











WICCCA
Cross Country
Rankings

NCAA Midwest Region

Women's Intercollegiate Cross Country Coaches Association

MIDWEST REGION RANKING #6

Rank	School	Conf.
1.	 Minnesota	
2.	 Illinois	
3.	 Iowa	
4.	 Nebraska	
5.	 Oklahoma St.	
6.	 Wichita St.	
7.	 Oklahoma	
8.	 Missouri	
9.	 S. Illinois	
10.	 Tulsa	

11.



Missouri St.



12.



UNI



13.



Oral Roberts



14.



Loyola



15.



Iowa St.





Big Ten Conference / Coach Gary Wilson

Rankings	
Midwest Region Rank	National Rank
#1	#6

Team Schedule					
Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/09	Oz Memorial Run (6K)	01 of 02	Win Drake	21:45.27	1:52.35
09/23	Roy Griak Invitational (6K)	04 of 30	Win MichSt, Virg, Butl, Neb, UCLA, Marq, NAU, WichSt, Rice, Ok, Loss UCSB, ArizSt, Baylor	22:02.00	1:21.00
09/30	SDSU Invitational (5K)	01 of 08	Win Neb, SDak, UNI	17:28.20	0:50.30
10/14	NCAA Pre-Nationals Blue (6K)	02 of 36	Win ArizSt, BYU, Prov, MichSt, FSU, Flor, Prince, Iowa, Virg, BC, Weber, LaSal, Ind, N Dame, UCLA, NAU, UC Irv, Wake, Okl, Yale, Mizz, TexAM, Loss Stan	20:57.50	1:04.90
10/29	Big Ten Championship (6K)	03 of 11	Wins MichSt, Ill, Iowa, Ind, PSt Loss Mich, Wisc	21:27.40	1:04.00
11/11	NCAA Regional Champs (6K)				
11/21	NCAA National Champs (6K)				

Team Roster										
Athlete Name	Yr	Hometown	09/09	09/23	09/30	10/07	10/14	10/29	11/11	11/21
L. Albertson-Junkans	Jr	Stillwater, Minn.	21:17	21:40	17:18	20:36	20:53	00:00	00:00	
Gabriele Anderson	So	Perham, Minn.	23:31	23:39	18:05	21:36	21:55			
Emily Brown	Sr	West Allis, Wisc.	20:48	21:16	17:08	20:31	20:52			
Jamie Cheever	Fr	Minneapolis, Minn.	22:00	21:50	17:27	21:04	21:41			
Heather Dorniden	Fr	I.G. Hghts, Minn.	22:40	22:51	17:59	21:55	22:08			
Megan DuWell	So	Wisc.	23:05	23:54	18:35		22:49			
Ariella DePrengerGott				23:14	18:33					
Katie Howery	Jr	DeForest, Wisc.	23:26	23:57	18:45		23:26			
Amy Laskowske	Fr	Palatine, Ill.	23:09	22:47	18:09	21:37	22:04			
Ayla Mitchell	So	I.G. Hghts, Minn.	DNR	DNR	DNR					
Sally Paulson					18:55					
Carie Steil	So	Eau Claire, Wisc.	22:50	DNR	DNR					
Jena Trask			23:25	24:31	19:18					
Elizabeth Yetzer	Fr	Lakevills, Minn.	21:59	22:31	17:27	20:58	21:56			
Rebekah Yetzer		Lakevills, Minn	23:40	24:59	DNR					

Outlook / Notable Runners / Notes

Placed 2nd at last years MW Region meet. Loses Lauren Williams (4th @ 2005 MW Region), Jen Hess (40th @ 2005 MW Region), and Harper McConnell (41st @ 2005 MW Region). Returns 2 of top five and 4 of top seven. Returns Ladia Albertson-Junkans (2nd @ 2005 MW Region, 21st @ NCAA, 4:32 1500m, 16:41 5000m), Emily Brown (3rd @ 2005 MW Region, 29th @ NCAA, 4:28 1500m, 9:56 3000mSC, 16:28 5000m), Katie Howery (62nd @ 2005 MW Region, 209th @ NCAA, 17:35 5000m), and Julie Schwengler (81st @ 2005 MW Region, 217th @ NCAA, 4:34 1500m, 23:29 6kxc). Also returns Gabriele Anderson (2:08 800m), Staci Kalinoski (22:38 6Kxc), Ayla Mitchell (2:10 800m, 5:08 Mile), Carie Steil (11:11 3000mSC), Stefanie Zeihen (11:38 3000mSC). Newcomers include Amy Laskoske (10:36 3200m), Sally Paulsen (5:05 1600m, 11:13 3200m), Elizabeth Yetzer (4:43 1600m, 10:12 3200m), along with RS freshmen Jamie Cheever (2:08 800m, 4:28 1500m, 4:48 Mile), and Heather Dorniden (2:02 800m, 4:20 1500m).



Illinois

Big Ten Conference / Coach Karen Harvey

Rankings

Midwest Region Rank

National Rank

#2

#9

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/01	Illini Open (4K)	00 of 00	No Team Scores Kept	15:21.39	0:39.37
09/15	Illini Challenge (5K)	01 of 04	Wins IllSt, WiscMil, UIC	18:40.80	1:11.00
09/22	Brissman-Lundeen Invite (6K)	01 of 33	No other D-I's competing	21:13.00	0:42.00
09/29	Notre Dame Invitational (5K)	05 of 19	Wins Weber, UF, UGA, UNC, MU, TAMU, NDame, Columbia, SMU, Loss Mich, NCSt, Prov, FSU	17:21.60	0:45.00
10/14	NCAA Pre-National White (6K)	05 of 37	Wins Colorado, Tenn, GTown, Iona, UGA, CoSt, But, Columbia, UNC, Vill, Marq, WashSt, OkSt Wash, Cornell. Loss NCSt, Mich, Wisc, UCSB	21:03.90	1:07.10
10/29	Big Ten Championship (6K)	05 of 11	Wins Iowa, Ind, PSt, Purd, NW, Losses Mich, Wisc, Minn, MichSt	21:30.00	1:29.00
11/11	NCAA Regional Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/01	09/15	09/22	09/29	10/14	10/29	11/11
Jacqui Albert	Jr	Crystal Lake, Ill.	15:11	19:35	DNR	00:00			00:00 00:00
Stephanie Baliga	Fr	Rockford, Ill.	DNR	DNR	21:09	17:41	21:09	21:24	
Taylor Bennett	Fr	Bourbonnais, Ill.	15:20	19:13	DNR	DNR			
Angela Bizzarri	Fr	Mason, Oh.	DNR	DNR	20:54	16:56	20:25	20:49	
Theresa Brokaw	Fr	Stronghurst, Ill.	DNR	18:38	23:15	DNR	22:15	22:46	
Maggie Carroll	Jr	Brimfield, Ill.	DNR	DNR	21:36	17:33	21:33	22:18	
Katie Coppin	Jr	Park Ridge, Ill.	DNR	DNR	DNR	DNR			
Katie Engel	So	N. Gower, Ontario	DNR	DNR	21:52	18:28			
Rachel Hernandez	Jr	Romeoville, Ill.	DNR	18:02	DNR	17:52	21:42	22:35	
Cassie Hunt	Sr	Roachdale, Ind.	DNR	DNR	21:20	17:16	21:19	21:39	
Jamie Kuhl	So	Germantown, Ill.	15:01	19:04	DNR	DNR			
Liz Mengyan	So	Clarkston, Mich.	DNR	18:27	22:10	18:22		22:37	
Shannon Phelan	Fr	Naperville, Ill.	DNR	DNR	21:45	18:24		22:19	
Abby Shunk	Fr	Rchester, Ill.	15:31	19:52	DNR	DNR			
Stephanie Simms	Sr	S. Wilmington, Ill.	DNR	DNR	21:06	17:22	20:51	21:24	

Outlook / Notable Runners / Notes

Placed 3rd at 2005 MW Region meet and 5th at the NCAA championships. Illinois returns 7 of 7 including Cassie Hunt (7th @ 2005 MW Region, 11th @ NCAA, 4:23 1500m, 4:44 Mile, 9:15 3000m, 9:55 3000mSC, 16:17 5000m), Stephanie Simms (13th @ 2005 MW Region, 37th @ NCAA, 4:48 Mile, 9:35 3000m, 16:38 5000m), Katie Coppin (19th @ 2005 MW Region, 87th @ NCAA, 17:28 5000m, 21:02 6Kxc), Katie Engle (24th @ 2005 MW Region, 64th @ NCAA, 4:32 1500m, 9:58 3000m, 17:36 5Kxc), Liz Mengyan (27th @ 2005 MW Region, 155th @ NCAA, 4:42 1500m, 18:12 5Kxc, 21:40 6Kxc), Rachel Hernandez (28th @ 2005 MW Region, 110th @ NCAA, 4:54 Mile, 18:09 5Kxc, 21:14 6Kxc), Maggie Carrol (47th @ 2005 MW Region, 84th @ NCAA, 4:54 Mile, 9:45 3000m, 21:01 6Kxc, 35:42 10000m), Jamie Kuhl (5:02 Mile). Key newcomers include Stephanie Baliga (5:12 1600m, 11:07 3200m), Angela Bizzarri (4:51 1600m, 10:39 3200m), Theresa Brokaw (5:02 1600m), Shannon Phelan (4:58 1600m, 11:05 3200m).



Big Ten Conference / Coach Layne Anderson

Rankings

Midwest Region Rank

National Rank

#3

#23

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/01	WIU Early Bird (4K)	01 of 02	Win WIU	15:06.8	0:46.00
09/09	Iowa Hawkeye Open (3K)	00 of 00	Wins Loyola, Syracuse (Dual Scores)	10:13.98	0:42.05
09/30	Auburn Invitational (5K)	01 of 24	Wins Aub, SFA, Sam, LSU, NMST, FIU, SCar	16:43.15	0:52.71
10/14	NCAA Pre-National Blue (6K)	10 of 36	Wins Virg,BC,Weber,LaSal,Ind,NDame,UCLA,NAU,UCIrvine,Wake,Okla,Yale,Mizzou Loss Stan, Minn,ArizSt,BYU,Prov,MichSt,FSU,Flor,Prince	21:16.40	1:14.60
10/29	Big Ten Championships (6K)	06 of 11	Win Ind, PSt, OhSt Loss Mich, Wisc, Minn., MichSt, Ill	21:34.00	1:32.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/01	09/09	09/30	10/14	10/29	11/11	11/20	
Krista Anderson	Fr	Leeds, N.D.	DNR	10:25	17:26	21:48	22:09	00:00	00:00	00:00
Meghan Armstrong	Jr	Tualatin, Ore.	DNR	10:01	16:26	20:34	20:54			
Jolly Burke	Fr	Waunakee, Wis.	DNR	10:43	16:59	22:10	22:26			
Jennie Docherty	Fr	St. Paul, Minn.	15:09	11:07	18:36					
Kate Ellis	Fr	Barrington, Ill.	15:45	DNR	17:45					
Molly Esche	Jr	Waukesha, Wis.	14:59	10:53	17:50		22:56			
Brittany Graham	So	Wheaton, Ill.	DNR	DNR	DNR					
Rachel Hawks	So	Marshalltown, Ia.	15:33	11:30	DNR					
Christine Kotarba	Sr	Elmhurst, Ill.	DNR	DNR	DNR					
Jordan Laney	Sr	Hinsdale, Ill.	DNR	DNR	DNR					
Racheal Marchand	Jr	Valparasio, In.	DNR	10:29	17:02	20:53	21:05			
Diana Nukuri	Jr	Ontario, Can.	DNR	9:47	16:10	21:17	21:16			
Chrissy Schaefer	Fr	Arlington Heights, Ill.	15:06	10:52	DNR		23:18			
Jessica Schmidt	Jr	Hilliard, Ohio	14:47	10:46	17:44	22:37	22:44			
Shannon Stanley	Sr	Rochester Hills, Minn.	DNR	10:25	16:56	21:49	22:53			

Outlook / Notable Runners / Notes

At 2005 MW Region meet finished 6th. Returns 6 of 7 losing only Nikki Chapple (35th @ 2005 MW Region). Returners include Meghan Armstrong (9th @ 2005 MW Region, 4:17 1500m, 4:40 Mile, 16:29 5000m, 79th @ 2005 NCAA Meet), Racheal Marchand (18th @ 2005 MW Region, 16:48 5000m, 34:51 10000m), Shannon Stanley (52nd @ 2005 MW Region, 4:25 1500m, 17:46 5Kxc, 21:58 6kxc), Molly Esche (72nd @ 2005 MW Region, 17:46 5000m), Jessica Schmidt (75th @ 2005 MW Region, 5:02 Mile), Allison Billhardt (130th @ 2005 MW Region). Key newcomers include Jolly Burke (11th @ 2005 MW Footlocker), Katie Ellis (5:08 1600m, 11:02 3200m), Diana Nukuri (Butler CC transfer, 2xJUCO XC Champ, 4:27 1500m, 16:36 5000m, 33:46 10000m), Chrissy Schaefer (2005 Illinois All-State), and redshirt freshman Krista Anderson (4:51 Mile, 9:29 3000m, 16:48 5000m).



Big 12 Conference / Coach Jay Dirksen

Rankings	
Midwest Region Rank	National Rank
#4	#NR

Team Schedule					
Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	CU/UNO Omaha Classic (5K)	01 of 03	Beat Creighton	19:03.00	0:54.00
09/16	Woody Greeno/NU Invite (6K)	01 of 27	Wins SDak, Wyo., Creighton, NCo.	22:49.17	1:22.15
09/23	Roy Griak Invitational (6K)	08 of 30	Wins UCLA, Marq, NAU, WichSt, Rice, Ok. Loss UCSB, ArizSt, Baylor, Minn, MichSt, Virg, Butl.	22:36.00	0:53.00
09/30	SDSU Invitational (5K)	02 of 08	Win SDak, UNI, Loss Minn.	17:57.10	0:38.30
10/14	Chili Pepper Invitational (6K)	06 of 43	Wins Lamar,Md.,SMU,UCRiv,ORU,Tex,IaSt,Cal, JMU,Wyo,Utah Loss Ark,Duke,TTech,VT,Bay	21:35.00	0:46.70
10/27	Big 12 Championships (6K)	03 of 12	Wins OkSt,Baylor,TAMU,Mizz,Okla,Los CU,TTech	22:01.00	0:53.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster										
Athlete Name	Yr	Hometown	09/02	09/16	09/23	09/30	10/14	10/27	11/11	11/20
Channing Anseth	Jr	Lincoln, Neb.	DNR	22:16	22:10	DNR	21:06	21:32	00:00	00:00
Rachel Carrizales	So	Morrill, Neb.	DNR	DNR	DNR	DNR				
Joslyn Dalton	Jr	Fremont, Neb.	19:16	23:42	23:03	18:16	22:20	22:45		
Jennifer Fritz	So	Lincoln, Neb.	DNR	DNR	DNR	DNR				
Ari Goldstein	So	Soldotna, Alaska	18:33	22:07	22:14	17:38	21:24	21:33		
Elizabeth Marsh	Fr	Wichita, Kan.	20:38	25:24	25:06	19:17	23:14	24:12		
Betsy Miller	Jr	Lodgepole, Neb.	18:56	23:31	22:41	18:00	21:38	22:29		
Jennifer Pancoast	So	Cape Girardeau, Mo.	19:27	23:14	23:07	18:17	22:19	22:25		
Kim Pancoast	Sr	Cape Girardeau, Mo.	DNR	DNR	23:04	17:46	21:52	22:18		
Adrienne Parry	So	Ft. Collins, Co.	21:13	DNR	25:26	20:14				
Sara Prince	Fr	Omaha, Neb.	20:12	24:30	24:13	19:03				
Val Zajac	Jr	Poland, Ohio	21:17	26:32	25:54	20:32	24:20	25:34		
Natalja Zarcenko	So	Valmiera, Latvia	19:03	22:55	22:45	18:03	21:53	22:17		

Outlook / Notable Runners / Notes

Last years MW Region 5th place team returns 4 of its top 5. Graduated all-American Kayte Tranel but returns Ari Goldstein (10th @ 2005 MW Region), Channing Anseth (48th @ 2005 MW Region, 16:38.54i 5000m), Kim Pancoast (39th @ 2005 MW Region), Natalja Zarcenko (37th @ 2005 MW Region), Betsy Miller (63rd @ 2005 MW Region), and Joslyn Dalton (78th @ 2005 MW Region).



Oklahoma St.

Big 12 Conference / Coach Rene Sepulveda

Rankings

Midwest Region Rank

National Rank

#5

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	Tulsa Hurricane Invite (2Mi.)	01 of 04	Wins Tulsa, U Oklahoma	11:45.60	0:38.00
09/09	UNT Invitational (2Mi.)	03 of 06	Wins UTA, NTex., CARk., Loss Baylor, TCU	11:44.58	0:23.43
09/30	Cowboy Jamboree (5K)	01 of 15	Wins Wich, TCU, Tulsa, KSt, UTA, ORU, TexSt	18:13.00	0:46.00
10/14	NCAA Pre-National White (6K)	18 of 37	Wins Wash,Corn,W&M,PennSt,Rice,Mont,Port, Buck,LBSt,UtaSt Loss NCSt,Mich,Wisc,UCSB,Ill, Colo,Tenn,GTown,Iona,UGA,CoSt,But,Colu,UNC, Vill,Marq,WashSt	21:36.10	1:16.40
10/27	Big 12 Championship (6K)	04 of 12	Wins TTech,OkSt,Bay,TAMU,Mizz,Ok,IaSt, Loss CU, TTech, Neb,	22:10.00	0:50.00
11/11	NCAA Regional Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/02	09/09	09/30	10/14	10/27	11/11		
Nina Anderson	So	Helsingborg, Sweden	DNR	DNR	18:30	22:05	22:51	00:00	00:00	00:00
Anissa Angelosante	So	Kingsland, Texas	DNR	DNR	DNR					
Kim Blomkvist	Jr	Strangnas, Sweden	11:35	11:24	18:32		22:32			
Mary Davies	Sr	Whanagarei, N.Z.	DNR	DNR	17:46	20:49	21:42			
Brittany Hill	So	Hugoton, Kan.	DNR	DNR	DNR					
Tone Hjalmsarsen	Fr	Norway	11:26	DNR	18:10	21:26	22:07			
Hanna Holst	Fr	Sweden	DNR	DNR	18:05	21:39	21:56			
Irene Masai	Fr	Kenya	DNR	DNR	DNR					
Brittany Mason			12:04	11:58	19:07					
Tihhana Sarac			DNR	11:57	DNR					
Leah Schroeder	Fr	Wisconsin	11:44	11:34	18:33	22:00	22:38			
Eva Slavikova	Sr	Teplice, Czech Rep.	DNR	DNR	DNR	22:25	22:38			
Eva Tomankova	Jr	Radinov, Czech Rep.	DNR	DNR	DNR		22:31			
Maria Trejo	Jr	Bedford, Texas	11:56	11:47	18:57		22:53			

Outlook / Notable Runners / Notes

Midwest region champions in 2005, 10th at 2005 NCAA meet. Returns 4 of 7 from 2005. Graduated Valentina Medina (11th @ 2005 MW Region, 73rd @ 2005 NCAA), Barbara Kuncova (20th @ 2005 MW Region, 137th @ 2005 NCAA), and Michelle Prowse (26th @ 2005 MW Region). Returns Mary Davies (5th @ 2005 MW Region, 31st @ 2005 NCAA meet, 3rd @ 2006 NCAA 10000m, 33:08 10000m, 10:09 3000mSC, 16:16 5000m), Nina Anderson (14th @ 2005 MW Region, 152nd @ 2005 NCAA, 4:29 1500m, 9:45 3000m, 17:20 5000m), Eva Slavikova (21st @ MW Region, 135th @ 2005 NCAA, 9:27 3000m, 16:24 5000m), Anissa Angelosante (22nd @ 2005 MW Region, 130th @ 2005 NCAA, 4th @ 2006 USAJr. 5000m), Eva Tomankova (DNR @ 2005 MW Region, 187th @ 2005 NCAA, 9:42 3000m, 10:26 3000mSC). Kim Blomkvist (9:52 3000m, 17:03 5000m). Recruiting class includes Tone Hjalmsarsen (9:53 3000m, 17:12 5000m), Irene Masai (4:29 1500m), Leah Schroeder (10:58 3200m).



Wichita St.

Missouri Valley Conference / Coach Mark Burns

Rankings

Midwest Region Rank

National Rank

#6

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	WSU JK Gold Classic (5K)	01 of 03	No other D-I schools competed.	19:05.15	2:06.70
09/09	Missouri Challenge (5K)	01 of 03	Wins Missouri	18:54.97	1:49.68
09/23	Roy Griak Invitational (6K)	12 of 30	Wins Rice, Ok, IaSt, KSt, Kan, Loy.	22:55.00	0:55.00
09/30	Cowboy Jamboree (5K)	02 of 15	Wins TCU, Tulsa, KSt, UTA, ORU, Loss OkSt	18:33.00	0:38.00
10/14	NCAA Pre-Nationals Blue (6K)	26 of 36	Wins CCar,Brown,TCU,NMex,Lib,UAB,MontSt, OhSt,IndSt,Duq, Loss Stan,Minn,ArizSt,BYU, Prov, MichSt,FSU,Flor,Prince,Iowa,Virg,BC, Weber,LaSal,Ind,NDame,UCLA,NAU,UCIrv,Wake Okla,Yale,Mizz,TexAM,Ohio	21:57.10	1:08.80
10/28	Missouri Valley Champs (5K)	01 of 10	Wins SIU, MoSt, UNI, IndSt, BU, IIST.	18:07.00	1:05.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/02	09/09	09/23	09/30	10/14	10/28	11/11	11/20
Ryan Ayres	Fr	Wichita, Kan.	20:22	20:55	DNR	00:00		00:00	00:00	00:00
Chelsie Baldwin	Jr	Ponca City, Ok.	18:41	19:00	22:41	18:21	17:40			
Sarah Becker	Sr	Tulsa, Ok.	17:47	18:10	23:12	18:27	17:58			
Hayley Charles	Fr	Hays, Kan.	21:10	DNR	DNR	22:05				
Linda Feldberger		Latvia	DNR	DNR	DNR	20:02	18:55			
Jessica Hensley	So	Andover, Kan.	22:06	DNR	DNR	DNR				
Heather Klotz	Fr	Leavenworth, Kan.	19:36	20:00	24:09	19:30	19:30			
Mica Land	Jr	Andover, Kan.	DNR	DNR	22:46	18:45	18:05			
Kimber Lemon	Jr	London, Ontario	DNR	18:22	22:28	18:16	18:10			
Olivia Martinez	Fr	Amarillo, Texas	19:26	19:00	23:23	18:54	18:45			
Grace McCarron	Fr	Mansfield, Ohio	20:30	DNR	DNR	20:18				
Whitney Stevens	So	Sublette, Kan.	19:53	20:12	24:24	19:54				
Eve Tobar	Jr	Big Spring, Texas	20:15	20:35	25:25	DNR				
Jenna Wood	So	Macksville, Kan.	DNR	DNR	DNR	DNR				
Rachel York	Fr	St. Clair, Mo.	DNR	DNR	DNR	20:25	19:33			

Outlook / Notable Runners / Notes

Was 4th at the 2005 MW Region meet. Returns 6 of 7 runners. Loses Desiraye Osburn (1st @ 2005 MW Region). Returns Sarah Becker (17th @ 2005 MW Region, 9:43 3000m, 16:53 5000m), Mica Land (23rd @ 2005 MW Region, 4:54 Mile, 9:52 3000m), Chelsie Baldwin (33rd @ 2005 MW Region, 17:35 5000m, 36:56 10000m), Kimber Lemon (53rd @ 2005 MW Region, 10:05 3000m), Eve Tobar (108th @ 2005 MW Region, 19:22 5Kxc, 23:17 6Kxc), Jenna Wood (132nd @ 2005 MW Region 4:48 15000m), Whitney Stevens (10:38 3000m). Key newcomers include Ryan Ayres (11:45 3200m), Olivia Martinez (2:16 800m), Rachel York (5:04 1600m, 11:02 3200m). New coach is Marc Burns previously of Loyola-Chicago.



Missouri

Big 12 Conference / Coach Rebecca Wilmes

Rankings

Midwest Region Rank

National Rank

#7

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/09	Missouri Challenge (5K)	02 of 03	Loss Wichita St.	19:07.63	0:51.91
09/29	Notre Dame Invite (5K)	10 of 19	Wins TexAM, NDame, Columbia, SMU, MissiSt, UAB, Valaparasio Loss Mich, NCSt, Prov, FSU, Ill, Weber, Florida, Georgia, UNC	17:48.20	1:14.00
10/13	Bradley Classic (6K)				
10/14	NCAA Pre-Nationals Blue (6K)	23 of 36	Wins TexAM, Ohio, Wich, Loss Stan, Minn, ArizSt, BYU, Prov, MichSt, FSU, Flor, Prince, Iowa, Vir, BC, Weber, LaSalle, Ind. NDame, UCLA, NAU, UCIrv, Wake, Okl, Yale	21:44.50	1:47.80
10/27	Big 12 Championship (6K)	07 of 12	Win Okla, Loss CU, TTech, Neb, OkSt, Bay, TAMU	22:29.00	1:02.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/09	09/29	10/13	10/14	10/27	11/11	11/20	00/00
Emily Baker	Fr	Wildwood, Mo.	20:10	19:41			00:00	00:00	00:00	00:00
Amanda Bales	Sr	Bettendorf, Ia.	DNR	17:08		20:47				
Kate Greer	Jr	Marshalltown, Ia.	18:47	17:27		21:27				
Kasey Kimball	Jr	Eureka, Mo.	19:20	19:04		23:36				
Trisa Nickoley	So	Tecumseh, Kan.	19:16	18:22		22:10				
Summer Owens	So	Dix, Ill.	20:08	DNR						
Angela Potrykus	So	Evergreen, Colo.	19:32	18:11		22:35				
Emily Ramsey	Jr	Waukesha, Wisc.	20:23	19:10						
Carolyn Rauen	Jr	Cincinnati, Ohio	19:43	19:38						
Ellen Ries	So	Ryan, Ia.	18:40	17:53		21:43				
Maddie Schueler	Jr	Louisville, Ky.	DNR	19:18		23:13				
Mallory VanNess	So	Shoreview, Minn.	DNR	DNR						
Amber Warren	Fr	St. Charles, Mo.	20:14	DNR						
Kristina Werner	So	Moberly, Mo.	19:58	20:43						

Outlook / Notable Runners / Notes

7th at the 2005 MW Region meet. Loses Valerie Lauver (12th @ MW Region), Kristin Hansen (34th @ 2005 MW Region) and Ashley Patten (55th @ 2005 MW region). Returns 4 of 7 including Summer Owens (49th @ 2005 MW Region, 10:15 3000m, 18:08 5Kxc), Maddie Schueler (56th @ 2005 MW Region, 17:04 5000m, 21:35 6Kxc), Kasey Kimball (61st @ 2005 MW Region, 4:27 1500m, 18:24 5Kxc, 22:15 6Kxc), and Ellen Ries (91st @ 2005 MW Region, 18:05 5Kxc, 22:57 6Kxc) as well as Mallory VanNess (10:50 3200m), Angela Potrykus (11:01 3000mSC, 22:09 6Kxc), Carolyn Rauen (10:10 3000m, 11:05 3000mSC, 18:18 5Kxc), Emily Ramsey (10:15 3000m), and Kristina Werner (11:17 3200m). Amanda Bales (15th @ 2004 MW Region, 1st in 2003, 9:17 3000m, 16:24 5000m) and Kate Greer (47th @ 2004 MW Region, 9:54 3000m, 17:04 5000m, 21:49 6Kxc) return from 2005 injuries. Newcomers include Emily Baker (5:00 1600m) and RSFR Amber Warren (4:59 1600m, 10:56 3200m, '04 Footlocker 23rd).



Oklahoma

Big 12 Conference / Coach Martin Smith

Rankings

Midwest Region Rank

National Rank

#8

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	Tulsa Hurricane Invite (2Mi.)	03 of 04	Loss to Oklahoma St., Tulsa	12:46.60	0:01.0
09/23	Roy Griak Invitational (6K)	14 of 30	Wins IaSt, KSt, Kan, Loy., Loss Minn, WichSt, Neb.	23:09.00	1:15.00
10/14	NCAA Pre-Nationals Blue (6K)	21 of 36	Wins Yale, Mizz, TexAM, Ohio, Wich, Loss Stan, Minn, ArizSt, BYU, Prov, MichSt, FSU, Flor, Prince, Iowa, Vir, BC, Weber, LaSal, Ind, NDame, UCLA, NAU, UC Irv, Wake	21:37.90	1:47.60
10/27	Big 12 Championships (6K)	08 of 12	Win IaSt, Loss CU, TTech, Neb, OkSt, TAMU, Bay, Mizz	22:26.07	1:57.00
11/11	NCAA Midwest Region (6K)				
11/20	NCAA Championships (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/02	09/23	10/14	10/27	11/11	11/20	00/00	00/00
Aja Clark	Sr	Ardmore, Okla.	12:46	23:35	21:48	22:56	00:00	00:00	00:00	00:00
Kristi Cook	Jr	Flower Mound, Texas	12:47	24:08	22:20	23:05				
Anna Davidson	Sr	Brunswick, Maine	DNR	DNR						
Jessica Eldridge	Jr	Broken Arrow, Okla.	12:47	21:53	20:32	21:08				
Catherine Odell	Jr	Enid, Okla.	12:46	23:02	21:42	22:16				
Jilane Rodgers	Sr	Brea, Calif.	DNR	DNR						
Ashley Storm	Fr	Yankton, S.D.	12:47	23:01	21:45	22:43				

Outlook / Notable Runners / Notes

Did not compete at the 2005 MW Region meet. Returns Aja Clark (4:43 1500m, 10:14 3000m, 17:43 5000m, 22:55 6Kxc), Kristi Cook (2:09 800m, 23:15 6Kxc), Jessica Eldridge (2:07 800m, 4:17 1500m, 4th @ 2004 MW Region), Catherine Odell (2:09 800m, 4:23 1500m, 50th @ 2004 MW Region), Newcomers include Jilane Rodgers (Transfer from Brown, 10:11 3000m, 17:27 5000m, 48th @ 2005 East Region), Anya Davidson (Transfer from Brown, 17:14 5000m, 36:36 10000m, 21st @ 2005 East Region), and Ashley Storm (2:12 800m, 4:56 1600m).



S. Illinois

Missouri Valley Conference / Coach Matt Sparks

Rankings	
Midwest Region Rank	National Rank
#09	#NR

Team Schedule					
Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/01	SIU Early Bird (4K)	00 of 00	Intrasquad Meet	15:34.9	0:47.05
09/15	EIU Panther Open (5K)	02 of 98	Loss Wisc., Wins EIU, SEMO, WIU	18:50.71	0:28.88
09/30	Loyola Lakefront Invite (5K)	02 of 19	Win Loy, NW, ISt, UWM, Ala, UIC, Creig, WIU	18:46.20	0:38.00
10/07	SIU Saluki Invitational (5K)	01 of 09	Wins StL, EIU, Crei, UMKC, SEMO, Evan, ArkSt	18:32.60	0:15.38
10/14	NCAA Pre-Nationals (6K)	01 of 13	Wins ISt,StL,Drake,EIU,UIC,MizzB,Brad,WIU, DePaul,UWGB,ArkSt.	22:30.00	0:16.00
10/28	Missouri Valley Champs (5K)	02 of 10	Wins MoSt,UNI,IndSt,BU,ISt, Loss WichSt	18:34.60	0:35.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster										
Athlete Name	Yr	Hometown	09/01	09/15	09/30	10/07	10/14	10/28	11/11	11/20
Katie Birn	Sr	McHenry, Ill.	16:03	19:02	18:49	18:37	22:29	18:34	00:00	00:00
Brittani Christensen	Jr	Belvidere, Ill.	DNR	19:13	18:33	18:23	22:26	18:24		
Ty-Nica Davis	Sr	Madison, Ky.	16:22	20:39	DNR	20:00		20:06		
Tecora Duckett	Fr	Memphis, Tenn.	DNR	DNR	DNR	22:33				
A'Seret Dokubo	Fr	Schaumburg, Ill.	15:25	18:35	19:11	18:38	23:02	19:18		
Merry Lanker	So	Monticello, Ill.	16:41	21:01	DNR	20:32				
Brianna Mueller	Fr	Harvard, Ill.	DNR	DNR	DNR	DNR				
Amy Phegley	Fr	Mt. Carmel, Ill.	16:38	20:48	DNR	20:19				
Katie Ringelestein	Jr	Bloomington, Ill.	DNR	DNR	DNR	DNR				
Sarah Rinker	Sr	Pontiac, Ill.	DNR	19:11	18:36	18:32	22:32	18:21		
Cherylynn Schilling	Sr	Moore's Hill, Ind.	15:26	18:46	18:42	18:42	22:54	19:40		
Lindsay Wagner	Sr	Mt. Vernon, Ill.	15:41	19:05	19:15	DNR	22:54	18:38		
Brittany Whitelock	Sr	St. Petersburg, Fl.	16:47	21:19	DNR	DNR				
Toni Whitfield	Fr	Johnson City, Ill.	DNR	DNR	DNR	DNR				
Nefeteri Williams	Fr	Bellwood, Ill.	15:16	18:44	20:12	18:30	22:40	18:56		

Outlook / Notable Runners / Notes

Finished 9th at the 2005 MW Region meet. Returns 4 of 5 runners from that meet. Loses Shelby Brice (86th @ 2005 MW Region). Returns Sarah Rinker (15th @ 2005 MW Region, 16:48 5000m), Lindsay Wagner (30th @ 2005 MW Region, 4:31 1500m, 10:01 3000m), Katie Birn (46th @ 2005 MW Region, 17:16 5000m), Cherylynn Schilling (97th @ 2005 MW Region, 17:26 5000m, 36:49 10000m). Also returning is 2005 redshirt Brittani Christensen (23rd @ 2004 MW Region, 10:40 3000mSC, 17:09 5000m). Notable newcomers include Nefeteri Williams (5:15 1600m, 7:05 2000mSC), A'Seret Dokubo (2:16 800m, 11:15 3200m).



Conference USA / Coach Steve Gulley

Rankings	
Midwest Region Rank	National Rank
#10	#NR

Team Schedule					
Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	Tulsa Hurricane Invite (2Mi.)	02 of 04	Beat Oklahoma, Loss to Oklahoma St.	12:15.00	0:37.00
09/16	Mo. Southern Stampede (5K)	08 of 34	Loss MoSt, ORU, Wins UMKC	19:14.32	2:09.80
09/30	Cowboy Jamboree (5K)	04 of 15	Win KSt, UTA, ORU, Loss, OkSt, Wich, TCU	19:03.00	1:00.00
10/14	NCAA Pre-National White (6K)	29 of 37	Wins MoSt,LVille,Valpo,Char,Ariz,Purd,Auburn, AirForce, Loss NCSt,Mich,Wic,UCSB,Ill,Colo, Tenn,GTown,Iona,UGA,CoSt,But,Colu,UNC,Vill, Marq,WashSt,OkSt,Wash,Corn,W&M,PennSt, Rice, Mont,Port,Buck, LBSt,UtaSt	22:14.50	1:47.30
10/28	C-USA Championships (5K)	04 of 12	Wins UCF,Tulane, Loss UAB, Rice, SMU	18:40.07	1:37.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster										
Athlete Name	Yr	Hometown	09/02	09/16	09/30	10/14	10/28	11/11	11/20	00/00
Alex Becker	So	Guelph, Ontario	DNR	DNR	DNR	21:07	17:45	00:00	00:00	00:00
Kelli Denny	Jr	Lee's Summit, Mo.	12:15	DNR	DNR					
Shantel Girtley	Sr	R. Cucamongo, Calif.	12:22	DNR	DNR					
Sarah Graesser			12:42	19:50	20:32					
Lana Kelley	Fr	Edmond, Okla.	11:59	19:03	19:17	22:55	19:16			
Petrina Lamb	So	Guthrie, Okla.	12:36	20:20	DNR					
Julie Monda			12:46	21:13	21:17					
April Montgomery	So	Broken Arrow, Okla.	12:23	DNR	DNR					
Dawn Nagazina	Fr	St. Alberta, Can.	12:03	DNR	19:18	22:20	18:39			
Lise Olivier	Sr	Pretoria, South Africa	DNR	18:10	18:18	22:10	18:15			
Jessica Parker	Fr	Bixby, Okla.	DNR	DNR	DNR					
Taylor Rigsby	Fr	Tulsa, Okla.	DNR	DNR	19:49	23:42	19:40			
Marissa Saunders	So	Douglas, Wyo.	DNR	18:46	19:08	23:01	20:00			
Heather Stroeder	Fr	Hanover, Ontario	DNR	DNR	19:11	22:39	19:22			

Outlook / Notable Runners / Notes

Was 12th at the 2005 MW Region meet. Returns 5 of 7 from 2005. Loses Brianna Chipney (58th @ 2005 MW Region) and Renine LeHeron (92nd @ 2005 MW Region). Returns Lise Olivier (36th @ 2005 MW Region, 9:46 3000m, 17:30 5000m, 35:06 10000m), Alex Becker (67 @ 2005 MW Region, 4:25 1500m, 9:50 3000m, 18:06 5Kxc), Marissa Saunders (96th @ 2005 MW Region, 4:48 1500m, 10:28 3000m, 18:13 5Kxc), Kelli Denny (112th @ 2005 MW Region, 10:35 3000m, 17:57 5000m, 18:55 5Kxc), Petrina Lamb (143rd @ 2005 MW Region, 2:18 800m, 19:30 5Kxc), Shantel Girtley (2:13 800m, 18:06 5Kxc), Dawn Nagazina (2:11 800m, 5:06 Mile). Newcomers include Heather Stroeder (4:38 1500m, 10:08 3000m, 18:52 5Kxc), Taylor Rigsby (2:13 800m, 5:10 Mile, 19:01 5Kxc).



Missouri St.

Missouri Valley Conference / Coach Greg Hipp

Rankings

Midwest Region Rank

National Rank

#11

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/08	Arkansas Fayetteville 4K (4K)	02 of 03	Loss to Arkansas	14:45.80	1:21.00
09/16	Mo. Southern Stampede (5K)	02 of 34	Wins ORU, Tulsa, UMKC	18:31.32	1:36.80
10/07	Memphis Twilight (5K)	02 of 24	Wins WKy,UALR,CArk,Mem,SAla,UTM,Alcorn	18:06.57	1:06.43
10/14	NCAA Pre-National Meet (6K)	30 of 37	Loss NXSt,Mich,Wic,UCSB,III,Colo,Tenn,GTown,Iona,UGA,CoSt,But,Colu,UNC,Vill,Marq,WashSt,OkSt,Wash,Corn,W&M,PennSt,Rice,Mont,Port,Buck,LBSt,UtahSt,Tulsa Wins LVill,Valpo,Char,Ariz,Purd,Auburn,AirForce	22:15.20	0:59.10
10/28	Missouri Valley Champs (5K)	03 of 10	Wins UNI,IndSt,BU,IllSt Loss WichSt,SIU	18:35.60	0:51.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/08	09/16	10/07	10/14	10/28	11/11	11/20	00/00
Lindsey Billington	Fr	Lee's Summit, Mo.	DNR	DNR	DNR			00:00	00:00	00:00
Clarissa Codrington	Sr	Ann Arbor, Mich.	14:58	18:37	18:30	22:30	18:46			
Chloe Key	Jr	Springfield, Mo.	15:21	18:29	18:13	22:25	18:54			
Emily Fletcher	Fr	Fort Dodge, Iowa	15:31	19:24	19:59		20:26			
Auvia Miller	Fr	Springfield, Mo.	15:09	19:43	19:42	24:07	20:00			
Staci Nelson	Fr	Springfield, Il.	16:10	20:16	19:41	24:12	21:00			
Lauren Nystrom	Sr	St. Charles, Mo.	16:45	20:25	20:17					
Kaly Prather	So	Lee's Summit, Mo.	DNR	DNR	DNR					
Jamie Vest	So	Lebanon, Mo.	14:21	18:16	18:00	22:14	18:25			
Carrie Vestal	Jr	Springfield, Mo.	DNR	DNR	18:24	22:32	18:50			
Kristin Wolkey	So	Overland Park, Kan.	14:00	17:47	17:23	21:33	18:03			

Outlook / Notable Runners / Notes

Midwest Region 8th team in 2006. Graduated Ashley Sanders (38th @ 2005 MW Region, 16:59 5000m, 35:25 10000m) and Casey DeWitt (77th @ 2005 MW Region, 10:32 3000mSC, 17:24 5000m). Returns 5 of top 7 including Krisitin Wolkey (25th @ 2006 MW Region, 17:26 5Kxc), Carrie Vestal (45th @ 2006 MW Region, 17:13 5000m, 35:29 10000m, MVC 10K Champ), Kaly Prather (80th @ 2005 MW Region, 18:14 5Kxc), Jamie Vest (84th @ 2005 MW Region, 11:02 3000mSC, 18:06 5Kxc), Clarissa Codrington (98th @ 2005 MW Region, 4:28 1500m), and Chloe Key (redshirt in 2005, 4:51 1500m, 18:54 5K). Key newcomers include Staci Nelson (11:12 3200m, 5:08 1600m), Auvia Miller (11:18 3200m). Mo. State finished 5th in MW Region in 2004, 4th in 2003, 3rd in 2002, 4th in 2001.



UNI

Missouri Valley Conference / Coach Chris Bucknam

Rankings	
Midwest Region Rank	National Rank
#12	#NR

Team Schedule					
Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/01	Drake Bulldog Classic (4K)	00 of 00	No Team Scores Kept	15:04.80	0:33.00
09/08	Bradley Open (5K)	02 of 08	Loss IndSt, Wins IllSt, Brad, Depaul, NIU, NW	18:49.31	0:56.87
09/30	SDSU Invitational (5K)	03 of 08	Loss Minn, Neb, SDak	18:38.60	1:23.00
10/14	UWLC Jim Drews Invite ()	02 of 28	Loss SDak, No D-I wins	22:28.00	1:19.00
10/28	Missouri Valley Champs (5K)	04 of 10	Wins IndSt,BU, IIS, Loss WichSt,SIU,MoSt	18:34.40	1:29.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster									
Athlete Name	Yr	Hometown	09/01	09/08	09/30	10/14	10/28	11/11	11/20
Lauren Erickson	Fr	Mt. Pleasant, Iowa	DNR	DNR	DNR				
Traci Hawley	Jr	Ames, Iowa	14:46	18:22	18:07	21:58	17:51		
Shayla Houlihan	Sr	Sioux City, Iowa	16:00	19:50	19:34	23:16	19:20		
Amanda Huling	So	Hampton, Iowa	15:45	19:44	19:31	23:33	19:54		
Bobbi Humble						25:43			
Whitney Johnson	So	Adel, Iowa	16:04	DNR	DNR				
Sarah Johnston	So	Packwood, Iowa	15:19	19:19	19:30	24:03	20:00		
Caedryn Schrunk	So	Spirit Lake, Iowa	14:56	18:37	18:25	21:57	18:13		
Jess Schweitzer			16:30	20:54	20:57				
Quinn Vermie	Sr	Runnells, Iowa	15:14	18:50	18:22	22:26	18:29		
Andrea Wacker			15:09	18:55	18:49	22:41	19:04		

Outlook / Notable Runners / Notes

Placed 10th at the 2005 MW Region meet. Returns 5 of 7. Loses Randi Burns (85th @ 2005 MW Region) and Moa Westman (102nd @ 2005 MW Region). Returns Caedryn Schrunk (44th @ 2005 MW Region, 2:21 800m, 5:06 Mile, 10:17 3000m, 18:16 5000m), Tracy Hawley (65th @ 2005 MW Region, 4:59 1500m, 5:19 Mile, 10:16 3000m, 17:50 5000m, 37:31 10000m), Sarah Johnston (69th @ 2005 MW Region, 2:19 800m, 5:06 Mile), Quinn Vermie (70th @ 2005 MW Region, 5:14 Mile, 10:22 3000m, 17:58 5000m), Whitney Johnson (123rd @ 2005 MW Region, 2:18 800m, 5:07 Mile), Shayla Houlihan (4:52 1500m, 11:46 3000mSC). Newcomers include Lauren Erickson.



Oral Roberts

Mid-Continent Conference / Coach Alick Musukuma

Rankings

Midwest Region Rank

National Rank

#13

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	KU / Bob Timmons Invite (6K)	03 of 09	Loss to KU. Beat KSU.	24:12.15	3:42.00
09/16	Mo. Southern Stampede (5K)	04 of 34	Loss MoSt. Wins Tulsa, UMKC	18:13.40	3:00.50
09/30	Cowboy Jamboree (5K)	08 of 15	Loss OkSt, Wich, TCU, Tulsa, KSt	19:27.00	4:39.00
10/07	ORU Subway Classic (?)	01 of 03	Wins ArkPB, SEOk (Full results not available)	21:29.00	
10/14	Chile Pepper Invitational (6K)	11 of 43	Wins Tex, IaSt, Cal, JMU, Wyo, Utah, Loss Ark, Duke TTech, VT, Bay, Neb, Lamar, Md., SMU, UCRiv	22:02.00	2:55.80
10/28	Mid-Continent Champs (5K)	01 of 08	Wins Valpo, UMKC, WIU	22:09.00	3:10.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/02	09/16	09/30	10/07	10/14	10/28	11/11	11/20
Catherine Angwech	Jr	Kampala, Uganda	24:51	19:53	19:49	20:04	23:01	23:31	00:00	00:00
Diana Chelimo	Sr	Kampala, Uganda	22:29	16:58	17:59	20:39	20:41	20:41		
English Clark	So	Frisco, Texas	DNR	DNR	DNR					
Tatenda Goronga	Fr		DNR	DNR	DNR					
Faithy Kamangila	Jr	Harare, Zimbabwe	21:48	16:53	17:14	20:02	20:43	20:44		
Mable Kunihiro	Jr	Kampala, Uganda	DNR	17:54	DNR		22:11	21:57		
Angela Makaha	So		26:30	21:14	DNR			26:30		
Aisha Mitchel	Sr	Raytown, Mo.	29:43	DNR	23:50					
Angela Tatenda					21:53					
Kelly Williams	Fr	Herculaneum, Mo.	25:21	19:26	20:17	20:40	23:37	23:51		

Outlook / Notable Runners / Notes

Placed 14th at the 2005 MW Region meet. Returns 3 of 5 from 2005. Loses Sanaa Koubaa (93rd @ 2005 MW Region), Kara Cassel (147th @ 2005 MW Region). Returns Faithy Kamangila (16th @ 2005 MW Region), Diana Chelimo (31st @ 2005 MW Region), Catherine Angwech (128th @ 2005 MW Region). No information submitted for newcomers.



Loyola

Horizon League / Coach TBD

Rankings

Midwest Region Rank

National Rank

#14

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/02	UIC Opener (2 Miles)	00 of 00	Wins UIC, Depaul, Chic.St. (Dual Scores)	11:50.20	0:28.00
09/08	Iowa Hawkeye Open (3K)	00 of 00	Losses Iowa, Syracuse (Dual Scores)	10:59.16	0:30.28
09/23	Roy Griak Invitational (6K)	23 of 30	Loss Minn, Neb, WichSt, Ok, IaSt, KSt, Kan.	23:45.00	1:23.00
09/30	Loyola Lakefront Invite (5K)	03 of 19	Win NW, ISt, UWM, Ala, UIC, Creig, Loss SIU	18:47.40	0:51.00
10/14	NCAA Pre-Nationals Open (6K)	05 of 13	Win Harv,Cinn,Miami,Boise,NW	22:37.00	1:23.00
10/28	Horizon League Champs (5K)	02 of 09	Wins UWM,UIC,WGB, Los Butler	18:56.40	1:14.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/02	09/08	09/23	09/30	10/14	10/28	11/11	11/20
Genevieve Binnie	So	Homewood, Ill.	12:00	11:22	24:25	19:12	23:24	20:07	00:00	00:00
Jena Brown	Fr	Lake Ann, Mich.	DNR	DNR	DNR	DNR				
Amanda Domich	Sr	Algonquin, Ill.	11:52	10:51	23:28	18:56	22:20	18:36		
Rachel Hansen	Jr	Omaha, Neb.	11:56	11:00	24:26	19:41	23:03	19:40		
Maureeca Lambert	Sr	Bloomington, Ill.	12:06	10:53	23:34	18:48		18:51		
Jessie Morgenthal	So	Wheeling, Ill.	12:14	11:26	24:07	18:54	22:49	19:17		
Gada Qafisheh	Jr	Prospect Heights, Ill.	12:03	11:21	24:54	19:05	23:20	19:56		
Ashley Raymond	So	Wheaton, Ill.	11:32	10:50	23:02	18:14	21:45	18:22		
Kristin Schwarz	Jr	Villa Park, Ill.	DNR	DNR	DNR	21:27				
Caitlin Smith	So	Lakewood, Ohio	12:48	12:59	DNR	21:01		21:58		
Pam Staton	So	Indleside, Ill.	11:51	11:20	25:08	19:33	23:08	19:36		

Outlook / Notable Runners / Notes

The 13th place team at the 2005 MW Region meet. Returns 5 of 6 from MW Region meet. Loses Mary Bridge Corken (11th @ 2005 MW Region). Returns Jessie Morgenthal (54th @ 2005 MW Region), Amanda Domich (57th @ 2005 MW Region, 17:28 5000m), Ashley Raymond (83rd @ 2005 MW Region, 10:40 3200m, 17:22 5000m), Rachel Hansen (104th @ 2005 MW Region, 5:02 Mile), Gada Qafisheh (109th @ 2005 MW Region), Maureeca Labmert (redshirt in 2005, 16th @ 2004 MW Region, 9:38 3000m), Pam Staton (2:16 800m). Newcomers include Jena Brown (2:16 800m).



Iowa St.

Big 12 Conference / Coach Dick Lee

Rankings

Midwest Region Rank

National Rank

#15

#NR

Team Schedule

Date	Meet	Result	Notable Wins / Loses	Top 5 Ave.	1-5 Split
09/01	Drake Bulldog Classic (4K)	00 of 00	No Team Score Kept	15:24.80	1:44.00
09/08	Iowa State Open (5K)	00 of 00	No Team Scores Kept	19:08.74	2:03.70
09/23	Roy Griak Invitational (6K)	16 of 30	Loss Minn, Neb,WichSt, Okla, Win KSt, Kan, Loy	23:27.00	3:10.00
10/14	Chili Pepper Invitational (6K)	13 of 43	Wins Cal,JMU,LossArk,Duke,TTech,VT,Bay,Neb, Lamar,Md.,SMU,UCRiv,ORU,Tex	22:14.20	2:39.00
10/27	Big 12 Championship (6K)	09 of 12	Win KU, Loss CU,TTech,Neb,OkSt,Bay,MU,Ok	23:12.00	3:10.00
11/11	NCAA Regional Champs (6K)				
11/20	NCAA National Champs (6K)				

Team Roster

Athlete Name	Yr	Hometown	09/01	09/08	09/23	10/14	10/27	11/11	11/20	00/00
Kim Brown			16:05	20:30	00:00	24:37		00:00	00:00	00:00
Kelsey Bulat			14:21	18:24	22:19	21:40	22:33			
Dawn Caffrey			15:11	20:02	24:05	23:35	24:59			
Lisa Koll	So	Fort Dodge, Iowa	DNR	17:57	21:38	20:29	21:22			
Mackenzie Madison			15:57	20:24	25:09	23:10	24:32			
Meredith McKeen						22:52	23:13			
Jenny Mockler						23:02	25:54			
Erin Penticoff			15:40	20:01	24:48	24:01	25:17			
Dana Peters			DNR	20:40	25:07	23:48	24:22			
Paige Ties	Fr		DNR	19:45	24:20	23:08				
Jessi Wild					26:45	25:47				

Outlook / Notable Runners / Notes

Finished 15th at the 2005 MW Region meet. No 2006 information submitted.