

# Northern Illinois University Intercollegiate Athletics

## WALK-ON TRY-OUT POLICY

- 1) At the beginning of the season, the head coach may allow students at Northern Illinois University to go through a 14-day try-out period.
- 2) To be eligible to try-out, the student must follow the steps set forth on the try-out clearance form.
  - a) The student must receive the head coach's signature indicating approval to try-out.
  - b) The student must receive a signature from Athletic Training indicating that the student has signed an Assumption of Risk/Consent Waiver.
  - c) The student must receive a signature from the Compliance Office indicating that he/she is enrolled in 12 hours of class and all of the above signatures have been obtained.
- 3) Once the student has completed the above steps, the Compliance Office will issue a Try-Out Approval Form to the student. This form is given to the head coach indicating that the student is eligible to try out for a period no longer than 14 days.

### **IF STUDENT IS TO BE ADDED TO THE ROSTER:**

- 1) At any time during that 14-day try-out period, the head coach may notify the Compliance Office that the student should be added to the team's official roster by signing and returning the Try-Out Approval Form, accompanied by the Roster Update Form.
- 2) If the student is added to the team's roster, the Compliance Office will notify all the appropriate departments who in turn will take the appropriate actions to certify the student for practice as well as competition. ***The student will be required to return to the Compliance Office to complete remaining NCAA compliance paperwork.***

### **IF STUDENT IS TO BE TO DISMISSED:**

- 1) If at the end of the 14-day try-out period, the head coach has determined that this student should NOT be a member of the specific sport team, that student is to be suspended from all practice sessions and will no longer be considered a part of NIU Intercollegiate Athletics.
- 2) The Try-Out Approval Form must be signed and returned to the Compliance Office for documentation purposes.

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## TRY-OUT CLEARANCE FORM

Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Sport: \_\_\_\_\_

I certify that I am a full-time student (enrolled in a minimum of 12 hours) at Northern Illinois University and to the best of my knowledge, I am in good health and physically fit for practice and competition. I agree to comply with all the rules and regulations of Northern Illinois University, the Mid-American Conference, and the NCAA. I understand that I will not be allowed to practice until I have obtained a Try-Out Approval Form.

\_\_\_\_\_  
*Student's Signature*

\_\_\_\_\_  
*Date*

**Step #1: Obtain approval of the head coach:**

I agree to allow the student to participate for no more than 14 days.

\_\_\_\_\_  
*Coach's Signature*

\_\_\_\_\_  
*Date*

**Step #2: Obtain approval from NIU Athletic Training :**

The student has completed & signed the Assumption of Risk/Consent Waiver and documentation of physical within the last 3 months has been presented.

\_\_\_\_\_  
*Trainer's Signature*

\_\_\_\_\_  
*Date*

**Step #3: Obtain approval from the Compliance Office:**

It has been determined that the student is enrolled as a full-time student at NIU (minimum of 12 hours) and has met the necessary requirements to be issued a Try-Out Approval Form.

\_\_\_\_\_  
*Compliance Office's Signature*

\_\_\_\_\_  
*Date*