



## VILLANOVA ATHLETICS FACILITIES



*Athletic Training Room*



*Weight Training and Conditioning Facilities*



*Academic Support Center*



*Academic Resource Center*

### *Villanova Swim Center*

Completed in July 1985 at a cost of \$1.5 million, The Swimming Center is home to Villanova's men's and women's swimming and diving teams, and the women's water polo squad. Measuring 25 meter by 25 yards, with depths ranging from 4 1/2 feet to 13 feet, it features 10 lanes for competitive swimming, two 1-meter diving boards, and 3-meter diving platforms. During the summer of 1999, new offices were constructed for the swimming and women's water polo coaching staffs, as well as a meeting room.

### *Athletic Training Room*

Villanova's Jake Nevin Field House features a full-service athletic training room. The facility contains state-of-the-art equipment specifically for the treatment and rehabilitation of athletic injuries. This facility now contains 2,200 square feet of training space. All advanced treatment and rehabilitation is performed under the supervision of four full-time National Athletic Training Association Certified personnel. In the cases requiring physical therapy needs, or subspecialized medical evaluation, outside consultants are utilized.

### *Weight Training & Conditioning Facilities*

Under the direction of Strength & Conditioning Coach Jeff Watson, Villanova University offers one main weight training & conditioning facility underneath Villanova Stadium for all Wildcat student-athletes. Recently, the weight room was renovated to a 5,900 square foot training center with weight training and cardiovascular machines. There are also other weight training and conditioning facilities for the general Villanova University community on the South Campus and the West Campus. The South Campus facility was also renovated in the summer of 1998 to fit the needs of the general student body.

### *Academic Support Center*

Located within the Jake Nevin Field House is the Villanova Athletic Support Center. Working in conjunction with Dr. Dan Regan, Villanova's Academic Advisor for Athletics, Associate Director of Academic Support Nancy White administers the daily operations of this full-service facility. In addition to an on-line computer which monitors the academic progress of all Wildcat student-athletes, the center includes work space for student-athletes and computer workstations with word-processing and laserjets for use by student-athletes. Also, various computer programs are offered, such as a resumé writing program. Also within this suite of offices are Senior Associate Athletic Director Dave White, Associate Athletic Director for Compliance/Program Development John Robinson and Senior Women's Administrator Lynn Tighe.

### *Academic Resource Center*

The Villanova Department of Athletics expanded Academic Support's domain into the newly renovated stadium. With the addition of a new infrastructure during the summer of 1999, the department's new Academic Resource Center was formed. The benefits of the ARC include:

- Improved efficiency of academic support services to student-athletes.
- Expansion and consolidation of several academic resources, such as freshmen-mentoring and tutoring programs.
- Ability to offer a more personally tailored academic support system to those student-athletes in need.

#### *The ARC includes:*

- Private and semi-private tutoring areas.
- Computer equipped study hall housing 50-60 laptop computers.
- Increased space for freshmen-mentoring.
- Conference area for lectures and studyhall.



## NOVA NOTABLES

### VILLANOVA HAS 16 NCAA TEAM CHAMPIONSHIPS TO ITS CREDIT

**Men's Cross Country:** 1966, 1967, 1968, 1970  
All four teams coached by James "Jumbo" Elliott.

**Women's Cross Country:** 1989, 1990, 1991, 1992, 1993, 1994, 1998; 1989-93 coached by Marty Stern; 1994 coached by John Marshall; 1998 coached by Marcus O'Sullivan

**Men's Indoor Track and Field:** 1968, 1971, 1979  
All three teams coached by James "Jumbo" Elliott.

**Men's Outdoor Track and Field:** 1957  
Coached by James "Jumbo" Elliott.

**Men's Basketball:** 1985  
Coached by Rollie Massimino.

### WILDCAT ECAC/IC4A CHAMPIONSHIP TEAMS

*ECAC = Eastern College Athletic Conference*

*IC4A = Intercollegiate Association of Amateur Athletes of America*

**Men's Cross Country (IC4A):** 1962, 1966, 1967, 1968, 1969, 1970, 1971, 1978, 1979, 1980, 1983, 1996

**Men's Indoor Track (IC4A):** 1957, 1958, 1960, 1962, 1963, 1964, 1965, 1967, 1968, 1969, 1970, 1971, 1974, 1977, 1978, 1979, 1980, 1984, 1985, 1986

**Men's Outdoor Track (IC4A):** 1957, 1958, 1960, 1961, 1962, 1963, 1964, 1967, 1968, 1970, 1971, 1972, 1978, 1979, 1984

**Women's Cross Country (ECAC):** 1982, 1984, 1989, 1990, 1991, 1992, 1993, 1994, 1996

**Women's Indoor Track (ECAC):** 1983, 1984, 1985, 1987, 1988, 1990

**Women's Softball (ECAC):** 1996

**Women's Soccer (ECAC):** 1987, 1999

### WILDCAT YANKEE CONFERENCE CHAMPIONSHIP FOOTBALL TEAMS

*Villanova joined the football-only Yankee Conference in 1988.*

**Co-Champions:** 1989, 1991 - Both teams coached by Andy Talley.

### WILDCAT ATLANTIC 10 CHAMPIONSHIP FOOTBALL TEAMS

**Champions:** 1997, 2001 - Coached by Andy Talley

## OTHER VILLANOVA TEAM TITLES

### WILDCAT NIT CHAMPIONSHIP TEAMS

**Men's Basketball:** 1994 - Coached by Steve Lappas

### WILDCAT BIG EAST CHAMPIONSHIP TEAMS

**Baseball (regular season titles):** 1988, 1993, 1996 (National Division title)

**Baseball (Tournament titles):** 1989, 1991

**Men's Basketball (regular season titles):** 1981-82, 1982-83 (tied), 1983-84 (tied), 1996-97

**Men's Basketball (Tournament titles):** 1995

**Women's Basketball (regular season titles):** 1983-84, 1984-85, 1986-87

**Women's Basketball (Tournament titles):** 1986, 1987

**Men's Cross Country:** 1983, 1993

**Women's Cross Country:** 1984, 1986, 1987, 1989, 1990, 1991, 1992, 1993, 1994, 1998

**Field Hockey:** 1990

**Golf:** 1985, 1990

**Men's Swimming & Diving:** 1981, 1993

**Women's Swimming & Diving:** 1992, 1993, 1994, 1995, 1996

**Men's Indoor Track & Field:** 1983, 1985, 1986

**Women's Indoor Track & Field:** 1983, 1984, 1985, 1986, 1987, 1988, 1990, 1991, 1993, 1997, 2000

**Men's Outdoor Track & Field:** 1981, 1983, 1984, 1985, 1986

**Women's Outdoor Track & Field:** 1983, 1984, 1985, 1987, 1988, 1989, 1997, 2000

*Villanova University joined the Big East Conference in men's sports in the 1980-81 academic year. The Big East Conference added women's sports in the 1982-83 academic year.*

