

**JACK PYRAH INVITATIONAL  
HAVERFORD COLLEGE – HAVERFORD, PA.  
DEC. 7, 2003**

**Women's 3000m**

1. Bridget Akard, Villanova	10:22.16
2. Zita Mezei, Villanova	10:25.02
3. Meslissa Leedle, Bryn Mawr	11:05.09
4. Pam Davis, Swarthmore	11:23.93
5. Julia Stone, Unattached	11:26.85
6. Cathy Danh, Swarthmore	12:09.54

**Men's 5000m**

1. Tom Parlapiano, Villanova	14:45.02
2. Mark Pelerin, Villanova	14:48.00
3. Josiah Melly, Unattached	14:58.71
4. Steve Cornell, Villanova	15:39.71
5. Chip Hazewski, Widener	15:57.53
6. Craig Segal, Villanova	16:12.11

**Women's 55m Hurdles Heat 1**

1. Jessica Dunstow, Temple	8.29
2. Sherian Byam, Villanova	8.32
3. Rochel Clinton, Temple	8.33
4. A. Sowash, Haverford	8.69
5. S. Burke, Haverford	9.22

**Women's 55m Hurdles Heat 2**

1. Jeweia Campbell, Temple	8.45
2. C. Brislin, Haverford	9.38

**Men's 55m Hurdles Heat 1**

1. John Albright, Temple	7.71
2. Jerome Holder, Delaware	7.76
3. Nick Berkey, Villanova	7.99
4. Matt Williams, Swarthmore	8.02
5. Thy Nguyen, Haverford	8.40
6. Denson Ambrose, Temple	10.06

**Women's 55m Dash Heat 1**

1. C. Nwaneshivdv, Haverford	7.25
2. Brittany Wright, Delaware	7.37
3. Jeweia Campbell, Temple	7.43
4. Kristen Fuustillo, Delaware	7.48
5. Rachel Clinton, Temple	7.54
6. Elizabeth Russel, Delaware	7.83

**Women's 55m Dash Heat 2**

1. Nicole Bridgwood, Villanova	8.00
2. Jilliw Faulks, Temple	8.60
3. F. Duffly, Haverford	8.82

**Men's 55m Dash Heat 1**

1. David Jackson, Temple	6.59
2. Steve Johnson, Temple	6.61
3. Bryant Adams, Temple	6.88
4. Shawn Kelly, Temple	6.92
5. Corey Simmons, Temple	6.98
6. Vincent Rogers, Temple	7.40

**Men's 55m Dash Heat 2**

1. Mike Major, Unattached	6.38
2. Thy Nguyen, Haverford	6.86
3. Tony Fulton Sr., Unattached	6.95
4. Craig Henry, Temple	7.06

**Men's 55m Dash Heat 3**

1. David San Filippo, Unattached	7.05
2. Antwain Flowers, Delaware	7.13
3. Zach McCormack, Haverford	7.27

**Women's 500m Heat 1**

1. D. McCabe, Haverford	1:19.92
2. Tyechia Smith, Delaware	1:20.26
3. Rebecca Seery, Delaware	1:25.41
4. B. Massare, Haverford	1:27.85

**Women's 500m Heat 2**

1. Rachel Johnson, Temple	1:18.52
2. Tynisha Gardner, Temple	1:22.47
3. Kristin Davis, Swarthmore	1:34.91

**Women's High Jump**

1. J. O'Pella, Haverford	1.37
2. J. Zagory, Swarthmore	xxx

**Men's High Jump**

1. Vincent Rogers, Temple	1.85
2. Dwayne Shaw, Temple	1.80

**Men's Weight Throw**

1. Mike Yost, Delaware	15.50
2. Bob McDade, Villanova	13.59
3. Ryan Benishake, Delaware	13.25
4. Joe Patson, Delaware	12.73
5. Erik Lindquist, Villanova	11.01

**Women's Weight Throw**

1. Jackie Scogna, Delaware	13.78
2. Vanessa Bebbe, Villanova	13.16
3. Jessica Urbonas, Delaware	11.35
4. Lauren Palmer, Delaware	10.81
5. Stephanie Cronk, Delaware	10.45
6. Rachel Young, Delaware	10.25
7. Kathy Collins, Delaware	8.00

**Men's 500m Heat 1**

1. Paul Moser, Villanova	1:03.01
2. Drew Eckman, Villanova	1:04.25
3. Mike Brown, Unattached	1:05.46

**Men's 500m Heat 2**

1. Matt Williams, Swarthmore	1:10.06
2. Tyler Lyson, Swarthmore	1:10.49
3. Kier Watcherhauser, Swarthmore	1:11.47
4. Jason Mitchell, Temple	1:14.55

**Men's 500m Heat 3**

1. Garvey Camilien, Haverford	1:07.41
2. Chris Nelson, Temple	1:09.66
3. Sean Anderson, Swarthmore	1:21.69
4. Akira Madona, Swarthmore	1:27.73

**Men's 500m Heat 4**

1. Phil Smiley, Delaware	1:09.24
2. Brian Innis, Temple	1:09.33
3. Ryan McGlensey, Delaware	1:10.62
4. Nick Farrar, Swarthmore	1:14.11

**Men's 500m Heat 5**

1. Royal Mitchell, Unattached	1:08.94
2. Mike Major, Unattached	1:09.12
3. Dan Schmidt, Delaware	1:11.21

**Women's 300m Heat 1**

1. Tiera Fletcher, Villanova	40.00
2. Yolanda Malcolm, Villanova	42.57
3. Brittany Wright, Delaware	43.14

**Women's 300m Heat 2**

1. Sherian Byam, Villanova	42.71
2. Kristen Frustillo, Delaware	43.79
3. Jessica Zagony, Swarthmore	49.98

**Women's 300m Heat 3**

1. C. Nwaneshiudu, Haverford	42.42
2. Jessica Dunston, Temple	43.62
3. Renee Fortune, Widener	45.48

**Women's 300m Heat 4**

1. S. Burke, Haverford	44.05
2. Nicole Day, Widener	44.42
3. A. Scwash, Haverford	44.73

**Women's 300m Heat 5**

1. Willie Simmons, Widener	44.19
2. C. Brislin, Haverford	45.33
3. F. Duffy, Haverford	49.85

**Women's 300m Heat 6**

1. T. Bilchartz, Haverford	48.64
2. Anna Tomasulo, Bryn Mawr	48.72

**Women's 300m Heat 7**

1. Rokesha Williams, Unattached	43.26
2. Laura Gavinski, Haverford	47.26
3. Kristen Davis, Swarthmore	51.62

**Men's 300m Heat 1**

1. Carlos Bedoya, Villanova	34.62
2. Kareem Taylor, United Stars	35.39
3. Nick Damalas, Unattached	39.27

**Men's 300m Heat 2**

1. Tyler Lysch, Swarthmore	38.49
2. Kier Watcherhauser, Swarthmore	38.62

**Men's 300m Heat 3**

1. Carl Hansen, Villanova	36.41
2. Jerome Hobler, Delaware	36.50
3. Erik Booking, Delaware	38.76

**Men's 300m Heat 4**

1. Dan Hennessy, Widener	38.04
2. Seon Anderson, Swarthmore	42.91

**Men's 300m Heat 5**

1. Bryont Adams, Temple	35.86
2. David Jackson, Temple	36.20
3. Akira Madena, Swarthmore	45.92

**Men's 300m Heat 6**

1. Charlie Williams, Delaware	36.70
2. Steven Johnson, Temple	36.70
3. Matt Williams, Swarthmore	37.90

**Men's 300m Heat 7**

1. Antwain Flowers, Delaware	38.76
2. John McNamara, Delaware	38.85

**Men's 300m Heat 8**

1. Kareem O'Brien, Widener	40.25
2. Evan Johnson, Widener	40.46
3. Ron Hamilton, Widener	42.01

**Men's 300m Heat 9**

1. Shawn Kelly, Temple	37.66
2. Vincent Rogers, Temple	39.30
3. Mike Ramos, Widener	41.10

**Men's 300m Heat 10**

1. Nick Berkey, Villanova	39.21
2. Jeff Ratliff, Haverford	42.66
3. Reno Robenson, Widener	43.91

**Women's 800m**

1. Elizabeth Gardner, Swarthmore	2:16.03
2. Melanie Rhoden, Villanova	2:18.09
3. Njideka Akungili, Swarthmore	2:20.60
4. Tanisha Shelton, Temple	2:24.23
5. Sara Bochet, Delaware	2:25.38
6. Farron Benson, Temple	2:25.41
7. Aisha Raheem, Temple	2:25.77
8. Maria DiMarzio, Delaware	2:34.85
9. Grace Rodden, Villanova	2:36.82
10. Nicole Betenia, Swarthmore	3:09.53

**Men's 800m**

1. Eddie Papalia, Haverford	1:58.58
2. Vernan Chaplin, Swarthmore	2:01.03
3. Robbie Ocampo, Haverford	2:03.96
4. Paul Thibodean, Swarthmore	2:07.05
5. Duncan Cromko, Swarthmore	2:08.38
6. James Rahill, Unattached	2:09.84
7. Alex Elkins, Swarthmore	2:19.70

**Men's 1000m**

1. Bobby Curtis, Villanova	2:28.43
2. Jason Jabaut, Villanova	2:29.08
3. Mark Carberry, Villanova	2:32.51
4. Brian Anderson, Villanova	2:37.11
5. John Kolodziej, Villanova	2:38.11
6. Mike Roth, Delaware	2:45.34
7. Brian Reed, Temple	2:52.16
8. Dorsey Spencer, Temple	2:55.13
9. Gavin Whitt, Temple	2:58.38

**Women's One-Mile**

1. Devon Williams, Unattached	5:12.41
2. Claudine Evangelista, Villanova	5:13.76
3. Denise Mazzeo, Villanova	5:18.87
4. Sarah Hobbs, Swarthmore	5:24.48
5. Elizabeth James, Widener	5:46.06
6. Emily Wistar, Swarthmore	5:46.07
7. Thu-An Bui, Swarthmore	7:38.54

**Men's One-Mile**

1. Mike Botti, Villanova	4:23.28
2. Filip Jaqodzinski, Miac	4:26.11
3. Kyle Schmidt, Delaware	4:38.50
4. Matt Gillen, Unattached	4:44.60
5. Kevin McKeefery, Villanova	4:47.57
6. Naterb Satulb, Swarthmore	5:07.83

**Women's 4x400m Relay**

1. Villanova	4:03.70
2. Temple	4:06.53
3. Delaware	4:12.17
4. Haverford	4:18.09
5. Swarthmore	4:27.76

**Men's 4x400m Relay Heat 1**

1. Villanova	3:21.10
2. Haverford	3:27.67
3. Delaware	3:29.06
4. Temple	3:31.12

**Men's 4x400m Relay Heat 2**

1. Temple	3:39.99
2. Swarthmore	3:45.10

**Men's Shot Put**

1. P. Moore, 24CC	15.24
2. Bob M., Villanova	14.99
3. Tom R., Haverford	13.02
4. Geoff G., Widener	12.92
5. John R., Widener	12.67
6. Andrew L., Delaware	12.43
7. Mike Y., Delaware	12.35
8. Ed C., Unattached	12.22
9. Mike P., Widener	11.76
10. Erik L., Villanova	11.20
11. Jeff R., Haverford	9.98

**Women's Shot Put**

1. Rachel Y., Delaware	13.26
2. Jessica U., Delaware	11.09
3. Kathryn T., Delaware	10.84
4. Jackie S., Delaware	9.79
5. Vanessa B., Villanova	9.63
6. Stephanie C., Delaware	9.49
7. Teresa T., Haverford	9.45
8. Lauren P., Delaware	9.35

**Men's Pole Vault**

1. T. Reilly, Villanova	4.42
2. D. Wilkes, Villanova	4.27
3. J. Barton, Haverford	3.965
4. M. Arbaug, Delaware	3.505
5. M. Guida, Delaware	3.355
6. M. Spence, Villanova	xxx

**Women's Pole Vault**

1. C. Bennett, Delaware	3.355
2. M. Ezzie, Villanova	3.355
3. K. Marquis, Villanova	3.355
4. A. Smagula, Villanova	2.59

**Women's Triple Jump**

1. N. Cooper, Villanova	11.61
2. L. Dean, Delaware	11.51
3. J. Faulks, Temple	10.55

**Men's Triple Jump**

1. C. Simmons, Temple	13.64
2. D. Shaw, Temple	12.44
3. N. Riordan, Delaware	12.37

**Men's Long Jump**

1. C. Pickens, Haverford	6.63
2. C. Henry, Temple	6.30
3. C. Simmons, Temple	6.24
4. N. Riodydan, Delaware	6.20
5. D. Spence, Delaware	6.02
6. D. Shaw, Temple	5.96
7. Z. McCormick, Haverford	5.35
8. T. Ratliff, Haverford	5.06

**Women's Long Jump**

1. L. Dean, Delaware	5.11
2. E. Russell, Delaware	4.88
3. J. Faulks, Temple	4.889