

Men's BIG EAST Indoor Bests



Jason Rexing was named the 1998 BIG EAST Outstanding Indoor Track Performer after winning the 3,000 and 5,000 meters.

Team Finishes

Men's Indoor Track and Field

2001	3rd	83 points
2000	2nd	125 points
1999	2nd	101 points
1998	2nd	127 points
1997	2nd	81 points
1996	3rd	83 points

BIG EAST Awards

1998 Jason Rexing,
Outstanding Indoor Track Performer

Individual Finishes

Men's Indoor Track and Field

First Place

Ryan Shay	5,000 Meters	2001	14:10.00
Andrew Cooper	High Jump	2001	6-9
Chris Cochran	60 Meters	2000	6.79
Chris Cochran	400 Meters	2000	47.76
Marshaun West	Long Jump	2000	24-7
Mike Brown	Pole Vault	1999	16-2 3/4
Ryan Shay	3,000 Meters	1999	8:20.38
Marshaun West	200 Meters	1999	21.42
Mike Brown	Pole Vault	1998	17-1 1/2
Jason Rexing	3,000 Meters	1998	8:21.06
Jason Rexing	5,000 Meters	1998	14:24.31
Errol Williams	55-Meter Hurdles	1998	7.26
Mike Brown	Pole Vault	1997	16-2 3/4
Jeff Hojnacki	1,000 Meters	1997	2:26.66
Jason Rexing	5,000 Meters	1997	14:37.80
Notre Dame	Distance Medley Relay	1997	9:52.08
Mike Fleisch	Shot Put	1996	59-6 1/4
Jeff Hojnacki	1,000 Meters	1996	2:27.39
Jason Rexing	5,000 Meters	1996	14:17.99

Second Place

Tim Kober	800 Meters	2001	1:52.13
Phil Mishka	1,000 Meters	2001	2:22.22
Ryan Shay	3,000 Meters	2001	8:10.21
Godwin Mbagwu	Triple Jump	2001	48-2 3/4
Josh Heck	Pole Vault	2001	15-9
Tom Gilbert	Long Jump	2000	23-10
Tim Kober	800 Meters	2000	1:52.13
Phil Miska	1,000 Meters	2000	2:22.22
Marshaun West	200 Meters	2000	21.52
Ryan Shay	5,000 Meters	1999	14:18.70
Marshaun West	Long Jump	1999	24-1 1/2
Bobby Brown	400 Meters	1998	47.39
Danny Payton	500 Meters	1998	1:02.92
Marshaun West	200 Meters	1998	21.66
Matt Althoff	5,000 Meters	1997	14:39.66
Dave Gerrity	Pole Vault	1997	16-2 3/4
Jason Rexing	3,000 Meters	1997	8:13.56
Allen Rossum	55 Meters	1997	6.23
Notre Dame	4x400 Relay	1997	3:15.62
Dave Gerrity	Pole Vault	1996	16-2 3/4
Lamarr Justice	Triple Jump	1996	51-2 1/4

Third Place

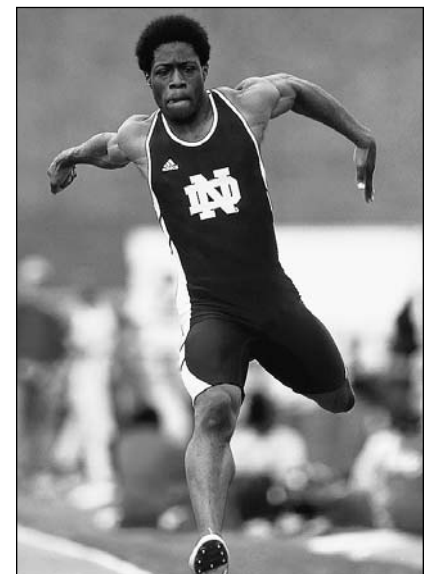
Tim Kober	500 Meters	2000	1:03.76
Quill Redwine	Triple Jump	2000	47-0 1/4
Matt Thompson	Weight Throw	2000	58-11 1/2
Luke Watson	Mile	2000	4:11.59
Notre Dame	4x800-Meter Relay	2000	7:38.15
Tim Kober	800 Meters	1999	1:53.15
Jason Rexing	Mile	1998	4:13.02
Mike Conway	Mile	1997	4:11.99
Marshaun West	Long Jump	1997	24-5
Notre Dame	4x800 Relay	1997	7:34.61
Mike Brown	Pole Vault	1996	16-2 3/4
Notre Dame	Distance Medley Relay	1996	9:59.28

Fourth Place

Pat Conway	Mile	2001	4:15.22
Notre Dame	4x400-Meter Relay	2001	3:17.09
Luke Watson	3,000 Meters	2000	8:22.51
Notre Dame	4x400-Meter Relay	2000	3:16.95
Antonio Arce	Mile	1999	4:14.43
Joshua Heck	Pole Vault	1999	15-3
Phil Mishka	1,000 Meters	1999	2:29.45
Matt Thompson	35 lb. Weight Throw	1999	58-3 1/4
Chris Cochran	400 Meters	1998	6.41
Mike Conway	Mile	1998	4:13.34
Matt Thompson	Shot Put	1998	50-5 1/2
Terry Wray	500 Meters	1998	1:04.05
Notre Dame	4x400 Meter Relay	1998	3:15.79
Notre Dame	Distance Medley Relay	1998	10:06.07
Errol Williams	200 Meters	1997	21.88
Notre Dame	4x800 Relay	1996	7:42.81

Fifth Place

Sean Zanderson	Mile	2001	4:15.68
Notre Dame	Distance Medley Relay	2001	10:07.96
Nathan Cahill	Pole Vault	2001	15-9
Josh Heck	Pole Vault	2000	15-9
Ryan Shay	5,000 Meters	2000	14:34.99
Notre Dame	Distance Medley Relay	2000	10:03.84
Derek Dyer	Shot Put	1999	52-2 3/4
Jay Hofner	35 lb. Weight Throw	1999	55-6 1/4
Adrian Irby	Triple Jump	1999	47-8 1/2
Notre Dame	Distance Medley Relay	1999	10:07.23
Chris Cochran	400 Meters	1998	48.62
Dan Frigo	High Jump	1998	6-7
Phil Mishka	800 Meters	1998	1:53.88
Bobby Brown	400 Meters	1997	48.19
Derek Seiling	3,000 Meters	1997	8:18.15
Errol Williams	55-Meter Hurdles	1997	7.44
Matt Althoff	5,000 Meters	1996	14:32.90
Greg Moretti	35-lb. Weight Throw	1996	56-4
Errol Williams	55-Meter Hurdles	1996	7.45
Hunter Smith	High Jump	1996	6-7

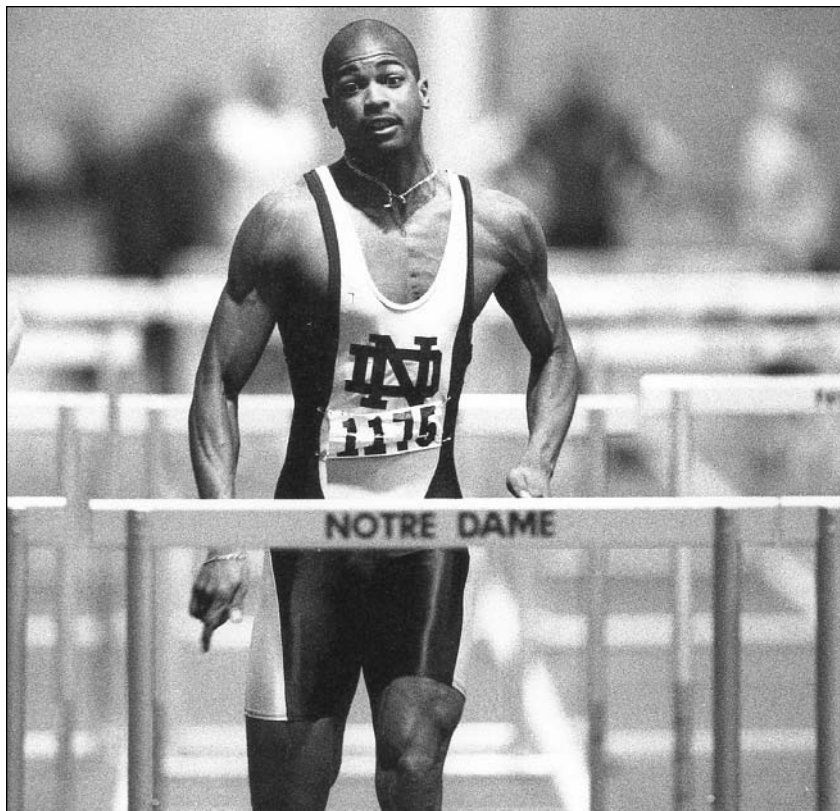


Godwin Mbagwu had an immediate impact in the BIG EAST Conference during his rookie season last year finishing second in the triple jump to earn all-BIG EAST honors.

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Errol Williams won the BIG EAST outdoor 110-meter hurdle title in 1998 and helped the team finish in third place overall.

Team Finishes

Men's Outdoor Track and Field

2001	6th	63 points
2000	1st	164 points
1999	2nd	136 points
1998	3rd	94 points
1997	2nd	137 points
1996	3rd	77 points

BIG EAST Awards

2000	Outdoor Coaching Staff of the Year
1999	Marshaun West, Outstanding Outdoor Track Performer
1999	Outdoor Coaching Staff of the Year
1996	Jason Rexing, Outstanding Outdoor Track Performer

Men's Outdoor Track and Field

First Place

Ryan Shay	10,000 Meters	2001	29:17.61
Ryan Shay	5,000 Meters	2000	14:42.91
Ryan Shay	10,000 Meters	2000	31:06.29
Luke Watson	3,000-Meter Steeplechase	2000	9:00.25
Notre Dame	4x100-Meter Relay	2000	40.54
Mike Brown	Pole Vault	1999	16-4 3/4
Chris Cochran	400 Meters	1999	46.86
Marshaun West	200 Meters	1999	21.53
Jason Rexing	5,000 Meters	1998	14:22.39
Errol Williams	110-Meter Hurdles	1998	13.69
Mike Brown	Pole Vault	1997	16-4 3/4
Jason Rexing	10,000 Meters	1997	31:05.33
Derek Seiling	Steeplechase	1997	9:08.90
Dave Gerrity	Pole Vault	1996	16-10 3/4
Lamarr Justice	Triple Jump	1996	50-6 3/4
Jason Rexing	10,000 Meters	1996	30:49.35
Jason Rexing	5,000 Meters	1996	14:28.47

Second Place

Quill Redwine	High Jump	2001	6-10 3/4
Derek Dyer	Discus	2001	167-1
Chris Cochran	400 Meters	2000	47.80
Derek Dyer	Shot Put	2000	52-10 1/4
Mike Griewe	10,000 Meters	2000	31:20.98
Phil Mishka	800 Meters	2000	1:50.76
Matt Thompson	Discus	2000	176-10
Marshaun West	100 Meters	1999	10.72
Chris Cochran	200 Meters	1999	21.54
Phil Mishka	800 Meters	1999	1:50.62
Antonio Arce	1,500 Meters	1999	3:51.60
Ryan Shay	10,000 Meters	1999	30:06.66
Jay Hofner	Hammer	1999	185-1
Mike Brown	Pole Vault	1998	16-4 3/4
Jay Hofner	Hammer Throw	1998	177-3
Jason Rexing	10,000 Meters	1998	30:12.14
Matt Althoff	10,000 Meters	1997	31:06.44
Mike Fleisch	Shot Put	1997	56-11 1/4
Jeff Hojnacki	800 Meters	1997	1:49.65
Jason Rexing	5,000 Meters	1997	14:22.01

Third Place

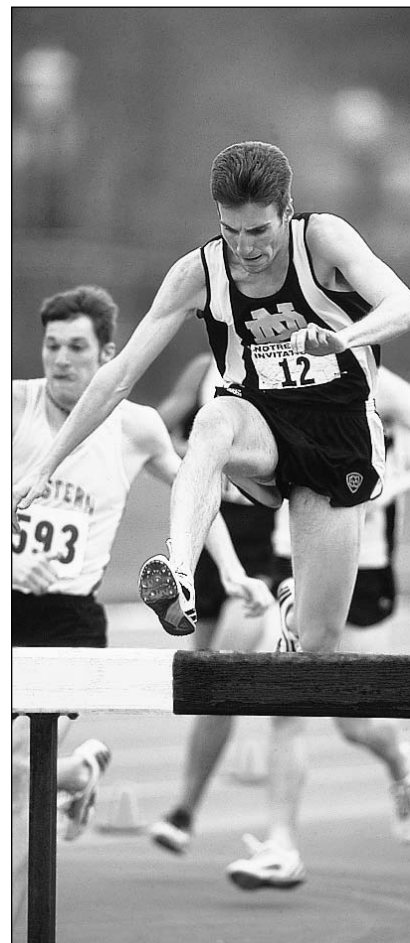
Josh Heck	Pole Vault	2001	15-9
Derek Dyer	Discus	2000	166-2
Luke Watson	5,000 Meters	2000	14:50.97
Matt Thompson	Shot Put	2000	51-9
Marshaun West	200 Meters	2000	21.29
Marshaun West	Long Jump	2000	25-8
Notre Dame	4x400-Meter Relay	1999	3:11.67
Ryan Shay	5,000 Meter	1999	14:19.82
Chris Smith	Javelin	1998	198-0
Notre Dame	4x100 Relay	1998	41.18
Dave Gerrity	Pole Vault	1997	16-4 3/4
Chris Smith	Javelin	1997	183-1
Errol Williams	200 Meters	1997	21.38
Notre Dame	4x100 Relay	1997	41.49
Notre Dame	4x800 Relay	1997	7:33.24
Notre Dame	4x400 Relay	1997	3:12.15
Mike Brown	Pole Vault	1996	15-11
Chris Smith	Javelin	1996	191-9

Fourth Place

Nathan Cahill	Pole Vault	2000	15-9
Chris Cochran	200 Meters	2000	21.37
Josh Heck	Pole Vault	2000	15-9
Sean McManus	10,000 Meters	2000	31:54.04
Matt Thompson	Hammer	2000	170-2
Notre Dame	4x100-Meter Relay	1999	41-61
Josh Heck	Pole Vault	1999	15-9
Derek Dyer	Discus	1999	164-5
Dan Frigo	High Jump	1998	6-7
Matt Thompson	Discus	1998	157-0
Matt Thompson	Shot Put	1998	51-1 3/4
Notre Dame	4x 400 Relay	1998	3:12.53
Notre Dame	4x 800 Relay	1998	7:33.07
Errol Williams	110-Meter Hurdles	1997	13.81
Bobby Brown	400 Meters	1997	48.60
Jay Hofner	Hammer Throw	1997	172-9
Greg Moretti	Hammer Throw	1996	191-3

Fifth Place

Tom Gilbert	Long Jump	2001	23-9 1/2
Tom Gilbert	Long Jump	2000	23-11 3/4
Paul Lewis	Hammer	2000	162-5
Quill Redwine	High Jump	2000	6-7
Luke Watson	Steeplechase	1999	9:12.20
Derek Dyer	Shot Put	1999	53.1
Notre Dame	4x800 Meter Relay	1999	7:37.59
Andrew Cooper	High Jump	1999	6-7
Antonio Arce	10,000 Meters	1997	31:29.75
Dan Frigo	High Jump	1997	6-3 1/4
Jim Pilla	Steeplechase	1997	9:26.40
Derek Seiling	Steeplechase	1996	9:11.6



Luke Watson, the 2000 BIG EAST steeplechase champion, did not get to defend his title in 2001 due to an injury. The Irish senior should return to run in the finals of the steeplechase in 2002.

Men's BIG EAST
Outdoor Bests



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Men's BIG EAST Records



Danny Payton helped the Irish win the distance medley relay at the 1997 BIG EAST meet and Alex Wilson Invitational, paving the way to the team's eighth-place showing at the 1997 NCAA's.



Senior Ryan Shay boasts five BIG EAST individual championships in track and field competition.



Quill Redwine scored some important team points for the Irish at the BIG EAST outdoor meet in 2001, taking second place in the high jump.

BIG EAST Indoor Championship

55-Meter Dash	6.17	1985	Lee McRae	Pittsburgh
55-Meter High Hurdles	7.12	1984	Roger Kingdom	Pittsburgh
60-Meter Dash	6.77	2000	Santana Moss	Miami
60-Meter Hurdles	7.81	1999	Adrian Woodley	Syracuse
200-Meter Dash	21.15	1995	Kevin Lyles	Seton Hall
400-Meter Dash	46.44	1986	Edwin Modibedi	Villanova
500-Meter Run	1:01.60	1986	Charles Jenkins	Villanova
800-Meter Run	1:49.75	1989	Paul Rowbotham	Villanova
1,000-Meter Run	2:21.50	1980	Ross Donoghue	St. John's
Mile Run	4:00.57	1992	Steve Holman	Georgetown
3,000-Meter Run	8:01.56	1995	Mark Carroll	Providence
5,000-Meter Run	13:52.84	1991	John Trautmann	Georgetown
High Jump	7-2 1/2	1983	Jim Hopson	Connecticut
Long Jump	25-10 3/4	1988	Ray Humphery	Georgetown
Shot Put	61-9 3/4	1999	Ray Wilks	Connecticut
Triple Jump	51-7	2000	Josh Rollins	Georgetown
35-lb Weight	71-0	1995	Kevin McMahon	Georgetown
Pentathlon	3,931 points	1992	David Cook	Villanova
Pole Vault	18-1	1993	William Deering	Miami
Distance Medley Relay	9:38.38	1984		Villanova
1,600-Meter Relay	3:11.15	1992		Seton Hall
3,200-Meter Relay	7:26.94	1987		Pittsburgh

BIG EAST Outdoor Championship

100-Meter Dash	10.28	1997	Rob Dennis	West Virginia
110-Meter Hurdles	13.50	2000	Adrian Woodley	Syracuse
200-Meter Dash	20.70	1987	Lee McRae	Pittsburgh
400-Meter Dash	44.89	1987	Andrew Valmon	Seton Hall
400-Meter Hurdles	49.43(FAT)	1998	Kareem Archer	Georgetown
	49.8 (MT)	1988	Elbert Ellis	Pittsburgh
800-Meter Run	1:47.21	1987	Tracey Baskin	Seton Hall
1,500-Meter Run	3:40.62	1987	Gerry O'Reilly	Villanova
3,000-M Steeplechase	8:33.3	1983	Brendan Quinn	Providence
5,000-Meter Run	13:46.46	1982	James O'Connell	Syracuse
10,000-Meter Run	28:41.3	1983	Geoff Smith	Providence
High Jump	7-1	1982	Jim Hopson	Connecticut
Long Jump	26-2 1/4	2000	Santana Moss	Miami
		1998	Jermaine Deane	Villanova
Discus	189-11	1990	Tony Washington	Syracuse
Shot Put	60-6 3/4	1999	Ray Wilks	Connecticut
Triple Jump	52-10 1/4	2001	Nathan Rollins	Georgetown
Javelin	226-2	1996	Chris Sagnella	Rutgers
Hammer	238-2	1995	Kevin McMahon	Georgetown
Pole Vault	17-7	1992	Bill Deering	Miami
Decathlon	7,358 points	2000	Aaron Moser	Miami
4X100-Meter Relay	40.40	2001		Miami
4X400-Meter Relay	3:06.57	1985		Villanova
4X800-Meter Relay	7:23.40	1987		Villanova



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