



UNI PANTHERS

Issue #7 - April 2008

Coach's Corner with Penrith

Dear Friends,

We ended the season on a strong note with a 20th-place finish at the NCAA Championships in St. Louis.

It was great to see how well our guys performed individually in St. Louis after a rough first-round draw.



Brad Penrith

It was especially gratifying to see Moza Fay earn All-America honors with a fifth-place finish at 165 pounds. Moza put in a lot of hard work from last year's NCAA Championships to this year's tournament and it paid off.

I had a feeling all year long that our guys would pull together at the end and we could have a solid team finish. Everything came together at just the right time and we had everybody healthy when they needed to be at their best.

We simply got consistently better as the year went along. It was especially evident at the West Regional where we won our 23rd straight regional team crown and had six individual champions.

Now we are gearing up for our annual year-end banquet which is set for April 19 at 4 p.m. in the McLeod Center's Alumni Suite. I hope to see many of you there to help celebrate this season and honor our four seniors.

This year's group of seniors meant a lot to the program and they will not be soon forgotten. Great job to Danny Dunning, Alex Dolly, C.J. Ettelson and Justin Swafford.

Brad

Profile From the Past: LeRoy Alitz

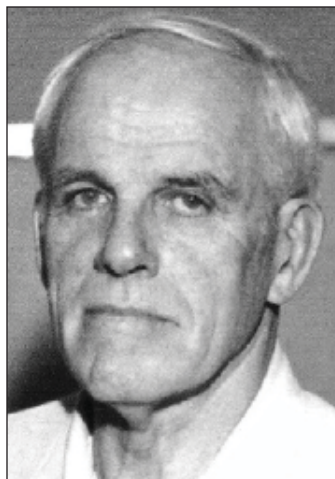
BY DON FRAZIER

The late 40s and early 50s were certainly notable years for the Panther wrestling program ... names like Bill Nelson, Bill Smith, Bill Koll, Gerald Lee-man, Keith Young, Gene Lybbert just to mention a few ... brought fame and glory to the Iowa State Teachers College campus in Cedar Falls. One name that might not be so familiar, yet is one of only eight former Panthers to be inducted into the National Wrestling Hall of Fame in Stillwater, Okla., is that of LeRoy Alitz. Although he was an All-American for only one year, and that was his fourth-place finish at 191 pounds in 1948. LeRoy went on to establish one of the finest coaching careers in collegiate wrestling. He along with Coaches Dave McCuskey (Iowa State Teachers College and University of Iowa) and Bob Siddens, outstanding coach at the high school level (West High School, Waterloo, IA) are the only three coaches in the eighty-five year history of Panther wrestling that have been so honored by their induction into the National Wrestling Hall of Fame (Class of 1992). It is for that reason that LeRoy Allen Alitz, ISTC class of 1948 is our Profile from the Past for this issue.

The following information was gathered from the U.S. Military Academy website and will be the basis for our featured former Panther wrestler:

LeRoy Alitz
Distinguished Member
National Wrestling Hall of Fame
Class of 1992

He has probably taught wrestling to more young people than



LeRoy Alitz

any other man. In four decades as coach and physical instructor at the U.S. Military Academy, LeRoy Alitz educated more than 30,000 cadets in the skills and discipline of the sport. As Army officers, these former cadets continue to teach wrestling as physical training for combat troops.

During 23 seasons as varsity coach, 1955-77, Alitz won 144 dual meets and produced Army's only NCAA champion, Mike Natvig, in 1962 and 1963. Six years of high school coaching in his home state of Iowa (Osage High School 1948-54) pushed his victory total to over 200.

Alitz led the United States to the World Military Games championship in Egypt in 1963, the nation's first international team trophy in wrestling. He also coached the World University team in the Moscow games of 1973 and several All-Army teams that competed overseas.

He brought many notable to West Point, including Hall of Famers Doug Blubaugh and Gary Simmons, and helped shape their post-graduate international careers. One of his protégés as a varsity wrestler and freshman coach

at the Academy was H. Norman Schwarzkopf, later the Commanding General of Allied Forces in the Gulf War.

Alitz helped develop Eastern wrestling programs and inaugurated the little Easterns for freshman until they were granted varsity eligibility.

He had national impact as Chairman of the NCAA rules committee for six years and was a member of the governing council of USA Wrestling for a dozen seasons. He served as President of the National Wrestling Coaches Association and the Eastern Intercollegiate Wrestling Association and helped develop the Eastern and National Wrestling Officials Associations.

An All-American at Northern Iowa, he placed fourth in the 1948 Olympic Trials. As a leader, who established foundations for the development of wrestling and a teacher of values in life, LeRoy A. Alitz is honored as a Distinguished Member of the National Wrestling Hall of Fame.

A final note to add to the website story. Alitz graduated from Iowa State Teachers College in 1948 with a Bachelor of Arts Degree in Physical Education. In addition to wrestling, LeRoy was also a guard on the ISTC football team.

A resident of Hopewell Junction, New York, near the Academy he served so admirably, Coach Alitz died April 15, 2006. It is with pride and honor for a gentleman who served not only his alma mater, Iowa State Teachers College, but his country, the United States of America, that we dedicate this Profile from the Past article to LeRoy Allen Alitz.

Editor's Note: It is our current plan to publish one more issue of the Notebook (newsletter) before the "summer recess" comes upon us.

We sincerely apologize for the "extended" delay in the publication of the last issue. This was caused by material availability and printing problems. In addition, the quality and clarity of the pictures were disappointing. We will endeavor to do better. Hope you enjoy this issue of the Notebook and look forward to the next one.

Please send us your email address if you have one and are not receiving the Newsletter via that method. Send your email address to either Jose DeAnda (josedanda@uni.edu) or Colin McDonough (colin.mcdonough@uni.edu).

Any comments, questions or suggestions for future Newsletters may also be sent to the above individuals at their email addresses, or call 319-273-5456.

Yours for Better Reading,
Don Frazier



Wrestling Banquet Set for April 19

The year-end UNI Wrestling Banquet and Awards Ceremony is scheduled for Sat., April 19, 2008, at the McLeod Center Alumni Suite. Starting time is 4:00 PM, and the cost is projected to be \$15 per person.

We urge all Panther wrestling supporters to attend this gala event...excellent food and fellowship. Let's show our appreciation to all our wrestlers and coaches for the long, hard and exciting season they have given us.

Parking is available on the west side of the center...enter at the Eldon Miller Plaza area. See you on the 19th!

Frank Gotch Day Celebrated April 3 in Waterloo

On April 3, 1908, an Iowa farmer by the name of Frank Gotch changed the world of wrestling forever. This native of Humboldt, already the American heavyweight champion, journeyed to Chicago and defeated the legendary Russian Lion, George Hackenschmidt, to win the world's championship. Gotch's victory set off a wild celebration among wrestling fans across the state and around the nation.

In commemoration of this great victory 100 years ago, Frank Gotch Day was celebrated on April 3, 2008, not only in Humboldt, but in Waterloo as well in conjunction with activities planned by the Dan Gable International Wrestling Institute and Museum (DGIWIM) as they invited two legendary wrestling figures, Dan Gable, Bob Steenlage, Tolly Thompson and Randy Lewis to participate. In addition, Mayor's Tim Hurley of Waterloo and Walter Johnson of Humboldt declared April 3 as Frank Gotch Day in their respective cities.

"This is a very important date in wrestling history and we didn't want it to pass unnoticed," said Mike Chapman, Executive Director of DGIWIM. "Gotch has had a tremendous impact on wrestling in the state of Iowa and around the nation. Having these special gentlemen here was a very special occasion for all wrestling fans."

"It was Frank Gotch's popularity that helped start a movement to add wrestling in high schools and colleges, and it was the legacy of Frank Gotch that turned Iowa into the great state of wrestling that it is," said Chapman. "Many of the "old timers" interviewed in 1980s, coaches like Paul Scott of Cornell, Dave McCuskey of Iowa State Teachers College and Iowa and Dr. Harold of Iowa State, all said Gotch was their hero when growing up.

Activities were planned for the whole day, starting with a luncheon at the Five Sullivan Brothers Convention Center along with other events at the Museum.

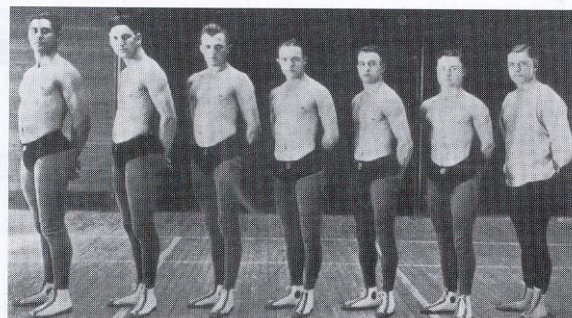
Stender Wins Dave Schultz Memorial Invitational

UNI Conditioning Specialist Coach and former Panther three time All-American, Sean Stender captured top honors in the 96 kg/215.5 pound Freestyle Division of the Dave Schultz Memorial International tournament held in Colorado Springs, Co., on Feb. 8-10.

Wrestling for the Sunkist Kids Wrestling Club, Stender competed against the world's best and came away with the championship. After an opening round 5-1, 3-1 win over Chris Weidman (New York Athletic Club), Stender advanced to the quarter-finals match where he defeated Israel Silva (Sunkist Kids Wrestling Club) 1-0, 3-1. A 2-0, 0-1, 1-1 win over Bartnicki Wladyslaw of Poland put Stender in the championship match against Stefan Kehrer from Germany where Stender prevailed with a 2-1, 1-0 victory.

Congratulations to Coach Sean Stender, winner of the Dave Schultz Memorial International tournament.

UNI PANTHER WRESTLING TRIVIA QUESTION



The above squad was one of only six teams in Panther history to go undefeated and untied. What was the year and season record? Turn to pg. 7 for the correct answer.

UNI Grappler Profile: Senior C.J. Ettelson

BY DON FRAZIER

Just about everyone is familiar with late night host David Letterman's "Top Ten", but perhaps not everyone is aware that UNI senior C.J. Ettelson has entered the elite "Top-Twenty" status of Panther wrestlers in total career wins, and "Top Ten" in total career pins. C.J. has just finished his fifth year as a Panther wrestler...four as the 141 pounder starter for the Purple and Gold.

C.J., as he will be referred to in this article, has always



C.J. Ettelson

been identified by just his initials, ever since he was born. He was named after his uncle (first name) and his great grandfather (middle name). Now we don't want to give away the "secret" of his name...but to give you a clue, his first name is that of a Spaniard who discovered America and his middle name is the same as a bible person that wrestled with an angel. (Genesis 32: 22-29) Enough said?

C.J. is the son of Tim and Teri Ettelson who reside in Hudson, Iowa. There certainly are some wrestling "bloodlines" in the Ettelson family. It started with C.J.'s grandfather who was the first state qualifier from Iowa City High. C.J.'s father wrestled for Newton High School, Central College (Pella, Iowa) and then coached at West Branch and Hudson. In addition, three uncles (Will, Kris and Ed) had wrestling backgrounds as well as two brothers (Jon and Jared). Only sister Mandy hasn't put on a singlet, but as a senior at Hudson she keeps busy with many high school activities.

This certainly isn't meant to be disrespectful, but you had better "mind your manners" when you're around C.J.'s mother, Teri, because we have it from a very good source that she took a course in wrestling when attending UNI.

Her instructor was former coach Don Briggs and her wrestling partner was All-American Efonda Sproles (1980-82). It's also reported that she got an A in the course. In

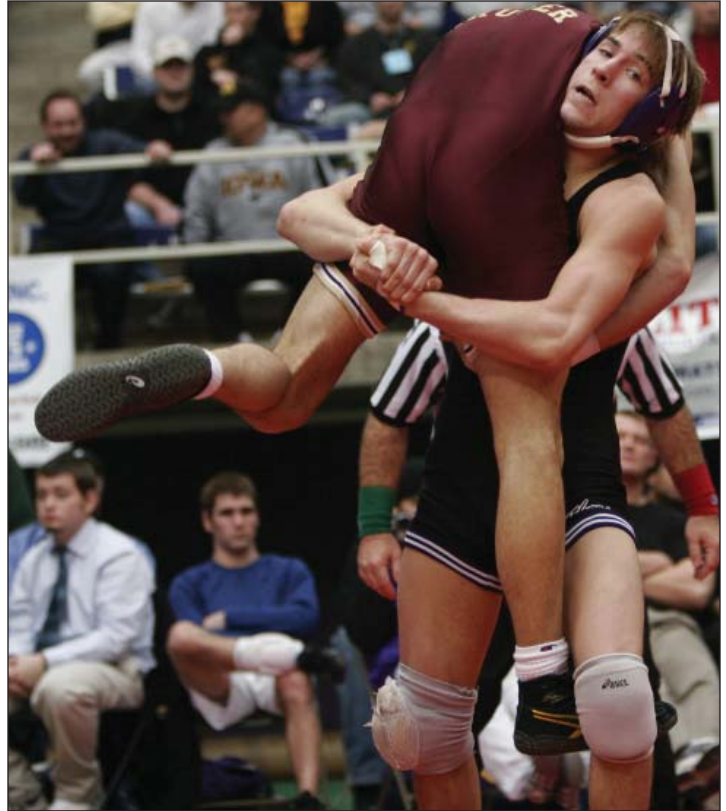
addition, she is an accredited wrestling official and referee, but has chosen not to pursue that career.

And then there's younger brother Charlie, a two-year "veteran" in the UNI program representing the Panthers at 149 pounds. C.J. and Charlie started "battling" each other when they were about four and six years old (and they still have the videos to prove it.) But let someone else pick on either one and that person would have to deal with the Ettelson brothers. C.J. started wrestling in "earnest" when he was in seventh grade. After several years of junior high and club participation C.J. was ready to break into varsity competition when he filled the 112 pound slot and won his first Iowa State 1A title for Coach Toby Bedard and the Hudson Pirates. The next year (2001), C.J. moved up one weight to 119, winning his second state championship with an undefeated season. Could the string continue as a 130 pound junior? Yes, it could and did with his third state title and another undefeated season.

His senior year, at 135 pounds, brought the challenge of joining an elite group of high school wrestlers who had won four consecutive state championships, and C.J. set his sights on becoming a member of that group of thirteen (at that time). Working his way to the finals, Ettelson achieved his goal (fourth title) with a convincing 11-2 major decision over Kyle Burkle (North Linn). C.J.'s win also helped the Hudson Pirates win the 1A Iowa state team title.

That same year (2003), Mack Reiter of Don Bosco, Gilbertville won his fourth state championship, and subsequently two more wrestlers, Jay Borschel (Linn-Mar) and Joey Staton (Cedar Rapids Kennedy) joined the group in 2005. So C.J. Ettelson of Hudson, Iowa, became one of only seventeen wrestlers in the eighty-two years of the IHSAA sanctioned sport to win four titles.

Ettelson finished his four-year high school stint with a record of 161-3 (his three losses coming in his freshman year) while recording 102 pins. Other accolades included receiving the Dave Schultz Award, Academic All-American team by Wrestling USA, High School All-American, four-time Academic All-State, and third place at the USA Wrestling Junior Nationals.



What was next? And how did C.J. become a Panther? "I had been associated "indirectly" with the UNI program for some time. I was a Cat Club member for a number of years, so I knew the coaches and some of the wrestlers real well. When I was first "eligible" to sign, Coach Penrith approached me and asked me to sign a letter of intent. He said he wanted me to be the "nucleus" of recruits he was interested in signing for 2003."

And quite a recruiting class it was...ranked third or fourth by many of the national wrestling publications. The 2003 recruiting class, with Ettelson (4X Iowa), included Cale Griffin (3X Missouri), Jeremy Meyer (2X Newton) Colby Goetsch (Ankeny), Gabe Rostermundt (Lewis Central-Council Bluffs), Justin Swafford (Mediapolis), Tonly Pretto (2X Illinois), Ivan Wiggins (New Jersey) as well as other high regarded high school wrestlers like Alex Dolly (Indiana), Dan Dunning (West Waterloo) and Adam Baumgartner (West Delaware).

Coming into the UNI program as a very heralded high school wrestler, C.J. still had to "wait his turn" because of the personnel representing the Panthers at that time. Wrestling at 135 pounds his senior year in high school at Hudson, Et-

telson entered college at the 141 pound level where Dylan Long and Mark Manchio were performing so well. "It was quite a learning experience working in the room with those two guys. I knew how good Dylan was and I really respected him. At first Long would really 'beat me up,' so I decided to use him as a measuring stick and set my goals. The first couple of weeks I would just try to get a takedown. Then I progressed to several takedowns and improve my riding time, working harder to get better each week. Wrestling him helped me set my standards and reach new levels in my technique and performance." With fourth place finishes at both the Fort Dodge and UNI Open tournaments, C.J. showed the promise that was expected of him in his first year of competition.

Returning for his freshman year (2004-05), and with the departure of All-American Dylan Long, Ettelson was right in the mix for a starting job at 141 pounds with fellow teammates junior Mark Manchio and freshman Justin Swafford. Wrestling in eleven of the fifteen dual meets, C.J. ended that portion of the season with a 5-6 record, and then representing the Purple and Gold at the West Regional, C.J. helped the Panthers capture the championship (over Fresno

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Continued – UNI Grappler Profile: C.J. Ettelson

State) with a 7-5 SV victory over Jake Kriegbaum of the Air Force Academy. Earning a trip to the “big show”- the NCAA Championships in St. Louis, Mo. Ettelson was eliminated from competition after two losses. In addition to his West Regional title and appearance at Nationals, C.J. captured fourth place at the Kaufman-Brand Open and third at the UNI Open. Completing the 2004-05 season with an impressive overall record of 22-12, including four pins and two technical falls, Ettelson’s performance was recognized by his coaches as the recipient of the UNI Wrestling Rookie Award.

Coach Penrith and his staff have always been known for the extremely tough schedule they select for their wrestling squad. Penrith’s philosophy is “if you want to be the best, then you have to wrestle the best.” With dual meets against strong opponents like Minnesota, Iowa, Wisconsin, Oklahoma State, Central Michigan, Iowa State, Chattanooga and Missouri, C.J.’s experience from the previous year was counted upon to help UNI compete at the Division I level, with another grueling schedule ahead for the Panthers, and Ettelson “on course” for an exciting year of wrestling.

Ettelson’s “course” was right on target, as the sophomore from Hudson, Iowa, compiled an impressive 10 and 5 dual meet mark on the way to an overall 30-12 season record. He joined two other Panther wrestlers at the thirty win plateau-Moza Fay (30-8) and Nick Baima (34-5). Included in his dual meet wins were victories over such notable wrestlers as Manual Rivera (Minnesota), Ed Gutnik (Wisconsin), Ed Kruger (Central Michigan), Matt Easter (Cornell) and Michael Keefe (UT-Chattanooga). Season tournament participation resulted in a fourth place at the Harold Nichols Open, second place at the UNI Open, and third place at the prestigious Midlands.

Completing a rigorous dual meet season, the West Regional at Laramie, Wyoming was next, and C.J. gained top honors at 141 pounds with a pin at 1:43 of Air Force’s Jacob Kriegbaum, and helped the Panthers capture the Regional in convincing fashion with a winning total of 95.5 points over second place Wyoming (86.0). Next up was the NCAA Champion-

ships at Oklahoma City, OK. where C.J. came within one victory of gaining All-American status. After a win over Vincent Ramirez of North Carolina and a loss to highly regarded Andy Simmons of Michigan State, C.J. racked up two decisions over David Pinaar of Slippery Rock and Sean Markey of The Citadel, before losing to Ryan Lang of Northwestern (Lang went on to claim fourth place at 141). Thus Ettelson came within that “one victory” of claiming that coveted All-American honor. Climaxing a stellar sophomore year, including a team-high thirteen pins, Ettelson received the Most Improved Award at the year-end banquet.

Heading into the 2006-07 season, Penrith was quoted as saying, “C.J. is a great wrestler and he will continue to develop this season, and is expected to be one of the leaders on the squad. He is one of the best wrestlers in the nation in his weight division in the top position. There is no doubt he will represent us well this year.” The season started with dual meet wins over ranked opponents Alex Tsirtsis (Iowa), Kyle Ruschell (Wisconsin), Mitch Mueller (Iowa State), Josh Keefe (UT-Chattanooga) and fourth-place finishes at the Harold Nichols, Kaufman Brand, UNI Open and the Midlands. Then the “injury bug” hit C.J. as he tore his meniscus (knee cartilage), during the NWCA Cliff Keen National Duals on January 13. The injury required surgery and Ettelson missed a month of action before returning for the last dual meet of the season with a major decision over Derek Pirner of South Dakota State, 9-1. Gaining runner-up honors at the



West Regionals held in Cedar Falls, C.J. advanced with a wild-card selection to the NCAA National finals for the third consecutive year. After a first-round loss to the eventual champion Derek Moore of UC-Davis, C.J. captured wins over Tim Harner (Liberty) and Mitch Mueller (Iowa State) before being eliminated by a loss to Kyle Ruschell of Wisconsin.

Year-end honors awarded to C.J. were second-team WWC Conference Team, and WWC Commissioner’s Honor Roll by virtue of his 3.01 GPA in Marketing. Season totals included a 6-3 dual meet and 28-13 overall records, along with seven pins.

Returning for his senior year (2007-2008), and wrestling again at 141 pounds, Ettelson set his sights on becoming a four-time national qualifier and even more. “C.J. was wrestling phenomenally well last

season until he injured his knee at National Duals,” Penrith said. “We determined he should have surgery rather than risk further injury in the year. C.J. had the surgery but wasn’t at his peak at the West Regional. When he’s healthy and wrestling to his ability he is one of our main guys.”

Hampered by a hyper-extended elbow, C.J.’s participation in early season tournaments (third at the Loras Open) was limited, but again competing in an extremely tough schedule (nine matches against National Qualifiers) he was able to compile an 8-5 record. His biggest win of the season came when he knocked off No.1-ranked Kellen Russell of Michigan by a 9-3 score in the National Duals. Ettelson completed a perfect 4-0 record against WWC opponents with wins over Gifford- 16-0 (Wyoming), Lohr-fall at 0:54 (Northern Colorado), Cooley- 5-0 (South Dakota State) and Martin-fall at 5:17 (North Dakota State).

In their final appearance before the home fans in the McLeod Center against North Dakota State, Coach Penrith’s pre-match message to his two starting seniors, C.J. and Alex Dolly (174 pounds) was “finish with a flair.” Penrith whispered those sentiments to Ettelson and Dolly just moments before each took the mat for their final home bout at Northern Iowa Panthers.

“Coach Penrith kind of whispered in my ear that it would be kind of nice to go out with a pin,” said Ettelson. Building a 14-1 lead by the end of the second period, his opponent Geoff Martin chose the



Continued – UNI Grapppler Profile: C.J. Ettelson

neutral position to start the third. The two locked arms around each other at the start of the last two minutes, with C.J. gaining the upper advantage quickly, tossing Martin to his back for the pin.

“I was going to take the technical fall, but Penrith was like ‘you have to take him to his back.’ I guess Martin thought he was going to throw me, but I was like that’s my strong position...over, under on the left side. I just stepped around him, popped and arched...hit it and it felt good.”

The NCAA West Regional, held at Fargo, N.D. found C.J. coming out of the tournament with a 3-2 record, earning him a wild card selection and advancement to the Nationals. The Panthers were able to win the Regionals for the twenty-third straight year with an overwhelming point total of 119.5 to runner-up Air Force with 64.5, and qualifying nine wrestlers for the NCAA Championships in St. Louis. Unfortunately Ettelson’s performance was not what he expected or wanted as he lost his first two matches and was eliminated from tournament action. On the positive side, the Panther finished in 20th place as a team, and crowned an All-American as junior Moza Fay captured fifth place at 165 pounds.



With the 2007-2008 wrestling season in the books C.J. finished his senior year recording an overall record of 15-12, 8-5 in duals and registered five pins. He was also selected to the WWC Conference third team.

C.J. was asked to reflect upon his before and after approach as it applied to his wrestling matches. “It was really pretty basic,” he replied. “Before the match I would try and keep my mind clear and not think about it until ten minutes

before stepping on the mat...so I wouldn’t get too wound-up. I really didn’t want to know that much about who I was going to wrestle and the coaches would develop a game plan and I tried to stay with it. After the match...win or lose- I would try to again relax and reflect upon what went right and wrong... and what to work on. The coaching staff worked with us to have the attitude of whatever the outcome... win or lose-to do it graciously.”

On the personal side, C.J. has a very good relationship with his younger brother Charlie, who was also an Iowa state high school champion for Hudson in 2004 and 2005 at 135 pounds. They are roommates and workout partners in the practice room as Charlie has represented the panthers at the 149-pound varsity level. “We push each other pretty hard and help provide motivation to keep improving.”

This past summer, C.J., Charlie and fellow wrestler Andrew Anderson (197 pounds) toured Europe, staying in hostels, while visited France, Germany, Italy, Spain and Ireland. “It was a fun and interesting experience.”

C.J. looks at wrestling not only as a sport, but also as a way of life. “It requires a lot of time and effort to be where you would like to be...it’s an interesting challenge to balance wrestling and academics (by the way C.J. is a very good student). Our team and coaches are a very close-knit family. I look at our coaches as not only trying to make us better wrestlers, but as mentors they give us whatever help we need to make us better individuals.”

C.J.’s parents, Tim and Teri, have always been there when needed, giving support and confidence. He says, “They have been, and remain, the biggest influence in my life, and have taught me the lesson of never give up, keep trying and nothing is impossible.

As for hobbies, C.J. likes to play regular and disc golf, barbecue, sleep and hang out with the guys. His favorite food is lasagna and favorite movie is Confidence.

Majoring in marketing, as a senior C.J. has already begun the interview process by visiting several large companies about jobs.

C.J. has had his hand held high in victory a total of 256 times, 161 as a high school athlete, and 95 times wearing the black singlet with purple trim as a representative of UNI. As mentioned at the start of the article, C.J. has moved into the esteemed position of seventeenth for total career victories with ninety-five, and seventh place for total career pins with twenty-nine. Add to that his outstanding high school record of four state championships, four-time NCAA National qualifier, plus many more accolades, it’s easy to see that C.J. has certainly had his share of exhilarating moments. If as some people say, life is a series of hills and valleys, then in this writer’s humble but confident opinion, C.J. may proudly hold his head high and start his climb up that next hill as he has certainly brought many moments of success and pride to the UNI Panther wrestling program. Best of luck to this personable and accomplished young man, C.J. Ettelson.



'Team spiritual coach' helps UNI wrestlers find faith

BY SUE WILLETT
THE COURIER

Ken Klingman is a big fan of wrestling.

While never a wrestler himself while attending Valley Community High School in Northeast Iowa, he attended the University of Northern Iowa in 1962 where his roommate was an All-American UNI wrestler.

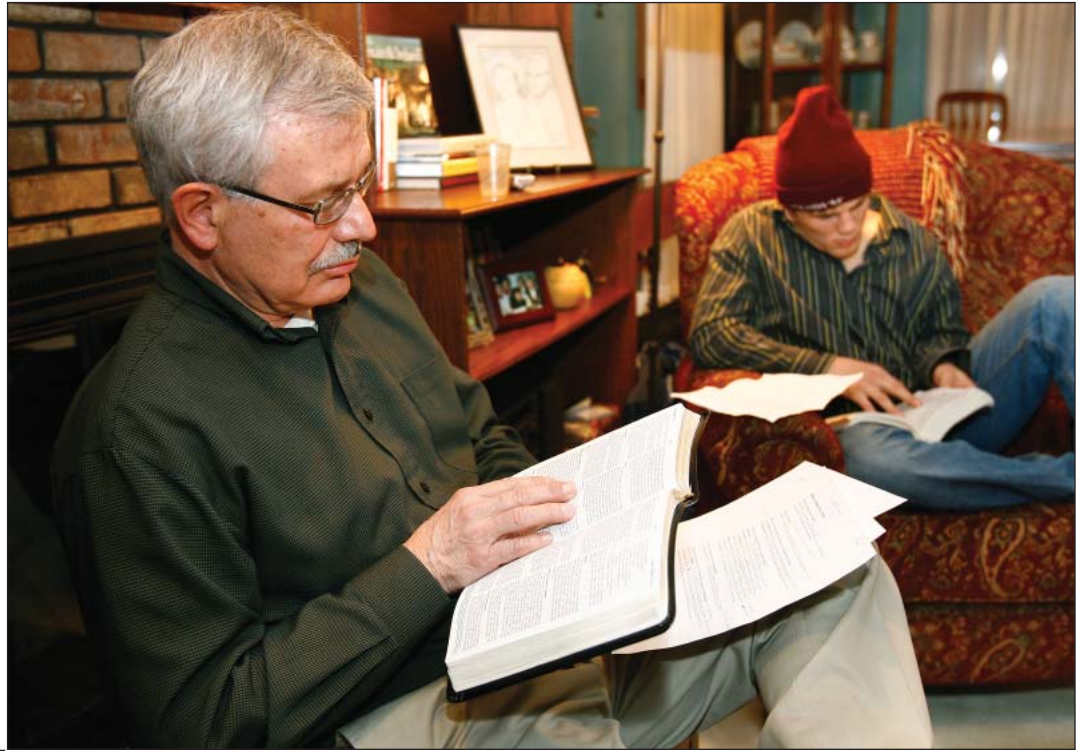
Klingman's passion for wrestling grew when his youngest son, Kevin, wrestled for Cedar Falls High School, but it wasn't until his oldest son, Kyle, took him to watch an Iowa Hawk-

eye wrestling practice at Carver Arena eight years ago that his passion for wrestling turned into a ministry.

While watching the Hawkeyes practice that day, Klingman, an associate pastor at Trinity Bible Church in Cedar Falls, began to engage in a spiritual conversation with Tom Brands, who was an assistant coach at that time.

Brands took an interest in Klingman, and it wasn't long before Klingman found himself driving to Iowa City to conduct a Bible study with Brands and another assistant coach, Bill Zadick, every other week.

"For four years I traveled to Iowa City to lead a Bible study with Tom and Bill," shares Klingman. "I enjoyed my relationship with them so much. During those years it opened up the world of wrestling to me on an international level, and I had the opportunity to meet so many world-class athletes. When Tom took a coaching posi-



tion at Virginia Tech, I knew that I wanted to continue my wrestling ministry. I presented the idea to UNI Coach Brad Penrith to see if he would be interested."

Today, Klingman has been designated the "team spiritual coach" for the Panther wrestlers. He has been invited into the locker room to pray with the athletes before meets, hosts a weekly Bible study in his home with his wife, Linda, and enjoys participating in outreach activities with the wrestlers.

"I love being around these guys," Klingman said. "It's really an honor. They are so motivated, bright and fun athletes. I don't know that I have ever enjoyed an outreach ministry so much."

Every Wednesday evening a small group of UNI wrestlers gathers around the fireplace in the Klingman's home to enjoy fruit smoothies while engaging in discussions on topics of interest to college students.

"We talk about real life issues,"

Klingman said. "We discuss topics such as relationships, time management, how to integrate your faith with wrestling and how to be a mean wrestler yet a caring Christian. We often have conversations on how to be humble, how to react after a match, how to handle defeat and how to glorify God in their wrestling.

"I base my wrestling ministry on the Bible verse Luke 2:52, helping these young men grow in their faith and to make a positive impact on the world," Klingman said. "These are really tough guys and highly skilled Division I athletes.

"Most of them were state champions when they were in high school. They are very disciplined and motivated. They want to wrestle in a way that their faith is evident."

UNI wrestler Moza Fay, a 165-pound junior from Anamosa, enjoys attending Klingman's weekly Bible story with his teammates.

"Since I spend so much time

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Klingman Story - Continued

with these guys, it's nice to have teammates with the same beliefs and moral values as I do," Fay said. "It makes life a lot easier."

"The reason why I wrestle is to glorify God," adds Fay. "God has given me the ability to wrestle, and I try to represent him the best I can."

"Being a part of Ken's Bible study keeps me focused on doing the right things," says freshman UNI wrestler Jamal Lawrence from Indiana.

Like Fay, Lawrence desires to wrestle in a way that his faith is evident.

"I always pray before a match," he said. "When I am up against a tough opponent. I ask God to give me strength."

"I've grown much closer to God by attending Ken's Bible studies," shares freshman UNI wrestler Micah Casper from Kalona.

"Adjusting to college life has been tough, and having my faith has really helped. Now that I am on my own, I have to look to God as my source of strength. God has given me the ability to wrestle, and I praise him for that ability by always doing my best."

"I really look forward to Ken's

Bible study every week," says UNI wrestler Trevor Kittleson from St. Ansgar. "Ken's a real encourager. Every time I talk to him I get a smile on my face. He always has a Bible verse that relates to every situation."

"Since attending Ken's Bible study I've been able to make my faith more a part of my wrestling," adds Kittleson. "I don't worry so much about things. It helps me be at peace, relax about stuff and stay focused on the tasks at hand. I've learned to put it all in God's hands."

Glen Brand Wrestling Hall of Fame - Class of 2008

Six new state of Iowa wrestling legends will be inducted into the Glen Brand Wrestling Hall of Fame-Class of 2008. The induction will take place at 1 p.m. at the Dan Gable International Wrestling Institute and Museum, Waterloo, Iowa on April 19, 2008. This group, consisting of Mike Natvig (Army), Tim Krieger (Iowa State), Mike Van Arsdale (Iowa State), Duane Goldman (Iowa), Chuck Patten and Dan Meshek both of UNI, will be the seventh class to enter the hall, which is named for the former Iowa State star Glen Brand- 1948 Olympic champion.

The two inductees from UNI, Chuck Patten and Dan Meshek are several of the most respected coaches in Iowa history. Chuck Patten was head coach at the University of Northern Iowa for eighteen years (1965-82), compiling an overall record of 217-87-8, for a winning per-

centage of .708. His 1975 and 1978 teams were Division II Champions, along with thirteen other teams that placed in the top ten. Along the way he coached 12 Division II National Champions who captured 20 titles, as well as 67 All-Americans (16-Division I and 51 Division II).

Patten wrestled at East Waterloo High School, placing fourth in the 1955 state meet, and for Bill Koll at UNI (1959, 60, 61). He was president of both Division I and Division II Coaches Associations and was Chair of the NCAA Wrestling Rules Committee from 1976-78, the only Division II coach to receive that honor. He also served as a color commentator for Iowa Public Television broadcasts from 1983 to 1986. He currently resides in Everett, Washington.

Dan Meshek did his wrestling at West Waterloo High School (under Hall

of Famer Bob Siddens) and at UNI for Chuck Patten (1968-69), but earned his greatest fame by far as an Iowa high school coach. In fact, retiring this past season with a record of 519-105-5, he has the most dual meet wins of any coach in Iowa history. He started the program at Don Bosco of Gilbertville in 1970 and quickly made the Dons a perennial power. While there, he claimed four traditional team titles, and one dual team title. He saw 20 of his wrestlers win a total of 24 individual state titles. He began coaching at North Scott in 2000 and compiled a record of 93-30. One of Dan's state wrestling champions while at North Scott was Sean Stender (2000) who went on to UNI and became a three-time All-American (2003-04-05). Mashek currently lives in Eldridge, Iowa.

UNI PANTHER WRESTLING TRIVIA ANSWER

Answer to trivia question on pg. 2. This was the first undefeated team ... 1923 ... and their season record was a whopping 1-0 as they triumphed over Cornell College of Mt. Vernon, Iowa, 16-8. Other undefeated teams were in 1928 (2-0) and 1929 (3-0) under Coach Paul Bender; 1949 (4-0) and 1950 (11-0) under Coach Dave McCuskey; and 1956 (10-0) under Bill Koll. Four other teams compiled seasons in which they were undefeated, but tied ... 1941 (7-0-1), 1943 (2-0-1), 1946 (5-0-1) and 1947 (5-0-3) - all under Coach Dave McCuskey.

2007-08 UNI Wrestling Statistics/Results

Wt.	Wrestler	Overall	Duals	Career	C. Duals	Points	MD	TF	Pin	Quick
						UNI-OP	W-L	W-L	W-L	Pin
125	Cruse Aarhus	11-9	0-0	11-9	0-0	--	5-2	1-0	0-2	--
125	Caleb Flores	9-17	4-9	9-17	4-9	18-36	0-2	0-0	1-6	3:26
133	Josh Baldrige	9-7	5-5	9-7	5-5	21-20	2-3	0-0	3-2	3:54
133	Trent Washington	8-3	1-2	8-3	1-2	3-7	2-1	2-0	1-0	3:08
133	Mike Whisler	0-2	0-0	3-15	1-7	--	0-0	0-0	0-1	--
141	C.J. Ettelson	15-12	8-5	95-49	29-19	33-15	2-0	1-1	5-1	0:30
149	Charlie Ettelson	13-8	4-4	24-18	7-6	17-14	6-0	2-1	2-0	1:34
149	Blake Hilmer	6-8	0-0	6-8	0-0	--	1-1	0-1	1-2	4:31
149	Daniel Humpal	0-4	0-0	0-4	0-0	--	0-2	0-1	0-0	--
149/157	Trevor Kittleson	21-9	1-0	21-9	1-0	3-0	5-1	1-0	2-1	1:40
149/157	Jamal Lawrence	19-7	0-0	19-7	0-0	--	5-1	0-0	3-0	1:30
149	Nick Pickerell	21-9	3-2	21-9	3-2	12-9	1-0	2-0	5-4	1:04
149	Cole Zempel	4-2	0-0	4-2	0-0	--	1-0	0-0	0-1	--
149	Justin Swafford	0-0	0-0	28-22	3-4	--	0-0	0-0	0-0	--
157/165	Jarion Beets	6-7	1-4	6-7	1-4	3-19	1-1	0-0	3-3	0:35
157/165	Micah Casper	3-8	0-0	3-8	0-0	--	1-1	0-0	1-2	1:25
157	Seth Pugh	17-8	1-0	17-8	1-0	3-0	5-1	0-2	2-2	2:36
157	Tyson Reiner	6-8	3-4	14-16	3-4	10-13	1-2	0-1	2-1	2:03
165	Moza Fay	25-8	8-4	90-26	29-8	35-16	8-1	1-0	11-2	0:28
174	Alex Dolly	19-12	7-6	60-51	14-24	29-19	3-2	2-0	7-0	1:01
174	Drew Kreman	3-6	0-0	3-6	0-0	--	2-0	0-0	1-0	1:40
184	Danny Dunning	8-5	1-1	44-48	9-18	6-4	0-1	0-0	0-1	--
184	Scott Hazen	5-7	0-0	11-14	0-0	--	2-0	0-0	0-1	--
184	Andy O'Loughlin	12-16	4-7	12-16	4-7	14-22	2-4	2-0	1-0	0:55
197	Andrew Anderson	21-11	8-5	62-53	18-25	32-19	7-1	0-0	5-1	1:22
197/285	Pat Mahan	8-8	0-0	8-8	0-0	--	2-1	1-0	0-1	--
285	Dustin Bauman	13-13	6-7	13-13	6-7	24-24	1-4	1-0	2-0	1:07
285	Christian Brantley	17-6	0-0	17-6	0-0	--	3-0	0-0	4-0	1:34

2008 NCAA WRESTLING CHAMPIONSHIPS UNI'S BOUT-BY-BOUT RESULTS

125 lbs. - Caleb Flores (0-2)

L, Brandon Zoetewey (Cal State Bakersfield) - 10-3
L, Nikko Triggas (Ohio State) - Fall 3:24

133 lbs. - Josh Baldrige (1-2)

L, #1 Franklin Gomez (Michigan State) - 12-4
W, Rick Deubel (Edinboro) - Fall 4:43
L, Lou Ruggirello (Hofstra) - Fall 0:41

141 lbs. - C.J. Ettelson (0-2)

L, Adam Frey (Cornell) - 16-1
L, Patrick McLemore (Northern Illinois) - 3-1

149 lbs. - Nick Pickerell (0-2)

L, #12 Morgan Atkinson (Cal State Fullerton) - 8-6
L, Joshua Wagner (Missouri) - Fall 2:04

157 lbs. - Tyson Reiner (1-2)

L, #5 C.P. Schlatter (Minnesota) - 4-2
W, Jeff Marsh (Michigan) - 5-2
L, #6 Matt Kocher (Pittsburgh) - 18-1

165 lbs. - #8 Moza Fay (5-2)

W, Matt Epperly (Virginia Tech) - 9-0
W, #9 Trevor Stewart (Central Michigan) - Fall 5:53
L, #1 Eric Tannenbaum (Michigan) - 7-4
W, Patrick Pitsch (Arizona State) - 10-2
W, #5 Stephen Dwyer (Nebraska) - Fall 2:39
L, #3 Nick Marable (Missouri) - 7-4
W, #10 Michael Cannon (American) - 13-6

174 lbs. - Alex Dolly (3-2)

L, #1 Keith Gavin (Pittsburgh) - 17-3
W, Shane Riccio (Bucknell) - Fall 1:18
W, Luke Feist (Stanford) - Fall 5:53
W, #8 Gabriel Dretsch (Minnesota) - 10-6
L, #5 Brandon Sinnott (Central Michigan) - 7-3

184 lbs. - Andy O'Loughlin (0-2)

L, Vince Jones (Nebraska) - 9-4
L, Kurt Brenner (West Virginia) - 16-8

197 lbs. - Andrew Anderson (1-2)

L, Logan Brown (Purdue) - 6-3
W, Riley Orozco (Cal State Bakersfield) - 13-3
L, Daren Burns (UNC-Greensboro) - 4-2