



# UNIVERSITY OF NEW MEXICO INDOOR TRACK & FIELD

News, Views, Reviews, Previews

**FRIDAY & SATURDAY, JANUARY 27-28 NEW MEXICO INVITATIONAL**

## FRANKLIN'S LOBOS ROCK THE HOUSE

Typically New Mexico hosts meets of between 600 - 900 athletes, so home meets tend to be controlled mayhem with athletes everywhere on the facility. Most of that is due to very few indoor tracks in the west, and UNM does have one of the fastest in the country, so that adds to the attraction of the Lobo facility. This weeks New Mexico Invitational was the smallest one in years with only 366 athletes attending. Some of the fields were very small so the coaching staff was unsure how that would translate into performance. Often, the bigger the meet, the more intense the competition, and that has the tendency to yield top performances. That equation did not hold true as there were two school records set, 42 seasonal-best efforts, and 23 all-time PR's. For a meet of this size and caliber those are very solid performances, and the landscape of the Mountain West Conference Top 10 rankings in the words of immortal singer Jerry Lee Lewis "got all shook up". Last week if one viewed the MWC rankings they would say relative to the Lobos.....nice team, but special. This week those same folks would say - hmmm, that is a team which will be competing for a championship trophy. Meets like this send a message to every member of the Lobo program that if they continue to work hard, stay positive, don't make excuses, and focus on what they can control, then come February the Lobo programs can be standing on the top of the podium holding the victors trophy.

Head Coach Joe Franklin keeping a watchful eye on the team.



## York Takes Top Honors

**Jr. Richard York (St. Clair, MO)** who last year qualified for the NCAA Decathlon Championship is attempting to do the same in the indoor version, the Heptathlon. Getting the season off to a start in the seven eventer at the Air Force Combined Events York took top honors with a score of 5424 points. RY started off with a 7.16 60 meter effort, just off his all-time best of 7.08. In the Long Jump Richard got a great 23' 1 1/4" distance, just three inches off his best. In the Shot Put he equalled his all-time best of 39' 3 1/4". In the High Jump he notched a 6' 2 3/4" clearance. His big event was a nice breakthrough in the 60 Hurdles as he lowered his all-time PR a tenth from 8.42 to 8.32. Richard got a solid 15' 5" vault clearance, just two inches off his all-time best. He finished up the Hept with a 2:53.04 1000 meter run. He was clear of second place by over 150 points.



## Moultrie: Two Days Two School Records

**Josephine Moultrie (Turnbull, Glasgow, Scotland)** the lithe, silky smooth striding Scot took down two Lobo standards on consecutive days at the Convention Center. On Friday night JM was entered in the 600 meters where she had run a 1:34.68 last week just missing Shirley Pitts record of 1:34.02. This week Josephine went out in a solid 29.5 for the first 200 meters, came back with a 31.4 for the second 200 meters crossing the 400 meter point in 60.9, then proceeded to pull away from one of the professional Nike athletes in the field to finish with a sterling 1:33.21 sprinting a 32.2 last lap. On Saturday, about 18 hours after setting the first record JM entered the 800 meters and after a conservative first lap upped the tempo pulling away from the same Nike athlete to hit the finish line in 2:09.27. That performances takes down the 1979 standard set by former great Sue Vigil, who clocked 2:09.74. Josephine's time also rockets her to the top of the MWC standings over the 800 meter distance.



## Lee Sprints to Victory in the 60 Meters, just misses School Record

Froshie **Beejay Lee** (W. Covina, CA) had moved into the all-time top 10 Lobo indoor track list after just one meet this indoor season, but took a major step forward in lowering his best to a 6.83 in his third meet of the indoor campaign. That performance moves Beejay to #2 all-time at UNM, just a scant 6/100ths of a second behind the record of 6.77 held by current Lobo football/track athlete Lamaar Thomas. The 6.83 clocking also solidly places BL in the third spot in the MWC rankings, moves him into the Top 100 nationally in that event, and ranks him as the 10th fastest froshie in all the land. But more importantly Beejay won the race after running the prelim in a good 6.87 to qualify for the final. His race in the prelim was good in spots, but not complete. In the final, he got out of the starting blocks smoothly, accelerated through about 30 meters nicely, then kept his rhythm finishing off a complete race to the line. Even though the race is only 60 meters in length, racing a complete race in the event is just as important as any other. Just for good measure Beejay clocked a seasonal best of 21.93 in the 200 meters to place second in the competition and move to #4 in the MWC rankings.



## Ross Bounds to #4 All-Time at UNM

Junior college transfer **Floyd Ross** (Leavenworth, Kansas) competed in his specialty, the Triple Jump for the first time this season, and moved into the all-time top ranking by virtue of his 51' 3/4" distance. FR opened up with a foul, then another foul before spanning 47' 3/4" on his third attempt in the prelims. In the finals he went 49' 11 3/4", 49' 5 1/2" before extending his best out to the 51' 3/4" distance. That leap places Floyd at the top of the Mountain West Conference rankings, and also gets him to #14 in the NCAA rankings. While its still early in the 2012 season Floyd might have a chance to qualify for the big dance this season if he continues to improve.



Walker Lowers Seasonal Best Jr. **De'Vron Walker** (Dominquez, Compton, CA) lowered his seasonal best in the 60 meter Hurdles to 8.12, moving slowly up the MWC ranks to fourth. With the top slot being held at 8.01 DW has a little ways to go before that threshold.



## TURNER MOVES TO #6 IN TRIPLE JUMP

Yeshemabet Turner (Pecos, NM) pictured to the left got to Triple Jump for the first time this season after spending the first two meets sprinting and Long Jumping. It takes some time to become comfortable again with the mechanics of the hop, step, and jump and Shem fouled her first attempt, before getting a 39' 1 3/4" effort and then fouling her third try in the prelims. In the finals YT fouled, extended her best to 39' 3 3/4", before ending with another foul. That 39' 3 3/4" distance placed her fourth in the competition, gets her to #6 all-time at UNM, and moves her to fifth in the MWC rankings. Fellow classmate Aasha Marler (Hope Christian, ABQ, NM) was one spot behind Yeshemabet as AM clicked off a 37' 3 1/4" distance. Over in the the Long Jump both had solid days getting seasonal bests with Shem spanning 18' 7 1/4" and Aasha going 18' 4 1/2". Shem's 18' 7 1/4" distance just misses getting her into the all-time indoor top ten in that event as well (18' 7 3/4" is 10th).

IMOGEN AINSWORTH



## Ainsworth Moves to #3 All-Time in 1 Mile Run

Jr. Imogen Ainsworth (Seven Oaks, London, England) pictured to the left led a parade of Lobo sterling performances over the eight-lap one mile run. IA running her first mile of the indoor season looked powerful in finishing second in the race with a 4:49.05 clocking. That performance moves her to the third fastest ever with the sixth fastest time all-time. She more importantly takes over the lead in the MWC and moves into the top 75 nationally. Behind Imogen came big performances from sr. Sarah Waldron (Tring, Pudleston, England) who typically focuses on the longer distances. Sarah clicked off a great 4:52.15 moving to fifth all-time indoors while sr. Ruth Senior (Wymondham, Norwich, England) was right behind in 4:52.78. Ruth's PR is 4:48.24. The biggest effort came from jr. Shawna Winnegar (Santa Fe Prep, Santa Fe, NM) who came into the season with a 5:08.03 PR and exited with a huge 4:57.00, moving all the way to ninth fastest all time indoors. On the Mountain West Conference front Lobos now rank 1-2-3-5 which is exactly what the team will need for a championship trophy!



## Spencer Gets Into Shoot Out in Long Jump

Jr. Kendall Spencer (San Mateo, CA) was put through an extensive, and exhausting fall training program where he ran lots of long hard intervals, and did lots of hill training. Often athletes don't understand why they are trained a certain way, but assistant coach Austin Brobst knew exactly what he was doing, and why he needed to train Kendall that way. And this meet proved the point that one needs to be strong to maintain and produce not just one jump, but a great series of jumps which Kendall did. Kendall was facing NCAA II National Champion Levance Williams from Abilene Christian, a very versatile and powerful athlete. KS opened up his series with a 24' 4 1/2" effort while Williams spanned 24' 6 1/2" on his first attempt. Kendall then fouled, and came back in the third round to hit a 23' 10" distance. In the finals Kendall evened up with Williams as he also got a 24' 6 1/2" effort and followed with 24' 5 1/2", and finally a 24' 5". If we averaged Kendalls five legal jumps they accounted for a 24' 4 3/4" distance. Last year he had an indoor seasonal best of only 22' 6" and prior to this year his all-time indoor best was 24' 3 3/4" set way back in 2010 at the conference championship. So in this meet he "averaged" better than his longest leap done in previous seasons - exactly why athletes must focus on strength and power in the fall to get them through tough competitions and a long, long season. Great job looking into the future Coach Brobst!



**BRAZLEY BIG PR IN 200 METERS**  
**Jr. Tawsha Brazley (Bosque School, ABQ, NM) had been itching to run the one lap sprint this indoor season and when she finally got her chance she made the most of it touring the Mondo banked track to the tune of 25.27, knocking over half a second off her previous best performance.**



**CHRIS DODDS**



**MARGO TUCKER**



**ROB WARENSJO**

### Vault Heads Have Good Day at Office

In the Men's Pole Vault world-class athlete Brad Walker from Nike showed up and spurred the Lobo athletes to excel. Walker exited the meet tying the best-ever Convention Center height of 18' 8 1/4". Earning the top collegiate mark was sophomore **Logan Pflibsen (Streator, IL)** who equalled his indoor PR of 17' 1 1/2" which moves him to #19 on the NCAA national listing. Behind Logan putting a huge move upward was jr. **Rob Warensjo (Swinden, England)** who upped his seasonal-best from 15' 7 3/4" to 16' 7 1/2". Finally breaking through in a big way was jr. **Chris Dodds**

(Wilson, West Lawn, PA) who seemed to be stuck at a plateau for about a year. CD smashed through that barrier as he upped his all-time best to 15' 7 3/4". In his 22 meet indoor/outdoor Lobo career Chris had cleared 14' 1 1/2" four times, 14' 7 1/4" seven times, 14' 11 1/4" once, 15' 1 1/4" twice, 15' 2" once, and 15' 3 1/4" once so this clearance was a nice progression. On the ladies side soph. **Margo Tucker (Lawrence Central, Indianapolis, IN)** took first place with a seasonal-best of 12' 9 1/2" while jr. **Amber Menke (Cibola, ABQ, NM)** matched that height. Finishing third and matching her all-time indoor best was soph. **Nathalie Busk (Provivitis, Sweden)** who cleared 11' 9 3/4".



### Schweigert Takes High Jump in Looooong Jump-Off

Jr. **Marin Schweigert (Robertson, Las Vegas, NM)** got into a 16 jump marathon before finally taking the win. Typically high jumpers will actually jump 6-8 times in a competition and taking 10 jumps is very rare. But 16 jumps..... gosh!!! Marin opened up at 5' 1/4" and cleared on her first attempt. She did the same at 5' 2 1/4" and 5' 4 1/4". At 5' 6" MS missed once, but cleared on her second attempt. At 5' 8" she missed all three as did the only other competitor left, Rochelle Robb from New Mexico Highlands. The NCAA rule states that if there is a tie for the top position a jump-off between those

two competitors will occur. So both got one more attempt at 5' 8", and both missed. The bar was then lowered to 5' 7 1/4" and both missed. The bar was lowered to 5' 6 1/2" and both missed, then 5' 5 3/4" and both missed, and 5' 5" and both missed. At 5' 4 1/4" both made that height, so the bar was raised to 5' 5" and both missed that height. The bar was then set at 5' 4 1/4" and Marin cleared while her competitor missed. At last.....a victory and a hard fought one at that.



**Matt Everett (La Cueva, ABQ, NM) hit a big PR in the 800 (1:55.47)**



**Soph. Sean Stam (Rio Rancho, NM) pictured on the left took a big leap in the 1 Mile run dropping his PR from 4:15.28 all the way to 4:09.67 which currently ranks #2 in the MWC. Red-shirt frosh Pierre Malherbe (Needham Broughton, Raleigh, NC) on the right in his first mile clocked 4:15.46**



**Senior Takes 600 Meters**

Red-shirt freshman **James Senior (Wymondham, Norwich, England)** clocked his first 600 meters one week ago when he finished in 1:23.45. This week he went out smoothly and controlled then at the 400 meter point threw down a hard, driving surge which dropped all the others in the race, which included jr. **Derek Montoya (Highland, ABQ, NM)**. While Derek gave chase James did not slow down at all and flashed across the finish line in 1:22.31, besting Derek's PR of 1:24.07.



**Senior Rachel Kelchner (St. Pius X, ABQ, NM) enroute to a PR equaling effort in the 400 meters (58.16)**



**Shawna Winnegar**

**Now #9 All-Time Indoors**

**1 Mile Run**

**4:57.00**



**Taryn Winkler - The UNM Lobo Track & Field team Sports Medicine professional extraordinaire who keeps all the Lobo athletes healthy and competing at the top of their game.**

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**WOMEN**

**60** Kayla Fisher-Taylor 7.94@ 7.91@(8th) Angelica Johnson 8.38@ **PR**

**200** Tawsha Brazley 25.27@ **PR** Kayla Fisher-Taylor 25.36@ Aasha Marler 25.72@ **PR**  
 Angelica Johnson 26.80@ **PR**

**400** Rachel Kelchner (26.7) 58.16@ Lucretia Vigil 61.49@ **PR** Mia Weaver 64.44@

**600** Josephine Moultrie (29.5-60.9) 1:33.21 (1st) *New UNM Indoor Record, Old Record, Shirley Pitts, 1:34.02, 1/21/2011*  
 Mickey Brown (30.3-63.7) 1:39.33 (4th) Christine Ostler (30.2 - 65.8) 1:42.35 **PR**

**800** Josephine Moultrie 2:09.27@ (1st) *New UNM Indoor Record, Old Record Sue Vigil, 2:09.74yh, 1979*  
 Kirsty Milner 2:19.91@ Samantha Shepard 2:21.82@ Imogen Ainsworth 2:24.99@  
 Ashlee Smalley 2:29.87@

**1 Mile** Imogen Ainsworth 4:49.05@ (2nd) (3,6) Sarah Waldron 4:52.15@ (3rd) (5,10)  
 Ruth Senior 4:52.78@ (4th) Shawna Winnegar 4:57.00@ (5th) (10,x) **PR**  
 Kirsty Milner 5:02.63@ (8th) Ashlee Smalley 5:18.93@ Sophia Torres 5:22.32@  
 Rebecca Chow 6:14.77@

**3000** Janna Mitsos 10:30.24@ (7th)

**LongJ** Precious Selmon 18' 7 1/4" (4th) Yeshemabet Turner 18' 7 1/4" (5th) **PR** Aasha Marler 18' 4 1/2" (6th) **PR**

**TripleJ** Yeshemabet Turner 39' 3 3/4" (4th) (6,x) **PR** Aasha Marler 37' 3 1/4" (7th) **PR**

**HighJ** Marin Schweigert 5' 6" (1st)

**PoleV** Margo Tucker 12' 9 1/2" (1st) Amber Menke 12' 9 1/2" (2nd) Nathalie Busk 11' 9 3/4" (3rd)

**MEN**

**60** Beejay Lee 6.87@ (x,5) 6.83@ (1st) (2,3) **PR** Kendall Spencer 6.99@ Thomas Trujillo 7.11@ 7.09@  
 Zach Smith 7.41@

**60H** De'Vron Walker 8.27@ 8.12@ (2nd)

**200** Beejay Lee 21.93@ (2nd) **PR** Kendall Spencer 22.14@ (5th) Zach Smith 23.37@

**400H** Chad Clark 55.92 (1st) **PR**

**600** James Senior 1:22.31 (1st) **PR** Derek Montoya (26.7-55.6) 1:24.07 (2nd) **PR**  
 Gizeh Ibanez 1:25.24

**800** Matt Everett 1:55.47@ (3rd) **PR** Cory Kalm 2:00.19@

**1Mile** Sean Stam 4:09.67@ (7th) **PR** Pierre Malherbe 4:15.46@ (8th) James Senior 4:23.75@

**3000** Chris Montoya 8:53.15@

**4x400** Chad Clark (50.8)**PR**, Thomas Trujillo (49.6), Derek Montoya (50.5), James Senior (50.5)**PR** 3:22.30@ (3rd)

**LongJ** Kendall Spencer 24' 6 1/2" (2nd) Floyd Ross 22' 8" (3rd) **PR** Zach Smith 22' 1" (4th)

**TripleJ** Floyd Ross 51' 3/4" (1st) (4,x)

**HighJ** Markus Miller 6' 6 1/4" (1st)

**PoleV** Logan Pflibsen 17' 1 1/2" (1st) =**PR** Rob Warensjo 16' 7 1/2" (2nd) (9,x) **PR**  
 Chris Dodds 15' 7 3/4" (3rd) **PR** Tyler Jackson 14' 8" (4th)

**AIR FORCE COMBINED EVENTS, JANUARY 26-27**

**Pentathlon**

Samantha Bowe 60H - 9.34 HighJ - 4' 9" ShotP - 32' 3" LongJ - 17' 3 1/2" 800 - 3:00.56 2923 points

**Heptathlon**

Richard York 60 - 7.16 LongJ - 23' 1 1/4" ShotP - 39' 3 1/4" HighJ - 6' 2 3/4" 60H - 8.32 **PR** PoleV - 15' 5" 1000 - 2:53.04  
 5424 points (1st)

Sam Potter 60 - 7.32 LongJ - 21' 2 3/4" ShotP - 36' 6 1/4" **PR** HighJ - 5' 10 3/4" 60H - 8.80 PoleV - 15' 5" 1000 - 3:10.34  
 4820 points