



Athletic Training Staff Directory

Director of Sports Medicine

Lenny Currier, MS, ATC

Office 610-519-5669

Head Athletic Trainer

Jeff Pierce, MEd, ATC

Men's Basketball

Office 610-519-4557

Assistant Athletic Trainers

Valerie Tinklepaugh, MS, ATC

Women's Basketball

Office 610-519-4594

Daniel (Tiger) Jarvis, MEd, ATC

Football

Office 610-519-5384

Scott Stansbury, MA, ATC

W. Soccer, Baseball

Office 610-519-7430

Wally List, ATC

Cross Country, Track & Field

Office 610-519-7430

Graduate Assistant Athletic Trainers

OFFICE PHONE – (610) 519-5389

Matthew Douma, ATC (*Field Hockey, W. Lax*)

Elizabeth Ebbeler, ATC (*Volleyball, Softball*)

Mischa Jemionek (*Football*)

Pat McCloskey, ATC (*M. Soccer, M. Lax*)

Team Physicians

William Emper, MD (*Orthopedics*)

Robert Good, MD (*Orthopedics*)

Kevin Walsh, MD (*Orthopedics*)

Frank Furman, MD (*Gen. Med.*)

Greg Narzikul, MD (*Gen. Med.*)

Robert Rimkis, DC (*Chiropractic*)

Lee Cohen, DPM (*Podiatry*)

NovaCare Physical Therapist

(Tuesday, Thursday, Friday)

Zach Benevides, PT

Office 610-519-5389

Student Health Services

The Student Health Center is available to all Villanova student athletes 24 hours a day, 7 days per week (except during vacation periods). It is the responsibility of the student athlete to inform the sports medicine staff of any treatment or medications prescribed by the SHS as soon as possible. The Athletic Department recommends the use of the SHC when the athletic training room and team physicians are not available.

Drug Testing Policy

As per University policy, all intercollegiate student athletes will be subjected to year-round, random drug testing on a bi-weekly basis. Individuals will be notified ahead of time when they have been selected. Testing may also occur at pre-season physicals, or with entire teams, at the discretion of the University. The University and the NCAA may also require testing in connection with NCAA Championship events. Any questions regarding drug testing policies or procedures can be directed to Lenny Currier, Director of Sports Medicine, at 610-519-5669.

Villanova University



Sports Medicine

Jake Nevin Field House

610-519-4125

610-519-7728 (Fax)



Lenny Currier, Director of Sports Medicine

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Valerie Tinklepaugh, Asst. Athletic Trainer

Daniel (Tiger) Jarvis, Asst. Athletic Trainer

Scott Stansbury, Asst. Athletic Trainer

Wally List, Asst. Athletic Trainer



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Villanova, Pennsylvania 19085
610-519-6000

<http://www.villanova.edu>

<http://villanova.collegesports.com/ot/sports-med/nova-sports-med-body.html>

HIPAA Privacy Regulations

HIPAA (Health Insurance Portability and Accountability Act) regulations require that all student athletes sign a medical information release form prior to the start of their seasons. The purpose of this form is to inform the community of newsworthy information concerning the health status of athletes as it relates to team prospect and performance. All athletes have the right to revoke this consent at any time, and can do so by contacting the Athletic Director's office.

Athletic Training Room Location & Hours

The athletic training room is located in the Jake Nevin Field House, adjacent to the basketball court. It is typically open Monday through Friday from 7:30am until 6:00pm. Saturday and Sunday hours are dependant on athletic schedules and by appointments.

Athletic Training Room Rules & Expectations

- 1) Student athletes are expected to report all injuries and illnesses to the staff within 24 hours.
- 2) Report to the athletic training room daily for treatment until you are cleared by your athletic trainer.
- 3) Be an active participant in your treatment and rehabilitation (*Report any changes in your condition and ASK Questions!!!*)
- 4) All rehabilitations must be performed during the morning hours (prior to 12pm). **NO AM Treatment, NO PM Treatment!!!**
- 5) Treatments are only initiated by staff athletic trainers. Do **NOT** perform your own treatments.
- 6) No "over the counter" medication will be dispensed without approval from a staff.
- 7) Do **NOT** remove *ANYTHING* from the athletic training room without permission from the staff.
- 8) The athletic training room is **NOT** a lounge! ***ALSO, NO FOOD OR DRINK IS ALLOWED!!***
- 9) ***ABSOLUTELY NO CELL PHONES*** are to be used in the athletic training room. Also, use of office phones without permission is not allowed.
- 10) Coaches will be notified of any violations of these policies by the sports medicine staff!!



Sick Call/Physicians Available

Our team physicians are available on-call during the week. However, they do visit one time per week. You must make an appointment through your athletic trainer in order to see these physicians during their weekly visit. However, they will take walk-ins on a first come, first served basis after all appointments have been seen. The schedule for each physician is listed below:

Orthopedic - Dr. Emper (Tuesday; 5:30pm)

- Dr. Good (Wednesday; 5:00pm)

General Medical

- Dr. Furman (Tuesday; 7:30am)

- Dr. Narzikul (Thursday; 7:30am)

Podiatry – Dr. Cohen (Wednesday; 3:00pm)

Chiropractic – Dr. Rimkis (By Appointment)

Prescription Medications

Occasionally, physicians will prescribe medications as part of the student athlete's treatment protocol. If a prescription for medication is provided by a physician, the student athlete will be asked to bring the prescription to the athletic training room and a staff member will then approve and validate the prescription, which will be accepted at the CVS Pharmacy in Wayne, PA or the CVS Pharmacy in Rosemont, PA. The cost of the medication will be the responsibility of the student athlete if they fail to obtain validation of their prescription by the sports medicine staff. (**See Medical Expenses Policy**).

Physicals/Exit Physicals

Each participating athlete is required by the NCAA to have a current physical examination by a physician prior to participation (per 4 years of participation). Additionally, the University requires that all student athletes show proof of insurance (copy of insurance card) before participating in any intercollegiate athletic activities. A copy of the University admission physical will be sufficient in fulfilling the physical requirement. At the conclusion of each athletic season, the team athletic trainer will coordinate exit physicals with each team member. These examinations provide student athletes the chance to report any current or ongoing problems to the sports medicine staff. If further evaluations are necessary, then the athletic trainer will coordinate these with the student athlete.

Villanova Medical Expenses Policy

Each student athlete's parent/guardian is required by the University to show proof of medical insurance in order for the student to participate in any intercollegiate athletics activity. The athletic department does however maintain a secondary policy to supplement any costs not be covered by primary insurance policies. In the event of injury to a student athlete, **the student athlete's primary insurance will be billed directly**. If total costs are not covered by the primary insurance, then the Sports Medicine department will submit the remaining portion to the athletic department's secondary insurance policy.

In accordance with NCAA rules, Villanova University's athletic department will make every effort to cover those costs associated with athletically related injury or illness to student athletes during their competitive (championship) season and non-traditional (out-of-season) seasons. *However, the Sports Medicine Department reserves the right to evaluate all other claims on a case-by-case basis and exercise discretion regarding payment of such claims.* **In the event that the athletic department does not cover the costs resulting from an injury or illness, it will be the responsibility of the student athlete or his/her parents to cover any balances due.**

Routine eye exams, routine dental cleanings, fillings, or other "basic" services will not be covered by the athletic department. The department will however cover eyeglasses, contact lenses, or dental services needed ***ONLY*** as a result of injury or when it is determined that those services are essential to the athlete's participation in practice or competition with Villanova Athletics.

The Sports Medicine Department, in conjunction with the Athletics Compliance Office can utilize the NCAA Special Assistance Fund (student athlete must qualify) or Student-Athlete Opportunity Fund for some medical costs, if those costs are not covered by the athlete's primary insurance or the athletic department's secondary policy. **If you have any questions regarding this policy, please contact Lenny Currier, Villanova University Director of Sports Medicine at 610-519-5669.**