

2010 Jack Jennett Invite

University of Northern Iowa

UNI-DOME

- Time:** **Friday, January 29, 2010**
1:30pm – Women’s Pentathlon 3:00pm – Men’s Heptathlon
Saturday, January 30, 2010
10:30am – Men’s Heptathlon 11:00am – Field Events 1:00pm – Running Events
- Facilities:** Eight lane, 200 meter Southwest surface including HJ, LJ, and PV approaches. Throwing circle is wood. No spikes longer than ¼” or 9mm will be permitted.
- Rules:** NCAA rules will govern this meet. No score will be kept. Selected Open/Unattached athletes will be allowed to compete.
- Entry:** Enter On-line at: <http://www.directathletics.com/meets/track/14116.html>
All entries are due by 10:00pm on Wednesday, January 28th.
This system is automated and will shut down at the deadline time listed above. Please make sure you have entered and declared all athletes and relays by this time. We do accept entries with estimated marks. If you have any questions or concerns please e-mail or call Eric Hanenberger at eric.hanenberger@uni.edu or (319) 273-5833.
- Entry Fee:** \$200 per team (men and women separate)
\$20 per individual
- Entry limits:** None
- Heat Sheets:** Will be posted at www.unipanthers.com Thursday / Friday afternoon.
- Packet Pick-up:** Will begin 1 hour prior to the first event. Team packets and other pertinent meet information can be picked up at the scorer’s table located at the south end of the UNI-DOME floor. Please pay your entry fee at this time.
- Implement Weigh-In:** Will take place on the UNI-DOME floor approximately 45 minutes prior to the start of the first throwing event. Please weigh in all implements at this time. Listen to announcements for exact time and location.
- Team Camps:** Must be located in west side bleachers only. No team camps allowed on the UNI-DOME floor or east side bleachers.
- Warm-ups:** May be done on the backstretch and turns only. No warming up on the homestretch. Only athletes competing in field events and one event specific coach will be allowed on the infield.
- Results:** Will be posted in the SW corner of the UNI-Dome on the floor throughout the meet as they become available. A full set will be available as soon as possible after the meet. Results will also be posted at www.unipanthers.com
- Ceremony:** We will have a short ceremony for former standout Panther coach Jack Jennett right before the 4x400m relay.

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Meet Schedule - Tentative
Friday – Saturday, January 29-30, 2010

Friday, January 29, 2010		
1:30pm	Pentathlon	Women
3:30pm	Heptathlon	Men
Saturday, January 30, 2010		
FIELD EVENTS		
11:00am	Weight Throw	Men followed by Women
11:30am	Long Jump	Women followed by Men
11:15am	Pole Vault	Heptathlon - estimation
11:30pm	High Jump	Men followed by Women
2:00pm	Pole Vault	Women followed by Men
1:30pm	Triple Jump	Women followed by Men
2:00pm	Shot Put	Men followed by Women
<i>Triple Jump will begin immediately following the conclusion of the Long Jump</i>		
TRACK EVENTS		
10:30am	60m Hurdles	Heptathlon - estimation
1:00pm	60m Hurdles – Prelims	Men
1:10pm	60m Hurdles – Prelims	Women
1:20pm	1000m	Heptathlon - estimation
1:35pm	60m Dash – Prelim	Men
1:50pm	60m Dash – Prelim	Women
2:00pm	Mile	Women
2:15pm	Mile	Men
2:30pm	400m	Women
2:45pm	400m	Men
3:05pm	60m Hurdles – Final	Women
3:15pm	60m Hurdles – Final	Men
3:20pm	60m Dash – Final	Women
3:25pm	60m Dash – Final	Men
3:30pm	600m	Women
3:40pm	600m	Men
3:50pm	800m	Women
4:00pm	800m	Men
4:10pm	200m	Women
4:35pm	200m	Men
5:05pm	1000m	Women
5:20pm	1000m	Men
5:30pm	3000m	Women
5:45pm	3000m	Men
6:05pm	4 x 400m Relay	Women
6:20pm	4 x 400m Relay	Men

Running time schedule for all track and field events