



2005 NEW MEXICO CROSS COUNTRY SEASON REVIEW

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2005 LOBO CROSS COUNTRY SEASON IN REVIEW

The University of New Mexico cross country program continued its ascent in 2005 as the men and women combined to turn in one of the most successful and balanced seasons in school history. The surprising UNM women led the charge in '05, enjoying their best campaign in nearly 20 years under Mountain West Conference Women's Coach of the Year Matt Henry. The Lobos stunned the MWC field with their second place finish at the conference meet and narrowly missed out on a trip to the NCAA Championships by placing sixth at the Mountain Region Championship meet. The New Mexico men, meanwhile, ran strong in a rebuilding year and proved to be a stiff test for each team they faced.

Both teams defied the prognosticators, as the women finished three spots above their projected MWC ranking and were the No. 6 team in the Mountain Region despite being unranked in the preseason poll. The Lobo men matched their predicted fifth place finish at the conference meet and placed ninth, a spot higher than their preseason projection, at the regional championships. UNM entered the Mountain Regionals ranked 12th, but finished four spots higher than expected.

As usual, the Land of Enchantment's best distance runners led the Lobo pack. Fifth-year senior Jacquelyne Gallegos (Pojoaque, N.M.) was one of top women's runners in the nation much of the year before an injury slowed her down the stretch. Gallegos won the Lobo Invitational and finished third at the elite Stanford Invite in her first two meets of the year, earning MWC Athlete of the Week honors after each race. She rebounded from what was feared to be a season-ending hamstring injury at Auburn to earn second-team all-MWC honors and a spot on the all-Mountain Region team. Fellow fifth-year senior Cameron Clarke (Albuquerque, N.M.) led the UNM men in all five races, earning second team all-conference honors and the MWC Athlete of the Week award following the regular season finale.

Junior Timmie Murphy (Farmington, N.M.) and sophomore Leslie Luna (Albuquerque, N.M.) proved that the future is bright for the women's team with their breakthrough performances in 2005. Coming off a redshirt year, Murphy was a first team all-MWC honoree and earned a place on the all-Mountain Region team as well. Luna, meanwhile, gave the squad a tremendous boost, also earning first team all-conference and all-region honors. The varsity team also received a big contribution from senior Janice Tosa (Jemez Pueblo, N.M.), who closed her career by scoring in four of five meets, and second-year runner Lindsay Barr (Albuquerque, N.M.), who ran with the team's top-five throughout the year.

Fifth-year senior Nate Clem (Albuquerque, N.M.) turned in his best cross country campaign, running second on the team in three meets and scoring in all five. Junior Juan Ortega and sophomore Joseph Garcia (Belen, N.M.) also enjoyed breakthrough seasons, scoring each week and

INDIVIDUAL HONORS IN 2005

Head Coach Matt Henry

- MWC Women's Coach of the Year

Senior Jacquelyne Gallegos

- Second Team All-MWC
- All-Mountain Region
- Two-time MWC Athlete of the Week
- Lobo Invitational Champion

Senior Cameron Clarke

- Second Team All-MWC
- MWC Athlete of the Week

Junior Timmie Murphy

- First Team All-MWC
- All-Mountain Region

Sophomore Leslie Luna

- First Team All-MWC
- All-Mountain Region

2005 MEN'S AND WOMEN'S CROSS COUNTRY SCHEDULE

DATE	MEET (HOST)	LOCATION	TIME/RESULTS
Sept. 9	UNM Lobo Invitational	UNM North Golf Course	Men: 5th/14 (153 pts.) Women: 3rd/13 (89 pts.)
Sept. 17	Kachina Classic (New Mexico State)	Las Cruces, N.M.	Men: 3rd/10 (91 pts.) Women: 4th/7 (95 pts.)
Sept. 24	Stanford Invitational	Stanford, Calif.	Men: 9th/36 (235 pts.) Women: 10th/32 (267 pts.)
Oct. 8	Auburn Invitational	Baton Rouge, La.	Men: 2nd/25th (118 pts.) Women: 6th/23 (180 pts.)
Oct. 29	Mountain West Conference Championships (CSU)	Fort Collins, Colo.	Men: 5th/6 (119 pts.) Women: 2nd/9 (74 pts.)
Nov. 12	NCAA Mountain Region Championships (BYU)	Provo, Utah	Men: 8th/15 (222 pts.) Women: 6th/18 (163 pts.)

2005 LOBO CROSS COUNTRY SEASON REVIEW • TEAM NOTES

UNIVERSITY INFORMATION

Location	Albuquerque, N.M.
Enrollment	26,500
Nickname	Lobos
Colors	Cherry & Silver
President	Louis Caldera
Director of Athletics	Rudy Davalos
NCAA Region	Mountain
Conference	Mountain West
Home Course	UNM North Golf Course
Elevation	5,085 ft.

COACHING STAFF

Head Coach	Matt Henry (New Mexico, '75)
Years	6th
Office Phone	(505) 925-5735
Associate Head Coach	Mark Henry (New Mexico, '74)
Years	6th
Office Phone	(505) 925-5736
E-Mail	mrkhenry@unm.edu
Cross Country Fax	(505) 925-5558
2004 Conference Finish	Men: 3rd/6 (69 pts.) Women: 6th/8 (163 pts.)
2004 Regional Finish	Men: 4th/15 (136 pts.) Women: 12th/16 (306 pts.)
2004 National Finish	Men: 9th/30 (330 pts.) Women: Jacquelyne Gallegos (69th)
Letterwinners Returning/Lost	Men: 8/6 Women: 11/3
Top-7 Starters Returning/Lost	Men: 2/5 Women: 6/1
Newcomers	Men: 3 Women: 8

MEDIA RELATIONS

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All athlete interviews must be arranged through the UNM Athletics Media Relations Department. Contact Alfredo Moreno at (505) 925-5524.

MWC PRESEASON COACHES' POLL

MEN

Rank	Team (1st place votes)	Points	'05 Finish
1.	Air Force (3)	23	3rd
	BYU (3)	23	1st
3.	Colorado State (1)	17	2nd
4.	TCU	11	6th
5.	NEW MEXICO	9	5th
6.	Wyoming	7	4th

WOMEN

Rank	Team (1st place votes)	Points	'05 Finish
1.	BYU (8)	64	1st
2.	Colorado State (1)	56	3rd
3.	Wyoming	45	4th
4.	Air Force	40	6th
5.	NEW MEXICO	34	2nd
6.	TCU	29	8th
7.	Utah	25	7th
8.	San Diego State	20	5th
9.	UNLV	11	9th

finishing among the top-25 at the conference meet. Junior Steven Martinez (Pojoaque, N.M.), meanwhile, was solid once again as he scored five times.

For just the second time in the last five years, however, the Lobos were shut out of the national championship meet. Running at less than 100 percent, Gallegos was the last individual runner left out of the women's field. A two-time NCAA participant in 2001 and '04, Gallegos finished two spots and a mere five seconds shy of the final individual qualifier out of the region. As a team, the UNM women were 70 points away from earning the lone at-large berth given to the Mountain Region this year.

The following is a meet-by-meet recap of the 2005 season:

Lobo Invitational (Albuquerque, N.M.) - Sept. 10

Gallegos recorded her first collegiate victory to lead the UNM women to a strong third place finish (89 pts.) in the talented 13-team field at the Lobo Invitational cross country meet at the UNM North Golf Course. New Mexico also received strong races from junior Timmie Murphy (17th) and sophomore Leslie Luna (19th), helping the Lobos defeat Division II power Western State, Texas Tech, LSU and UTEP. Gallegos broke open a tight race midway through the 6,000-meter course and surged to a 26-second victory over Adams State College senior Victoria Martinez (22:03), a Division II All-American last fall.

Meanwhile, on the men's side, New Mexico's scoring runners all crossed the line within 42 seconds of each other en route to a fifth place finish (153 pts.). Clarke paced the group with his 25th place finish (26:12), while junior Steven Martinez was 31st (26:25).

Kachina Classic (Las Cruces, N.M.) - Sept. 17

Junior Brandon Vigil and sophomore Sheyenne Lewis led a young group of Lobos to a solid performance at the New Mexico State University Golf Course. In his first collegiate cross country race since 2003, Vigil placed 12th overall to help the UNM men finish third (91 pts.). Lewis, meanwhile, placed a career-best 11th to pace the fourth place (95 pts.) UNM women. Henry held out most of his top-five runners on both the men's and women's side as they prepared for their next race at the elite Stanford Invitational.

Stanford Invitational (Stanford, Calif.) - Sept. 24

Gallegos continued her stellar start to the season with third place finish at the Stanford Golf Course. Gallegos finished six seconds behind the winner, Cardinal All-American Arianna Lambie, completing the 6,000-meter course in 21:21. Murphy finished 12th, helping to lead the UNM women to a strong 10th place finish in the 32-team field.

On the men's side, Clarke (26th) and Nate Clem (27th) led a tight pack of New Mexico runners as the Lobos five scorers finished within 1:20 of each other. UNM finished 9th (235 pts.) overall and downed the only other Mountain Region team in the field, Texas Tech (10th - 253 pts.).

Auburn Invitational (Auburn, Ala.) - Oct. 8

Clarke notched his highest finish in three years, placing seventh overall to lead the men to a strong second place finish in wet conditions at the Indian Pines Golf Course. New Mexico, the 10th ranked team in the Mountain Region, defeated 23 squads in the field, including three that were ranked among the top-five in their respective regions. Clarke completed the 8,000-meter course in a season-best time of 24:06.55 while the Lobos' other six runners all turned in career-best 8K times. The Lobos pack spread was a season-low 32 seconds, but Auburn placed four runners in the top-30 to hold off the Lobos' 99-118 for the meet title.

The Lobo women, meanwhile, had a respectable sixth place finish despite running without Gallegos who suffered a painful hamstring injury during warm-ups. Murphy carried the flag with a seventh place finish, her highest since 2003, and completed the 5,000-meter course in 17:17.24.

Mountain West Conference Championships (Fort Collins, Colo.) - Oct. 29

Murphy and Luna each turned in the finest race of their careers, while Gallegos battled through a hamstring injury to lead an unheralded UNM women's team to a second place finish at the Collindale Golf Course. Picked fifth in the league's preseason coaches poll, New Mexico matched its highest finish ever at a conference meet as Henry earned MWC Women's Coach of the Year honors for the first time. The team finished as the conference runner-up for the fourth time in program history, edging third place Colorado State, 74-75, while No. 8 BYU (28 points) won its seventh straight MWC crown.

Murphy and Luna shocked the field of 66 in the women's race, finishing third and sixth respectively, to earn first team all-MWC honors for the first time. Both women recorded their highest finish in any cross country race and shattered their previous best 6,000-meter time. Gallegos, meanwhile, turned in one of the most courageous races of her fine career, placing 10th to earn second team all-MWC honors.

Clarke earned all-conference honors (second team) for the third time in his career, placing 11th as the Lobo men finished fifth in the team standings. New Mexico finished with a score of 119, 11 points behind fourth place Wyoming. Ortega ran second on the team as he notched the highest finish in his three conference meet appearances, placing 23rd.

2005 LOBO CROSS COUNTRY SEASON REVIEW • TEAM NOTES

Garcia improved 12 spots on his 2004 MWC performance, finishing 25th while Martinez had his highest finish in three conference races, placing 29th.

NCAA Mountain Region Championships (Provo, Utah) - Nov. 12

The New Mexico women placed three runners in the top-25 en route to a sixth place (114 total) finish at the East Bay Golf Course. The Lobos notched their best finish at the regional meet since 1988. Gallegos placed 15th among the field of 114 to become the second Lobo ever to earn all-region honors three times in a career (Carole Roybal, 1983-86). Murphy and Luna received all-region honors for the first time in their career, finishing 19th and 23rd, respectively.

The New Mexico trio ran a strong, confident race, battling among the leader for roughly 3,000 meters on the cold, breezy afternoon. In her second race back from a hamstring injury, Gallegos recorded her second-best finish at the regional meet. Luna, who was 94th at the 2004 regional meet, ran side-by-side with Gallegos much of the way, while Murphy kept herself within striking distance in a solid performance.

Earlier in the day, the UNM men finished eighth (222 points), four spots higher than their regional ranking entering the week. Clarke wrapped up his cross country career with his best performance at the regional meet, finishing 30th in the field 102. He faded a bit after running among the top-25 during the first half of the race, but closed strong, placing 16 spots higher than he did in 2004. Clem used a steady surge over the final half the course to finish 36th, 29 spots higher than he was a year ago. Ortega, meanwhile, turned in a tremendous race, battling among the lead pack for virtually the entire race before eventually finishing 39th. Ortega was 78th in his last appearance at the regional meet in 2003.

BEST OF THE MOUNTAIN WEST

New Mexico runners matched last year's program best by earning Mountain West Conference Cross Country Athlete of the Week awards three times during the 2005 season. Senior Cameron Clarke was the most recent honoree as he took home the award for the first time in his five-year career after his performance at Auburn on Oct. 8. The Albuquerque Sandia product became the fifth different member of the UNM men's team to earn the weekly honor since the 2001 season.

On the women's side, the early season awards rolled in for Jacquelyne Gallegos as the UNM senior was named MWC Athlete of the Week twice during the season. Gallegos was the first Lobo runner, man or woman, ever to earn award twice in the same season and has been honored by the league three times in her career, the most of any UNM cross country runner. The Pojoaque, N.M. native won her first MWC Athlete of the Week award after finishing third at the 2004 Lobo Invitational and again this year after winning the New Mexico home meet. Gallegos' third place effort at Stanford earlier this season netted her the third and final AOW award of her career.

NEW MEXICO QUICK HITS

- The UNM women's team ran its streak to three years with at least one first team all-MWC honoree, while its three total all-conference runners were the most since 1988. The women also had a trio of runners named to the all-region team for the first time since '88
- Matt Henry joined Cindy Schmandt as the only UNM cross country coaches to earn conference Women's Coach of the Year honors. Schmandt was honored after her team finished 2nd at the 1983 High Country Athletic Conference Championships with a score of 54, which is still the lowest in program history at a conference meet. Henry was previously recognized by the MWC in 2002 when he was named Men's Outdoor Track & Field Coach of the Year.
- Jacquelyne Gallegos' season-opening victory at the Lobo Invitational was the third by a UNM woman since head coach Matt Henry took over the program in the fall of 2000...Sarah Gonzales (2000-03) had the previous two wins...Gallegos and Gonzales ('01) are the only Lobo women to win the annual home meet during Henry's tenure...the Lobo men have notched 7 individual race victories under Henry, including a 4 last year...two-time UNM All-American Matt Gonzales has notched the most individual triumphs under Henry with 3 wins between 2001-04.
- Running cross country for the first time in two years, junior Timmie Murphy was one of the biggest reasons for the success of the UNM women this fall...Murphy finished among the top-20 in all 5 meets this season, including an all-region performance (19th) at the NCAA Mountain Championships...with senior leader Jacquelyne Gallegos slowed by a hamstring injury late in the year, she shined as the Lobos' No. 1 runner, placing 7th at Auburn and 3rd at the MWC Championships...Murphy had placed no higher than 30th in her two previous MWC meet appearances before notching the best finish by a UNM woman at a conference meet since current UNM assistant Kelly Dunbar (formerly Kelly Dix) was third at the 1992 Western Athletic Conference Championships...she sliced over a minute off her personal record in the 6K, completing the course in 21:06.7...Murphy finished 12th at the Stanford Invite earlier in the season after placing 123rd in the same meet as a freshman in 2002...she improved 50 places on her previous best finish at the Mountain Region meet (69th - 2004)...the Farmington, N.M. native redshirted the 2004 season as she recovered from leg and hip injuries suffered in training.
- Sophomore Leslie Luna is an easy choice for the team's Most Improved Runner honors...after scoring just once in 5 races last fall as a true freshman, Luna was among the Lobos' top-3 in every meet this year, including a first team all-conference performance at the MWC Championships and all-region effort at the NCAA Mountain Championships...the Albuquerque Academy product improved a remarkable 41 spots on her finish at the 2004 MWC meet and finished among the top-10 for the first time in 9 career races...her previous best had been 19th at this year's Lobo Invite...she crossed the finish line with a time of 21:17.3, nearly two minutes faster than her previous best 6K which she ran in the 2005 season-opener at the UNM North Golf Course...she went on to place 23rd at regionals, which was a remarkable 71-spot improvement from her rookie season.

Mountain Region Rankings (Final)

<i>MEN</i>		
Rank	Team	Preseason Rank
1.	Colorado	1
2.	UTEP	3
3.	BYU	2
4.	Northern Arizona	6
5.	Colorado State	4
6.	Utah State	-
7.	Air Force	5
8.	NEW MEXICO	9
9.	Weber State	7
10.	Idaho State	8
11.	Wyoming	12
12.	Southern Utah	13
13.	Texas Tech	-
14.	Montana State	10
15.	Montana	11

<i>WOMEN</i>		
Rank	Team	Preseason Rank
1.	BYU	2
2.	Colorado	1
3.	Northern Arizona	6
4.	Weber State	5
5.	NEW MEXICO	-
6.	Colorado State	3
7.	Utah State	4
8.	Montana	-
9.	Texas Tech	7
10.	Wyoming	9

Italics indicate Mountain West Conference team

- The 2005 UNM men's team established themselves as one of the best group running units in head coach Matt Henry's tenure...in 5 varsity meets this fall, the average time difference between the first and fifth scoring runner was 57.6 seconds...the top-5 were separated by a season-low 32 seconds in a second place finish at Auburn and have had a sub-minute spread twice this fall...last year's group had an average pack spread of 1:51...the 2003 Lobos were the tightest running group throughout the course of a season as the first and fifth runners finished an average of 55 seconds apart during the year, including a low of 19 seconds at a triangular meet in San Diego.

- Fifth-year senior Cameron Clarke earned a spot on the all-MWC team for the third time in his career (1st team in '02, 2nd team in '04 & '05), matching Matt Gonzales and Ed Coleman (1963-65) for the most career all-conference awards by a New Mexico men's runner...Clarke and former teammate Sean Flaherty ('03) are the only runners under Henry's tenure to lead the men's team in every race during a season.

- Seven women and four men made their UNM cross country debuts at the Lobo Invite...junior transfer Roxann James ran seventh for the New Mexico women (58th overall), while redshirt sophomore Dylan Rose-Coss (6th UNM, 70th overall) and redshirt freshman Ezra Esquibel (7th UNM, 76th overall) also cracked the Lobos' top-seven in their collegiate debuts...James ran in 5 meets during the year, finishing among the team's top-7 each time...Rose-Coss also ran 7th on the team at Stanford, while Esquibel was the team's No. 6 man at the MWC Championships.

HOMEgrown TALENT

University of New Mexico head coach Matt Henry has built the UNM program by using his greatest natural resource: New Mexico high school distance runners. Of the 42 men and women on the 2005 roster, all but seven are products of New Mexico high schools. Each of the Lobos' NCAA Championship competitors, All-Americans, all-Mountain Region and all-Mountain West honorees during Henry's tenure have graduated from an in-state high school.

LOOKING AHEAD TO 2006

Women (Top-7 Starters Returning/Lost - 6/2): The Lobos lose team leader Jacquelyne Gallegos and veteran scorer Janice Tosa, but the emergence of junior Timmie Murphy and sophomore Leslie Luna this fall should keep New Mexico among the top teams in the MWC and Mountain Region. Sophomore Lindsay Barr has scored in every race in her career and continues to improve each year, while true freshman Seny Archuleta came on strong late in the '05 season and should take another step forward in '06. UNM will also get a boost from the return of junior Riann Lucy, a regular in the Lobos' top-5 who redshirted this past fall. Junior Roxann James and sophomore Melanie Velarde ran among the team's top-7 most of the year, while sophomore Stasia Ploskonka showed great promise as a rookie in '04.

Men (Top-7 Starters Returning/Lost - 3/2): New Mexico will continue to rebuild in 2006 after losing its top two runners in fifth-year seniors Cameron Clarke and Nate Clem. Fortunately, three strong scorers in juniors Juan Ortega and Steven Martinez, and sophomore Joseph Garcia should all return to form the core of the team next fall. Ortega and Garcia each made significant strides in 2005, while Martinez showed tremendous ability while running with the Lobos' top-7 en route to a top-10 national finish in '04. UNM also returns several runners who contributed to the top-7 this fall, including junior Brandon Vigil, sophomores Chris Bratton, Michael Deason, Dylan Rose-Coss and redshirt freshman Ezra Esquibel.



L O B O S ®



MATT HENRY

Head Track & Field/Cross Country Coach • Sixth Year - University of New Mexico, 1975

Following his sixth year as UNM head cross country coach, Matt Henry continued the remarkable rejuvenation of his alma mater's program. Since taking over a stagnant program in 2000, Henry has worked to return New Mexico to its traditional place among

the nation's top distance running schools. Built upon a foundation of elite in-state talent, the Lobo men and women continue to reach new heights each year under Henry's tutelage.

2005: The 2005 season saw the ascent of the New Mexico women's team, led by a trio of all-MWC and all-Mountain Region runners in senior Jacquelyne Gallegos, junior Timmie Murphy and sophomore Leslie Luna. UNM stunned the field at the MWC Championship meet, finishing a program-best second after being picked fifth in the preseason coaches poll. Murphy finished third, the best by a Lobo women since 1992, while Luna and an injury-slowed Gallegos were third and 10th, respectively, helping Henry earn Women's Coach of the Year honors. Gallegos (15th) missed a spot in the NCAA Championship field by five seconds, but along with Murphy (19th) and Luna (23rd), led the UNM women (6th) to their best showing at the NCAA regional meet since 1988. Senior Cameron Clarke led the men's team in all five varsity races and earned all-MWC honors (11th) for the third time in his career. For the first time in Henry's tenure both the men's and women's teams finished the year ranked among the top-10 in the Mountain Region.

2004: In 2004, Henry put together the finest cross country team in school history. Led by two All-Americans in senior Matt Gonzales (2nd) and freshman Shadrack Kiptoo-Biwott (14th), the men of New Mexico placed ninth at the NCAA Championship meet. However, true to the hard-working character of Henry's program, it was a dramatic late surge by the team's fifth scoring runner, fifth-year walk-on Sean Flaherty, that propelled the Lobos into the top-10. The UNM women, meanwhile, were represented well by senior Jacquelyne Gallegos who placed a strong 69th, ahead of 181 other runners. Gallegos was one of four all-MWC runners for New Mexico, along with conference champion Kiptoo-Biwott, Gonzales (2nd) and junior Cameron Clarke (14th). Gonzales became the first Lobo ever to win the NCAA Mountain Region Championships and earn NCAA Mountain Region Runner of the Year honors, and was joined on the all-region podium by senior Ben Ortega (8th) and Gallegos (8th).

2003: The women's team made major strides as the squad won its first meet in five years and senior Sarah Gonzales became the first Lobo to earn first team all-conference honors since 1992. Henry opted to redshirt his top four runners on the men's side, but New Mexico remained a force to be reckoned with. The Lobos won a pair of meets and placed fourth in the Mountain West Conference.

2002: A UNM men's team that was a unanimous pick for last place in the Mountain West Conference just two years earlier, established itself as one of the best in the nation. New Mexico won its first three meets of the year and rose to as high as 27th in the country, it's highest national ranking since 1993. Despite a wave of injuries which kept the squad from realizing its full potential, UNM gutted out a third place finish at the MWC Championship meet, it's best conference finish since 1991, and just missed earning at-large berth the NCAA Championship field when it finished seventh at the NCAA Mountain Region Championships. Junior Matt Gonzales automatically qualified for the NCAA meet as an individual runner, giving New Mexico representation on the national stage for the second-straight year.

2001: Following a resilient first year at UNM, the cross country program began to show true signs revitalization. Three athletes (Matt Gonzales, Ben Ortega, Jacquelyne Gallegos) automatically qualified for the NCAA Cross Country Championship meet, giving New Mexico its first NCAA qualifiers in four years and its biggest national contingent since 1988. Gonzales (Santa Fe, N.M.) capped the performance of Henry's young New Mexican runners by finishing 30th at the NCAA Championships to become the Lobos' first cross country All-American since 1982.

In addition to the high levels of performance, Henry and his staff have also re-established Albuquerque as one of the premier running locations in the West. New Mexico hosted the 2001 Mountain West Conference Cross Country Championships, the first cross country conference championship held in Albuquerque since 1974, to much acclaim. After the meet, which many of the league's coaches described as one of the best conference championships ever conducted, Albuquerque was quickly selected as the host city for the elite 2002 NCAA Mountain Region Championship meet. The MWC meet returned in 2003 and the Mountain Region Championships will be back at the UNM North Golf Course in 2006. Henry has also brought some of the top distance talent in New Mexico together each fall for the biggest cross country meet in the state, the annual Lobo Invitational. Run in front of thousands of fans each September, the Lobo Invite field features a community fun run, over 30 New Mexico high school teams and collegiate squads from around the country.

Prior to taking over the cross country and track and field programs, Henry, a 1975 graduate of UNM and former All-American member of the Lobo track team, had been the head coach of the boy's and girl's track and cross country teams at La Cueva High School in Albuquerque since the school opened in 1986. While at La Cueva, he led the Bears to four straight boy's state track titles from 1997-2000, three state boy's cross country championships (1995-96, '98) and a pair in girl's cross country (1994-95). Henry's success earned him National High School Track Coach of the Year honors in 1999.

Matt Henry was a four-year varsity letterman for the UNM from 1971-74. Competing in the 440-yard dash and the 880-yard run, he was also part of the Lobos' "all-Albuquerque" two-mile relay team that earned All-America honors at the 1972 NCAA Indoor Championships. Henry's relay team captured back-to-back Western Athletic Conference titles in 1972 and 1973, including a WAC record-breaking time of 7:34.70 in 1972.

Henry, 52, received a bachelor's degree in Physical Education from UNM in 1975 and his master's degree in 1980. He and his wife, Lisa, have three boys: Kenny, 24, Kurt, 18, and Kyle, 16.

MATT HENRY QUICK FACTS

- 2005 Mountain West Conference Women's Cross Country Coach of the Year.
- 2002 Mountain West Conference Men's Outdoor Track & Field Coach of the Year.
- Named head coach on June 17, 2000 after spending 15 years as head track & field/cross country coach at La Cueva High School in Albuquerque. While at La Cueva, Henry led the Bears to four straight boys' state track titles ('97-00), three boys' state cross country championships ('95-96, '98), a pair of girls' state cross country titles ('94-95) and was named National High School Track Coach of the Year in 1999.
- A four-year letterman for the UNM track team from 1971-74...competed in the 440-yard dash and 880-yard run...part of the Lobos' WAC champion two-mile relay team that earned All-America honors at the 1972 NCAA Indoor Championships.
- Twin brother Mark Henry is UNM associate head track & field/cross country coach...older brother, Pat, now with Texas A&M, was previously the head track coach at LSU, a program that captured 27 NCAA titles in his 17-year tenure...father, Gwinn "Bub" Henry, spent 30 years at UNM, most of that time as the Director of the Alumni Association...Bub and all five of his sons attended the University of New Mexico...Bub's father, Gwinn, was declared the fastest man in the world in 1911 and later served as the Lobos' athletics director, head football coach and head track coach for three seasons from 1934-36

2005 LOBO CROSS COUNTRY SEASON REVIEW • 2005 RESULTS

WOMEN'S RESULTS	Lobo Invitational (6K) Sept. 10	Kachina Classic (5K) Sept. 17	Stanford Invitational (6K) Sept. 24	Auburn Invitational (5K) Oct. 8	Mountain West Championships (6K) Oct. 29	NCAA Mtn. Region Championships (6K) Nov. 12
Seny Archuleta Fr-HS • Grants, N.M.	71st (UNM 9th) 25:19	17th (UNM 2nd) 20:35	20th (N/A) 20:48 - 5K	79th (UNM 5th) 18:51.00	39th (UNM 6th) 23:08.7	76th (UNM 6th) 23:46.4
Lindsay Barr So-1L • Albuquerque, N.M.	30th (UNM 5th) 23:54	Did Not Compete	88th (UNM 4th) 23:43	39th (UNM 3rd) 18:09.60	28th (UNM 4th) 22:28.6	54th (UNM 5th) 23:13.3
Brandi Cron Jr-2L • Pojoaque, N.M.	118th (UNM 17th) 28:45	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Allison Easton Fr-HS • Piqua, Ohio	108th (UNM 13th) 28:05	38th (UNM 6th) 22:11	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Jacquelyne Gallegos Sr-3L • Pojoaque, N.M.	1st (UNM 1st) 21:37	Did Not Compete	3rd (UNM 1st) 21:21	Did Not Compete - Inj.	10th (UNM 3rd) 21:31.1	15th (UNM 1st) 21:50.6
Becky Green Fr-HS • Arlington, Texas	117th (UNM 16th) 28:37	39th (UNM 7th) 22:12	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Ally Gronager Fr-HS • Albuquerque, N.M.	98th (UNM 12th) 26:56	29th (UNM 4th) 21:15	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Jaime Hall Sr-1L • Albuquerque, N.M.	116th (UNM 15th) 28:36	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Roxann James Jr-Tr • Gallup, N.M.	58th (UNM 7th) 24:56	23rd (UNM 3rd) 20:58	Did Not Compete	95th (UNM 6th) 19:03.95	46th (UNM 7th) 23:27.0	84th (UNM 7th) 24:05.7
Sheyenne Lewis So-1L • Gallup, N.M.	70th (UNM 8th) 25:17	11th (UNM 1st) 20:12	159th (UNM 7th) 24:52	116th (UNM 8th) 19:21.86	Did Not Compete	Did Not Compete
Riann Lucy Jr-2L • Albuquerque, N.M.	Did Not Compete	Did Not Compete	Did Not Compete - Inj.	Did Not Compete - Inj.	Did Not Compete	Did Not Compete
Leslie Luna So-1L • Albuquerque, N.M.	19th (UNM 3rd) 23:19	Did Not Compete	64th (UNM 3rd) 23:22	28th (UNM 2nd) 17:56.69	6th (UNM 2nd) 21:17.3	23rd (UNM 3rd) 22:11.9
Timmie Murphy Jr-2L • Farmington, N.M.	17th (UNM 2nd) 23:13	Did Not Compete	12th (UNM 2nd) 22:09	7th (UNM 1st) 17:17.24	3rd (UNM 1st) 21:06.7	19th (UNM 2nd) 22:05.0
Stasia Ploskonka So-1L • Cedar Crest, N.M.	89th (UNM 10th) 26:29	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Carolyn Romero Fr-HS • Las Vegas, N.M.	97th (UNM 11th) 26:55	34th (UNM 5th) 21:39	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Hilary Ross Fr-HS • Las Cruces, N.M.	111th (UNM 14th) 28:18	40th (UNM 8th) 22:17	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete
Janice Tosa Sr-3L • Jemez Pueblo, N.M.	29th (UNM 4th) 23:49	Did Not Compete	143rd (UNM 6th) 24:38	43rd (UNM 4th) 18:13.69	32nd (UNM 5th) 22:36.3	52nd (UNM 4th) 23:12.4
Melanie Velarde So-1L • Albuquerque, N.M.	47th (UNM 6th) 24:40	Did Not Compete	119th (UNM 5th) 24:14	107th (UNM 7th) 19:13.84	56th (UNM 8th) 24:04.3	Did Not Compete
TEAM FINISH POINTS	3rd/13	4th/7	10th/32	6th/23	2nd/9	6th/18
PACK SPREAD*	89	95	267	180	74	163
	2:17	1:27	2:53	1:34	1:30	1:23

*Time difference between the team's first and fifth scoring runner.



2005 LOBO CROSS COUNTRY SEASON REVIEW • 2005 RESULTS

MEN'S RESULTS	Lobo Invitational (8K) Sept. 10	Kachina Classic (7.4K) Sept. 17	Stanford Invitational (8K) Sept. 24	Auburn Invitational (8K) Oct. 8	Mountain West Championships (8K) Oct. 29	NCAA Mtn. Region Championships (10K) Nov. 12		
Chris Bratton So-1L • Albuquerque, N.M.	93rd (UNM 8th) 28:26	15th (UNM 2nd) 24:43	Did Not Compete	84th (UNM 7th) 25:49.94	Did Not Compete	Did Not Finish - Inj.		
Matt Cash Fr-HS • Los Lunas, N.M.	112th (UNM 11th) 28:55	32nd (UNM 6th) 25:31	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete		
Cameron Clarke Sr-3L • Albuquerque, N.M.	25th (UNM 1st) 26:12	Did Not Compete	26th (UNM 1st) 24:39	7th (UNM 1st) 24:06.55	11th (UNM 1st) 25:03.3	30th (UNM 1st) 31:55.4		
Nate Clem Sr-3L • Albuquerque, N.M.	39th (UNM 3rd) 26:38	Did Not Compete	27th (UNM 2nd) 24:40	27th (UNM 2nd) 24:33.23	36th (UNM 5th) 26:09.2	36th (UNM 2nd) 32:11.0		
Erik Coleman So-1L • Albuquerque, N.M.	123rd (UNM 12th) 29:16	37th (UNM 7th) 26:02	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete		
Michael Deason So-1L • Las Cruces, N.M.	105th (UNM 9th) 28:45	20th (UNM 4th) 24:51	Did Not Compete	Did Not Compete	44th (UNM 7th) 27:28.0	Did Not Compete		
Ezra Esquibel Fr-RS • Albuquerque, N.M.	76th (UNM 7th) 27:59	16th (UNM 3rd) 24:44	Did Not Compete	Did Not Compete	42nd (UNM 6th) 27:02.2	Did Not Compete		
Joseph Garcia So-1L • Belen, N.M.	46th (UNM 5th) 26:54	Did Not Compete	98th (UNM 5th) 25:59	33rd (UNM 4th) 24:50.54	25th (UNM 3rd) 25:45.6	53rd (UNM 4th) 32:40.0		
Frank Hemingway Sr-2L • Las Cruces, N.M.	110th (UNM 10th) 28:51	30th (UNM 5th) 25:26	Did Not Compete	Did Not Compete	47th (UNM 8th) 28:14.9	Did Not Compete		
Steven Martinez Jr-2L • Pojoaque, N.M.	31st (UNM 2nd) 26:25	Did Not Compete	95th (UNM 4th) 25:57	45th (UNM 5th) 25:08.30	29th (UNM 4th) 25:52.5	64th (UNM 5th) 33:03.3		
Juan Ortega Jr-2L • Albuquerque, N.M.	40th (UNM 4th) 26:41	Did Not Compete	69th (UNM 3rd) 25:30	20th (UNM 3rd) 24:36.59	23rd (UNM 2nd) 25:41.8	39th (UNM 3rd) 32:14.7		
Dylan Rose-Coss So-RS • Santa Fe, N.M.	70th (UNM 6th) 27:49	Did Not Compete	(UNM 7th)	Did Not Compete	Did Not Compete	Did Not Compete		
Matt Shaughnessy Fr-HS • Carlsbad, Calif.	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete		
Brandon Vigil Jr-2L • Taos, N.M.	Did Not Compete	12th (UNM 1st) 24:27	118th (UNM 6th) 26:11	69th (UNM 6th) 25:37.61	Did Not Compete	Did Not Compete		
Loren Wohletz So-1L • Los Alamos, N.M.	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete		
Sean Yahnke Fr-HS • Omaha, Neb.	132nd (UNM 13th) 29:43	46th (UNM 8th) 26:20	Did Not Compete	Did Not Compete	Did Not Compete	Did Not Compete		
TEAM FINISH POINTS	5th/14 153	3rd/10 91	9th/36 235	2nd/25 118	5th/6 119	8th/15 222		
PACK SPREAD*	0:42	0:59	1:20	0:32	1:06	1:08		

*Time difference between the team's first and fifth scoring runner.



2005 LOBO CROSS COUNTRY SEASON REVIEW • 2005 ROSTER

WOMEN

NAME	HT.	YR-EXP	HOMETOWN (LAST SCHOOL)	PRONUNCIATION
Seny Archuleta	5-1	Fr-HS	Grants, N.M. (Grants HS)	
Lindsay Barr	5-3	So-1L	Albuquerque, N.M. (La Cueva HS)	
Hannah Cowan	5-8	Fr-HS	Santa Fe, N.M. (Santa Fe HS)	
Brandi Cron	5-6	Jr-1L	Gallup, N.M. (Eastern New Mexico)	
Allison Easton	5-4	Fr-HS	Piqua, Ohio (Piqua HS)	
Jacquelyne Gallegos	5-8	Sr-3L	Pojoaque, N.M. (Pojoaque HS)	JA-kel-in guy-YAY-gose
Becky Green	5-5	Fr-HS	Arlington, Texas (James Bowie HS)	
Ally Gronager	5-6	Fr-HS	Albuquerque, N.M. (St. Pius X HS)	
Jaime Hall	5-7	Sr-1L	Albuquerque, N.M. (Manzano HS)	
Roxann James	5-3	Jr-Tr	Gallup, N.M. (Central Arizona)	
Rebecca Johnson	5-7	Fr-RS	Albuquerque, N.M. (Sandia HS)	
Paige Kinucan	5-10	Fr-RS	Alpine, Texas (Alpine HS)	
Sheyenne Lewis	5-4	So-1L	Gallup, N.M. (Gallup HS)	
Riann Lucy	5-8	Jr-2L	Albuquerque, N.M. (Cibola HS)	RY-ann
Leslie Luna	5-6	So-1L	Albuquerque, N.M. (Albuquerque Academy)	
Timmie Murphy	5-6	Jr-2L	Farmington, N.M. (Farmington HS)	
Kellie Nickerson	5-3	So-1L	Albuquerque, N.M. (Sandia HS)	
Stasia Ploskonka	5-6	So-1L	Cedar Crest, N.M. (Manzano HS)	STAH-shuh pluh-SKONK-uh
Carolyn Romero	5-5	Fr-HS	Las Vegas, N.M. (Robertson HS)	
Hilary Ross	5-3	Fr-HS	Las Cruces, N.M. (Las Cruces HS)	
Janice Tosa	5-2	Sr-3L	Jemez Pueblo, N.M. (Jemez Valley HS)	TOW-sa
Melanie Velarde	5-2	So-1L	Albuquerque, N.M. (Eldorado HS)	

MEN

NAME	HT.	YR-EXP	HOMETOWN (LAST SCHOOL)	PRONUNCIATION
Chris Bratton	5-10	So-1L	Albuquerque, N.M. (Manzano HS)	
Matt Cash	5-9	Fr-HS	Los Lunas, N.M. (Los Lunas HS)	
Cameron Clarke	5-10	Sr-3L	Albuquerque, N.M. (Sandia HS)	
Nate Clem	5-10	Sr-3L	Albuquerque, N.M. (La Cueva HS)	
Erik Coleman	5-8	So-1L	Albuquerque, N.M. (Sandia HS)	
Michael Deason	6-0	So-1L	Las Cruces, N.M. (Las Cruces HS)	DEE-son
Ezra Esquibel	5-9	Fr-RS	Albuquerque, N.M. (La Cueva HS)	es-kee-BEL
Joseph Garcia	5-8	So-1L	Belen, N.M. (Belen HS)	
Frank Hemingway	6-3	Sr-2L	Las Cruces, N.M. (Oñate HS)	
Steven Martinez	5-11	Jr-2L	Pojoaque, N.M. (Pojoaque HS)	
Juan Ortega	5-6	Jr-2L	Albuquerque, N.M. (Rio Grande HS)	
Brad Pulliam	5-11	Fr-RS	Los Alamos, N.M. (Los Alamos HS)	
Dylan Rose-Coss	6-3	So-RS	Santa Fe, N.M. (Colorado Mountain College)	
Matt Schubert	5-9	Fr-RS	San Diego, Calif. (Rancho Bernardo HS)	
Matt Shaughnessy	5-9	Fr-HS	Carlsbad, Calif. (La Costa Canyon HS)	
Mike Smiel	5-11	So-HS	Albuquerque, N.M. (Eldorado HS)	
Mike Trujillo	5-10	Fr-RS	Andover, Md. (Proctor Academy)	tru-HEE-yo
Brandon Vigil	5-9	Jr-2L	Taos, N.M. (Taos HS)	VEE-hill
Loren Wohletz	6-0	So-1L	Los Alamos, N.M. (Los Alamos HS)	
Sean Yahnke	6-5	Fr-HS	Omaha, Neb. (Omaha Burke HS)	

Head Coach: Matt Henry (New Mexico, '75) – 6th year

Associate Head Coach: Mark Henry (New Mexico, '74) – 6th year

ROSTER BREAKDOWN BY CLASS

Women		Men	
Seniors	3	Seniors	3
Juniors	4	Juniors	3
Sophomores	6	Sophomores	7
Freshmen	9	Freshmen	7

ROSTER BREAKDOWN BY CITY/STATE/COUNTRY

NEW MEXICO (35)

ALBUQUERQUE (15)

Lindsay Barr (La Cueva HS), Chris Bratton (Manzano HS), Cameron Clarke (Sandia HS), Nate Clem (La Cueva HS), Erik Coleman (Sandia HS), Ezra Esquibel (La Cueva HS), Ally Gronager (St. Pius X HS), Jaime Hall (Manzano HS), Rebecca Johnson (Eldorado HS), Riann Lucy (Cibola HS), Leslie Luna (Albuquerque Academy), Kellie Nickerson (Sandia HS), Juan Ortega (Rio Grande HS), Mike Smiel (Eldorado HS), Melanie Velarde (Eldorado HS).

BELEN (1)

Joseph Garcia (Belen HS)

CEDAR CREST (1)

Stasia Ploskonka (Manzano HS)

FARMINGTON (1)

Timmie Murphy (Farmington HS)

GALLUP (3)

Brandi Cron (Gallup HS)
Roxann James (Gallup HS)
Sheyenne Lewis (Gallup HS)

GRANTS (1)

Seny Archuleta (Grants HS)

JEMEZ PUEBLO (1)

Janice Tosa (Jemez Valley HS)

LAS CRUCES (3)

Michael Deason (Las Cruces HS)
Frank Hemingway (Oñate HS)

Hilary Ross (Las Cruces HS).

LAS VEGAS (1)

Carolyn Romero (Robertson HS)

LOS ALAMOS (2)

Loren Wohletz (Los Alamos HS)
Brad Pulliam (Los Alamos HS)

LOS LUNAS (1)

Matt Cash (Los Lunas HS)

POJOAQUE (2)

Jacquelyne Gallegos (Pojoaque HS)
Steven Martinez (Pojoaque HS)

SANTA FE (2)

Hannah Cowan (Santa Fe HS)
Dylan Rose-Coss (Santa Fe HS)

TAOS (1)

Brandon Vigil (Taos HS)

CALIFORNIA (2)

Matt Schubert (San Diego)
Matt Shaughnessy (Carlsbad)

MARYLAND (1)

Mike Trujillo (Andover)

NEBRASKA (1)

Sean Yahnke (Omaha)

OHIO (1)

Allison Easton (Piqua)

TEXAS (2)

Becky Green (Arlington)
Paige Kinucan (Alpine)