



Villanova Men's Outdoor Track & Field

2015 Team Schedule and Results



SCHEDULE

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Venue</u>
March 21	Philadelphia College Classic	Philadelphia, Pa.	Franklin Field
March 27-28	Danny Curran Invitational	Chester, Pa.	Leslie C. Quick, Jr. Stadium
April 3-4	Colonial Relays	Williamsburg, Va.	Zable Stadium
April 11	Delaware Open	Newark, Del.	Grant Stadium
April 11	Hurricane Alumni Invitational	Coral Gables, Fla.	Cobb Stadium
April 17-18	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium
April 21	Haverford Mid-Week Meet	Haverford, Pa.	Johnson Track
April 24-25	Penn Relays	Philadelphia, Pa.	Franklin Field
April 25	Delaware Classic	Newark, Del.	Grant Stadium
May 1-2	Princeton Open	Princeton, N.J.	Weaver Stadium
May 8-9	BIG EAST Championships	Villanova, Pa.	Villanova Stadium
May 16-17	IC4A Championship	Princeton, N.J.	Weaver Stadium
May 28-30	NCAA East Preliminary	Jacksonville, Fla.	Hodges Stadium
June 6	New Jersey International Invitational	West Long Branch, N.J.	Kessler Field
June 10, 12	NCAA Championships	Eugene, Ore.	Hayward Field

RESULTS

<u>Date</u>	<u>Event</u>	<u>Result</u>
March 21	Philadelphia College Classic	no team scoring
March 27-28	Danny Curran Invitational	no team scoring
April 3-4	Colonial Relays	5th of 42
April 11	Delaware Open	4th of 14
April 11	Hurricane Alumni Invitational	no team scoring
April 17-18	Larry Ellis Invitational	no team scoring
April 21	Haverford Mid-Week Meet	no team scoring
April 24-25	Penn Relays	no team scoring
April 25	Delaware Classic	1st of 9
May 1-2	Princeton Open	no team scoring
May 8-9	BIG EAST Championships	1st of 7
May 16-17	IC4A Championship	no team scoring
May 28-30	NCAA East Preliminary	no team scoring
June 6	New Jersey International Invitational	no team scoring
June 10, 12	NCAA Championships	tie-51st of 81



Villanova Men's Outdoor Track & Field

2015 Performance List



100 Meters	Time	Date	Event
Donald Urschel	11.21	5/2	Princeton Open
Aaron Sandifer	11.69	4/3	Colonial Relays
PJ Succi	11.87 (d)	5/8	BIG EAST Championships
Robert Cacace	11.94 (d)	5/8	BIG EAST Championships

110 Meter Hurdles	Time	Date	Event
Aaron Sandifer	15.42	4/11	Delaware Open
PJ Succi	16.60	4/11	Delaware Open
Chris Gough	16.80	5/9	BIG EAST Championships
Robert Cacace	17.49 (d)	5/9	BIG EAST Championships

200 Meters	Time	Date	Event
Donald Urschel	22.28	5/9	BIG EAST Championships

400 Meters	Time	Date	Event
Bryan Murphy	47.91	5/9	BIG EAST Championships
Ishmael Muhammad	48.14	5/9	BIG EAST Championships
Donald Urschel	49.61	4/18	Larry Ellis Invitational
Alex Reber	49.85	5/8	BIG EAST Championships
Chris FitzSimons	51.46	3/28	Danny Curran Invitational
PJ Succi	54.10 (d)	5/8	BIG EAST Championships
Robert Cacace	54.20 (d)	5/8	BIG EAST Championships

400 Meter Hurdles	Time	Date	Event
Kyle Cartwright	53.30	5/9	BIG EAST Championships
Cory Serfoss	53.59	5/9	BIG EAST Championships
Peter Winslow	56.82	4/18	Larry Ellis Invitational
Chris Gough	57.81	5/9	BIG EAST Championships

800 Meters	Time	Date	Event
Ben Malone	1:48.60	5/28	NCAA East Preliminary
Josh Lampron	1:49.38	4/11	Hurricane Alumni Invitational
Ishmael Muhammad	1:49.56	5/1	Princeton Open
Elliot Slade	1:49.75	4/17	Larry Ellis Invitational
Dusty Solis	1:50.05	5/9	BIG EAST Championships
Chris O'Sullivan	1:51.59	5/9	BIG EAST Championships
Zach Swenson	1:56.22	5/8	BIG EAST Championships
Charlie Bates	1:56.82	4/21	Haverford Mid-Week Meet

1500 Meters	Time	Date	Event
Jordy Williamsz	3:39.53	4/17	Larry Ellis Invitational
Rob Denault	3:40.78	4/17	Larry Ellis Invitational
Josh Lampron	3:42.83	4/17	Larry Ellis Invitational
Dusty Solis	3:42.91	4/17	Larry Ellis Invitational
Sam McEntee	3:43.50	4/17	Larry Ellis Invitational
Patrick Tiernan	3:45.43	4/17	Larry Ellis Invitational
Charlie Bates	3:53.10	5/9	BIG EAST Championships
Harry Warnick	3:54.17	4/3	Colonial Relays
Chris O'Sullivan	3:56.54	4/3	Colonial Relays
Ben Malone	3:59.77	3/28	Danny Curran Invitational
Drake Johnston	4:01.89	4/18	Larry Ellis Invitational
Robert Hurlbut	4:05.58	3/28	Danny Curran Invitational
Robert Cacace	4:52.54 (d)	5/9	BIG EAST Championships
PJ Succi	5:14.62 (d)	5/9	BIG EAST Championships

3000 Meter Steeplechase	Time	Date	Event
Drake Johnston	9:33.68	5/8	BIG EAST Championships

5000 Meters	Time	Date	Event
Patrick Tiernan	13:54.00	5/30	NCAA East Preliminary
Robert Hurlbut	14:30.29	4/17	Larry Ellis Invitational
Sam McEntee	14:39.49	5/9	BIG EAST Championships
Kevin Corbusier	15:04.51	4/17	Larry Ellis Invitational
Tom Trainer	15:22.13	5/9	BIG EAST Championships

10000 Meters	Time	Date	Event
Robert Hurlbut	29:58.12	5/8	BIG EAST Championships
Kevin Corbusier	31:30.02	5/8	BIG EAST Championships

4x100 Meter Relay	Time	Date	Event
Villanova	42.25	5/9	BIG EAST Championships

(Bryan Murphy, Donald Urschel, Kyle Cartwright, Aaron Sandifer)

4x400 Meter Relay	Time	Date	Event
Villanova	3:14.95	4/11	Hurricane Alumni Invitational

(Donald Urschel, Bryan Murphy, Ben Malone, Ishmael Muhammad)

4x800 Meter Relay	Time	Date	Event
Villanova	7:18.84	4/25	Penn Relays

(Josh Lampron, Ben Malone, Jordy Williamsz, Elliot Slade)

Distance Medley Relay	Time	Date	Event
Villanova	9:34.36	4/24	Penn Relays

(Dusty Solis, Ishmael Muhammad, Josh Lampron, Jordy Williamsz)

4xMile Relay	Time	Date	Event
Villanova	16:18.07	4/25	Penn Relays

(Sam McEntee, Rob Denault, Patrick Tiernan, Jordy Williamsz)

High Jump	Mark	Date	Event
Elbert Maxwell	2.06m	5/8	BIG EAST Championships
Matthew Sidney	2.01m	5/8	BIG EAST Championships
PJ Succi	1.78m (d)	5/8	BIG EAST Championships
Robert Cacace	1.75m (d)	5/8	BIG EAST Championships

Pole Vault	Mark	Date	Event
James Deutmeyer	4.85m	5/2	Princeton Open
Kolby Koeck	4.36m	5/8	BIG EAST Championships
PJ Succi	4.05m (d)	5/9	BIG EAST Championships
Robert Cacace	3.85m	4/25	Delaware Classic

Long Jump	Mark	Date	Event
Elbert Maxwell	7.67m	5/8	BIG EAST Championships
Clay Horne	6.65m	5/8	BIG EAST Championships
Robert Cacace	6.06m	5/8	BIG EAST Championships
PJ Succi	6.01m	4/3	Colonial Relays

Triple Jump	Mark	Date	Event
Elbert Maxwell	14.34m	5/9	BIG EAST Championships
Clay Horne	13.62m	4/25	Delaware Classic
Denis Ostick	12.29m	3/21	Philadelphia College Classic

Shot Put	Mark	Date	Event
Dan Sullivan	14.68m	5/9	BIG EAST Championships
Jordan Hunter	13.80m	5/9	BIG EAST Championships
James Rowen	13.64m	5/9	BIG EAST Championships
Pat Williams	12.34m	4/11	Delaware Open
Robert Cacace	12.11m (d)	5/8	BIG EAST Championships
PJ Succi	10.14m (d)	5/8	BIG EAST Championships

Discus	Mark	Date	Event
Pat Williams	40.69m	3/21	Philadelphia College Classic
Jordan Hunter	39.95m	4/25	Delaware Classic
Dan Sullivan	39.57m	4/11	Delaware Open
John McDonald	32.88m	3/21	Philadelphia College Classic
Robert Cacace	30.54m (d)	5/9	BIG EAST Championships
PJ Succi	25.28m (d)	5/9	BIG EAST Championships

Hammer	Mark	Date	Event
James Rowen	44.42m	4/17	Larry Ellis Invitational
John McDonald	43.69m	5/8	BIG EAST Championships

Javelin	Mark	Date	Event
Sean Locke	59.94m	5/8	BIG EAST Championships
Chris Glennie	59.59m	5/8	BIG EAST Championships
Paul Sheridan	57.35m	5/8	BIG EAST Championships
Ryan Milanaik	56.62m	5/8	BIG EAST Championships
Connor Milanaik	52.96m	4/25	Delaware Classic
Robert Cacace	51.40m (d)	5/9	BIG EAST Championships
PJ Succi	35.61m (d)	5/9	BIG EAST Championships

Decathlon	Points	Date	Event
Robert Cacace	5,902	5/9	BIG EAST Championships
PJ Succi	5,462	5/9	BIG EAST Championships

(d) denotes a mark that was recorded during Decathlon competition



Villanova Men's Outdoor Track & Field

2015 Meet Summaries



PHILADELPHIA COLLEGE CLASSIC

March 21, 2015
Franklin Field
Philadelphia, Pa.
No Team Scoring

<u>110 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
PJ Succi	7th of 8	18.57
Robert Cacace	8th	18.81
<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Kyle Cartwright	1st of 8	57.57
Cory Serfoss	2nd	57.70
<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Zach Swenson	2nd of 16	1:57.70
<u>High Jump</u>	<u>Place</u>	<u>Mark</u>
Matthew Sidney	2nd of 6	1.98m
<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
PJ Succi	6th of 7	3.95m
Robert Cacace	7th	3.80m
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Elbert Maxwell	1st of 8	6.98m
<u>Triple Jump</u>	<u>Place</u>	<u>Mark</u>
Denis Ostick	4th of 4	12.29m
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	10th of 17	12.87m
Pat Williams	13th	12.26m
James Rowen	14th	12.23m
<u>Discus</u>	<u>Place</u>	<u>Mark</u>
Pat Williams	10th of 17	40.69m
Dan Sullivan	14th	37.03m
John McDonald	16th	32.88m
<u>Hammer</u>	<u>Place</u>	<u>Mark</u>
James Rowen	6th of 12	43.76m
John McDonald	10th	39.52m
<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Paul Sheridan	2nd of 14	54.67m
Sean Locke	6th	50.57m
Chris Glennie	7th	50.18m
Connor Milanaik	12th	47.31m
Ryan Milanaik	13th	46.25m

DANNY CURRAN INVITATIONAL

March 27-28, 2015
Leslie C. Quick, Jr. Stadium
Chester, Pa.
No Team Scoring

FRIDAY, MARCH 27

<u>Discus</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	18th of 31	36.10m

SATURDAY, MARCH 28

<u>110 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Robert Cacace	31st of 38	18.29
<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Chris FitzSimons	7th of 87	51.46
PJ Succi	59th	55.51
<u>1500 Meters</u>	<u>Place</u>	<u>Time</u>
Josh Lampron	1st of 111	3:56.57
Ben Malone	5th	3:59.77
Robert Hurlbut	7th	4:05.58
Drake Johnston	27th	4:15.97
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	5th of 57	13.99m
James Rowen	tie-15th	12.57m
<u>Hammer</u>	<u>Place</u>	<u>Mark</u>
James Rowen	10th of 31	40.71m
John McDonald	16th	36.66m



Villanova Men's Outdoor Track & Field 2015 Meet Summaries



COLONIAL RELAYS

April 3-4, 2015

Zable Stadium

Williamsburg, Va.

5th of 42

FRIDAY, APRIL 3

<u>100 Meters - Preliminary Heats</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	33rd of 60	11.29
Aaron Sandifer	tie-53rd	11.69
<u>110 Meter Hurdles - Preliminary Heats</u>	<u>Place</u>	<u>Time</u>
Aaron Sandifer	35th of 51	15.67
<u>200 Meters</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	tie-44th of 83	22.67
<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Ishmael Muhammad	16th of 78	49.48
Bryan Murphy	18th	49.55
<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	17th of 57	55.44
Kyle Cartwright	20th	55.67
Peter Winslow	37th	58.41
<u>800 Meters - Seeded Section</u>	<u>Place</u>	<u>Time</u>
Charlie Bates	43rd of 44	1:59.55
<u>1500 Meters - Seeded Section</u>	<u>Place</u>	<u>Time</u>
Josh Lampron	1st of 66	3:47.60
Harry Warnick	10th	3:54.17
Chris O'Sullivan	19th	3:56.54
<u>5000 Meters - Seeded Section</u>	<u>Place</u>	<u>Time</u>
Patrick Tiernan	1st of 47	13:59.33
Robert Hurlbut	11th	14:31.55
<u>High Jump - Championship Section</u>	<u>Place</u>	<u>Mark</u>
Matthew Sidney	6th of 15	1.99m
<u>Long Jump - Championship Section</u>	<u>Place</u>	<u>Mark</u>
Elbert Maxwell	1st of 12	7.64m
<u>Long Jump - University Section</u>	<u>Place</u>	<u>Mark</u>
PJ Succi	32nd of 40	6.01m
<u>Shot Put - University Section</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	5th of 20	13.25m
James Rowen	9th	13.17m
<u>Hammer - University Section</u>	<u>Place</u>	<u>Mark</u>
James Rowen	11th of 22	39.46m
John McDonald	13th	38.06m

<u>Javelin - Championship Section</u>	<u>Place</u>	<u>Mark</u>
Paul Sheridan	9th of 13	54.45m
Sean Locke	10th	51.97m
Chris Glennie	12th	49.36m

<u>Javelin - University Section</u>	<u>Place</u>	<u>Time</u>
Ryan Milanaik	6th of 23	50.10m
Connor Milanaik	17th	44.97m

SATURDAY, APRIL 4

<u>4x800 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	2nd of 19	7:33.29
Rob Denault	1st Leg	
Ben Malone	2nd Leg	
Chris O'Sullivan	3rd Leg	
Dusty Solis	Anchor	

<u>Distance Medley Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	1st of 13	9:58.05
Harry Warnick	1200 Meters	
Ishmael Muhammad	400 Meters	
Josh Lampron	800 Meters	
Jordy Williamsz	1600 Meters	

<u>Pole Vault - University Section</u>	<u>Place</u>	<u>Mark</u>
PJ Succi	13th of 18	4.00m

<u>Triple Jump - University Section</u>	<u>Place</u>	<u>Mark</u>
Clay Horne	8th of 21	13.34m

<u>Discus - University Section</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	7th of 24	37.81m
John McDonald	19th	31.28m

FINAL TEAM SCORES

UNCW 122.5, William & Mary 105, Bucknell 76.25, Rutgers 67, Villanova 61, Saint Joseph's 61, Stony Brook 59, Rider 58.75, Shippensburg 57, Mount St. Mary's 51.25, Virginia Union 47, Monmouth 40, Mount Olive 40, Duquesne 39, La Salle 39, Salisbury 39, George Mason 37.5, Georgetown 34, Essex CC 32, Norfolk State 28, New Hampshire 26, Wagner 26, Hampton 24, Marist 23, Christopher Newport 22, Sacred Heart 17, Saint Francis (Pa.) 15.25, Pittsburgh 15, West Virginia Wesleyan 15, UMass-Lowell 12, Saint Peter's 11, Wesley 10, Fordham 9, UMBC 9, St. John Fisher 8.5, American 8, TCNJ 6, St. Francis (N.Y.) 4, Bridgewater (Va.) 3, Washington and Lee 3, Lock Haven 2, Bryant 1



Villanova Men's Outdoor Track & Field

2015 Meet Summaries



DELAWARE OPEN

April 11, 2015
Grant Stadium
Newark, Del.
4th of 14

<u>110 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Aaron Sandifer	3rd of 5	15.42
PJ Succi	5th	16.60
<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Peter Winslow	3rd of 4	59.83
<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Charlie Bates	1st of 3	1:59.16
Zach Swenson	2nd	1:59.52
<u>3000 Meter Steeplechase</u>	<u>Place</u>	<u>Time</u>
Drake Johnston	1st of 2	10:01.51
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
PJ Succi	2nd of 2	5.71m
<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	1st of 5	13.62m
Pat Williams	2nd	12.34m
James Rowen	3rd	11.97m
Robert Cacace	5th	11.18m
<u>Discus</u>	<u>Place</u>	<u>Mark</u>
Dan Sullivan	1st of 3	39.57m
Pat Williams	2nd	36.33m
<u>Hammer</u>	<u>Place</u>	<u>Mark</u>
John McDonald	1st of 3	39.67m
James Rowen	3rd	36.10m
<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Chris Glennie	1st of 6	55.96m
Paul Sheridan	2nd	52.91m
Connor Milanaik	3rd	49.55m
Ryan Milanaik	4th	47.85m
Sean Locke	5th	45.57m
Robert Cacace	6th	42.88m

FINAL TEAM SCORES

Stockton 174, Monroe 169, Delaware State 168, **Villanova 141**, Drexel Track Club 102, Franklin & Marshall 83, ASA College 70, Towson Track Club 62, Delaware Track Club 62, Delaware Valley 35, Temple 31, Valley Forge Military 17, Harcum 16, Coppin State 14

HURRICANE ALUMNI INVITATIONAL

April 11, 2015
Cobb Stadium
Coral Gables, Fla.
No Team Scoring

<u>100 Meters</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	37th of 50	11.29
<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Bryan Murphy	9th of 26	49.06
<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	6th of 15	54.80
Kyle Cartwright	7th	54.82
<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Josh Lampron	1st of 24	1:49.38
Ben Malone	2nd	1:49.96
Ishmael Muhammad	3rd	1:50.84
<u>4x400 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova 'A'	1st of 8	3:14.95
Donald Urschel	1st Leg	
Bryan Murphy	2nd Leg	
Ben Malone	3rd Leg	
Ishmael Muhammad	Anchor	
Villanova 'B'	3rd	3:17.15
Cory Serfoss	1st Leg	
Kyle Cartwright	2nd Leg	
Josh Lampron	3rd Leg	
Elbert Maxwell	Anchor	
<u>High Jump</u>	<u>Place</u>	<u>Mark</u>
Matthew Sidney	5th of 11	1.99m
<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	2nd of 4	4.75m
<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Elbert Maxwell	4th of 20	7.29m



Villanova Men's Outdoor Track & Field

2015 Meet Summaries



LARRY ELLIS INVITATIONAL

April 17-18, 2015
Weaver Stadium
Princeton, N.J.
No Team Scoring

FRIDAY, APRIL 17

<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Ben Malone	7th of 97	1:49.13
Elliot Slade	9th	1:49.75
Ishmael Muhammad	31st	1:52.12
Chris O'Sullivan	37th	1:53.39

<u>1500 Meters</u>	<u>Place</u>	<u>Time</u>
Jordy Williamsz	1st of 87	3:39.53
Rob Denault	3rd	3:40.78
Josh Lampron	6th	3:42.83
Dusty Solis	8th	3:42.91
Sam McEntee	10th	3:43.50
Patrick Tiernan	15th	3:45.43

<u>5000 Meters</u>	<u>Place</u>	<u>Time</u>
Robert Hurlbut	22nd of 81	14:30.29
Kevin Corbusier	48th	15:04.51

<u>Hammer</u>	<u>Place</u>	<u>Mark</u>
James Rowen	14th of 14	44.42m

<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Chris Glennie	10th of 19	56.93m
Paul Sheridan	13th	53.62m

SATURDAY, APRIL 18

<u>110 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Aaron Sandifer	17th of 23	15.48

<u>400 Meters</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	31st of 41	49.61

<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	12th of 31	54.32
Kyle Cartwright	15th	54.74
Peter Winslow	25th	56.82

<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Zach Swenson	25th of 48	1:56.79

<u>1500 Meters</u>	<u>Place</u>	<u>Time</u>
Charlie Bates	1st of 55	3:53.64
Drake Johnston	24th	4:01.89

<u>High Jump</u>	<u>Place</u>	<u>Mark</u>
Matthew Sidney	12th of 14	1.94m

<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	7th of 12	4.70m

<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
James Rowen	11th of 12	13.27m

HAVERFORD MID-WEEK MEET

April 21, 2015
Johnson Track
Haverford, Pa.
No Team Scoring

<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Charlie Bates	4th of 13	1:56.82

PENN RELAYS
April 24-25, 2015
Franklin Field
Philadelphia, Pa.
No Team Scoring

FRIDAY, APRIL 24

<u>Distance Medley Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	2nd of 14	9:34.36
Dusty Solis	1200 Meters	2:57.51
Ishmael Muhammad	400 Meters	48.42
Josh Lampron	800 Meters	1:49.51
Jordy Williamsz	1600 Meters	3:58.94

<u>Long Jump - Championship Section</u>	<u>Place</u>	<u>Mark</u>
Elbert Maxweell	1st of 8	7.62m

<u>400 Meter Hurdles - Championship Section</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	16th of 48	54.30
Kyle Cartwright	25th	54.83

<u>4x400 Meter Relay - Preliminary Heats</u>	<u>Place</u>	<u>Time</u>
Villanova	34th of 65	3:19.33
Bryan Murphy	1st Leg	
Donald Urschel	2nd Leg	
Alex Reber	3rd Leg	
Kyle Cartwright	Anchor	

<u>Pole Vault - College Section</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	tie-13th of 25	4.65m

SATURDAY, APRIL 25

<u>4xMile Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	1st of 13	16:18.07
Sam McEntee	1st Leg	4:02.0
Rob Denault	2nd Leg	4:01.4
Patrick Tiernan	3rd Leg	4:01.1
Jordy Williamsz	Anchor	4:13.6

<u>4x800 Meter Relay</u>	<u>Place</u>	<u>Time</u>
Villanova	3rd of 13	7:19.35
Josh Lampron	1st Leg	1:50.65
Ben Malone	2nd Leg	1:50.00
Jordy Williamsz	3rd Leg	1:49.09
Elliot Slade	Anchor	1:49.62



Villanova Men's Outdoor Track & Field 2015 Meet Summaries



DELAWARE CLASSIC

April 25, 2015
Grant Stadium
Newark, Del.
1st of 9

<u>110 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Aaron Sandifer	3rd of 7	15.82
PJ Succi	6th	17.34
Robert Cacace	7th	17.68

<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
Kolby Koeck	1st of 5	4.15m
PJ Succi	2nd	3.85m
Robert Cacace	3rd	3.85m

<u>Triple Jump</u>	<u>Place</u>	<u>Mark</u>
Clay Horne	2nd of 3	13.62m
Denis Ostick	3rd	12.28m

<u>Shot Put</u>	<u>Place</u>	<u>Mark</u>
Jordan Hunter	1st of 10	13.77m
Dan Sullivan	2nd	13.72m
James Rowen	3rd	13.19m

<u>Discus</u>	<u>Place</u>	<u>Mark</u>
Jordan Hunter	2nd of 5	39.95m
Dan Sullivan	3rd	37.09m

<u>Hammer</u>	<u>Place</u>	<u>Mark</u>
John McDonald	1st of 8	41.95m
James Rowen	2nd	38.92m

<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Paul Sheridan	1st of 12	55.22m
Chris Glennie	2nd	54.47m
Connor Milanaik	3rd	52.96m
Ryan Milanaik	4th	50.70m
Sean Locke	5th	49.12m
Robert Cacace	6th	43.66m

Final Team Scores

Villanova 141, Wesley 101, Chestnut Hill 84, Maryland-Eastern Shore 64, Valley Forge Military 43, Harcum 35, UMBC 7, Morgan State 6, Delaware Valley 4

PRINCETON OPEN

May 1-2, 2015
Weaver Stadium
Princeton, N.J.
No Team Scoring

FRIDAY, MAY 1

<u>800 Meters</u>	<u>Place</u>	<u>Time</u>
Ishmael Muhammad	2nd of 21	1:49.56

SATURDAY, MAY 2

<u>100 Meters</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	tie-15th of 25	11.21

<u>110 Meter Hurdles - Preliminary Heats</u>	<u>Place</u>	<u>Time</u>
Aaron Sandifer	5th of 8	15.43

<u>200 Meters</u>	<u>Place</u>	<u>Time</u>
Donald Urschel	10th of 25	22.29

<u>400 Meter Hurdles</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	9th of 13	54.54
Kyle Cartwright	11th	55.56

<u>High Jump</u>	<u>Place</u>	<u>Mark</u>
Matthew Sidney	7th of 7	1.94m

<u>Pole Vault</u>	<u>Place</u>	<u>Mark</u>
James Deutmeyer	5th of 13	4.85m

<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Paul Sheridan	4th of 10	55.77m
Chris Glennie	5th	54.35m



Villanova Men's Outdoor Track & Field

2015 Meet Summaries



BIG EAST CHAMPIONSHIPS

May 8-9, 2015
Villanova Stadium
Villanova, Pa.
1st of 7

FRIDAY, MAY 8

3000 Meter Steeplechase	Place	Time
Drake Johnston	8th of 10	9:33.68
10000 Meters	Place	Time
Robert Hurlbut	1st of 14	29:58.12
Kevin Corbusier	8th	31:30.02
High Jump	Place	Mark
Elbert Maxwell	2nd of 10	2.06m
Matthew Sidney	5th	2.01m
Pole Vault	Place	Mark
James Deutmeyer	1st of 7	4.66m
Kolby Koeck	5th	4.36m
Robert Cacace	tie-6th	3.76m
PJ Succi	tie-6th	3.76m
Long Jump	Place	Mark
Elbert Maxwell	1st of 10	7.67m
Clay Horne	5th	6.65m
Hammer	Place	Mark
John McDonald	8th of 9	43.69m
James Rowen	9th	40.40m
Javelin	Place	Mark
Sean Locke	2nd of 8	59.94m
Chris Glennie	3rd	59.59m
Paul Sheridan	5th	57.35m
Ryan Milanaik	7th	56.62m
Connor Milanaik	8th	52.93m
Decathlon (Day 1 Totals)	Place	Points
Robert Cacace	2nd of 7	3092
PJ Succi	6th	2966
100 Meters - Preliminary Heats	Place	Time
Donald Urschel	6th of 9	11.26
400 Meters - Preliminary Heats	Place	Time
Bryan Murphy	1st of 15	48.03
Ishmael Muhammad	2nd	48.26
Alex Reber	9th	49.85
Chris FitzSimons	14th	51.52
800 Meters - Preliminary Heats	Place	Time
Ben Malone	1st of 18	1:50.55
Dusty Solis	2nd	1:51.02
Elliot Slade	5th	1:51.98
Chris O'Sullivan	8th	1:52.08
Zach Swenson	16th	1:56.22

SATURDAY, MAY 9

100 Meters	Place	Time
Donald Urschel	6th of 8	11.22
110 Meter Hurdles	Place	Time
Aaron Sandifer	2nd of 7	15.62
Chris Gough	5th	16.80
200 Meters	Place	Time
Donald Urschel	5th of 8	22.28
400 Meters	Place	Time
Bryan Murphy	2nd of 8	47.91
Ishmael Muhammad	3rd	48.14
400 Meter Hurdles	Place	Time
Kyle Cartwright	1st of 8	53.30
Cory Serfoss	2nd	53.59
Peter Winslow	5th	56.84
Chris Gough	6th	57.81
800 Meters	Place	Time
Dusty Solis	3rd of 8	1:50.05
Ben Malone	5th	1:50.34
Elliot Slade	7th	1:51.45
Chris O'Sullivan	8th	1:51.59
1500 Meters	Place	Time
Jordy Williamsz	1st of 14	3:48.46
Rob Denault	3rd	3:49.12
Josh Lampron	4th	3:49.42
Charlie Bates	8th	3:53.10
5000 Meters	Place	Time
Patrick Tiernan	1st of 12	14:36.85
Sam McEntee	2nd	14:39.49
Robert Hurlbut	7th	15:11.92
Tom Trainer	9th	15:22.13
4x100 Meter Relay	Place	Time
Villanova	3rd of 7	42.25
Bryan Murphy	1st Leg	
Donald Urschel	2nd Leg	
Kyle Cartwright	3rd Leg	
Aaron Sandifer	Anchor	
4x800 Meter Relay	Place	Time
Villanova	3rd of 7	7:34.52
Charlie Bates	1st Leg	
Rob Denault	2nd Leg	
Ben Malone	3rd Leg	
Josh Lampron	Anchor	
Triple Jump	Place	Mark
Elbert Maxwell	1st of 8	14.34m
Clay Horne	6th	13.45m
Shot Put	Place	Mark
Dan Sullivan	5th of 10	14.68m
Jordan Hunter	6th	13.80m
James Rowen	8th	13.64m
Discus	Place	Mark
Jordan Hunter	7th of 11	37.43m
John McDonald	8th	32.66m
Dan Sullivan	10th	30.08m



Villanova Men's Outdoor Track & Field 2015 Meet Summaries



BIG EAST CHAMPIONSHIPS (continued from previous page)

SATURDAY, MAY 9

<u>Decathlon</u>	<u>Place</u>	<u>Points</u>
Robert Cacace	1st of 7	5902
PJ Succi	4th	5462

Decathlon Detail - Robert Cacace

Friday, May 8

100 Meters	7th	11.94
Long Jump	4th	6.06m
Shot Put	1st	12.11m
High Jump	tie-3rd	1.75m
400 Meters	7th	54.20

Saturday, May 9

110 Meter Hurdles	4th	17.49
Discus	2nd	30.54m
Pole Vault	3rd	3.75m
Javelin	1st	51.40m
1500 Meters	2nd	4:52.54

Decathlon Detail - PJ Succi

Friday, May 8

100 Meters	4th	11.87
Long Jump	6th	5.83m
Shot Put	5th	10.14m
High Jump	2nd	1.78m
400 Meters	6th	54.10

Saturday, May 9

110 Meter Hurdles	3rd	16.89
Discus	6th	25.28m
Pole Vault	2nd	4.05m
Javelin	7th	35.61m
1500 Meters	5th	5:14.62

Final Team Scores

Villanova 243, Marquette 183, DePaul 164, Georgetown 114, Xavier 68, Providence 53, Butler 23

IC4A CHAMPIONSHIP

May 16-17, 2015

Weaver Stadium

Princeton, N.J.

No Team Scoring

SATURDAY, MAY 16

<u>400 Meter Hurdles - Preliminaries</u>	<u>Place</u>	<u>Time</u>
Cory Serfoss	19th of 20	55.46

<u>800 Meters - Preliminaries</u>	<u>Place</u>	<u>Time</u>
Elliot Slade	28th of 30	1:57.73

SUNDAY, MAY 17

<u>Javelin</u>	<u>Place</u>	<u>Mark</u>
Chris Glennie	14th of 24	55.70m
Sean Locke	17th	55.03m

NCAA EAST PRELIMINARY

May 28-30, 2015

Hodges Stadium

Jacksonville, Fla.

No Team Scoring

THURSDAY, MAY 28

<u>800 Meters - National First Round</u>	<u>Place</u>	<u>Time</u>
Ben Malone	14th of 48 (Q)	1:48.60

<u>1500 Meters - National First Round</u>	<u>Place</u>	<u>Time</u>
Rob Denault	1st of 47 (Q)	3:45.18
Dusty Solis	16th	3:46.20
Josh Lampron	20th (Q)	3:50.05
Jordy Williamsz	23rd (Q)	3:50.10
Sam McEntee	27th	3:50.68

<u>Long Jump</u>	<u>Place</u>	<u>Mark</u>
Elbert Maxwell	28th of 45	7.22m

FRIDAY, MAY 29

<u>800 Meters - National Quarterfinals</u>	<u>Place</u>	<u>Time</u>
Ben Malone	19th of 23	1:49.28

SATURDAY, MAY 30

<u>1500 Meters - National Quarterfinals</u>	<u>Place</u>	<u>Time</u>
Rob Denault	1st of 23 (Q)	3:44.96
Jordy Williamsz	7th (Q)	3:45.23

<u>5000 Meters - National Semifinals</u>	<u>Place</u>	<u>Time</u>
Patrick Tiernan	3rd of 44 (Q)	13:54.00



Villanova Men's Outdoor Track & Field

2015 Meet Summaries



NEW JERSEY INTERNATIONAL INVITATIONAL

June 6, 2015

Kessler Field

West Long Branch, N.J.

No Team Scoring

<u>800 Meters - Rich Kenah</u>	<u>Place</u>	<u>Time</u>
Ben Malone	1st of 21	1:49.88
Josh Lampron	3rd	1:50.18
Ishmael Muhammad	4th	1:50.98

NCAA CHAMPIONSHIPS

June 10, 12, 2015

Hayward Field

Eugene, Ore.

tie-51st of 81

WEDNESDAY, JUNE 10

<u>1500 Meters - National Semifinals</u>	<u>Place</u>	<u>Time</u>
Jordy Williamsz	7th of 23 (q)	3:41.42
Rob Denault	14th (Q)	3:46.22

FRIDAY, JUNE 12

<u>1500 Meters - National Championship</u>	<u>Place</u>	<u>Time</u>
Jordy Williamsz	5th of 12	3:55.36
Rob Denault	12th	3:56.42

<u>5000 Meters - National Championship</u>	<u>Place</u>	<u>Time</u>
Patrick Tiernan	10th of 19	13:55.81

Final Team Scores

Oregon 85, Florida 56, Arkansas 53, LSU 45, USC 40.5, Texas A&M 27, Texas 26, Mississippi State 20, Texas Tech 18, Illinois 17, Penn State 17, Akron 16, Baylor 14, BYU 14, Georgia 13, Stanford 12, Virginia 11, Tennessee 10.5, Arizona 10, Buffalo 10, Florida State 10, Iowa State 10, Kansas 10, Oklahoma State 10, Penn 10, TCU 10, UTEP 10, Boise State 9, Memphis 9, Michigan State 9, Air Force 8, Alabama 8, Clemson 8, Kent State 8, Middle Tennessee State 8, New Mexico 7.5, Ohio State 7, Virginia Tech 7, Arkansas State 6, East Carolina 6, Eastern Kentucky 6, Eastern Michigan 6, Houston 6, Binghamton 5, Kentucky 5, Louisville 5, North Carolina State 5, Oklahoma 5, Purdue 5, Southern Illinois 5, **Villanova 4**, Arizona State 4, Cincinnati 4, Colorado 4, Iowa 4, Marquette 4, Portland 4, South Alabama 4, Weber State 4, Duke 3, Northern Arizona 3, Princeton 3, SIU-Edwardsville 3, South Carolina 3, Syracuse 3, Wake Forest 3, Auburn 2.5, California 2, Montana State 2, Nebraska 2, North Carolina 2, North Dakota State 2, South Dakota 2, Connecticut 1, Cornell 1, Pittsburgh 1, Rice 1, Savannah State 1, Texas-Arlington 1, Western Kentucky 1, Wisconsin 1



Villanova Men's Track & Field

Career Top Times



Brian Basili

800 Meters	1:56	High School
1500 Meters	3:55.05	2011 Widener Invitational
3000 Meters	8:17.40	2014 BIG EAST Championships
3000 Meter Steeplechase	9:20.10	2013 Colonial Relays
5000 Meters	14:08.71	2014 Larry Ellis Invitational

Cross Country

4 Miles	19:33.93	2013 Main Line Invitational
8000 Meters	24:00	2014 Washington Invitational
10000 Meters	30:12	2013 NCAA Mid-Atlantic Regional

Charlie Bates

800 Meters	1:56.82	2015 Haverford Mid-Week Meet
1000 Meters	2:25.86	2014 BIG EAST Championships
1500 Meters	3:53.10	2015 BIG EAST Championships
Mile	4:14.01	2013 Great Dane Classic
3000 Meters	8:46.54	2013 Jack Pyrah Invitational

Cross Country

8000 Meters	25:10	2013 Princeton Invitational
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Kieran Brennan

400 Meters	49.1	High School
800 Meters	1:52.72	High School
1000 Meters	2:28.80	High School
1500 Meters	4:08.52	2014 Widener Invitational
1600 Meters (DMR Relay)	4:17	High School

Cross Country

4 Miles	21:28.10	2014 Main Line Invitational
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Robert Cacace

Heptathlon	4117	2015 BIG EAST Championships
Decathlon	5902	2015 BIG EAST Championships
55 Meters	6.90	2012 Harvard Open
60 Meters	7.46	2013 Crowell Open
60 Meter Hurdles	9.96	2013 Patriot League Championships
100 Meters	11.94	2015 BIG EAST Championships
110 Meter Hurdles	17.49	2015 BIG EAST Championships
400 Meters	54.20	2015 BIG EAST Championships
1000 Meters	2:58.43	2015 BIG EAST Championships
1500 Meters	4:52.54	2015 BIG EAST Championships
High Jump	1.76 Meters	2015 BIG EAST Championships
Pole Vault	3.85 Meters	2015 Delaware Classic
Long Jump	6.06 Meters	2015 BIG EAST Championships
Shot Put	12.27 Meters	2012 Jay Carisella Invitational
Discus	30.54 Meters	2015 BIG EAST Championships
Javelin	51.40 Meters	2015 BIG EAST Championships

Kyle Cartwright

110 Meter Hurdles	15.26	High School
400 Meters	49.80	2015 BIG EAST Championships
400 Meter Hurdles	53.30	2015 BIG EAST Championships
500 Meters	1:07.14	2014 Great Dane Classic



Villanova Men's Track & Field

Career Top Times



Kevin Corbusier

800 Meters	1:56.60	High School
1500 Meters	3:57.74	2014 Danny Curran Invitational
Mile	4:15.56	2015 David Hemery Valentine Invitational
3000 Meters	8:40.00	2014 Penn State National
5000 Meters	14:39.44	2014 Penn Relays
10000 Meters	31:10.12	2014 BIG EAST Championships

Cross Country

4 Miles	19:43.70	2013 Main Line Invitational
8000 Meters	24:30	2013 Princeton Invitational
10000 Meters	30:50	20124 NCAA Mid-Atlantic Regional

Rob Denault

800 Meters	1:52.54	High School
1000 Meters	2:24.61	2013 Armory Collegiate Invitational
1500 Meters	3:40.78	2015 Larry Ellis Invitational
Mile	3:58.25	2015 Penn State National
3000 Meters	8:15.72	2012 Great Dane Classic

Cross Country

4 Miles	19:54	2011 Haverford Invitational
8000 Meters	23:51	2013 Princeton Invitational
10000 Meters	29:58	2013 NCAA Mid-Atlantic Regional

James Deutmeyer

Pole Vault	5.03 Meters	High School
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Chris FitzSimons

400 Meters	51.46	2015 Danny Curran Invitational
500 Meters	1:04.52	2014 BIG EAST Championships
800 Meters (Relay)	1:47.15	High School
800 Meters (Open)	1:48.83	High School
1000 Meters	2:25.83	2013 Great Dane Classic
1500 Meters	3:51.67	2012 Widener Invitational

Cross Country

4 Miles	20:42.5	2014 Main Line Invitational
8000 Meters	26:11	2014 Princeton Invitational

Chris Glennie

Javelin	59.59 Meters	2015 BIG EAST Championships
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Chris Gough

Heptathlon	3918 Points	2015 BIG EAST Championships
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60 Meters	7.86	2015 BIG EAST Championships
60 Meter Hurdles	9.23	2015 BIG EAST Championships
110 Meter Hurdles	16.80	2015 BIG EAST Championships
400 Meter Hurdles	57.81	2015 BIG EAST Championships
1000 Meters	2:53.85	2015 BIG EAST Championships
High Jump	1.79 Meters	2015 BIG EAST Championships
Pole Vault	3.00 Meters	2015 BIG EAST Championships
Long Jump	5.44 Meters	2015 BIG EAST Championships
Shot Put	9.41 Meters	2015 BIG EAST Championships

Bryant Herlocker

60 Meters	7.32	2015 BIG EAST Championships
200 Meters	21.89	High School
400 Meters	49.18	High School



Villanova Men's Track & Field

Career Top Times



Clay Horne

Long Jump	6.65 Meters	2015 BIG EAST Championships
Triple Jump	13.62 Meters	2015 Delaware Classic

Jordan Hunter

Shot Put	14.39 Meters	2015 BIG EAST Championships
Discus	39.95 Meters	2015 Delaware Classic

Robert Hurlbut

1500 Meters	3:56.72	2014 Widener Invitational
Mile	4:13.91	2015 David Hemery Valentine Invitational
3000 Meters	8:31.59	2015 Gotham Cup
5000 Meters	14:30.28	2015 BIG EAST Championships
10000 Meters	29:58.12	2015 BIG EAST Championships

Cross Country

4 Miles	20:05.2	2013 Main Line Invitational
8000 Meters	24:37.05	2013 Princeton Invitational

Drake Johnston

1500 Meters	4:01.89	2015 Larry Ellis Invitational
Mile	4:25.91	2015 McElligott Invitational
3000 Meters	8:49.83	2015 Gotham Cup
3000 Meter Steeplechase	9:33.68	2015 BIG EAST Championships

Cross Country

4 Miles	20:44.4	2014 Main Line Invitational
8000 Meters	25:50	2014 Paul Short Run

Kolby Koeck

Pole Vault	4.60 Meters	2014 BIG EAST Championships
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Josh Lampron

800 Meters	1:49.38	2015 Hurricane Alumni Invitational
1000 Meters	2:22.66	2014 BIG EAST Championships
1500 Meters	3:45.73	2015 Larry Ellis Invitational
Mile	4:02.98	High School
5000 Meters	16:09	High School

Cross Country

4 Miles	20:51.08	2013 Main Line Invitational
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Sean Locke

Javelin	59.94 Meters	2015 BIG EAST Championships
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Ben Malone

400 Meters (Relay)	47.6	High School
400 Meters (Open)	48.94	High School
800 Meters	1:48.60	2015 NCAA East Preliminary
1000 Meters	2:23.56	High School
1500 Meters	3:46.97	High School
Mile	4:05.59	High School

Cross Country

4 Miles	20:15.93	2013 Main Line Invitational
8000 Meters	26:23	2014 Princeton Invitational

Elbert Maxwell

High Jump	2.10 Meters	2012 Hurricane Alumni Invitational
Long Jump	7.67 Meters	2015 BIG EAST Championships
Triple Jump	14.34 Meters	2015 BIG EAST Championships



Villanova Men's Track & Field

Career Top Times



John McDonald

Weight Throw	13.20 Meters	2014 BIG EAST Championships
Discus	40.84 Meters	High School
Hammer	43.69 Meters	2015 BIG EAST Championships

Sam McEntee

800 Meters (Relay)	1:49.60	2012 Penn Relays
1500 Meters	3:36.81	2012 Swarthmore Last Chance Meet
Mile	3:57.86	2012 Penn State National
3000 Meters	7:54.34	2013 Husky Classic
5000 Meters	14:12.91	2014 BIG EAST Championships

Cross Country

4 Miles	19:13.5	2012 Main Line Invitational
8000 Meters	23:50	2013 Princeton Invitational
10000 Meters	29:44	2013 NCAA Mid-Atlantic Regional

Connor Milanaik

Triple Jump	11.76 Meters	2014 BIG EAST Championships
Javelin	53.98 Meters	2012 Delaware Open

Ryan Milanaik

Discus	35.11 Meters	2014 Delaware Classic
Javelin	56.62 Meters	2015 BIG EAST Championships

Ishmael Muhammad

400 Meters (Relay)	47.1	High School
400 Meters (Open)	48.14	2015 BIG EAST Championships
400 Meter Hurdles	54.92	High School
500 Meters	1:03.91	2015 BIG EAST Championships
800 Meters	1:48.52	High School
1600 Meters	4:16.3	High School
Triple Jump	13.90 Meters	High School

Bryan Murphy

60 Meters	7.03	2014 BIG EAST Championships
200 Meters	22.25	2012 Colonial Relays
400 Meters (Open)	47.85	2014 BIG EAST Championships
400 Meters (Relay)	47.90	2012 Alex Wilson Invitational

Colin O'Mara

800 Meters	1:57.4	High School
Mile	4:29.00	2015 Metro Team Challenge
3000 Meters	9:02.58	High School

Cross Country

4 Miles	21:09.96	2013 Main Line Invitational
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Chris O'Sullivan

800 Meters	1:51.59	2015 BIG EAST Championships
1000 Meters	2:28.31	2015 Metro Team Challenge
1500 Meters	3:52.30	2013 Widener Invitational
Mile	4:15.02	2012 NYC Gotham Cup
3000 Meters	8:55.71	2010 Jack Pyrah Invitational
5000 Meters	15:41	High School

Cross Country

4 Miles	20:01.6	2012 Haverford Invitational
8000 Meters	25:03	2013 Princeton Invitational

Denis Ostick

Triple Jump	13.02 Meters	2013 Jack Pyrah Invitational
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Villanova Men's Track & Field

Career Top Times



Alex Reber

200 Meters	21.64	High School
400 Meters	47.96	High School
400 Meter Hurdles	52.92	High School
500 Meters	1:04.17	2013 BIG EAST Championships

James Rowen

Shot Put	14.47 Meters	High School
Weight Throw	14.99 Meters	2014 BIG EAST Championships
Hammer	46.25 Meters	2014 Danny Curran Invitational

Aaron Sandifer

55 Meter Hurdles	7.68	High School
60 Meter Hurdles	8.62	2014 BIG EAST Championships
100 Meters	11.6	High School
110 Meter Hurdles	14.56	High School
200 Meters	22.70	High School
400 Meters (Open)	52.79	High School
400 Meters (Relay)	52.85	High School
400 Meter Hurdles	58.26	High School
800 Meters	2:13.00	High School

Cory Serfoss

110 Meter Hurdles	14.89	High School
400 Meters	49.80	High School
400 Meter Hurdles	53.59	2015 BIG EAST Championships
500 Meters	1:06.32	2014 BIG EAST Championships
Long Jump	6.68 Meters	High School

Paul Sheridan

Javelin (high school)	57.95 Meters	High School
Javelin (college)	57.35 Meters	2015 BIG EAST Championships

Matthew Sidney

High Jump	2.07 Meters	2012 BIG EAST Championships
Long Jump	6.16 Meters	2012 Big Five Invite

Elliot Slade

800 Meters	1:48.91	2015 BIG EAST Championships
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Dusty Solis

800 Meters	1:49.24	2014 Larry Ellis Invitational
1000 Meters	2:23.48	2014 BIG EAST Championships
1500 Meters	3:42.91	2015 Larry Ellis Invitational
Mile	4:01.60	2015 David Hemery Valentine Invitational
3000 Meters	8:50.76	2010 Jack Pyrah Invitational
5000 Meters	15:32	High School

Cross Country

4 Miles	19:35.24	2013 Main Line Invitational
8000 Meters	24:41	Princeton Invitational



Villanova Men's Track & Field

Career Top Times



P.J. Succi

Heptathlon	4403	2014 BIG EAST Championships
Decathlon	5462	2015 BIG EAST Championships

60 Meters	7.43	2014 BIG EAST Championships
60 Meter Hurdles	9.29	2014 BIG EAST Championships
100 Meters	11.55	2014 BIG EAST Championships
110 Meter Hurdles	16.60	2015 Delaware Open
400 Meters	52.22	2014 BIG EAST Championships
1000 Meters	2:54.58	2014 BIG EAST Championships
1500 Meters	5:14.62	2015 BIG EAST Championships
High Jump	1.79 Meters	2014 BIG EAST Championships
Pole Vault	4.41 Meters	High School
Long Jump	6.17 Meters	2014 Colonial Relays
Shot Put	10.14 Meters	2015 BIG EAST Championships
Discus	25.28 Meters	2015 BIG EAST Championships
Javelin	35.61 Meters	2015 BIG EAST Championships

Dan Sullivan

Weight Throw	11.13 Meters	2013 Jack Pyrah Invitational
Shot Put	15.28 Meters	High School
Discus	42.42 Meters	High School

Zach Swenson

400 Meters	49.6	High School
500 Meters	1:06.75	2015 David Hemery Valentine Invitational
800 Meters	1:56.22	2015 BIG EAST Championships
1000 Meters	2:37.66	2014 Jack Pyrah Invitational
5000 Meters	16:29	High School

Vince Thompson

60 Meters	7.14	2014 Jack Pyrah Invitational
100 Meters	11.00	2014 BIG EAST Championships
200 Meters	21.94	2014 BIG EAST Championships

Patrick Tiernan

800 Meters	1:54.34	High School
1500 Meters	3:45.43	2015 Larry Ellis Invitational
3000 Meters	7:57.75	2014 Penn State National
5000 Meters	13:31.25	2014 NCAA Championships
10000 Meters (road)	30:34	High School

Cross Country

4 Miles	19:09.48	2013 Main Line Invitational
8000 Meters	23:00	2014 Washington Invitational
10000 Meters	29:37	2013 NCAA Mid-Atlantic Regional

Tom Trainer

1500 Meters	3:57.77	2013 Swarthmore Last Chance Meet
Mile	4:14.48	2015 David Hemery Valentine Invitational
3000 Meters	8:25.84	2013 Armory Collegiate Invitational
5000 Meters	14:33.16	2013 Great Dane Classic

Cross Country

4 Miles	19:59.4	2012 Main Line Invitational
8000 Meters	25:33.10	2013 Princeton Invitational

Donald Urschel

55 Meter Hurdles	6.56	High School
60 Meters	7.05	2015 BIG EAST Championships
100 Meters	10.78	High School
200 Meters	22.00	High School
400 Meters	48.33	High School



Villanova Men's Track & Field

Career Top Times



Harry Warnick

800 Meters	1:55	High School
1500 Meters	3:54.17	2015 Colonial Relays
Mile	4:07.22	2015 David Hemery Valentine Invitational
3000 Meters	8:08.60	2015 Penn State National
5000 Meters	14:22.65	2014 Larry Ellis Invitational

Cross Country

4 Miles	19:38.06	2013 Main Line Invitational
8000 Meters	24:08	2014 Washington Invitational
10000 Meters	30:33	2014 NCAA Mid-Atlantic Regional

Grant Wiggins

400 Meters (relay)	50.7	High School
800 Meters	1:57	High School
1000 Meters	2:35	High School
1500 Meters	4:02	High School
Mile	4:19	High School

Cross Country

4 Miles	21:27.8	2014 Haverford Invitational
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Pat Williams

Shot Put	12.68 Meters	2015 BIG EAST Championships
Discus	40.69 Meters	2015 Philadelphia College Classic

Jordy Williamsz

800 Meters	1:47.34	High School
1500 Meters	3:36.74	High School
1600 Meters (Relay)	3:55.46	2015 NCAA Championships
Mile	3:56.84	2014 Iowa State Classic
3000 Meters	8:13.71	High School

Cross Country

4 Miles	19:21.24	2013 Main Line Invitational
8000 Meters	23:50	2013 Princeton Invitational
10000 Meters	30:10	2013 NCAA Mid-Atlantic Regional

Peter Winslow

400 Meters	52.40	High School
400 Meter Hurdles	56.82	2015 Larry Ellis Invitational
500 Meters	1:04.82	2015 David Hemery Valentine Invitational
800 Meters	1:57.41	High School
1000 Meters	2:31.55	2013 Jack Pyrah Invitational
High Jump	1.83 Meters	High School
Long Jump	6.09 Meters	High School