



Villanova Men's Indoor Track & Field 2014-15 Team Schedule and Results



SCHEDULE

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Venue</u>
December 6	Jack Pyrah Invitational	Haverford, Pa.	Alumni Gym
January 9	Akron Pole Vault Convention	Akron, Ohio	Stile Athletics Field House
January 16	Gotham Cup	New York, N.Y.	New York Armory
January 23	Metro Team Challenge	New York, N.Y.	New York Armory
January 30	Widener Field Meet	Chester, Pa.	Schwartz Athletic Center
January 30-31	Penn State National	University Park, Pa.	Horace Ashenfelter III Indoor Track
February 7	McElligott Invitational	Haverford, Pa.	Alumni Gym
February 13-14	David Hemery Valentine Invitational	Boston, Mass.	Track & Tennis Center
February 21	Keogh Invitational	Haverford, Pa.	Alumni Gym
February 28-March 1	BIG EAST Championships	New York, N.Y.	New York Armory
March 13	NCAA Championships	Fayetteville, Ark.	Randal Tyson Track

RESULTS

<u>Date</u>	<u>Event</u>	<u>Result</u>	<u>Team Scores</u>
December 6	Jack Pyrah Invitational	1st of 3	<i>Villanova</i> 51 Saint Joseph's 46 La Salle 28
January 9	Akron Pole Vault Convention	no team scoring	
January 16	Gotham Cup	8th of 23	Buffalo 94.5 Connecticut 77.5 Manhattan 62.5 Maryland-Eastern Shore 50 Rider 46.5 Central Connecticut 38.5 Rhode Island 36 <i>Villanova</i> 31.5 La Salle 26 LIU-Brooklyn 24.5 Fordham 24 Stony Brook 22 Saint Francis (Pa.) 21.5 Syracuse 21 Marist 20 St. Peter's 19.5 Morgan State 17 Fairleigh Dickinson 15 Howard 15 Wagner 10 Lafayette 6.5 Columbia 4 Iona 4



Villanova Men's Indoor Track & Field 2014-15 Team Schedule and Results



RESULTS (continued)

<u>Date</u>	<u>Event</u>	<u>Result</u>	<u>Team Scores</u>
January 23	Metro Team Challenge	3rd of 22	Monmouth 109.5 Rutgers 81 Villanova 70 UMBC 54 LIU-Brooklyn 53.5 Maryland-Eastern Shore 52 Wagner 37 Manhattan 30 Fordham 27 Adelphi 26 Stony Brook 24.5 Kutztown 21.33 Fairleigh Dickinson 19 Iona 16 St. Thomas Aquinas 9 Farmingdale State 7 Saint Rose 7 NYU 5.66 St. Francis-Brooklyn 5.5 Rutgers-Newark 3 Marist 2 Misericordia 1
January 30	Widener Field Meet	3rd of 6	Widener 76 Delaware Valley 40 Villanova 39 Swarthmore 36 Neumann 21 Albright 5
January 30-31	Penn State National	no team scoring	
February 7	McElligott Invitational	no team scoring	
February 13-14	David Hemery Valentine Invitational	no team scoring	
February 21	Keogh Invitational	no team scoring	
February 28-March 1	BIG EAST Championships	1st of 7	Villanova 201.5 Marquette 171.5 Georgetown 148 DePaul 123 Xavier 55 Providence 52 Butler 24



Villanova Men's Indoor Track & Field 2014-15 Team Schedule and Results



RESULTS (continued)

March 13

NCAA Championships

tie-46th of 68

Oregon 74, Florida 50, Arkansas 39, Texas A&M 33, Texas Tech 31, Texas 25, LSU 19, TCU 19, Akron 16, Iowa State 16, Southern California 16, Penn State 15, Nebraska 14, Oklahoma State 14, Buffalo 12, Georgia 12, Tennessee 11, Baylor 10, Minnesota 10, Tulsa 10, Wisconsin 10, Georgetown 9, Eastern Michigan 8, Illinois 8, Monmouth 8, Montana State 8, Virginia 8, Colorado 7, Ole Miss 7, Virginia Tech 7, Arizona State 6, Hampton 6, Louisville 6, Marquette 6, New Mexico 6, Purdue 6, UTEP 6, Alabama 5, BYU 5, Clemson 5, Florida State 5, Kennesaw State 5, Kentucky 5, Mississippi State 5, Washington 5, **Villanova 4**, Auburn 4, Indiana State 4, Missouri 4, Northern Arizona 4, Cincinnati 3, Iowa 3, Kent State 3, North Carolina 3, USF 3, Southern Illinois 2.5, DePaul 2, Duke 2, Michigan State 2, Syracuse 2, East Carolina 1.5, Indiana 1, Kansas 1, Michigan 1, North Carolina A&T 1, Rice 1, South Dakota 1, UCLA 1



Villanova Men's Indoor Track & Field

2014-15 Performance List



60 Meters	Time	Date	Event
Donald Urschel	7.05	2/28	BIG EAST Championships
Vince Thompson	7.14	12/6	Jack Pyrah Invitational
Bryan Murphy	7.23	12/6	Jack Pyrah Invitational
Bryant Herlocker	7.32	2/28	BIG EAST Championships
Robert Cacace	7.61 (H)	2/28	BIG EAST Championships
PJ Succi	7.67 (H)	2/28	BIG EAST Championships
Chris Gough	7.86 (H)	2/28	BIG EAST Championships

60 Meter Hurdles	Time	Date	Event
Aaron Sandifer	8.66	1/23	Metro Team Challenge
Chris Gough	9.23	3/1	BIG EAST Championships
P.J. Succi	9.37	3/1	BIG EAST Championships
Robert Cacace	9.98	3/1	BIG EAST Championships

200 Meters	Time	Date	Event
Donald Urschel	22.12	2/14	David Hemery Valentine Invitational
Vince Thompson	22.60	2/28	BIG EAST Championships
Bryant Herlocker	23.17	1/16	Gotham Cup

300 Meters	Time	Date	Event
Donald Urschel	35.44	12/6	Jack Pyrah Invitational
Bryan Murphy	36.05	12/6	Jack Pyrah Invitational
Vince Thompson	36.42	12/6	Jack Pyrah Invitational
Kyle Cartwright	37.18	12/6	Jack Pyrah Invitational
Aaron Sandifer	37.53	12/6	Jack Pyrah Invitational

400 Meters	Time	Date	Event
Bryan Murphy	49.31	2/14	David Hemery Valentine Invitational
Alex Reber	49.59	2/14	David Hemery Valentine Invitational
Kyle Cartwright	49.80	3/1	BIG EAST Championships
Cory Serfoss	50.05	1/23	Metro Team Challenge

500 Meters	Time	Date	Event
Ishmael Muhammad	1:03.91	3/1	BIG EAST Championships
Peter Winslow	1:04.82	2/14	David Hemery Valentine Invitational
Zach Swenson	1:06.75	2/14	David Hemery Valentine Invitational

600 Meters	Time	Date	Event
Ishmael Muhammad	1:18.34	1/23	Metro Team Challenge
Chris FitzSimons	1:20.15	1/23	Metro Team Challenge

800 Meters	Time	Date	Event
Elliot Slade	1:48.91	3/1	BIG EAST Championships
Ishmael Muhammad	1:50.82	1/31	Penn State National
Chris O'Sullivan	1:54.64	1/31	Penn State National
Kieran Brennan	1:56.50	1/23	Metro Team Challenge
Charlie Bates	1:57.52	3/1	BIG EAST Championships
Peter Winslow	1:59.11	1/23	Metro Team Challenge

1000 Meters	Time	Date	Event
Josh Lampron	2:23.39	2/14	David Hemery Valentine Invitational
Ben Malone	2:25.46	2/14	David Hemery Valentine Invitational
Chris O'Sullivan	2:28.31	1/23	Metro Team Challenge
Charlie Bates	2:28.65	2/14	David Hemery Valentine Invitational
Zach Swenson	2:37.66	12/6	Jack Pyrah Invitational
Chris Gough	2:53.85	3/1	BIG EAST Championships
Robert Cacace	2:58.43	3/1	BIG EAST Championships
PJ Succi	3:00.08	3/1	BIG EAST Championships
Chris FitzSimons (U)	2:29.57	12/6	Jack Pyrah Invitational

Mile	Time	Date	Event
Rob Denault	3:58.25	1/31	Penn State National
Dusty Solis	4:01.60	2/14	David Hemery Valentine Invitational
Harry Warnick	4:07.22	2/14	David Hemery Valentine Invitational
Josh Lampron	4:11.42	12/6	Jack Pyrah Invitational
Robert Hurlbut	4:13.91	2/14	David Hemery Valentine Invitational
Tom Trainer	4:14.48	2/14	David Hemery Valentine Invitational
Kevin Corbusier	4:15.56	2/14	David Hemery Valentine Invitational
Charlie Bates	4:20.11	2/7	McElligott Invitational
Drake Johnston	4:25.91	2/7	McElligott Invitational
Colin O'Mara	4:29.00	1/23	Metro Team Challenge

3000 Meters	Time	Date	Event
Harry Warnick	8:08.60	1/31	Penn State National
Jordy Williamsz	8:17.58	3/1	BIG EAST Championships
Patrick Tiernan	8:18.73	3/1	BIG EAST Championships
Rob Denault	8:19.02	3/1	BIG EAST Championships
Robert Hurlbut	8:31.59	1/16	Gotham Cup
Tom Trainer	8:32.20	1/16	Gotham Cup
Drake Johnston	8:49.83	1/16	Gotham Cup

5000 Meters	Time	Date	Event
Patrick Tiernan	14:18.04	2/28	BIG EAST Championships
Robert Hurlbut	14:30.28	2/28	BIG EAST Championships
Tom Trainer	14:40.78	1/30	Penn State National
Harry Warnick	14:49.50	2/28	BIG EAST Championships
Kevin Corbusier	14:57.67	1/30	Penn State National

4x400 Meter Relay	Time	Date	Event
Villanova	3:19.73	3/1	BIG EAST Championships

(Bryan Murphy, Ishmael Muhammad, Kyle Cartwright, Donald Urschel)

4x800 Meter Relay	Time	Date	Event
Villanova	7:30.61	3/1	BIG EAST Championships

(Chris O'Sullivan, Josh Lampron, Ben Malone, Dusty Solis)

Distance Medley Relay	Time	Date	Event
Villanova	9:27.04	2/13	David Hemery Valentine Invitational

(Jordy Williamsz, Donald Urschel, Dusty Solis, Rob Denault)

High Jump	Mark	Date	Event
Elbert Maxwell	2.09m	1/23	Metro Team Challenge
Matthew Sidney	2.00m	3/1	BIG EAST Championships
Chris Gough	1.79m (H)	2/28	BIG EAST Championships
Robert Cacace	1.76m (H)	2/28	BIG EAST Championships
PJ Succi	1.76m (H)	2/28	BIG EAST Championships

Pole Vault	Mark	Date	Event
James Deutmeyer	4.70m	2/28	BIG EAST Championships
Kolby Koeck	4.50m	2/28	BIG EAST Championships
Robert Cacace	3.50m	3/1	BIG EAST Championships
PJ Succi	3.50m	3/1	BIG EAST Championships
Chris Gough	3.00m	3/1	BIG EAST Championships

Long Jump	Mark	Date	Event
Elbert Maxwell	7.43m	2/28	BIG EAST Championships
PJ Succi	6.08m	1/30	Widener Field Meet
Robert Cacace	6.00m	1/30	Widener Field Meet
Chris Gough	5.44m (H)	2/28	BIG EAST Championships

Triple Jump	Mark	Date	Event
Elbert Maxwell	14.30m	3/1	BIG EAST Championships
Clay Horne	12.99m	3/1	BIG EAST Championships
Denis Ostick	12.42m	12/6	Jack Pyrah Invitational

Shot Put	Mark	Date	Event
Jordan Hunter	14.39m	3/1	BIG EAST Championships
Dan Sullivan	13.52m	3/1	BIG EAST Championships
James Rowen	13.40m	2/14	David Hemery Valentine Invitational
Pat Williams	12.68m	3/1	BIG EAST Championships
Robert Cacace	11.52m	1/30	Widener Field Meet
PJ Succi	9.54m	1/30	Widener Field Meet
Chris Gough	9.41m (H)	2/28	BIG EAST Championships

Weight Throw	Mark	Date	Event
James Rowen	14.42m	1/23	Metro Team Challenge

Heptathlon	Points	Date	Event
Robert Cacace	4117	3/1	BIG EAST Championships
PJ Succi	4093	3/1	BIG EAST Championships
Chris Gough	3918	3/1	BIG EAST Championships

(U) Competed unattached
(H) Mark recorded during Heptathlon competition



Villanova Men's Track & Field

Career Top Times



Brian Basili

800 Meters	1:56	High School
1500 Meters	3:55.05	2011 Widener Invitational
3000 Meters	8:17.40	2014 BIG EAST Championships
3000 Meter Steeplechase	9:20.10	2013 Colonial Relays
5000 Meters	14:08.71	2014 Larry Ellis Invitational

Cross Country

4 Miles	19:33.93	2013 Main Line Invitational
8000 Meters	24:00	2014 Washington Invitational
10000 Meters	30:12	2013 NCAA Mid-Atlantic Regional

Charlie Bates

800 Meters	1:57.52	2015 BIG EAST Championships
1000 Meters	2:25.86	2014 BIG EAST Championships
1500 Meters	3:53.24	2014 BIG EAST Championships
Mile	4:14.01	2013 Great Dane Classic
3000 Meters	8:46.54	2013 Jack Pyrah Invitational

Cross Country

8000 Meters	25:10	2013 Princeton Invitational
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Kieran Brennan

400 Meters	49.1	High School
800 Meters	1:52.72	High School
1000 Meters	2:28.80	High School
1500 Meters	4:08.52	2014 Widener Invitational
1600 Meters (DMR Relay)	4:17	High School

Cross Country

4 Miles	21:28.10	2014 Main Line Invitational
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Robert Cacace

Heptathlon	4117	2015 BIG EAST Championships
55 Meters	6.90	2012 Harvard Open
60 Meters	7.46	2013 Crowell Open
60 Meter Hurdles	9.96	2013 Patriot League Championships
100 Meters	12.12	2014 BIG EAST Championships
400 Meters	56.02	2012 Jay Carisella Invitational
1000 Meters	2:58.43	2015 BIG EAST Championships
High Jump	1.76 Meters	2015 BIG EAST Championships
Pole Vault	3.65 Meters	2013 Holy Cross Invitational
Long Jump	6.00 Meters	2015 Widener Field Meet
Shot Put	12.27 Meters	2012 Jay Carisella Invitational
Discus	26.38 Meters	2014 BIG EAST Championships
Javelin	44.14 Meters	2013 Duke Invitational

Kyle Cartwright

110 Meter Hurdles	15.26	High School
400 Meters	49.80	2015 BIG EAST Championships
400 Meter Hurdles	53.88	High School
500 Meters	1:07.14	2014 Great Dane Classic



Villanova Men's Track & Field

Career Top Times



Kevin Corbusier

800 Meters	1:56.60	High School
1500 Meters	3:57.74	2014 Danny Curran Invitational
Mile	4:15.56	2015 David Hemery Valentine Invitational
3000 Meters	8:40.00	2014 Penn State National
5000 Meters	14:39.44	2014 Penn Relays
10000 Meters	31:10.12	2014 BIG EAST Championships

Cross Country

4 Miles	19:43.70	2013 Main Line Invitational
8000 Meters	24:30	2013 Princeton Invitational
10000 Meters	30:50	20124 NCAA Mid-Atlantic Regional

Rob Denault

800 Meters	1:52.54	High School
1000 Meters	2:24.61	2013 Armory Collegiate Invitational
1500 Meters	3:41.58	2013 NCAA East Regional
Mile	3:58.25	2015 Penn State National
3000 Meters	8:15.72	2012 Great Dane Classic

Cross Country

4 Miles	19:54	2011 Haverford Invitational
8000 Meters	23:51	2013 Princeton Invitational
10000 Meters	29:58	2013 NCAA Mid-Atlantic Regional

James Deutmeyer

Pole Vault	5.03 Meters	High School
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Chris FitzSimons

500 Meters	1:04.52	2014 BIG EAST Championships
800 Meters (Relay)	1:47.15	High School
800 Meters (Open)	1:48.83	High School
1000 Meters	2:25.83	2013 Great Dane Classic
1500 Meters	3:51.67	2012 Widener Invitational

Cross Country

4 Miles	20:42.5	2014 Main Line Invitational
8000 Meters	26:11	2014 Princeton Invitational

Chris Glennie

Javelin	57.59 Meters	2014 BIG EAST Championships
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Chris Gough

Heptathlon	3918 Points	2015 BIG EAST Championships
60 Meters	7.86	2015 BIG EAST Championships
60 Meter Hurdles	9.23	2015 BIG EAST Championships
1000 Meters	2:53.85	2015 BIG EAST Championships
High Jump	1.79 Meters	2015 BIG EAST Championships
Pole Vault	3.00 Meters	2015 BIG EAST Championships
Long Jump	5.44 Meters	2015 BIG EAST Championships
Shot Put	9.41 Meters	2015 BIG EAST Championships

Bryant Herlocker

60 Meters	7.32	2015 BIG EAST Championships
200 Meters	21.89	High School
400 Meters	49.18	High School

Clay Horne

Triple Jump	12.99 Meters	2015 BIG EAST Championships
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Jordan Hunter

Shot Put	14.39 Meters	2015 BIG EAST Championships
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Villanova Men's Track & Field

Career Top Times



Robert Hurlbut

1500 Meters	3:56.72	2014 Widener Invitational
Mile	4:13.91	2015 David Hemery Valentine Invitational
3000 Meters	8:31.59	2015 Gotham Cup
5000 Meters	14:30.28	2015 BIG EAST Championships
10000 Meters	31:06.81	2014 BIG EAST Championships

Cross Country

4 Miles	20:05.2	2013 Main Line Invitational
8000 Meters	24:37.05	2013 Princeton Invitational

Drake Johnston

1500 Meters	4:11.13	2014 Danny Curran Invitational
Mile	4:25.91	2015 McElligott Invitational
3000 Meters	8:49.83	2015 Gotham Cup

Cross Country

4 Miles	20:44.4	2014 Main Line Invitational
8000 Meters	25:50	2014 Paul Short Run

Charlie Kido

Pole Vault	4.57 Meters	High School
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Kolby Koeck

Pole Vault	4.60 Meters	2014 BIG EAST Championships
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Josh Lampron

800 Meters	1:50.30	2014 IC4A Invitational
1000 Meters	2:22.66	2014 BIG EAST Championships
1500 Meters	3:45.73	High School
Mile	4:02.98	High School
5000 Meters	16:09	High School

Cross Country

4 Miles	20:51.08	2013 Main Line Invitational
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Sean Locke

Javelin	56.38 Meters	2014 BIG EAST Championships
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Ben Malone

400 Meters (Relay)	47.6	High School
400 Meters (Open)	48.94	High School
800 Meters	1:49.94	High School
1000 Meters	2:23.56	High School
1500 Meters	3:46.97	High School
Mile	4:05.59	High School

Cross Country

4 Miles	20:15.93	2013 Main Line Invitational
8000 Meters	26:23	2014 Princeton Invitational

Elbert Maxwell

High Jump	2.10 Meters	2012 Hurricane Alumni Invitational
Long Jump	7.52 Meters	2014 NCAA East Preliminary
Triple Jump	14.30 Meters	2015 BIG EAST Championships

John McDonald

Weight Throw	13.20 Meters	2014 BIG EAST Championships
Hammer	39.17 Meters	2014 Delaware Classic
Discus	40.84 Meters	High School



Villanova Men's Track & Field

Career Top Times



Sam McEntee

800 Meters (Relay)	1:49.60	2012 Penn Relays
1500 Meters	3:36.81	2012 Swarthmore Last Chance Meet
Mile	3:57.86	2012 Penn State National
3000 Meters	7:54.34	2013 Husky Classic
5000 Meters	14:12.91	2014 BIG EAST Championships

Cross Country

4 Miles	19:13.5	2012 Main Line Invitational
8000 Meters	23:50	2013 Princeton Invitational
10000 Meters	29:44	2013 NCAA Mid-Atlantic Regional

Connor Milanaik

Triple Jump	11.76 Meters	2014 BIG EAST Championships
Javelin	53.98 Meters	2012 Delaware Open

Ryan Milanaik

Discus	35.11 Meters	2014 Delaware Classic
Javelin	54.12 Meters	2014 BIG EAST Championships

Ishmael Muhammad

400 Meters (Relay)	47.1	High School
400 Meters (Open)	48.97	High School
400 Meter Hurdles	54.92	High School
500 Meters	1:03.91	2015 BIG EAST Championships
800 Meters	1:48.52	High School
1600 Meters	4:16.3	High School
Triple Jump	13.90 Meters	High School

Bryan Murphy

60 Meters	7.03	2014 BIG EAST Championships
200 Meters	22.25	2012 Colonial Relays
400 Meters (Open)	47.85	2014 BIG EAST Championships
400 Meters (Relay)	47.90	2012 Alex Wilson Invitational

Colin O'Mara

800 Meters	1:57.4	High School
Mile	4:29.00	2015 Metro Team Challenge
3000 Meters	9:02.58	High School

Cross Country

4 Miles	21:09.96	2013 Main Line Invitational
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Chris O'Sullivan

800 Meters	1:53.13	2014 BIG EAST Championships
1000 Meters	2:28.31	2015 Metro Team Challenge
1500 Meters	3:52.30	2013 Widener Invitational
Mile	4:15.02	2012 NYC Gotham Cup
3000 Meters	8:55.71	2010 Jack Pyrah Invitational
5000 Meters	15:41	High School

Cross Country

4 Miles	20:01.6	2012 Haverford Invitational
8000 Meters	25:03	2013 Princeton Invitational

Denis Ostick

Triple Jump	13.02 Meters	2013 Jack Pyrah Invitational
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Alex Reber

200 Meters	21.64	High School
400 Meters	47.96	High School
400 Meter Hurdles	52.92	High School
500 Meters	1:04.17	2013 BIG EAST Championships



Villanova Men's Track & Field

Career Top Times



James Rowen

Shot Put	14.47 Meters	High School
Weight Throw	14.99 Meters	2014 BIG EAST Championships
Hammer	46.25 Meters	2014 Danny Curran Invitational

Aaron Sandifer

55 Meter Hurdles	7.68	High School
60 Meter Hurdles	8.62	2014 BIG EAST Championships
100 Meters	11.6	High School
110 Meter Hurdles	14.56	High School
200 Meters	22.70	High School
400 Meters (Open)	52.79	High School
400 Meters (Relay)	52.85	High School
400 Meter Hurdles	58.26	High School
800 Meters	2:13.00	High School

Cory Serfoss

110 Meter Hurdles	14.89	High School
400 Meters	49.80	High School
400 Meter Hurdles	55.61	2014 BIG EAST Championships
500 Meters	1:06.32	2014 BIG EAST Championships
Long Jump	6.68 Meters	High School

Paul Sheridan

Javelin	57.95 Meters	High School
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Matthew Sidney

High Jump	2.07 Meters	2012 BIG EAST Championships
Long Jump	6.16 Meters	2012 Big Five Invite

Elliot Slade

800 Meters	1:48.91	2015 BIG EAST Championships
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Dusty Solis

800 Meters	1:49.24	2014 Larry Ellis Invitational
1000 Meters	2:23.48	2014 BIG EAST Championships
1500 Meters	3:49.37	2014 BIG EAST Championships
Mile	4:01.60	2015 David Hemery Valentine Invitational
3000 Meters	8:50.76	2010 Jack Pyrah Invitational
5000 Meters	15:32	High School

Cross Country

4 Miles	19:35.24	2013 Main Line Invitational
8000 Meters	24:41	Princeton Invitational

P.J. Succi

Heptathlon	4403	2014 BIG EAST Championships
Decathlon	5446	2014 BIG EAST Championships

60 Meters	7.43	2014 BIG EAST Championships
60 Meter Hurdles	9.29	2014 BIG EAST Championships
100 Meters	11.55	2014 BIG EAST Championships
110 Meter Hurdles	16.63	2014 BIG EAST Championships
400 Meters	52.22	2014 BIG EAST Championships
1000 Meters	2:54.58	2014 BIG EAST Championships
1500 Meters	5:48.59	2014 BIG EAST Championships
High Jump	1.79 Meters	2014 BIG EAST Championships
Pole Vault	4.41 Meters	High School
Long Jump	6.17 Meters	2014 Colonial Relays
Shot Put	9.90 Meters	2014 BIG EAST Championships
Discus	23.15 Meters	2014 BIG EAST Championships
Javelin	35.14 Meters	2014 BIG EAST Championships



Villanova Men's Track & Field

Career Top Times



Dan Sullivan

Weight Throw	11.13 Meters	2013 Jack Pyrah Invitational
Shot Put	15.28 Meters	High School
Discus	42.42 Meters	High School

Zach Swenson

400 Meters	49.6	High School
500 Meters	1:06.75	2015 David Hemery Valentine Invitational
800 Meters	1:57	High School
1000 Meters	2:37.66	2014 Jack Pyrah Invitational
5000 Meters	16:29	High School

Vince Thompson

60 Meters	7.14	2014 Jack Pyrah Invitational
100 Meters	11.00	2014 BIG EAST Championships
200 Meters	21.94	2014 BIG EAST Championships

Patrick Tiernan

800 Meters	1:54.34	High School
1500 Meters	3:46.27	2014 Larry Ellis Invitational
3000 Meters	7:57.75	2014 Penn State National
5000 Meters	13:31.25	2014 NCAA Championships
10000 Meters (road)	30:34	High School

Cross Country

4 Miles	19:09.48	2013 Main Line Invitational
8000 Meters	23:00	2014 Washington Invitational
10000 Meters	29:37	2013 NCAA Mid-Atlantic Regional

Tom Trainer

1500 Meters	3:57.77	2013 Swarthmore Last Chance Meet
Mile	4:14.48	2015 David Hemery Valentine Invitational
3000 Meters	8:25.84	2013 Armory Collegiate Invitational
5000 Meters	14:33.16	2013 Great Dane Classic

Cross Country

4 Miles	19:59.4	2012 Main Line Invitational
8000 Meters	25:33.10	2013 Princeton Invitational

Donald Urschel

55 Meter Hurdles	6.56	High School
60 Meters	7.05	2015 BIG EAST Championships
100 Meters	10.78	High School
200 Meters	22.00	High School
400 Meters	48.33	High School

John Walsh

55 Meter Hurdles	7.88	High School
110 Meter Hurdles	15.23	High School
400 Meter Hurdles	58.61	High School
High Jump	1.93 Meters	High School
Long Jump	6.45 Meters	High School
Triple Jump	12.35 Meters	High School



Villanova Men's Track & Field

Career Top Times



Harry Warnick

800 Meters	1:55	High School
1500 Meters	3:54.61	2014 Colonial Relays
Mile	4:07.22	2015 David Hemery Valentine Invitational
3000 Meters	8:08.60	2015 Penn State National
5000 Meters	14:22.65	2014 Larry Ellis Invitational

Cross Country

4 Miles	19:38.06	2013 Main Line Invitational
8000 Meters	24:08	2014 Washington Invitational
10000 Meters	30:33	2014 NCAA Mid-Atlantic Regional

Grant Wiggins

400 Meters (relay)	50.7	High School
800 Meters	1:57	High School
1000 Meters	2:35	High School
1500 Meters	4:02	High School
Mile	4:19	High School

Cross Country

4 Miles	21:27.8	2014 Haverford Invitational
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Pat Williams

Shot Put	12.68 Meters	2015 BIG EAST Championships
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Jordy Williamsz

800 Meters	1:47.34	High School
1500 Meters	3:36.74	High School
1600 Meters (Relay)	3:55.46	2015 NCAA Championships
Mile	3:56.84	2014 Iowa State Classic
3000 Meters	8:13.71	High School

Cross Country

4 Miles	19:21.24	2013 Main Line Invitational
8000 Meters	23:50	2013 Princeton Invitational
10000 Meters	30:10	2013 NCAA Mid-Atlantic Regional

Peter Winslow

400 Meters	52.40	High School
400 Meter Hurdles	58.29	2014 Larry Ellis Invitational
500 Meters	1:04.82	2015 David Hemery Valentine Invitational
800 Meters	1:57.41	High School
1000 Meters	2:31.55	2013 Jack Pyrah Invitational
High Jump	1.83 Meters	High School
Long Jump	6.09 Meters	High School