

WOMEN'S OUTDOOR BEST LIST

100 METERS

| | | |
|-----------|-----------------|--------------------------|
| 12.09 | Meredith Simon | MVC Championships (5/18) |
| 12.13 (p) | Meredith Simon | MVC Championships (5/17) |
| 12.17 | Meredith Simon | ESU Relays (4/5) |
| 12.26 (p) | Meredith Simon | ESU Relays (4/5) |
| 12.26 (p) | Meredith Simon | Musco Twilight (5/3) |
| 12.31 (p) | Jamie Wieck | MVC Championships (5/17) |
| 12.36 (p) | Meredith Simon | Musco Twilight (5/3) |
| 12.39 (p) | Meredith Simon | Drake Relays (4/25) |
| 12.43 (p) | Jamie Wieck | ESU Relays (4/5) |
| 12.43 (p) | Jamie Wieck | McDonnell Invite (4/19) |
| 12.55 (p) | Jamie Wieck | Musco Twilight (5/3) |
| 12.57 (p) | Ashley Miller | ESU Relays (4/5) |
| 12.61 (p) | Blair Runde | MVC Championships (5/17) |
| 12.64 | Jamie Wieck | ESU Relays (4/5) |
| 12.65 | Jamie Wieck | Musco Twilight (5/3) |
| 12.76 | Blair Runde | Musco Twilight (5/3) |
| 12.78 (p) | Blair Runde | McDonnell Invite (4/19) |
| 12.85 (p) | Blair Runde | Musco Twilight (5/3) |
| 13.26 (p) | Lindsey Wiebers | Hawkeye Invite (4/19) |

100 HURDLES

| | | |
|-----------|-------------------|---------------------------|
| 13.91 | Kara Yahn | Wisconsin Twilight (5/10) |
| 13.91 | Kara Yahn | MVC Championships (5/18) |
| 13.96 (p) | Kara Yahn | Drake Relays (4/26) |
| 13.99 | Kara Yahn | Musco Twilight (5/3) |
| 14.05 (p) | Kara Yahn | MVC Championships (5/17) |
| 14.07 (m) | Olimpia Nowak | MVC Championships (5/16) |
| 14.08 (p) | Kara Yahn | Musco Twilight (5/3) |
| 14.19 (m) | Dani Stipe | MVC Championships (5/16) |
| 14.31 (p) | Cali Lyons | MVC Championships (5/17) |
| 14.32 (p) | Kara Yahn | ESU Relays (4/5) |
| 14.33 (p) | Olimpia Nowak | MVC Championships (5/17) |
| 14.40 | Cali Lyons | MVC Championships (5/18) |
| 14.54 | Cali Lyons | Musco Twilight (5/3) |
| 14.54 | Olimpia Nowak | MVC Championships (5/18) |
| 14.58 (p) | Cali Lyons | Musco Twilight (5/3) |
| 14.66 | Cali Lyons | Wisconsin Twilight (5/10) |
| 14.67 (p) | Olimpia Nowak | ESU Relays (4/5) |
| 14.69 (m) | Rachel VanderHolt | MVC Championships (5/16) |
| 14.78 (p) | Kara Yahn | McDonnell Invite (4/19) |
| 14.78 | Jessica Hale | Wisconsin Twilight (5/10) |
| 14.78 (p) | Jessica Hale | MVC Championships (5/17) |
| 14.80 (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 14.82 (m) | Dani Stipe | McDonnell Invite (4/19) |
| 14.95 | Jessica Hale | Musco Twilight (5/3) |
| 14.99 (p) | Cali Lyons | ESU Relays (4/5) |
| 15.03 (p) | Rachel VanderHolt | Musco Twilight (5/3) |
| 15.04 (p) | Jessica Hale | ESU Relays (4/5) |
| 15.07 (p) | Jessica Hale | Musco Twilight (5/3) |
| 15.09 (p) | Dani Stipe | ESU Relays (4/5) |
| 15.10 (p) | Heather Kessler | ESU Relays (4/5) |
| 15.14 | Heather Kessler | Wisconsin Twilight (5/10) |
| 15.15 (p) | Heather Kessler | Musco Twilight (5/3) |
| 15.17 | Heather Kessler | Musco Twilight (5/3) |
| 15.18 (p) | Heather Kessler | MVC Championships (5/17) |
| 15.19 (m) | Alyssa Fischer | MVC Championships (5/16) |
| 15.23 | Rachel VanderHolt | Musco Twilight (5/3) |
| 15.43 (p) | Cali Lyons | McDonnell Invite (4/19) |

| | | |
|-----------|-------------------|--------------------------|
| 15.44 (p) | Heather Kessler | McDonnell Invite (4/19) |
| 15.46 (p) | Jessica Hale | McDonnell Invite (4/19) |
| 15.54 (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 15.68 (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 15.92 (p) | Brittany Korell | ESU Relays (4/5) |
| 15.99 (p) | Alyssa Fischer | ESU Relays (4/5) |
| 16.14 (p) | Alyssa Fischer | Musco Twilight (5/3) |
| 16.36 (m) | Kristi Green | McDonnell Invite (4/19) |
| 16.50 (p) | Kristi Green | Musco Twilight (5/3) |
| 16.53 (p) | Brittany Korrell | Hawkeye Invite (4/19) |
| 17.16 (p) | Kristi Green | ESU Relays (4/5) |
| 17.85 (m) | Kristi Green | MVC Championships (5/16) |

200 METERS

| | | |
|-----------|-------------------|--------------------------|
| 24.19 | Meredith Simon | MVC Championships (5/18) |
| 24.49 (p) | Meredith Simon | MVC Championships (5/17) |
| 24.59 (m) | Dani Stipe | MVC Championships (5/16) |
| 24.88 | Meredith Simon | McDonnell Invite (4/19) |
| 25.09 (m) | Dani Stipe | McDonnell Invite (4/19) |
| 25.15 | Meredith Simon | Musco Twilight (5/3) |
| 25.60 (m) | Olimpia Nowak | MVC Championships (5/16) |
| 25.71 (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 26.09 (m) | Alyssa Fischer | MVC Championships (5/16) |
| 26.37 (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 27.67 (m) | Rachel VanderHolt | MVC Championships (5/16) |
| 27.89 (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 27.83 (m) | Kristi Green | MVC Championships (5/16) |
| 28.09 (m) | Kristi Green | McDonnell Invite (4/19) |

400 METERS

| | | |
|-----------|-------------------|--------------------------|
| 55.27 | Lauren Carruthers | MVC Championships (5/18) |
| 55.32 (p) | Lauren Carruthers | MVC Championships (5/17) |
| 55.98 | Lauren Carruthers | McDonnell Invite (4/19) |
| 56.07 | Lauren Carruthers | Musco Twilight (5/3) |
| 57.70 | Holli Hosch | ESU Relays (4/5) |
| 57.77 (p) | Megan Iverson | MVC Championships (5/17) |
| 58.20 | Jamie Hutchinson | ESU Relays (4/5) |
| 58.70 | Megan Iverson | McDonnell Invite (4/19) |
| 59.36 | Megan Iverson | Musco Twilight (5/3) |
| 60.48 | Ali Selenke | McDonnell Invite (4/19) |
| 60.70 | Ali Selenke | ESU Relays (4/5) |
| 60.97 (p) | Ali Selenke | MVC Championships (5/17) |
| 61.93 | Ali Selenke | Musco Twilight (5/3) |

400 HURDLES

| | | |
|-------------|-------------------|--------------------------|
| 1:00.94 | Kara Yahn | MVC Championships (5/18) |
| 1:01.14 (p) | Kara Yahn | MVC Championships (5/17) |
| 1:01.75 | Kara Yahn | McDonnell Invite (4/19) |
| 1:02.69 | Kara Yahn | Musco Twilight (5/3) |
| 1:07.80 | Rachel VanderHolt | ESU Relays (4/5) |
| 1:09.52 | Rachel VanderHolt | Musco Twilight (5/3) |

WOMEN'S OUTDOOR BEST LIST

800 METERS

| | | |
|-------------|---------------------|--------------------------|
| 2:09.74 (i) | Amy Bagge | McDonnell Invite (4/19) |
| 2:10.35 | Amy Bagge | MVC Championships (5/18) |
| 2:13.34 | Holli Hosch | McDonnell Invite (4/19) |
| 2:13.42 | Ellen Kindelsperger | McDonnell Invite (4/19) |
| 2:13.50 | Holli Hosch | MVC Championships (5/18) |
| 2:13.67 (p) | Holli Hosch | MVC Championships (5/17) |
| 2:13.67 (p) | Amy Bagge | MVC Championships (5/17) |
| 2:15.77 | Caedryn Schrunk | McDonnell Invite (4/19) |
| 2:16.27 | Amy Bagge | Musco Twilight (5/3) |
| 2:17.20 (p) | Ellen Kindelsperger | MVC Championships (5/17) |
| 2:18.64 | Amanda Huling | McDonnell Invite (4/19) |
| 2:19.23 | Holli Hosch | Musco Twilight (5/3) |
| 2:20.11 | Ellen Kindelsperger | Musco Twilight (5/3) |
| 2:20.39 (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 2:20.60 (p) | Regina Reinig | MVC Championships (5/17) |
| 2:20.88 (m) | Dani Stipe | McDonnell Invite (4/19) |
| 2:21.10 | Amanda Huling | ESU Relays (4/5) |
| 2:21.35 | Regina Reinig | Hawkeye Invite (4/19) |
| 2:22.36 (m) | Dani Stipe | MVC Championships (5/17) |
| 2:22.59 | Regina Reinig | Musco Twilight (5/3) |
| 2:25.10 | Regina Reinig | ESU Relays (4/5) |
| 2:25.16 | Whitney Johnson | Musco Twilight (5/3) |
| 2:29.98 | Whitney Johnson | Hawkeye Invite (4/19) |
| 2:31.00 (m) | Kristi Green | MVC Championships (5/17) |
| 2:31.92 (m) | Kristi Green | McDonnell Invite (4/19) |
| 2:32.35 (m) | Olimpia Nowak | MVC Championships (5/17) |
| 2:37.26 (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 2:39.43 (m) | Alyssa Fischer | MVC Championships (5/17) |
| 2:42.57 (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 2:44.90 (m) | Rachel VanderHolt | MVC Championships (5/17) |

1,500 METERS

| | | |
|---------|--------------------|--------------------------|
| 4:41.08 | Caedryn Schrunk | MVC Championships (5/18) |
| 4:42.95 | Caedryn Schrunk | Musco Twilight (5/3) |
| 4:44.13 | Caedryn Schrunk | ESU Relays (4/5) |
| 4:44.44 | Traci Hawley | Musco Twilight (5/3) |
| 4:45.29 | Traci Hawley | ESU Relays (4/5) |
| 4:48.84 | Amanda Huling | MVC Championships (5/18) |
| 4:53.34 | Quinn Vermie | ESU Relays (4/5) |
| 4:56.62 | Amanda Huling | Musco Twilight (5/3) |
| 4:58.60 | Andrea Wacker | ESU Relays (4/5) |
| 4:59.52 | Jessa Schweitzer | Hawkeye Invite (4/19) |
| 5:01.46 | Whitney Johnson | ESU Relays (4/5) |
| 5:03.52 | Jessica Schweitzer | ESU Relays (4/5) |
| 5:05.22 | Quinn Vermie | Musco Twilight (5/3) |

5,000 METERS

| | | |
|----------|-----------------|--------------------------|
| 16:54.30 | Traci Hawley | Drake Relays (4/24) |
| 17:07.34 | Traci Hawley | McDonnell Invite (4/19) |
| 17:24.85 | Traci Hawley | MVC Championships (5/18) |
| 17:44.78 | Caedryn Schrunk | MVC Championships (5/18) |
| 18:05.75 | Quinn Vermie | McDonnell Invite (4/19) |
| 18:14.33 | Quinn Vermie | MVC Championships (5/18) |

10,000 METERS

| | | |
|----------|--------------|--------------------------|
| 35:16.68 | Traci Hawley | MVC Championships (5/16) |
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4X100 RELAY

| | | |
|-----------|------------------------------------|-------------------------|
| 47.21 | Runde, Wieck, Stipe, Simon | Musco Twilight (5/3) |
| 47.37 | UNI 'A' | ESU Relays (4/5) |
| 47.42 (p) | Stipe, Wieck, Carruthers, Simon | Drake Relays (4/25) |
| 48.03 | UNI 'A' | McDonnell Invite (4/19) |
| 50.04 | UNI 'B' | ESU Relays (4/5) |
| 50.59 | UNI 'C' | ESU Relays (4/5) |

4X200 RELAY

| | | |
|---------|------------------------------------|---------------------|
| 1:39.33 | Nowak, Simon, Carruthers, Stipe | Drake Relays (4/25) |
|---------|------------------------------------|---------------------|

4X400 RELAY

| | | |
|-------------|-----------------------------------|--------------------------|
| 3:41.66 (p) | Carruthers, Stipe, Yahn, Bagge | Drake Relays (4/25) |
| 3:41.90 | Stipe, Bagge, Yahn, Carruthers | MVC Championships (5/18) |
| 3:45.57 | Yahn, Stipe, Bagge, Carruthers | Drake Relays (4/26) |
| 3:53.82 | UNI 'A' | McDonnell Invite (4/19) |
| 3:56.60 | UNI 'A' | ESU Relays (4/5) |
| 4:12.70 | UNI 'B' | ESU Relays (4/5) |
| 4:24.20 | UNI 'C' | ESU Relays (4/5) |

4X800 RELAY

| | | |
|----------|--|---------------------|
| 9:05.69 | Hosch, Kindelsperger, Schrunk, Hutchinson | Drake Relays (4/25) |
| 9:36.90 | Hutchinson, Schrunk, Reinig, Hawley | ESU Relays (4/5) |
| 9:43.10 | UNI 'A' | ESU Relays (4/5) |
| 10:04.40 | UNI 'C' | ESU Relays (4/5) |

SPRINT MEDLEY RELAY

| | | |
|---------|---|---------------------|
| 4:06.96 | Fischer, Simon, Kindelsperger, Schrunk | Drake Relays (4/26) |
|---------|---|---------------------|

SHUTTLE HURDLE RELAY

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|-----------|------------------------------|---------------------|
| 59.38 (p) | Nowak, Lyons, Stipe, Yahn | Drake Relays (4/26) |
|-----------|------------------------------|---------------------|

LONG JUMP

| | | |
|---------------------|----------------|--------------------------|
| 19-10.25 (6.05) (m) | Dani Stipe | MVC Championships (5/17) |
| 19-05.25 (5.92) | Dani Stipe | MVC Championships (5/17) |
| 18-10.00 (5.74) | Jamie Wieck | MVC Championships (5/17) |
| 18-09.25 (5.72) (m) | Olimpia Nowak | MVC Championships (5/17) |
| 18-08.00 (5.69) (m) | Dani Stipe | McDonnell Invite (4/19) |
| 18-05.75 (5.63) | Stacy Butt | MVC Championships (5/17) |
| 18-04.50 (5.60) | Jamie Wieck | Musco Twilight (5/3) |
| 18-02.50 (5.55) | Jamie Wieck | McDonnell Invite (4/19) |
| 18-01.50 (5.52) | Alyssa Fischer | MVC Championships (5/17) |
| 17-11.00 (5.46) | Stacy Butt | Musco Twilight (5/3) |
| 17-08.25 (5.39) | Blair Runde | McDonnell Invite (4/19) |
| 17-07.50 (5.37) (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 17-07.50 (5.37) (m) | Alyssa Fischer | MVC Championships (5/17) |

WOMEN'S OUTDOOR BEST LIST

| | | |
|---------------------|-------------------|--------------------------|
| 17-06.75 (5.35) | Blair Runde | Musco Twilight (5/3) |
| 17-04.00 (5.28) | Blair Runde | MVC Championships (5/17) |
| 17-02.00 (5.23) (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 16-05.75 (5.02) (m) | Kristi Green | MVC Championships (5/17) |
| 16-04.50 (4.99) (m) | Rachel VanderHolt | MVC Championships (5/17) |
| 15-10.25 (4.83) (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 15-09.00 (4.80) (m) | Kristi Green | McDonnell Invite (4/19) |
| 15-07.50 (4.76) | Kristi Green | Musco Twilight (5/3) |

HIGH JUMP

| | | |
|--------------------|-------------------|--------------------------|
| 5-08.75 (1.75) | Crystal Hanson | MVC Championships (5/17) |
| 5-07.00 (1.70) | Crystal Hanson | ESU Relays (4/5) |
| 5-07.00 (1.70) | Crystal Hanson | McDonnell Invite (4/19) |
| 5-07.00 (1.70) | Crystal Hanson | Drake Relays (4/25) |
| 5-06.50 (1.69) (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 5-06.50 (1.69) (m) | Rachel VanderHolt | MVC Championships (5/16) |
| 5-05.25 (1.66) (m) | Dani Stipe | MVC Championships (5/16) |
| 5-05.00 (1.65) | Rachel VanderHolt | Drake Relays (4/26) |
| 5-05.00 (1.65) | Crystal Hanson | Musco Twilight (5/3) |
| 5-05.00 (1.65) | Rachel VanderHolt | Musco Twilight (5/3) |
| 5-05.00 (1.65) | Rachel VanderHolt | MVC Championships (5/17) |
| 5-04.25 (1.63) (m) | Dani Stipe | McDonnell Invite (4/19) |
| 5-03.00 (1.60) (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 5-03.00 (1.60) (m) | Alyssa Fischer | MVC Championships (5/16) |
| 5-02.25 (1.58) | Dani Stipe | MVC Championships (5/17) |
| 5-01.75 (1.57) (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 4-11.50 (1.51) (m) | Olimpia Nowak | MVC Championships (5/16) |
| 4-10.25 (1.48) (m) | Kristi Green | MVC Championships (5/16) |
| 4-07.75 (1.42) (m) | Kristi Green | McDonnell Invite (4/19) |

JAVELIN

| | | |
|--------------------|-------------------|--------------------------|
| 136-08 (41.67) | Emily Prinsen | MVC Championships (5/16) |
| 136-03 (41.52) | Emily Prinsen | Musco Twilight (5/3) |
| 133-04 (40.66) (m) | Dani Stipe | MVC Championships (5/17) |
| 129-02 (39.37) | Emily Prinsen | McDonnell Invite (4/19) |
| 126-03 (38.49) | Dani Stipe | ESU Relays (4/5) |
| 123-01 (37.52) (m) | Dani Stipe | McDonnell Invite (4/19) |
| 120-06 (36.74) | Emily Prinson | ESU Relays (4/5) |
| 116-08 (35.56) | Rachel VanderHolt | ESU Relays (4/5) |
| 115-11 (35.35) (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 114-10 (35.00) (m) | Olimpia Nowak | MVC Championships (5/17) |
| 112-06 (34.31) (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 111-11 (34.12) | Olimpia Nowak | ESU Relays (4/5) |
| 109-07 (33.41) (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 106-10 (32.58) (m) | Rachel VanderHolt | MVC Championships (5/17) |
| 106-08 (32.53) (m) | Alyssa Fischer | MVC Championships (5/17) |
| 100-06 (30.63) | Courtney Landers | Musco Twilight (5/3) |
| 99-03 (30.26) | Alyssa Fischer | ESU Relays (4/5) |
| 83-08 (25.52) (m) | Kristi Green | McDonnell Invite (4/19) |
| 82-09 (25.24) (m) | Kristi Green | MVC Championships (5/17) |

HAMMER THROW

| | | |
|----------------|---------------|------------------------------|
| 203-04 (61.99) | Rachel Jansen | MVC Championships (5/16) |
| 202-07 (61.76) | Rachel Jansen | Musco Twilight (5/3) |
| 201-02 (61.31) | Rachel Jansen | Drake Relays (4/26) |
| 187-04 (57.10) | Rachel Jansen | Kansas Relays (4/17) |
| 183-05 (55.92) | Rachel Jansen | Missouri Relays Elite (3/29) |
| 181-09 (55.40) | Rachel Jansen | Central Invitational (4/5) |

| | | |
|--------------------|------------------|------------------------------|
| 169-00 (51.52) | Courtney Landers | MVC Championships (5/16) |
| 168-10 (51.48) | Sarah Harms | MVC Championships (5/16) |
| 167-04 (51.00) (i) | Sarah Harms | Wisconsin Twilight (5/10) |
| 166-08 (50.79) | Courtney Landers | Musco Twilight (5/3) |
| 164-00 (49.99) | Courtney Landers | Wisconsin Twilight (5/10) |
| 163-06 (49.83) | Sarah Harms | Musco Twilight (5/3) |
| 163-03 (49.75) (i) | Courtney Landers | Wisconsin Twilight (5/10) |
| 163-01 (49.71) | Sarah Harms | Wisconsin Twilight (5/10) |
| 162-08 (49.58) | Courtney Landers | Central Invitational (4/5) |
| 162-00 (49.37) | Sarah Harms | Central Invitational (4/5) |
| 154-01 (46.97) | Sarah Harms | Missouri Relays Elite (3/29) |
| 151-04 (46.12) | Sarah Harms | Kansas Relays (4/17) |
| 150-11 (46.01) | Courtney Landers | Missouri Relays Elite (3/29) |
| 146-05 (44.62) | Courtney Landers | Kansas Relays (4/17) |

DISCUS

| | | |
|----------------|------------------|------------------------------|
| 171-01 (52.16) | Rachel Jansen | Musco Twilight (5/3) |
| 164-10 (50.24) | Rachel Jansen | Central Invitational (4/5) |
| 163-02 (49.73) | Rachel Jansen | Missouri Relays Elite (3/29) |
| 142-06 (43.43) | Rachel Jansen | Kansas Relays (4/18) |
| 114-02 (34.81) | Courtney Landers | MVC Championships (5/18) |

SHOT PUT

| | | |
|----------------------|-------------------|------------------------------|
| 56-09.25 (17.30) | Rachel Jansen | MVC Championships (5/17) |
| 54-02.50 (16.52) | Rachel Jansen | Missouri Relays Elite (3/29) |
| 54-02.00 (16.51) | Rachel Jansen | Drake Relays (4/26) |
| 54-01.00 (16.48) | Rachel Jansen | Musco Twilight (5/3) |
| 53-01.50 (16.19) | Rachel Jansen | Kansas Relays (4/18) |
| 46-11.75 (14.32) | Sarah Harms | MVC Championships (5/17) |
| 46-09.00 (14.25) (i) | Sarah Harms | Wisconsin Twilight (5/10) |
| 46-05.25 (14.15) | Sarah Harms | Central Invitational (4/5) |
| 46-02.00 (14.07) | Sarah Harms | Missouri Relays Elite (3/29) |
| 46-01.50 (14.06) | Sarah Harms | Kansas Relays (4/18) |
| 45-10.00 (13.97) | Sarah Harms | Wisconsin Twilight (5/10) |
| 44-01.25 (13.44) | Sarah Harms | Musco Twilight (5/3) |
| 39-10.75 (12.16) (m) | Olimpia Nowak | McDonnell Invite (4/19) |
| 37-09.50 (11.52) (m) | Olimpia Nowak | MVC Championships (5/16) |
| 34-03.00 (10.44) (m) | Alyssa Fischer | MVC Championships (5/16) |
| 32-11.00 (10.03) (m) | Dani Stipe | McDonnell Invite (4/19) |
| 32-10.25 (10.01) (m) | Dani Stipe | MVC Championships (5/16) |
| 32-08.50 (9.97) (m) | Rachel VanderHolt | MVC Championships (5/16) |
| 32-06.50 (9.92) (m) | Alyssa Fischer | McDonnell Invite (4/19) |
| 32-00.00 (9.75) (m) | Rachel VanderHolt | McDonnell Invite (4/19) |
| 27-08.25 (8.44) (m) | Kristi Green | McDonnell Invite (4/19) |
| 27-04.75 (7.39) (m) | Kristi Green | MVC Championships (5/16) |

HEPTATHLON

| | | |
|-------|-------------------|-----------------------------|
| 5,550 | Dani Stipe | MVC Championships (5/16-17) |
| 5,235 | Dani Stipe | McDonnell Invite (4/19) |
| 5,103 | Olimpia Nowak | McDonnell Invite (4/19) |
| 5,063 | Olimpia Nowak | MVC Championships (5/16-17) |
| 4,667 | Alyssa Fischer | MVC Championships (5/16-17) |
| 4,548 | Alyssa Fischer | McDonnell Invite (4/19) |
| 4,510 | Rachel VanderHolt | MVC Championships (5/16-17) |
| 4,403 | Rachel VanderHolt | McDonnell Invite (4/19) |
| 3,824 | Kristi Green | McDonnell Invite (4/19) |
| 3,801 | Kristi Green | MVC Championships (5/16-17) |

WOMEN'S OUTDOOR BEST LIST

ABBREVIATION KEY

- (p) Preliminaries
- (s) Semi-finals
- (m) Multi-event competition
- (i) Invitational section

NOTE: List does not include hand times from ESU Relays (4/5)

MEN'S OUTDOOR BEST LIST

100 METERS

| | | |
|-----------|--------------|--------------------------|
| 10.75 (m) | Mat Clark | MVC Championships (5/16) |
| 10.80 (m) | Raven Cepeda | Drake Relays (4/24) |
| 10.80 (m) | Mat Clark | Drake Relays (4/24) |
| 10.85 (m) | Raven Cepeda | MVC Championships (5/16) |
| 11.05 (p) | Alvin Cole | McDonnell Invite (4/19) |
| 11.11 (m) | Mat Clark | McDonnell Invite (4/18) |
| 11.12 (p) | Alvin Cole | Musco Twilight (5/3) |
| 11.16 (p) | Josh Webb | ESU Relays (4/5) |
| 11.18 (p) | Josh Webb | McDonnell Invite (4/19) |

110 HURDLES

| | | |
|-----------|--------------------|---------------------------|
| 13.89 | Jarrel Anderson | Wisconsin Twilight (5/10) |
| 14.03 (p) | Jarrel Anderson | Wisconsin Twilight (5/10) |
| 14.09 (p) | Jarrel Anderson | MVC Championships (5/17) |
| 14.10 (m) | Raven Cepeda | Drake Relays (4/24) |
| 14.18 (p) | Jarrel Anderson | Musco Twilight (5/3) |
| 14.20 | Jarrel Anderson | MVC Championships (5/18) |
| 14.25 (p) | Raven Cepeda | MVC Championships (5/17) |
| 14.29 | Jarrel Anderson | Musco Twilight (5/3) |
| 14.37 | Raven Cepeda | MVC Championships (5/18) |
| 14.42 (m) | Raven Cepeda | MVC Championships (5/17) |
| 14.53 (p) | Wojciech Jurkowski | MVC Championships (5/17) |
| 14.59 (p) | Jarrel Anderson | Drake Relays (4/25) |
| 14.62 | Wojciech Jurkowski | MVC Championships (5/18) |
| 14.65 (p) | Wojciech Jurkowski | Wisconsin Twilight (5/10) |
| 14.81 (p) | Wojciech Jurkowski | Musco Twilight (5/3) |
| 15.08 | Rozle Bucalo | Musco Twilight (5/3) |
| 15.08 | Wojciech Jurkowski | Musco Twilight (5/3) |
| 15.20 | Wojciech Jurkowski | Wisconsin Twilight (5/10) |
| 15.40 (m) | Mat Clark | Drake Relays (4/24) |
| 15.43 (p) | Rozle Bucalo | McDonnell Invite (4/19) |
| 15.47 (p) | Wojciech Jurkowski | McDonnell Invite (4/19) |
| 15.57 (p) | Rozle Bucalo | Musco Twilight (5/3) |
| 15.58 (m) | Mat Clark | MVC Championships (5/17) |
| 15.74 (p) | Rozle Bucalo | ESU Relays (4/5) |
| 15.82 (m) | Mat Clark | McDonnell Invite (4/19) |
| 15.94 (p) | Jarrel Anderson | McDonnell Invite (4/19) |

200 METERS

| | | |
|-----------|--------------------|--------------------------|
| 21.11 (p) | Terrance Reid | MVC Championships (5/17) |
| 21.34 | Terrance Reid | MVC Championships (5/18) |
| 22.61 | Josh Webb | McDonnell Invite (4/19) |
| 22.87 | Wojciech Jurkowski | Musco Twilight (5/3) |

400 METERS

| | | |
|-----------|---------------|--------------------------|
| 46.64 (p) | Terrance Reid | MVC Championships (5/17) |
| 46.70 | Terrance Reid | McDonnell Invite (4/19) |
| 46.77 | Terrance Reid | MVC Championships (5/18) |
| 47.07 (p) | Ryan Grenko | MVC Championships (5/17) |
| 47.57 | Ryan Grenko | Musco Twilight (5/3) |
| 47.65 | Ryan Grenko | MVC Championships (5/18) |
| 48.50 | Cory Goos | ESU Relays (4/5) |
| 48.77 (m) | Mat Clark | MVC Championships (5/16) |
| 49.49 (p) | Pete Larson | MVC Championships (5/17) |
| 49.60 (m) | Mat Clark | Drake Relays (4/24) |
| 49.82 | Pete Larson | McDonnell Invite (4/19) |

| | | |
|-----------|---------------|--------------------------|
| 49.91 (m) | Mat Clark | McDonnell Invite (4/19) |
| 49.93 (p) | Kevin Roberts | MVC Championships (5/17) |
| 50.00 | Kevin Roberts | ESU Relays (4/5) |
| 50.10 | Pete Larson | ESU Relays (4/5) |
| 50.60 | Mike Craddick | ESU Relays (4/5) |
| 50.63 | Peter Larson | Musco Twilight (5/3) |
| 51.30 (m) | Raven Cepeda | MVC Championships (5/16) |
| 51.42 | Kevin Roberts | Musco Twilight (5/3) |
| 52.15 (m) | Raven Cepeda | Drake Relays (4/24) |

400 HURDLES

| | | |
|-----------|---------------|--------------------------|
| 52.32 | Dennis Hammel | Musco Twilight (5/3) |
| 52.34 (p) | Dennis Hammel | MVC Championships (5/17) |
| 52.35 | Cory Goos | MVC Championships (5/18) |
| 52.42 | Dennis Hammel | MVC Championships (5/18) |
| 52.60 | Greg Offerman | ESU Relays (4/5) |
| 52.61 | Dennis Hammel | McDonnell Invite (4/19) |
| 53.53 (p) | Cory Goos | MVC Championships (5/17) |
| 53.55 | Cory Goos | McDonnell Invite (4/19) |
| 54.80 | Dennis Hammel | ESU Relays (4/5) |

800 METERS

| | | |
|-------------|---------------|--------------------------|
| 1:48.85 (i) | Tyler Mulder | McDonnell Invite (4/19) |
| 1:49.32 | Tyler Mulder | MVC Championships (5/18) |
| 1:49.73 | Dorian Ulrey | MVC Championships (5/18) |
| 1:49.99 | Tyler Mulder | Musco Twilight (5/3) |
| 1:50.90 (p) | Tyler Mulder | MVC Championships (5/17) |
| 1:51.56 (p) | Jack Ogden | MVC Championships (5/17) |
| 1:52.38 (p) | Dorian Ulrey | MVC Championships (5/17) |
| 1:52.55 (p) | Mike Craddick | MVC Championships (5/17) |
| 1:52.93 | Jack Ogden | MVC Championships (5/18) |
| 1:53.11 | Jack Ogden | McDonnell Invite (4/19) |
| 1:53.11 | Mike Craddick | MVC Championships (5/18) |
| 1:53.12 | Mike Craddick | McDonnell Invite (4/19) |
| 1:53.35 (p) | Dale Maxedon | MVC Championships (5/17) |
| 1:53.43 | Dale Maxedon | McDonnell Invite (4/19) |
| 1:53.55 | Dale Maxedon | MVC Championships (5/18) |
| 1:53.69 (p) | Corbin Miller | MVC Championships (5/17) |
| 1:54.09 | Mike Craddick | Musco Twilight (5/3) |
| 1:54.20 | Dorian Ulrey | ESU Relays (4/5) |
| 1:54.70 | Jack Ogden | Musco Twilight (5/3) |
| 1:55.40 | Dale Maxedon | Musco Twilight (5/3) |
| 1:56.20 | Jack Ogden | ESU Relays (4/5) |
| 1:57.43 | Chris Cooper | McDonnell Invite (4/19) |
| 1:57.60 | Corbin Miller | ESU Relays (4/5) |
| 1:58.00 | Dale Maxedon | ESU Relays (4/5) |
| 1:58.52 | Corbin Miller | Musco Twilight (5/3) |
| 2:00.30 | Chris Cooper | ESU Relays (4/5) |
| 2:00.53 | Corbin Miller | McDonnell Invite (4/19) |

1,500 METERS

| | | |
|-------------|--------------|---------------------------|
| 3:43.74 (i) | Dorian Ulrey | McDonnell Invite (4/19) |
| 3:56.81 | Dorian Ulrey | MVC Championships (5/18) |
| 3:56.42 | Tyler Mulder | ESU Relays (4/5) |
| 3:59.40 | Andy Schon | Wisconsin Twilight (5/10) |
| 3:59.70 | Andy Schon | McDonnell Invite (4/19) |
| 4:14.38 (m) | Mat Clark | Drake Relays (4/24) |

MEN'S OUTDOOR BEST LIST

| | | |
|-------------|--------------|--------------------------|
| 4:37.57 (m) | Mat Clark | MVC Championships (5/17) |
| 4:40.03 (m) | Raven Cepeda | Drake Relays (4/24) |
| 4:50.96 (m) | Raven Cepeda | MVC Championships (5/17) |

3,000 METERS

| | | |
|---------|-------------|-----------------------|
| 8:49.58 | Mike Clancy | Hawkeye Invite (4/19) |
|---------|-------------|-----------------------|

3,000-METER STEEPLECHASE

| | | |
|---------|------------|--------------------------|
| 9:20.52 | Andy Schon | MVC Championships (5/17) |
| 9:40.44 | Andy Schon | Musco Twilight (5/3) |

5,000 METERS

| | | |
|----------|-------------|--------------------------------|
| 15:32.48 | Mike Clancy | Musco Twilight (5/3) |
| 15:39.78 | Mike Clancy | Jim Duncan Invitational (4/11) |
| 15:41.30 | Andy Schon | MVC Championships (5/18) |
| 15:45.00 | Mike Clancy | ESU Relays (4/5) |
| 15:46.13 | Andy Schon | Jim Duncan Invitational (4/11) |
| 15:51.10 | Mike Clancy | MVC Championships (5/18) |

4X100 RELAY

| | | |
|-----------|-----------------------------------|-------------------------|
| 41.96 (p) | Cole, Reid, Roberts, Morris | Drake Relays (4/25) |
| 41.97 | Cole, Reid, Roberts, Jurkowski | Musco Twilight (5/3) |
| 42.52 | UNI 'A' | McDonnell Invite (4/19) |
| 42.82 | UNI 'A' | ESU Relays (4/5) |
| 42.82 | UNI 'B' | ESU Relays (4/5) |
| 44.09 | UNI 'C' | ESU Relays (4/5) |

4X400 RELAY

| | | |
|-------------|-------------------------------------|--------------------------|
| 3:08.29 | Hammel, Goos, Mulder, Reid | McDonnell Invite (4/19) |
| 3:10.03 | Grenko, Goos, Hammel, Mulder | MVC Championships (5/18) |
| 3:10.43 (p) | Hammel, Goos, Grenko, Reid | Drake Relays (4/25) |
| 3:15.60 | UNI 'A' | ESU Relays (4/5) |
| 3:17.07 | UNI 'B' | McDonnell Invite (4/19) |
| 3:19.29 | Craddick, Larson, Roberts, Ogden | Musco Twilight (5/3) |
| 3:19.60 | UNI 'B' | ESU Relays (4/5) |
| 3:23.63 | UNI 'C' | McDonnell Invite (4/19) |
| 3:29.30 | UNI 'D' | ESU Relays (4/5) |
| 3:37.00 | UNI 'C' | ESU Relays (4/5) |

4X800 RELAY

| | | |
|---------|-----------------------------------|---------------------|
| 7:28.98 | Ogden, Ulrey, Craddick, Mulder | Drake Relays (4/25) |
| 7:57.60 | Craddick, Schon, Miller, Ulrey | ESU Relays (4/5) |

SPRINT MEDLEY RELAY

| | | |
|---------|--------------------------------|---------------------|
| 3:23.71 | Reid, Roberts, Goos, Mulder | Drake Relays (4/26) |
|---------|--------------------------------|---------------------|

DISTANCE MEDLEY RELAY

| | | |
|---------|----------------------------------|---------------------|
| 9:49.38 | Mulder, Reid, Craddick, Ulrey | Drake Relays (4/26) |
|---------|----------------------------------|---------------------|

SHUTTLE HURDLE RELAY

| | | |
|-----------|--|---------------------|
| 58.67 (p) | Bucalo, Anderson, Jurkowski, Cededa | Drake Relays (4/25) |
|-----------|--|---------------------|

LONG JUMP

| | | |
|---------------------|--------------|--------------------------|
| 24-05.75 (7.46) | Rozle Bucalo | MVC Championships (5/17) |
| 23-11.50 (7.30) | Rozle Bucalo | McDonnell Invite (4/19) |
| 23-09.50 (7.25) (m) | Mat Clark | MVC Championships (5/16) |
| 23-08.75 (7.23) | Mat Clark | MVC Championships (5/17) |
| 23-04.75 (7.13) (m) | Mat Clark | Drake Relays (4/24) |
| 23-03.50 (7.10) | Rozle Bucalo | Drake Relays (4/25) |
| 23-01.25 (7.04) (m) | Mat Clark | McDonnell Invite (4/18) |
| 22-11.75 (7.00) | Rozle Bucalo | Musco Twilight (5/3) |
| 22-11.75 (7.00) | Alvin Cole | MVC Championships (5/17) |
| 22-07.00 (6.88) (m) | Raven Cepeda | Drake Relays (4/24) |
| 21-08.00 (6.60) | Alvin Cole | Musco Twilight (5/3) |
| 21-07.25 (6.58) | Alvin Cole | McDonnell Invite (4/19) |
| 21-04.75 (6.52) (m) | Raven Cepeda | MVC Championships (5/16) |

TRIPLE JUMP

| | | |
|------------------|--------------|--------------------------|
| 46-08.25 (14.23) | Rozle Bucalo | MVC Championships (5/18) |
|------------------|--------------|--------------------------|

HIGH JUMP

| | | |
|--------------------|---------------|--------------------------|
| 7-02.50 (2.20) | Ehi Oamen | MVC Championships (5/17) |
| 7-00.50 (2.15) | Julian Morris | McDonnell Invite (4/19) |
| 7-00.50 (2.15) | Julian Morris | MVC Championships (5/17) |
| 7-00.25 (2.14) | Ehi Oamen | Drake Relays (4/26) |
| 7-00.25 (2.14) | Julian Morris | Drake Relays (4/26) |
| 6-10.75 (2.10) | Ehi Oamen | ESU Relays (4/5) |
| 6-10.75 (2.10) | Ehi Oamen | McDonnell Invite (4/19) |
| 6-10.75 (2.10) | Ehi Oamen | Musco Twilight (5/3) |
| 6-07.50 (2.02) (m) | Mat Clark | Drake Relays (4/24) |
| 6-06.00 (1.98) (m) | Mat Clark | MVC Championships (5/16) |
| 6-04.75 (1.95) | Julian Morris | ESU Relays (4/5) |
| 6-03.50 (1.92) (m) | Raven Cepeda | MVC Championships (5/16) |
| 6-02.75 (1.90) (m) | Raven Cepeda | Drake Relays (4/24) |
| 6-01.50 (1.87) (m) | Mat Clark | McDonnell Invite (4/18) |

POLE VAULT

| | | |
|---------------------|--------------|--------------------------|
| 17-00.75 (5.20) | Phil Hanson | MVC Championships (5/18) |
| 16-06.75 (5.05) | Phil Hanson | McDonnell Invite (4/19) |
| 16-06.75 (5.05) | Phil Hanson | Musco Twilight (5/3) |
| 16-06.75 (5.05) (m) | Raven Cepeda | MVC Championships (5/17) |
| 16-06.75 (5.05) | Raven Cepeda | MVC Championships (5/18) |
| 16-00.75 (4.90) (m) | Raven Cepeda | Drake Relays (4/24) |
| 15-07.00 (4.75) | Phil Hanson | ESU Relays (4/5) |
| 15-07.00 (4.75) | Raven Cepeda | ESU Relays (4/5) |
| 15-07.00 (4.75) | Mike Beese | Drake Relays (4/25) |
| 15-07.00 (4.75) | Mike Beese | MVC Championships (5/18) |
| 14-03.25 (4.35) (m) | Mat Clark | MVC Championships (5/17) |
| 14-01.25 (4.30) | Mat Clark | ESU Relays (4/5) |
| 14-01.25 (4.30) (m) | Mat Clark | Drake Relays (4/24) |

MEN'S OUTDOOR BEST LIST

JAVELIN

| | | |
|--------------------|-------------------|--------------------------|
| 220-10 (67.31) | Marcin Kazubowski | MVC Championships (5/16) |
| 206-05 (62.91) | Marcin Kazubowski | Drake Relays (4/25) |
| 195-11 (59.71) (m) | Mat Clark | Drake Relays (4/24) |
| 178-11 (54.54) | Raven Cepeda | MVC Championships (5/16) |
| 178-09 (54.49) (m) | Raven Cepeda | Drake Relays (4/24) |
| 172-10 (52.70) (m) | Raven Cepeda | MVC Championships (5/17) |
| 150-02 (45.77) (m) | Mat Clark | MVC Championships (5/17) |

DISCUS

| | | |
|--------------------|--------------|----------------------------|
| 174-11 (53.31) | Allen Weeks | Musco Twilight (5/3) |
| 165-10 (50.55) | Allen Weeks | Central Invitational (4/5) |
| 163-06 (49.83) | Allen Weeks | Missouri Relays (3/29) |
| 160-04 (48.87) | Allen Weeks | MVC Championships (5/18) |
| 151-05 (46.15) | Allen Weeks | Kansas Relays (4/19) |
| 141-06 (43.12) (m) | Raven Cepeda | Drake Relays (4/24) |
| 136-10 (41.71) (m) | Raven Cepeda | MVC Championships (5/17) |
| 131-07 (40.10) | Raven Cepeda | ESU Relays (4/5) |
| 129-03 (39.41) | Lucas Cook | MVC Championships (5/18) |
| 128-01 (39.04) | Mat Clark | ESU Relays (4/5) |
| 128-01 (39.04) (m) | Mat Clark | Drake Relays (4/24) |
| 123-10 (37.75) (m) | Mat Clark | MVC Championships (5/17) |

HAMMER THROW

| | | |
|--------------------|---------------|------------------------------|
| 187-09 (57.24) | Lucas Cook | MVC Championships (5/16) |
| 177-04 (54.05) | Lucas Cook | Musco Twilight (5/3) |
| 175-07 (53.51) | Lucas Cook | Missouri Relays Elite (3/29) |
| 173-06 (52.89) (i) | Adam Pinckney | Wisconsin Twilight (5/10) |
| 168-06 (51.35) | Lucas Cook | Kansas Relays (4/17) |
| 165-07 (50.47) | Lucas Cook | Central Invitational (4/5) |
| 162-05 (49.50) | Adam Pinckney | Wisconsin Twilight (5/10) |
| 156-11 (47.84) | Adam Pinckney | Central Invitational (4/5) |
| 155-04 (47.36) | Adam Pinckney | Missouri Relays (3/29) |
| 152-06 (46.48) | Adam Pinckney | Musco Twilight (5/3) |
| 128-09 (39.24) | Allen Weeks | Missouri Relays (3/29) |

SHOT PUT

| | | |
|----------------------|---------------|----------------------------|
| 53-01.00 (15.57) | Adam Pinckney | Central Invitational (4/5) |
| 51-07.75 (15.74) | Adam Pinckney | McDonnell Invite (4/19) |
| 51-07.25 (15.73) | Adam Pinckney | Missouri Relays (3/29) |
| 51-03.00 (15.62) (i) | Adam Pinckney | Wisconsin Twilight (5/10) |
| 50-11.50 (15.53) | Adam Pinckney | MVC Championships (5/17) |
| 48-03.50 (14.72) | Allen Weeks | Missouri Relays (3/29) |
| 48-02.00 (14.68) | Allen Weeks | Kansas Relays (4/18) |
| 48-02.00 (14.68) | Adam Pinckney | Wisconsin Twilight (5/10) |
| 48-02.00 (14.68) (m) | Raven Cepeda | MVC Championships (5/16) |
| 47-05.25 (14.46) | Allen Weeks | Central Invitational (4/5) |
| 46-09.00 (14.25) (m) | Raven Cepeda | Drake Relays (4/24) |
| 44-05.50 (13.55) | Allen Weeks | MVC Championships (5/17) |
| 40-11.00 (12.47) (m) | Mat Clark | Drake Relays (4/24) |
| 40-10.50 (12.46) (m) | Mat Clark | MVC Championships (5/16) |
| 40-09.75 (12.44) (m) | Mat Clark | McDonnell Invite (4/19) |

DECATHLON

| | | |
|-------|--------------|-----------------------------|
| 7,691 | Mat Clark | Drake Relays (4/23-24) |
| 7,687 | Raven Cepeda | Drake Relays (4/23-24) |
| 7,641 | Raven Cepeda | MVC Championships (5/16-17) |
| 7,420 | Mat Clark | MVC Championships (5/16-17) |

ABBREVIATION KEY

- (p) Preliminaries
- (s) Semi-finals
- (m) Multi-event competition
- (i) Invitational section

NOTE: List does not include hand times from ESU Relays (4/5)

WOMEN'S OUTDOOR PERFORMANCE LIST

AMY BAGGE

800 METERS

| | | |
|-------------|--------------------------|---------|
| 2:09.74 (i) | McDonnell Invite (4/19) | 7th |
| 2:10.35 | MVC Championships (5/18) | 1st |
| 2:13.67 (p) | MVC Championships (5/17) | Q - 5th |
| 2:16.27 | Musco Twilight (5/3) | 1st |

STACY BUTT

HIGH JUMP

| | | |
|-----------------|----------------------|-----|
| 17-11.00 (5.46) | Musco Twilight (5/3) | 4th |
|-----------------|----------------------|-----|

LONG JUMP

| | | |
|-----------------|--------------------------|-----|
| 18-05.75 (5.63) | MVC Championships (5/17) | 8th |
|-----------------|--------------------------|-----|

LAUREN CARRUTHERS

400 METERS

| | | |
|-----------|--------------------------|---------|
| 55.27 | MVC Championships (5/18) | 4th |
| 55.32 (p) | MVC Championships (5/17) | Q - 3rd |
| 55.98 | McDonnell Invite (4/19) | 7th |
| 56.07 | Musco Twilight (5/3) | 2nd |

ALYSSA FISCHER

100 HURDLES

| | | |
|-----------|--------------------------|-----|
| 15.19 (m) | MVC Championships (5/16) | 4th |
| 15.68 (m) | McDonnell Invite (4/19) | 7th |
| 15.99 (p) | ESU Relays (4/5) | DNQ |
| 16.04 (p) | Musco Twilight (5/3) | DNQ |

HIGH JUMP

| | | |
|--------------------|--------------------------|-------|
| 5-03.00 (1.60) (m) | McDonnell Invite (4/19) | T-4th |
| 5-03.00 (1.60) (m) | MVC Championships (5/16) | T-4th |

SHOT PUT

| | | |
|----------------------|--------------------------|-----|
| 34-03.00 (10.44) (m) | MVC Championships (5/16) | 3rd |
| 32-06.50 (9.92) (m) | McDonnell Invite (4/19) | 4th |

200 METERS

| | | |
|-----------|--------------------------|-----|
| 26.09 (m) | MVC Championships (5/16) | 3rd |
| 26.37 (m) | McDonnell Invite (4/19) | 4th |

LONG JUMP

| | | |
|---------------------|--------------------------|------|
| 18-01.50 (5.52) | MVC Championships (5/17) | 10th |
| 17-07.50 (5.37) (m) | MVC Championships (5/17) | 3rd |
| 17-02.00 (5.23) (m) | McDonnell Invite (4/19) | 3rd |

JAVELIN

| | | |
|--------------------|--------------------------|------|
| 109-07 (33.41) (m) | McDonnell Invite (4/19) | 5th |
| 106-08 (32.53) (m) | MVC Championships (5/17) | 8th |
| 99-03 (30.25) | ESU Relays (4/5) | 18th |

800 METERS

| | | |
|-------------|--------------------------|-----|
| 2:37.26 (m) | McDonnell Invite (4/19) | 7th |
| 2:39.43 (m) | MVC Championships (5/17) | 9th |

HEPTATHLON

| | | |
|-------|-----------------------------|-----|
| 4,667 | MVC Championships (5/16-17) | 3rd |
| 4,548 | McDonnell Invite (4/19) | 4th |

KRISTI GREEN

100 HURDLES

| | | |
|-----------|--------------------------|-----|
| 16.36 (m) | McDonnell Invite (4/19) | 8th |
| 16.50 (p) | Musco Twilight (5/3) | DNQ |
| 17.16 (p) | ESU Relays (4/5) | DNQ |
| 17.85 (m) | MVC Championships (5/16) | 9th |

HIGH JUMP

| | | |
|--------------------|--------------------------|-------|
| 4-10.25 (1.48) (m) | MVC Championships (5/16) | T-8th |
| 4-07.75 (1.42) (m) | McDonnell Invite (4/19) | 8th |

SHOT PUT

| | | |
|---------------------|--------------------------|-----|
| 27-08.25 (8.44) (m) | McDonnell Invite (4/19) | 8th |
| 27-04.75 (7.39) (m) | MVC Championships (5/16) | 9th |

200 METERS

| | | |
|-----------|--------------------------|-----|
| 27.83 (m) | MVC Championships (5/16) | 8th |
| 28.09 (m) | McDonnell Invite (4/19) | 8th |

LONG JUMP

| | | |
|---------------------|--------------------------|------|
| 16-05.75 (5.02) (m) | MVC Championships (5/17) | 6th |
| 15-09.00 (4.80) (m) | McDonnell Invite (4/19) | 6th |
| 15-07.50 (4.76) | Musco Twilight (5/3) | 10th |

JAVELIN

| | | |
|-------------------|--------------------------|------|
| 83-08 (25.52) (m) | McDonnell Invite (4/19) | 8th |
| 82-09 (25.24) (m) | MVC Championships (5/17) | 10th |

800 METERS

| | | |
|-------------|--------------------------|-----|
| 2:31.00 (m) | MVC Championships (5/17) | 4th |
| 2:31.92 (m) | McDonnell Invite (4/19) | 6th |

HEPTATHLON

| | | |
|-------|-----------------------------|-----|
| 3,824 | McDonnell Invite (4/19) | 8th |
| 3,801 | MVC Championships (5/16-17) | 9th |

JESSICA HALE

100 HURDLES

| | | |
|-----------|---------------------------|---------|
| 14.78 | Wisconsin Twilight (5/10) | 6th |
| 14.78 (p) | MVC Championships (5/17) | DNQ |
| 14.95 | Musco Twilight (5/3) | 6th |
| 15.04 (p) | ESU Relays (4/5) | Q - 7th |
| 15.07 (p) | Musco Twilight (5/3) | Q - 7th |
| 15.46 (p) | McDonnell Invite (4/19) | DNQ |

CRYSTAL HANSON

HIGH JUMP

| | | |
|----------------|--------------------------|------|
| 5-08.75 (1.75) | MVC Championships (5/17) | 1st |
| 5-07.00 (1.70) | ESU Relays (4/5) | 1st |
| 5-07.00 (1.70) | McDonnell Invite (4/19) | 2nd |
| 5-07.00 (1.70) | Drake Relays (4/25) | 13th |
| 5-05.00 (1.65) | Musco Twilight (5/3) | 5th |

SARAH HARMS

SHOT PUT

| | | |
|----------------------|------------------------------|------|
| 46-11.75 (14.32) | MVC Championships (5/17) | 4th |
| 46-09.00 (14.25) (i) | Wisconsin Twilight (5/10) | 2nd |
| 46-05.25 (14.15) | Central Invitational (4/5) | 1st |
| 46-02.00 (14.07) | Missouri Relays Elite (3/29) | 6th |
| 46-01.50 (14.06) | Kansas Relays (4/18) | 11th |
| 45-10.00 (13.97) | Wisconsin Twilight (5/10) | 2nd |
| 44-01.25 (13.44) | Musco Twilight (5/3) | 3rd |

HAMMER THROW

| | | |
|--------------------|------------------------------|------|
| 168-10 (51.48) | MVC Championships (5/16) | 7th |
| 167-04 (51.00) (i) | Wisconsin Twilight (5/10) | 3rd |
| 163-06 (49.83) | Musco Twilight (5/3) | 6th |
| 163-01 (49.71) | Wisconsin Twilight (5/10) | 4th |
| 162-00 (49.37) | Central Invitational (4/5) | 3rd |
| 154-01 (46.97) | Missouri Relays Elite (3/29) | 8th |
| 151-04 (46.12) | Kansas Relays (4/17) | 13th |

WOMEN'S OUTDOOR PERFORMANCE LIST

TRACI HAWLEY

1,500 METERS

| | | |
|---------|----------------------|-----|
| 4:44.44 | Musco Twilight (5/3) | 5th |
| 4:45.29 | ESU Relays (4/5) | 4th |

5,000 METERS

| | | |
|----------|--------------------------|-----|
| 16:54.30 | Drake Relays (4/24) | 5th |
| 17:07.34 | McDonnell Invite (4/19) | 1st |
| 17:24.85 | MVC Championships (5/18) | 2nd |

10,000 METERS

| | | |
|----------|--------------------------|-----|
| 35:16.68 | MVC Championships (5/16) | 1st |
|----------|--------------------------|-----|

HOLLI HOSCH

400 METERS

| | | |
|-------|------------------|-----|
| 57.70 | ESU Relays (4/5) | 3rd |
|-------|------------------|-----|

800 METERS

| | | |
|-------------|--------------------------|---------|
| 2:13.34 | McDonnell Invite (4/19) | 4th |
| 2:13.50 | MVC Championships (5/18) | 5th |
| 2:13.67 (p) | MVC Championships (5/17) | Q - 5th |
| 2:19.23 | Musco Twilight (5/3) | 3rd |

AMANDA HULING

800 METERS

| | | |
|---------|-------------------------|------|
| 2:18.64 | McDonnell Invite (4/19) | 16th |
| 2:21.10 | ESU Relays (4/5) | 6th |

1,500 METERS

| | | |
|---------|--------------------------|------|
| 4:48.84 | MVC Championships (5/18) | 14th |
| 4:56.62 | Musco Twilight (5/3) | 14th |

JAMIE HUTCHINSON

400 METERS

| | | |
|-------|------------------|-----|
| 58.20 | ESU Relays (4/5) | 4th |
|-------|------------------|-----|

MEGAN IVERSON

400 METERS

| | | |
|-----------|--------------------------|------|
| 57.77 (p) | MVC Championships (5/17) | DNQ |
| 58.70 | McDonnell Invite (4/19) | 14th |
| 59.36 | Musco Twilight (5/3) | 9th |

RACHEL JANSEN

SHOT PUT

| | | |
|------------------|------------------------------|-----|
| 56-09.25 (17.30) | MVC Championships (5/17) | 1st |
| 54-02.50 (16.52) | Missouri Relays Elite (3/29) | 1st |
| 54-02.00 (16.51) | Drake Relays (4/26) | 3rd |
| 54-01.00 (16.48) | Musco Twilight (5/3) | 1st |
| 53-01.50 (16.19) | Kansas Relays (4/18) | 3rd |

DISCUS

| | | |
|----------------|------------------------------|------|
| 171-01 (52.16) | Musco Twilight (5/3) | 1st |
| 164-10 (50.24) | Central Invitational (4/5) | 1st |
| 163-02 (49.73) | Missouri Relays Elite (3/29) | 2nd |
| 142-06 (43.43) | Kansas Relays (4/19) | 11th |

HAMMER THROW

| | | |
|----------------|--------------------------|-----|
| 203-04 (61.99) | MVC Championships (5/17) | 2nd |
| 202-07 (61.76) | Musco Twilight (5/3) | 1st |
| 201-02 (61.31) | Drake Relays (4/26) | 5th |

| | | |
|----------------|------------------------------|-----|
| 187-04 (57.10) | Kansas Relays (4/17) | 4th |
| 183-05 (55.92) | Missouri Relays Elite (3/29) | 3rd |
| 181-09 (55.40) | Central Invitational (4/5) | 1st |

WHITNEY JOHNSON

800 METERS

| | | |
|---------|-----------------------|------|
| 2:25.16 | Musco Twilight (5/3) | 9th |
| 2:29.98 | Hawkeye Invite (4/19) | 17th |

1,500 METERS

| | | |
|---------|------------------|------|
| 5:01.46 | ESU Relays (4/5) | 11th |
|---------|------------------|------|

HEATHER KESSLER

100 HURDLES

| | | |
|-----------|---------------------------|---------|
| 15.10 (p) | ESU Relays (4/5) | DNQ |
| 15.14 | Wisconsin Twilight (5/10) | 7th |
| 15.15 (p) | Musco Twilight (5/3) | Q - 8th |
| 15.17 | Musco Twilight (5/3) | 7th |
| 15.18 (p) | MVC Championships (5/17) | DNQ |
| 15.44 (p) | McDonnell Invite (4/19) | DNQ |

ELLEN KINDELSPERGER

800 METERS

| | | |
|-------------|--------------------------|-----|
| 2:13.42 | McDonnell Invite (4/19) | 5th |
| 2:17.20 (p) | MVC Championships (5/17) | DNQ |
| 2:20.11 | Musco Twilight (5/3) | 4th |

BRITTANY KORELL

100 HURDLES

| | | |
|-----------|-----------------------|-----|
| 15.92 (p) | ESU Relays (4/5) | DNQ |
| 16.53 (p) | Hawkeye Invite (4/19) | DNQ |

COURTNEY LANDERS

JAVELIN

| | | |
|----------------|----------------------|-----|
| 100-06 (30.63) | Musco Twilight (5/3) | 8th |
|----------------|----------------------|-----|

DISCUS

| | | |
|----------------|--------------------------|------|
| 114-02 (34.81) | MVC Championships (5/18) | 17th |
|----------------|--------------------------|------|

HAMMER THROW

| | | |
|--------------------|------------------------------|------|
| 169-00 (51.52) | MVC Championships (5/16) | 6th |
| 166-08 (50.79) | Musco Twilight (5/3) | 4th |
| 164-00 (49.99) | Wisconsin Twilight (5/10) | 3rd |
| 163-03 (49.75) (i) | Wisconsin Twilight (5/10) | 4th |
| 162-08 (49.58) | Central Invitational (4/5) | 2nd |
| 150-11 (46.01) | Missouri Relays Elite (3/29) | 9th |
| 146-05 (44.62) | Kansas Relays (4/17) | 16th |

CALI LYONS

100 HURDLES

| | | |
|-----------|---------------------------|---------|
| 14.31 (p) | MVC Championships (5/17) | Q - 6th |
| 14.40 | MVC Championships (5/18) | 6th |
| 14.54 | Musco Twilight (5/3) | 5th |
| 14.58 (p) | Musco Twilight (5/3) | Q - 5th |
| 14.66 | Wisconsin Twilight (5/10) | 5th |
| 14.99 (p) | ESU Relays (4/5) | Q - 6th |
| 15.43 (p) | McDonnell Invite (4/19) | DNQ |

WOMEN'S OUTDOOR PERFORMANCE LIST

ASHLEY MILLER

100 METERS

| | | |
|-----------|------------------|---------|
| 12.57 (p) | ESU Relays (4/5) | Q - 8th |
|-----------|------------------|---------|

OLIMPIA NOWAK

100 HURDLES

| | | |
|-----------|--------------------------|---------|
| 14.07 (m) | MVC Championships (5/16) | 1st |
| 14.33 (p) | MVC Championships (5/17) | Q - 8th |
| 14.54 | MVC Championships (5/18) | 8th |
| 14.67 (p) | ESU Relays (4/5) | Q - 4th |
| 14.80 (m) | McDonnell Invite (4/19) | 1st |

HIGH JUMP

| | | |
|--------------------|--------------------------|-------|
| 5-01.75 (1.57) (m) | McDonnell Invite (4/19) | 6th |
| 4-11.50 (1.51) (m) | MVC Championships (5/16) | T-6th |

SHOT PUT

| | | |
|----------------------|--------------------------|-----|
| 39-10.75 (12.16) (m) | McDonnell Invite (4/19) | 1st |
| 37-09.50 (11.52) (m) | MVC Championships (5/16) | 1st |

200 METERS

| | | |
|-----------|--------------------------|-----|
| 25.60 (m) | MVC Championships (5/16) | 2nd |
| 25.71 (m) | McDonnell Invite (4/19) | 3rd |

LONG JUMP

| | | |
|---------------------|--------------------------|-----|
| 18-09.25 (5.72) (m) | MVC Championships (5/17) | 2nd |
| 17-07.50 (5.37) (m) | McDonnell Invite (4/19) | 2nd |

JAVELIN

| | | |
|--------------------|--------------------------|------|
| 114-10 (35.00) (m) | MVC Championships (5/17) | 3rd |
| 112-06 (34.31) (m) | McDonnell Invite (4/19) | 4th |
| 111-11 (34.12) | ESU Relays (4/5) | 14th |

800 METERS

| | | |
|-------------|--------------------------|-----|
| 2:20.39 (m) | McDonnell Invite (4/19) | 1st |
| 2:32.35 (m) | MVC Championships (5/17) | 5th |

HEPTATHLON

| | | |
|-------|-----------------------------|-----|
| 5,103 | McDonnell Invite (4/19) | 2nd |
| 5,063 | MVC Championships (5/16-17) | 2nd |

EMILY PRINSEN

JAVELIN

| | | |
|----------------|--------------------------|------|
| 136-08 (41.67) | MVC Championships (5/16) | 4th |
| 136-03 (41.52) | Musco Twilight (5/3) | 2nd |
| 129-02 (39.37) | McDonnell Invite (4/19) | 8th |
| 120-06 (36.72) | ESU Relays (4/5) | 10th |

REGINA REINIG

800 METERS

| | | |
|-------------|--------------------------|------|
| 2:20.60 (p) | MVC Championships (5/17) | DNQ |
| 2:21.35 | Hawkeye Invite (4/19) | 10th |
| 2:22.59 | Musco Twilight (5/3) | 6th |
| 2:25.10 | ESU Relays (4/5) | 9th |

BLAIR RUNDE

100 METERS

| | | |
|-----------|--------------------------|---------|
| 12.61 (p) | MVC Championships (5/17) | DNQ |
| 12.76 | Musco Twilight (5/3) | 5th |
| 12.78 (p) | McDonnell Invite (4/19) | DNQ |
| 12.85 (p) | Musco Twilight (5/3) | Q - 4th |

LONG JUMP

| | | |
|-----------------|--------------------------|------|
| 17-08.25 (5.39) | McDonnell Invite (4/19) | 19th |
| 17-06.75 (5.35) | Musco Twilight (5/3) | 6th |
| 17-04.00 (5.28) | MVC Championships (5/17) | 13th |

CAEDRYN SCHRUNK

800 METERS

| | | |
|---------|-------------------------|------|
| 2:15.77 | McDonnell Invite (4/19) | 11th |
|---------|-------------------------|------|

1,500 METERS

| | | |
|---------|--------------------------|-----|
| 4:41.08 | MVC Championships (5/18) | 7th |
| 4:42.95 | Musco Twilight (5/3) | 4th |
| 4:44.13 | ESU Relays (4/5) | 2nd |

5,000 METERS

| | | |
|----------|--------------------------|-----|
| 17:44.78 | MVC Championships (5/18) | 5th |
|----------|--------------------------|-----|

JESSA SCHWEITZER

1,500 METERS

| | | |
|---------|-----------------------|------|
| 4:59.52 | Hawkeye Invite (4/19) | 18th |
| 5:03.52 | ESU Relays (4/5) | 14th |

ALI SELENKE

400 METERS

| | | |
|-----------|--------------------------|------|
| 60.48 | McDonnell Invite (4/19) | 16th |
| 60.70 | ESU Relays (4/5) | 13th |
| 60.97 (p) | MVC Championships (5/17) | DNQ |
| 61.93 | Musco Twilight (5/3) | 14th |

MEREDITH KOSMACEK-SIMON

100 METERS

| | | |
|-----------|--------------------------|---------|
| 12.09 | MVC Championships (5/18) | 6th |
| 12.13 (p) | MVC Championships (5/17) | Q - 6th |
| 12.17 | ESU Relays (4/5) | 3rd |
| 12.26 (p) | ESU Relays (4/5) | Q - 3rd |
| 12.26 (p) | McDonnell Invite (4/19) | DNQ |
| 12.26 | Musco Twilight (5/3) | 1st |
| 12.36 (p) | Musco Twilight (5/3) | Q - 1st |
| 12.39 (p) | Drake Relays (4/25) | DNQ |

200 METERS

| | | |
|-----------|--------------------------|---------|
| 24.19 | MVC Championships (5/18) | 3rd |
| 24.49 (p) | MVC Championships (5/17) | Q - 8th |
| 24.88 | McDonnell Invite (4/19) | 9th |
| 25.15 | Musco Twilight (5/3) | 4th |

DANI STIPE

100 HURDLES

| | | |
|-----------|--------------------------|---------|
| 14.19 (m) | MVC Championships (5/16) | 2nd |
| 14.82 (m) | McDonnell Invite (4/19) | 2nd |
| 15.09 (p) | ESU Relays (4/5) | Q - 8th |

HIGH JUMP

| | | |
|--------------------|--------------------------|-----|
| 5-05.25 (1.66) (m) | MVC Championships (5/16) | 2nd |
| 5-04.25 (1.63) (m) | McDonnell Invite (4/19) | 3rd |
| 5-02.25 (1.58) | MVC Championships (5/17) | 6th |

SHOT PUT

| | | |
|----------------------|--------------------------|-----|
| 32-11.00 (10.03) (m) | McDonnell Invite (4/19) | 3rd |
| 32-10.25 (10.01) (m) | MVC Championships (5/16) | 4th |

WOMEN'S OUTDOOR PERFORMANCE LIST

200 METERS

| | | |
|-----------|--------------------------|-----|
| 24.59 (m) | MVC Championships (5/16) | 1st |
| 25.09 (m) | McDonnell Invite (4/19) | 1st |

LONG JUMP

| | | |
|---------------------|--------------------------|-----|
| 19-10.25 (6.05) (m) | MVC Championships (5/17) | 1st |
| 19-05.25 (5.92) | MVC Championships (5/17) | 3rd |
| 18-08.00 (5.69) (m) | McDonnell Invite (4/19) | 1st |

JAVELIN

| | | |
|--------------------|--------------------------|-----|
| 133-04 (40.66) (m) | MVC Championships (5/17) | 1st |
| 126-03 (38.49) | ESU Relays (4/5) | 8th |
| 123-01 (37.52) (m) | McDonnell Invite (4/19) | 1st |

800 METERS

| | | |
|-------------|--------------------------|-----|
| 2:20.88 (m) | McDonnell Invite (4/19) | 2nd |
| 2:22.36 (m) | MVC Championships (5/17) | 1st |

HEPTATHLON

| | | |
|-------|-----------------------------|-----|
| 5,550 | MVC Championships (5/16-17) | 1st |
| 5,235 | McDonnell Invite (4/19) | 1st |

RACHEL VANDERHOLT

100 HURDLES

| | | |
|-----------|--------------------------|---------|
| 14.69 (m) | MVC Championships (5/16) | 3rd |
| 15.03 (p) | Musco Twilight (5/3) | Q - 6th |
| 15.23 | Musco Twilight (5/3) | 8th |
| 15.68 (m) | McDonnell Invite (4/19) | 5th |

HIGH JUMP

| | | |
|--------------------|--------------------------|-------|
| 5-06.50 (1.69) (m) | McDonnell Invite (4/19) | 2nd |
| 5-06.50 (1.69) (m) | MVC Championships (5/16) | 1st |
| 5-05.00 (1.65) | Drake Relays (4/25) | 14th |
| 5-05.00 (1.65) | Musco Twilight (5/3) | 7th |
| 5-05.00 (1.65) | MVC Championships (5/17) | T-4th |
| 5-03.00 (1.60) (m) | McDonnell Invite (4/19) | 2nd |

SHOT PUT

| | | |
|---------------------|--------------------------|-----|
| 32-08.50 (9.97) (m) | MVC Championships (5/16) | 5th |
| 32-00.00 (9.75) (m) | McDonnell Invite (4/19) | 5th |

200 METERS

| | | |
|-----------|--------------------------|-----|
| 26.37 (m) | McDonnell Invite (4/19) | 7th |
| 27.67 (m) | MVC Championships (5/16) | 7th |

LONG JUMP

| | | |
|---------------------|--------------------------|-------|
| 17-02.00 (5.23) (m) | McDonnell Invite (4/19) | 5th |
| 16-04.50 (4.99) (m) | MVC Championships (5/17) | T-7th |

JAVELIN

| | | |
|--------------------|--------------------------|------|
| 116-08 (35.56) | ESU Relays (4/5) | 12th |
| 109-07 (33.41) (m) | McDonnell Invite (4/19) | 3rd |
| 106-10 (32.58) (m) | MVC Championships (5/17) | 7th |

800 METERS

| | | |
|-------------|--------------------------|------|
| 2:37.26 (m) | McDonnell Invite (4/19) | 8th |
| 2:44.90 (m) | MVC Championships (5/17) | 10th |

HEPTATHLON

| | | |
|-------|-----------------------------|-----|
| 4,510 | MVC Championships (5/16-17) | 4th |
| 4,403 | McDonnell Invite (4/19) | 7th |

400 HURDLES

| | | |
|---------|----------------------|-----|
| 1:07.80 | ESU Relays (4/5) | 9th |
| 1:09.52 | Musco Twilight (5/3) | 8th |

QUINN VERMIE

1,500 METERS

| | | |
|---------|----------------------|------|
| 4:53.34 | ESU Relays (4/5) | 7th |
| 5:05.22 | Musco Twilight (5/3) | 20th |

5,000 METERS

| | | |
|----------|--------------------------|------|
| 18:14.33 | MVC Championships (5/18) | 13th |
|----------|--------------------------|------|

ANDREA WACKER

1,500 METERS

| | | |
|---------|------------------|-----|
| 4:58.60 | ESU Relays (4/5) | 9th |
|---------|------------------|-----|

5,000 METERS

| | | |
|----------|-------------------------|-----|
| 18:05.75 | McDonnell Invite (4/19) | 6th |
|----------|-------------------------|-----|

JAMIE WIECK

100 METERS

| | | |
|-----------|--------------------------|---------|
| 12.31 (p) | MVC Championships (5/17) | DNQ |
| 12.43 (p) | ESU Relays (4/5) | Q - 5th |
| 12.43 (p) | McDonnell Invite (4/19) | DNQ |
| 12.55 (p) | Musco Twilight (5/3) | Q - 2nd |
| 12.64 | ESU Relays (4/5) | 6th |
| 12.65 | Musco Twilight (5/3) | 2nd |

LONG JUMP

| | | |
|-----------------|--------------------------|------|
| 18-10.00 (5.74) | MVC Championships (5/17) | 6th |
| 18-04.50 (5.60) | Musco Twilight (5/3) | 3rd |
| 18-02.50 (5.55) | McDonnell Invite (4/19) | 12th |

LINDSAY WIEBERS

100 METERS

| | | |
|-----------|-----------------------|------|
| 13.26 (p) | Hawkeye Invite (4/19) | 15th |
|-----------|-----------------------|------|

KARA YAHN

100 HURDLES

| | | |
|-----------|---------------------------|---------|
| 13.91 | Wisconsin Twilight (5/10) | 1st |
| 13.91 | MVC Championships (5/18) | 3rd |
| 13.96 (p) | Drake Relays (4/25) | DNQ |
| 13.99 | Musco Twilight (5/3) | 2nd |
| 14.05 (p) | MVC Championships (5/17) | Q - 3rd |
| 14.08 (p) | Musco Twilight (5/3) | Q - 2nd |
| 14.78 (p) | McDonnell Invite (4/19) | DNQ |
| 14.32 (p) | ESU Relays (4/5) | Q - 1st |

400 HURDLES

| | | |
|-------------|--------------------------|---------|
| 1:00.94 | MVC Championships (5/18) | 3rd |
| 1:01.14 (p) | MVC Championships (5/17) | Q - 3rd |
| 1:01.75 | McDonnell Invite (4/19) | 4th |
| 1:02.69 | Musco Twilight (5/3) | 1st |

MEN'S OUTDOOR PERFORMANCE LIST

JARREL ANDERSON

110 HURDLES

| | | |
|-----------|---------------------------|---------|
| 13.89 | Wisconsin Twilight (5/10) | 1st |
| 14.03 (p) | Wisconsin Twilight (5/10) | Q - 1st |
| 14.09 (p) | MVC Championships (5/17) | Q - 1st |
| 14.18 (p) | Musco Twilight (5/3) | Q - 1st |
| 14.20 | MVC Championships (5/18) | 1st |
| 14.29 | Musco Twilight (5/3) | 1st |
| 14.59 (p) | Drake Relays (4/25) | DNQ |
| 15.94 (p) | McDonnell Invite (4/19) | DNQ |

MIKE BEESE

POLE VAULT

| | | |
|-----------------|--------------------------|-----|
| 15-07.00 (4.75) | Drake Relays (4/25) | 7th |
| 15-07.00 (4.75) | MVC Championships (5/18) | 8th |

ROZLE BUCALO

110 HURDLES

| | | |
|-----------|-------------------------|---------|
| 15.08 | Musco Twilight (5/3) | 4th |
| 15.43 (p) | McDonnell Invite (4/19) | DNQ |
| 15.57 (p) | Musco Twilight (5/3) | Q - 8th |
| 15.74 | ESU Relays (4/5) | 12th |

LONG JUMP

| | | |
|-----------------|--------------------------|------|
| 24-05.75 (7.46) | MVC Championships (5/17) | 1st |
| 23-11.50 (7.30) | McDonnell Invite (4/19) | 11th |
| 23-03.50 (7.10) | Drake Relays (4/25) | 9th |
| 22-11.75 (7.00) | Musco Twilight (5/3) | 2nd |
| 22-01.50 (6.74) | ESU Relays (4/5) | 5th |

TRIPLE JUMP

| | | |
|------------------|--------------------------|-----|
| 48-08.25 (14.23) | MVC Championships (5/18) | 7th |
|------------------|--------------------------|-----|

RAVEN CEPEDA

100 METERS

| | | |
|-----------|--------------------------|-------|
| 10.80 (m) | Drake Relays (4/23) | T-3rd |
| 10.85 (m) | MVC Championships (5/16) | 4th |

LONG JUMP

| | | |
|---------------------|--------------------------|-----|
| 22-07.00 (6.88) (m) | Drake Relays (4/23) | 4th |
| 21-04.75 (6.52) (m) | MVC Championships (5/16) | 7th |

SHOT PUT

| | | |
|----------------------|--------------------------|-----|
| 46-09.00 (14.25) (m) | Drake Relays (4/23) | 1st |
| 48-02.00 (14.68) (m) | MVC Championships (5/16) | 1st |

HIGH JUMP

| | | |
|-------------|--------------------------|-------|
| 6-03.50 (m) | MVC Championships (5/16) | T-3rd |
| 6-02.75 (m) | Drake Relays (4/23) | 6th |

400 METERS

| | | |
|-----------|--------------------------|------|
| 51.30 (m) | MVC Championships (5/16) | 9th |
| 52.15 (m) | Drake Relays (4/23) | 12th |

110 HURDLES

| | | |
|-----------|--------------------------|---------|
| 14.10 (m) | Drake Relays (4/24) | 1st |
| 14.25 (p) | MVC Championships (5/17) | Q - 2nd |
| 14.37 | MVC Championships (5/18) | 2nd |
| 14.42 (m) | MVC Championships (5/17) | 1st |

DISCUS

| | | |
|--------------------|--------------------------|------|
| 141-06 (43.12) (m) | Drake Relays (4/24) | 2nd |
| 136-10 (41.71) (m) | MVC Championships (5/17) | 1st |
| 131-07 (40.10) (m) | ESU Relays (4/5) | 17th |

POLE VAULT

| | | |
|---------------------|--------------------------|-------|
| 16-06.75 (5.05) (m) | MVC Championships (5/17) | 1st |
| 16-06.75 (5.05) | MVC Championships (5/18) | 3rd |
| 16-00.75 (4.90) (m) | Drake Relays (4/24) | 1st |
| 15-07.00 (4.75) | ESU Relays (4/5) | T-3rd |

JAVELIN

| | | |
|--------------------|--------------------------|-----|
| 178-11 (54.54) | MVC Championships (5/16) | 6th |
| 178-09 (54.49) (m) | Drake Relays (4/24) | 2nd |
| 172-10 (52.70) (m) | MVC Championships (5/17) | 1st |

1,500 METERS

| | | |
|-------------|--------------------------|-----|
| 4:40.03 (m) | Drake Relays (4/24) | 6th |
| 4:50.96 (m) | MVC Championships (5/17) | 7th |

DECATHLON

| | | |
|-------|-----------------------------|-----|
| 7,687 | Drake Relays (4/23-24) | 3rd |
| 7,641 | MVC Championships (5/16-17) | 1st |

MIKE CLANCY

3,000 METERS

| | | |
|---------|-----------------------|-----|
| 8:49.58 | Hawkeye Invite (4/19) | 4th |
|---------|-----------------------|-----|

5,000 METERS

| | | |
|----------|--------------------------------|------|
| 15:32.48 | Musco Twilight (5/3) | 8th |
| 15:39.78 | Jim Duncan Invitational (4/11) | 8th |
| 15:45.00 | ESU Relays (4/5) | 5th |
| 15:51.10 | MVC Championships (5/18) | 15th |

MAT CLARK

100 METERS

| | | |
|-----------|--------------------------|-------|
| 10.75 (m) | MVC Championships (5/16) | 3rd |
| 10.80 (m) | Drake Relays (4/23) | T-3rd |
| 11.11 (m) | McDonnell Invite (4/18) | 1st |

LONG JUMP

| | | |
|---------------------|--------------------------|-----|
| 23-09.50 (7.25) (m) | MVC Championships (5/16) | 1st |
| 23-08.75 (7.23) | MVC Championships (5/17) | 4th |
| 23-04.75 (7.13) (m) | Drake Relays (4/23) | 2nd |
| 23-01.25 (7.04) (m) | McDonnell Invite (4/18) | 1st |

SHOT PUT

| | | |
|----------------------|--------------------------|-----|
| 40-11.00 (12.47) (m) | Drake Relays (4/23) | 4th |
| 40-10.50 (12.46) (m) | MVC Championships (5/16) | 4th |
| 40-09.75 (12.44) (m) | McDonnell Invite (4/18) | 1st |

HIGH JUMP

| | | |
|--------------------|--------------------------|-----|
| 6-07.50 (2.02) (m) | Drake Relays (4/23) | 2nd |
| 6-06.00 (1.98) (m) | MVC Championships (5/16) | 1st |
| 6-01.50 (1.87) (m) | McDonnell Invite (4/18) | 5th |

400 METERS

| | | |
|-----------|--------------------------|-----|
| 48.77 (m) | MVC Championships (5/16) | 2nd |
| 49.60 (m) | Drake Relays (4/23) | 2nd |
| 49.91 (m) | McDonnell Invite (4/19) | 1st |

110 HURDLES

| | | |
|-----------|--------------------------|-----|
| 15.40 (m) | Drake Relays (4/24) | 9th |
| 15.58 (m) | MVC Championships (5/17) | 4th |
| 15.82 (m) | McDonnell Invite (4/19) | 5th |

DISCUS

| | | |
|--------------------|--------------------------|------|
| 128-01 (39.04) | ESU Relays (4/5) | 18th |
| 128-01 (39.04) (m) | Drake Relays (4/24) | 5th |
| 123-10 (37.75) (m) | MVC Championships (5/17) | 3rd |

MEN'S OUTDOOR PERFORMANCE LIST

POLE VAULT

| | | |
|---------------------|--------------------------|-------|
| 14-03.25 (4.35) (m) | MVC Championships (5/17) | 4th |
| 14-01.25 (4.30) | ESU Relays (4/5) | 7th |
| 14-01.25 (4.30) (m) | Drake Relays (4/24) | T-8th |

JAVELIN

| | | |
|--------------------|--------------------------|-----|
| 195-11 (59.71) (m) | Drake Relays (4/24) | 1st |
| 150-02 (45.77) (m) | MVC Championships (5/17) | 5th |

1,500 METERS

| | | |
|-------------|--------------------------|-----|
| 4:14.38 (m) | Drake Relays (4/24) | 2nd |
| 4:37.57 (m) | MVC Championships (5/17) | 2nd |

DECATHLON

| | | |
|-------|-----------------------------|-----|
| 7,691 | Drake Relays (4/23-24) | 2nd |
| 7,420 | MVC Championships (5/16-17) | 2nd |

ALVIN COLE

100 METERS

| | | |
|-----------|-------------------------|-----|
| 11.05 (p) | McDonnell Invite (4/19) | DNQ |
| 11.12 (p) | Musco Twilight (5/3) | DNQ |

LONG JUMP

| | | |
|-----------------|--------------------------|------|
| 22-11.75 (7.00) | MVC Championships (5/17) | 8th |
| 21-08.00 (6.60) | Musco Twilight (5/3) | 8th |
| 21-07.25 (6.58) | McDonnell Invite (4/19) | 22nd |
| 21-06.75 (6.57) | ESU Relays (4/5) | 6th |

LUCAS COOK

HAMMER THROW

| | | |
|----------------|------------------------------|------|
| 187-09 (57.24) | MVC Championships (5/16) | 2nd |
| 177-04 (54.05) | Musco Twilight (5/3) | 3rd |
| 175-07 (53.51) | Missouri Relays Elite (3/29) | 5th |
| 168-06 (51.35) | Kansas Relays (4/19) | 15th |
| 165-07 (50.47) | Central Invitational (4/5) | 6th |

DISCUS

| | | |
|----------------|--------------------------|------|
| 129-03 (39.41) | MVC Championships (5/18) | 14th |
|----------------|--------------------------|------|

CHRIS COOPER

800 METERS

| | | |
|---------|-------------------------|------|
| 1:57.43 | McDonnell Invite (4/19) | 15th |
| 2:00.30 | ESU Relays (4/5) | 11th |

MIKE CRADDICK

400 METERS

| | | |
|-------|------------------|------|
| 50.60 | ESU Relays (4/5) | 11th |
|-------|------------------|------|

800 METERS

| | | |
|-------------|--------------------------|---------|
| 1:52.55 (p) | MVC Championships (5/17) | Q - 5th |
| 1:53.11 | MVC Championships (5/18) | 6th |
| 1:53.12 | McDonnell Invite (4/19) | 3rd |
| 1:54.09 | Musco Twilight (5/3) | 9th |

CORY GOOS

400 METERS

| | | |
|-------|-------------------------|---------|
| 48.50 | ESU Relays (4/5) | T - 1st |
| 53.55 | McDonnell Invite (4/19) | 10th |

400 HURDLES

| | | |
|-----------|--------------------------|---------|
| 52.35 | MVC Championships (5/18) | 1st |
| 53.53 (p) | MVC Championships (5/17) | Q - 3rd |

RYAN GRENKO

400 METERS

| | | |
|-----------|--------------------------|---------|
| 47.07 (p) | MVC Championships (5/17) | Q - 4th |
| 47.57 | Musco Twilight (5/3) | 2nd |
| 47.65 | MVC Championships (5/18) | 4th |

DENNIS HAMMEL

400 HURDLES

| | | |
|-----------|--------------------------|---------|
| 52.32 | Musco Twilight (5/3) | 2nd |
| 52.34 (p) | MVC Championships (5/17) | Q - 1st |
| 52.42 | MVC Championships (5/18) | 2nd |
| 52.61 | McDonnell Invite (4/19) | 5th |
| 54.80 | ESU Relays (4/5) | 7th |

PHIL HANSON

POLE VAULT

| | | |
|-----------------|--------------------------|-----|
| 17-00.75 (5.20) | MVC Championships (5/18) | 2nd |
| 16-06.75 (5.05) | McDonnell Invite (4/19) | 3rd |
| 16-06.75 (5.05) | Musco Twilight (5/3) | 2nd |
| 15-07.00 (4.75) | ESU Relays (4/5) | 1st |

WOJCIECH JURKOWSKI

110 HURDLES

| | | |
|-----------|---------------------------|---------|
| 14.53 (p) | MVC Championships (5/17) | Q - 4th |
| 14.62 | MVC Championships (5/18) | 4th |
| 14.65 (p) | Wisconsin Twilight (5/10) | Q - 4th |
| 14.81 (p) | Musco Twilight (5/3) | Q - 2nd |
| 15.08 | Musco Twilight (5/3) | 5th |
| 15.20 | Wisconsin Twilight (5/10) | 5th |
| 15.47 (p) | McDonnell Invite (4/19) | DNQ |

200 METERS

| | | |
|-------|----------------------|-----|
| 22.87 | Musco Twilight (5/3) | 5th |
|-------|----------------------|-----|

MARCIN KAZUBOWSKI

JAVELIN

| | | |
|----------------|--------------------------|-----|
| 220-10 (67.31) | MVC Championships (5/16) | 2nd |
| 206-05 (62.91) | Drake Relays (4/25) | 8th |

PETE LARSON

400 METERS

| | | |
|-----------|--------------------------|------|
| 49.49 (p) | MVC Championships (5/17) | DNQ |
| 49.82 | McDonnell Invite (4/19) | 21st |
| 50.10 | ESU Relays (4/5) | 9th |
| 50.63 | Musco Twilight (5/3) | 8th |

DALE MAXEDON

800 METERS

| | | |
|-------------|--------------------------|---------|
| 1:53.35 (p) | MVC Championships (5/17) | Q - 9th |
| 1:53.43 | McDonnell Invite (4/19) | 4th |
| 1:53.55 | MVC Championships (5/18) | 7th |
| 1:55.40 | Musco Twilight (5/3) | 12th |
| 1:58.00 | ESU Relays (4/5) | 7th |

MEN'S OUTDOOR PERFORMANCE LIST

CORBIN MILLER

800 METERS

| | | |
|-------------|--------------------------|------|
| 1:53.69 (p) | MVC Championships (5/17) | DNQ |
| 1:57.60 | ESU Relays (4/5) | 6th |
| 1:58.52 | Musco Twilight (5/3) | 17th |
| 2:00.53 | McDonnell Invite (4/19) | 22nd |

JULIAN MORRIS

HIGH JUMP

| | | |
|----------------|--------------------------|-----|
| 7-00.50 (2.15) | McDonnell Invite (4/19) | 1st |
| 7-00.50 (2.15) | MVC Championships (5/17) | 2nd |
| 7-00.25 (2.14) | Drake Relays (4/26) | 2nd |
| 6-04.75 (1.95) | ESU Relays (4/5) | 6th |

TYLER MULDER

800 METERS

| | | |
|-------------|--------------------------|---------|
| 1:48.85 (i) | McDonnell Invite (4/19) | 1st |
| 1:49.32 | MVC Championships (5/18) | 1st |
| 1:49.99 | Musco Twilight (5/3) | 1st |
| 1:50.90 (p) | MVC Championships (5/17) | Q - 1st |

1,500 METERS

| | | |
|---------|------------------|-----|
| 3:56.42 | ESU Relays (4/5) | 1st |
|---------|------------------|-----|

EHI OAMEN

HIGH JUMP

| | | |
|----------------|--------------------------|-----|
| 7-02.50 (2.20) | MVC Championships (5/17) | 1st |
| 7-00.25 (2.14) | Drake Relays (4/26) | 1st |
| 6-10.75 (2.10) | ESU Relays (4/5) | 1st |
| 6-10.75 (2.10) | McDonnell Invite (4/19) | 2nd |
| 6-10.75 (2.10) | Musco Twilight (5/3) | 1st |

GREG OFFERMAN

400 HURDLES

| | | |
|-------|------------------|-----|
| 52.60 | ESU Relays (4/5) | 2nd |
|-------|------------------|-----|

JACK OGDEN

800 METERS

| | | |
|-------------|--------------------------|---------|
| 1:51.56 (p) | MVC Championships (5/17) | Q - 3rd |
| 1:52.93 | MVC Championships (5/18) | 5th |
| 1:53.11 | McDonnell Invite (4/19) | 2nd |
| 1:53.70 | Musco Twilight (5/3) | 11th |
| 1:56.20 | ESU Relays (4/5) | 3rd |

ADAM PINCKNEY

HAMMER THROW

| | | |
|--------------------|----------------------------|------|
| 173-06 (52.89) (i) | Wisconsin Twilight (5/10) | 2nd |
| 162-05 (49.50) | Wisconsin Twilight (5/10) | 5th |
| 156-11 (47.84) | Central Invitational (4/5) | 10th |
| 155-04 (47.36) | Missouri Relays (3/29) | 6th |
| 152-06 (46.48) | Musco Twilight (5/3) | 8th |

SHOT PUT

| | | |
|------------------|----------------------------|-----|
| 53-01.00 (15.57) | Central Invitational (4/5) | 3rd |
| 51-07.75 (15.74) | McDonnell Invite (4/19) | 9th |
| 51-07.25 (15.73) | Missouri Relays (3/29) | 1st |

| | | |
|----------------------|---------------------------|-----|
| 51-03.00 (15.62) (i) | Wisconsin Twilight (5/10) | 2nd |
| 50-11.50 (15.53) | MVC Championships (5/17) | 6th |
| 48-02.00 (14.68) | Wisconsin Twilight (5/10) | 3rd |

TERRANCE REID

200 METERS

| | | |
|-----------|--------------------------|---------|
| 21.11 (p) | MVC Championships (5/17) | Q - 2nf |
| 21.34 | MVC Championships (5/18) | 3rd |

400 METERS

| | | |
|-----------|--------------------------|---------|
| 46.64 (p) | MVC Championships (5/17) | Q - 2nd |
| 46.70 (i) | McDonnell Invite (4/19) | 4th |
| 46.77 | MVC Championships (5/18) | 1st |

KEVIN ROBERTS

400 METERS

| | | |
|-----------|--------------------------|---------|
| 49.49 (p) | MVC Championships (5/17) | DNQ |
| 50.00 | ESU Relays (4/5) | T - 7th |
| 50.02 | McDonnell Invite (4/19) | 24th |
| 51.42 | Musco Twilight (5/3) | 10th |

ANDY SCHON

1,500 METERS

| | | |
|---------|---------------------------|------|
| 3:59.40 | Wisconsin Twilight (5/10) | 7th |
| 3:59.70 | McDonnell Invite (4/19) | 11th |

3,000-METER STEEPLECHASE

| | | |
|---------|--------------------------|-----|
| 9:20.52 | MVC Championships (5/17) | 6th |
| 9:40.44 | Musco Twilight (5/3) | 2nd |

5,000 METERS

| | | |
|----------|--------------------------------|------|
| 15:41.30 | MVC Championships (5/18) | 13th |
| 15:46.13 | Jim Duncan Invitational (4/11) | 11th |

DORIAN ULREY

800 METERS

| | | |
|-------------|--------------------------|---------|
| 1:49.73 | MVC Championships (5/18) | 3rd |
| 1:52.38 (p) | MVC Championships (5/17) | Q - 4th |
| 1:54.20 | ESU Relays (4/5) | 1st |

1,500 METERS

| | | |
|-------------|--------------------------|-----|
| 3:43.74 (i) | McDonnell Invite (4/19) | 3rd |
| 3:56.81 | MVC Championships (5/18) | 1st |

JOSH WEBB

100 METERS

| | | |
|-----------|-------------------------|-----|
| 11.16 (p) | ESU Relays (4/5) | DNQ |
| 11.18 (p) | McDonnell Invite (4/19) | DNQ |

200 METERS

| | | |
|-------|-------------------------|------|
| 22.61 | McDonnell Invite (4/19) | 31st |
|-------|-------------------------|------|

ALLEN WEEKS

DISCUS

| | | |
|----------------|----------------------------|------|
| 174-11 (53.31) | Musco Twilight (5/3) | 3rd |
| 165-10 (50.55) | Central Invitational (4/5) | 3rd |
| 163-06 (49.83) | Missouri Relays (3/29) | 3rd |
| 160-04 (48.87) | MVC Championships (5/18) | 4th |
| 151-05 (46.15) | Kansas Relays (4/19) | 16th |

MEN'S OUTDOOR PERFORMANCE LIST

HAMMER THROW

| | | |
|----------------|------------------------|------|
| 128-09 (39.24) | Missouri Relays (3/29) | 17th |
|----------------|------------------------|------|

SHOT PUT

| | | |
|------------------|------------------------|-----|
| 48-03.50 (14.72) | Missouri Relays (3/29) | 3rd |
|------------------|------------------------|-----|

| | | |
|------------------|----------------------|------|
| 48-02.00 (14.68) | Kansas Relays (4/18) | 15th |
|------------------|----------------------|------|

| | | |
|------------------|----------------------------|-----|
| 47-05.25 (14.46) | Central Invitational (4/5) | 5th |
|------------------|----------------------------|-----|

| | | |
|------------------|--------------------------|------|
| 44-05.50 (13.55) | MVC Championships (5/17) | 12th |
|------------------|--------------------------|------|