

Villanova University Drug Policy for Student Athletes

I. PURPOSE

Villanova University is committed to developing a student-athlete drug policy that is conducive to maintaining an environment that encourages student-athletes participating in intercollegiate athletics and club sports to avoid the abuse of alcohol and the unauthorized use of controlled substances and performance affecting drugs. This policy is consistent with the University's APolicy on Drug-Free Schools.@ It is believed and hoped that the implementation of this year-round drug education and testing program will serve to benefit all connected with intercollegiate athletics and club sports at Villanova University. Furthermore, it is hoped that participation in this program will help the men and women who participate in intercollegiate athletics or club sports to be better students and athletes and more able to make individual, informed, and intelligent decisions with reference to drug and alcohol usage, both now and in the future.

To these ends, the program has several components. The education program is designed to discourage the student-athlete from alcohol abuse and experimentation with drugs and to minimize the risk of drug abuse and drug dependency. In addition, the program is designed to train student-athletes to recognize and intervene with other student-athletes who may have a drug or alcohol problem. As a means of deterring student-athletes from drug usage, which may affect their ability to perform safely and/or fairly and may harm their reputation, all intercollegiate and club sports participants will be subject to year-round random drug testing. In addition, student-athletes may be tested for drugs at the time of their pre-season physical and entire teams may be tested from time to time at the University's discretion. The University may also require testing of a student-athlete or an entire team in connection with NCAA Championships or NCAA-certified post-season football games. Lastly, the accurate and reliable testing for reasonable suspicion of drug use will act as both a deterrent and a screen to detect illicit drug usage. University detected usage will result in the sanctions hereafter outlined.

II. SELF REFERRALS

A student-athlete who voluntarily approaches the Athletics Director or other designated athletics administrators for help with his/her alcohol or drug problem, prior to a University request for the student-athlete to be available for testing, will be accorded confidentiality and professional help. A voluntary request for assistance will result in therapeutic treatment without loss of scholarship aid or participation on the team provided the student-athlete agrees to the terms of his/her rehabilitation.

A student-athlete who voluntarily asks for assistance but does not follow the terms of his/her rehabilitation will be sanctioned according to Section VI herein.

Drug usage by a Villanova student-athlete which is discovered independently by University authorities will be subject to the drug policy as outlined herein.

III. POLICY

The unauthorized use of anabolic steroids, stimulants, diuretics, performance affecting drugs, marijuana, cocaine, amphetamines, and any other substance proscribed by federal or state law, or banned by the NCAA, or the abuse of alcohol by a member of an intercollegiate athletic or club team at Villanova University is expressly prohibited, regardless of whether such use or abuse occurs before, during, or after the team's competitive season. **Banned drugs**, in the context of this Policy Statement, include those drugs listed in NCAA Bylaw 31 as amended from time to time (see addendum).

The unauthorized use of banned drugs or abuse of alcohol constitutes an abuse of the privilege of practicing for and representing Villanova University in intercollegiate athletic or club sport competition. Such unauthorized use or abuse may result in sanctions, including dismissal from intercollegiate or club sports teams, loss of a student-athlete's grant-in-aid, a permanent prohibition against competition in the intercollegiate or club sports programs at Villanova University, suspension, or expulsion from Villanova University.

All student-athletes engaged in the intercollegiate athletic or club sport program shall participate in a drug and alcohol education program and shall be subject to year-round testing as described in this policy. In addition, should a situation exist whereby evidence indicates that a particular student-athlete is using or abusing alcohol or other drugs, said student-athlete shall provide urine specimens to the appropriate official within the University. This sample shall be subject to analysis by a professional testing laboratory to determine a student-athlete's use of the proscribed and/or banned substances.

Each student-athlete shall, prior to participating in any sport, acknowledge in writing that he or she has received, read, and understands a copy of this Policy Statement, and shall consent to participation in the alcohol and drug education program, as well as consent to University year-round team and individual drug testing, NCAA related drug testing, and year-round drug testing based upon reasonable suspicion that a student-athlete may have been abusing proscribed and/or banned drugs.

The program will be designed to protect the confidentiality of data and to assure that information regarding individual student-athletes will not be transmitted to individuals except as set forth herein.

IV. TESTING PROCEDURES

If, at the time of the pre-season physicals, the University chooses to use its discretion to test student-athletes, the test will be administered by the Athletics Department in conjunction with the physicians and trainers who are conducting the pre-season physicals.

The University may in its discretion choose to test an entire team at any time or from time to time. In addition, the University may participate in mandatory drug testing on dates selected by the University in the event that the student-athlete or the athletic team may or shall be participating in an NCAA championship or in any post-season football game certified by the NCAA.

Student-Athletes selected at random shall be required to participate in drug testing on dates selected by the University at any time, whether in season or out of season. A random selection shall be performed within each sport. Club teams may also be subject to random testing. A random selection may be weighted more heavily or lightly by sport or by team position at the discretion of the University.

In addition to the above described testing program, if Villanova University has a **reasonable suspicion** that a student-athlete has been abusing banned substances, the University may mandate that the student-athlete be tested. **Reasonable suspicion** means that a quantum of knowledge sufficient to induce

an ordinarily prudent and cautious person under the circumstances to believe prohibited activity is at hand. Specific and discernible facts which may be accompanied by logical deductions must be present. Vague or unspecified hunches are insufficient. The decision to test an individual student-athlete under the reasonable suspicion standards rests entirely with the University committee, hereafter referred to as the ACommittee, for reference in this document. The Committee is comprised of the Dean of Students, Athletics Director, Director of Counseling Center (or designee), and General Counsel. In the event that, after notification to all 4 committee members, only 3 committee members are available to serve, the committee may make its determination with any 3 of the 4 named committee members. If the Committee decides to test an individual student-athlete, the Director of Athletics (or designee) shall notify the student-athlete. The student-athlete will be advised of the designated time and location for the submission of the urine sample. Coaches shall be notified of the decision to test any student-athlete.

Following the selection of the qualified drug testing laboratory, procedures will be established regarding the collection of samples, the security of samples, retention of samples for re-testing, and the validity of laboratory and testing results.

The University may in its discretion utilize other testing methods in addition to a urine test in any situation under this Policy where drug testing is permitted.

V. TEST VERIFICATION

A student-athlete who contests a laboratory finding that he or she has a banned drug in his or her urine sample may, within five (5) days following the receipt of notice of said laboratory finding, present evidence of the inaccuracy of said finding to the Athletics Director. Upon request from the student-athlete, the Athletics Director shall provide him/her with the names of laboratories determined by the University to be capable of analyzing urine samples for the presence of proscribed/banned drugs. The student-athlete may authorize the transmission of his/her urine sample from the laboratory retained by the University to any one of the laboratories identified by the Athletics Director, and shall further authorize the transmission of test results from the laboratory of the student-athlete's choice to the Athletics Director.

If the laboratory so selected by the student-athlete presents to the Athletics Director a finding that the student-athlete does not have banned drugs in his/her urine sample, the Athletics Director must rely upon those test results and shall conclude that the student-athlete's urine does not contain proscribed/banned drugs.

The Committee may in its discretion impose a sanction during the period a student-athlete is contesting a laboratory finding or during the period where a student-athlete presents mitigating circumstances to the Committee.

VI. POSITIVE TEST SANCTIONS

A student-athlete whose urine is found to contain banned drugs during the course of his or her matriculation at Villanova University will be subject to the following:

A. First Positive Test Sanctions

If, as a result of mandatory drug testing under this Policy, a student-athlete's urine is found to contain proscribed/banned drugs, the student-athlete will **meet with the Athletics Director, and/or Sport Administrator, and his/her coach** to review the test results. Also, the student-athlete's **parent(s) or guardian and coach will ordinarily be notified** of the test results. In addition, the University may notify the team physician, Director of Student Health Center, Dean of Students, Director of the Drug and Alcohol Center, Director of the Counseling Center, members of the Committee, and/or others deemed necessary by the Committee of a student-athlete's drug test which is determined to be positive under this Policy. As a result of a positive test, **the Athletics Director may impose sanctions in his/her discretion, including suspension from practice and/or competition.** The student-athlete, however, **will retain his/her eligibility and scholarship providing he/she abides by any conditions set forth by the University Counseling Center and the Athletics Department pertinent to the student's rehabilitation which may include additional testing.** Should a subsequent retest as a condition of a first positive drug test reveal the confirmation of the continued use of a controlled substance, the sanctions set forth below under Second Positive Test Sanctions will apply.

B. Second Positive Test Sanctions

If, as a result of second positive drug testing under this policy, a student-athlete's urine is found to contain proscribed/banned drugs, the **student-athlete will meet with the Athletics Director, and/or Sport Administrator, and the coach** to review the test results. Also, the student-athlete's **parent(s) or guardian and head coach will be notified** of the test results. In addition, the University may notify the team physician, Director of Student Health Center, Dean of Students, Director of the Drug and Alcohol Center, Director of the Counseling Center, members of the Committee, and/or others deemed necessary by the Committee of a student-athlete's drug test which is deemed positive under this Policy. As a result of a positive test, the **student-athlete will be suspended** from his/her team **immediately** and will be **prohibited from representing Villanova University** in intercollegiate athletic or club sport competition **for at least one year.** In addition, all **athletically related financial aid will cease** at the earliest possible date consistent with the Bylaws and Constitution of the National Collegiate Athletic Association.

In order for the student-athlete to remain eligible for future participation in intercollegiate athletics or clubs at Villanova, **he/she must abide by any conditions set forth by the University Counseling Center and the Athletics Department pertinent to the student-athlete's rehabilitation which may include additional testing.** After a period of one year (365 days) from the date of the second positive test, the student-athlete may request the Committee to restore his/her athletics eligibility. Should a subsequent retest as condition of a second positive drug test reveal the confirmation of the continued use of a controlled substance, the sanctions set forth below under Third Positive Test Sanctions will apply.

C. Third Positive Test Sanctions

Any student-athlete who tests positive for a third time will be **subject to the ordinary disciplinary process of the University as stated in the University Code of Student Conduct.** In addition, a third positive drug test will result in **permanent cancellation of athletics eligibility and the permanent cancellation of athletics financial aid.**

D. Mitigating Circumstances

A student-athlete may present evidence of mitigating circumstances to the Committee which in its discretion may modify the sanctions set forth in Section VI herein.

E. Opportunity for a Hearing

If a student-athlete loses his or her athletic eligibility or athletically-related financial aid as a result of testing positive, he or she will be granted an opportunity for a hearing by the appropriate University officials as determined by the University and the NCAA.

VII. REFUSAL TO PARTICIPATE

Student-Athletes who refuse to participate in the mandated educational program will lose their eligibility for intercollegiate or club sports. Also, those who refuse to be tested or fail to report for testing without adequate explanation as determined by the Committee may lose their athletics eligibility and/or athletics financial aid and/or may be subject to further University sanctions as outlined in the University Code of Student Conduct.

VIII. AMENDMENTS

This policy may be amended from time to time at the discretion of the Committee. Amendments will be distributed to all student-athletes in advance of their implementation. No amendments will be applied retroactively if such application will adversely affect a student-athlete's right to prior notice of standards of conduct and discipline.

When evidence apart from testing clearly indicates that a student-athlete is using drugs, the normal procedures and sanctions outlined in the Code of Student Conduct found in the Student Handbook will apply.

ADDENDUM

The following is the list of banned drug classes as identified in NCAA Bylaw 31. The substances underlined in this list have been added since this Policy was last published. This list is

subject to changes, complete information is available in the Villanova University Athletics Office. A complete list of these banned drugs may also be obtained at <http://www.ncaa.org>.

(a) Stimulants:

amiphenazole	amphetamine	bemigrade
benzphetamine	caffeine	chlorphentermine
cocaine	cropropamide	crothetamide
diethylpropion	dimethylamphetamine	doxapram
ethamivan	ethylamphetamine	fencamfamine
meclofenoxate	methamphetamine	methylphenidate
nikethamide	pemoline	pentetrazol
phendimetrazine	phenmetrazine	phentermine
picrotoxine	pipradol	prolintane
strychnine	<u>bromantan</u>	<u>ephedrine</u>
and related compounds		

(b) Anabolic Agents:

<i>Anabolic steroids:</i>	boldenone	clostebol
dromostanolone	dehydrochlormethyl-testosterone	
fluoxymesterone	mesterolone	methandienone
methenolone	methyltestosterone	nandrolone
norethandrolone	oxandrolone	oxymesterone
oxymetholone	stanozolol	testosterone
<u>androstenediol</u>	<u>androstenedione</u>	<u>norandrostenediol</u>
<u>norandrostenedione</u>	<u>dehydroepiandrosterone (DHEA)</u>	
<u>dihydrotestosterone (DHT)</u>	and related compounds	

Other anabolic agents: clenbuterol

(c) Substances banned for specific sports:

Rifle:

alcohol	atenolol	metoprolol
nadolol	pindolol	propranolol
timolol	and related compounds	

(d) Diuretics:

acetazolamide	bendroflumethiazide	benzthiazide
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bumetanide	chlorothiazide	chlorothalidone
ethacrynic acid	flumethiazide	furosemide
hydrochlorothiazide	hydroflumethiazide	methyclothiazide
metolazone	polythiazide	quinethazone
spironolactone	triamterene	trichlormethiazide
and related compounds		

(e) Street drugs:

Heroin	Marijuana
THC (tetrahydrocannabinol)	

(f) Peptide hormones and analogues:

chorionic gonadotrophin (HCG human chorionic gonadotrophin)
corticotrophin (ACTH)
growth hormone (HGH, somatotrophin)

All the respective releasing factors of the above-mentioned substances also are banned.

erythropoietin (EPO)	sermorelin
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