

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

**Nicole Armstrong**  
 Junior/Junior  
 Cross Country/Distance  
 Sydenham, Ont./Sydenham

**PERSONAL BESTS**

400 Meters	57.92	High School
800 Meters	2:10.11	High School
1000 Meters	2:51.94	1.31.15
1500 Meters	4:26.26	High School
Mile	4:51.17	2.25.17
3000 Meters	10:17.21	3.21.15

**CAREER OUTDOOR RESULTS**

**800 Meters**

4.11.15	Hurricane Alumni Invitational	2:11.24
3.25.17	Penn Challenge	2:12.73
4.21.17	Larry Ellis Invitational (E)	2:12.93
4.29.17	Lions Invitational	2:13.10
4.1.16	Colonial Relays (C)	2:13.78
5.1.15	Princeton Open	2:14.50

**1500 Meters**

5.16.15	ECAC Championship (P)	4:26.54
5.8.15	BIG EAST Championships (P)	4:28.37
5.9.15	BIG EAST Championships (F)	4:29.77
5.17.15	ECAC Championship (F)	4:30.13
4.17.15	Larry Ellis Invitational	4:31.75
4.1.16	Colonial Relays (C)	4:32.79
3.26.16	Penn Challenge	4:33.58
5.13.16	BIG EAST Championships (P)	4:34.85
5.12.17	BIG EAST Championships (P)	4:35.06
4.3.15	Colonial Relays (S)	4:35.25
3.25.17	Penn Challenge	4:35.50
4.22.16	Larry Ellis Invitational (E)	4:36.20
4.8.17	Sam Howell Invitational	4:39.96
5.13.17	BIG EAST Championships (F)	4:40.34
5.14.16	BIG EAST Championships (F)	4:42.95

**3000 Meters**

3.21.15	Philadelphia College Classic	10:17.21
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**4x400 Meter Relay**

4.11.15	Hurricane Alumni Invitational (3)	3:55.47
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**4x800 Meter Relay**

5.9.15	BIG EAST Championships (2)	8:55.56
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**Sammy Bockoven**  
 Sophomore/Sophomore  
 Cross Country/Distance  
 Hudson, Ohio/Cuyahoga Valley Christian Academy

**PERSONAL BESTS**

400 Meters	58.0	High School
800 Meters	2:09.93	4.9.16
1000 Meters	2:48.06	1.20.17
1500 Meters	4:23.05	4.22.16
Mile	4:38.27	2.10.17
5000 Meters	18:28	High School

**CAREER OUTDOOR AWARDS**

Penn Relays Champion	2016	4x1500 Meter Relay
All-BIG EAST	2016	4x800 Meter Relay

**CAREER OUTDOOR RESULTS**

**800 Meters**

4.9.16	Hurricane Alumni Invitational	2:09.93
4.1.16	Colonial Relays (C)	2:10.92
3.26.16	Penn Challenge	2:12.80

**1500 Meters**

4.22.16	Larry Ellis Invitational (E)	4:23.05
3.31.17	Florida Relays	4:27.93
5.26.16	NCAA East Preliminary (1)	4:28.31
4.1.16	Colonial Relays (C)	4:29.48
3.26.16	Penn Challenge	4:29.73
5.13.16	BIG EAST Championships (P)	4:34.72
5.14.16	BIG EAST Championships (F)	4:45.30

**Distance Medley Relay**

4.28.16	Penn Relays (1600)	11:21.77
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**4x800 Meter Relay**

5.14.16	BIG EAST Championships (2)	8:56.05
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**4x1500 Meter Relay**

4.29.16	Penn Relays (3)	17:44.29
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**Bella Burda**  
 Sophomore/Sophomore  
 Cross Country/Distance  
 Pleasant Valley, N.Y./Arlington

**PERSONAL BESTS**

800 Meters	2:16.26	3.25.17
1500 Meters	4:28.46	3.25.17
Mile	4:50.01	1.20.17
3000 Meters	9:20.15	2.4.17
5000 Meters	16:19.40	2.24.17
10000 Meters	33:50.44	3.31.17

**CAREER OUTDOOR AWARDS**

Penn Relays Champion	2016	4x1500 Meter Relay
Penn Relays Champion	2017	4x1500 Meter Relay
BIG EAST Champion	2017	5000 Meters
All-BIG EAST	2016	5000 Meters
All-BIG EAST	2017	5000 Meters

**CAREER OUTDOOR RESULTS**

**800 Meters**

3.25.17	Penn Challenge	2:16.26
3.26.16	Penn Challenge	2:17.64

**1500 Meters**

3.25.17	Penn Challenge	4:28.46
3.26.16	Penn Challenge	4:32.64

**5000 Meters**

5.14.16	BIG EAST Championships	16:25.67
4.22.16	Larry Ellis Invitational	16:26.32
4.1.16	Colonial Relays (C)	16:27.77
5.28.16	NCAA East Preliminary (S)	16:43.42
5.13.17	BIG EAST Championships	17:51.91

**10000 Meters**

3.31.17	Stanford Invitational	33:50.44
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**4x1500 Meter Relay**

4.28.17	Penn Relays (1)	17:25.85
4.29.16	Penn Relays (1)	17:44.29

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Danielle Burns

Freshman/Freshman  
Sprints

Phoenix, Ariz./Mountain Pointe

#### PERSONAL BESTS

60 Meter Hurdles	8.79	2.4.17
100 Meter Hurdles	13.83	5.12.17
200 Meters	24.80	High School
400 Meter Hurdles	1:01.12	4.27.17

#### CAREER OUTDOOR AWARDS

BIG EAST Champion	2017	4x400 Meter Relay
All-BIG EAST	2017	100 Meter Hurdles
All-BIG EAST	2017	4x400 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 100 Meter Hurdles

5.12.17	BIG EAST Championships (P)	13.83
5.13.17	BIG EAST Championships (F)	14.11
4.8.17	Sam Howell Invitational (P)	14.28
4.8.17	Sam Howell Invitational (F)	14.34
4.22.17	Larry Ellis Invitational (P)	14.53
3.25.17	Penn Challenge	14.57
3.31.17	Colonial Relays	15.18

##### 200 Meters

4.22.17	Larry Ellis Invitational	25.17
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##### 400 Meter Hurdles

4.27.17	Penn Relays (C)	1:01.12
3.25.17	Penn Challenge	1:03.03
5.12.17	BIG EAST Championships (P)	1:03.16
3.31.17	Colonial Relays	1:04.37
5.13.17	BIG EAST Championships (F)	1:04.53
4.8.17	Sam Howell Invitational	1:05.07

##### 4x100 Meter Relay

5.13.17	BIG EAST Championships (1)	48.70
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##### 4x400 Meter Relay

4.29.17	Penn Relays (1) (ECAC)	3:43.28
5.13.17	BIG EAST Championships (1)	3:44.34
4.27.17	Penn Relays (1) (P)	3:46.12

### Marley Byrne

Junior/Junior  
Multi Events

Auburn, Maine/Saint Dominic Academy

#### PERSONAL BESTS

Pentathlon	2,315	2.28.15
Heptathlon	3,526	5.14.16
55 Meter Hurdles	10.31	1.29.15
60 Meter Hurdles	10.85	2.26.16
100 Meters	13.4	High School
100 Meter Hurdles	17.15	5.13.16
200 Meters	27.23	5.8.15
800 Meters	2:43.05	4.15.16
High Jump	1.47m	High School
Long Jump	5.41m	4.29.17
Triple Jump	11.34m	5.13.17
Shot Put	8.66m	5.13.16
Javelin	21.43m	5.14.16

#### CAREER OUTDOOR RESULTS

##### 100 Meter Hurdles

5.13.16	BIG EAST Championships (HEP)	17.15
5.8.15	BIG EAST Championships (HEP)	17.73
4.30.16	Lions Invitational	18.00
4.14.16	Princeton Outdoor Invite (HEP)	18.10

##### 200 Meters

5.8.15	BIG EAST Championships (HEP)	27.23
5.13.16	BIG EAST Championships (HEP)	27.45
4.11.15	Delaware Open	27.47
4.14.16	Princeton Outdoor Invite (HEP)	28.00
3.26.16	Penn Challenge	28.47

##### 800 Meters

4.15.16	Princeton Outdoor Invite (HEP)	2:43.05
5.9.15	BIG EAST Championships (HEP)	2:44.16
5.14.16	BIG EAST Championships (HEP)	2:45.80

##### High Jump

5.14.16	BIG EAST Championships	1.45m
4.14.16	Princeton Outdoor Invite (HEP)	1.42m
5.8.15	BIG EAST Championships (HEP)	1.40m
5.13.16	BIG EAST Championships (HEP)	1.37m

##### Long Jump

4.29.17	Lions Invitational	5.41m
5.12.17	BIG EAST Championships	5.39m
4.8.17	Sam Howell Invitational	5.34m
3.26.16	Penn Challenge	5.11m
4.30.16	Lions Invitational	5.01m
3.25.17	Penn Challenge	4.89m
4.15.16	Princeton Outdoor Invite (HEP)	4.88m
5.14.16	BIG EAST Championships (HEP)	4.87m
5.9.15	BIG EAST Championships (HEP)	4.72m

##### Triple Jump

5.13.17	BIG EAST Championships	11.34m
4.29.17	Lions Invitational	11.31m

##### Shot Put

5.13.16	BIG EAST Championships (HEP)	8.66m
4.14.16	Princeton Outdoor Invite (HEP)	8.06m
5.8.15	BIG EAST Championships (HEP)	7.89m
4.25.15	Delaware Classic	7.74m

##### Javelin

5.14.16	BIG EAST Championships (HEP)	21.43m
5.9.15	BIG EAST Championships (HEP)	14.50m
4.15.16	Princeton Outdoor Invite (HEP)	12.31m

##### Heptathlon

5.14.16	BIG EAST Championships	3,526
5.9.15	BIG EAST Championships	3,312
4.15.16	Princeton Outdoor Invite	3,259

### Kalissa Caesar

Senior/Senior  
Sprints

Port Jervis, N.Y./Port Jervis

#### PERSONAL BESTS

55 Meters	7.44	High School
60 Meters	7.79	2.28.15
100 Meters	11.95	5.11.14
200 Meters	24.90	5.11.14
300 Meters	42.29	12.6.14

#### CAREER OUTDOOR RESULTS

##### 100 Meters

5.11.14	BIG EAST Championships (F)	11.95
5.10.14	BIG EAST Championships (P)	12.16
5.8.15	BIG EAST Championships (P)	12.21
4.11.15	Hurricane Alumni Invitational	12.23
4.19.14	Larry Ellis Invitational	12.31
4.18.15	Larry Ellis Invitational	12.31
4.3.15	Colonial Relays (P)	12.32
5.2.15	Princeton Open	12.37
5.9.15	BIG EAST Championships (F)	12.47
4.23.16	Larry Ellis Invitational	12.50
3.22.14	Philadelphia College Classic	12.58
3.28.14	Raleigh Relays (P)	12.59
4.1.16	Colonial Relays (P)	12.61
4.8.17	Sam Howell Invitational	12.61
4.16.16	Princeton Outdoor Invite	12.64
4.4.14	Colonial Relays (P)	12.69
3.26.16	Penn Challenge	12.75
3.31.17	Colonial Relays	12.78

##### 200 Meters

5.11.14	BIG EAST Championships (F)	24.90
5.8.15	BIG EAST Championships (P)	25.08
4.11.15	Hurricane Alumni Invitational	25.11
5.10.14	BIG EAST Championships (P)	25.13
5.2.15	Princeton Open	25.38
3.22.14	Philadelphia College Classic	25.41
4.3.15	Colonial Relays	25.50
4.19.14	Larry Ellis Invitational	25.55
4.4.14	Colonial Relays	25.78
4.1.16	Colonial Relays	25.80
4.23.16	Larry Ellis Invitational	25.86
3.26.16	Penn Challenge	25.87
4.8.17	Sam Howell Invitational	25.93
4.16.16	Princeton Outdoor Invite	25.99
3.21.15	Philadelphia College Classic	26.20

##### 4x100 Meter Relay

4.24.14	Penn Relays (P) (2)	47.66
4.19.14	Larry Ellis Invitational (2)	48.61
3.22.14	Philadelphia College Classic (2)	49.02
3.29.14	Raleigh Relays (4)	49.02

##### Sprint Medley Relay

4.4.15	Colonial Relays (200-2)	4:00.04
4.1.17	Colonial Relays (200-2)	4:02.42
4.2.16	Colonial Relays (200-2)	4:03.09
4.5.14	Colonial Relays (200-1)	4:03.14

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Sofia Calabrese

Sophomore/Sophomore  
Jumps

Edwards, Colo./Battle Mountain

#### PERSONAL BESTS

Pentathlon	3,195	2.24.17
Heptathlon	3,842	5.14.16
60 Meter Hurdles	9.96	12.9.16
100 Meter Hurdles	16.92	5.13.16
200 Meters	27.55	5.13.16
800 Meters	2:23.58	2.24.17
High Jump	1.69m	2.24.17
Long Jump	5.13m	12.9.16
Shot Put	8.71m	4.14.16
Javelin	20.94m	5.14.16

#### CAREER OUTDOOR AWARDS

All-BIG EAST 2016 High Jump

#### CAREER OUTDOOR RESULTS

##### 100 Meter Hurdles

5.13.16	BIG EAST Championships (HEP)	16.92
4.30.16	Lions Invitational	17.42
4.14.16	Princeton Outdoor Invite (HEP)	18.07

##### 200 Meters

5.13.16	BIG EAST Championships (HEP)	27.55
4.1.16	Colonial Relays	27.79
4.14.16	Princeton Outdoor Invite (HEP)	28.58
3.26.16	Penn Challenge	28.89

##### 800 Meters

4.15.16	Princeton Outdoor Invite (HEP)	2:30.63
5.14.16	BIG EAST Championships (HEP)	2:32.01

##### High Jump

5.13.16	BIG EAST Championships (HEP)	1.61m
4.14.16	Princeton Outdoor Invite (HEP)	1.60m
5.14.16	BIG EAST Championships	1.60m
4.30.16	Lions Invitational	1.59m
3.26.16	Penn Challenge	1.55m
4.16.16	Princeton Outdoor Invite	1.55m
4.2.16	Colonial Relays (U)	1.50m

##### Long Jump

4.15.16	Princeton Outdoor Invite (HEP)	4.99m
5.14.16	BIG EAST Championships (HEP)	4.47m

##### Shot Put

4.14.16	Princeton Outdoor Invite (HEP)	8.71m
5.13.16	BIG EAST Championships (HEP)	8.43m

##### Javelin

5.14.16	BIG EAST Championships (HEP)	20.94m
4.15.16	Princeton Outdoor Invite (HEP)	19.95m
3.26.16	Penn Challenge	19.91m

##### Heptathlon

5.14.16	BIG EAST Championships	3,842
4.15.16	Princeton Outdoor Invite	3,778

### Courtney Caldwell

Junior/Sophomore  
Sprints/Jumps

Trenton, N.J./Hun School

#### PERSONAL BESTS

60 Meters	8.48	12.5.15
Long Jump	5.36m	High School
Triple Jump	11.47m	12.3.16

#### CAREER OUTDOOR RESULTS

##### Triple Jump

5.14.16	BIG EAST Championships	11.32m
3.26.16	Penn Challenge	11.30m
4.30.16	Lions Invitational	11.29m
4.16.16	Princeton Outdoor Invite	11.10m
3.25.17	Penn Challenge	11.06m
4.2.16	Colonial Relays	10.85m
4.1.17	Colonial Relays (U)	10.70m

### Ann Campbell

Sophomore/Sophomore  
Cross Country/Distance

Mission Hills, Kan./St. Teresa's Academy

#### PERSONAL BESTS

800 Meters	2:14.75	3.25.17
1500 Meters	4:25.10	4.21.17
Mile	4:50.03	2.10.17
3000 Meters	9:41.99	2.25.17
5000 Meters	16:51.17	3.31.17

#### CAREER OUTDOOR AWARDS

All-BIG EAST 2017 5000 Meters

#### CAREER OUTDOOR RESULTS

##### 800 Meters

3.25.17	Penn Challenge	2:14.75
3.26.16	Penn Challenge	2:20.67

##### 1500 Meters

4.21.17	Larry Ellis Invitational (E)	4:25.10
3.25.17	Penn Challenge	4:31.50
5.5.17	Jim Kehoe Invitational	4:35.49
4.22.16	Larry Ellis Invitational (E)	4:39.81
3.26.16	Penn Challenge	4:42.26
4.8.16	Sam Howell Invitational (I)	4:43.04

##### 3000 Meters

3.31.16	Colonial Relays	10:02.27
4.28.16	Penn Relays (CH)	10:09.09

##### 5000 Meters

3.31.17	Colonial Relays	16:51.17
4.27.17	Penn Relays	16:52.39
5.14.16	BIG EAST Championships	17:17.77
5.13.17	BIG EAST Championships	17:55.64

##### Distance Medley Relay

4.2.16	Colonial Relays (1600)	11:52.12
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### Katie Ciccarone

Freshman/Freshman  
Jumps

Freehold, N.J./Freehold

#### PERSONAL BESTS

High Jump	1.55m	2.25.17
Long Jump	5.15m	High School
Triple Jump	11.19m	2.25.17

#### CAREER OUTDOOR RESULTS

##### High Jump

4.29.17	Lions Invitational	1.45m
5.13.17	BIG EAST Championships	1.45m

##### Triple Jump

4.28.17	Penn Relays (C)	11.18m
3.25.17	Penn Challenge	11.10m
5.13.17	BIG EAST Championships	11.01m
4.1.17	Colonial Relays (U)	10.97m

### Kaley Ciluffo

Sophomore/Sophomore  
Cross Country/Distance

LeClaire, Iowa/Pleasant Valley/Clemson

#### PERSONAL BESTS

800 Meters (open)	2:06.81	2.10.17
800 Meters (relay)	2:07.15	1.27.17
1000 Meters	2:45.91	1.20.17
1500 Meters	4:26.34	3.26.16
Mile	4:43.83	1.28.17
3000 Meters	9:43.78	2.27.16

#### CAREER OUTDOOR AWARDS

All-BIG EAST 2017 4x800 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 800 Meters

3.19.16	<i>Alan Connie Shamrock Invitational</i>	2:09.56
3.31.17	Florida Relays	2:09.83
4.8.17	Hurricane Alumni Invitational	2:10.56
3.26.16	<i>Yellow Jacket Invite</i>	2:11.13
5.5.17	Lions Invitational	2:13.62
5.12.17	BIG EAST Championships (P)	2:16.36

##### 1500 Meters

3.26.16	<i>Yellow Jacket Invite</i>	4:26.34
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##### 4x800 Meter Relay

5.13.17	BIG EAST Championships (1)	9:04.72
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##### Distance Medley Relay

4.1.16	<i>Clyde Littlefield Texas Relays (1200)</i>	11:28.23
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Events in *italics* came during Ciluffo's freshman year at Clemson

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

**Niki Cleary**  
**Sophomore/Sophomore**  
**Sprints/Jumps**  
**Flemington, N.J./Hunterdon Central Regional**

**PERSONAL BESTS**

Pentathlon	2,915	2.24.17
Heptathlon	3,913	5.13.17

60 Meter Hurdles	9.98	1.27.17
100 Meter Hurdles	17.33	5.12.17
200 Meters	25.89	5.12.17
300 Meters	42.55	12.3.16
400 Meters	57.67	High School
800 Meters	2:30.22	5.13.17
High Jump	1.46m	2.26.16
Pole Vault	3.05m	High School
Long Jump	5.37m	High School
Shot Put	9.46m	2.24.17
Javelin	25.26m	5.14.16

**CAREER OUTDOOR RESULTS**

**100 Meter Hurdles**

5.12.17	BIG EAST Championships (HEP)	17.33
5.13.16	BIG EAST Championships (HEP)	17.55
4.30.16	Lions Invitational	17.59
4.1.16	Colonial Relays (P)	18.26
3.25.17	Penn Challenge	18.43
4.14.16	Princeton Outdoor Invite (HEP)	21.62

**200 Meters**

5.12.17	BIG EAST Championships (HEP)	25.89
4.8.17	Sam Howell Invitational	26.28
4.29.17	Lions Invitational	26.48
3.31.17	Colonial Relays	26.50
4.1.16	Colonial Relays	26.60
3.25.17	Penn Challenge	26.79
4.30.16	Lions Invitational	26.96
5.13.16	BIG EAST Championships (HEP)	27.06
4.14.16	Princeton Outdoor Invite (HEP)	27.26
3.26.16	Penn Challenge	27.36

**800 Meters**

5.13.17	BIG EAST Championships (HEP)	2:30.22
4.15.16	Princeton Outdoor Invite (HEP)	2:36.01
5.14.16	BIG EAST Championships (HEP)	2:39.83

**High Jump**

4.14.16	Princeton Outdoor Invite (HEP)	1.42m
4.29.17	Lions Invitational	1.40m
5.12.17	BIG EAST Championships (HEP)	1.32m

**Long Jump**

4.29.17	Lions Invitational	5.13m
5.13.17	BIG EAST Championships (HEP)	5.10m
5.13.16	BIG EAST Championships	4.96m
3.25.17	Penn Challenge	4.94m
4.8.17	Sam Howell Invitational	4.93m
3.26.16	Penn Challenge	4.92m
4.30.16	Lions Invitational	4.92m
5.14.16	BIG EAST Championships (HEP)	4.72m
4.15.16	Princeton Outdoor Invite (HEP)	4.70m

**Shot Put**

5.12.17	BIG EAST Championships (HEP)	9.28m
4.14.16	Princeton Outdoor Invite (HEP)	9.22m
5.13.16	BIG EAST Championships (HEP)	9.17m

**Javelin**

5.14.16	BIG EAST Championships (HEP)	25.26m
4.26.17	Haverford Invitational	24.97m
5.13.17	BIG EAST Championships (HEP)	23.71m
4.15.16	Princeton Outdoor Invite (HEP)	23.34m
3.26.16	Penn Challenge	18.41m

**Heptathlon**

5.13.17	BIG EAST Championships	3,913
4.15.16	Princeton Outdoor Invite	3,334
5.14.16	BIG EAST Championships	3,165

**Siofra Cleirigh Buttner**

**Junior/Junior**  
**Cross Country/Distance**  
**Dublin, Ireland/Colaiste Iosagain**

**PERSONAL BESTS**

400 Meters (relay)	52.6	4.8.17
400 Meters (open)	55.57	High School
500 Meters	1:12.60	1.30.16
600 Meters	1:31.55	1.23.15
800 Meters (open, non-VU)	2:01.98	7.9.16
800 Meters (open, VU)	2:02.11	5.26.17
800 Meters (relay)	2:03.81	High School
1000 Meters	2:47.25	3.1.15
1500 Meters (relay)	4:11.6	4.28.17
1500 Meters (open)	4:21.45	5.9.15
Mile	4:33.16	2.10.17

**CAREER OUTDOOR AWARDS**

All-American (2nd Tm)	2016	800 Meters
All-American (HM)	2017	800 Meters
Penn Relays Champion	2015	4x800 Meter Relay
Penn Relays Champion	2017	4x800 Meter Relay
Penn Relays Champion	2016	4x1500 Meter Relay
Penn Relays Champion	2017	4x1500 Meter Relay
Penn Relays Champion	2015	Distance Medley Relay
Penn Relays Champion	2017	Distance Medley Relay
BIG EAST Champion	2016	800 Meters
BIG EAST Champion	2017	1500 Meters
BIG EAST Champion	2017	4x400 Meter Relay
All-BIG EAST	2016	800 Meters
All-BIG EAST	2015	1500 Meters
All-BIG EAST	2017	1500 Meters
All-BIG EAST	2015	4x400 Meter Relay
All-BIG EAST	2017	4x400 Meter Relay
All-BIG EAST	2016	4x800 Meter Relay
Mid-Atl. Track Ath. of Year	2017	USTFCCCA
Athlete of the Meet	2017	Penn Relays
BIG EAST Ath. of Week	2017	April 24-30

**CAREER OUTDOOR RESULTS**

**400 Meters**

4.9.16	Hurricane Alumni Invitational	55.97
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**800 Meters**

5.26.17	NCAA East Preliminary (Q)	2:02.11
3.31.17	Florida Relays	2:03.07
4.22.16	Larry Ellis Invitational (E)	2:03.52
5.27.16	NCAA East Preliminary (Q)	2:03.72
6.9.16	NCAA Championships (S)	2:04.72
5.29.15	NCAA East Preliminary (Q)	2:05.14
5.16.15	ECAC Championship (P)	2:05.66
5.26.16	NCAA East Preliminary (1)	2:06.04
5.28.15	NCAA East Preliminary (1)	2:06.06
4.11.15	Hurricane Alumni Invitational	2:06.76
6.6.15	New Jersey International Invitational (JC)	2:06.79
5.14.16	BIG EAST Championships (F)	2:06.82
6.8.17	NCAA Championships (S)	2:07.14
5.25.17	NCAA East Preliminary (1)	2:07.52
5.13.16	BIG EAST Championships (P)	2:08.09

**1500 Meters**

5.9.15	BIG EAST Championships (F)	4:21.45
4.3.15	Colonial Relays (S)	4:22.56
5.8.15	BIG EAST Championships (P)	4:27.08
5.13.17	BIG EAST Championships (F)	4:28.17
5.12.17	BIG EAST Championships (P)	4:28.25

**4x400 Meter Relay**

4.8.17	Hurricane Alumni Invitational (4)	3:39.73
5.9.15	BIG EAST Championships (2)	3:41.83
5.13.17	BIG EAST Championships (4)	3:44.34
4.11.15	Hurricane Alumni Invitational (3)	3:44.91
4.9.16	Hurricane Alumni Invitational (3)	3:55.82

**4x800 Meter Relay**

4.29.17	Penn Relays (4)	8:24.87
4.25.15	Penn Relays (3)	8:26.36
5.14.16	BIG EAST Championships (4)	8:56.05

**Distance Medley Relay**

4.27.17	Penn Relays (800)	10:53.97
4.23.13	Penn Relays (800)	11:09.06
4.28.16	Penn Relays (1200)	11:21.77

**4x1500 Meter Relay**

4.28.17	Penn Relays (4)	17:25.85
4.29.16	Penn Relays (4)	17:44.29

**Ava Coleman**

**Freshman/Freshman**  
**Pole Vault**  
**Southington, Conn./Mercy**

**PERSONAL BESTS**

55 Meter Hurdles	8.98	High School
100 Meter Hurdles	15.48	High School
Pole Vault	3.45m	High School

**CAREER OUTDOOR RESULTS**

**Pole Vault**

5.12.17	BIG EAST Championships	3.41m
4.26.17	Haverford Invitational	3.40m
4.29.17	Lions Invitational	3.40m
4.1.17	Colonial Relays (C)	3.20m

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Rebecca Del Rossi

Junior/Junior  
Cross Country/Distance  
Canton, N.Y./Hugh C. Williams

#### PERSONAL BESTS

400 Meters	1:00.88	3.26.16
600 Meters	1:35.73	2.10.17
800 Meters	2:09.00	4.22.16
1000 Meters	2:57.65	1.8.16
1500 Meters	4:36.24	3.26.16
Mile	5:10.42	12.3.16

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2016	4x800 Meter Relay
All-BIG EAST	2017	4x800 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 400 Meters

3.26.16	Penn Challenge	1:00.88
3.25.17	Penn Challenge	1:01.29

##### 800 Meters

4.22.16	Larry Ellis Invitational (E)	2:09.00
4.8.17	Hurricane Alumni Invitational	2:11.44
4.1.16	Colonial Relays (C)	2:12.29
3.31.17	Colonial Relays	2:12.74
4.9.16	Hurricane Alumni Invitational	2:12.80
5.12.17	BIG EAST Championships (P)	2:12.91
5.13.16	BIG EAST Championships (P)	2:13.27
4.21.17	Larry Ellis Invitational (E)	2:13.28
4.17.15	Larry Ellis Invitational	2:14.59
5.13.17	BIG EAST Championships (F)	2:14.91
4.29.17	Lions Invitational	2:16.13
3.21.15	Philadelphia College Classic	2:17.87
4.3.15	Colonial Relays (S)	2:18.74

##### 1500 Meters

3.26.16	Penn Challenge	4:36.24
3.25.17	Penn Challenge	4:37.27
4.11.15	Delaware Open	4:43.55

##### 4x800 Meter Relay

5.14.16	BIG EAST Championships (3)	8:56.05
5.13.17	BIG EAST Championships (3)	9:04.72

##### Distance Medley Relay

4.28.16	Penn Relays (800)	11:21.77
4.1.17	Colonial Relays (1200)	11:46.25
4.2.16	Colonial Relays (1200)	11:52.12

### Gloria Donou

Freshman/Freshman  
Jumps  
East Brunswick, N.J./East Brunswick

#### PERSONAL BESTS

Long Jump	5.56m	High School
Triple Jump	11.32m	1.14.17

#### CAREER OUTDOOR RESULTS

##### 4x100 Meter Relay

5.13.17	BIG EAST Championships (4)	48.70
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##### Long Jump

4.27.17	Penn Relays (C)	5.38m
4.29.17	Lions Invitational	5.16m
3.31.17	Colonial Relays (U)	5.11m
3.25.17	Penn Challenge	5.10m
5.12.17	BIG EAST Championships	5.02m

##### Triple Jump

5.13.17	BIG EAST Championships	11.05m
4.1.17	Colonial Relays (U)	10.36m

### Alexandra Elder

Senior/Senior  
Pole Vault  
Moorestown, N.J./Moorestown

#### PERSONAL BEST

Pole Vault	3.71m	5.8.15
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#### CAREER OUTDOOR RESULTS

##### Pole Vault

5.8.15	BIG EAST Championships	3.71m
5.13.16	BIG EAST Championships	3.56m
4.19.14	Larry Ellis Invitational	3.55m
5.3.14	Princeton Elite Meet	3.55m
5.2.15	Princeton Open	3.55m
4.16.16	Princeton Outdoor Invite	3.50m
4.23.16	Larry Ellis Invitational	3.40m
4.29.17	Lions Invitational	3.40m
4.18.15	Larry Ellis Invitational	3.35m
3.26.16	Penn Challenge	3.35m
4.30.16	Lions Invitational	3.35m
4.1.17	Colonial Relays (C)	3.35m
4.22.17	Larry Ellis Invitational	3.35m
3.25.17	Penn Challenge	3.30m
3.29.14	Danny Curran Invitational	3.27m
3.28.15	Danny Curran Invitational	3.27m
5.12.17	BIG EAST Championships	3.26m
4.3.15	Colonial Relays (C)	3.20m
4.25.15	Delaware Classic	3.15m
4.4.14	Colonial Relays	3.10m

### Kristen Erickson

Senior/Senior  
Throws  
Princeton, Mass./ACS Cobham International School

#### PERSONAL BESTS

Weight Throw	10.82m	1.10.14
Shot Put	13.30m	2.25.17
Discus	30.98m	3.26.16
Hammer	35.48m	3.26.16
Javelin	31.10m	3.25.17

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2016	Shot Put
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#### CAREER OUTDOOR RESULTS

##### Shot Put

5.14.16	BIG EAST Championships	13.15m
4.8.17	Hurricane Alumni Invitational	12.81m
4.16.16	Princeton Outdoor Invite	12.71m
4.23.16	Larry Ellis Invitational	12.64m
5.9.15	BIG EAST Championships	12.61m
5.13.17	BIG EAST Championships	12.48m
3.26.16	Penn Challenge	12.47m
3.25.17	Penn Challenge	12.38m
4.2.16	Colonial Relays	12.28m
4.1.17	Colonial Relays (U)	12.27m
4.27.17	Penn Relays (C)	12.25m
4.4.15	Colonial Relays (C)	12.14m
4.25.15	Delaware Classic	12.06m
4.9.16	Sam Howell Invitational	11.99m
4.11.15	Delaware Open	11.88m
3.21.15	Philadelphia College Classic	11.86m
5.11.14	BIG EAST Championships	11.72m
3.22.14	Philadelphia College Classic	11.28m
4.26.14	Delaware Classic	11.14m
4.12.14	Delaware Open	11.00m
4.5.14	Colonial Relays	10.66m

##### Discus

3.26.16	Penn Challenge	30.98m
5.9.15	BIG EAST Championships	30.94m
3.25.17	Penn Challenge	30.35m
4.25.15	Delaware Classic	29.96m
3.27.15	Danny Curran Invitational	28.73m
4.11.15	Delaware Open	28.03m

##### Hammer

3.26.16	Penn Challenge	35.48m
4.11.15	Delaware Open	35.30m
4.2.15	Colonial Relays (C)	34.83m
4.8.16	Sam Howell Invitational	34.64m
3.29.14	Danny Curran Invitational	34.27m
5.8.15	BIG EAST Championships	32.69m
3.31.16	Colonial Relays	32.61m
4.26.14	Delaware Classic	31.56m
4.25.15	Delaware Classic	31.23m
3.21.15	Philadelphia College Classic	31.03m

##### Javelin

3.25.17	Penn Challenge	31.10m
4.8.16	Sam Howell Invitational	31.09m
4.16.16	Princeton Outdoor Invite	30.77m
5.13.16	BIG EAST Championships	29.18m
5.12.17	BIG EAST Championships	28.25m
3.26.16	Penn Challenge	27.58m



# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Katie Fisher

Sophomore/Sophomore  
Cross Country/Distance  
Uxbridge, Ont./Uxbridge Secondary

#### PERSONAL BESTS

800 Meters	2:19.49	High School
1500 Meters	4:35.44	4:22.16
Mile	4:54.57	2:10.17
3000 Meters	9:42.35	2:25.17
5000 Meters	16:53.47	4:28.16
10000 Meters	36:50.67	5.13.16

#### CAREER OUTDOOR RESULTS

**800 Meters**

3.25.17	Penn Challenge	2:19.63
3.26.16	Penn Challenge	2:20.91

**1500 Meters**

4.22.16	Larry Ellis Invitational (E)	4:35.44
3.25.17	Penn Challenge	4:37.40
3.26.16	Penn Challenge	4:40.56
4.8.16	Sam Howell Invitational (I)	4:41.61

**3000 Meters**

3.21.15	Philadelphia College Classic	10:06.24
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**5000 Meters**

4.28.16	Penn Relays (CH)	16:53.47
5.14.16	BIG EAST Championships	17:29.41
4.1.16	Colonial Relays (CH)	17:31.32
5.9.15	BIG EAST Championships	18:02.05
5.13.17	BIG EAST Championships	18:13.03

**10000 Meters**

5.13.16	BIG EAST Championships	36:50.67
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### Dominique Franco

Freshman/Freshman  
Pole Vault  
Richboro, Pa./Council Rock South

#### PERSONAL BEST

Pole Vault	3.85m	High School
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### Caroline Hamilton

Senior/Senior  
Throws  
Nottingham, Pa./Oxford Area

#### PERSONAL BEST

Javelin	44.59m	4.28.17
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#### CAREER OUTDOOR AWARDS

BIG EAST Champion	2016	Javelin
BIG EAST Champion	2017	Javelin
All-BIG EAST	2014	Javelin
All-BIG EAST	2015	Javelin
All-BIG EAST	2016	Javelin
All-BIG EAST	2017	Javelin
Mike Traghese Award	2017	BIG EAST Conference

#### CAREER OUTDOOR RESULTS

**Javelin**

4.28.17	Penn Relays (C)	44.59m
5.12.17	BIG EAST Championships	44.51m
4.16.16	Princeton Outdoor Invite	43.94m
4.29.16	Penn Relays (C)	43.75m
4.1.16	Colonial Relays (C)	43.10m
4.8.17	Hurricane Alumni Invitational	43.01m
5.2.15	Princeton Open	42.98m
4.21.17	Larry Ellis Invitational	42.50m
3.25.17	Penn Challenge	42.45m
5.13.16	BIG EAST Championships	41.67m
4.22.16	Larry Ellis Invitational	41.21m
3.26.16	Penn Challenge	40.81m
4.3.15	Colonial Relays	40.70m
4.25.15	Delaware Classic	40.39m
4.17.15	Larry Ellis Invitational	40.07m
4.8.16	Sam Howell Invitational	40.06m
5.8.15	BIG EAST Championships	39.59m
5.11.14	BIG EAST Championships	39.58m
4.12.14	Delaware Open	39.44m
4.26.14	Delaware Classic	39.13m
3.31.17	Colonial Relays (C)	38.60m
4.4.14	Colonial Relays	38.15m
3.21.15	Philadelphia College Classic	38.00m
5.16.15	ECAC Championship	37.71m
4.11.15	Delaware Open	37.60m
3.28.15	Danny Curran Invitational	37.10m
4.19.14	Larry Ellis Invitational	31.92m

### Sidney Hayes

Junior/Junior  
Sprints  
Spring Grove, Pa./McDonogh School

#### PERSONAL BESTS

400 Meters	55.84	2.13.15
500 Meters	1:15.4	High School

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2015	4x400 Meter Relay
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#### CAREER OUTDOOR RESULTS

**400 Meters**

5.8.15	BIG EAST Championships (P)	56.08
5.12.17	BIG EAST Championships (P)	56.52
4.9.16	Hurricane Alumni Invitational	56.53
4.23.16	Larry Ellis Invitational	56.66
5.9.15	BIG EAST Championships (F)	56.68
4.22.17	Larry Ellis Invitational	56.97
5.2.15	Princeton Open	57.07
5.13.16	BIG EAST Championships (P)	57.09
5.13.17	BIG EAST Championships (F)	57.39
3.31.17	Colonial Relays	59.08

**4x400 Meter Relay**

5.9.15	BIG EAST Championships (4)	3:41.83
4.29.17	Penn Relays (2) (ECAC)	3:43.28
4.27.17	Penn Relays (2) (P)	3:46.12
4.23.16	Larry Ellis Invitational (1)	3:51.48
4.9.16	Hurricane Alumni Invitational (2)	3:55.82

**Sprint Medley Relay**

4.1.17	Colonial Relays (400)	4:02.42
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**Distance Medley Relay**

4.28.16	Penn Relays (400)	11:21.77
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# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Katie HoSang

**Junior/Junior  
Multi Events  
Bedford, N.H./Bedford**

#### PERSONAL BESTS

Pentathlon 2,952 1.29.16  
Heptathlon 4,015 5.9.15

55 Meter Hurdles 9.46 1.29.15  
60 Meter Hurdles 8.89 1.20.17  
100 Meter Hurdles 14.28 5.14.16  
200 Meters 25.79 1.20.17  
300 Meters 42.88 12.6.14  
400 Meters 58.90 High School  
400 Meter Hurdles 1:03.27 5.13.16  
800 Meters 2:20 High School  
High Jump 1.53m High School  
Long Jump 4.95m 2.7.15  
Shot Put 9.04m 2.26.16  
Javelin 31.80m 4.25.15

#### CAREER OUTDOOR AWARDS

All-BIG EAST 2016 4x100 Meter Relay  
All-BIG EAST 2015 Heptathlon

#### CAREER OUTDOOR RESULTS

##### 100 Meter Hurdles

5.14.16 BIG EAST Championships (F) 14.28  
5.13.16 BIG EAST Championships (P) 14.71  
4.9.16 Colonial Relays 14.86  
4.23.16 Larry Ellis Invitational (P) 14.86  
3.25.17 Penn Challenge 14.86  
4.16.16 Princeton Outdoor Invite (P) 15.00  
4.1.16 Colonial Relays (P) 15.30  
5.8.15 BIG EAST Championships (HEP) 15.84  
4.11.15 Delaware Open 16.00  
4.3.15 Colonial Relays (P) 16.36  
3.21.15 Philadelphia College Classic 16.38  
4.25.15 Delaware Classic 16.56  
3.28.15 Danny Curran Invitational 16.70

##### 200 Meters

5.8.15 BIG EAST Championships (HEP) 26.82  
3.21.15 Philadelphia College Classic 26.89  
4.11.15 Delaware Open 27.35

##### 400 Meter Hurdles

5.13.16 BIG EAST Championships (P) 1:03.27  
4.28.16 Penn Relays (CH) 1:04.01  
4.16.16 Princeton Outdoor Invite 1:04.16  
3.25.17 Penn Challenge 1:04.24  
4.1.16 Colonial Relays 1:05.09  
4.9.16 Hurricane Alumni Invitational 1:05.38  
5.14.16 BIG EAST Championships 1:05.53  
3.26.16 Penn Challenge 1:05.78

##### 800 Meters

5.9.15 BIG EAST Championships (HEP) 2:30.52

##### 4x100 Meter Relay

5.14.16 BIG EAST Championships (1) 47.66

##### 4x400 Meter Relay

4.9.16 Hurricane Alumni Invitational (4) 3:55.82

##### Sprint Medley Relay

4.2.16 Colonial Relays (200-1) 4:03.09

##### High Jump

4.4.15 Colonial Relays 1.45m  
5.8.15 BIG EAST Championships (HEP) 1.43m

##### Long Jump

5.9.15 BIG EAST Championships (HEP) 4.55m

### Shot Put

5.8.15 BIG EAST Championships (HEP) 7.67m

### Javelin

4.25.15 Delaware Classic 31.80m  
5.13.16 BIG EAST Championships 31.80m  
5.9.15 BIG EAST Championships (HEP) 31.48m

### Heptathlon

5.9.15 BIG EAST Championships 4,015

### Kaleigh Hughes

**Sophomore/Freshman  
Cross Country/Distance  
Needham, Mass./Needham**

#### PERSONAL BESTS

800 Meters 2:13.56 High School  
1000 Meters 2:55.37 High School  
Mile 4:54.27 High School

### Nicole Hutchinson

**Sophomore/Sophomore  
Cross Country/Distance  
West Vancouver, B.C./Sentinel Secondary**

#### PERSONAL BESTS

800 Meters 2:08.91 4.8.17  
1000 Meters 2:48.90 1.20.17  
1500 Meters 4:13.71 5.27.17  
Mile 4:36.16 2.18.17  
3000 Meters 9:09.59 2.4.17

#### CAREER OUTDOOR AWARDS

All-American (HM) 2017 1500 Meters  
Penn Relays Champion 2017 4x800 Meter Relay  
Penn Relays Champion 2017 Distance Medley Relay  
Penn Relays Champion 2016 4x1500 Meter Relay  
Penn Relays Champion 2017 4x1500 Meter Relay  
All-BIG EAST 2017 1500 Meters  
All-BIG EAST 2016 4x800 Meter Relay  
All-BIG EAST 2017 4x800 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 800 Meters

4.8.17 Hurricane Alumni Invitational 2:08.91  
4.1.16 Colonial Relays (C) 2:14.46  
4.9.16 Hurricane Alumni Invitational 2:17.03  
3.26.16 Penn Challenge 2:17.10

##### 1500 Meters

5.27.17 NCAA East Preliminary (Q) 4:13.71  
5.25.17 NCAA East Preliminary (I) 4:18.48  
3.31.17 Florida Relays 4:18.50  
6.8.17 NCAA Championships (S) 4:21.01  
3.26.16 Penn Challenge 4:25.43  
5.13.16 BIG EAST Championships (P) 4:27.48  
4.1.16 Colonial Relays (C) 4:27.53  
5.13.17 BIG EAST Championships (F) 4:30.11  
4.22.16 Larry Ellis Invitational (E) 4:30.22  
5.12.17 BIG EAST Championships (P) 4:34.14  
5.14.16 BIG EAST Championships (F) 4:35.50

##### 4x800 Meter Relay

4.29.17 Penn Relays (1) 8:24.87  
5.14.16 BIG EAST Championships (1) 8:56.05  
5.13.17 BIG EAST Championships (4) 9:04.72

##### Distance Medley Relay

4.27.17 Penn Relays (1200) 10:53.97

### 4x1500 Meter Relay

4.28.17 Penn Relays (3) 17:25.85  
4.29.16 Penn Relays (3) 17:44.29

### Erin Jaskot

**Junior/Junior  
Cross Country/Distance  
Blauvelt, N.Y./Tappan Zee**

#### PERSONAL BESTS

400 Meters 1:00.12 3.26.16  
500 Meters 1:15.14 2.27.16  
600 Meters 1:35.65 2.10.17  
800 Meters 2:13.13 4.1.16  
1000 Meters 2:56.29 1.8.16  
1500 Meters 4:37.10 4.17.15  
Mile 5:08.35 12.3.16

#### CAREER OUTDOOR RESULTS

##### 400 Meters

3.26.16 Penn Challenge 1:00.12

##### 800 Meters

4.1.16 Colonial Relays (C) 2:13.13  
4.22.16 Larry Ellis Invitational (E) 2:13.34  
5.8.15 BIG EAST Championships (P) 2:13.62  
4.11.15 Hurricane Alumni Invitational 2:16.78  
4.3.15 Colonial Relays (S) 2:18.38  
5.13.16 BIG EAST Championships (P) 2:19.78

##### 1500 Meters

4.17.15 Larry Ellis Invitational 4:37.10  
3.26.16 Penn Challenge 4:38.03  
4.8.16 Sam Howell Invitational (I) 4:43.52

##### 4x400 Meter Relay

4.11.15 Hurricane Alumni Invitational (2) 3:55.47

##### 4x800 Meter Relay

5.9.15 BIG EAST Championships (1) 8:55.56

##### Distance Medley Relay

4.2.16 Colonial Relays (800) 11:52.12

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Melissa June

Junior/Junior  
Sprints

Massapequa, N.Y./Saint Anthony's

#### PERSONAL BESTS

60 Meters	7.63	1.16.15
100 Meters	12.11	5.2.15
200 Meters	24.76	2.13.15
300 Meters	41.13	12.5.15

#### CAREER OUTDOOR AWARDS

School Record Holder     4x100 Meter Relay - 45.95 (4.11.15)

#### CAREER OUTDOOR RESULTS

##### 100 Meters

5.2.15	Princeton Open	12.11
5.8.15	BIG EAST Championships (P)	12.29
4.3.15	Colonial Relays (P)	12.30
4.11.15	Hurricane Alumni Invitational	12.30
5.9.15	BIG EAST Championships (F)	12.41
5.12.17	BIG EAST Championships (P)	12.46
4.26.17	Haverford Invitational	12.53
4.8.17	Sam Howell Invitational	12.56
5.13.17	BIG EAST Championships (F)	12.56
4.22.17	Larry Ellis Invitational	12.57
3.31.17	Colonial Relays	12.68

##### 200 Meters

4.3.15	Colonial Relays	24.97
5.8.15	BIG EAST Championships (P)	25.27
4.26.17	Haverford Invitational	25.54
4.22.17	Larry Ellis Invitational	26.09
4.8.17	Sam Howell Invitational	26.28
4.11.15	Hurricane Alumni Invitational	27.12

##### 4x100 Meter Relay

4.11.15	Hurricane Alumni Invitational (4)	45.95
5.2.15	Princeton Open (4)	46.18
4.4.15	Colonial Relays (4)	46.34
5.9.15	BIG EAST Championships (4)	47.06
4.23.15	Penn Relays (4) (P)	47.78
5.13.17	BIG EAST Championships (3)	48.70

##### Sprint Medley Relay

4.4.15	Colonial Relays (200-1)	4:00.04
4.1.17	Colonial Relays (200-1)	4:02.42

### McKenna Keegan

Freshman/Freshman  
Cross Country/Sprints  
West Grove, Pa./Avon Grove

#### PERSONAL BESTS

400 Meters (relay)	54.05	4.27.17
400 Meters (open)	54.6	High School
600 Meters	1:33.36	1.14.17
800 Meters (open)	2:08	High School
800 Meters (relay)	2:08.14	4.29.17

#### CAREER OUTDOOR AWARDS

Penn Relays Champion     2017     4x800 Meter Relay  
Penn Relays Champion     2017     Distance Medley Relay

#### CAREER OUTDOOR RESULTS

##### 400 Meters

4.8.17	Hurricane Alumni Invitational	56.25
4.22.17	Larry Ellis Invitational	56.25
3.31.17	Colonial Relays	56.42
5.12.17	BIG EAST Championships (P)	56.86
5.13.17	BIG EAST Championships (F)	57.93

##### 800 Meters

4.22.17     Larry Ellis Invitational     2:09.70

##### 4x400 Meter Relay

4.8.17     Hurricane Alumni Invitational (1)     3:39.74

##### 4x800 Meter Relay

4.29.17     Penn Relays (3)     8:24.87

##### Distance Medley Relay

4.27.17     Penn Relays (400)     10:53.97  
4.1.17     Colonial Relays (800)     11:46.25

### Sarah Knowles

Sophomore/Sophomore  
Sprints

Clifton Park, N.Y./Shenendehowa

#### PERSONAL BESTS

200 Meters	26.31	3.26.16
300 Meters	41.0	High School
400 Meters	55.53	High School
500 Meters	1:15.58	2.26.16
600 Meters	1:35.5	High School
800 Meters	2:19.56	12.5.15

#### CAREER OUTDOOR RESULTS

##### 200 Meters

3.26.16     Penn Challenge     26.31

##### 400 Meters

4.23.16	Larry Ellis Invitational	56.73
4.16.16	Princeton Outdoor Invite	56.91
5.13.16	BIG EAST Championships (P)	57.16
4.1.16	Colonial Relays	57.32
5.12.17	BIG EAST Championships (P)	57.59
4.26.17	Haverford Invitational	57.95
4.8.17	Sam Howell Invitational	58.05
3.26.16	Penn Challenge	58.12
3.25.17	Penn Challenge	58.23
5.13.17	BIG EAST Championships (F)	58.26
4.22.17	Larry Ellis Invitational	58.62

##### 4x400 Meter Relay

5.14.16	BIG EAST Championships (2)	3:51.15
4.16.16	Princeton Outdoor Invite (2)	3:51.17
4.23.16	Larry Ellis Invitational (4)	3:51.48
4.28.16	Penn Relays (3) (P)	3:52.78

##### Distance Medley Relay

4.2.16     Colonial Relays (400)     11:52.12



# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Hannah Lee

Senior/Senior  
Throws

Scituate, R.I./St. Mary Academy Bay View

#### PERSONAL BESTS

Shot Put	8.38m	High School
Weight Throw	8.87m	12.7.13
Discus	28.65m	High School
Hammer	34.13m	3.29.14
Javelin	39.57m	5.12.17

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2016	Javelin
All-BIG EAST	2017	Javelin

#### CAREER OUTDOOR RESULTS

##### Hammer

3.29.14	Danny Curran Invitational	34.13m
4.26.14	Delaware Classic	30.26m

##### Javelin

5.12.17	BIG EAST Championships	39.57m
4.28.17	Lions Invitational	38.40m
4.26.17	Haverford Invitational	37.94m
4.8.17	Sam Howell Invitational	37.18m
3.25.17	Penn Challenge	36.49m
5.8.15	BIG EAST Championships	36.38m
4.16.16	Princeton Outdoor Invite	36.25m
4.12.14	Delaware Open	35.64m
4.8.16	Sam Howell Invitational	35.53m
4.25.15	Delaware Classic	35.36m
5.11.14	BIG EAST Championships	34.78m
5.13.16	BIG EAST Championships	34.50m
3.21.15	Philadelphia College Classic	34.20m
4.26.14	Delaware Classic	33.63m
4.4.14	Colonial Relays	33.55m
3.28.15	Danny Curran Invitational	31.84m
4.11.15	Delaware Open	31.01m

### Jessica Lee

Freshman/Freshman  
Pole Vault  
Kailua, Hawaii/Iolani

#### PERSONAL BEST

Pole Vault	3.65m	4.1.17
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#### CAREER OUTDOOR RESULTS

##### Pole Vault

4.1.17	Colonial Relays (C)	3.65m
5.12.17	BIG EAST Championships	3.56m
4.27.17	Penn Relays (C)	3.50m
3.25.17	Penn Challenge	3.30m

### Adrianna Letros

Freshman/Freshman  
Sprints

North York, Ont./Villanova College

#### PERSONAL BESTS

60 Meter Hurdles	8.45	12.3.16
300 Meters	43.41	12.3.16
400 Meter Hurdles	1:09.00	4.26.17

#### CAREER OUTDOOR RESULTS

##### 400 Meter Hurdles

4.26.17	Haverford Invitational	1:09.00
3.25.17	Penn Challenge	1:11.27

### Ekiah Lewis

Senior/Senior  
Sprints/Jumps

San Bernardino, Calif./Citrus Valley

#### PERSONAL BESTS

60 Meters	7.94	12.3.16
100 Meters	12.31	High School
200 Meters	25.96	High School
Long Jump	5.72m	4.1.16
Triple Jump	10.85m	5.14.16

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2016	4x100 Meter Relay
All-BIG EAST	2016	Long Jump

#### CAREER OUTDOOR RESULTS

##### 100 Meters

4.11.15	Delaware Open	12.35
4.18.15	Larry Ellis Invitational	12.53
4.3.15	Colonial Relays (P)	12.62
3.21.15	Philadelphia College Classic	12.84
4.12.14	Delaware Open	12.91
3.22.14	Philadelphia College Classic	13.10

##### 4x100 Meter Relay

4.24.14	Penn Relays (1) (P)	47.66
5.14.16	BIG EAST Championships (4)	47.66
4.19.14	Larry Ellis Invitational (4)	48.61
3.22.14	Philadelphia College Classic (4)	49.02
3.29.14	Raleigh Relays (3)	49.02

##### Long Jump

4.1.16	Colonial Relays	5.72m
4.9.16	Hurricane Alumni Invitational	5.65m
4.28.16	Penn Relays (C)	5.62m
5.13.16	BIG EAST Championships	5.59m
3.26.16	Penn Challenge	5.58m
5.2.15	Princeton Open	5.42m
4.23.16	Larry Ellis Invitational	5.42m
4.3.15	Colonial Relays	5.32m
5.10.14	BIG EAST Championships	5.24m
4.19.14	Larry Ellis Invitational	5.20m
3.22.14	Philadelphia College Classic	5.12m
4.11.15	Delaware Open	5.11m
4.4.14	Colonial Relays	5.06m
3.28.14	Raleigh Relays (C)	4.93m
5.8.15	BIG EAST Championships	4.89m

##### Triple Jump

5.14.16	BIG EAST Championships	10.85m
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### Kelsey Margey

Senior/Senior  
Cross Country/Distance

Huntington, N.Y./Friends Academy

#### PERSONAL BESTS

400 Meters	58.82	4.11.15
500 Meters	1:16.39	1.16.15
600 Meters	1:32.28	1.23.15
800 Meters	2:05.43	2.22.14
1000 Meters	2:43.89	1.11.13
1500 Meters	4:17.14	5.11.13
Mile	4:41.78	2.2.13

#### CAREER OUTDOOR AWARDS

Penn Relays Champion	2013	4x800 Meter Relay
Penn Relays Champion	2014	4x800 Meter Relay
Penn Relays Champion	2015	4x800 Meter Relay
BIG EAST Champion	2013	4x800 Meter Relay
All-BIG EAST	2013	4x800 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 400 Meters

4.11.15	Hurricane Alumni Invitational	58.82
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##### 800 Meters

4.13.13	Hurricane Alumni Invitational	2:06.03
5.17.14	ECAC Championship (P)	2:06.85
4.18.14	Larry Ellis Invitational	2:07.00
5.4.13	BIG EAST Championships (P)	2:07.43
5.23.13	NCAA East Preliminary (1)	2:07.75
3.30.13	Raleigh Relays	2:07.93
3.29.14	Raleigh Relays	2:08.99
5.5.13	BIG EAST Championships (F)	2:09.61
5.8.15	BIG EAST Championships (P)	2:10.39
4.17.15	Larry Ellis Invitational	2:13.75

##### 1500 Meters

5.11.13	ECAC Championship	4:17.14
5.29.14	NCAA East Preliminary (1)	4:17.91
5.11.14	BIG EAST Championships	4:18.83
6.8.13	New Jersey International Invitational	4:19.61
3.28.14	Raleigh Relays	4:22.49
3.29.13	Raleigh Relays	4:22.54
5.31.14	NCAA East Preliminary (Q)	4:25.14

##### 4x400 Meter Relay

4.11.15	Hurricane Alumni Invitational (4)	3:44.91
4.12.14	Hurricane Alumni Invitational (2)	3:45.61
4.13.13	Hurricane Alumni Invitational (3)	3:46.33
5.11.14	BIG EAST Championships (2)	3:50.74

##### 4x800 Meter Relay

4.27.13	Penn Relays (1)	8:17.45
4.26.14	Penn Relays (1)	8:21.49
4.25.15	Penn Relays (1)	8:26.36
5.5.13	BIG EAST Championships (2)	8:34.23
5.9.15	BIG EAST Championships (3)	8:55.56

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Arielle Massillon

Senior/Senior  
Sprints

Charlotte, N.C./Providence Day School

#### PERSONAL BESTS

100 Meters	12.54	High School
200 Meters	25.86	1:27.17
300 Meters	41.47	12:3.16
400 Meters	57.46	2:26.16
400 Meter Hurdles	1:03.48	4:23.16
500 Meters	1:25.93	12:6.14

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2015	400 Meter Hurdles
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#### CAREER OUTDOOR RESULTS

##### 100 Meters

4.12.14	Delaware Open	13.04
3.29.14	Danny Curran Invitational	13.18
4.19.14	Larry Ellis Invitational	13.18
3.22.14	Philadelphia College Classic	13.37

##### 200 Meters

3.22.14	Philadelphia College Classic	26.99
4.19.14	Larry Ellis Invitational	27.09
4.12.14	Delaware Open	27.33

##### 400 Meter Hurdles

4.23.16	Larry Ellis Invitational	1:03.48
5.9.15	BIG EAST Championships (F)	1:03.70
4.1.16	Colonial Relays	1:04.29
4.16.16	Princeton Outdoor Invite	1:05.26
4.18.15	Larry Ellis Invitational	1:05.52
4.26.17	Haverford Invitational	1:06.07
5.8.15	BIG EAST Championships (P)	1:06.54
4.8.17	Sam Howell Invitational	1:06.70
5.12.17	BIG EAST Championships (P)	1:06.70
4.11.15	Delaware Open	1:08.55
4.22.17	Larry Ellis Invitational	1:08.91
3.21.15	Philadelphia College Classic	1:12.15

##### 4x100 Meter Relay

5.13.17	BIG EAST Championships (2)	48.70
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##### 4x400 Meter Relay

4.28.16	Penn Relays (1) (P)	3:52.78
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##### Sprint Medley Relay

4.2.16	Colonial Relays (400)	4:03.09
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### Temi Odukale

Sophomore/Sophomore  
Sprints

Sewaren, N.J./Woodbridge

#### PERSONAL BESTS

400 Meters	57.62	High School
400 Meter Hurdles	1:02.17	High School
500 Meters	1:19.85	1:16.16

#### CAREER OUTDOOR RESULTS

##### 400 Meter Hurdles

4.16.16	Princeton Outdoor Invite	1:04.01
5.14.16	BIG EAST Championships (F)	1:04.91
5.13.16	BIG EAST Championships (P)	1:05.35
4.26.17	Haverford Invitational	1:05.52
3.31.17	Colonial Relays	1:05.60
5.12.17	BIG EAST Championships)	1:05.73
4.1.16	Colonial Relays	1:06.10
4.22.17	Larry Ellis Invitational	1:06.31
4.8.17	Sam Howell Invitational	1:06.81
3.25.17	Penn Challenge	1:07.55
3.26.16	Penn Challenge	1:08.06
4.30.16	Lions Invitational	1:10.02

##### 4x400 Meter Relay

4.16.16	Princeton Outdoor Invite (4)	3:51.17
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### Amari Onque-Shabazz

Freshman/Freshman  
Sprints

Plainfield, N.J./Union Catholic

#### PERSONAL BESTS

400 Meters (relay)	54.99	4:29.17
400 Meters (open)	56.38	5:12.17
600 Meters	1:34.55	1:14.17
800 Meters	2:11.18	4:8.17
1000 Meters	2:58.68	12:3.16

#### CAREER OUTDOOR AWARDS

BIG EAST Champion	2017	4x400 Meter Relay
All-BIG EAST	2017	400 Meters
All-BIG EAST	2017	4x400 Meter Relay

#### CAREER OUTDOOR RESULTS

##### 400 Meters

5.12.17	BIG EAST Championships (P)	56.38
5.13.17	BIG EAST Championships (F)	56.69
4.22.17	Larry Ellis Invitational	57.35

##### 800 Meters

4.8.17	Hurricane Alumni Invitational	2:11.18
4.21.17	Larry Ellis Invitational (E)	2:11.42
3.31.17	Colonial Relays	2:16.11

##### 4x400 Meter Relay

4.8.17	Hurricane Alumni Invitational (3)	3:39.74
4.29.17	Penn Relays (4) (ECAC)	3:43.28
5.13.17	BIG EAST Championships (2)	3:44.34
4.27.17	Penn Relays (3) (P)	3:46.12

##### Distance Medley Relay

4.1.17	Colonial Relays (400)	11:46.25
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### Bridget Owen

Junior/Junior  
Pole Vault

Northborough, Mass./Algonquin Regional

#### PERSONAL BESTS

Pole Vault	3.81m	5.8.15
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#### CAREER OUTDOOR AWARDS

All-BIG EAST	2016	Pole Vault
All-BIG EAST	2017	Pole Vault

#### CAREER OUTDOOR RESULTS

##### Pole Vault

5.8.15	BIG EAST Championships	3.81m
5.12.17	BIG EAST Championships	3.71m
5.13.16	BIG EAST Championships	3.56m
4.1.17	Colonial Relays (C)	3.50m
4.22.17	Larry Ellis Invitational	3.50m
5.2.15	Princeton Open	3.45m
3.25.17	Penn Challenge	3.45m
3.28.15	Danny Curran Invitational	3.42m
4.29.17	Lions Invitational	3.40m
3.26.16	Penn Challenge	3.35m
4.25.15	Delaware Classic	3.30m
3.21.15	Philadelphia College Classic	3.20m

### Alex Patrick

Sophomore/Sophomore  
Jumps

Media, Pa./Cardinal O'Hara

#### PERSONAL BESTS

Long Jump	5.50m	High School
Triple Jump	11.17m	4:29.17

#### CAREER OUTDOOR RESULTS

##### Long Jump

5.13.16	BIG EAST Championships	5.44m
4.27.17	Penn Relays (C)	5.32m
4.16.16	Princeton Outdoor Invite	5.28m
4.8.17	Sam Howell Invitational	5.25m
4.1.16	Colonial Relays	5.16m
4.30.16	Lions Invitational	5.13m
5.12.17	BIG EAST Championships	5.05m
3.31.17	Colonial Relays (U)	5.01m
3.26.16	Penn Challenge	4.99m
4.29.17	Lions Invitational	4.91m

##### Triple Jump

4.29.17	Lions Invitational	11.17m
3.26.16	Penn Challenge	10.76m
5.13.17	BIG EAST Championships	10.75m
5.14.16	BIG EAST Championships	10.56m
4.30.16	Lions Invitational	10.53m

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Angel Piccirillo

**Graduate Student/Senior  
Cross Country/Distance  
Homer City, Pa./Homer-Center**

#### PERSONAL BESTS

400 Meters	58.23	High School
800 Meters (relay)	2:03.62	4.29.17
800 Meters (open)	2:04.22	4.8.17
1000 Meters	2:40.82	2.27.16
1500 Meters	4:13.49	5.2.15
Mile	4:34.28	2.14.15
3000 Meters	9:06.39	1.30.16

#### CAREER OUTDOOR AWARDS

All-American (2nd Tm)	2014	1500 Meters
All-American (2nd Tm)	2015	1500 Meters
BIG EAST Champion	2015	800 Meters
BIG EAST Champion	2017	800 Meters
BIG EAST Champion	2017	4x400 Meter Relay
BIG EAST Champion	2014	4x800 Meter Relay
All-BIG EAST	2015	800 Meters
All-BIG EAST	2017	800 Meters
All-BIG EAST	2013	1500 Meters
All-BIG EAST	2014	1500 Meters
All-BIG EAST	2017	4x400 Meter Relay
All-BIG EAST	2014	4x800 Meter Relay
All-BIG EAST	2015	4x800 Meter Relay
Penn Relays Champion	2013	Distance Medley Relay
Penn Relays Champion	2015	Distance Medley Relay
Penn Relays Champion	2017	Distance Medley Relay
Penn Relays Champion	2013	4x800 Meter Relay
Penn Relays Champion	2014	4x800 Meter Relay
Penn Relays Champion	2015	4x800 Meter Relay
Penn Relays Champion	2017	4x800 Meter Relay
Penn Relays Champion	2014	4x1500 Meter Relay
Penn Relays Champion	2017	4x1500 Meter Relay
Most Career Victories	9	Penn Relays

#### CAREER OUTDOOR RESULTS

##### 800 Meters

4.8.17	Hurricane Alumni Invitational	2:04.22
5.9.15	BIG EAST Championships (F)	2:04.25
4.13.13	Hurricane Alumni Invitational	2:05.31
4.11.15	Hurricane Alumni Invitational	2:05.45
3.30.13	Raleigh Relays (I)	2:06.62
5.23.13	NCAA East Preliminary (I)	2:06.82
4.12.14	Hurricane Alumni Invitational	2:07.45
5.13.17	BIG EAST Championships (F)	2:07.45
5.17.14	ECAC Championship (P)	2:08.64
3.25.17	Penn Challenge	2:09.23
5.8.15	BIG EAST Championships (P)	2:09.62
5.12.17	BIG EAST Championships (P)	2:12.55
5.24.13	NCAA East Preliminary (Q)	2:12.62

##### 1500 Meters

5.2.15	Payton Jordan Invitational	4:13.49
3.31.17	Florida Relays	4:14.11
5.31.14	NCAA East Preliminary (Q)	4:15.16
5.30.15	NCAA East Preliminary (Q)	4:15.44
5.11.14	BIG EAST Championships	4:17.63
4.3.15	Colonial Relays	4:18.21
5.29.14	NCAA East Preliminary (I)	4:18.72
6.11.15	NCAA Championships (S)	4:19.13
3.25.17	Penn Challenge	4:19.27
4.4.14	Sam Howell Invitational	4:20.39
6.12.14	NCAA Championships (S)	4:21.47
3.29.13	Raleigh Relays (S1)	4:21.79
5.28.15	NCAA East Preliminary (I)	4:21.88
6.8.13	New Jersey International Invitational	4:21.99
5.25.17	NCAA East Preliminary (I)	4:23.62
5.5.13	BIG EAST Championships (F)	4:25.56
6.14.14	NCAA Championships (F)	4:27.66
5.4.13	BIG EAST Championships (P)	4:27.86
5.27.17	NCAA East Preliminary (Q)	4:32.45

##### 4x400 Meter Relay

4.8.17	Hurricane Alumni Invitational (2)	3:39.74
5.9.15	BIG EAST Championships (3)	3:41.83
4.13.13	Hurricane Alumni Invitational (3)	3:43.62
5.13.17	BIG EAST Championships (3)	3:44.34
4.11.15	Hurricane Alumni Invitational (2)	3:44.91
5.5.13	BIG EAST Championships (2)	3:45.22
4.12.14	Hurricane Alumni Invitational (3)	3:46.68

##### 4x800 Meter Relay

4.27.13	Penn Relays (2)	8:17.45
4.26.14	Penn Relays (2)	8:21.49
4.29.17	Penn Relays (2)	8:24.87
4.25.15	Penn Relays (4)	8:26.36
5.11.14	BIG EAST Championships (2)	8:33.36

##### Distance Medley Relay

4.27.17	Penn Relays (1600)	10:53.97
4.25.13	Penn Relays (1200)	10:58.84
4.23.15	Penn Relays (1200)	11:09.06

##### 4x1500 Meter Relay

4.25.14	Penn Relays (2)	17:16.52
4.26.13	Penn Relays (3)	17:17.57
4.28.17	Penn Relays (2)	17:25.85

### Alexandra Russo

**Senior/Junior  
Cross Country/Distance  
Bellport, N.Y./Saint Anthony's**

#### PERSONAL BESTS

800 Meters	2:17	High School
1500 Meters	4:41.73	3:26.16
Mile	4:56.26	2:10.17
3000 Meters	10:01.89	1:16.16
3000 Meter Steeplechase	10:39.41	5:12.17
5000 Meters	17:22.39	2:26.16

#### CAREER OUTDOOR RESULTS

##### 800 Meters

3.26.16	Penn Challenge	2:18.27
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##### 1500 Meters

3.26.16	Penn Challenge	4:41.73
4.11.15	Delaware Open	4:43.31
4.8.16	Sam Howell Invitational (I)	4:45.92
4.29.17	Lions Invitational	4:49.71

##### 3000 Meters

4.3.15	Colonial Relays (CH)	10:05.98
3.21.15	Philadelphia College Classic	10:06.09
4.18.15	Larry Ellis Invitational	10:08.32

##### 3000 Meter Steeplechase

5.12.17	BIG EAST Championships	10:39.41
5.8.15	BIG EAST Championships	10:53.87
4.22.16	Larry Ellis Invitational	11:00.24
4.1.16	Colonial Relays	11:03.94
4.21.17	Larry Ellis Invitational	11:07.07

##### 5000 Meters

4.7.17	Sam Howell Invitational	18:17.58
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### Adeline Scelzi

**Sophomore/Sophomore  
Pole Vault  
Glen Allen, Va./Deep Run**

#### PERSONAL BESTS

Pole Vault	3.71m	5.12.17
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#### CAREER OUTDOOR RESULTS

##### Pole Vault

5.12.17	BIG EAST Championships	3.71m
4.26.17	Haverford Invitational	3.66m
3.25.17	Penn Challenge	3.60m
4.8.17	Hurricane Alumni Invitational	3.55m
4.1.17	Colonial Relays (C)	3.50m
4.29.17	Lions Invitational	3.50m
3.26.16	Penn Challenge	3.35m
4.16.16	Princeton Outdoor Invite	3.35m
4.30.16	Lions Invitational	3.35m
5.13.16	BIG EAST Championships	3.26m

# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Veronica Scott

Senior/Senior  
Sprints/Throws

Plymouth, N.H./St. George's Academy/Exeter

#### PERSONAL BESTS

100 Meter Hurdles	17.1	High School
200 Meters	26.5	High School
400 Meters (relay)	56.19	4.29.17
400 Meters (open)	56.50	3.26.16
400 Meter Hurdles	1:00.87	4.8.17
500 Meters	1:14.48	2.27.16
800 Meters	2:15.10	12.3.16
1000 Meters	3:06.58	12.6.14
Shot Put	9.82m	High School
Javelin	37.82m	5.13.16

#### CAREER OUTDOOR AWARDS

BIG EAST Champion	2016	400 Meter Hurdles
All-BIG EAST	2015	400 Meter Hurdles
All-BIG EAST	2016	400 Meter Hurdles
All-BIG EAST	2017	400 Meter Hurdles
All-BIG EAST	2017	4x800 Meter Relay
All-BIG EAST	2014	Javelin
All-BIG EAST	2016	Javelin

#### CAREER OUTDOOR RESULTS

##### 400 Meters

3.26.16	Penn Challenge	56.50
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##### 400 Meter Hurdles

4.8.17	Hurricane Alumni Invitational	1:00.87
5.14.16	BIG EAST Championships (F)	1:01.26
3.31.17	Colonial Relays	1:01.26
5.9.15	BIG EAST Championships (F)	1:01.35
5.13.16	BIG EAST Championships (P)	1:01.46
4.16.16	Princeton Outdoor Invite	1:01.47
4.27.17	Penn Relays (C)	1:01.49
3.25.17	Penn Challenge	1:01.62
4.22.17	Larry Ellis Invitational	1:01.91
4.9.16	Hurricane Alumni Invitational	1:02.12
4.28.16	Penn Relays (CH)	1:02.26
5.12.17	BIG EAST Championships (P)	1:02.38
5.13.17	BIG EAST Championships (F)	1:02.38
5.16.15	ECAC Championship (P)	1:02.91
4.3.15	Colonial Relays	1:02.96
4.1.16	Colonial Relays	1:03.16
5.8.15	BIG EAST Championships (P)	1:03.50
4.11.15	Hurricane Alumni Invitational	1:03.53
4.23.15	Penn Relays (C)	1:03.56
5.10.14	BIG EAST Championships (P)	1:04.23
4.12.14	Delaware Open	1:04.26
4.4.14	Colonial Relays	1:04.59
3.21.15	Philadelphia College Classic	1:04.70
3.22.14	Philadelphia College Classic	1:04.79
4.19.14	Larry Ellis Invitational	1:05.23
5.11.14	BIG EAST Championships (F)	1:07.22

##### 4x400 Meter Relay

4.29.17	Penn Relays (3) (ECAC)	3:43.28
4.27.17	Penn Relays (4) (P)	3:46.12
5.14.16	BIG EAST Championships (3)	3:51.15
4.16.16	Princeton Outdoor Invite (1)	3:51.17
4.28.16	Penn Relays (2) (P)	3:52.78
4.11.15	Hurricane Alumni Invitational (1)	3:55.47
4.9.16	Hurricane Alumni Invitational (1)	3:55.82

##### 4x800 Meter Relay

5.13.17	BIG EAST Championships (2)	9:04.72
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##### Sprint Medley Relay

4.1.17	Colonial Relays (800)	4:02.42
4.2.16	Colonial Relays (800)	4:03.09
4.5.14	Colonial Relays (400)	4:03.14

### Javelin

5.13.16	BIG EAST Championships	37.82m
5.8.15	BIG EAST Championships	37.26m
5.11.14	BIG EAST Championships	36.60m
5.12.17	BIG EAST Championships	36.34m

### Jacquelyn Smith

Freshman/Freshman

Cross Country/Distance

Palos Verdes Estates, Calif./Palos Verdes

#### PERSONAL BESTS

800 Meters	2:13	High School
1000 Meters	2:54.90	1.20.17
1500 Meters	4:33.10	3.25.17
3000 Meters	10:14.39	3.30.17
Mile	4:48	High School

#### CAREER OUTDOOR RESULTS

##### 800 Meters

3.25.17	Penn Challenge	2:14.83
5.12.17	BIG EAST Championships (P)	2:15.29
4.26.17	Haverford Invitational	2:16.81
5.13.17	BIG EAST Championships (F)	2:23.24

##### 1500 Meters

3.25.17	Penn Challenge	4:33.10
4.21.17	Larry Ellis Invitational (E)	4:35.84
4.8.17	Sam Howell Invitational	4:37.31

##### 3000 Meters

3.30.17	Colonial Relays	10:14.39
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##### Distance Medley Relay

4.1.17	Colonial Relays (1600)	11:46.25
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### Catherine Walker

Sophomore/Sophomore

Pole Vault

Chester, N.Y./Monroe Woodbury

#### PERSONAL BESTS

Pole Vault	3.84m	High School
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#### CAREER OUTDOOR RESULTS

##### Pole Vault

4.23.16	Larry Ellis Invitational	3.70m
4.28.16	Penn Relays (C)	3.65m
4.1.16	Colonial Relays (CH)	3.55m
5.13.16	BIG EAST Championships	3.41m
4.9.16	Hurricane Alumni Invitational	3.40m
4.1.17	Colonial Relays (C)	3.20m

### Danielle Wheatley

Senior/Senior  
Sprints

Greenbelt, Md./Bishop McNamara

#### PERSONAL BESTS

Pentathlon	3,050	2.21.14
55 Meter Hurdles	8.36	High School
60 Meter Hurdles	9.00	High School
100 Meter Hurdles	14.60	High School
200 Meters	25.65	2.7.14
300 Meters	43.78	12.6.14
400 Meters (relay)	57.35	High School
400 Meter Hurdles	1:05.40	4.4.14
800 Meters	2:32.38	2.21.14
High Jump	1.44m	1.30.15
Long Jump	5.48m	High School
Shot Put	8.42m	1.30.15

#### CAREER OUTDOOR AWARDS

All-BIG EAST	2014	100 Meter Hurdles
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#### CAREER OUTDOOR RESULTS

##### 100 Meter Hurdles

5.11.14	BIG EAST Championships	14.70
4.4.14	Colonial Relays (P)	15.04
4.12.14	Hurricane Alumni Invitational	15.12
5.8.15	BIG EAST Championships (P)	15.15
5.9.15	BIG EAST Championships (F)	15.26
5.2.15	Princeton Open (P)	15.51
4.3.15	Colonial Relays (P)	15.73

##### 400 Meter Hurdles

4.4.14	Colonial Relays	1:05.40
4.12.14	Hurricane Alumni Invitational	1:07.58

##### 4x100 Meter Relay

4.19.14	Larry Ellis Invitational (3)	48.61
3.22.14	Philadelphia College Classic (3)	49.02

##### Sprint Medley Relay

4.5.14	Colonial Relays (200-2)	4:03.14
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##### Long Jump

5.2.15	Princeton Open	5.25m
5.8.15	BIG EAST Championships	5.11m
4.11.15	Delaware Open	5.07m
4.3.15	Colonial Relays	4.91m

### Trudy-Ann Williamson

Freshman/Freshman

Sprints

Kingston, Jamaica/Wolmer's Girls School

#### PERSONAL BESTS

60 Meters	7.41	1.14.17
100 Meters	12.0	High School
200 Meters	24.3	High School

#### CAREER OUTDOOR RESULTS

##### 100 Meters

5.15.17	Swarthmore Final Qualifier Meet (Unatt.)	12.11
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# Villanova Women's Track & Field

## Career Outdoor Profiles For Current Student-Athletes

### Yazmin Wilson-Jones

Junior/Junior

Sprints

Staten Island, N.Y./Port Richmond

#### PERSONAL BESTS

200 Meters	26.31	3.26.16
400 Meters	58.02	4.16.16
500 Meters	1:15.08	2.27.16
600 Meters	1:39.29	1.14.17
800 Meters	2:19.91	1.16.16
1000 Meters	3:10.16	12.5.15

#### CAREER OUTDOOR RESULTS

##### 200 Meters

3.26.16	Penn Challenge	26.89
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##### 400 Meters

4.16.16	Princeton Outdoor Invite	58.02
5.13.16	BIG EAST Championships (P)	58.19
3.26.16	Penn Challenge	58.94
4.1.16	Colonial Relays	59.18
3.25.17	Penn Challenge	59.18
3.31.17	Colonial Relays	1:00.58
4.29.17	Lions Invitational	1:00.75
4.3.15	Colonial Relays	1:00.86
4.22.17	Larry Ellis Invitational	1:01.15
4.18.15	Larry Ellis Invitational	1:01.85

##### 4x400 Meter Relay

5.14.16	BIG EAST Championships (4)	3:51.15
4.16.16	Princeton Outdoor Invite (3)	3:51.17
4.23.16	Larry Ellis Invitational (3)	3:51.48
4.28.16	Penn Relays (4) (P)	3:52.78

### Alex Zimmerman

Sophomore/Sophomore

Throws

Lititz, Pa./Manheim Township

#### PERSONAL BESTS

Shot Put	11.35m	2.10.17
Weight Throw	10.85m	12.5.15
Discus	40.99m	3.26.16
Hammer	36.07m	5.12.17

#### CAREER OUTDOOR RESULTS

##### Discus

3.26.16	Penn Challenge	40.99m
5.14.16	BIG EAST Championship	39.44m
4.8.16	Sam Howell Invitational	38.93m
4.26.17	Haverford Invitational	38.67m
4.30.16	Lions Invitational	38.56m
4.2.16	Colonial Relays (U)	38.35m
4.29.17	Lions Invitational	38.14m
4.16.16	Princeton Outdoor Invite	37.90m
4.8.17	Sam Howell Invitational	37.55m
3.25.17	Penn Challenge	36.69m
4.23.16	Larry Ellis Invitational	36.45m
4.1.17	Colonial Relays (C)	35.89m
5.13.17	BIG EAST Championships	35.52m

##### Hammer

5.12.17	BIG EAST Championships	36.07m
5.13.16	BIG EAST Championships	35.80m
3.26.16	Penn Challenge	32.69m
3.25.17	Penn Challenge	32.48m
4.26.17	Haverford Invitational	27.88m
4.28.17	Lions Invitational	25.91m