	Marty Stern
1989	1st	Marty Stern
1990	1st	Marty Stern
1991	1st	Marty Stern
1992	1st	Marty Stern
1993	1st	Marty Stern
1994	1st	John Marshall
1995	3rd	John Marshall
1996	2nd	John Marshall
1998	1st	Marcus O'Sullivan
1999	21st	Marcus O'Sullivan
2000	20th	Gina Procaccio
2001	24th	Gina Procaccio
2002	8th	Gina Procaccio
2003	11th	Gina Procaccio
2004	7th	Gina Procaccio
2005	21st	Gina Procaccio
2008	6th	Gina Procaccio
2009	1st	Gina Procaccio
2010	1st	Gina Procaccio
2011	3rd	Gina Procaccio

#### ALL-TIME TEAM CHAMPIONSHIPS

Villanova	9	1989-94, 1998, 2009-10
Stanford	5	1996, 2003, 2005-07
BYU	4	1997, 1999, 2001-02
Colorado	2	2000, 2004
Oregon	2	1983, 1987
Virginia	2	1981-1982
Wisconsin	2	1984-1985
Kentucky	1	1988
Providence	1	1995
Texas	1	1986
Washington	1	2008
Georgetown	1	2011

#### MOST CONSECUTIVE TEAM CHAMPIONSHIPS

Villanova	6	1989-94
Stanford	3	2005-07
Villanova	2	2009-10
BYU	2	2001-02
Virginia	2	1981-82
Wisconsin	2	1984-85

#### ALL-TIME INDIVIDUAL CHAMPIONSHIPS

Villanova	9	1989-94, 1997, 2010-11
North Carolina St.	3	1981, 1983, 1985
Texas Tech	3	2006-08
Wisconsin	3	1984, 1995, 1999
Arizona	2	1996, 2001
Indiana	2	1987, 1988
North Carolina	2	2002-03
Northern Arizona	2	1986, 2005
Colorado	1	2000
Illinois	1	2009
Michigan	1	1998
Providence	1	2004

#### ALL-TIME INDIVIDUAL TITLES

Sally Kipyego	3	Texas Tech
Sheila Reid	2	Villanova
Sonia O'Sullivan	2	Villanova
Carole Zajac	2	Villanova
Shalane Flanagan	2	North Carolina
Betty Jo Springs	2	North Carolina St.

#### VILLANOVA TEAM CHAMPIONS

##### 1989

*Vicki Huber (1), Kathy Franey (12), Sonia O'Sullivan (26), Kim Certain (50), Cheri Goddard (56), Kate Fonshell (83), Nnenna Lynch (182)*

**Villanova 99**, Kentucky 168, Nebraska 186, Georgetown 193, Oklahoma State 205, Tennessee 227, Clemson 238, Iowa 249, Indiana 267, Cal Irvine 279, Providence 279, Washington 286, Northern Arizona 293, North Carolina St. 297, Michigan 350, BYU 356, Yale 358, Dartmouth 390, Texas 414, Kansas St. 419, Minnesota 441, Baylor 472

##### 1990

*Sonia O'Sullivan 1, Carole Zajac 14, Kate Fonshell 25, Cheri Goddard 28, Nnenna Lynch 38, Carol Haux 32, Michele Torelli 98*

**Villanova 82**, Providence 172, Clemson 204, Cal Irvine 210, Oregon 221, Arkansas 224, Georgetown 234, BYU 250, Georgia 264, Wisconsin 266, North Carolina St. 278, Tennessee 303, Indiana 314, Iowa St. 318, Northern Arizona 318, Cornell 327, Michigan 335, Baylor 361, Iowa 411, Kansas St. 434, William & Mary 434, Yale 525

##### 1991

*Sonia O'Sullivan 1, Carole Zajac 2, Nnenna Lynch 12, Cheri Goddard 31, Carol Haux 68, Michele Torelli 92, Chris Gentile (104)*

**Villanova 85**, Arkansas 168, Northern Arizona 184, Cornell 189, Oregon 191, Georgetown 193, Wisconsin 193, North Carolina St. 202, Providence 212, Baylor 258, Arizona 294, Nebraska 314, Penn St. 328, Michigan 329, BYU 330, Iowa 342, Minnesota 363, Virginia 418, Boston College 425, Georgia 455, Weber St. 461, Kansas St. 605

##### 1992

*Carole Zajac 1, Nnenna Lynch 3, Cheri Goddard 7, Becky Spies 60, Megan Flowers 87, Jennifer Rhines 98, Irene Ruopoli 111*

**Villanova 123**, Arkansas 130, Georgetown 131, Cornell 167, Providence 172, Penn St. 179, Wisconsin 179, Michigan 186, Northern Arizona 267, BYU 285, North Carolina St. 331, Washington 334, Iowa 340, Arizona 360, Oregon 372, William & Mary 385, Baylor 390, Nebraska 394, Wake Forest 426, Colorado 454, Kansas St. 489, Dartmouth 569

##### 1993

*Carole Zajac 1, Jennifer Rhines 2, Becky Spies 7, Tasha Woodward 31, Emer Molloy 48, Stacy Robinson 155*

**Villanova 66**, Arkansas 71, Georgetown 199, Cornell 205, Providence 213, Michigan 224, Penn St. 226, Oregon 238, North Carolina St. 240, BYU 265, Stanford 286, Arizona 311, Alabama 326, Colorado 326, Notre Dame 331, Clemson 346, Virginia 380, Dartmouth 383, Rice 393, Nebraska 421, North Carolina 465, Kansas 471

##### 1994

*Jennifer Rhines 1, Becky Spies 3, Krestena Sullivan 21, Tasha Woodward 23, Emer Molloy 54, Stacy Robinson 69, Cara Salibrici 173*

*(1994 team scores continued at top of next column)*

#### VILLANOVA TEAM CHAMPIONS (1994, continued)

**Villanova 75**, Michigan 108, Arkansas 110, Colorado 126, Providence 154, Georgetown 195, Stanford 198, Wisconsin 233, Penn St. 250, Arizona 273, BYU 307, Wake Forest 308, Oregon 349, Alabama 367, Washington 370, Nebraska 412, Auburn 429, Kansas 480, Dartmouth 484, Florida 486, Boston College 500, Baylor 517

##### 1998

*Carrie Tollefson 11, Sarah Vance-Goodman 12, Kristen Nicolini 17, Carmen Douma 21, Kristine Jost 69, Ann McGranahan 81, Lonyé Johnson 245*

**Villanova 106**, BYU 110, Stanford 111, Georgetown 199, Wisconsin 233, Arkansas 311, Colorado 332, Baylor 351, Washington 363, William & Mary 374, Michigan 380, Oregon 384, Kansas St. 385, Providence 386, Wake Forest 388, Arizona 397, Northern Arizona 423, North Carolina 424, North Carolina St. 455, Oklahoma St. 462, Missouri 493, Florida 531, Arizona St. 534, Nebraska 534, Colorado St. 535, Minnesota 559, South Florida 561, UCLA 574, Texas 584, Cornell 590, Tennessee 640

##### 2009

*Amanda Marino 6, Sheila Reid 12, Bogdana Mimic 20, Ali Smith 22, Nicole Schappert 26, Brooke Simpson 51, Kaitlyn Tallman 81*

**Villanova 86**, Florida St. 133, Washington 188, Texas Tech 191, Princeton 251, West Virginia 259, Florida 260, Duke 272, Oregon 276, Minnesota 310, Providence 349, Illinois 365, New Mexico 368, Penn St. 375, Virginia 391, Stanford 408, Iowa St. 446, Syracuse 450, BYU 453, Colorado 458, Georgetown 495, UTEP 500, Notre Dame 519, Arizona St. 520, Southern Methodist 581, Michigan St. 601, Michigan 637, Baylor 666, Ohio St. 673, Arizona 682, Indiana 716

##### 2010

*Sheila Reid 1, Amanda Marino 8, Ali Smith 20, Bogdana Mimic 22, Emily Lipari 69, Sarah Morrison 201, Callie Hogan 205*

**Villanova 120**, Florida State 154, Texas Tech 165, Georgetown 167, New Mexico 227, Colorado 314, Stony Brook 334, Iowa State 341, Providence 343, Syracuse 347, Arizona 372, Oregon 378, Stanford 402, North Carolina 405, Princeton 411, Washington 413, Duke 416, Oklahoma State 416, Boston College 432, Texas 441, Virginia 460, Michigan 476, Michigan State 481, North Carolina State 487, Kansas State 547, Penn State 550, Minnesota 555, Toledo 572, Florida 635, Tulsa 653, Rice 656

#### VILLANOVA INDIVIDUAL CHAMPIONS

1989	Vicki Huber	15:59.86
1990	Sonia O'Sullivan	16:06.00
1991	Sonia O'Sullivan	16:30.30
1992	Carole Zajac	17:01.90
1993	Carole Zajac	16:40.30
1994	Jennifer Rhines	16:31.20
1997	Carrie Tollefson	16:29.00
2010	Sheila Reid	20:06.90
2011	Sheila Reid	19:41.20

#### VICKI HUBER HOLDS ALL-TIME 5K RECORD

The women's national championship race was a 5,000 meter competition from 1981-99. Villanova star Vicki Huber ran the fastest-ever 5K at the championships in 1989, when she won the individual title with a time of 15:59.86.

