

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Jadyn Anczarski

Sophomore/Sophomore

Throws

Ringtown, Pa./North Schuylkill

PERSONAL BESTS

Shot Put (high school)	13.39m	High School
Shot Put (college)	10.60m	12.3.16
Weight Throw	14.29m	1.26.18
Discus (high school)	48.34m	High School
Discus (college)	44.37m	4.26.17
Hammer	38.30m	3.31.17

CAREER INDOOR RESULTS

Shot Put

12.3.16	Jack Pyrah Invitational	10.60m
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Weight Throw

1.26.18	Columbia Challenge (C)	14.29m
2.23.18	BIG EAST Championships	14.24m
2.3.18	Villanova Invitational	13.64m
1.20.18	Penn 8-Team Select	13.46m
2.4.17	Villanova Invitational	12.20m
1.27.17	Villanova Open	11.50m

Lucas Arrivo

Junior/Sophomore

Cross Country/Distance
Ann Arbor, Mich./Pioneer

PERSONAL BESTS

800 Meters	1:54.91	2.4.17
1000 Meters	2:30.72	1.27.17
1500 Meters	3:54.86	4.26.16
Mile	4:17.31	1.14.17

CAREER INDOOR AWARDS

BIG EAST Champion	2017	4x800 (1)
BIG EAST Champion	2018	DMR (800m)
All-BIG EAST	2017	4x800 (1)
All-BIG EAST	2018	DMR (800m)

CAREER INDOOR RESULTS

800 Meters

2.4.17	Villanova Invitational	1:54.91
2.24.17	BIG EAST Championships (P)	1:55.30
1.16.16	Great Dane Classic (U)	1:57.32
2.9.18	FastTrack National Invite	1:59.52
2.10.17	FastTrack National Invitational	1:59.62

1000 Meters

1.27.17	Villanova Open	2:30.72
2.3.18	Villanova Invitational	2:31.49
1.13.18	Nittany Lion Challenge	2:31.86
1.20.17	Gotham Cup	2:37.35

Mile

1.14.17	Nittany Lion Challenge	4:17.31
2.6.16	Villanova Invitational (U)	4:18.92
1.20.18	Penn 8-Team Select	4:23.77

4x800 Meter Relay

2.25.17	BIG EAST Championships (1)	7:32.73
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Distance Medley Relay

2.23.18	BIG EAST Championships (800)	9:48.31
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Martin Barr

Sophomore/Freshman

Cross Country/Distance

Skokie, Ill./Niles North

PERSONAL BESTS

3000 Meters	8:05.83	1.27.18
5000 Meters	14:04.14	2.9.18

CAREER INDOOR RESULTS

3000 Meters

1.27.18	Columbia Challenge (CC)	8:05.83
2.24.18	BIG EAST Championships	8:21.73
1.13.18	Nittany Lion Challenge	8:22.77
2.4.17	Villanova Invitational (U)	8:24.44

5000 Meters

2.9.18	Iowa State Classic	14:04.14
2.23.18	BIG EAST Championships	14:28.39
1.27.17	Villanova Open (U)	14:53.43

Konrad Bayer

Sophomore/Sophomore

Sprints

Naperville, Ill./Benet Academy

PERSONAL BESTS

200 Meters	23.09	2.4.17
400 Meters	49.75	High School
400 Meter Hurdles	55.78	4.22.17
500 Meters	1:08.06	12.3.16

CAREER INDOOR AWARDS

BIG EAST Champion	2017	DMR (400m)
All-BIG EAST	2017	DMR (400m)

CAREER INDOOR RESULTS

200 Meters

2.4.17	Villanova Open	23.09
2.3.18	Villanova Invitational	23.36
1.20.17	Gotham Cup	23.50
1.20.18	Penn 8-Team Select	23.65

400 Meters

2.24.17	BIG EAST Championships (P)	50.42
1.27.17	Villanova Open	50.81
2.10.17	FastTrack National Invitational	50.97
1.20.17	Gotham Cup	50.99
1.14.17	Nittany Lion Challenge	51.18
2.3.18	Villanova Invitational	51.39
1.20.18	Penn 8-Team Select	51.41
1.26.18	Columbia Challenge (C)	51.42
1.13.18	Nittany Lion Challenge	51.56

500 Meters

12.3.16	Jack Pyrah Invitational	1:08.06
12.2.17	Jack Pyrah Invitational	1:08.26

4x400 Meter Relay

2.4.17	Villanova Invitational (4)	3:15.83
1.14.17	Nittany Lion Challenge (4)	3:18.09
1.27.17	Villanova Open (1)	3:19.32
12.3.16	Jack Pyrah Invitational (3)	3:23.28
12.2.17	Jack Pyrah Invitational (2)	3:30.25

Distance Medley Relay

2.24.17	BIG EAST Championships (400)	10:00.07
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Jacob Bonanotte

Sophomore/Freshman

Sprints

Barrington, Ill./St. Viator

PERSONAL BESTS

200 Meters	27.15	High School
800 Meters	1:56.20	1.20.18
1000 Meters	2:36.69	1.13.18
1500 Meters	4:26.40	4.7.17

CAREER INDOOR RESULTS

800 Meters

1.20.18	Penn 8-Team Select	1:56.20
2.3.18	Villanova Invitational	1:56.24
2.23.18	BIG EAST Championships (P)	1:58.31
2.9.18	FastTrack National Invite	2:01.46
2.4.17	Villanova Open (U)	2:01.75

1000 Meters

1.13.18	Nittany Lion Challengee	2:36.69
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Amir Brock

Freshman/Freshman

Sprints

Egg Harbor Twp., N.J./Egg Harbor Township

PERSONAL BESTS

200 Meters	21.80	2.24.18
300 Meters	35.75	1.13.18
400 Meters	47.55	High School
500 Meters	1:06.20	12.2.17

CAREER INDOOR AWARDS

BIG EAST Champion	2018	4x400m (1)
All-BIG EAST	2018	4x400m (1)

CAREER INDOOR RESULTS

200 Meters

2.24.18	BIG EAST Championships (F)	21.80
2.23.18	BIG EAST Championships (P)	21.88
2.3.18	Villanova Invitational	22.10
2.9.18	FastTrack National Invite (I)	22.16

300 Meters

1.13.18	Nittany Lion Challenge	35.75
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400 Meters

2.3.18	Villanova Invitational	49.13
1.27.18	Columbia Challenge (CC)	50.51

500 Meters

12.2.17	Jack Pyrah Invitational	1:06.20
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4x400 Meter Relay

2.24.18	BIG EAST Championships (1)	3:12.84
1.13.18	Nittany Lion Challenge (2)	3:13.38
1.27.18	Columbia Challenge (CC) (3)	3:15.98
2.3.18	Villanova Invitational (1)	3:18.68
12.2.17	Jack Pyrah Invitational (1)	3:24.79

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Richie Bush
Freshman/Freshman
Sprints
Lawnside, N.J./Paul VI

PERSONAL BESTS

60 Meters	7.25	1.13.18
200 Meters	22.46	2.23.18
300 Meters	36.40	12.2.17
400 Meters	50.27	2.9.18

CAREER INDOOR RESULTS

60 Meters

1.13.18	Nittany Lion Challenge (P)	7.25
12.2.17	Jack Pyrah Invitational	7.27

200 Meters

2.23.18	BIG EAST Championships (P)	22.46
2.3.18	Villanova Invitational	22.50
1.13.18	Nittany Lion Challenge	22.80
1.20.18	Penn 8-Team Select	22.83
1.26.18	Columbia Challenge (C)	22.87

300 Meters

12.2.17	Jack Pyrah Invitational	36.40
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400 Meters

2.9.18	FastTrack National Invite	50.27
1.26.18	Columbia Challenge (C)	50.34
2.23.18	BIG EAST Championships (P)	50.36
2.3.18	Villanova Invitational	50.91
1.20.18	Penn 8-Team Select	51.03

4x400 Meter Relay

12.2.17	Jack Pyrah Invitational (3)	3:24.79
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Casey Comber
Junior/Sophomore
Cross Country/Distance
Maple Glen, Pa./Hatboro-Horsham

PERSONAL BESTS

800 Meters	1:53.54	4.26.17
1500 Meters	3:47.11	5.15.17
1600 Meters (relay)	4:01.06	3.9.18
Mile	4:04.10	2.3.18
3000 Meters	8:03.24	1.27.18
3000 Meter Steeplechase	9:10.10	4.21.17
5000 Meters	14:39.62	1.16.16

CAREER INDOOR AWARDS

All-American (<i>1st Tm</i>)	2018	DMR (1600)
BIG EAST Champion	2018	3000m
BIG EAST Champion	2017	DMR (1200)
BIG EAST Champion	2018	DMR (1600)
All-BIG EAST	2018	3000m
All-BIG EAST	2017	DMR (1200)
All-BIG EAST	2018	DMR (1600)

CAREER INDOOR RESULTS

Mile

2.3.18	Villanova Invitational	4:04.10
2.10.17	FastTrack National Invitational	4:07.84
1.27.17	Villanova Open	4:09.31

3000 Meters

1.27.18	Columbia Challenge (CC)	8:03.24
2.24.18	BIG EAST Championships	8:05.39
2.9.18	Iowa State Classic	8:09.06
2.4.17	Villanova Invitational	8:15.09
2.25.17	BIG EAST Championships	8:15.24
1.13.18	Nittany Lion Challenge	8:16.62
2.6.16	Villanova Invitational (U)	8:18.61
1.20.17	Gotham Cup	8:25.70

5000 Meters

1.16.16	Great Dane Classic (U)	14:39.62
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Distance Medley Relay

3.9.18	NCAA Championships (1600)	9:35.49
2.23.18	BIG EAST Championships (1600)	9:48.31
2.24.17	BIG EAST Championships (1200)	10:00.07

Thomas Conboy

Sophomore/Sophomore
Pole Vault

Saratoga Springs, N.Y./Saratoga Springs

PERSONAL BEST

Pole Vault	4.71m	5.12.17
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CAREER INDOOR AWARDS

All-BIG EAST	2017	Pole Vault
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CAREER INDOOR RESULTS

Pole Vault

1.26.18	Columbia Challenge (C)	4.65m
2.24.17	BIG EAST Championships	4.60m
12.2.17	Jack Pyrah Invitational	4.55m
1.20.18	Penn 8-Team Select	4.55m
1.27.17	Villanova Open	4.50m
2.10.17	FastTrack National Invitational (C)	4.45m
1.13.18	Nittany Lion Challenge	4.37m
1.20.17	Gotham Cup	4.35m
12.10.16	Fast Times Before Finals Meet	4.10m

Utsav Deshpande

Junior/Junior
Sprints

Ronkonkoma, N.Y./Sachem East

PERSONAL BESTS

400 Meters	51.67	2.6.16
400 Meter Hurdles	53.92	High School
500 Meters	1:07.49	2.26.16
800 Meters	1:58.61	2.12.16
1000 Meters	2:38.76	12.5.15

CAREER INDOOR RESULTS

400 Meters

2.6.16	Villanova Invitational	51.67
1.22.16	Gotham Cup	52.29

500 Meters

2.26.16	BIG EAST Championships (P)	1:07.49
1.30.16	Penn State National	1:07.56
12.3.16	Jack Pyrah Invitational	1:08.90
12.2.17	Jack Pyrah Invitational	1:09.79

800 Meters

2.12.16	FastTrack National Invitational (C)	1:58.61
2.3.18	Villanova Invitational	1:59.73
1.20.18	Penn 8-Team Select	2:03.58
1.27.17	Villanova Open	2:04.71

1000 Meters

12.5.15	Jack Pyrah Invitational	2:38.76
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4x400 Meter Relay

2.6.16	Villanova Invitational (4)	3:18.32
2.12.16	FastTrack National Invitational (3)	3:18.40
12.2.17	Jack Pyrah Invitational (3)	3:30.25

James Deutmeyer

Senior/Senior
Pole Vault

Rye, N.Y./Fordham Prep

PERSONAL BEST

Pole Vault	5.03m	High School
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CAREER INDOOR AWARDS

All-BIG EAST	2016	Pole Vault
All-BIG EAST	2017	Pole Vault

CAREER INDOOR RESULTS

Pole Vault

1.29.16	Penn State National	4.77m
2.6.16	Villanova Invitational	4.75m
2.7.15	McElligott Invitational	4.70m
2.28.15	BIG EAST Championships	4.70m
2.26.16	BIG EAST Championships	4.70m
1.30.15	Penn State National (I)	4.66m
1.16.15	Gotham Cup	4.65m
1.23.15	Metro Team Challenge	4.65m
1.16.16	Great Dane Classic	4.65m
1.22.16	Gotham Cup	4.65m
1.8.16	Villanova Open	4.60m
2.12.16	FastTrack National Invitational (I)	4.60m
2.24.17	BIG EAST Championships	4.60m
1.9.15	Akron Pole Vault Convention	4.56m
2.14.15	David Hemery Valentine Invitational	4.55m
2.4.17	Villanova Invitational	4.55m
2.10.17	FastTrack National Invitational (C)	4.45m
2.23.18	BIG EAST Championships	4.40m

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Brian Faust
Freshman/Freshman
Sprints
Stone Mountain, Ga./Marist School

PERSONAL BESTS

200 Meters	22.18	High School
400 Meters (relay)	46.50	1.13.18
400 Meters (open)	47.16	High School
500 Meters	1:02.33	1.26.18
600 Meters	1:20.81	1.13.18
800 Meters	1:52.89	High School

CAREER INDOOR AWARDS

All-American (<i>1st Tm</i>)	2018	DMR (400)
BIG EAST Champion	2018	4x400m (4)
All-BIG EAST	2018	400m
All-BIG EAST	2018	4x400m (4)

CAREER INDOOR RESULTS

400 Meters		
2.24.18	BIG EAST Championships (F)	47.69
2.3.18	Villanova Invitational	47.87
2.23.18	BIG EAST Championships (P)	48.44

500 Meters		
1.26.18	Columbia Challenge (C)	1:02.33

600 Meters		
1.13.18	Nittany Lion Challenge	1:20.81

4x400 Meter Relay		
2.24.18	BIG EAST Championships (4)	3:12.84
1.13.18	Nittany Lion Challenge (4)	3:13.38
1.27.18	Columbia Challenge (CC) (1)	3:15.98
2.3.18	Villanova Invitational (3)	3:18.68

Distance Medley Relay		
3.9.18	NCAA Championships (400)	9:35.49
2.16.18	UCS Invitational (400)	9:37.30

Bryant Herlocker
Senior/Senior
Sprints
Wilmette, Ill./New Trier

PERSONAL BESTS

60 Meters	7.32	2.28.15
100 Meters	11.38	5.13.16
200 Meters	21.89	High School
400 Meters	49.18	High School
Long Jump	6.37m	12.2.17

CAREER INDOOR RESULTS

60 Meters		
2.28.15	BIG EAST Championships (P)	7.32
1.16.15	Gotham Cup (P)	7.37
2.7.15	McElligott Invitational	7.39
12.3.16	Jack Pyrah Invitational	7.40
1.22.16	Gotham Cup	7.46
1.30.15	Penn State National (P)	7.53

200 Meters		
1.16.15	Gotham Cup	23.17
1.31.15	Penn State National	23.17

Long Jump		
12.2.17	Jack Pyrah Invitational	6.37m
2.23.18	BIG EAST Championships	5.98m
2.3.18	Villanova Invitational	5.85m
1.20.18	Penn 8-Team Select	5.83m

Keegan Hughes
Freshman/Freshman
Sprints
Malvern, Pa./Bishop Shanahan

PERSONAL BESTS

60 Meters	7.19	12.2.17
200 Meters	22.83	1.20.18
400 Meters	50.07	1.20.18
500 Meters	1:07.79	12.2.17

CAREER INDOOR RESULTS

60 Meters		
12.2.17	Jack Pyrah Invitational	7.19
2.3.18	Villanova Invitational (P)	7.26

200 Meters		
1.20.18	Penn 8-Team Select	22.83
2.3.18	Villanova Invitational	22.91

400 Meters		
1.20.18	Penn 8-Team Select	50.07
1.26.18	Columbia Challenge (C)	50.22
2.9.18	FastTrack National Invite	50.54
1.27.18	Columbia Challenge (CC)	50.55

500 Meters		
12.2.17	Jack Pyrah Invitational	1:07.79

4x400 Meter Relay		
12.2.17	Jack Pyrah Invitational (2)	3:24.79

Jack Judge
Junior/Sophomore
Throws
Palisades, N.Y./Don Bosco Prep

PERSONAL BESTS

Shot Put	11.87m	12.3.16
Javelin	59.50m	5.12.17

CAREER INDOOR RESULTS

Shot Put		
12.3.16	Jack Pyrah Invitational	11.87m

Jacob Kelly
Freshman/Freshman
Sprints/Jumps
Longmeadow, Mass./Longmeadow

PERSONAL BEST

High Jump	2.01m	High School
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CAREER INDOOR AWARDS

All-BIG EAST	2018	High Jump
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CAREER INDOOR RESULTS

High Jump		
2.3.18	Villanova Invitational	1.97m
1.13.18	Nittany Lion Challenge	1.96m
1.20.18	Penn 8-Team Select	1.95m
2.24.18	BIG EAST Championships	1.95m
1.27.18	Columbia Challenge (CC)	1.93m
2.9.18	FastTrack National Invite (C)	1.89m

Ville Lampinen
Junior/Junior
Sprints
Vantaa, Finland/Mäkelänrinteen lukio

PERSONAL BESTS

400 Meters (Non-VU)	47.51	7.23.16
400 Meters (VU)	48.59	3.31.17
500 Meters	1:02.59	2.27.16
600 Meters	1:18.44	1.14.17
800 Meters (relay)	1:47.81	4.28.17
800 Meters (open)	1:48.44	High School

CAREER INDOOR AWARDS

All-American (<i>1st Tm</i>)	2017	DMR (800)
BIG EAST Champion	2016	500m
BIG EAST Champion	2018	4x400m (2)
All-BIG EAST	2016	500m
All-BIG EAST	2017	800m
All-BIG EAST	2018	800m
All-BIG EAST	2016	4x400m (4)
All-BIG EAST	2018	4x400m (2)

CAREER INDOOR RESULTS

400 Meters		
2.6.16	Villanova Invitational	49.31

500 Meters		
2.27.16	BIG EAST Championships (F)	1:02.59
2.26.16	BIG EAST Championships (P)	1:03.30

600 Meters		
1.14.17	Nittany Lion Challenge	1:18.44

800 Meters		
2.4.17	Villanova Invitational	1:50.20
1.27.17	Villanova Open	1:50.34
2.25.17	BIG EAST Championships (F)	1:50.52
1.16.16	Great Dane Classic	1:50.71
2.12.16	FastTrack National Invitational (I)	1:50.72
1.30.16	Penn State National (I)	1:50.83
2.24.18	BIG EAST Championships (F)	1:50.88
1.27.18	Columbia Challenge (CC)	1:52.21
2.3.18	Villanova Invitational	1:52.37
2.9.18	FastTrack National Invitational (I)	1:52.40
2.24.17	BIG EAST Championships (P)	1:53.55
2.23.18	BIG EAST Championships (P)	1:54.24

4x400 Meter Relay		
2.24.18	BIG EAST Championships (2)	3:12.84
1.13.18	Nittany Lion Challenge (1)	3:13.38
1.30.16	Penn State National (3)	3:14.01
2.27.16	BIG EAST Championships (4)	3:14.67
1.14.17	Nittany Lion Challenge (3)	3:14.09
2.4.17	Villanova Invitational (2)	3:15.83
1.27.18	Columbia Challenge (CC) (4)	3:15.98
2.6.16	Villanova Invitational (2)	3:18.32
2.3.18	Villanova Invitational (2)	3:18.68
1.27.17	Villanova Open (2)	3:19.32
1.8.16	Villanova Open (3)	3:19.54

Distance Medley Relay		
2.18.17	UCS Invitational (800)	9:37.90
3.10.17	NCAA Championships (800)	9:39.38

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Billy Loewen

Freshman/Freshman
Throws
Sparta, N.J./Sparta

PERSONAL BESTS

Shot Put (high school)	16.43m	High School
Shot Put (college)	13.78m	2.24.18
Discus	41.66m	High School
Javelin	42.19m	High School

CAREER INDOOR RESULTS

Shot Put

2.24.18	BIG EAST Championships	13.78m
1.20.18	Penn 8-Team Select	12.94m
1.26.18	Columbia Challenge (C)	12.73m
2.3.18	Villanova Invitational	12.37m
12.2.17	Jack Pyrah Invitational	12.25m

Ben Malone

Graduate Student/Senior
Cross Country/Distance
River Vale, N.J./Pascack Valley

PERSONAL BESTS

400 Meters (relay)	47.6	High School
400 Meters (open)	48.94	High School
800 Meters	1:48.60	5:28.15
1000 Meters	2:22.24	2.3.18
1500 Meters (non-VU)	3:39.82	6.18.16
1500 Meters (VU)	3:43.28	5.26.16
Mile	4:00.72	2.12.16
3000 Meters	8:15.93	1.13.18

CAREER INDOOR AWARDS

All-American (<i>1st Tm</i>)	2018	DMR (1200)
BIG EAST Champion	2014	DMR (800)
BIG EAST Champion	2015	4x800m (3)
BIG EAST Champion	2016	4x800m (1)
BIG EAST Champion	2018	4x800m (2)
All-BIG EAST	2014	800m
All-BIG EAST	2015	4x800m (3)
All-BIG EAST	2016	4x800m (1)
All-BIG EAST	2018	4x800m (2)
All-BIG EAST	2014	DMR (800)
All-BIG EAST	2016	DMR (800)

CAREER INDOOR RESULTS

800 Meters

2.24.18	BIG EAST Championships (F)	1:50.99
2.23.18	BIG EAST Championships (P)	1:51.45
2.6.16	Villanova Invitational	1:51.48
2.22.14	BIG EAST Championships	1:51.80
3.2.14	Boston University Last Chance Meet	1:54.84
2.8.14	Armory Collegiate Invitational (C)	1:56.66

1000 Meters

2.3.18	Villanova Invitational	2:22.24
2.14.15	David Hemery Valentine Invitational	2:25.46
3.1.15	BIG EAST Championships	2:27.15
1.23.15	Metro Team Challenge	2:34.73

Mile

2.12.16	Villanova Invitational (I)	4:00.72
1.30.16	Penn State National (I)	4:08.27
1.27.18	Columbia Invitational (CC)	4:08.39
1.16.16	Great Dane Classic	4:10.91
2.27.16	BIG EAST Championships	4:22.20
12.7.13	Jack Pyrah Invitational (U)	4:23.78

3000 Meters

1.13.18	Nittany Lion Challenge	8:15.93
1.20.17	Gotham Cup	8:21.23
1.8.16	Villanova Open	8:33.60

4x400 Meter Relay

2.22.14	BIG EAST Championships (3)	3:20.69
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4x800 Meter Relay

2.27.16	BIG EAST Championships (1)	7:28.96
3.1.15	BIG EAST Championships (3)	7:30.61
2.15.14	Millrose Games (3) (BD)	7:31.57
2.24.18	BIG EAST Championships (2)	7:32.76
2.1.14	Penn State National (I)	7:36.41
1.10.14	Gotham Cup (2)	7:48.94
1.16.15	Gotham Cup (4)	7:49.23

Distance Medley Relay

2.26.16	BIG EAST Championships (800)	9:29.17
2.16.18	UCS Invitational (1200)	9:37.30
2.21.14	BIG EAST Championships (800)	9:42.08
1.29.16	Penn State National (1600) (I)	9:44.75
1.17.14	Great Dane Classic (800)	9:58.26

Andrew Marston

Junior/Sophomore
Cross Country/Distance
Wayne, Pa./Conestoga

PERSONAL BESTS

Mile	4:12.46	1.27.17
3000 Meters	8:03.28	1.27.18
5000 Meters	13:59.51	2.9.18

CAREER INDOOR AWARDS

All-BIG EAST	2017	5000m
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CAREER INDOOR RESULTS

Mile

1.27.17	Villanova Open	4:12.46
2.10.17	FastTrack National Invitational	4:13.98

3000 Meters

1.27.18	Columbia Challenge (CC)	8:03.28
2.24.18	BIG EAST Championships	8:09.85
2.25.17	BIG EAST Championships	8:15.23
2.4.17	Villanova Invitational	8:17.59
1.13.18	Nittany Lion Challenge	8:18.29
1.20.17	Gotham Cup	8:22.09
2.6.16	Villanova Invitational (U)	8:24.56

5000 Meters

2.9.18	Iowa State Classic	13:59.51
2.23.18	BIG EAST Championships	14:03.11
2.24.17	BIG EAST Championships	14:17.37

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Zack McDermott

Graduate Student/Senior
Multi Events

Little Silver, N.J./Christian Brothers Academy/Monmouth

PERSONAL BESTS

Heptathlon	4,925 Points	
Decathlon	5,977 Points	
60 Meters	7.24	2.23.18
60 Meter Hurdles	8.64	1.19.16
100 Meters	11.55	4.14.16
110 Meter Hurdles	15.93	4.15.16
200 Meters	23.22	2.3.18
400 Meters	51.42	2.6.16
400 Meter Hurdles	56.52	3.26.16
1000 Meters	2:54.11	2.24.18
1500 Meters	5:03.61	4.15.16
High Jump	1.86m	3.4.16
Pole Vault	4.10m	2.24.18
Long Jump	6.92m	2.13.16
Shot Put	11.76m	2.23.18
Discus	29.50m	4.15.16
Javelin	37.40m	4.15.16

CAREER INDOOR AWARDS

All-BIG EAST 2018 Heptathlon

CAREER INDOOR RESULTS

60 Meters		
2.23.18	BIG EAST Championships (HEP)	7.24
1.29.16	<i>Bison Open & Multi (HEP)</i>	7.27
1.20.18	Penn 8-Team Select (P)	7.31
2.9.18	FastTrack National Invite (P)	7.31
3.4.16	<i>IC4A Championship (HEP)</i>	7.35
1.27.17	<i>Bison Open (HEP)</i>	7.37
12.1.16	<i>Monmouth Season Opener</i>	7.52

60 Meter Hurdles

1.30.16	<i>Bison Open & Multi (HEP)</i>	8.64
2.6.16	<i>Villanova Invitational (P)</i>	8.71
2.24.18	BIG EAST Championships (HEP)	8.71
2.21.16	<i>MAAC Championships (P)</i>	8.75
2.6.16	<i>Villanova Invitational (F)</i>	8.83
1.20.17	<i>Gotham Cup</i>	8.83
3.5.16	<i>IC4A Championship (HEP)</i>	8.87
1.14.17	<i>Lehigh Angry Birds Invitational</i>	8.91
2.9.18	FastTrack National Invite (P)	8.95
1.9.16	<i>Rutgers Invitational (P)</i>	9.13
1.9.16	<i>Rutgers Invitational (F)</i>	9.15
1.28.17	<i>Bison Open (HEP)</i>	9.41

200 Meters

2.3.18 Villanova Invitational 23.22

400 Meters

2.6.16 Villanova Invitational 51.42
12.11.16 New Year's Invitational 51.78

1000 Meters

2.24.18 BIG EAST Championships (HEP) 2:54.11
3.5.16 IC4A Championship (HEP) 2:59.59
1.28.17 Bison Open (HEP) 3:04.39
1.30.16 Bison Open & Multi (HEP) 3:05.90

High Jump

3.4.16 IC4A Championship (HEP) 1.86m
1.29.16 Bison Open & Multi (HEP) 1.84m
2.22.16 MAAC Championships 1.84m
2.24.18 BIG EAST Championships (HEP) 1.83m
1.27.17 Bison Open (HEP) 1.75m
2.19.17 MAAC Championships 1.74m

Pole Vault

2.24.18 BIG EAST Championships (HEP) 4.10m
2.18.17 MAAC Championships 4.05m
1.26.18 Columbia Challenge (C) 4.05m
1.14.17 Lehigh Angry Birds Invitational 3.96m
12.1.16 Monmouth Season Opener 3.90m
1.28.17 Bison Open (HEP) 3.90m
2.23.18 BIG EAST Championships 3.80m
1.30.16 Bison Open & Multi (HEP) 3.55m
3.5.16 IC4A Championship (HEP) 3.55m

Long Jump

2.13.16 Monmouth Winter Open 6.92m
12.11.16 New Year's Invitational 6.64m
2.3.18 Villanova Invitational 6.53m
2.23.18 BIG EAST Championships (HEP) 6.52m
2.21.16 MAAC Championships 6.51m
1.29.16 Bison Open & Multi (HEP) 6.46m
3.4.16 IC4A Championship (HEP) 6.44m
12.1.16 Monmouth Season Opener 6.38m
1.9.16 Rutgers Invitational 6.35m
1.16.16 Lehigh Angry Birds Invitational 6.31m
1.14.17 Lehigh Angry Birds Invitational 6.31m
1.27.17 Bison Open (HEP) 6.28m
1.20.17 Gotham Cup 6.26m

Shot Put

2.23.18 BIG EAST Championships (HEP) 11.76m
1.27.17 Bison Open (HEP) 11.60m
1.29.16 Bison Open & Multi (HEP) 11.39m
1.14.17 Lehigh Angry Birds Invitational 11.15m
3.4.16 IC4A Championship (HEP) 10.86m

Heptathlon

2.24.18 BIG EAST Championships 4,925
1.30.16 Bison Open & Multi 4,638
3.5.16 IC4A Championship 4,601
1.28.17 Bison Open 4,440

Events in *italics* came while McDermott competed for Monmouth

Chris Morris

Senior/Freshman
Sprints

Brooklyn, N.Y./Xavier/Arizona/Manhattan

PERSONAL BESTS

60 Meters 7.44 12.2.17
300 Meters 36.58 12.2.17

CAREER INDOOR RESULTS

60 Meters

12.2.17 Jack Pyrah Invitational 7.44
1.13.18 Nittany Lion Challenge 7.49
12.3.16 Jack Pyrah Invitational (U) 7.51

300 Meters

12.2.17 Jack Pyrah Invitational 36.58

4x400 Meter Relay

12.2.17 Jack Pyrah Invitational 3:30.25

Rob Morro

Sophomore/Freshman
Cross Country/Distance
Media, Pa./Cardinal O'Hara

PERSONAL BESTS

800 Meters 1:58 High School
1500 Meters 3:58.38 5.15.17
Mile 4:21 High School
3000 Meters 8:24.86 1.20.18
5000 Meters 14:30.55 2.23.18

CAREER INDOOR RESULTS

3000 Meters

1.20.18 Penn 8-Team Select 8:24.86
1.13.18 Nittany Lion Challenge 8:38.66
2.4.17 Villanova Invitational (U) 8:41.77

5000 Meters

2.23.18 BIG EAST Championships 14:30.55
2.9.18 FastTrack National Invite 14:37.13

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Michael Morrow
Junior/Junior
Jumps
Danbury, Conn./Danbury

PERSONAL BESTS

Heptathlon	4268	2.24.18
60 Meters	7.61	2.24.17
60 Meter Hurdles	9.22	1.26.18
110 Meter Hurdles	16.90	5.12.17
1000 Meters	2:55.10	12.10.16
High Jump	1.95m	2.27.16
Pole Vault	3.40m	2.24.18
Long Jump	6.35m	4.29.17
Shot Put	10.62m	2.23.18

CAREER INDOOR AWARDS

All-BIG EAST 2016 High Jump

CAREER INDOOR RESULTS

60 Meters

2.24.17	BIG EAST Championships (HEP)	7.61
2.10.17	FastTrack National Invitational (P)	7.65
12.9.16	Fast Times Before Finals Meet (HEP)	7.67
2.23.18	BIG EAST Championships (HEP)	7.72
1.26.18	Columbia Challenge (P, C)	7.74
1.27.17	Villanova Open (P)	7.75
2.3.18	Villanova Invitational (P)	7.77
1.20.18	Penn 8-Team Select (P)	7.83

60 Meter Hurdles

1.26.18	Columbia Challenge (P, C)	9.22
2.9.18	FastTrack National Invite (P)	9.26
2.24.18	BIG EAST Championships (HEP)	9.27
2.3.18	Villanova Invitational	9.30
12.2.17	Jack Pyrah Invitational	9.51
2.25.17	BIG EAST Championships (HEP)	9.63
1.27.17	Villanova Open (P)	9.64
2.10.17	FastTrack National Invitational (P)	9.70
12.10.16	Fast Times Before Finals Meet (HEP)	10.01
12.3.16	Jack Pyrah Invitational	10.13

1000 Meters

12.3.16	Jack Pyrah Invitational	2:55.10
2.24.18	BIG EAST Championships (HEP)	2:55.42
2.25.17	BIG EAST Championships (HEP)	2:56.05
12.10.16	Fast Times Before Finals Meet (HEP)	3:02.07

High Jump

2.27.16	BIG EAST Championship	1.95m
2.6.16	Villanova Invitational	1.88m
1.16.16	Great Dane Classic	1.84m
2.10.17	FastTrack National Invitational	1.84m
1.27.17	Villanova Open	1.82m
2.24.17	BIG EAST Championships (HEP)	1.82m
2.24.18	BIG EAST Championships (HEP)	1.80m
12.9.16	Fast Times Before Finals Meet (HEP)	1.79m

Pole Vault

2.24.18	BIG EAST Championships (HEP)	3.40m
2.25.17	BIG EAST Championships (HEP)	3.30m
12.10.16	Fast Times Before Finals Meet (HEP)	3.10m

Long Jump

2.24.17	BIG EAST Championships (HEP)	6.17m
1.20.18	Penn 8-Team Select	6.16m
2.23.18	BIG EAST Championships (HEP)	6.16m
12.3.16	Jack Pyrah Invitational	6.08m
12.9.16	Fast Times Before Finals Meet (HEP)	5.90m
1.20.17	Gotham Cup	5.89m
2.6.16	Villanova Invitational	5.82m

Shot Put

2.23.18	BIG EAST Championships (HEP)	10.62m
12.9.16	Fast Times Before Finals Meet (HEP)	9.56m
2.24.17	BIG EAST Championships (HEP)	9.54m

Heptathlon

2.24.18	BIG EAST Championships	4268
2.25.17	BIG EAST Championships	4151
12.10.16	Fast Times Before Finals Meet	3866

Ishmael Muhammad
Senior/Senior
Sprints
Mays Landing, N.J./Oakcrest

PERSONAL BESTS

400 Meters (relay)	47.1	High School
400 Meters (open)	48.14	5.9.15
400 Meter Hurdles	54.92	High School
500 Meters	1:03.31	2.27.16
600 Meters	1:18.34	1.23.15
800 Meters (Open, Non-VU)	1:48.31	6/27/15
800 Meters (Open, VU)	1:49.56	5.1.15
800 Meters (Relay)	1:49.56	2.24.18
1000 Meters	2:27.88	1.13.18
Triple Jump	13.90m	High School

CAREER INDOOR AWARDS

BIG EAST Champion	2016	4x800m (2)
BIG EAST Champion	2017	4x800m (4)
BIG EAST Champion	2018	4x800m (4)
All-BIG EAST	2015	500m
All-BIG EAST	2016	500m
All-BIG EAST	2015	4x400m (2)
All-BIG EAST	2016	4x800m (2)
All-BIG EAST	2017	4x800m (4)
All-BIG EAST	2018	4x800m (4)

CAREER INDOOR RESULTS

400 Meters

2.9.18	FastTrack National Invite	50.46
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500 Meters

2.27.16	BIG EAST Championships (F)	1:03.31
3.1.15	BIG EAST Championships (F)	1:03.91
2.26.16	BIG EAST Championships (P)	1:04.10
2.28.15	BIG EAST Championships (P)	1:05.41

600 Meters

1.23.15	Metro Team Challenge (I)	1:18.34
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800 Meters

2.4.17	Villanova Invitational	1:50.80
1.31.15	Penn State National (I)	1:50.82
2.24.18	BIG EAST Championships (F)	1:50.89
1.30.16	Penn State National (I)	1:51.17
2.23.18	BIG EAST Championships (P)	1:51.24
2.3.18	Villanova Invitational	1:51.70
1.27.18	Columbia Challenge (CC)	1:51.73
2.12.16	FastTrack National Invitational (I)	1:51.88
2.21.15	Keogh Invitational	1:52.65
2.24.17	BIG EAST Championships (P)	1:54.41

1000 Meters

1.13.18	Nittany Lion Challenge	2:27.88
12.2.17	Jack Pyrah Invitational	2:28.30
1.16.16	Great Dane Classic	2:30.73

4x400 Meter Relay

1.30.16	Penn State National (2)	3:14.01
2.4.17	Villanova Invitational (1)	3:15.83
3.1.15	BIG EAST Championships (2)	3:19.73

4x800 Meter Relay

2.27.16	BIG EAST Championships (2)	7:28.96
2.25.17	BIG EAST Championships (4)	7:32.73
2.24.18	BIG EAST Championships (4)	7:32.76

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Paul Nichols
Sophomore/Freshman
Cross Country/Distance
Latham, N.Y./Shaker

PERSONAL BESTS

1500 Meters	4:09.56	4.7.17
3000 Meters	8:34.32	2.9.18
5000 Meters	15:39.32	1.27.17

CAREER INDOOR RESULTS

3000 Meters

2.9.18	FastTrack National Invite (I)	8:34.32
1.20.18	Penn 8-Team Select	8:38.89
2.24.18	BIG EAST Championships	8:43.43
1.13.18	Nittany Lion Challenge	8:43.61
2.4.17	Villanova Invitational (U)	8:58.36

5000 Meters

1.27.17	Villanova Open (U)	15:39.32
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Chika Nwachukwu

Sophomore/Sophomore
Throws
Lawrence, N.J./Lawrence

PERSONAL BESTS

Shot Put	13.99m	1.26.18
Discus (high school)	51.54m	High School
Discus (college)	43.15m	4.8.17

CAREER INDOOR RESULTS

Shot Put

1.26.18	Columbia Challenge (C)	13.99m
12.2.17	Jack Pyrah Invitational	13.54m
2.24.18	BIG EAST Championships	13.40m
12.3.16	Jack Pyrah Invitational	13.07m
2.3.18	Villanova Invitational	12.68m
1.27.17	Villanova Open	12.00m
1.20.18	Penn 8-Team Select	11.97m

Ike Osuagwu

Sophomore/Sophomore
Sprints
Wilmington, Del./Tatnall School

PERSONAL BESTS

55 Meters	6.82	High School
60 Meters	7.34	12.2.17
100 Meters	11.02	High School
200 Meters	22.3	High School

CAREER INDOOR RESULTS

60 Meters

12.2.17	Jack Pyrah Invitational	7.34
12.3.16	Jack Pyrah Invitational	7.35
1.20.18	Penn 8-Team Select (P)	7.43

200 Meters

1.20.18	Penn 8-Team Select	24.22
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Sterling Pierce

Junior/Junior
Sprints
Voorhees, N.J./Rancocas Valley

PERSONAL BESTS

60 Meters	6.88	1.26.18
100 Meters	10.64	5.14.16
200 Meters	21.34	4.1.16
300 Meters	34.83	1.13.18
400 Meters	48.52	3.26.16

CAREER INDOOR AWARDS

BIG EAST Champion	2016	60m
All-BIG EAST	2016	60m
All-BIG EAST	2018	60m
All-BIG EAST	2016	200m
All-BIG EAST	2018	200m

CAREER INDOOR RESULTS

60 Meters

1.26.18	Columbia Challenge (P, CC)	6.88
2.27.16	BIG EAST Championships (F)	6.89
2.24.18	BIG EAST Championships (F)	6.89
1.26.18	Columbia Challenge (F, CC)	6.90
2.23.18	BIG EAST Championships (P)	6.91
1.8.16	Villanova Open (P)	6.95
1.29.16	Penn State National (P)	6.98
2.26.16	BIG EAST Championships (P)	6.98
12.5.15	Jack Pyrah Invitational	6.99
12.3.16	Jack Pyrah Invitational	7.00
12.2.17	Jack Pyrah Invitational	7.00
1.16.16	Great Dane Classic (P)	7.01
1.8.16	Villanova Open (F)	7.03
1.14.17	Nittany Lion Challenge (P)	7.04
2.12.16	FastTrack National Invitational (P) (C)	7.05
1.13.18	Nittany Lion Challenge (P)	7.06
1.14.17	Nittany Lion Challenge (F)	7.11

200 Meters

2.27.16	BIG EAST Championships (F)	21.45
2.24.18	BIG EAST Championships (F)	21.53
2.26.16	BIG EAST Championships (P)	21.61
1.27.18	Columbia Challenge (CC)	21.84
1.30.16	Penn State National	21.86
2.23.18	BIG EAST Championships (P)	21.87
2.9.18	FastTrack National Invite (I)	21.91
2.12.16	FastTrack National Invitational (I)	21.92
1.16.16	Great Dane Classic	22.03

300 Meters

1.13.18	Nittany Lion Challenge	34.83
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400 Meters

2.3.18	Villanova Invitational	49.74
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4x400 Meter Relay

12.5.15	Jack Pyrah Invitational (4)	3:24.68
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Paul Power

Junior/Sophomore
Cross Country/Distance
Phoenixville, Pa./Spring-Ford

PERSONAL BESTS

1500 Meters	3:58.41	4.26.17
Mile	4:19.14	1.27.17
3000 Meters	8:21.45	2.3.18
5000 Meters	14:42.84	2.23.18

CAREER INDOOR RESULTS

Mile

1.27.17	Villanova Open	4:19.14
2.4.17	Villanova Invitational	4:24.85
1.20.17	Gotham Cup	4:31.71

3000 Meters

2.3.18	Villanova Invitational	8:21.45
2.25.17	BIG EAST Championships	8:51.87

5000 Meters

2.23.18	BIG EAST Championships	14:42.84
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Dan Powers

Sophomore/Sophomore
Sprints
Chadds Ford, Pa./Unionville

PERSONAL BESTS

60 Meters	7.45	12.2.17
200 Meters	22.63	5.12.17
300 Meters	36.28	12.2.17
400 Meters	49.65	4.26.17

CAREER INDOOR RESULTS

60 Meters

12.2.17	Jack Pyrah Invitational	7.45
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200 Meters

2.24.17	BIG EAST Championships (P)	22.78
2.4.17	Villanova Invitational	23.11
1.14.17	Nittany Lion Challenge	23.77

300 Meters

12.2.17	Jack Pyrah Invitational	36.28
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400 Meters

2.24.17	BIG EAST Championships (P)	50.00
2.10.17	FastTrack National Invitational	51.16
1.14.17	Nittany Lion Challenge	51.58
1.27.17	Villanova Open	51.68
1.20.17	Gotham Cup	52.14

4x400 Meter Relay

12.3.16	Jack Pyrah Invitational (4)	3:23.28
12.2.17	Jack Pyrah Invitational (1)	3:30.25

Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Harry Purcell

Senior/Junior
Sprints

Dublin, Ireland/Castletknock College

PERSONAL BESTS

400 Meters (relay)	46.77	4.28.17
400 Meters (open)	47.33	High School
500 Meters	1:02.35	1.26.18
600 Meters	1:17.85	1.13.18
800 Meters	1:49.42	High School

CAREER INDOOR AWARDS

All-American (<i>1st Tm</i>)	2016	DMR (400)
All-American (<i>1st Tm</i>)	2017	DMR (400)
All-American (<i>1st Tm</i>)	2018	DMR (800)
BIG EAST Champion	2018	400m
BIG EAST Champion	2018	4x400m (3)
All-BIG EAST	2016	400m
All-BIG EAST	2017	400m
All-BIG EAST	2018	400m
All-BIG EAST	2016	4x400m (2)
All-BIG EAST	2018	4x400m (3)
All-BIG EAST	2016	DMR (400)

CAREER INDOOR RESULTS

400 Meters		
2.24.18	BIG EAST Championships (F)	47.49
2.3.18	Villanova Invitational	47.80
2.26.16	BIG EAST Championships (P)	47.98
2.27.16	BIG EAST Championships (F)	48.14
2.25.17	BIG EAST Championships (F)	48.22
2.24.17	BIG EAST Championships (P)	48.48
2.23.18	BIG EAST Championships (P)	48.85

500 Meters

1.26.18	Columbia Challenge (C)	1:02.35
12.2.17	Jack Pyrah Invitational	1:03.39

600 Meters

1.13.18	Nittany Lion Challenge	1:17.85
1.14.17	Nittany Lion Challenge	1:18.86

800 Meters

1.16.16	Great Dane Classic	1:50.43
1.30.16	Penn State National (I)	1:51.07
2.4.17	Villanova Invitational	1:51.55
1.27.17	Villanova Open	1:51.66

4x400 Meter Relay

2.24.18	BIG EAST Championships (3)	3:12.84
1.13.18	Nittany Lion Challenge (3)	3:13.38
1.30.16	Penn State National (4)	3:14.01
1.14.17	Nittany Lion Challenge (2)	3:14.09
2.27.16	BIG EAST Championships (2)	3:14.67
2.4.17	Villanova Invitational (3)	3:15.83
1.27.18	Columbia Challenge (CC) (2)	3:15.98
2.3.18	Villanova Invitational (4)	3:18.68
1.27.17	Villanova Open (3)	3:19.32
1.8.16	Villanova Open (1)	3:19.54

Distance Medley Relay

2.26.16	BIG EAST Championships (400)	9:29.17
2.12.16	FastTrack National Invitational (400)	9:30.66
3.11.16	NCAA Championships (400)	9:34.30
3.9.18	NCAA Championships (800)	9:35.49
2.16.18	UCS Invitational (800)	9:37.30
2.18.17	UCS Invitational (400)	9:37.90
3.10.17	NCAA Championships (400)	9:39.38

Vincent Sengelmann

Freshman/Freshman

PERSONAL BESTS

Long Jump	6.60m	2.9.18
Triple Jump	12.86m	2.24.18

CAREER INDOOR RESULTS

Long Jump

2.9.18	FastTrack National Invite (C)	6.60m
2.23.18	BIG EAST Championships	6.49m
1.20.18	Penn 8-Team Select	6.45m
2.3.18	Villanova Invitational	6.42m
12.2.17	Jack Pyrah Invitational	6.36m

Triple Jump

2.24.18	BIG EAST Championships	12.86m
12.2.17	Jack Pyrah Invitational	12.76m
2.3.18	Villanova Invitational	12.64m
1.20.18	Penn 8-Team Select	12.60m

Henry Sise

Junior/Junior

Throws

Hawthorn Woods, Ill./Adlai E. Stevenson

PERSONAL BESTS

Shot Put (high school)	17.28m	High School
Shot Put (college)	15.93m	1.27.17
Discus	36.32m	3.26.16

CAREER INDOOR AWARDS

All-BIG EAST	2018	Shot Put
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CAREER INDOOR RESULTS

Shot Put

1.27.17	Villanova Open	15.93m
12.2.17	Jack Pyrah Invitational	15.68m
1.20.18	Penn 8-Team Select	15.58m
12.3.16	Jack Pyrah Invitational	15.37m
1.13.18	Nittany Lion Challenge	15.20m
2.24.18	BIG EAST Championships	15.12m
2.3.18	Villanova Invitational	15.10m
2.10.17	FastTrack National Invitational	15.03m
2.25.17	BIG EAST Championships	15.03m
1.20.17	Gotham Cup	14.93m
2.27.16	BIG EAST Championships	14.48m
1.26.18	Columbia Challenge (C)	14.41m
1.14.17	Nittany Lion Challenge	14.11m
1.30.16	Covert Classic	13.95m
2.12.16	FastTrack National Invitational	13.57m
12.5.15	Jack Pyrah Invitational	13.47m
2.6.16	Villanova Invitational	13.22m
1.8.16	Villanova Open	12.65m
1.16.16	Great Dane Classic	12.61m

Nick Steele

Sophomore/Freshman
Cross Country/Distance

Harvard, Mass./The Bromfield School

PERSONAL BESTS

800 Meters (relay)	1:55.43	2.24.18
1500 Meters	3:55.59	High School
Mile	4:06.18	2.3.18
3000 Meters	8:22.54	1.13.18

CAREER INDOOR AWARDS

BIG EAST Champion	2018	4x800m (3)
All-BIG EAST	2018	5x800m(2)

CAREER INDOOR RESULTS

Mile

2.3.18	Villanova Invitational	4:06.18
1.27.18	Columbia Challenge (CC)	4:09.86
2.24.18	BIG EAST Championships (F)	4:11.90
2.23.18	BIG EAST Championships (P)	4:14.60
2.10.18	David Hemery Invite	4:23.68

3000 Meters

1.13.18	Nittany Lion Challenge	8:22.54
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4x800 Meter Relay

2.24.18	BIG EAST Championships (3)	7:32.76
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Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Zach Swenson
Junior/Sophomore
Cross Country/Sprints
Boulder, Colo./Fairview

PERSONAL BESTS

400 Meters	49.6	High School
500 Meters	1:06.75	2.14.15
800 Meters	1:53.62	2.3.18
1000 Meters	2:29.82	1.27.17
1500 Meters	3:51.12	5.12.17
Mile	4:09.44	1.27.18
3000 Meters	8:35.42	1.13.18
5000 Meters	16:29	High School

CAREER INDOOR AWARDS

BIG EAST Champion	2018	4x800m (1)
All-BIG EAST	2018	4x800m (1)

CAREER INDOOR RESULTS

500 Meters

2.14.15	David Hemery Valentine Invitational	1:06.75
2.28.15	BIG EAST Championships (P)	1:07.87
1.31.15	Penn State National	1:08.06
1.16.15	Gotham Cup	1:08.65

800 Meters

2.3.18	Villanova Invitational	1:53.62
2.4.17	Villanova Invitational	1:55.99

1000 Meters

1.27.17	Villanova Open	2:29.82
1.14.17	Nittany Lion Challenge	2:31.37
12.6.14	Jack Pyrah Invitational	2:37.66

Mile

1.27.18	Columbia Challenge (CC)	4:09.44
2.9.18	FastTrack National Invite (I)	4:11.90
2.24.18	BIG EAST Championships (F)	4:13.09
2.23.18	BIG EAST Championships (P)	4:13.97
2.25.17	BIG EAST Championships (F)	4:14.86
2.10.17	FastTrack National Invitational	4:17.93
2.24.17	BIG EAST Championships (P)	4:18.36
2.6.16	Villanova Invitational (U)	4:18.99
2.12.16	FastTrack National Invitational (U)	4:19.27
1.20.17	Gotham Cup	4:20.35
12.5.15	Jack Pyrah Invitational (U)	4:25.19
1.16.16	Great Dane Classic (U)	4:27.72

3000 Meters

1.13.18	Nittany Lion Challenge	8:35.42
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4x400 Meter Relay

12.6.14	Jack Pyrah Invitational (4)	3:25.96
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4x800 Meter Relay

2.24.18	BIG EAST Championships (4)	7:32.76
1.16.15	Gotham Cup (3)	7:49.23

Alex Telma
Freshman/Freshman
Throws
St. Louis, Mo./Priory School

PERSONAL BESTS

Long Jump	5.93m	High School
Shot Put (high school)	13.92m	High School
Shot Put (college)	12.92m	12.2.17
Discus	41.61m	High School
Javelin	33.60m	High School

CAREER INDOOR RESULTS

Shot Put

12.2.17	Jack Pyrah Invitational	12.92m
2.24.18	BIG EAST Championships	12.64m
2.3.18	Villanova Invitational	12.04m

Steve Testa
Sophomore/Sophomore
Jumps
Warminster, Pa./William Tennent

PERSONAL BESTS

60 Meters	7.37	12.3.16
200 Meters	22.77	3.25.17
Long Jump	6.95m	High School
Triple Jump	13.75m	2.24.18

CAREER INDOOR RESULTS

60 Meters

12.3.16	Jack Pyrah Invitational	7.37
12.2.17	Jack Pyrah Invitational	7.42

200 Meters

2.4.17	Villanova Invitational	22.89
1.13.18	Nittany Lion Challenge	22.90
1.27.17	Villanova Open	22.98

Long Jump

1.13.18	Nittany Lion Challenge	6.85m
2.23.18	BIG EAST Championships	6.81m
2.3.18	Villanova Invitational	6.76m
12.3.16	Jack Pyrah Invitational	6.71m
1.20.18	Penn 8-Team Select	6.71m
12.2.17	Jack Pyrah Invitational	6.68m
2.9.18	FastTrack National Invite (C)	6.52m
1.20.17	Gotham Cup	6.51m
1.27.17	Villanova Open	6.41m
2.10.17	FastTrack National Invitational	6.29m
2.4.17	Villanova Invitational	6.27m
1.14.17	Nittany Lion Challenge	6.14m

Triple Jump

2.24.18	BIG EAST Championships	13.75m
2.25.17	BIG EAST Championships	13.63m
12.2.17	Jack Pyrah Invitational	13.42m
1.14.17	Nittany Lion Challenge	13.15m
2.3.18	Villanova Invitational	12.72m

Ryan Tompkins
Freshman/Freshman
Jumps
Farmingdale, N.J./Colts Neck

PERSONAL BESTS

High Jump	2.03m	High School
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CAREER INDOOR RESULTS

High Jump

2.24.18	BIG EAST Championships	2.00m
2.3.18	Villanova Invitational	1.97m
1.20.18	Penn 8-Team Select	1.95m
1.13.18	Nittany Lion Challenge	1.91m

Michael Troup
Freshman/Freshman
Jumps
Doylestown, Pa./Lawrenceville School

PERSONAL BESTS

60 Meters	7.31	12.2.17
100 Meters	11.24	High School
200 Meters	22.49	High School
High Jump	1.93m	High School
Long Jump	7.11m	High School
Triple Jump	13.46m	High School

CAREER INDOOR RESULTS

60 Meters

12.2.17	Jack Pyrah Invitational	7.42
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200 Meters

1.13.18	Nittany Lion Challenge	22.99
1.20.18	Penn 8-Team Select	23.16

High Jump

2.24.18	BIG EAST Championships	1.85m
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Long Jump

2.23.18	BIG EAST Championships	6.79m
2.3.18	Villanova Invitational	6.71m
12.2.17	Jack Pyrah Invitational	6.69m
2.9.18	FastTrack National Invite (C)	6.58m
1.20.18	Penn 8-Team Select	6.48m
1.13.18	Nittany Lion Challenge	6.43m

Triple Jump

2.24.18	BIG EAST Championships	13.11m
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Villanova Men's Track & Field

Career Indoor Profiles For Current Student-Athletes

Louis Vazquez
Junior/Sophomore
Cross Country/Distance
Brooklyn, N.Y./Xavier

PERSONAL BESTS

800 Meters	2:02.11	3.31.17
1000 Meters	2:35.11	1.27.17
1500 Meters	4:11.67	4.26.17
Mile	4:22.62	2.23.18
3000 Meters	8:58.66	1.13.18

CAREER INDOOR RESULTS

800 Meters

2.9.18	FastTrack National Invite	2:02.88
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1000 Meters

1.27.17	Villanova Open	2:35.11
1.20.17	Gotham Cup	2:39.60

Mile

2.23.18	BIG EAST Championships	4:22.62
2.3.18	Villanova Invitational	4:25.39
2.6.16	Villanova Invitational (U)	4:25.45
1.14.17	Nittany Lion Challenge	4:25.79
2.4.17	Villanova Invitational	4:26.69
1.16.16	Great Dane Classic (U)	4:28.23
2.24.17	BIG EAST Championships (P)	4:28.91
2.10.17	FastTrack National Invitational	4:30.88
2.12.16	FastTrack National Invitational (U) (C)	4:31.10
1.20.18	Penn 8-Team Select	4:34.93

3000 Meters

1.13.18	Nittany Lion Challenge	8:58.66
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Austin Weber
Freshman/Freshman

Logan Wetzel
Junior/Sophomore
Cross Country/Distance
Saline, Mich./Saline

PERSONAL BESTS

400 Meters (relay)	49.50	High School
800 Meters (relay)	1:50.95	4.29.17
800 Meters (open)	1:52.31	High School
1000 Meters	2:22.88	2.3.18
1500 Meters	3:45.11	4.21.17
1600 Meters (relay)	4:00.76	3.10.17
Mile	4:02.16	2.12.16
3000 Meters	8:31.46	2.25.17

CAREER INDOOR AWARDS

All-American (1st Tm)	2017	DMR (1600)
BIG EAST Champion	2017	4x800m (2)
BIG EAST Champion	2017	DMR (1600)
BIG EAST Champion	2018	DMR (1200)
All-BIG EAST	2018	Mile
All-BIG EAST	2017	4x800m (2)
All-BIG EAST	2017	DMR (1600)
All-BIG EAST	2018	DMR (1200)
BE Men's Track AOW	2018	January 22-28

CAREER INDOOR RESULTS

1000 Meters

2.3.18	Villanova Invitational	2:22.88
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Mile

2.12.16	FastTrack National Invitational (U) (I)	4:02.16
1.27.18	Columbia Challenge (CC)	4:04.08
2.6.16	Villanova Invitational (U)	4:05.14
1.13.18	Nittany Lion Challenge	4:09.20
2.4.17	Villanova Invitational	4:09.90
2.24.18	BIG EAST Championships (F)	4:10.64
1.16.16	Great Dane Classic (U)	4:10.97
2.23.18	BIG EAST Championships (P)	4:14.02
1.27.17	Villanova Open	4:14.41

3000 Meters

2.25.17	BIG EAST Championships	8:31.46
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4x800 Meter Relay

2.25.17	BIG EAST Championships (2)	7:32.73
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Distance Medley Relay

2.16.18	UCS Invitational (1600)	9:37.30
2.18.17	UCS Invitational (1600)	9:37.90
3.10.17	NCAA Championships (1600)	9:39.38
2.23.18	BIG EAST Championships (1200)	9:48.31
2.24.17	BIG EAST Championships (1600)	10:00.07

Tory Young
Freshman/Freshman
Sprints
Baltimore, Md./Gilman School

PERSONAL BESTS

400 Meters (relay)	47.4	High School
400 Meters (open)	48.2	High School
500 Meters	1:06.19	12.2.17

CAREER INDOOR AWARDS

BIG EAST Champion	2018	DMR (400)
All-BIG EAST	2018	DMR (400)

CAREER INDOOR RESULTS

500 Meters

12.2.17	Jack Pyrah Invitational	1:06.19
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4x400 Meter Relay

12.2.17	Jack Pyrah Invitational (4)	3:24.79
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Distance Medley Relay

2.23.18	BIG EAST Championships (400)	9:48.31
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