

37th Annual National Catholic Cross Country Meet

Friday, September 16, 2016

The University of Notre Dame will host the **38th ANNUAL NATIONAL CATHOLIC CROSS COUNTRY INVITATIONAL on FRIDAY, SEPTEMBER 16, 2016** at the Notre Dame Golf Course.

There will be three races as follows:

3:30 PM	J.V. Race (Men & Women start simultaneously, with women running 5K and men running 5 miles)
4:15 PM	Women's Championship Race – 5000 meters
5:00 PM	Men's Championship Race – 5 miles

The Men's and Women's Championship races are strictly **TEAM RACES – NO INDIVIDUAL ENTRIES**. Each team will be limited to **NINE (9)** runners in the Championship races. **You may enter up to 15 runners on your entry roster, but only 9 will be allowed to compete in the championship race.**

Schools may run individuals listed on their rosters who are not in their top nine in the 3:30 PM JV Race. No unattached or post collegiate runners will be allowed to compete in any race. Teams which have fewer than five runners, and therefore will not score as a team, will be required to run in the 3:30 race.

The Championship races will be scored to determine both a Division I and College Division (Div. II, III, NAIA) champion. Individual awards will be presented to the top ten OVERALL finishers in both the Men's and Women's Championship races.

We will again be utilizing **DIRECT ATHLETICS** to enter our home Cross Country meets.

Note that rosters are limited to 15 runners per team for this meet. No unattached runners will be accepted. You may make corrections to your roster up until the entry deadline. After the deadline, you CANNOT make any changes using the online system. There will be a process for substitutions on race day.

**All entries must be finalized in Direct Athletics by Tuesday, September 13th at 6:00pm EST.
LATE ENTRIES WILL NOT BE ACCEPTED FOR ANY REASON!!!**

The entry fee is \$200 per team and may be paid when you pick up your packet on meet day. Men's and Women's teams are considered separate teams. Please make the check payable to: University of Notre Dame.

Should you have any questions concerning the meet or entry procedures, please contact Molly Jergenson at: mjergens@nd.edu or Matt Sparks at msparks@nd.edu.