



# Villanova Men's Indoor Track & Field 2016-17 Team Schedule and Results



## SCHEDULE

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Venue</u>
<b>December 3</b>	<b>Jack Pyrah Invitational</b>	<b>Haverford, Pa.</b>	<b>Alumni Gym</b>
December 9-10	Fast Times Before Finals Meet	Bethlehem, Pa.	Rauch Field House
January 14	Nittany Lion Challenge	University Park, Pa.	Horace Ashenfelter III Indoor Track
January 20	Gotham Cup	Staten Island, N.Y.	Ocean Breeze Track & Field Complex
<b>January 27</b>	<b>Villanova Open</b>	<b>Staten Island, N.Y.</b>	<b>Ocean Breeze Track &amp; Field Complex</b>
<b>February 4</b>	<b>Villanova Invitational</b>	<b>Staten Island, N.Y.</b>	<b>Ocean Breeze Track &amp; Field Complex</b>
February 10	FastTrack National Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Complex
February 18	UCS Invitational	Winston-Salem, N.C.	JDL Fast Track
February 24-25	BIG EAST Championships	Staten Island, N.Y.	Ocean Breeze Track & Field Complex
March 10-11	NCAA Championships	College Station, Texas	Gilliam Indoor Stadium

## RESULTS

<u>Date</u>	<u>Event</u>	<u>Result</u>
<b>December 3</b>	<b>Jack Pyrah Invitational</b>	<b>no team scoring</b>
December 9-10	Fast Times Before Finals Meet	no team scoring
January 14	Nittany Lion Challenge	no team scoring
January 20	Gotham Cup	no team scoring
<b>January 27</b>	<b>Villanova Open</b>	<b>2nd of 11</b>
<b>February 4</b>	<b>Villanova Invitational</b>	<b>no team scoring</b>
February 10	FastTrack National Invitational	no team scoring
February 18	UCS Invitational	no team scoring
February 24-25	BIG EAST Championships	4th of 7
March 10-11	NCAA Championships	tie-58th of 62



# Villanova Men's Indoor Track & Field

## 2016-17 Performance List



<u>60 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>5000 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>
Sterling Pierce	7.00	12/3	Jack Pyrah Invitational	Andrew Marston	14:17.37	2/24	BIG EAST Championships
Aaron Sykes	7.26	12/3	Jack Pyrah Invitational	Martin Barr (u)	14:53.43	1/27	Villanova Open
Ike Osuagwu	7.35	12/3	Jack Pyrah Invitational	Paul Nichols (u)	15:39.32	1/27	Villanova Open
Steve Testa	7.37	12/3	Jack Pyrah Invitational				
Bryant Herlocker	7.40	12/3	Jack Pyrah Invitational	<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>
Michael Morrow	7.61 (h)	2/24	BIG EAST Championships	Villanova	3:15.83	2/4	Villanova Invitational
Peter Winslow	7.62 (h)	12/9	Fast Times Before Finals Meet	<i>(Ishmael Muhammad, Ville Lampinen, Harry Purcell, Konrad Bayer)</i>			
<i>Chris Morris (u)</i>	7.51	12/3	Jack Pyrah Invitational	<u>4x800 Meter Relay</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>
				Villanova	7:32.73	2/25	BIG EAST Championships
				<i>(Lucas Arrivo, Logan Wetzel, Elliot Slade, Ishmael Muhammad)</i>			
<u>60 Meter Hurdles</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>Distance Medley Relay</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>
Michael Morrow	9.63 (h)	2/25	BIG EAST Championships	Villanova	9:37.90	2/18	UCS Invitational
Peter Winslow	10.13 (h)	12/10	Fast Times Before Finals Meet	<i>(Elliot Slade, Harry Purcell, Ville Lampinen, Logan Wetzel)</i>			
<u>200 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>High Jump</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
Kyle Cartwright	22.68	2/4	Villanova Invitational	Michael Morrow	1.84m	2/10	FastTrack National Invitational
Dan Powers	22.78 (p)	2/24	BIG EAST Championships	Peter Winslow	1.76m (h)	12/9	Fast Times Before Finals Meet
Steve Testa	22.89	2/4	Villanova Invitational				
Konrad Bayer	23.09	2/4	Villanova Invitational	<u>Pole Vault</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
				James Deutmeyer	4.60m	2/24	BIG EAST Championships
<u>400 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	Thomas Conboy	4.60m	2/24	BIG EAST Championships
Harry Purcell	48.22 (f)	2/25	BIG EAST Championships	Kolby Koeck	4.35m	1/27	Villanova Open
Kyle Cartwright	49.15 (f)	2/25	BIG EAST Championships	PJ Succi	4.15m	2/24	BIG EAST Championships
Dan Powers	50.00 (p)	2/24	BIG EAST Championships	Peter Winslow	3.50m (h)	2/25	BIG EAST Championships
Charlie O'Brien	50.32	1/14	Nittany Lion Challenge	Michael Morrow	3.30m (h)	2/25	BIG EAST Championships
Konrad Bayer	50.42 (p)	2/24	BIG EAST Championships				
<u>500 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>Long Jump</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
Konrad Bayer	1:08.06	12/3	Jack Pyrah Invitational	Steve Testa	6.71m	12/3	Jack Pyrah Invitational
Utsav Deshpande	1:08.90	12/3	Jack Pyrah Invitational	Pearson Feagans	6.58m	12/3	Jack Pyrah Invitational
				Michael Morrow	6.17m (h)	2/24	BIG EAST Championships
<u>600 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	Aaron Elcock	6.01m	12/3	Jack Pyrah Invitational
Ville Lampinen	1:18.44	1/14	Nittany Lion Challenge	Peter Winslow	5.83m (h)	12/9	Fast Times Before Finals Meet
Harry Purcell	1:18.86	1/14	Nittany Lion Challenge				
<u>800 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>Triple Jump</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
Ville Lampinen	1:50.20	2/4	Villanova Invitational	Steve Testa	13.63m	2/25	BIG EAST Championships
Ishmael Muhammad	1:50.80	2/4	Villanova Invitational	Aaron Elcock	13.16m	1/20	Gotham Cup
Harry Purcell	1:51.55	2/4	Villanova Invitational				
Lucas Arrivo	1:54.91	2/4	Villanova Invitational	<u>Shot Put</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
Zach Swenson	1:55.99	2/4	Villanova Invitational	Henry Sise	15.93m	1/27	Villanova Open
Utsav Deshpande	2:04.71	1/27	Villanova Open	Dan Sullivan	15.10m	2/25	BIG EAST Championships
<i>Jacob Bonanotte (u)</i>	2:01.75	2/4	Villanova Invitational	Daniel Timko	13.39m	2/10	FastTrack National Invitational
				Chika Nwachukwu	13.07m	12/3	Jack Pyrah Invitational
<u>1000 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	Jack Judge	11.87m	12/3	Jack Pyrah Invitational
Zach Swenson	2:29.82	1/27	Villanova Open	Jadyn Anczarski	10.60m	12/3	Jack Pyrah Invitational
Lucas Arrivo	2:30.72	1/27	Villanova Open	Michael Morrow	9.56m (h)	12/9	Fast Times Before Finals Meet
Louis Vazquez	2:35.11	1/27	Villanova Open	Peter Winslow	8.91m (h)	2/24	BIG EAST Championships
Peter Winslow	2:43.59	12/3	Jack Pyrah Invitational				
Michael Morrow	2:55.10	12/3	Jack Pyrah Invitational	<u>Weight Throw</u>	<u>Mark</u>	<u>Date</u>	<u>Event</u>
				John McDonald	14.94m	2/24	BIG EAST Championships
				Daniel Timko	12.41m	1/27	Villanova Open
				Jadyn Anczarski	12.20m	2/4	Villanova Invitational
<u>Mile</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>	<u>Heptathlon</u>	<u>Points</u>	<u>Date</u>	<u>Event</u>
Elliot Slade	4:06.56	2/10	FastTrack National Invitational	Michael Morrow	4151	2/25	BIG EAST Championships
Casey Comber	4:07.84	2/10	FastTrack National Invitational	Peter Winslow	3934	12/10	Fast Times Before Finals Meet
Logan Wetzel	4:09.90	2/4	Villanova Invitational				
Andrew Marston	4:12.46	1/27	Villanova Open	(f)	Final		
Zach Swenson	4:14.86 (f)	2/25	BIG EAST Championships	(h)	Time/mark recorded during heptathlon		
Colin O'Mara	4:16.89 (f)	2/25	BIG EAST Championships	(p)	Preliminary heats		
Lucas Arrivo	4:17.31	1/14	Nittany Lion Challenge	(u)	Competed as an Unattached runner		
Paul Power	4:19.14	1/27	Villanova Open				
Louis Vazquez	4:25.79	1/14	Nittany Lion Challenge				
<u>3000 Meters</u>	<u>Time</u>	<u>Date</u>	<u>Event</u>				
Casey Comber	8:15.09	2/4	Villanova Invitational				
Andrew Marston	8:15.23	2/25	BIG EAST Championships				
Ben Malone	8:21.23	1/20	Gotham Cup				
Logan Wetzel	8:31.46	2/25	BIG EAST Championships				
Paul Power	8:51.87	2/25	BIG EAST Championships				
Colin O'Mara	8:55.30	2/10	FastTrack National Invitational				
<i>Martin Barr (u)</i>	8:24.44	2/4	Villanova Invitational				
<i>Rob Morro (u)</i>	8:41.77	2/4	Villanova Invitational				
<i>Paul Nichols (u)</i>	8:58.36	2/4	Villanova Invitational				



# Villanova Men's Indoor Track & Field

## 2016-17 Meet Summaries



### JACK PYRAH INVITATIONAL

December 3, 2016

Alumni Gym

Haverford, Pa.

No Team Scoring

<u>60 Meters</u>	<u>Place</u>	<u>Time</u>
Sterling Pierce	2nd of 17	7.00
Aaron Sykes	7th	7.26
Ike Osuagwu	9th	7.35
Steve Testa	10th	7.37
Bryant Herlocker	11th	7.40
<i>Chris Morris (Unattached)</i>	<i>tie-14th</i>	<i>7.51</i>
<u>60 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Michael Morrow	2nd of 4	10.13
Peter Winslow	3rd	10.25
<u>500 Meters</u>	<u>Place</u>	<u>Time</u>
Konrad Bayer	3rd of 13	1:08.06
Utsav Deshpande	5th	1:08.90
<u>1000 Meters</u>	<u>Place</u>	<u>Time</u>
Peter Winslow	7th of 11	2:43.59
Michael Morrow	11th	2:55.10
<u>4x400 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	2nd of 7	3:23.28
Kyle Cartwright	1st Leg	
Charlie O'Brien	2nd Leg	
Konrad Bayer	3rd Leg	
Dan Powers	Anchor	
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Steve Testa	2nd of 15	6.71m
Pearson Feagans	4th	6.58m
Michael Morrow	6th	6.08m
Aaron Elcock	7th	6.01m
Peter Winslow	12th	5.70m
<u>Triple Jump</u>	<u>Place</u>	<u>Mark</u>
Aaron Elcock	2nd of 5	12.62m
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Henry Sise	1st of 9	15.37m
Dan Sullivan	2nd	14.80m
Chika Nwachukwu	4th	13.07m
Daniel Timko	5th	12.97m
Jack Judge	7th	11.87m
Jadyn Anczarski	8th	10.60m

### FAST TIMES BEFORE FINALS MEET

December 9-10, 2016

Rauch Field House

Bethlehem, Pa.

No Team Scoring

<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
Kolby Koeck	5th of 11	4.25m
Thomas Conboy	tie-7th	4.10m
<u>Heptathlon</u>	<u>Place</u>	<u>Points</u>
Peter Winslow	8th of 14	3,934
<i>60 Meters</i>	<i>8th</i>	<i>7.62</i>
<i>Long Jump</i>	<i>6th</i>	<i>5.83m</i>
<i>Shot Put</i>	<i>14th</i>	<i>8.02m</i>
<i>High Jump</i>	<i>7th</i>	<i>1.76m</i>
<i>60 Meter Hurdles</i>	<i>13th</i>	<i>10.13</i>
<i>Pole Vault</i>	<i>8th</i>	<i>3.20m</i>
<i>1000 Meters</i>	<i>1st</i>	<i>2:47.17</i>
Michael Morrow	9th	3,866
<i>60 Meters</i>	<i>12th</i>	<i>7.67</i>
<i>Long Jump</i>	<i>5th</i>	<i>5.90m</i>
<i>Shot Put</i>	<i>10th</i>	<i>9.56m</i>
<i>High Jump</i>	<i>6th</i>	<i>1.79m</i>
<i>60 Meter Hurdles</i>	<i>12th</i>	<i>10.01</i>
<i>Pole Vault</i>	<i>9th</i>	<i>3.10m</i>
<i>1000 Meters</i>	<i>7th</i>	<i>3:02.07</i>



# Villanova Men's Indoor Track & Field 2016-17 Meet Summaries



**NITTANY LION CHALLENGE**  
**January 14, 2017**  
**Horace Ashenfelter III Indoor Track**  
**University Park, Pa.**  
**No Team Scoring**

<b><u>60 Meters (Preliminaries)</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Sterling Pierce	6th of 20	7.04
<b><u>60 Meters (Final)</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Sterling Pierce	7th of 7	7.11
<b><u>200 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Dan Powers	12th of 15	23.77
<b><u>400 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Kyle Cartwright	8th of 17	49.61
Charlie O'Brien	11th	50.32
Konrad Bayer	14th	51.18
Dan Powers	15th	51.58
<b><u>600 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Ville Lampinen	2nd of 20	1:18.44
Harry Purcell	4th	1:18.86
<b><u>1000 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Zach Swenson	9th of 16	2:31.37
<b><u>Mile</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Lucas Arrivo	17th of 27	4:17.31
Louis Vazquez	27th	4:25.79
<b><u>4x400 Meter Relay</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Villanova	5th of 14	3:18.09
Kyle Cartwright	1st Leg	
Harry Purcell	2nd Leg	
Ville Lampinen	3rd Leg	
Konrad Bayer	Anchor	
<b><u>Long Jump</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Steve Testa	11th of 14	6.14m
<b><u>Triple Jump</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Steve Testa	8th of 8	13.15m
<b><u>Shot Put</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Dan Sullivan	10th of 15	14.62m
Henry Sise	12th	14.11m
<b><u>Weight Throw</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
John McDonald	7th of 11	14.41m

**GOTHAM CUP**  
**January 20, 2017**  
**Ocean Breeze Track & Field Athletic Complex**  
**Staten Island, N.Y.**  
**No Team Scoring**

<b><u>200 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Konrad Bayer	50th of 71	23.50
<b><u>400 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Konrad Bayer	35th of 114	50.99
Dan Powers	63rd	52.14
<b><u>1000 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Lucas Arrivo	14th of 39	2:37.35
Louis Vazquez	19th	2:39.60
<b><u>Mile</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Zach Swenson	2nd of 66	4:20.35
Paul Power	20th	4:31.71
<b><u>3000 Meters</u></b>	<b><u>Place</u></b>	<b><u>Time</u></b>
Ben Malone	1st of 51	8:21.23
Andrew Marston	2nd	8:22.09
Casey Comber	3rd	8:25.70
<b><u>Pole Vault</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Thomas Conboy	5th of 11	4.35m
<b><u>Long Jump</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Steve Testa	14th of 55	6.51m
Pearson Feagans	34th	6.09m
Michael Morrow	40th	5.89m
<b><u>Triple Jump</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Aaron Elcock	14th of 33	13.16m
<b><u>Shot Put</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
Henry Sise	9th of 49	14.93m
Dan Sullivan	12th	14.55m
Daniel Timko	23rd	13.25m
<b><u>Weight Throw</u></b>	<b><u>Place</u></b>	<b><u>Mark</u></b>
John McDonald	27th of 38	12.08m



# Villanova Men's Indoor Track & Field 2016-17 Meet Summaries



## VILLANOVA OPEN

January 27, 2017

Ocean Breeze Track & Field Athletic Complex

Staten Island, N.Y.

2nd of 11

### 60 Meters (Preliminaries)

	<u>Place</u>	<u>Time</u>
Michael Morrow	38th of 46	7.75
Peter Winslow	41st	7.84

### 60 Meter Hurdles (Preliminaries)

	<u>Place</u>	<u>Time</u>
Michael Morrow	22nd of 23	9.64

### 200 Meters

	<u>Place</u>	<u>Time</u>
Steve Testa	23rd of 45	22.98

### 400 Meters

	<u>Place</u>	<u>Time</u>
Kyle Cartwright	8th of 43	49.89
Konrad Bayer	19th	50.81
Dan Powers	27th	51.68

### 800 Meters

	<u>Place</u>	<u>Time</u>
Ville Lampinen	2nd of 44	1:50.34
Harry Purcell	3rd	1:51.66
Utsav Deshpande	34th	2:04.71

### 1000 Meters

	<u>Place</u>	<u>Time</u>
Zach Swenson	4th of 7	2:29.82
Lucas Arrivo	5th	2:30.72
Louis Vazquez	6th	2:35.11

### Mile

	<u>Place</u>	<u>Time</u>
Casey Comber	2nd of 39	4:09.31
Andrew Marston	tie-5th	4:12.46
Logan Wetzel	9th	4:14.41
Paul Power	12th	4:19.14
Colin O'Mara	20th	4:22.83

### 5000 Meters

	<u>Place</u>	<u>Time</u>
<i>Martin Barr (Unattached)</i>	<i>4th of 14</i>	<i>14:53.43</i>
<i>Paul Nichols (Unattached)</i>	<i>9th</i>	<i>15:39.32</i>

### 4x400 Meter Relay

	<u>Place</u>	<u>Time</u>
Villanova	3rd of 13	3:19.32
Konrad Bayer	1st Leg	
Ville Lampinen	2nd Leg	
Harry Purcell	3rd Leg	
Dan Powers	Anchor	

### High Jump

	<u>Place</u>	<u>Mark</u>
Michael Morrow	8th of 8	1.82m

### Pole Vault

	<u>Place</u>	<u>Mark</u>
Thomas Conboy	2nd of 5	4.50m
Kolby Koeck	3rd	4.35m

### Long Jump

	<u>Place</u>	<u>Mark</u>
Steve Testa	10th of 18	6.41m

### Triple Jump

	<u>Place</u>	<u>Mark</u>
Aaron Elcock	12th of 15	12.56m

### Shot Put

	<u>Place</u>	<u>Mark</u>
Henry Sise	3rd of 23	15.93m
Dan Sullivan	8th	14.35m
Chika Nwachukwu	13th	12.00m

### Weight Throw

	<u>Place</u>	<u>Mark</u>
Daniel Timko	11th of 13	12.41m
Jadyn Anczarski	12th	11.50m



# Villanova Men's Indoor Track & Field 2016-17 Meet Summaries



## VILLANOVA INVITATIONAL

February 4, 2017

Ocean Breeze Track & Field Athletic Complex

Staten Island, N.Y.

No Team Scoring

<u>200 Meters</u>	<u>Place</u>	<u>Time</u>
Kyle Cartwright	15th of 30	22.68
Steve Testa	21st	22.89
Konrad Bayer	25th	23.09
Dan Powers	27th	23.11
<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Ville Lampinen	1st of 27	1:50.20
Ishmael Muhammad	2nd	1:50.80
Harry Purcell	4th	1:51.55
Lucas Arrivo	13th	1:54.91
Zach Swenson	16th	1:55.99
<i>Jacob Bonanotte (Unattached)</i>	25th	2:01.75
<u>Mile</u>	<u>Place</u>	<u>Time</u>
Elliot Slade	2nd of 17	4:09.76
Logan Wetzel	3rd	4:09.90
Colin O'Mara	12th	4:22.89
Paul Power	13th	4:24.85
Louis Vazquez	15th	4:26.69
<u>3000 Meters</u>	<u>Place</u>	<u>Time</u>
Casey Comber	2nd of 26	8:15.09
Andrew Marston	4th	8:17.59
<i>Martin Barr (Unattached)</i>	7th	8:24.44
<i>Rob Morro (Unattached)</i>	12th	8:41.77
<i>Paul Nichols (Unattached)</i>	18th	8:58.36
<u>4x400 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	1st of 9	3:15.83
Ishmael Muhammad	1st Leg	
Ville Lampinen	2nd Leg	
Harry Purcell	3rd Leg	
Konrad Bayer	Anchor	
<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	tie-5th of 13	4.55m
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Steve Testa	15th of 23	6.27m
<u>Triple Jump</u>	<u>Place</u>	<u>Mark</u>
Aaron Elcock	13th of 16	12.76m
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	5th of 21	14.95m
Daniel Timko	16th	12.94m
<u>Weight Throw</u>	<u>Place</u>	<u>Mark</u>
Jadyn Anczarski	12th of 14	12.20m
Daniel Timko	13th	11.82m

## FASTTRACK NATIONAL INVITATIONAL

February 10, 2017

Ocean Breeze Track & Field Athletic Complex

Staten Island, N.Y.

No Team Scoring

<u>60 Meters (Preliminaries)</u>	<u>Place</u>	<u>Time</u>
Michael Morrow	35th of 36	7.65
Peter Winslow	36th	7.71
<u>60 Meter Hurdles (Preliminaries)</u>	<u>Place</u>	<u>Time</u>
Michael Morrow	16th of 18	9.70
Peter Winslow	17th	10.37
<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Kyle Cartwright	5th of 44	49.33
Konrad Bayer	24th	50.97
Dan Powers	28th	51.16
<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Lucas Arrivo	52nd of 64	1:59.62
<u>Mile</u>	<u>Place</u>	<u>Time</u>
Elliot Slade	5th of 52	4:06.56
Casey Comber	7th	4:07.84
Andrew Marston	18th	4:13.98
Zach Swenson	26th	4:17.93
Louis Vazquez	50th	4:30.88
<u>3000 Meters</u>	<u>Place</u>	<u>Time</u>
Colin O'Mara	41st of 56	8:55.30
<u>High Jump</u>	<u>Place</u>	<u>Mark</u>
Michael Morrow	11th of 12	1.84m
<u>Pole Vault (College Section)</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	tie-3rd of 10	4.45m
Thomas Conboy	6th	4.45m
Kolby Koeck	9th	4.30m
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Steve Testa	13th of 18	6.29m
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Henry Sise	7th of 13	15.03m
Dan Sullivan	9th	14.74m
Daniel Timko	12th	13.39m



# Villanova Men's Indoor Track & Field 2016-17 Meet Summaries



**UCS INVITATIONAL**  
**February 18, 2017**  
**JDL Fast Track**  
**Winston-Salem, N.C.**  
**No Team Scoring**

<u>Distance Medley Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	3rd of 15	9:37.90
Elliot Slade	1200 Meters	2:58.62
Harry Purcell	400 Meters	48.05
Ville Lampinen	800 Meters	1:49.69
Logan Wetzel	1600 Meters	4:01.54

**BIG EAST CHAMPIONSHIPS**  
**February 24-25, 2017**  
**Ocean Breeze Track & Field Athletic Complex**  
**Staten Island, N.Y.**  
**4th of 7**

**FRIDAY, FEBRUARY 24**

<u>5000 Meters</u>	<u>Place</u>	<u>Time</u>
Andrew Marston	2nd of 14	14:17.37

<u>Distance Medley Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	1st of 7	10:00.07
Casey Comber	1200 Meters	
Konrad Bayer	400 Meters	
Elliot Slade	800 Meters	
Logan Wetzel	1600 Meters	

<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	2nd of 8	4.60m
Thomas Conboy	3rd	4.60m
Kolby Koeck	5th	4.30m
PJ Succi	6th	4.15m

<u>Weight Throw</u>	<u>Place</u>	<u>Mark</u>
John McDonald	6th of 10	14.94m
Daniel Timko	10th	11.30m

<u>200 Meters (preliminaries)</u>	<u>Place</u>	<u>Time</u>
Dan Powers	16th of 19	22.78

<u>400 Meters (preliminaries)</u>	<u>Place</u>	<u>Time</u>
Harry Purcell	1st of 17	48.48
Kyle Cartwright	8th	49.43
Dan Powers	12th	50.00
Konrad Bayer	13th	50.42

<u>800 Meters (preliminaries)</u>	<u>Place</u>	<u>Time</u>
Ville Lampinen	2nd of 12	1:53.55
Ishmael Muhammad	9th	1:54.41
Lucas Arrivo	11th	1:55.30

<u>Mile (preliminaries)</u>	<u>Place</u>	<u>Time</u>
Elliot Slade	3rd of 15	4:17.39
Zach Swenson	11th	4:18.36
Colin O'Mara	12th	4:18.94
Louis Vazquez	14th	4:28.91

**SATURDAY, FEBRUARY 25**

<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Harry Purcell	2nd of 8	48.22
Kyle Cartwright	7th	49.15

<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Ville Lampinen	2nd of 8	1:50.52

<u>Mile</u>	<u>Place</u>	<u>Time</u>
Elliot Slade	3rd of 12	4:07.39
Zach Swenson	9th	4:14.86
Colin O'Mara	12th	4:16.89

<u>3000 Meters</u>	<u>Place</u>	<u>Time</u>
Andrew Marston	6th of 20	8:15.23
Casey Comber	7th	8:15.24
Logan Wetzel	12th	8:31.46
Paul Power	19th	8:51.87

<u>4x800 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	1st of 7	7:32.73
Lucas Arrivo	1st Leg	
Logan Wetzel	2nd Leg	
Elliot Slade	3rd Leg	
Ishmael Muhammad	Anchor	

<u>Triple Jump</u>	<u>Place</u>	<u>Mark</u>
Steve Testa	6th of 12	13.63m
Aaron Elcock	11th	12.83m

<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	3rd of 9	15.10m
Henry Sise	5th	15.03m
Daniel Timko	8th	13.38m

<u>Heptathlon</u>	<u>Place</u>	<u>Points</u>
Michael Morrow	4th of 6	4,151
<i>60 Meters</i>	<i>6th</i>	<i>7.61</i>
<i>Long Jump</i>	<i>5th</i>	<i>6.17m</i>
<i>Shot Put</i>	<i>4th</i>	<i>9.54m</i>
<i>High Jump</i>	<i>1st</i>	<i>1.82m</i>
<i>60 Meter Hurdles</i>	<i>4th</i>	<i>9.63</i>
<i>Pole Vault</i>	<i>4th</i>	<i>3.30m</i>
<i>1000 Meters</i>	<i>4th</i>	<i>2:56.05</i>

Peter Winslow	6th	3,899
<i>60 Meters</i>	<i>7th</i>	<i>7.68</i>
<i>Long Jump</i>	<i>7th</i>	<i>5.65m</i>
<i>Shot Put</i>	<i>7th</i>	<i>8.91m</i>
<i>High Jump</i>	<i>tie-5th</i>	<i>1.64m</i>
<i>60 Meter Hurdles</i>	<i>6th</i>	<i>10.17</i>
<i>Pole Vault</i>	<i>2nd</i>	<i>3.50m</i>
<i>1000 Meters</i>	<i>1st</i>	<i>2:44.46</i>



# Villanova Men's Indoor Track & Field 2016-17 Meet Summaries



**NCAA CHAMPIONSHIPS**  
**March 10, 2017**  
**Gilliam Indoor Stadium**  
**College Station, Texas**  
**tie-58th of 62**

<u>Distance Medley Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	8th of 12	9:39.38
Elliot Slade	1200 Meters	3:00.28
Harry Purcell	400 Meters	48.17
Ville Lampinen	800 Meters	1:50.18
Logan Wetzel	1600 Meters	4:00.76





# Villanova Men's Track & Field

## Career Top Times



### Jadyn Anczarski

Shot Put (high school)	13.39 Meters	High School
Shot Put (college)	10.60 Meters	2016 Jack Pyrah Invitational
<i>*high school shot put uses a lighter implement</i>		

Weight Throw	12.20 Meters	2017 Villanova Invitational
Discus	48.34 Meters	High School

### Lucas Arrivo

800 Meters	1:54.91	2017 Villanova Invitational
1000 Meters	2:30.72	2017 Villanova Open
1500 Meters	3:54.86	2016 Haverford Mid-Week Meet
Mile	4:17.31	2017 Nittany Lion Challenge

### *Cross Country*

6000 Meters	20:53.8	2015 Big 5 Invitational
4 Miles	21:10.6	2015 Haverford Invitational

### Martin Barr

3000 Meters	8:24.44	2017 Villanova Invitational
5000 Meters	14:53.43	2017 Villanova Open

### *Cross Country*

6000 Meters	19:47.1	2016 Big 5 Invitational
4 Miles	20:11.5	2016 Main Line Invitational
8000 Meters	25:20	2016 Paul Short Run

### Konrad Bayer

200 Meters	23.09	2017 Villanova Invitational
400 Meters	49.75	High School
500 Meters	1:08.06	2016 Jack Pyrah Invitational

### Jacob Bonanotte

200 Meters	27.15	High School
800 Meters	2:01.75	2017 Villanova Invitational

### Kyle Cartwright

110 Meter Hurdles	15.26	High School
200 Meters	22.68	2017 Villanova Invitational
300 Meters	36.09	2015 Jack Pyrah Invitational
400 Meters	49.09	2016 FastTrack National Invite
400 Meter Hurdles	53.30	2015 BIG EAST Championships
500 Meters	1:07.14	2014 Great Dane Classic

### Casey Comber

1500 Meters	3:55.06	2016 Sam Howell Invitational
Mile	4:07.84	2017 FastTrack National Invitational
3000 Meters	8:15.09	2017 Villanova Invitational
3000 Meter Steeplechase	9:17.30	2016 Larry Ellis Invitational
5000 Meters	14:39.62	2016 Great Dane Classic

### *Cross Country*

6000 Meters	19:02.2	2015 Big 5 Invitational
4 Miles	19:21.3	2016 Main Line Invitational
8000 Meters	24:24.2	2016 Chile Pepper Festival
5.2 Miles	25:34	2016 Penn State National
10000 Meters	31:07.8	2016 NCAA Mid-Atlantic Regional

### Thomas Conboy

Pole Vault	4.60 Meters	2017 BIG EAST Championships
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# Villanova Men's Track & Field

## Career Top Times



### Kevin Corbusier

800 Meters	1:56.60	High School
1500 Meters	3:57.74	2014 Danny Curran Invitational
Mile	4:15.56	2015 David Hemery Valentine Invitational
3000 Meters	8:40.00	2014 Penn State National
5000 Meters	14:39.44	2014 Penn Relays
10000 Meters	31:10.12	2014 BIG EAST Championships

### *Cross Country*

6000 Meters	19:28.71	2013 Friend Big 5 Invitational
4 Miles	19:43.70	2013 Main Line Invitational
8000 Meters	24:30	2013 Princeton Invitational
10000 Meters	30:50	2014 NCAA Mid-Atlantic Regional

### Utsav Deshpande

400 Meters	51.67	2016 Villanova Invitational
400 Meter Hurdles	53.92	High School
500 Meters	1:07.49	2016 BIG EAST Championships
800 Meters	1:58.61	2016 FastTrack National Invite
1000 Meters	2:38.76	2015 Jack Pyrah Invitational

### James Deutmeyer

Pole Vault	5.03 Meters	High School
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### Aaron Elcock

Triple Jump	13.45 Meters	2016 Princeton Outdoor Invite
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### Pearson Feagans

60 Meters	7.20	2015 Jack Pyrah Invitational
200 Meters	21.90	High School
Long Jump	7.18 Meters	2016 Villanova Invitational
Triple Jump	13.93 Meters	High School

### Bryant Herlocker

60 Meters	7.32	2015 BIG EAST Championships
100 Meters	11.38	2016 BIG EAST Championships
200 Meters	21.89	High School
400 Meters	49.18	High School

### Drake Johnston

1500 Meters	4:01.89	2015 Larry Ellis Invitational
Mile	4:25.91	2015 McElligott Invitational
3000 Meters	8:37.41	2016 Penn State National
3000 Meter Steeplechase	9:27.16	2016 Larry Ellis Invitational
5000 Meters	15:16.09	2016 BIG EAST Championships

### *Cross Country*

6000 Meters	19:20.3	2015 Big 5 Invitational
4 Miles	20:17	2015 Main Line Invitational
8000 Meters	24:44.6	2015 BIG EAST Championships
5.2 Miles	26:48	2016 Penn State National
10000 Meters	32:23.3	2015 NCAA Mid-Atlantic Regional

### Jack Judge

Shot Put	11.87 Meters	2016 Jack Pyrah Invitational
Javelin	54.41 Meters	2016 Princeton Outdoor Invite

### Kolby Koeck

Pole Vault	4.60 Meters	2014 BIG EAST Championships
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# Villanova Men's Track & Field

## Career Top Times



### Ville Lampinen

400 Meters	47.85	High School
500 Meters	1:02.59	2016 BIG EAST Championships
600 Meters	1:18.44	2017 Nittany Lion Challenge
800 Meters	1:48.44	High School

### Joseph Lanni

60 Meter Hurdles	10.97	High School
400 Meters	57.26	High School
800 Meters	2:27.77	High School

### Ben Malone

400 Meters (Relay)	47.6	High School
400 Meters (Open)	48.94	High School
800 Meters	1:48.60	2015 NCAA East Preliminary
1000 Meters	2:23.56	High School
1500 Meters (Non-VU)	3:39.82	2016 Princeton Qualifier #2
1500 Meters (VU)	3:43.28	2016 NCAA East Preliminary
Mile	4:00.72	2016 FastTrack National Invite
3000 Meters	8:21.23	2017 Gotham Cup

### Cross Country

6000 Meters	19:46.9	2014 Big 5 Invitational
4 Miles	20:15.93	2013 Main Line Invitational
8000 Meters	25:15.7	2015 Princeton Invitational
5.2 Miles	27:44	2016 Penn State National

### Andrew Marston

Mile	4:12.46	2017 Villanova Open
3000 Meters	8:15.23	2017 BIG EAST Championships
5000 Meters	14:17.37	2017 BIG EAST Championships

### Cross Country

6000 Meters	18:52.3	2015 Big 5 Invitational
4 Miles	19:35	2015 Main Line Invitational
8000 Meters	23:50.5	2016 Chile Pepper Festival
5.2 Miles	25:18	2016 Penn State National
10000 Meters	30:52.2	2016 NCAA Mid-Atlantic Regional

### John McDonald

Weight Throw	14.94 Meters	2017 BIG EAST Championships
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Discus (high school)	40.84 Meters	High School
Discus (college)	34.64 Meters	2016 BIG EAST Championships

\* high school discus uses a lighter implement

Hammer	47.15 Meters	2016 Penn Relays
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### Chris Morris

60 Meters	7.51	2016 Jack Pyrah Invitational
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### Rob Morro

800 Meters	1:58	High School
Mile	4:21	High School
3000 Meters	8:41.77	2017 Villanova Invitational

### Cross Country

6000 Meters	19:40.5	2016 Big 5 Invitational
4 Miles	20:22.3	2016 Main Line Invitational
8000 Meters	25:31	2016 Paul Short Run



# Villanova Men's Track & Field

## Career Top Times



### Michael Morrow

Heptathlon	4,151 Points	2017 BIG EAST Championships
60 Meters	7.61	2017 BIG EAST Championships
60 Meter Hurdles	9.63	2017 BIG EAST Championships
1000 Meters	2:55.10	2016 Jack Pyrah Invitational
High Jump	1.95 Meters	2016 BIG EAST Championships
Pole Vault	3.30 Meters	2017 BIG EAST Championships
Long Jump	6.17 Meters	2017 BIG EAST Championships
Shot Put	9.56 Meters	2016 Fast Times Before Finals Meet

### Ishmael Muhammad

400 Meters (Relay)	47.1	High School
400 Meters (Open)	48.14	2015 BIG EAST Championships
400 Meter Hurdles	54.92	High School
500 Meters	1:03.31	2016 BIG EAST Championships
600 Meters	1:18.34	2015 Metro Team Challenge
800 Meters (Non-VU)	1:48.31	2015 USATF Junior National Championships
800 Meters (VU)	1:49.56	2015 Princeton Open
1000 Meters	2:30.73	2016 Great Dane Classic
Triple Jump	13.90 Meters	High School

### Paul Nichols

3000 Meters	8:58.36	2017 Villanova Invitational
5000 Meters	15:39.32	2017 Villanova Open

### *Cross Country*

6000 Meters	20:04.8	2016 Big 5 Invitational
4 Miles	21:01.5	2016 Main Line Invitational
8000 Meters	27:36	2016 Paul Short Run

### Chika Nwachukwu

Shot Put	13.07 Meters	2016 Jack Pyrah Invitational
Discus	51.54 Meters	High School

### Colin O'Mara

800 Meters	1:57.4	High School
Mile	4:16.89	2017 BIG EAST Championships
3000 Meters	8:55.30	2017 FastTrack National Invitational

### *Cross Country*

6000 Meters	20:04.20	2013 Friend Big 5 Invitational
4 Miles	20:48.5	2016 Main Line Invitational
8000 Meters	25:46.2	2016 Chile Pepper Festival
5.2 Miles	27:29	2016 Penn State National
10000 Meters	32:58.1	2016 NCAA Mid-Atlantic Regional

### Ike Osuagwu

55 Meters	6.82	High School
60 Meters	7.35	2016 Jack Pyrah Invitational
100 Meters	11.02	High School
200 Meters	22.3	High School

### Sterling Pierce

60 Meters	6.89	2016 BIG EAST Championships
100 Meters	10.64	2016 BIG EAST Championships
200 Meters	21.34	2016 Colonial Relays
400 Meters	48.52	2016 Penn Challenge



# Villanova Men's Track & Field

## Career Top Times



### Paul Power

Mile	4:19.14	2017 Villanova Open
3000 Meters	8:51.87	2017 BIG EAST Championships
5000 Meters	15:24.17	2016 Larry Ellis Invitational

### Cross Country

6000 Meters	19:19.4	2015 Big 5 Invitational
4 Miles	20:29.3	2015 Haverford Invitational
8000 Meters	25:33.8	2016 Chile Pepper Festival
5.2 Miles	26:30	2016 Penn State National
10000 Meters	33:25.0	2016 NCAA Mid-Atlantic Regional

### Dan Powers

200 Meters	22.78	2017 BIG EAST Championships
400 Meters	50.00	2017 BIG EAST Championships

### Harry Purcell

400 Meters	47.33	High School
600 Meters	1:18.86	2017 Nittany Lion Challenge
800 Meters	1:49.42	High School

### Henry Sise

Shot Put (high school)	17.28 Meters	High School
Shot Put (college)	15.93 Meters	2017 Villanova Open

\* high school shot put uses a lighter implement

Discus	36.32 Meters	2016 Penn Challenge
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### Elliot Slade

800 Meters (open, non-VU)	1:47.70	2016 Morton Games
800 Meters (relay)	1:48.64	2016 NCAA Championships
800 Meters (open, VU)	1:48.91	2015 BIG EAST Championships
1000 Meters	2:26.65	2016 BIG EAST Championships
1500 Meters	3:48.26	2016 Larry Ellis Invitational
Mile	4:06.56	2017 FastTrack National Invitational

### Cross Country

6000 Meters	19:26.1	2015 Big 5 Invitational
4 Miles	20:35	2015 Main Line Invitational
8000 Meters	24:42.0	2015 BIG EAST Championships
5.2 Miles	26:30	2016 Penn State National
10000 Meters	32:24.6	2016 NCAA Mid-Atlantic Regional

### Nick Steele

1500 Meters	3:55.59	High School
Mile	4:14.87	High School
3000 Meters	8:28.43	High School

### Cross Country

6000 Meters	19:33.9	2016 Big 5 Invitational
4 Miles	19:58.5	2016 Main Line Invitational
8000 Meters	25:03	2016 Paul Short Run



# Villanova Men's Track & Field

## Career Top Times



### P.J. Succi

Heptathlon	4403	2014 BIG EAST Championships
Decathlon	5462	2015 BIG EAST Championships

60 Meters	7.43	2014 BIG EAST Championships
60 Meter Hurdles	9.29	2014 BIG EAST Championships
100 Meters	11.55	2014 BIG EAST Championships
110 Meter Hurdles	16.60	2015 Delaware Open
400 Meters	52.22	2014 BIG EAST Championships
1000 Meters	2:54.58	2014 BIG EAST Championships
1500 Meters	5:14.62	2015 BIG EAST Championships
High Jump	1.79 Meters	2014 BIG EAST Championships
Pole Vault	4.41 Meters	High School
Long Jump	6.17 Meters	2014 Colonial Relays
Shot Put	10.47 Meters	2016 Penn State National
Discus	25.28 Meters	2015 BIG EAST Championships
Javelin	35.61 Meters	2015 BIG EAST Championships

### Dan Sullivan

Weight Throw	11.13 Meters	2013 Jack Pyrah Invitational
Shot Put	15.29 Meters	2016 Sam Howell Invitational

Discus (high school)	42.42 Meters	High School
Discus (college)	39.57 Meters	2015 Delaware Open

*\* high school discus uses a lighter implement*

### Zach Swenson

400 Meters	49.6	High School
500 Meters	1:06.75	2015 David Hemery Valentine Invitational
800 Meters	1:55.99	2017 Villanova Invitational
1000 Meters	2:29.82	2017 Villanova Open
Mile	4:14.86	2017 BIG EAST Championships
5000 Meters	16:29	High School

### Cross Country

6000 Meters	20:08.9	2015 Big Five Invitational
4 Miles	20:44.5	2016 Main Line Invitational
8000 Meters	26:04.6	2016 Chile Pepper Festival
5.2 Miles	27:25	2016 Penn State National

### Aaron Sykes

60 Meters	7.26	2016 Jack Pyrah Invitational
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### Steve Testa

60 Meters	7.37	2016 Jack Pyrah Invitational
200 Meters	22.89	2017 Villanova Invitational
Long Jump	6.95 Meters	High School
Triple Jump	13.63 Meters	2017 BIG EAST Championships

### Daniel Timko

Shot Put (high school)	16.01 Meters	High School
Shot Put (college)	13.39 Meters	2017 FastTrack National Invitational

*\* high school shot put uses a lighter implement*

Weight Throw	12.41 Meters	2017 Villanova Open
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Discus (high school)	43.20 Meters	High School
Discus (college)	34.60 Meters	2016 Penn Challenge

*\* high school discus uses a lighter implement*

Javelin	40.96 Meters	2016 BIG EAST Championships
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# Villanova Men's Track & Field

## Career Top Times



### Louis Vazquez

800 Meters	2:08.33	2016 Haverford Mid-Week Meet
1000 Meters	2:35.11	2017 Villanova Open
Mile	4:25.45	2016 Villanova Invitational

### *Cross Country*

6000 Meters	20:45.3	2016 Big 5 Invitational
4 Miles	20:22.9	2015 Haverford Invitational

### Logan Wetzel

400 Meters (relay)	49.50	High School
800 Meters	1:52.31	High School
1500 Meters	3:46.49	High School
1600 Meters (relay)	4:00.76	2017 NCAA Championships
Mile	4:02.16	2016 FastTrack National Invite
3000 Meters	8:31.46	2017 BIG EAST Championships

### *Cross Country*

4 Miles	21:27.9	2015 Haverford Invitational
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### Grant Wiggins

400 Meters (relay)	50.7	High School
800 Meters	1:57	High School
1000 Meters	2:35	High School
1500 Meters	4:02	High School
Mile	4:19	High School

### *Cross Country*

6000 Meters	20:33.1	2014 Big Five Invitational
4 Miles	20:49.2	2016 Main Line Invitational
8000 Meters	25:52	2015 Paul Short Run

### Peter Winslow

Heptathlon	3,934 Points	2016 Fast Times Before Finals Meet
60 Meters	7.62	2016 Fast Times Before Finals Meet
60 Meter Hurdles	10.13	2016 Fast Times Before Finals Meet
400 Meters	52.40	High School
400 Meter Hurdles	56.82	2015 Larry Ellis Invitational
500 Meters	1:04.82	2015 David Hemery Valentine Invitational
800 Meters	1:57.41	High School
1000 Meters	2:31.55	2013 Jack Pyrah Invitational
High Jump	1.83 Meters	High School
Pole Vault	3.20 Meters	2016 Fast Times Before Finals Meet
Long Jump	6.09 Meters	High School
Shot Put	8.91 Meters	2017 BIG EAST Championships



# Villanova Men's Indoor Track & Field

## Indoor School Records



### Individual Track Records

<u>Event</u>	<u>Name</u>	<u>Mark</u>	<u>Date</u>	<u>Meet</u>	<u>Location</u>
55 Meters	Salaam Gariba	6.17	1/25/92	New England Invitational	Cambridge, Mass.
55 Meter Hurdles	Rodney Wilson	7.18	3/6/83	IC4A Championship	Princeton, N.J.
60 Meters	Salaam Gariba	6.65	2/7/92	Millrose Games	New York, N.Y.
60 Meter Hurdles	Antoine Johnson	7.88	1/28/00	Penn State National	University Park, Pa.
200 Meters	Salaam Gariba	21.12	2/15/92	Iowa State Classic	Ames, Iowa
300 Meters	Grant Davis	34.21	2/20/87	BIG EAST Championships	Syracuse, N.Y.
400 Meters	Edwin Modibedi	46.44	2/22/86	BIG EAST Championships	Syracuse, N.Y.
500 Meters	Edwin Modibedi	1:00.24	3/15/86	NCAA Championships	Oklahoma City, Okla.
600 Meters	Tony Valentine	1:12.5	12/7/85	Lehigh Developmental Meet	Bethlehem, Pa.
800 Meters	John Marshall	1:47.84	2/12/82	Millrose Games	New York, N.Y.
1000 Meters	Don Paige	2:20.3	1/20/79	Olympic Invitational	New York, N.Y.
1500 Meters	Sydney Maree	3:38.2	1/6/79	Muhammad Ali Invitational	Long Beach, Calif.
Mile	Don Paige	3:54.22	2/16/80	Brooks Invitational	Houston, Texas
3000 Meters	Adrian Blincoe	7:47.50	1/27/02	Boston Indoor Games	Roxbury, Mass.
5000 Meters	Patrick Tiernan	13:37.73	2/14/14	Iowa State Classic	Ames, Iowa

### Individual Field Records

<u>Event</u>	<u>Name</u>	<u>Mark</u>	<u>Date</u>	<u>Meet</u>	<u>Location</u>
High Jump	Dave Cook	2.16m	3/5/94	IC4A Championship (pentathlon)	Princeton, N.J.
Pole Vault	Vince Bizzaro	5.07m	1/13/68	Boston Knights of Columbus Meet	Boston, Mass.
Long Jump	Derrek Harbour	7.66m	3/4/78	IC4A Championship	Princeton, N.J.
Triple Jump	Nate Cooper	16.44m	2/4/79	Princeton Relays	Princeton, N.J.
Shot Put	Billy Joe	17.82m	3/2/62	IC4A Championship	
Weight Throw	Frank Anuszewski	18.76m	2/18/12	BIG EAST Championships	New York, N.Y.
Pentathlon	Dave Cook	4101	3/5/94	IC4A Championship	Princeton, N.J.
Heptathlon	Joe Straub	4490	2/22/04	BIG EAST Championships	Syracuse, N.Y.

### Indoor Relay Records

<u>Event</u>	<u>Name</u>	<u>Mark</u>	<u>Date</u>	<u>Meet</u>	<u>Location</u>
4x400 Meter Relay	Grant Davis Tony Valentine Edwin Modibedi Charles Jenkins, Jr.	3:07.84	3/14/86	NCAA Championships	Oklahoma City, Okla.
Sprint Medley Relay (200-200-400-800)	Grant Davis Edwin Modibedi Marc Jones Aidan O'Regan	3:26.29	1/31/88	Princeton Relays	Princeton, N.J.
4x800 Meter Relay	Bruce Harris Mike Seeger Quentin Howe Paul Rowbotham	7:19.90	3/11/89	NCAA Championships	Indianapolis, Ind.
Distance Medley Relay (1200-400-800-1600)	Jordy Williamsz Donald Urschel Dusty Solis Rob Denault	9:27.04	2/13/15	David Hemery Valentine Invitational	Boston, Mass.
4xMile Relay	George Mackay Don Paige Mark Belger Phil Kane	16:19.0	1/18/76	Dartmouth Relays	Hanover, N.H.