

2007 WOMEN'S TOP OUTDOOR PERFORMANCES

100 METER DASH

Meredith Kosmacek	11.85	5/13
Pam Kyeremateng	12.31	4/21
Jamie Wieck	12.33	4/14
Blair Runde	12.33	4/14
Stacy Butt	12.47	4/14
Lindsay Wiebers	12.50	3/31
Megan Vorwald	13.78	4/27

100 METER HURDLES

Kara Yahn	13.64 [^]	5/13
Cali Lyons	14.18	5/13
Dani Stipe	14.76	4/4
Alyssa Fischer	14.86	4/21
Yana Kruglikova	15.11	5/11
Kristi Green	15.26	5/11
Katie Almond	16.24	4/27
Brittany Korell	16.79	4/27
Savanna Walls	16.02	4/27
Emily Prinsen	18.23	4/13

200 METER DASH

Meredith Kosmacek	24.32	5/13
Dani Stipe	24.42	6/7
Alyssa Fischer	25.33	5/11
Pam Kyeremateng	25.49	4/21
Lindsay Wiebers	25.97	4/21
Kristi Green	26.08	5/11
Megan Iverson	26.11	4/21
Yana Kruglikova	26.43	5/11
Emily Prinsen	26.85	4/13

400 METER DASH

Lauren Carruthers	54.47	5/13
Lynnette Wilson	55.73	4/21
Pam Kyeremateng	55.88	5/13
Megan Iverson	58.24	4/27
Brittany Moore	58.52	5/12

400 METER HURDLES

Kara Yahn	1:00.68	4/14
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800 METER RUN

Dani Stipe	2:15.38	5/12
Amy Bagge	2:13.97	5/12
Kristi Green	2:20.87	5/12
Amanda Huling	2:22.70	3/31
Yana Kruglikova	2:22.54	5/12
Alyssa Fischer	2:23.07	5/12
Emily Prinsen	2:52.92	4/14

1,500 METER RUN

Shayla Houlihan	4:40.99	4/27
Caedryn Schrunk	4:48.38	4/14
Amanda Huling	4:56.46	4/14
Sarah Johnston	5:12.31	4/14

3,000 METER RUN

Caedryn Schrunk	10:06.65	4/21
Traci Hawley	10:12.34	4/21
Quinn Vermie	10:13.91	4/21
Andrea Wacker	10:16.34	4/21

3,000 METER STEEPLECHASE

Shayla Houlihan [^]	11:16.61	4/14
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5,000 METER RUN

Caedryn Schrunk	17:25.46	4/26
Traci Hawley	17:36.05	4/13
Andrea Wacker	18:07.44	4/13
Amanda Huling	19:43.60	4/14

10,000 METER RUN

Traci Hawley	36:23.43	4/26
Andrea Wacker	37:20.29	4/26
Caedryn Schrunk	37:25.81	3/30
Quinn Vermie	37:27.05	3/30

4x100 METER RELAY

Runde, Wieck, Stipe, Kosmacek	46.48	5/13
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4x100 METER SHUTTLE HURDLE

Lyons, Fischer, Stipe, Yahn	58.92	4/28
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4x200 METER RELAY

Kosmacek, Kyeremateng, Carruthers, Stipe	1:37.16	4/27
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4x400 METER RELAY

Kyeremateng, Wilson, Stipe, Carruthers	3:39.66 [^]	5/26
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SPRINT MEDLEY RELAY

Kosmacek, Kyeremateng, Wilson, Bagge	4:01.30	4/28
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HIGH JUMP

Crystal Hanson	5-8.75	4/21
Alyssa Fischer	5-5.25	4/13
Dani Stipe	5-5.25	5/11
Renae Walker	5-3	4/21
Kristi Green	5-1.75	5/11
Yana Kruglikova	4-6.25	4/13
Emily Prinsen	4-6.25	4/13

SHOT PUT

Rachel Jansen	56-8.25 [^]	5/13
Sarah Harms	47-5.75	5/13
Sarah Graf*	38-00.75	
Alyssa Fischer	32-2	5/11
Yana Kruglikova	31-7.25	5/11
Dani Stipe	31-6	3/15

Kristi Green	27-10.25	4/13
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HAMMER THROW

Rachel Jansen	199-07 [^]	5/11
Sarah Harms	171-05	5/11
Courtney Lauanders	153-00	4/27
Sarah Graf*	120-04	4/14

DISCUS

Rachel Jansen	181-02	4/27
Courtney Lauanders	124-00	5/12

LONG JUMP

Alyssa Fischer	18-11.75	4/21
Stacy Butt	18-11.75	4/21
Jamie Wieck	18-11.75	5/12
Blair Runde	18-10.75	4/21
Dani Stipe	18-10	3/16
Kristi Green	16-9.25	4/14
Yana Kruglikova	16-1	4/14
Emily Prinsen	14-8.5	4/14

TRIPLE JUMP

Yana Kruglikova	39-7.25	5/13
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JAVELIN

Patricia Dietz	121-4	5/12
Dani Stipe	120-2	5/12
Emily Prinsen	113-6	3/31
Alyssa Fischer	100-2	5/12
Kristi Green	88-0	4/14
Yana Kruglikova	76-0	5/12

HEPTATHLON

Dani Stipe	5,322 [^] #	5/11-12
Alyssa Fischer	4,904	5/11-12
Kristi Green	4,488	5/11-12
Yana Kruglikova	4,216	5/11-12
Emily Prinsen	3,032	4/13-14

[^] School Record

NCAA Div. I Provisional Mark

* Redshirt

2007 MEN'S TOP OUTDOOR PERFORMANCES

100 METER DASH

Josh Webb	10.98	5/12
Cody Eichmeier	10.99	3/31
Raven Cepeda	11.06	4/4
Mat Clark	11.08	5/11
Sean Newlin*	11.25	4/14
Ben Ostrem*	11.33	4/27
Tyler Dodd	11.45	4/25

110 HIGH HURDLES

Wojciech Jurkowski	14.36	4/21
Raven Cepeda	14.37	5/13
Tyler Dodd	15.43	4/26
Rozle Bucalo	16.23	4/14
Mat Clark	16.51	4/26

200 METER DASH

Terrence Reid	21.16	5/13
Cody Eichmeier	21.47	5/13
Wojciech Jurkowski	21.57	5/12
Josh Webb	21.86	5/12
Kevin Roberts	22.37	4/27
Sean Newlin*	23.46	4/27
Ben Ostrem	23.63	4/14

400 METER DASH

Terrence Reid	46.20	5/13
Ryan Grenko	46.97	4/21
Mark Harris	47.87	4/21
Brent Dahlstrom	48.23	5/12
Kevin Roberts	48.36	5/12
Mat Clark	49.85	5/11
Tyler Dodd	50.75	3/15
Mike Craddick	50.99	4/14
Raven Cepeda	51.32	4/25
Tyler Krueger	52.36	4/14
Nick Sorbe	52.73	3/31

400 METER HURDLES

Cory Goos	51.04	4/21
Greg Offerman	52.14	5/25
Dennis Hammel	53.32	5/12
Wojciech Jurkowski	56.33	4/14

800 METER RUN

Kyle Smith	1:48.51!	5/25
Tyler Mulder	1:48.69	5/25
Dorian Ulrey	1:50.78	4/14
Dylan Davis	1:51.49	4/21
Tim Fulton	1:51.19	4/28
Jack Ogden	1:51.98	5/12
Nick Sorbe	1:53.62	4/14
Chris Cooper	1:53.90	4/27
Dale Maxedon	1:53.70	5/12
Mike Craddick	1:57.46	4/27
Corbin Miller	2:02.57	4/13

1,500 METER RUN

Dorian Ulrey	3:41.77!	5/26
Dylan Davis	3:57.93	5/13
Tyler Mulder	4:01.75	3/31
Tim Fulton	4:03.42	3/31
Tyler Dodd	4:39.22	4/26
Andy Schon	4:10.51	3/31
Chris Lawson	4:10.88	3/31
Corbin Miller	4:11.10	3/31
Chris Cooper	4:12.12	3/31
Mat Clark	4:17.76	4/5
Mike Clancy	4:20.14	3/31
Raven Cepeda	4:30.21	6/7

3,000 METER RUN

Jon Lamb	8:48.56	4/21
Mike Clancy	8:53.29	4/21
Chris Lawson	9:04.56	4/21

3,000 METER STEEPLECHASE

Dylan Davis	9:04.41\$	5/12
Andy Schon	9:34.76	5/12

5,000 METER RUN

Chris Lawson	15:41.31	4/13
Jason Mitchell	15:39.85	4/27
Mike Clancy	15:47.92	4/27

10,000 METER RUN

Chris Lawson	32:07.25	4/26
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4x100 METER RELAY

Webb, Jurkowski, Eichmeier, Reid	40.68	5/13
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4x110 METER SHUTTLE HURDLE

Cepeda, Jurkowski, Dodd, Bucalo	1:00.73	3/31
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4x400 METER RELAY

Goos, Grenko, Mulder, Reid	3:04.13^	6/7
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4x800 METER RELAY

Davis, Ulrey, Mulder, Smith	7:19.74	4/27
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SPRINT MEDLEY RELAY

Jurkowski, Eichmeier, Reid, Mulder	3:17.24^	4/28
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DISTANCE MEDLEY RELAY

Davis, Grenko, Smith, Ulrey	9:42.69^	4/28
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HIGH JUMP

Ehi Oamen	7-1	5/26
Josh Bradley	6-8.75	5/5
Rozle Bucalo	6-2.75	3/31
Raven Cepeda	6-4.25	5/11
Mat Clark	6-4.00	4/25
Tyler Dodd	6-1.50	4/25

SHOT PUT

Adam Pinckney*	52-6.75	4/14
Raven Cepeda	51-00.25	5/11
Jesse Smith	46-00	4/14
Allen Weeks*	42-7.5	5/4
Mat Clark	38-5.5	4/21
Tyler Dodd	34-00	4/21

HAMMER THROW

Lucas Cook*	180-02	4/21
Eric Bockelman	153-10	4/14
Allen Weeks*	129-10	4/14

DISCUS THROW

Jesse Smith	163-02	5/12
Allen Weeks*	153-06	5/4
Eric Bockelman	153-03	5/4
Raven Cepeda	139-11	5/12
Mat Clark	118-04	4/21
Tyler Dodd	105-03	5/12

LONG JUMP

Cody Eichmeier	24-9	4/14
Rozle Bucalo	24-00.75	5/12
Mat Clark	23-00.50	5/11
Raven Cepeda	22-3.5	5/11
Ehi Oamen	21-10.25	4/21
Tyler Dodd	21-1.25	5/11

JAVELIN

Marcin Kazubowski	218-10^	3/30
Mat Clark	186-09	5/12
Raven Cepeda	181-11	6/7
Tyler Dodd	126-05	4/26

POLE VAULT

Andre Poljanec	18-2.5	5/13
Jarno Kivioja	17-4.50	4/27
Raven Cepeda	16-10.75	5/11
Mike Beese	16-00.75	3/31
Jarno Kivioja	16-00.75	3/31
Mat Clark	14-1.25	4/5
Tyler Dodd	9-05.75	3/16

DECATHLON

Raven Cepeda	7,838^!	5/11-12
Mat Clark	7,072#	5/11-12
Tyler Dodd	6,222	5/11-12

^ School Record

! NCAA Div. I Automatic

NCAA Div. I Provisional

* Redshirt