

# NOTRE DAME COACHING STAFF

*Martin Stone and his coaching staff of Joe Schlosberg and Marnie Stahl have experienced unprecedented success over the course of the last three seasons. In 2008, Notre Dame captured a fifth consecutive BIG EAST crown by becoming the first team in conference history to sweep all six races. Stone, Schlosberg and Stahl were named the BIG EAST Staff of the Year for the third time in as many seasons.*





**Martin Stone**

**Head Coach  
11th Season**

**St. Mary's (Calif.) '89**

The 2007-08 campaign marked the 10th season of women's rowing at Notre Dame. Since that inaugural season, head coach Martin Stone has been the individual responsible for elevating and building a national-caliber program that has enjoyed tremendous success, prominence and respect amongst its peers.

When he was named the program's first-ever head coach back in October of 1997 after rowing was granted varsity status, Stone came to Notre Dame with just one simple objective — to build a program that was recognized as one of the nation's best. During his tenure, few could argue that he has the program headed in that direction.

In just its eighth season competing as a varsity sport, Notre Dame earned its first-ever team berth in the NCAA Championships in 2006 and then followed with its second consecutive team bid in 2007. The Irish finished 9th in '06 and followed that up with a 12th-place finish in '07. The back-to-back NCAA berths earned the Irish respect as one of the top collegiate programs in the country.

### The Stone File

- **Hire Date:** Oct. 29, 1997
- **Birthdate:** March 25, 1966
- **Education:** Bachelor of Arts degree from Saint Mary's (Calif.) '89
- **Marital Status:** Married, wife Amy
- **Children:** Two sons - Jack (born March 1999) and Noah (born February 2005)

Notre Dame fell short in its bid for a third consecutive team berth in '07-'08, but the Irish did make history by winning a fifth straight BIG EAST title. En route to an unprecedented fifth consecutive crown, the Irish became the first team in conference history to sweep all six races with victories in the varsity eight, second varsity eight, varsity four, second varsity four, novice eight and novice four.



For the third straight year, Stone and his assistants Joe Schlosberg and Marnie Stahl were selected as the BIG EAST Coaching Staff of the Year.

Notre Dame's varsity eight crew also finished ranked for the third time in as many seasons as the Irish ended the year 18th in the final Collegiate Rowing Coaches Association (CRCA)/US Rowing ranking.

Amanda Polk, the most decorated rower in school history, carved a unique niche as the program's first four-time All-American as she garnered CRCA first-team honors for the third consecutive year after earning second-team accolades as a freshman. Polk also capped off her career by earning first-team CRCA All-Central Region honors, one of two Irish rowers to be selected for all-regional honors. Polk's teammate, Julie Sobolewski was a second-team honoree.

Notre Dame also was seventh at the Central/South Region Championships.

In 2006-07, the Irish finished 12th at the NCAA Championships and won its fourth consecutive BIG EAST crown, while also placing fifth at the Central/South Region Championships.

The varsity eight crew finished in the top-10 of the national polls for the second straight year with a sixth-place finish in the national rankings.

The varsity eight boat won the gold medal at the BIG EAST Championships and was third at the Central/South Region Championships. At one point during mid-season, the Irish varsity eight crew rattled off five consecutive wins over top-10 boats for the first time ever in program history and climbed to an all-time high of third in the national poll.

Polk became the program's first three-time All-American and was a repeat selection on the CRCA first team. Teammate Allison Marsh copped second-team All-America honors.

Five rowers garnered CRCA All-Central Region honors as Polk, Marsh and coxswain Maria Romano were selected to the first-team, while Meghan Boyle and Laura Pearson were tabbed as second-team honorees.

The unmatched success of the 2005-06 campaign could certainly be considered the program's benchmark. During the season, the Irish finished ninth in the team competition at the NCAA Championships after earning the school's first-ever team bid. Highlighting the Championship was a victory by the varsity eight boat in the Petite Final as the crew earned a seventh-place finish overall. Both the second varsity eight and varsity four crews also advanced to the Petite Final in their races and finished 12th and 11th, respectively.

Stone was tabbed BIG EAST Coach of the Year in '06 for the second time in his career after Notre Dame won its third consecutive conference title by winning four of six races. He also was named the CRCA Central Region Coach of the Year (an honor that he also earned in 2002) after the Irish finished a program-best third at the Central/South Region Championships.

After beginning the season unranked, Notre Dame's varsity eight boat finished fifth in the final CRCA/US Rowing ranking. In addition to finishing fifth at the NAAs, the Irish varsity eight copped gold medals at both the BIG EAST and Central/South Region Championships. The win at the Central/South Region Championships was the first in a Grand Final for a Notre Dame varsity eight boat. Earlier in the spring, Notre Dame recorded its highest finish ever — fourth place — in the Jessop-Whittier Cup race at the San Diego Crew Classic.

A record three rowers from the varsity eight crew earned All-America recognition by the CRCA that was highlighted by Polk becoming the second rower in the program's history to earn first-team honors. In

addition to Polk, Sarah Palandech and Julie Sobolewski garnered second-team honors.

Five rowers (the most in school history) earned CRCA All-Central Region honors, including four first team honorees. Polk was a first-team selection for the second consecutive year, while Palandech, Sobolewski and Romano copped first-team for the first time in their careers. Melissa Felker rounded out the list as a second-team selection.

In 2004-05 Notre Dame won its second straight BIG EAST title by winning four of six events. The Irish enjoyed one of its best showings at the Central/South Region Championships with a seventh-place finish (its highest to date at the time). Polk became the first Notre Dame freshman to earn All-America honors as a second-team honoree and also was the first rookie to garner All-Central Region first-team honors.

Notre Dame's 2003-04 season seemed to set the stage for the success of the past three seasons. Following three consecutive second-place finishes, Notre Dame copped its first-ever team title at the BIG EAST Rowing Challenge by winning four of five race titles, tying the conference record for individual crowns.

The Irish varsity eight crew made an appearance in the NCAA Championships for the second time in school history and earned an 11th-place finish. Notre Dame also finished 16th in the final CRCA/US Rowing.

The '03-'04 campaign saw Natalie Ladine earn first-team CRCA All-America honors as she became the second rower in school history to earn All-America accolades. Ladine and Alice Bartek garnered All-Central Region honors as well.

The success of the program over the past several years has also aided Stone's recruiting efforts. Polk, a member of the United States Rowing Junior National Team that competed at the '04 FISA Senior and Junior World Rowing Championships in Banyoles, Spain highlighted a seven-member class two years ago that was ranked one of the best in the country.

Consistency has been the hallmark of the Notre Dame rowing program under Stone. Although the Irish did not advance to the NCAA Championships in '03, there were still many firsts in the program during that 2002-03 campaign as the second varsity four won its first-ever gold medal at the Central Regional Championships. Notre Dame also won three gold medals (the most up to that point) at the BIG EAST regatta as the Irish won the second varsity eight, the varsity four and the second varsity four. Notre Dame defeated top teams such as Michigan, Iowa, Tennessee and Clemson throughout the season and finished just out of the top 20.

Ashlee Warren and Ladine earned CRCA All-Central Region accolades, while Warren also became the first rower in Irish history

**1992** – Stone directed the Navy varsity eight to its first gold medal at the Dad Vail Regatta (largest crew regatta on the East Coast) ... The Mids captured the Seitz Trophy for overall team performance at the Dad Vail for the sixth consecutive year.

**1993** – Stone's crews swept all varsity and novice races at the Patriot League championships ... Navy's first novice boat took first at the Champion International Collegiate Rowing Regatta.

**1994** – Stone led Navy as the varsity eight won the title, as well as the first and second novice boats finishing first ... The Mids also captured the Anita DeFrantz Trophy for overall performance by a women's crew team at the Champion International Regatta.

**1995** – The Navy varsity eight and second varsity eight were fifth and second, respectively, at the Champion International Collegiate Regatta.

**1997** – Stone was named head rowing coach at the University of Notre Dame.

**1999** – Notre Dame completed its first year of varsity competition as the lightweight eight boat finished the year ranked 12th in the nation.

**2001** – Notre Dame achieved its first national ranking, closing out the season 16th, and just missed the 2001 NCAA Championships after a fifth-place finish at the Central Regions, its highest in history.

**2002** – Notre Dame's varsity eight receives an invitation to the 2002 NCAA Rowing Championships in Indianapolis ... The Irish placed 16th at the NCAAs and finished the season ranked 13th as a team. Notre Dame also had its first All-American in Ashlee Warren, while four women earned CRCA All-Region honors and six women were named CRCA National Scholar-Athletes ... Stone also was named one of six finalists for CRCA National Coach of the Year.

**2003** – Stone led Notre Dame to its first-ever gold medal at the Central Regions (second varsity four) and three gold medals at the 2003 BIG EAST Rowing Challenge (second varsity eight, varsity four, second varsity four) ... Notre Dame also competed at the Windermere Cup in Seattle in front of 100,000 people.

**2004** – Notre Dame wins a record four race titles to capture its first-ever BIG EAST Rowing Challenge ... The Irish varsity eight crew earns an at-large berth into the NCAA Championships for the second time and finishes 11th overall ... Natalie Ladine earns CRCA first-team All-America honors and was an all-Central Region honoree along with teammate Alice Bartek.

**2005** – Notre Dame wins its second consecutive BIG EAST title by winning four events ... The Irish finish seventh at the Central/South Region Championships ... Amanda Polk becomes the first Irish freshman to earn All-America honors as a second-team honoree and first-team all-Central Region selection.

**2006** – Notre Dame finishes ninth at the NCAA Championships after earning its first-ever team berth ... The Irish varsity eight boat wins the Petite Final at the NCAA and finishes seventh overall, while the second varsity eight and varsity four are 12th and 11th, respectively ... The varsity eight finishes the year ranked fifth nationally (a program best) after winning gold medals at the BIG EAST and Central/South Region Championships ... Stone is named BIG EAST Coach of the Year after leading the Irish to their third consecutive crown and also is honored as the Central Region Coach of the Year ... A record three rowers — Polk, Julie Sobolewski and Sarah Palandech — receive All-America recognition with Polk earning first-team honors.

**2007** – Notre Dame places 12th at the NCAA Championships after earning a team bid for the second consecutive year ... The Irish wins a fourth straight BIG EAST title as the varsity eight, varsity four and novice four crews all win gold medals ... For the second time in as many seasons, the varsity eight crew finishes in the top-10 of the national rankings and is sixth in the final poll and places third at the Central/South Region Championships ... Polk is tabbed a first-team All-American for the second straight year and becomes the program's first-ever three-time All-America honoree ... Allison Marsh garners All-America honors for the first time in her career as a second-team selection.

**2008** – Notre Dame wins an unprecedented fifth consecutive BIG EAST title by becoming the first team in conference history to sweep all six races as the Irish won gold medals in the varsity eight, second varsity eight, varsity four, second varsity four, novice eight and novice four ... The gold medal by the novice eight crew marked the first-ever for an Irish boat at the championship ... Notre Dame took seventh at the Central/South Region Championships ... The varsity eight crew finishes 18th in the final poll marking the third straight year that boat has been ranked at the conclusion of the season ... Polk becomes the program's first four-time All-American after earning first-team honors for the third straight year ... She garners first-team all-regional honors for the fourth consecutive year, while Sobolewski is tabbed as a second-team honoree ... Stone and his staff are named the BIG EAST Coaching Staff of the Year for the third time in as many years.



*The Stone Family –  
Noah, Amy, Jack  
and Martin*

# Head Coach

to win the BIG EAST/Aéropostale Female Scholar-Athlete of the Year and was a semifinalist for an NCAA Postgraduate Scholarship.

In 2001-02, Stone, one of six finalists for coach-of-the-year honors, led the Irish to one of their best seasons as the Irish earned a final ranking of 13th after being ranked as high as ninth at one point in the campaign. The Irish also earned their first-ever invitation to the national regatta, placing 16th at the NCAA Rowing Championships in the varsity eight.

That season, the Irish boasted a then program-high four All-Central Region honorees. Warren also became the first rower at Notre Dame to earn All-America honors when she was named to the second team.

The Irish finished the 2000-01 season ranked 16th nationally. The varsity eight took fifth and the second varsity eight sixth at the 2001 Central Regions, while the second varsity four was fourth in its final, and the varsity four won the petite title at the same event.

Other highlights of the campaign included the varsity eight winning the Head of the Elk,



its first such victory in a regatta of that magnitude, and five other races during the spring. The Irish received an invitation and placed sixth in the Jessop-Whittier Cup at the prestigious San Diego Crew Classic.

Stone also coached Warren and Michelle Olsgard to CRCA all-region honors in '01. Leah Ashe became the first Irish rower to earn CoSIDA Academic All-America honors when she was named to the women's at-large second team.

Stone's second season saw dramatic improvement from his squad that boasted the talents of Katrina Ten Eyck, one of the top rowers in the nation. Ten Eyck, who garnered CRCA all-region honors, was invited to train at the United States Olympic Training Center.

In 1998-99, Stone sent the program off to a rousing start and quickly put Notre Dame on the map as he led the lightweight eight vessel to a No. 12 national ranking.

Before his arrival at Notre Dame, Stone spent five years as the women's rowing coach at the United States Naval Academy, where he began his coaching career.

He started his coaching career as the women's rowing coach at the United States Naval Academy and served as head coach for five years. In 1994, Stone coached the Mids to a varsity eight title at the Champion International Collegiate Rowing Championships. Navy not only earned the title, but also was awarded the prestigious Anita DeFrantz Trophy for overall performance by women's crews at the Champion International Regatta.

Two years prior in 1992, Stone directed the Mids' varsity eight to its first gold medal at the Dad Vail Regatta, the East Coast's largest crew regatta. The second varsity

eight also won a gold medal at the Dad Vail with the team winning the Seitz Trophy for overall team performance by women's crews.

The next season, Navy swept all of the races at the Patriot League Championships. The first novice boat also achieved success for Stone in 1993, by placing first at the Champion International Collegiate Regatta.

Stone's fifth and final year at the helm of the Navy crew program marked a new era for the program. The Midshipmen joined the prestigious Eastern Association of Women's Rowing Colleges (EAWRC), which includes schools such as Brown, Princeton and Virginia. In the team's first season in the EAWRC, the first varsity placed third in the third-level finals, while the second varsity won the third-level finals at the EAWRC Championships.

Prior to taking over Navy's women's program, Stone served as the Mids plebe lightweight coach in 1991. He also was an assistant rowing coach at his alma mater, Saint Mary's College in Moraga, Calif., in 1990, working with both the men's and women's programs and more specifically, with the varsity and novice women.

Stone began his rowing career at Saint Mary's College as an undergraduate. With the Gaels, he was named the most valuable oarsman three years and went on to earn three letters, two in the heavyweight boat and one in the lightweight boat.

Born March 25, 1966, Stone graduated from Saint Mary's with a Bachelor of Arts degree in an integral major. He and his wife, Amy, are the parents of two sons — Jack and Noah.

## BIG EAST Championship Results Under Stone

- 2001 - 2nd
- 2002 - 2nd
- 2003 - 2nd
- 2004 - 1st
- 2005 - 1st
- 2006 - 1st
- 2007 - 1st
- 2008 - 1st

## Central/South Region Championship Results Under Stone

- 2000 - 10th
- 2001 - 9th
- 2002 - 4th overall/4th Central Region
- 2003 - 8th overall/5th Central Region
- 2004 - 6th (tie) overall/5th Central Region
- 2005 - 7th overall/5th Central Region
- 2006 - 3rd overall/3rd Central Region
- 2007 - 5th overall/3rd Central Region
- 2008 - 7th overall/5th Central Region

IRISH



## Assistant Coaches



**Joe Schlosberg**

**Associate Head Coach  
Seventh Season  
Northwestern'00**



Joe Schlosberg, an assistant coach on the Notre Dame rowing staff since October 2001, was promoted to associate head coach in July 2008.

Schlosberg has served as the primary coach for the novice program the past three years and recently completed his seventh season at Notre Dame. Prior to taking over the novice program, he had spent four years coaching the varsity fours. In addition to his coaching duties, Schlosberg also is responsible for alumni relations and equipment management.

During Schlosberg's tenure, his Irish crews have won 11 gold medals at the BIG EAST Championships as Notre Dame has won an unprecedented five straight conference titles from 2004-08.

Since joining the Irish, Schlosberg has been a key part of the program's tremendous success at the national level. In 2006 and 2007, Notre Dame earned the program's first two NCAA Championship team bids. The Irish finished ninth in their first-ever appearance in '06 and followed that up with a 12-place finish in '07.

En route to capturing its fifth straight BIG EAST crown in 2008, Notre Dame became the first school in conference history to sweep all six races that included wins from the novice eight and novice four boats. The win by the novice eight boat was the first-ever for an Irish crew at the BIG EAST Championships.

In '07, his novice eight crew began the spring season by winning its first seven races and finished second at the conference championship.

In '06, the novice eight won the Petite Final at both the San Diego Crew Classic and Central/South Region Championships and finished second at the BIG EAST Championships en route to the Irish league title for the third straight year.

In Notre Dame's first team appearance in the NCAA Championships in '06, the varsity eight finished seventh, the varsity four took 11th and the second varsity eight posted a 12th-place finish.

During his tenure working with the varsity fours, Schlosberg helped lead those crews to four consecutive gold medals at the BIG EAST Championships as the Irish swept both the varsity and second varsity four races in '05. At the Central/South Region Championships in '04 and '05, Notre Dame's fours did extremely well with the varsity four finishing fifth both years in the Grand Final event.

In '02, Notre Dame experienced its best season at the time as the varsity eight qualified for its first NCAA appearance and achieved its first top-10 ranking in school history. In '04, the varsity eight finished 11th

overall in its second appearance.

Schlosberg came to Notre Dame after serving as an assistant rowing coach at Northwestern in 2000-01. With the Wildcats, Schlosberg worked with the men's novice team and assisted with the men's and women's varsity squads, teaching the fundamentals of rowing and designing workout programs. He also was responsible for all of the rowing equipment.

A native of New Jersey, Schlosberg worked with some of the elite collegiate rowing coaches during the summers of '01 and '02 at the Northeast Rowing Center in Maine.

A 2000 graduate of Northwestern with a degree in mechanical engineering, Schlosberg competed for the Wildcats' crew team from 1996-2000. He was captain in 1998-99 as his team won the Midwest Sprints and the Big Ten Sprint Championship in 1998.

Schlosberg was an executive board member of the rowing team from 1998-2000, as well as the team's marketing assistant and equipment manager. In addition to his coaching responsibilities at Northwestern, Schlosberg worked as a project engineer at ITW Buildex in Itasca, Ill. While at ITW Buildex, he led a multimillion-dollar product upgrade focusing on a new dimensional profile for the company. He also has worked as a graphics specialist at Exxon Research and Engineering in Clinton, N.J.



## Marnie Stahl

**Assistant Coach  
Fourth Season  
Charleston '99**

Marnie Stahl joined the Irish coaching staff in August of 2005 and will begin her fourth year with the program in 2008-09. She works primarily with Notre Dame's varsity four crews.

Prior to coming to Notre Dame as an assistant coach, she spent two years as a volunteer assistant coach at the University of Michigan.

Stahl's boats have enjoyed great success over the last four years. This past season at the BIG EAST Championships, the Irish varsity four and second varsity four crews won gold medals as Notre Dame swept all six races en route to winning its fifth consecutive conference title. In addition, Notre Dame's open four crew won the Petite Final.

Overall, Notre Dame's varsity four boats have won five gold medals at the BIG EAST Championships under Stahl.

She also has been part of the two most successful campaigns in school history with the Irish finishing ninth in 2006 and 12th in 2007 at the NCAA Championships after earning back-to-back berths in the team competition. The four crews advanced to the Petite Finals of the NCAAs and finished 11th overall on both occasions.

Stahl began her two-year stint with the Michigan program in September 2003 following four years as head coach for the St. Ursula Academy Rowing Club in Toledo, Ohio (August 1999 through July '03). At Michigan, she served as the primary coach for the varsity four boats and helped the program achieve success at the national level. In 2004, the Wolverines finished third in the team competition at the NCAA Championships and then followed that up with an eighth-place finish in 2005.

A member of the Toledo Rowing Club since August of '91, Stahl has served that organization in a number of capacities and has been instrumental in the long-range strategic planning of the program. She was named president of the Board of Trustees in January of 2005 after having been a



board member since January of '03. She was head coach of the women's collegiate summer program in '03 and served as head coach of the women's masters team from June of 2000 until September of 2001.

Stahl graduated cum laude from the University of Charleston in Charleston, W. Va. with a bachelor's of science degree in sports medicine and pre-professional studies in May of '99. In addition, she has done graduate coursework in exercise physiology at the University of Toledo.

A four-year letterwinner at Charleston, she rowed with the novice and varsity four boats as a freshman, the lightweight eight boat as a sophomore and the varsity eight crew in both her junior and senior seasons.

Beginning in August of 2001, Stahl was employed by the Health Fitness Corporation. She began as a health fitness specialist (August '01-September '02) at the UAW-Ford Health and Fitness Center in Dearborn, Mich. She also was the program manager for the employee fitness center at the Owen Corning Headquarters in Toledo, Ohio, a position she was named to in January of '03.

A native of Toledo, Stahl holds a Level III certificate from the United States Rowing Association and is certified by the National Strength and Conditioning Association as a strength and conditioning specialist.

## Jody Sadler Assistant Athletics Director/ Rowing Administrator

Jody Sadler is in her seventh year as an assistant athletics director for employee services. In her role, she is responsible for all employee-related matters including staff recruiting and orientation, conflict resolution, career counseling and professional development. She serves as the liaison with the University's Department of Human Resources and General Counsel's Office on policy and personnel issues and is the administrator for the rowing program.

Sadler also is a member of the NCAA Division I Rowing Committee and serves as a member of the BIG EAST Rowing Championship Committee.

Sadler graduated from Notre Dame in 1992 with a bachelor's degree in marketing. After graduation, she worked for Advanced Drainage Systems in Columbus, Ohio, as a corporate/international accounts representative from 1992-94. She then took a job with the



South Bend Tribune as human resources assistant from 1994-95.

From 1995-99, Sadler worked for Quality Dining, Inc., in Mishawaka as a human resources generalist before going to the NCAA in 1999 as a human resources coordinator.

Sadler has worked in all capacities of the human resource profession including staffing, training, compensation analysis, policy and procedure development, succession planning, employee counseling and career development.

Sadler will begin graduate work in Notre Dame's Executive MBA Program in the fall of 2008.

She is married to Les Sadler formerly of Rushville, Ind. Her father, Tony Yelovich, is the assistant athletics director for game management at Notre Dame.