

NOTRE DAME

STUDENT-ATHLETES



Sophomore

Patrick Smyth

*leads a promising
crop of young cross
country/distance
runners for Notre
Dame in 2006-07.*





Kurt Benninger

5-11 • Senior

Cross Country/Distance

Chepstow, Ontario • Walkerton D.S.S.

HONORS & AWARDS

All-American (4)

Cross Country (2005)

Mile (2005)

Distance Medley Relay (2005, 2006)

BIG EAST Individual Champion (3)

1,500 Meters (2006)

Mile (2005)

3,000 Meters (2005)

ASA JUNIOR: A threat to win everytime he entered a race ... earned two more All-America citations, including his first in cross country, to bring his career total to four ... led the Irish at all five meets in which he competed, placing in the top 10 overall each time ... took a strong fifth at the Notre Dame Invitational, running 23:42 over the 8,000-meter home course and helping the team finish second without one of its top five runners ... continued his sterling campaign at the Pre-National Meet, running 23:49 for fourth place ... garnered his best-ever finish at the BIG EAST Championship with a runner-up finish (24:09), helping Notre Dame secure the team title ... ran extremely well at the NCAA Great Lakes Regional, finishing second overall with a 10,000-meter time of 31:06.5 ... achieved the best placement by a Notre Dame male at the NCAA Championships since 2001, taking eighth at the national meet in 29:50.2 for 10,000 meters ... earned All-America honors



and helped Notre Dame to a third-place team trophy (highest finish at nationals since 1990) ... kicked off the indoor track season with a bang at the Notre Dame Invitational, running his second sub-four-minute mile in as many years (3:58.77) for the third-best mark in school history, and just two-hundredths of a second off his personal best ... returned the following week to run in a loaded 3,000-meter field at the Meyo Invitational ... finished second in the race, nearly catching Michigan's Mike Woods at the line in 7:52.28 to break the school record in the event, a mark previously held by Luke Watson (7:54.02) ... his performances in the mile and the 3,000 meters gave him automatic qualifying marks

for the NCAA Championships ... missed the BIG EAST indoor meet but returned to action at the Alex Wilson Invitational, anchoring the distance medley relay unit in the mile leg ... helped the Irish squad qualify for the NCAA meet with a school-record performance of 9:33.82, joined by teammates Thomas Chamney, Ryan Postel, and Adam Currie ... competed in the DMR and 3,000 meters at the NCAA Championships — did not finish the 3,000 but helped the relay take sixth overall, earning All-America honors along with Currie, Postel, and John Cavanaugh ... got a late start to the outdoor season, but debuted well at the Oregon Invitational, where he ran the eighth-best 5,000 meter

time in school history to finish seventh in a field that included professionals (13:55.54) ... competed in the 1,500 and 5,000 meters at the outdoor BIG EAST Championships, winning his third BIG EAST title by edging Villanova's Bobby Curtis in the 1,500 meters (3:46.62) ... placed second in the 5,000 meters, bringing his total of career indoor and outdoor all-BIG EAST citations to seven ... also helped the Irish men's team win the 2006 outdoor league title ... in a display of superior range, raced the 800 meters at the Georgia Tech Invitational, running 1:48.8 to qualify regionally in his third event (800, 1,500, 5,000) ... finished ninth overall in the 5,000 meters at the NCAA Mideast Regional ... just missed qualifying for the 5,000-meter NCAA final, posting the 17th-best time in preliminaries with a 14:08.17 mark.

AS A SOPHOMORE: Emerged as one of the premier distance runners in the nation



... finished as Notre Dame's top runner in four of five cross country meets in which he participated ... made his 2004 cross country debut in the Notre Dame Invitational, finishing second in 23:43 ... took eighth at the Pre-National Meet (24:07) before contributing to the team's BIG EAST title at the league cross country championships ... ran in a pack of four Irish runners at the meet, finishing second on the team and seventh overall in 23:54 to earn all-BIG EAST honors ... ran to an outstanding third-place finish at the NCAA Great Lakes Regional, completing the 10,000 meter course in 30:17 ... competed aggressively at the NCAA Championships, eventually finishing 42nd as Notre Dame's top runner ... had one of the better indoor track seasons in school history ... won the 3,000 meters at the Notre Dame Invitational in convincing fashion with a time of 7:59.39, then the fifth-fastest performance in school history ... competed in the prestigious Meyo Mile at the Meyo Invitational, finishing fourth and breaking four minutes with a 3:58.75 effort ... was the first Irish runner to break four minutes in the mile since Notre Dame distance legend Luke Watson managed the feat in 2003 ... was the second-fastest mile ever run by a Notre Dame athlete (behind Watson) ... performed well at the BIG EAST Indoor Championship ... won both the mile and the 3,000 meters, becoming just the third Notre Dame athlete to win two individual events in the same BIG EAST league meet ... ran 4:12.14 in the finals of the mile and 8:15.22 in the 3,000 meters ... continued his excellent season at the NCAA Indoor Championship ... earned his first career All-American honor in the mile run, taking fourth in 4:02.24 (sixth-fastest in school history) ... also garnered All-American status in the distance medley relay, teaming with Trevor McClain-Duer, Eric Morrison, and Adam Currie to take sixth place ... began the outdoor season by running his first career 5,000 meters at the Stanford Invitational ... ran one of the year's world-leading times and broke Watson's school record with a 13:33.05 performance ...



qualified for the NCAA Mideast Regional in the 5,000 meters ... sat out the rest of the outdoor season with an injury.

AS A FRESHMAN: Contributed as one of the top five runners on the 2003 cross country team and developed well during the 2004 track and field season, eventually qualifying as an individual for the NCAA Outdoor Championship ... began his cross country career with a 12th-place effort at

Career Cross Country Results

2005	
Notre Dame Invitational	5th
Pre-National Meet	4th
BIG EAST Championship	2nd
Great Lakes Regional	2nd
NCAA Championship	8th
2004	
Notre Dame Invitational	2nd
Pre-National Meet	8th
BIG EAST Championship	7th
Great Lakes Regional	3rd
NCAA Championship	42nd
2003	
Notre Dame Invitational	12th
Pre-National Meet	88th
BIG EAST Championship	21st
Great Lakes Regional	38th



the National Catholic, helping Notre Dame claim the team title ... ran well at the BIG EAST Championship, finishing 21st overall ... also ran at the NCAA Great Lakes Regional, finishing 38th ... qualified for the BIG EAST indoor mile competition at the Meyo Invitational, finishing 10th in the Meyo Mile (4:03.67) ... just missed his first BIG EAST Championship at the league indoor meet, finishing second in the mile with a 4:08.74 effort ... also finished fifth in the 3,000 meters at the BIG EAST meet, crossing the finish line in 8:19.61 ... focused almost exclusively on the 1,500 meters during the 2004 outdoor season, steadily improving his time throughout the year ... once again just missed out on a BIG EAST title, finishing second in the 1,500 meters at the outdoor meet (3:50.03) ... ran a spectacular 3:41.95 in the 1,500 meters at the Georgia Tech Invitational, qualifying for the NCAA Mid-east Regional ... his 3:41.95 time ranked second all-time in Notre Dame track and field history



for the outdoor 1,500 meters ... finished an impressive fifth at the NCAA Mid-east Regional in the 1,500 meters, crossing the finish line in 3:51.34 ... appeared in his first NCAA Championship at the outdoor competition, finishing 25th in the 1,500 meters (3:55.13) ... earned all-BIG EAST honors on the only relay in which he competed during the outdoor season, finishing second in the 4x800-meter relay along with teammates Eric Morrison, Kevin Somok and Thomas Chamney.

HIGH SCHOOL AND PERSONAL: One of the top prep cross country and middle distance runners in Ontario over the last four years ... earned a silver medal at the 2003 Pan Am Junior Games, finishing second in the 1,500 meters ... two-time member of the Canadian Junior National Cross Country Team that competed at the World Junior Championships in 2002 and 2003 ... member

of the Canadian Junior Track and Field Team that competed at the World Youth Championships in 2001 ... won the 2003 U.S. Junior National 1,500-meter championship after finishing second in 2002 ... placed third in the '02 National Junior Cross Country Championship ... holds Walkerton school records in the 800, 1,500 and 3,000 meters ... also holds the Ontario Under-19 outdoor 3,000-meter record (8:10.50) ... posts personal-best performances of 8:10.50 in the 3,000 meters, 3:49.08 in the 1,500 meters and 1:51.61 in the 800 meters ... born Jan. 1, 1985, in Walkerton, Ontario ... oldest of two children ... enrolled in the College of Arts and Letters, pursuing his degree in history.

CROSS COUNTRY

Career Track Bests

Indoor	
Mile	3:58.75
2005 Meyo Invitational	
3,000m	7:52.28*
2006 Meyo Invitational	
Outdoor	
800m	1:48.80
2006 Georgia Tech Invitational	
1,500m	3:41.95
2004 Georgia Tech Invitational	
5,000m	13:33.05*
2005 Stanford Invitational	
(* - indicates school record)	



Thomas Chamney

6-2 • Senior

Cross Country/Middle Distance

Tipperary, Ireland

St. Columba's College

HONORS & AWARDS

All-American

Indoor 800 Meters (2006)

Outdoor 800 Meters (2006)

ESPN The Magazine/CoSIDA

Academic All-American

Third Team (2006)

NCAA Midwest Regional Champion

800 Meters (2006)

BIG EAST Individual Champion

Indoor 800 Meters (2006)

SUMMER 2006: Returned to his native Ireland and made his second appearance for the Irish Senior National Team at the Europa Cup in Banska Bystrica, Slovakia, finishing second in the 800 meters in a time of 1:50.95 ... set new school record over 800 meters at the Leon Buyle Memorial in Oordegem, Belgium, on July 1, running 1:46.82 to become the sixth-fastest Irish native in history and besting the 37-year-old Notre Dame record of 1:47.5, set by Joe Quigley during an 880-yard race in 1969 ... won his first Irish Senior National 800-meter title with a winning time of 1:48.71 ... competed at European Senior Championship (his first major international track & field meet) in Gothenburg, Sweden, finishing 25th in the 800 meters (1:50.14).

ASA JUNIOR: Had one of the finest and most consistent seasons in Notre Dame

middle distance history ... demolished his previous career bests in both the indoors and outdoors, running a stunning series of personal bests to conclude the outdoor season ... enters 2006-07 season holding three of top four outdoor 800-meter times in school history (not to mention three of top eight indoor 800-meter marks) ... made his indoor debut at the Notre Dame Invitational, winning the 800 meters in 1:50.52 ... was the runner-up in the distance at the Mayo Invitational, establishing a new a new personal best (indoor or outdoor) with a time of 1:48.62; qualified him provisionally for the NCAA Championships and was the fourth-fastest performance in school history ... earned his first two

BIG EAST titles at the indoor league meet ... won the 800 meters ahead of teammate John Cavanaugh by running 1:49.88 in the final heat ... also took first in the 4x800-meter relay with teammates Cavanaugh, Adam Currie and Brett Adams, running the anchor leg to bring home the victory in 7:28.84, the sixth-fastest mark in Notre Dame history ... along with teammates Currie, Ryan Postel and Kurt Benninger, set the school record in the distance medley relay at the Alex Wilson Invitational, qualifying the squad for the NCAA Championship ... ran 1:49.94 in the NCAA 800-meter preliminaries before setting another personal best in the final, earning All-America honors with a sixth-place finish with a time of 1:48.50 (third-fastest in school history) ... after delaying the start to his outdoor season, debuted at the Drake Relays with the 4x800-meter relay team of himself, Adam Currie, Brett Adams, and John Cavanaugh ... ran 7:31.96 for the fifth-fastest mark in school record books ... came up just short of winning his second BIG EAST 800-meter title of the season, finishing second in the outdoor league meet with times of 1:50.33 and 1:50.43 in the prelims and final, respectively ... helped the 4x800-meter relay team finish second in the



BIG EAST with the third-fastest mark in school history (7:26.04) ... his two events contributed greatly to the Irish men's outdoor BIG EAST title ... after posting the third-fastest qualifying time in the preliminaries (1:49.60), won the NCAA Midwest Regional 800-meter title with a career-best time of 1:48.86 ... in the first round of the 800-meter competition at the NCAA Championships, established a personal best with a time of 1:48.45 ... came back with an outstanding semifinal, breaking the 1:48 barrier for the first time ever and earning a spot in the NCAA final with a time of 1:47.70 ... with his third personal best in less than one week, earned his second All-American honor of the season by finishing sixth in the final heat at 1:47.64 ... his three times at the NCAA's rank as the third, fourth and 11th-fastest outdoor 800-meter performances in school history ... capped off year by earning third-team *ESPN The Magazine/CoSIDA* Academic All-America honors, becoming one of only 10 Notre Dame men's track/cross country athletes to earn All-America and Academic All-America status in the same season.

2004-05 SEASON: Took a year off from his studies to train full time for the

European Under-23 Championships in Erfurt, Germany ... took a very strong fifth in the 800 meters at the meet, representing his native Ireland ... made his Irish Senior National Team debut at the European Cup in Leiria, Portugal, again posting a fifth-place finish with a time of 1:50.18 ... won silver in the 800 meters at the Irish Senior National Track & Field Championships in Dublin, Ireland ... ran unattached at Notre Dame's Alex Wilson Invitational, establishing an 800-meter personal best of 1:48.73 in a fourth-place effort ... opened the outdoor season at the Len Paddock Invitational with an outdoor personal-best 800-meter performance of 1:48.92 ... further lowered that personal best at the IAAF Grand Prix meet in Seville, Spain, where he won the B 800-meter heat in 1:48.84 ... took the 800-meter title at the Irish Under-23 Championship in a time of 1:52.23.

AS A SOPHOMORE: Reprised his role as the team's top 800-meter runner ... ran well at the Notre Dame Indoor Opener, clocking 1:52.71 ... bettered that time and set a career best in the indoor 800 meters at the Meyo Invitational, running 1:51.53 for ninth place ... qualified for the BIG EAST indoor meet in two events ... ran the 800 at the championship, eventually finishing eighth ... also scored BIG EAST team points with a fourth-place effort in the distance medley relay with teammates Kurt Benninger, Ryan Postel, and Eric Morrison ... competed at the adidas Indoor Games with the same group and ran 9:45.33 as a team ... steadily dropped his times in the outdoor season, culminating in his season-best run at the NCAA Midwest Regional ... took 14th in 1:50.14 at the meet ... other outdoor highlights came with a first place finish at the Tom Botts Invitational in 1:52.52 ... competed at the prestigious Mount SAC Relays, finishing 17th in 1:51.44 ... qualified for the BIG EAST outdoor meet in two events, taking seventh in the 800 meters with a 1:50.24 mark in the preliminaries and running in the 4x800-meter relay ... earned all-BIG EAST honors by placing second in the relay in 7:28.48 with teammates Eric Morrison, Kevin Somok, and Kurt Benninger.



AS A FRESHMAN: Top 800-meter specialist on the team as a rookie in 2003 ... won his first collegiate 800-meter race at the Central Michigan Opener, besting the field in 1:54.83 ... best performance of the indoor season came at the Meyo Invitational, finishing third in 1:52.29 ... qualified for the BIG EAST indoor meet, ending up 11th in the preliminaries ... member of the '03 men's distance medley relay team ... combined with teammates Kevin Somok, Ryan Postel, and Eric Morrison to qualify for the NCAA Championship ... eventually finished 10th at the '03 NCAA indoor meet in Fayetteville, Arkansas ... started the outdoor season at the Stanford Invitational, placing 12th in the 800 meters (1:52.01) ... broke the 1:50 mark in the 800 at the Tom Botts Invitational, coming through with an impressive 1:49.55 and nabbing his first collegiate outdoor victory (second overall) ... made the trip to the famed Drake Relays and finished fifth overall (1:51.97) ... qualified for the second conference meet of his rookie season, placing 15th in the 800 meters at the BIG EAST outdoor meet ... continued to run well at the Georgia Tech Invitational, finishing eighth in 1:51.03 ... qualified for the inaugural NCAA Midwest Regional, finishing fourth in his heat with a 1:51.19 effort ... returned back to Ireland during the summer of '03 and entered the European Junior

Championship in the 800 meters ... finished an impressive 13th in the elite field.

HIGH SCHOOL AND PERSONAL:

Ranked among the top prep middle-distance runners in Ireland ... three-time all-Irish selection and three-time all-regional champion ... ranked in the top five in Ireland at 800 meters all four years of high school ... also served as team captain for cross country his final two years ... was ranked in top 25 nationally in cross country as a junior and senior ... represented Ireland in five different international meets, including the World Youth Games in Hungary ... also played rugby and soccer at St. Columba's College ... father, John, played rugby for Trinity College in Dublin, Ireland ... youngest of two children ... born April 16, 1984 in Cork, Ireland ... two-time BIG EAST Academic All-Star selection ... enrolled in the College of Arts and Letters as an English major (3.563 cumulative grade-point average through spring 2006 semester) ... in addition to earning '06 third-team Academic All-America honors, also garnered Dean's List citation in spring 2006 after compiling 3.833 semester GPA.



Career Track Bests

Indoor	
800m	1:48.50
2006 NCAA Championship	
1,000m	2:26.64
2006 Blue & Gold Invitational	
Outdoor	
800m	1:46.82*
2006 Leon Buyle Memorial (Belgium)	
(* - indicates school record)	



Christopher Jacques

6-0 • Senior
Jumps/Sprints

Old Brookville, N.Y. • Chaminade H.S.

HONORS & AWARDS

BIG EAST Champion
Indoor Long Jump (2005)

AS A JUNIOR: Earned BIG EAST qualifications in both the long jump and high jump during the indoor and outdoor seasons while posting the team's top times in the 60 meters and 100 meters ... top 60-meter time came at the Blue & Gold Invitational, a mark of 7.15 seconds ... also posted his best long jump of the indoor season at the meet, a leap of 6.82 meters (22-4 1/2) ... at the Notre Dame Opener, high jumped 2.02 meters (6-7 1/2) to earn another BIG EAST mark and setting a career best ... took 11th in the high jump at the BIG EAST meet, jumping 1.92m (6-3 1/2) ... also wound up 15th in the long jump ... won the long jump competition at the Cal Poly Invitational, leaping 6.99m (22-11) and qualifying for the BIG EAST outdoor meet ... improved that mark at the Jim Click Shootout, jumping 7.11m (23-4) while also establishing a BIG EAST mark in the high jump (1.95m, 6-4 3/4) ... ran 11.24 over 100 meters at the Notre Dame Spring Opener ... at the BIG EAST Outdoor Championship, missed scoring points in the high jump for the eventual team champions by losing a tiebreaker on jumps ... set an outdoor career best in the long jump competition, placing sixth at the meet at 7.22m (23-8 1/4).

AS A SOPHOMORE: Progressed in both the long jump and high jump while also competing in the sprints ... finished ninth in the long jump at the Meyo Invitational (6.98m, 22-10 3/4) and set a career best in the 200 meters with a 22.69 dash ... exploded at the

BIG EAST indoor meet with a career best 7.23m (23-8 3/4) long jump ... took his first BIG EAST title in the event and out-jumped the second place finisher by over one-quarter meter (10") ... also competed in the high jump at the league meet, scoring team points with a seventh-place finish (1.97m, 6-5 1/2) ... entered into the outdoor season by taking fourth in the 100 meters at the Mike Poehlein Invitational (11.01) ... also finished first in the 4x100 meter relay at the meet, running with teammates Selim Nurudeen, Zach Labrecque, and Tommie Lee (42.79) ... had a strong meet at the Indy Relays, setting a career best in the outdoor long jump with a 7.17m (23-6 1/4) effort ... also finished fifth in the high jump with a leap of 1.85m (6-0 3/4) ... qualified for the BIG EAST outdoor meet in the high jump and long jump... scored team points with a sixth-place effort in the high jump (1.99m, 6-6 1/4) ... also placed sixth in the 4x100 meter relay with Geoff Bennett, Selim Nurudeen, and Tommie Lee in 42.46.

AS A FRESHMAN:

Proved to be a valuable horizontal jumper for the Irish during his rookie season ... qualified for the BIG EAST indoor and outdoor meet in both the long jump and high jump ... won both the high jump and long jump at the Notre Dame Invitational for his first two collegiate event victories ... cleared a season-best 2.00m (6-6) in the high jump ... best long jump of the season came at the BIG EAST Championship, leaping 6.75m (22-1) to finish ninth ... scored toward the team title at the BIG EAST indoor meet, finishing sixth by clearing 1.96m (6-5) ... pulled double duty during the outdoor season as well, finishing sixth in the BIG EAST meet in the long jump and seventh in the high jump ... posted a season best 7.15m (23-5) measurement in the long jump at the BIG EAST meet ... best outdoor high jump clearance came at the league outdoor meet as well, going over 1.99m (6-6 1/4).

HIGH SCHOOL AND PERSONAL:

Competed in track & field and football at Chaminade High School ... lettered three seasons in indoor and outdoor track and twice in football ... placed sixth at the Nike Indoor Track Championships to garner All-American honors ... three-time all-city and six-time all-conference track athlete ... won six conference track titles ... MVP of his indoor track squad his sophomore season and earned same honor as a junior for the outdoor season ... owns career-bests of 6-6 in the high jump, 22-11 3/4 in



the long jump, and 46-8 1/2 in the triple jump ... established the school triple jump record and the indoor long jump standard ... gold medal winner in the long jump and high jump at the 2001 Empire State Games ... born Jan. 18, 1985 in Flushing, N.Y. ... has two siblings ... enrolled in the Mendoza College of Business as a finance major.

Career Track Bests

Indoor	
High Jump	2.02m (6-7 1/2)
2006 Notre Dame Opener Long Jump	7.23m (23-8 3/4)
2005 BIG EAST Championship 60m	7.15
2006 Blue & Gold Invitational 200m	22.69
2005 Meyo Invitational	
Outdoor	
High Jump	1.99m (6-6 1/4)
2005 BIG EAST Championship Long Jump	7.22m (23-8 1/4)
2006 BIG EAST Championship 100m	11.01
2005 Mike Poehlein Invitational	



Garet Koxlien

**6-1 • Senior
Throws**

Galesville, Wis.

Galesville-Ettrick-Trempealeau H.S.



AS A JUNIOR: Set career bests in both the shot put and weight throw during the indoor season ... his new shot put mark came at the Notre Dame Invitational where he threw 14.38m (47-2 1/4) ... also reached 17.00m (55-9 1/4) to win the meet's weight throw competition ... top career weight throw mark came at the Meyo Invitational where he threw 17.54m (57-6 1/2) in an outstanding effort ... earned points at the BIG EAST indoor meet with an eighth-place finish in the weight throw (17.45m, 57-3) ... set career bests in the discus and hammer throw at his first meet of the outdoor season, the Cal Poly Invitational ... threw the discus 51.52m (169-0) and the hammer 51.55m (169-1 1/2) ... improved his mark in the hammer with a 52.45m (172-0 1/2) toss at the Notre Dame Opener ... threw 52.86m (173-5) for fourth in the hammer at the Indy Relays ... qualified for the BIG EAST Outdoor Championship in both the discus and hammer throws ... took fourth in the discus, throwing 51.03m (167-5) ... scored all-BIG EAST honors in the hammer with third-place showing, establishing a huge career best with a toss of 57.35m (188-1 1/2), and combined second-place/third-place effort with Kyle Annen helped clinch team title for Irish ... also qualified for the NCAA Mid-east Regional in the hammer throw with BIG EAST toss ... finished 23rd at the regional behind Annen.

AS A SOPHOMORE: Concentrated on the weight throw during the indoor season

... set career bests in both the shot put and weight throw at the Blue and Gold Invitational ... set a big career best in the weight throw at the Central Michigan Opener (16.14, 52-11 1/2) ... took fourth in the weight throw at the Notre Dame Invitational with a toss of 15.24m (50-0) ... threw the weight 15.98m (52-5 1/4) at the Meyo Invitational ... performed well for the indoor BIG EAST Champion men's team at the league meet, placing fourth in the weight throw with a career-best toss of 16.91m (55-3 3/4) ... improved dramatically throughout the outdoor campaign ... concentrated on the hammer throw and discus ... threw 46.41m (152-3) early on in the Willie Williams Classic for an eighth-place finish ... set a new career best in the hammer throw at the Mike Poehlein Invitational, placing ninth with a toss of 47.65m (156-4) ... also threw the discus 44.56m (146-2) in that meet for third place ... had a career day at the Indy Relays with a second-place finish in the discus (46.37m, 152-1) and a fifth-place finish in the hammer throw (49.15m, 161-3) ... again set a career best in the hammer throw at the Central Collegiate Championship with a 49.94m (163-10) throw ... scored BIG EAST Championship points at the outdoor meet with a sixth-place and career-best showing in the hammer throw (51.07m, 167-7) ... claimed all-BIG EAST

honors in the discus with a third-place effort and huge career best throw of 51.06m (167-6) ... qualified for the NCAA Mid-east Regional in the discus, but did not place.

AS A FRESHMAN:

Worked on improving his distances with all the throwing implements during his rookie season ... steadily improved all his measurements during the year ... best indoor shot put effort was 12.88m (42-3) at the Alex Wilson Invitational ... top weight throw was posted at the Notre Dame Invitational (13.57m, 44-6) ... during the outdoor season, posted a 13.49m (44-3) to finish third in the Indy Relays ... top discus effort was 46.82m (153-7) at the Purdue Invitational.

HIGH SCHOOL AND PERSONAL:

Multi-sport standout at Galesville-Ettrick-Trempealeau High School ... earned letters in track and field, baseball, football and powerlifting ... helped the power-lifting club team claim the state title three-straight seasons (2001-03) ... served as team captain of the track and field and power lifting teams during his senior season ... two-time MVP and all-conference selection as a member of the track and field team ... set the freshman record in the discus during his rookie season ... appeared at the Midwest Senior Spotlight Meet in 2003 ... posted an impressive senior football campaign, earning all-conference, all-city and all-state honors, as well as being named the team MVP while playing both sides of the ball on the offensive and defensive line ... active in extra-curricular activities, including National Honor Society, FFA, Student Senate and 4-H ... oldest of two children ... born May 6, 1985, in LaCrosse, Wis. ... enrolled in the College of Arts and Letters as a pre-professional/psychology major.

Career Track Bests

Indoor	
Shot Put	14.38m (47-2 1/4)
2006 Notre Dame Invitational	
Weight Throw	17.54m (57-6 1/2)
2006 Meyo Invitational	
Outdoor	
Hammer Throw	57.35m (188-1 1/2)
2006 BIG EAST Championship	
Discus	51.52m (169-0)
2006 Cal Poly Invitational	



**Ryan
Postel**

**6-3 • 5th year
Sprints**

Lexington, Ky. • Lexington Catholic H.S.

HONORS & AWARDS

**All-American
Distance Medley Relay (2006)**

**BIG EAST Individual Champion
Outdoor 400 Meters (2004)**

ASA SENIOR: Provided veteran leadership to the Irish sprint group while earning his first career All-America citation ... also earned a share of his third indoor school record ... ran his best 200-meter time of the indoor season at the Notre Dame Opener, finishing second in 22.32; also ran 34.96 over 300 meters at the meet ... ran 48.74 for 400 meters at the Notre Dame Invitational ... dropped his 400-meter time down to 47.56 at the Meyo Invitational, finishing fifth in a crowded field ... also ran in the Irish 4x400-meter relay at the Meyo, running the second-fastest time in school history (3:10.31) with teammates Austin Wechter, Jordan Powell, and Bob Kueny; that mark provisionally qualified the relay for the NCAA meet ... qualified for both the 200 and 400 meters at the BIG EAST Indoor Championship, but concentrated solely on the 400, placing fourth with a time of 48.30 in the final ... joined teammates Thomas Chamney, Adam Currie and Kurt Benninger in the distance medley relay, breaking the school record (9:33.82) on the way to a fourth-place finish and NCAA provisional qualifying mark ... the team added John Cavanaugh as its 800-meter leg and shifted Currie to Chamney's 1,200 leg at the NCAA Championships, earning All-American honors for the four athletes ... Postel ran the 400 meters as the team finished in 9:40.61 for sixth place ... opened the outdoor season with a 400-meter win at the Cal Poly Invitational (47.51) ... established an NCAA Mideast Regional qualifying mark and (at the time) the seventh-fastest in school history with a 400-meter win at the Jim Click Shootout

(47.03) ... took the 200-meter title at the Miami (Ohio) Invitational in 21.67 seconds, easily qualifying for the BIG EAST outdoor meet in his second event ... took third in the 400 meters at the Mount SAC Relays with a time of 47.27 seconds ... dipped under 47 seconds at the Central Collegiate Championship, finishing second with a time of 46.89 seconds ... the mark stood as the seventh-quickest in Irish history at the time ... qualified for the BIG EAST outdoor meet in the 200 and 400 meters ... posted the top 200-meter time in the preliminaries (21.38) before taking fourth in the final heat in 21.60 ... also topped the preliminaries in the 400 meters, running 46.72, the fifth-best time in school history and close to his career best ... just missed out on a BIG EAST title in the event, picking up all-BIG EAST honors with a runner-up finish in 46.96 seconds ... helped the 4x400-meter relay pick up fourth at the meet, earning more points to the eventual team championship ... took 23rd at the NCAA Mideast Regional, covering the 400 meters in 47.45 ... the 4x400-meter relay took 12th at the regional, running the fourth-fastest time in school history (3:10.39) ... poised for big things in his final year of eligibility.

ASA JUNIOR: Did not compete due to illness.

ASA A SOPHOMORE: Took a large step forward as one of the top sprinters in the BIG EAST Conference ... claimed his first individual BIG EAST Championship in the outdoor 400 meters, beating the field with a 47.22 effort in the finals (ran a personal-best 46.63 in the preliminaries) ... also claimed a share of the indoor 4x400-meter relay school record, combining with Trevor McClain-Duer, Jordan Powell and Selim Nurudeen to run 3:09.87 at the Alex Wilson Invitational ... achieved his career best and set the school record in the indoor 400 meters at the Alex Wilson Invitational ... upon completion of the indoor season, had the two fastest indoor 400 meter times in school history and three school records ... has earned seven all-BIG EAST honors as an individual and on various relays in just two full track and field seasons ... ran well at the BIG EAST indoor meet as well, finishing second in 47.66 to earn all-BIG EAST honors ... earned all-BIG EAST honors at the BIG EAST indoor meet in the 4x400 relay, finishing second with McClain-Duer, Powell and Nurudeen ... appeared at the adidas Indoor Games in the distance medley relay, running 9:45.33 with Kurt Benninger, Thomas Chamney and Eric Morrison ... ran 10.57 over 100 meters at the outdoor Spring Opener, posting the fourth-fastest performance in school history ... ran extremely well during the BIG EAST outdoor meet, as his 46.63 effort in the preliminaries ranks as the fourth-best in school history ... finished a solid fourth in the 400 meters at the Mount SAC Relays (47.41) ... qualified for the NCAA Mideast Regional in the 400 meters, finishing 20th (47.46) ... after winning the 400 meters at the BIG EAST outdoor meet, earned all-BIG EAST honors with second-place efforts in the 4x100 and 4x400-meter relays ... combined with Nurudeen, Ryan Hurd and Tommie Lee to finish second in the 4x100-meter relay at the BIG EAST outdoor meet, posting a time of 41.20 ... teamed with McClain-Duer, Powell and Nurudeen to take second in the 4x400 relay in 3:10.52 ... the same team ran 3:09.65 at the NCAA Mideast Regional, the second-best 4x400-meter relay in school history ... spent the fall of 2004 working out with the Notre Dame football team as a walk-on receiver.

ASA A FRESHMAN: Developed well during his rookie season, concentrating on the 400 meters ... earned two all-BIG EAST honors as a member of Notre Dame's relay teams ... helped teammates Trevor McClain-Duer, Ryan Hurd and Mark Barber finish second in the 4x400 relay at the BIG EAST indoor meet (3:15.85) ... helped Hurd, Barber and Selim Nurudeen finish third in the 4x100 at the BIG EAST outdoor meet (41.31) ... claimed victories in the 400 meters against Western Michigan/Ball State and Michigan State ... posted a season-best time of 48.24 to cap the indoor season at the Alex Wilson Invitational ... qualified for the BIG EAST indoor meet in the 400 meters, finishing ninth in the preliminaries ... member of the distance medley relay team during the indoor season ... combined with teammates Kevin Somok, Thomas Chamney and Eric Morrison to qualify for the NCAA Championships ... eventually finished 10th at the NCAA Indoor Championships in Fayetteville, Ark. ... continued to run well during the outdoor season, taking home a victory at the Tom Botts Invitational in the 400 meters (47.97) ... qualified for the BIG EAST outdoor meet, scoring points for the team effort by finishing sixth in the finals of the 400 meters (47.77).

HIGH SCHOOL AND PERSONAL: A three-sport standout, earning letters in track and field (four), basketball (three) and football (two) at Lexington (Ky.) Catholic High School ... won state title in 400-meter dash in 2002 ... three-time all-state selection and nine-time individual state championship medalist ... helped team to four regional titles and a state runner-up finish in 2001 ... 12-time individual regional championship medalist ... was ranked among top five in the state in nine different events from 2000-02, including a No. 1 ranking at 400 meters ... Kentucky AAU two-time gold medalist in 2001 at 100 and 200 meters, and a bronze medalist in long jump ... two-time team captain of track and field squad ... also was a talented wide receiver in football, ranking first in the state in 2001 in average yards per reception and second in touchdown catches ... garnered honorable mention all-state honors from the Associated Press in 2001 ... was a member of LCHS state championship basketball team in 2002 ... team was ranked as high as 10th in the nation by USA Today ... member of National Honor Society ... middle of three children ... born Oct. 22, 1983 in Miami, Fla. ... enrolled in the Mendoza College of Business with a major in management information systems.

Career Track Bests

Indoor	
60m	7.19
2006 Windsor Team Challenge	
200m	21.68
2004 Blue & Gold Invitational	
400m	47.01*
2004 Alex Wilson Invitational	
Outdoor	
100m	10.57
2004 Notre Dame Spring Opener	
200m	21.38
2006 BIG EAST Championship	
400m	46.63
2004 BIG EAST Championship	
(* - indicates school record)	



Jordan Powell

6-3 • Senior
Sprints

Springfield, Ill. • Calvary Academy



the NCAA Mid-east Regional in 3:09.65 - the second-best mark in school history ... also earned all-BIG EAST honors by helping the squad finish second at the league outdoor meet in 3:10.52.

HIGH SCHOOL AND PERSONAL:

Two-sport standout in track & field and basketball at Calvary Academy in Springfield, Ill. ... 2003 Illinois state champion in the indoor 400 meters and finished as the runner-up at the outdoor meet ... owns many of the school's track records, including the 100, 200, 400 and 800 meters, as well as the long jump ... competed in track & field all four years of high school without the aid of a practice track ... boasts personal bests of 11.1 in the 100 meters, 22.3 in the 200 meters, 48.9 in the 400 meters and 1:56.9 in the 800 meters ... capped his prep career with an outstanding basketball season as well, earning Associated Press all-state honors ... averaged 21.3 points per game and 9.0 rebounds as a senior forward ... member of the National Honor Society, serving as

AS A JUNIOR: Continued to develop in the longer sprint events ... earned a BIG EAST indoor qualification in the 400 meters at the Notre Dame Invitational, running 49.60 ... bettered that mark at the Meyo Invitational where he covered the distance in 49.53 seconds ... also ran the 500 meters in 1:05.90 and competed in the 4x400 relay which ran the second-fastest time in school history and provisionally qualified for the NCAA meet ... that quartet also included Austin Wechter, Bob Kueny, and Ryan Postel and finished with a time of 3:10.31 ... took 12th in the 400 meters at the BIG EAST Indoor Championship, while also competing in the 4x400-meter relay ... set an outdoor career-best at the Jim Click Shootout, running the 400 meters in 49.03 for sixth place and a BIG EAST qualification ... ran the 200 meters in 22.76 at the Notre Dame Spring Opener ... lowered his career 400-meter mark in the preliminaries of the BIG EAST Outdoor Championship, running 48.62 to take 15th place ... scored points for the eventual team champions as a member of the 4x400-meter relay that was fourth in 3:11.69 ... ran the third-fastest 4x400-meter time in school history (3:09.95) with Wechter, Kueny and Postel at the Georgia Tech Invitational, qualifying for the NCAA Mid-east Regional in the process ... that relay unit took 12th at the Mid-east Regional, running the fourth-fastest time in school history (3:10.39), but missing the final.

AS A SOPHOMORE: Served as a 400-meter specialist ... qualified for the BIG EAST Indoor Championship ... placed third in the 4x400 meter relay at the league meet with Trevor McClain-Duer, Bob Kueny, and Austin Weaver ... achieved BIG EAST Champion

status in the distance medley relay along with teammates Brett Adams, Jamal Afridi, and Sean O'Donnell ... ran the 400 meters and contributed to the 4x400 meter relays during the outdoor season ... competed in the 4x400 meter relay at the BIG EAST outdoor meet ... anchored the sixth-place relay that also featured teammates Wechter, Kueny and Roberto Garcia.

ASA FRESHMAN: Proved to be a valuable relay and individual performer during his freshman season in 2004 ... helped set the school record in the 4x400-meter relay during the indoor season, combining with teammates Trevor McClain-Duer, Selim Nurudeen and Ryan Postel to finish third at the Alex Wilson Invitational in 3:09.87 ... helped that same team earn all-BIG EAST honors by finishing second at the league indoor meet in 3:13.71 ... qualified for the BIG EAST indoor meet in the 400 meters, just missing all-conference honors with a fourth-place effort (49.20) ... logged two great relay results during the outdoor season ... helped the 4x400 quartet finish eighth at

Calvary Academy's chapter president ... also served as the Student Council president and was named class valedictorian ... made a trip to South Africa and organized several basketball clinics during his visit ... born Dec. 13, 1984, in Decatur, Ill. ... enrolled in the College of Arts and Letters as a political science major ... made Dean's List in spring 2006 with 3.813 semester grade-point average ... in his second year on Notre Dame Student-

Career Track Bests

Indoor	
200m	23.11
2006 Notre Dame Invitational	
400m	48.99
2004 Meyo Invitational	
500m	1:04.49
2004 Notre Dame Invitational	
Outdoor	
200m	22.76
2006 Notre Dame Spring Opener	
400m	48.62
2006 BIG EAST Championship	



Todd Ptacek

6-1 • Senior

Cross Country/Distance

Benton Harbor, Mich.

Lake Michigan Catholic H.S.

AS A JUNIOR: Made four varsity appearances for the Irish cross country team ... ran 25:02 on the Notre Dame home course to take 61st at the Notre Dame Invitational ... was the team's sixth runner at the Pre-National Meet where he finished 57th in 24:45 ... placed 26th at the BIG EAST Championship with a time of 25:23, contributing to the team's first-place finish ... competed at his first NCAA Championship, where he was the sixth finisher for the third-place Irish, running the 10,000-meter course in 31:43.2 ... set career bests in each of his primary events on the track ... ran the 800 meters at the Notre Dame Invitational, finishing fourth in 1:51.54 ... competed in the Meyo Mile at the Meyo Invitational, establishing a career best with a time of 4:05.36 ... qualified for the BIG EAST Indoor Championship in three events ... ran the 1,000 meters at the league meet, emerging from the preliminaries with the top time and a career best of 2:25.51, the seventh-fastest performance in school history ... wound up taking sixth in the final heat ... earned a BIG EAST title as a member of the distance medley relay with Austin Wechter, Brett Adams, and Vinny Ambrico (ran the 1,200-meter leg of the race) ... clocked a 4:06.58 mile at the Alex Wilson Invitational to close out his indoor season ... set a career best while breaking the nine-minute barrier in the 3,000-meter steeplechase at the Stanford Invitational; his time

Career Cross Country Results

2005

Notre Dame Invitational	61st
Pre-National Meet	57th
BIG EAST Championship	26th
NCAA Championship	180th

2003

Valparaiso Invitational	23rd
National Catholic Championship	49th
Notre Dame Invitational	30th

of 8:58.05 also qualified for the NCAA Mid-east Regional ... had a career-best 1,500-meter performance at the Indy Relays, running 3:50.25 for second ... had a huge BIG EAST outdoor meet — ran 3:50.48 in the preliminaries of the 1,500 meters to qualify for the final, where he finished seventh and earned points for the team champion ... narrowly missed out on a BIG EAST title in the steeplechase, taking a runner-up finish with a time of 9:04.19 ... managed to run another career best in the 1,500 meters at the Georgia Tech Invitational (3:49.22) ... closed his season at the NCAA Mid-east Regional, where he finished 12th in a 28-athlete steeplechase field, running 9:07.84.

AS A SOPHOMORE: Came on strong during the track season after his cross country season was spoiled by injury ... had a breakthrough meet at the BIG EAST Indoor Championships, competing in the 4x800 meter relay and the 1,000 meter run ... just missed all-BIG EAST honors in the 1,000 meters by placing fourth in a time of 2:26.29 that ranks as the ninth-fastest in school history... helped the 4x800 meter relay team finish second in 7:38.09

... joined on that relay by Eric Morrison, Adam Currie, and Brett Adams ... followed up that performance by placing 10th in the mile at the Alex Wilson Invitational (4:05.57) ... concentrated on the 3,000 meter steeplechase in the outdoor season ... placed sixth in his section of the steeplechase at the Stanford Invitational (9:05.40) ... ran well at the Indy Relays, placing third in the 1,500 meters with a time of 3:50.55 ... competed with Morrison, Adams and Jake Watson in the 4x1600-meter relay at the Drake Relays ... ran a 1,600-meter split of 4:09 ... qualified for the BIG EAST Championships in the 3,000-meter steeplechase and earned all-BIG EAST honors with a third-place finish (9:06.12) ... qualified for the NCAA Mid-east Regional in the 3,000 meter steeplechase where he ran 9:12.17 for 10th place.

AS A FRESHMAN: Competed in his first three career cross country meets ... finished 23rd at the Valparaiso Invitational, 49th at the National Catholic and 30th in the Notre Dame Invitational gold division race ... attempted several different distances during the 2004 indoor track and field season, eventually qualifying for the BIG EAST indoor meet in the 1,000 meters (2:29.42) and mile (4:18.35) ... did not compete as an individual at the BIG EAST indoor meet, but helped the 4x800-meter relay team of Kevin Somok, Eric Morrison and Ryan Hurd finish fourth in 7:42.24 ... focused on the steeplechase during the '04 outdoor season, winning his first collegiate event at the Indy Relays - finishing first in 9:14.40 ... took fifth in the BIG EAST outdoor meet in the steeplechase (9:15.93).

HIGH SCHOOL AND PERSONAL: Multi-sport standout at Lake Michigan Catholic in St. Joseph, Mich. ... earned 16 varsity letters in his prep career on five different teams (cross country, golf, basketball, track and field and football) ... 2003 Southwest Michigan Athlete of



the Year ... led the 2002 cross country team to an undefeated conference record ... won the Berrien County cross country individual title as well as the Red Arrow Conference championship ... took home conference championships in the 800 and 1,600 meters as a senior ... moved on to claim regional titles in the 4x3,200 meters, 800, 1,600 and 5,000 meters ... ended up as the Berrien County 1,600-meter runner up in '02 and '03, while finishing third in the 800 meters in '03 ... helped the cross country team finish fourth at the '02 state meet ... highly involved in extra-curricular activities, including National Honor Society, class treasurer, choir, Youth to Youth, Spanish Club, Academic Challenge, Tutor Principal List and preschool mentor ... youngest of two children ... born April 2, 1985, in St. Joseph, Mich. ... enrolled in the College of Engineering as a mechanical engineering major (3.793 cumulative grade-point average through spring 2006) ... has earned Dean's List honors four times in six semesters at Notre Dame, most recently carding a perfect 4.0 GPA in the fall of 2005 and a 3.722 GPA in the spring of 2006.

Career Track Bests

Indoor

800m	1:51.54
2006 Notre Dame Invitational 1,000m	2:25.51
2006 BIG EAST Championship Mile	4:05.36
2006 Meyo Invitational	

Outdoor

1,500m	3:49.22
2006 Georgia Tech Invitational 3,000m Steeplechase	8:58.05
2006 Stanford Invitational	



Dave Viken

**5-9 • Senior
Pole Vault**

**Arlington Heights, Ill.
Rolling Meadows H.S.**



AS A JUNIOR: Led Irish pole vaulters throughout the season ... nearly matched his career best at the Windsor Team Challenge, posting a mark of 4.70m (15-5) ... saw improvement in the outdoor season, culminating in a career-best vault of 4.80m (15-9) at the BIG EAST Championship ... took sixth overall in a competitive field at the meet, contributing points towards the team title.

AS A SOPHOMORE: Teamed with Justin Oppel to give the Irish two strong performers in the pole vault ... set a career best early in the indoor season with a 4.71m (15-5 1/2) vault at the Central Michigan (... best vault of the outdoor season (4.60m, 15-1) placed him fourth at the Purdue Invitational.)

HIGH SCHOOL AND PERSONAL: Two-sport standout at Rolling Meadows High School in Rolling Meadows, Ill. ... four-year letterwinner in both track & field and soccer ... an outstanding pole vaulter who was nationally ranked (eighth) with a season-best 4.905m (16-1) effort in 2003 ... set the school indoor (4.80m, 15-9) and outdoor (4.905m, 16-1) records during his prep career ... was undefeated in the

individual pole vault during his senior season ... only loss came in the state finals, where he finished second ... placed fourth in the pole vault at the Junior Olympics in 2003 ... also was a goalkeeper for the soccer team ... second oldest of four children ... born March 5, 1985, in Mt. Prospect, Ill. ... enrolled in the Mendoza College of Business as an accounting major.



Career Track Bests	
Indoor	
Pole Vault	4.71m (15-5 1/2)
2005 Central Michigan Opener	
Outdoor	
Pole Vault	4.80m (15-9)
2006 BIG EAST Championship	



Brett Adams

5-8 • Junior

Cross Country/Distance

Davenport, Iowa • Assumption H.S.

AS A SOPHOMORE: Represented the Irish in four cross country meets, running with the team's top seven at the Notre Dame Invitational ... took seventh overall (26:29) to help the Irish win the Valparaiso Invitational ... had a very strong showing at the National Catholic Championship, placing fourth overall in 25:20 ... had a career-best effort at the Notre Dame Invite, covering the 8,000-meter home course in 25:08 ... contributed to a solid Notre Dame showing in the Pre-National open race, finishing ninth in 25:31 ... earned an individual BIG EAST qualification in the indoor track season at the Meyo Invitational, running the 1,000 meters in 2:29.54 ... won his second career BIG EAST title at the indoor league meet as part of the 4x800 meter relay (7:28.84) with Adam Currie, John Cavanaugh, and Thomas Chamney ... also took first in the BIG EAST distance medley relay with Todd Ptacek, Austin Wechter, and Vinny Ambrico — ran the 800-meter leg as the team posted a time of 9:51.47 ... concluded his indoor season with a 4:13.92 mile at the Alex Wilson Invitational ... ran his top 800-meter time of the outdoor season at the Miami (Ohio)

Career Cross Country Results

2005

Valparaiso Invitational	7th
National Catholic Championship	4th
Notre Dame Invitational	69th
Pre-National Meet	9th*

2004

National Catholic Championship	2nd*
Notre Dame Invitational	20th*

(* - indicates JV/Gold Division/Open race)



Invitational, covering the distance in 1:53.70 to win the event ... established a career-best 1,500-meter time of 3:51.04 at the Indy Relays, placing third in the event and qualifying for the outdoor BIG EAST meet ... helped the 4x800-meter relay place ninth at the prestigious Drake Relays, running the fifth-best time in school history after reuniting with BIG EAST indoor champion teammates Currie, Cavanaugh, and Chamney to run 7:31.96 ... competed in the 1,500 meters at the outdoor BIG EAST Championships, finishing 18th to conclude his season.

AS A FRESHMAN: Competed in two events during the cross country season ... took second place in the National Catholic JV race and 20th in the Notre Dame Invitational Gold Division race ... ran top 8,000-meter cross country time of 25:17 at the Notre Dame Invitational ... ran well in the middle distances during both track seasons while also serving as a valuable contributor to the distance relays ... won the 800 meters at the Notre Dame Opener with a career-best 1:54.19 effort ... qualified for the indoor BIG EAST Championship in the 1,000 meters with a 2:26.54, fifth-place performance at the Meyo Invitational ... formed part of the BIG EAST Champion distance medley relay along with Jordan Powell, Jamal Afridi, and Sean O'Donnell (10:00.17) ... also earned BIG EAST indoor points with the 4x800 meter relay, finishing

second in the event with Eric Morrison, Adam Currie, and Todd Ptacek (7:38.09) ... concluded the indoor season with a 4:10.79 mile at the Alex Wilson Invitational ... ran well in the outdoor 1,500 meters at the Stanford Invitational, winning the "B" sections of the event in 3:52.27 ... took fourth in the 800 meters at the Indy Relays (1:53.10) ... competed in the 4x1600 meter relay at the Drake Relays, finishing third with Morrison, Ptacek, and Jake Watson ... ran a split of 4:12.30 in the race ... established a career best in the 1,500 meters at the outdoor BIG EAST meet, running 3:51.61 in the preliminaries ... scored team points by finishing sixth in the event final (3:58.95) ... also ran the 4x800 meter relay at the league meet, placing fifth on a team comprised entirely of freshmen (7:40, Currie, Afridi, Watson) ... ended the season at the Georgia Tech Invitational running 3:57.88 over 1,500 meters.

HIGH SCHOOL AND PERSONAL: Nine-time letter-winner in three sports (cross country, track, and basketball) at Davenport Assumption High School

... achieved a top-25 ranking in the 1,600 meters ... garnered All-American honors in track as he placed eighth in the 1,500 meters at the Junior National Meet in College Station, Texas ... 2004 Iowa state champion in the 800, 1,600, and 1,600 medley relay ... established state meet records in the 1,600 and the 1,600 medley relay ... owns school marks in the 800, 1,600, 3,200, 4x800 and 1,600 medley relay ... three-time team MVP in track and twice in cross country ... boasts career bests of 1:54.43 (800), 4:14.31 (1,600), 9:31 (3,200), and 15:36 (5,000) ... all-conference runner three times in track and cross country ... became his school's first-ever cross country conference champion ... National Honor Society member ... born Nov. 3, 1985 in Davenport, Iowa ... has three siblings ... enrolled in the College of Arts and Letters as a theology major.

Career Track Bests

Indoor	
800m	1:54.19
2005 Notre Dame Opener	
1,000m	2:26.54
2005 Meyo Invitational	
Mile	4:10.79
2005 Alex Wilson Invitational	
Outdoor	
800m	1:53.10
2005 Indy Relays	
1,500m	3:51.04
2006 Indy Relays	



Kyle Annen

5-11 • Junior
Throws

Orofino, Idaho • Orofino H.S.



AS A SOPHOMORE: In just his second year with the Irish, developed into one of the top throwers in school history ... earned a BIG EAST indoor berth at season-opening Blue and Gold Invitational, winning the weight throw with a toss of 15.71m (51-6 1/2) ... improved that mark to 16.23m (53-3) at the Purdue Invitational and then 16.37m (53-8 1/2) at the Notre Dame Invitational ... established new career-best mark in the weight throw at the BIG EAST indoor meet, throwing 16.49m (54-1 1/4) for 11th place ... posted strong showings in the hammer early in the outdoor season, winning both the Notre Dame Opener and the Miami (Ohio) Invitational ... had a then-career-best performance at the Central Collegiate Championships, winning the hammer at 57.02m (187-1), the 10th-best distance in school history ... made the sixth-best hammer throw in the Notre Dame record books at the Drake Relays (57.98m, 190-3) ... had a career breakthrough at the BIG EAST Outdoor Championship, setting a school record and personal-best in the hammer (61.46m, 201-8) to take second place — the mark not only clinched team title for Irish, but also earned Annen a berth in the NCAA Mideast Regional meet ... capped off his season with a 22nd-place finish at the regional.

AS A FRESHMAN: Progressed well in the throws throughout the indoor and outdoor track seasons ... placed 14th in the weight throw at the Meyo Invitational with a 16.21m toss ... scored BIG EAST points for

the eventual team champion at the league meet ... placed fifth in the weight throw with a career best throw of 16.48m (54-1) ... competed in the hammer and discus throws during the outdoor campaign ... at the Indy Relays took sixth in the discus (40.29m, 132-2) and third in the hammer (52.89m, 173-6) ... improved his top mark in the hammer at the Central Collegiate Championship with a 53.26m (174-9) toss ... set two career bests at the Hillsdale Gina Relays, throwing the discus 43.41m (142-5) and placing eighth in the hammer throw with a 55.94m (183-6) effort ... earned all-BIG EAST honors at the outdoor league meet with a third-place showing in the hammer throw (52.66m, 172-9) ... also competed in the discus at the BIG EAST meet, posting a throw of 41.16m (135-0) to earn 10th place ... qualified for the NCAA Mideast Regional in the hammer throw, recording a 53.96m (177-0) toss at the meet.

HIGH SCHOOL AND PERSONAL:

Four-year letterwinner in track & field as a thrower at Orofino High School ... ranked seventh and 12th nationally in the 25-pound indoor weight and hammer throw, respectively, his senior season ... also achieved top-50 rankings in those events as a sophomore and junior ... established Idaho state records in the weight and hammer throws his senior year ... the hammer and weight throws are not sanctioned high school events in Idaho so he participated in them as part of a club sport ... owns personal bests of 64-9 in the

25-pound weight, 193-2 in the hammer, 53-0 in the shot put, and 160-0 in the discus ... conference champion and team captain his senior campaign ... third-place showing at the 2004 Simplot Games ... competed at the 2003 and '04 Golden West Invitational, registering a fourth-place finish in '04 ... lettered in football as a kicker his freshman year of high school ... enrolled in the College of Arts and Letters as a pre-professional/psychology major.

Career Track Bests

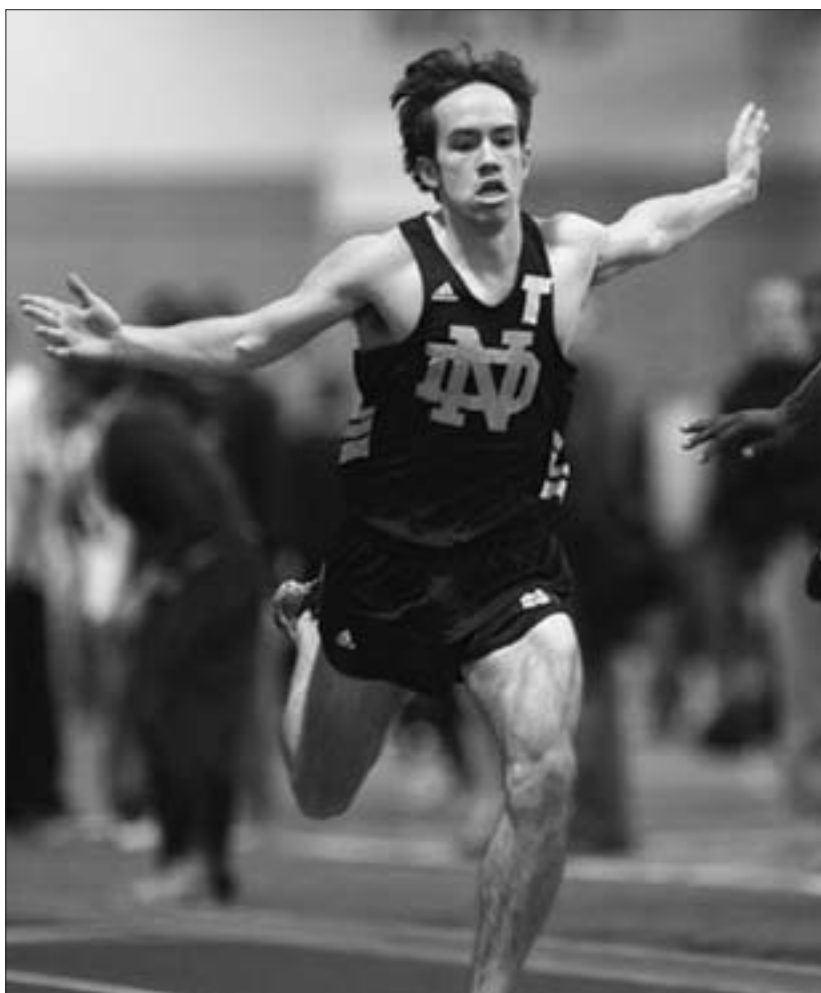
Indoor	
Weight Throw	16.49m (54-1 1/4)
2006 BIG EAST Championship	
Outdoor	
Hammer Throw	61.46m (201-8)*
2006 BIG EAST Championship	
Discus	43.41m (142-5)
2005 Hillsdale Gina Relays	
(* - indicates school record)	



John Cavanaugh

5-10 • Junior
Cross Country/Middle Distance
Granger, Ind. • St. Joseph's H.S.

HONORS & AWARDS
All-American
Distance Medley Relay (2006)



AS A SOPHOMORE: In his first year with the Irish track team, earned All-BIG EAST and All-America honors ... made his track debut at the Notre Dame Invitational, finishing third in the 800 meters behind two teammates in 1:51.02 ... had a breakthrough race at the Meyo Invitational, taking sixth overall (1:49.69) in a strong field to nearly attain a provisional NCAA mark and match 10th-fastest time in school history ... had an outstanding performance in the 800 meters at the BIG EAST Indoor Championship, finishing second in 1:50.45 behind teammate Thomas Chamney ... earned more all-BIG EAST honors in the 4x800-meter relay, running the sixth-fastest time in school history with Chamney, Adam Currie, and Brett Adams (7:28.84) ... earned All-American honors at the NCAA Indoor Championships as part of sixth-place distance medley relay unit (9:40.61) with Currie, Ryan Postel, and Kurt Benninger ... kept his focus on the 800 meters throughout the outdoor campaign ... ran among the top section at the Stanford Invitational, finishing 14th with a time of 1:50.72 ... won the 800-meter competition at the Indy Relays, qualifying for the NCAA Mideast Regional in the process (1:50.34) ... joined Currie, Adams, and Chamney on the 4x800-meter

relay team that attained the fifth-best time in school history and ninth place overall at the Drake Relays, running 7:31.96 ... just missed more individual all-BIG EAST honors at the outdoor league meet, finishing fourth in the 800-meter final (1:51.42) after running 1:50.46 in the preliminaries ... helped the 4x800-meter relay team finish second in the BIG EAST with the third-fastest mark in school history (7:26.04); also helped Irish earn valuable points towards eventual BIG EAST outdoor title ... closed out his season by finishing 11th at the NCAA Mideast Regional 800-meter preliminaries, running 1:50.61 to miss qualifying for the final by just three spots.

AS A FRESHMAN: Did not see action as a member of the Notre Dame men's soccer team.

HIGH SCHOOL AND PERSONAL: Three-sport letterwinner (track and field, soccer, basketball) at St. Joseph's ... holds St. Joseph's track and field school records in the 400 meters, 800 meters, 4x400 relay and 4x800 relay ... also holds the sectional and conference record in the 800 meters ... his 4x800 relay team holds the sectional, conference and regional record ... placed second at the 2004 state finals in the 800 meters with a time of 1:52.87 ... originally

came to Notre Dame on soccer scholarship ... concluded prep soccer career by leading St. Joseph's to a 24-0 and a state championship as a senior, while anchoring a defense that set a school record by allowing only eight goals on the year ... named 2003 Indiana Player of the Year, in addition to receiving the Northern Indiana Player of the Year award the same year ... earned all-state, all-city, all-conference and team MVP honors as both a junior and a senior ... selected to play in the '04 South Bend Tribune SportsFest All-Star Game, as well as Indiana all-district games in '03 and '04 ... participated in National Honor Society, Latin Club and Rotary Club in high school ... three family members graduated from Notre Dame — father John (1977), uncle William (1984) and sister Lindsey (2006) ... born Dec. 26, 1985 ... son of John and Cynthia Cavanaugh ... enrolled in the College of Arts & Letters as a pre-professional/anthropology major.

Career Track Bests

Indoor	
800m	1:49.60
2006 Meyo Invitational	
Outdoor	
800m	1:50.34
2006 Indy Relays	



Dan Curran

5-11 • Junior

**Cross Country/Middle Distance
Naperville, Ill. • Naperville North H.S.**

AS A SOPHOMORE: Ran in three cross country meets ... stepped up into the fifth spot for the injured Kaleb Van Ort at the Notre Dame Invitational, helping the team finish second, running 24:37 over 8,000 meters ... followed up that performance with a 78th-place finish at the Pre-National Meet (24:58) ... also took 54th at the BIG EAST Championship in a Notre Dame team victory ... did not compete during track season due to injury ... poised to do big things if he can avoid the injury this season.

AS A FRESHMAN: Made a strong contribution to the Irish cross country team that was ranked as high as fifth in the nation ... took ninth place overall at the National Catholic Championship, helping the Irish win the team title ... ran his season's top 8,000-meter time of 24:55 in the Notre Dame Invitational gold race, finishing sixth ... competed in the NCAA Pre-National Meet and took seventh in the open race with a time of 25:10 ... was the lone freshman to compete for Notre Dame at the BIG EAST Championship ... an Achilles injury ended

his season after the league meet ... ran well in the indoor track and field season, establishing a personal best time of 8:21 in the 3,000 meters at the Notre Dame Invitational ... set another career-best mark the following weekend at the Meyo Invitational, running 14:33 over 5,000 meters ... qualified for the BIG EAST indoor meet in the 5,000 meters, eventually finishing ninth in 14:42 ... competed in three races during the outdoor season ... qualified for the outdoor league meet in the 10,000 meters.

HIGH SCHOOL AND PERSONAL: Four-year letter winner in both cross country and track and field at Naperville North High School ... earned Illinois all-state cross country honors in 2003 with an eighth-place finish at the state meet ... also garnered all-state honors in track and field during the 2004 season, finishing fifth in the 3,200 meters ... won the 3,200-meter title at the '04 Illinois Prep Top Times indoor meet ... cross country and indoor track 1,600-meter conference champion in 2003 ... six-time all-conference honoree and the Naperville Sun 2003 "Cross Country Runner of the Year" ... personal best of 9:17 in the 3,200 meters ... member of National Honor Society and an Illinois State Scholar at Naperville North ... oldest of three children ... identical twin brother Joe runs cross country and track and field at the U.S. Air Force Academy ... born Oct. 9, 1985 in Downers Grove, Ill. ... enrolled in the Mendoza College of Business as a double major in finance and economics ... earned Dean's List honors his first semester on campus (fall 2004) with 3.80 GPA.



Career Cross Country Results	
2005	
Notre Dame Invitational	37th
Pre-National Meet	78th
BIG EAST Championship	54th
2004	
National Catholic Championship	9th
Notre Dame Invitational	6th*
Pre-National Meet	7th*
BIG EAST Championship	43rd
(* - indicates Gold Division/Open race)	

Career Track Bests	
Indoor	
3,000m	8:21.77
2005 Notre Dame Invitational 5,000m	14:33.73
2005 Meyo Invitational	
Outdoor	
10,000m	32:47.85
2005 BIG EAST Championship	





Adam Currie

5-11 • Junior

Cross Country/Middle Distance

Verdun, Quebec • Richelieu Valley H.S.

HONORS & AWARDS

All-American

Distance Medley Relay (2005, 2006)

SUMMER 2006: Continued his development with strong second-place finish in 800 meters at North American, Central American & Caribbean (NACAC) Under-23 Championships in Santo Domingo, Dominican Republic ... recorded a personal-best time of 1:49.22 and trailed only USC junior Duane Solomon, who was a top-five finisher in the event at 2006 NCAA Championship (just ahead of current Irish senior Thomas Chamney).

AS A SOPHOMORE: Key member of the Irish middle distance crew earned his second consecutive All-America honor in the distance medley relay ... earned BIG EAST qualifications in three events during the indoor season, the first coming in the 1,000 meters at the Blue & Gold Invitational (2:25.38), a performance that stands as the sixth-fastest in school history ... took second in the 800 meters at the Notre Dame Invitational, running 1:50.72 to earn another BIG EAST mark ... competed in the prestigious Meyo Mile at the Meyo Invitational, running 4:06.22 ... picked up a pair of all-BIG EAST honors at the indoor league meet ... finished third in the 1,000 meters with a time of 2:26.63 in the final heat ... came back to help the Irish 4x800-meter relay squad take the league title with a time of 7:28.84, combining with teammates Brett Adams, John Cavanaugh, and Thomas Chamney to establish the sixth-fastest time in school history ... along with Chamney, Ryan Postel, and Kurt Benninger, took fourth in the distance medley relay at the Alex Wilson Invitational, setting a



new school record (9:33.82) and eventually earning a provisional berth into the NCAA Championship ... earned his second All-America citation as part of Notre Dame's sixth-place DMR unit at the NCAA Championship, clocking a time of 9:40.61 with teammates Postel, Cavanaugh and Benninger ... kicked off his outdoor season with a bang at the Stanford Invitational ... finished eighth among 60 competitors in the 'B' sections of the 1,500 meters, running a personal-best time of 3:51.19 to easily qualify for the BIG EAST outdoor meet ... ran the 4x800-meter relay at the Drake Relays with Adams, Cavanaugh, and Chamney, establishing the fifth-best time in school history with a mark of 7:31.96 ... earned points for the eventual BIG EAST champion Irish with a seventh-place effort in the 800 meters at the league outdoor meet ... his time of 1:50.50 in the preliminaries nearly qualified him for the NCAA Mid-east Regional and set a career best ... also ran on the 4x800-meter relay team that took second while establishing the third-fastest mark in school history (7:26.04) ... waited until the last meet before the regional to qualify in the 800 meters, running a personal-best 1:49.33 for 10th place at the Georgia Tech Invitational ... competed two weeks later at the NCAA Mid-east Regional, missing the final but gaining valuable experience for the next two years.

AS A FRESHMAN: Served as Notre Dame's top 800-meter specialist ... took first in the 800 meters at the Notre Dame Invitational, running a career best time of 1:50.29 ... ran 1:51.20 at

the competitive Meyo Invitational to finish 11th in the 800 meters ... qualified for the BIG EAST indoor meet in the 800 meters, eventually finishing eighth in the event final ... also competed in the 4x800 meter relay with teammates Eric Morrison, Brett Adams, and Todd Ptacek to finish fifth in 7:38.09 ... ran in the distance medley relay at the NCAA Indoor Championships ... earned All-American honors by finishing sixth along with teammates Morrison, Kurt Benninger and Trevor McClain-Duer ... made his outdoor 800-meter debut at the Stanford Invitational, finishing fifth in a career-best time of 1:51.09 ... won the 800 meters at the Mike Poehlein Invitational in 1:54.22 ... competed at the Mount SAC Relays in the 800 meters ... took tenth in the competition with a time of 1:51.83 ... qualified for the outdoor BIG EAST meet in the 800 and finished 12th in 1:52.92 ... ran on Notre Dame's 4x800 meter relay at the league meet, finishing fifth (7:40.22) with fellow freshmen Adams, Jamal Afridi, and Jake Watson ... capped the season with a 26th-place effort (1:52.40) in the 800 meters at the Georgia Tech Invitational.

HIGH SCHOOL AND PERSONAL:

Three-sport athlete at Richelieu Valley High School where he lettered all four years in track, cross country, and volleyball ... represented his native Canada at the 2003 Junior Pan American Games as he placed sixth in the 800 meters ... eighth-place finish at the 2004 Canadian Olympic Trials ... bronze medalist at the 2003 Junior National Track Championship in the 800 ... personal bests of 1:50.22 in the 800 meters and 3:54.24 in the 1,500 ... 11-time Provincial Champion in cross country and track ... named team MVP and captain of the volleyball squad three years straight ... nominated for Quebec athlete of the year in 2003 ... named to the 2002 regional all-star team in volleyball ... class valedictorian ... received the T.W. Smith award for being the most outstanding student of his graduating class ... winner of the Governor General's Medal for academic excellence ... born Nov. 24, 1984 in Montreal, Quebec ... has one older brother ... enrolled in the College of Engineering with a mechanical engineering major (3.535 cumulative grade-point average through spring 2006 semester) ... has twice earned Dean's List honors, most recently in the fall 2005 semester when he posted a 3.737 GPA.

Career Track Bests

Indoor	
800m	1:50.29
2005 Notre Dame Invitational	
1,000m	2:25.38
2006 Blue & Gold Invitational	
Mile	4:06.22
2006 Meyo Invitational	
Outdoor	
800m	1:49.33
2006 Georgia Tech Invitational	
1,500m	3:51.19
2006 Stanford Invitational	



Jose Genao

6-0 • Junior

Sprints/Hurdles

Port Jefferson Station, N.Y.
Comsewogue H.S.

ASA SOPHOMORE: Notre Dame's strongest hurdle competitor during the indoor season ... set a personal best in the 60-meter dash (7.29) early on at the Blue & Gold Invitational ... earned a BIG EAST qualification in the 60-meter hurdles at the Notre Dame Invitational, running 8.37 ... wound up taking 10th at the BIG EAST indoor meet, posting a time of 8.40 in the preliminaries ... did not compete during the outdoor track season.

AS A FRESHMAN: One of Notre Dame's hurdle specialists during the 2005 track season ... ran well at the Notre Dame Indoor Opener, clocking times of 8.30 in the 60-meter hurdles and 7.32 in the 60-meter dash ... placed fourth at the Windsor Team Challenge with an 8.37 mark in the 60-meter hurdles ... qualified for the BIG EAST indoor meet in the 60-meter hurdles, finishing 11th (8.45) at the competition ... concentrated on the 110-meter hurdles during the outdoor campaign ... ran 15.01 in the event at the Indy Relays, finishing fourth ... improved his career best at the Hillsdale Gina Relays by running 14.92 for sixth ... qualified for the BIG EAST Outdoor Championship in the 110-meter hurdles and finished 10th (14.83).

HIGH SCHOOL AND PERSONAL: Accomplished track and football athlete at Comsewogue High School ... collected 10 varsity letters throughout his prep career ... ran sprints and hurdles during the indoor and outdoor track

seasons ... earned All-American status by finishing third at the National Scholastic Indoor Track and Field Championship in the 60 meter high hurdles in a state record-tying time of 8.06 ... all-state athlete his junior and senior seasons in indoor and outdoor track ... nationally ranked in both track seasons as a junior and senior ... seven-time all-conference and all-city performer in track & field ... team captain and MVP five times during his track career ... collected five conference championships in track and was a member of a conference champion football squad ... all-conference receiver/cornerback his senior season ... named most outstanding athlete at his high school ... member of the National Honor Society ... born Sept. 23, 1986 in Stony Brook, N.Y. ... youngest of five children ... enrolled in the Mendoza College of Business as a finance major.

Career Track Bests

Indoor	
60m	7.29
2006 Blue & Gold Invitational	
60m Hurdles	8.30
2005 Notre Dame Opener	
Outdoor	
110m Hurdles	14.83
2005 BIG EAST Championship	



Bob Kueny

6-3 • Junior

Sprints

Lebanon, Mo. • Lebanon H.S.

AS A SOPHOMORE: Showed progress in the longer sprints ... established a new career best of 48.82 seconds in the 400 meters at the Notre Dame Opener, qualifying for the BIG EAST indoor meet ... earned another BIG EAST qualification with a fifth-place finish in the 500 meters at the Meyo Invitational (1:05.04); also ran the 400 meters in 48.89 at the meet ... just missed qualifying for the 500-meter final at the BIG EAST indoor meet ... ran the 4x400-meter relay with Austin Wechter, Jordan Powell and Ryan Postel at the Alex Wilson Invitational, posting a time of 3:10.31 to earn an NCAA provisional qualifying mark and set the second-fastest time in school history ... ran the 400 meters exclusively during the outdoor campaign ... set a new career best of 50.00 seconds in the event at the Miami (Ohio) Invitational ... improved the mark at the Central Collegiate Championship, finishing eighth in a personal-best 48.55 seconds ... ran 49.07 for 19th at the BIG EAST outdoor meet ... competed in the 4x400-meter relay at the Georgia Tech Invitational, helping clock the third-best time in school history (3:09.95) with Wechter, Powell, and Postel ... that foursome also qualified for the NCAA Mideast Regional where it ran 3:10.39, the fourth-fastest mark in school history, but failed to advance to the final.

ASA FRESHMAN: Competed primarily in the 400 meters for the Notre Dame team ... ran a career-best 400 meters (49.57) in the team's first indoor meet ... qualified for the BIG EAST Indoor Championship in the 400 meters and finished 10th with a 50.69 effort ... also ran in the 4x400 meter relay at the league meet, taking third in 3:18.16 with teammates Trevor McClain-Duer, Jordan Powell, and Austin Weaver ... ran an

outdoor season best at the Indy Relays (50.16, third) ... took sixth in the 4x400 meter relay at the BIG EAST Outdoor Championship along with Powell, Austin Wechter and Roberto Garcia.

HIGH SCHOOL AND PERSONAL: Three-sport standout at Lebanon High School (track, soccer, basketball) ... earned nine varsity letters during his prep career ... all-state track athlete his junior campaign ... four-year all-city and all-conference performer in track ... garnered the same honors for two seasons as a defenseman in soccer ... captured conference championship in track as a junior and regional title the following year ... team captain as a senior for all three varsity squads ... track & field MVP final two seasons ... boasts personal bests of 48.95 in the 400 meters, 23.00 in the 200, and 11.02 in the 100 ... school record-holder in the 400 and as part of the 800 and 1,600 relays ... his 400 record broke a 44-year old standard ... National Honor Society member and senior class vice president ... born Oct. 10, 1985 in Springfield, Mo. ... has four siblings ... his cousin, Emily Greenwood, was a swimmer at Truman State ... enrolled in the College of Arts and Letters as a history major.

Career Track Bests

Indoor	
400m	48.82
2006 Notre Dame Opener	
500m	1:04.55
2006 BIG EAST Championship	
Outdoor	
400m	48.55
2006 Central Collegiate Championship	



**James
Millar**

6-3 • Junior
Cross Country/Distance
Granger, Ind. • St. Joseph's H.S.

AS A SOPHOMORE: Made the move from middle distance specialist to cross country runner and miler ... competed in three cross country meets for the Irish ... placed third on the team and sixth overall at the Valparaiso Invitational, running the 8,000-meter course in 26:28 ... took 24th overall at the National Catholic Championship, running the Notre Dame home course in 26:03 ... nearly broke 26 minutes on the same course during the Notre Dame Invitational Gold Race, taking 43rd place in 26:01 ... ran the mile and 3,000 meters during the indoor season ... top mile time came at the Alex Wilson Invitational where he ran 4:19.49 ... best 3,000-meter performance was run at the Notre Dame Invitational as he covered the distance in 8:48.94 ... ran both the 1,500 and 5,000 meters outdoors ... ran 4:05.44 over 1,500 meters at the Indy Relays ... top 5,000-meter race came at the Hillsdale Gina Relays (15:29.77).

AS A FRESHMAN: Did not compete during the 2004 cross country season ... top performance of the indoor track season came at the Alex Wilson Invitational, covering 800 meters in 1:56.67 ... also ran well at the Meyo Invitational, posting a time of 2:31.89 in the 1,000 meters ... top 800-meter run of the outdoor campaign was 1:58.69 at the Indy Relays.

Career Cross Country Results

2005	
Valparaiso Invitational	6th
National Catholic Championship	24th
Notre Dame Invitational	43rd*

(* - indicates Gold Division race)

HIGH SCHOOL AND PERSONAL: Eight-time letterwinner in cross country and track and field at St. Joseph High School ... took fifth place at the Indiana state championships in the 4x800-meter relay, competing with future Irish teammate Daniel Bradley ... the relay set school, city, conference, regional, and city records and attained the rank of 21st in the nation (7:51.00) ... earned all-conference honors during his junior and senior campaigns in both track and cross country ... cross country team MVP as a sophomore and senior ... captained the track team as a senior ... son of Audrey Lynn and John Millar ... father, John, ran cross country and track at the University of Western Ontario and currently coaches the Irish track and field sprint squads ... born June 27, 1986 in Austin, Texas ... enrolled in the Mendoza College of Business with a major in accounting.

Career Track Bests

Indoor	
800m	1:56.67
2005 Alex Wilson Invitational	
1,000m	2:31.89
2005 Meyo Invitational	
Mile	4:19.49
2006 Alex Wilson Invitational	
3,000m	8:48.94
2006 Notre Dame Invitational	
Outdoor	
800m	1:58.69
2005 Indy Relays	
1,500m	4:05.44
2006 Indy Relays	
5,000m	15:29.77
2006 Hillsdale Gina Relays	



**Mike
Popejoy**

5-11 • Junior
Cross Country/Distance
Wheaton, Ill.
Wheaton-Warrenville South H.S.

Championship, finishing 28th overall ... competed in the Notre Dame Invitational Gold race, placing 98th in 26:41 ... found the bulk of his success on the track in the 5,000 meters ... ran 15:02.89 at the Blue & Gold Invitational, qualifying for the BIG EAST Indoor Championship ... ran the 3,000 meters at the Notre Dame Invitational, posting a time of 8:40.69 ... ran three different events during the outdoor campaign ... top 1,500-meter time was 4:06.00 at the Indy Relays ... posted his best 5,000-meter performance at the Notre Dame Spring Opener, running 14:49.72 and earning a berth in the BIG EAST Outdoor Championship ... ran the 10,000 meters at the outdoor league meet, finishing 12th with a time of 32:01.48.

AS A FRESHMAN: One of Notre Dame's strong young distance runners ... competed in the early indoor track season, logging a time of 9:05.58 in the 3,000 meters at the Notre Dame Opener.

HIGH SCHOOL AND PERSONAL: Lettered all four years in cross country and track while at Wheaton-Warrenville South High School ... Chicago Tribune Scholar-Athlete nominee ... all-state in cross country as a senior ... earned the same distinction in track as a sophomore ... placed 10th at the FootLocker Midwest Cross Country Championships, which placed him on the All-Midwest second team ... four-time all-conference cross country runner ... three-time all-conference performer in track ... sectional champion as a

Career Cross Country Results

2005	
Valparaiso Invitational	12th
National Catholic Championship	28th
Notre Dame Invitational	98th*

(* - indicates Gold Division race)

sophomore in the 3,200 ... won regional cross country title as a junior ... owns school records in the indoor and outdoor 1,600 meters and 3,200 meters ... has career-best times of 4:20.9 in the 1,600 and 9:15.5 in the 3,200 ... honorable mention academic all-state ... class valedictorian and member of the National Honor Society in high school ... 2004 Illinois State Scholar ... father ran cross country at Michigan State ... born Nov. 30, 1985 in Winfield, Ill. ... second oldest of five children ... enrolled in the College of Arts and Letters as a theology and philosophy major (3.85 cumulative grade-point average through spring 2006) ... has made Dean's List three of first four semesters at Notre Dame, highlighted by a 4.0 GPA during spring 2005 term and a 3.933 in the spring 2006 semester ... selected for Notre Dame's Academic Honors Program for Student-Athletes in fall 2006.

Career Track Bests

Indoor	
Mile	4:28.45
2006 Notre Dame Opener	
3,000m	8:40.69
2006 Notre Dame Invitational	
5,000m	15:02.89
2006 Blue & Gold Invitational	
Outdoor	
1,500m	4:06.00
2006 Indy Relays	
5,000m	14:49.72
2006 Notre Dame Spring Opener	
10,000m	32:01.48
2006 BIG EAST Championship	



Mike Schubert

6-5 • Junior

Throws

Naperville, Ill. • Benet Academy

AS A SOPHOMORE: Made great progress in the shot put ... set a career best early in the indoor season at the Purdue Invitational (14.90m, 48-10 3/4) ... finished second in the shot at the Notre Dame Invitational, establishing a career best with a toss of 15.74m (51-7 3/4) ... threw the shot 15.31m (50-2 3/4) at the Meyo Invitational ... qualified for the BIG EAST Indoor Championship in shot put, eventually finishing sixth with a career-best throw of 16.08m (52-9 1/4) ... set an outdoor career best in the shot put at the Notre Dame Spring Opener, winning the event with a toss of 15.76m (51-8 1/2) ... earned another BIG EAST qualifying mark with a career-long 45.80m (150-3) effort in the hammer throw at the Miami (Ohio) Invitational ... won the shot put competition at the Indy Relays (15.26m, 50-0 3/4) ... finished 11th in the shot put at the BIG EAST outdoor meet.

AS A FRESHMAN: Notre Dame's primary shot put specialist ... posted a strong early-season throw of 14.85m (48-8 3/4) at the Blue and Gold Invitational ... also won the Notre Dame Opener with a toss of 14.76m (48-5 1/4) ... qualified for the BIG EAST indoor meet and took eighth in the shot put (14.81m, 48-7 1/4) ... threw his outdoor season best at the Indy Relays, finishing first with a 14.92m (48-11 1/2) effort ... scored points at the BIG EAST outdoor meet by placing sixth in the shot put with a 14.79m (48-6 1/4) toss.

HIGH SCHOOL AND PERSONAL: Three-year letterwinner in both track & field and football at Benet Academy ... established school-record shot put mark of 17.625m (57-10) ... a third-place finisher in the shot put at the Midwest Senior Spotlight meet as a senior ... sixth-place showing at the Illinois state meet ... three-time conference champion in the shot put ... track MVP final two seasons ... team captain of his football and track squads as a junior and senior ... three-time all-conference athlete in track & field ... all-conference and all-city offensive lineman his senior year ... member of the National Honor Society ... born March 25, 1986 in Hinsdale, Ill. ... has three siblings ... sister, Beth, played volleyball at Saint Mary's University in Minnesota ... enrolled in the College of Engineering as a civil engineering major.

Career Track Bests

Indoor	
Shot Put	16.08m (52-9 1/4)
2006 BIG EAST Championship	
Weight Throw	14.90m (48-10 3/4)
2006 Purdue Invitational	
Outdoor	
Shot Put	15.76m (51-8 1/2)
2006 Notre Dame Spring Opener	
Hammer Throw	45.80m (150-3)
2006 Miami (Ohio) Invitational	

mile at the Alex Wilson Invitational (4:07.65) ... ran the 1,500 and 3,000-meter steeplechase during the outdoor campaign ... set a career best in the steeplechase at the Stanford Invitational, running 9:01.64 to finish fifth in his heat and qualify for the NCAA Mideast Regional ... won the 1,500-meter competition at the Indy Relays in a time of 3:49.91 ... placed fourth in the steeplechase at the BIG EAST outdoor meet, scoring points for the eventual team champion ... placed 11th among a field of 28 athletes in the steeplechase at the NCAA Mideast Regional, running 9:05.52.

AS A FRESHMAN: One of Notre Dame's most versatile distance runners ... competed in three cross country meets during the fall ... best finish was a second-place effort at the National Catholic Championship (25:06) ... ran 24:54 on the Irish home course at the Notre Dame Invitational ... ran several different events during the indoor track season ... ran 4:12.71 for third place in the mile at the Notre Dame Invitational ... ran the 1,000 meters at the Meyo Invitational, finishing fourth in 2:25.98 (eighth-fastest in school history) ... qualified for the BIG EAST indoor meet in the 1,000 meters and the mile run ... raced the 1,000 meters at the league meet and finished seventh ... concentrated on the 3,000 meter steeplechase throughout the outdoor season ... also ran a solid 3:50.19 in the 1,500 meters at the Indy Relays ... placed seventh in the steeplechase at the Drake Relays (9:10.44) and ran a 4:09.6 1,600-meter split in the 4x1600 meter relay (Eric Morrison, Brett Adams, Todd Ptacek) ... earned all-BIG EAST honors in the 3,000-meter steeplechase by finishing second behind teammate Ryan Johnson ... ran his career best in the event with a time of 9:04.60 ... also placed

fifth in the 4x800 meter relay with fellow freshmen Adam Currie, Jamal Afridi, and Brett Adams (7:40.22) ... qualified for the NCAA Mideast Regional in the steeplechase and finished ninth in 9:07.40.

HIGH SCHOOL AND PERSONAL: Outstanding scholastic athlete who collected 13 varsity letters (cross country, track, Nordic skiing) at Stillwater (Minn.) Area High School ... three-time all-state runner in cross country ... earned all-state recognition twice in both track and Nordic skiing ... garnered all-conference honors 17 times total as a prep athlete ... conference and regional champion in track as a junior and senior ... member of the state record-setting 4x800 relay team ... conference and regional cross country champion as a senior ... finalist for Minnesota runner of the year in 2004 ... team MVP of his and cross country teams as a senior ... section 4AA cross country champion in 2003 ... cross country team ranked 21st in the nation during his junior campaign ... 3,200 meters section champion in '03 and '04 ... Nordic skiing team MVP for three seasons ... captained all three of his teams as a senior ... born Jan. 27, 1986 in St. Paul, Minn. ... youngest of four children ... brother, Luke, was an accomplished cross country and track athlete at Notre Dame from 1998-2003 and currently serves on the Irish staff as an assistant with the distance runners ... enrolled in the College of Arts and Letters as an anthropology major.

Career Track Bests

Indoor	
800m	1:52.78
2006 Notre Dame Invitational	
1,000m	2:25.98
2005 Meyo Invitational	
Mile	4:04.96
2006 Meyo Invitational	
Outdoor	
1,500m	3:49.91
2006 Indy Relays	
3,000m Steeplechase	9:01.64
2006 Stanford Invitational	

Career Cross Country Results

2005	
Notre Dame Invitational	56th*
BIG EAST Championship	18th
2004	
National Catholic Championship	2nd
Notre Dame Invitational	73rd
Pre-National Meet	121st
(* - indicates Gold Division race)	



Jake Watson

6-0 • Junior

Cross Country/Distance

Stillwater, Minn. • Stillwater Area H.S.

ASA SOPHOMORE: Ran in three cross country meets for the Irish, highlighted by an outstanding effort at the BIG EAST Championships where he took 18th overall in 25:14 and helped the team win the league title ... focused on the mile during the indoor track season ... did manage to qualify for the BIG EAST meet in the 800 meters at the Notre Dame Invitational (1:52.78) ... competed in the prestigious Meyo Mile at the Meyo Invitational, nearly posting an NCAA provisional qualifying mark with a time of 4:04.96 (qualifying is 4:04.90) ... at the BIG EAST indoor meet, finished fifth in the mile with a time of 4:06.90 in the final heat ... added another sub-4:10



Austin Wechter

5-10 • Junior
Sprints/Hurdles

Shelby, Ohio • Shelby H.S.



AS A SOPHOMORE: Set a number of career bests throughout the indoor and outdoor track seasons ... ran 1:04.38 over 500 meters at the Blue & Gold Invitational ... established a career best in the 400 meters at the Notre Dame Invitational, running 48.55 to win the competition ... took second in the 500 meters at the Meyo Invitational in 1:04.69 and also ran on the team's 4x400-meter relay which posted the second-fastest mark in school history (3:10.61); foursome also included Bob Kueny, Jordan Powell, and Ryan Postel ... ran 1:04.15 in the preliminaries of the 500 meters at the BIG EAST Indoor Championship, qualifying for the final, but did not compete ... ran on the Irish 4x400-meter relay as well as the distance medley relay ... joined on the BIG EAST champion DMR unit by Todd Ptacek, Brett Adams, and Vinny Ambrico (Wechter ran the relay's 400-meter leg) ... set a career best in the 400-meter hurdles in his first outdoor meet of the season, running 54.12 for the meet win at the Cal Poly Invitational ... had a great day at the Jim Click Shootout, posting the third-fastest mark in school history and qualifying for the NCAA Mideast Regional with a time of 52.67 seconds in the 400-meter hurdles ... ran 49.52 over 400 meters at the Notre Dame Spring Opener ... took sixth in the 400 hurdles at the Mount SAC Relays in 53.69 seconds ... ran 53.09 for third in the 400 hurdles at the Central Collegiate Championship ... improved his career-best mark in the hurdles at the BIG EAST outdoor meet, running the second-

fastest time in school history (52.32; fastest in nearly 50 years) to take fourth place ... posted another Mideast Regional qualifying mark at the Georgia Tech Invitational, running the 4x400-meter relay with Kueny, Powell and Postel in 3:09.95, the third-fastest time in Irish history ... took 20th in the 400-meter hurdles (53.57) at the Mideast Regional, while the 4x400 relay ran a strong time of 3:10.39, but failed to make the event final.

AS A FRESHMAN: Notre Dame's top newcomer in the long hurdles and sprints ... posted a time of 49.01 for second place in the 400 meters at the Notre Dame Invitational ... took third in the 500 meters at the Meyo Invitational with a 1:03.62 effort ... qualified for the BIG EAST Indoor Championship in the 500 meters and placed fifth in a time of 1:04.70 ... focused almost exclusively on the 400-meter hurdles in the outdoor campaign ... took 12th in the 400 hurdles at the Baylor Dr. Pepper Invitational in 57.15 ... set a huge career best at the Indy Relays, running the 400 hurdles in 55.17 for third place ... improved his career best at the Hillsdale Gina Relays by running 55.01 for ninth in the 400 hurdles ... took fifth in 55.07 in the 400 hurdles at the BIG EAST outdoor meet ... also ran the 4x400 meter relay with Roberto Garcia, Bob Kueny, and Jordan Powell (sixth, 3:21.81).

HIGH SCHOOL AND PERSONAL: Track & field standout at Shelby High School ... earned four letters in both track and cross country ... helped track team to back-

to-back state championships as he captured state titles in the 110 meter hurdles, 300 hurdles, and 4x400 relay as a junior and senior ... achieved a national ranking his final two seasons ... team MVP as a sophomore and junior and team captain as a senior ... established the state Division II standard in the 300 meter hurdles with a time of 36.69 ... owns the Division II state meet record time of 36.83 in the 300 hurdles ... four-time conference champion in the 110 meter hurdles, 300 hurdles, and 4x400 relay ... personal-bests of 13.9 in the 110 hurdles and 36.69 in the 300 hurdles ... son of Dawn and John Wechter ... has two siblings ... born March 25, 1986 in Shelby, Ohio ... enrolled in the Mendoza College of Business, majoring in marketing and design ... made Dean's List in each of first two semesters at Notre Dame and owns 3.462 cumulative grade-point average through spring 2006 term.

Career Track Bests

Indoor	
200m	22.65
2006 Notre Dame Invitational	
400m	48.55
2006 Notre Dame Invitational	
500m	1:03.62
2005 Meyo Invitational	
Outdoor	
400m	49.52
2006 Notre Dame Spring Opener	
400m Hurdles	52.32
2006 BIG EAST Championship	



Robbie Barany

5-11 • Sophomore
Cross Country/Distance
Yakima, Wash. • Eisenhower H.S.

AS A FRESHMAN: Competed in one cross country competition during the fall, taking 32nd place (25:54) in the Gold Division race at the Notre Dame Invitational ... top performance of the indoor track campaign came at the Alex Wilson Invitational, when he ran 8:48.24 over 3,000 meters ... did not race during the outdoor track season.

HIGH SCHOOL AND PERSONAL: Four-year letter winner in both cross country and track during his career at Eisenhower High School ... earned cross country All-America honors at the 2004 Foot Locker National Championships with an eighth-place finish ... qualified for the Foot Locker meet with a third-place effort at the '04 Nike Team Nationals ... three-time all-

Career Cross Country Results	
2005	
Notre Dame Invitational	32nd*
(* - indicates Gold Division race)	

state performer, two-time regional champion, and four-time conference champion in cross country ... two-time track conference champion and school and valley record-holder in the 3,200 meters ... earned national rankings in cross country each of his last two seasons and served as team captain during both his senior cross country and track seasons ... personal bests are 9:06 in the 3,200 meters, 4:19 in the 1,600 meters, 15:00 for 5,000-meter cross country and 14:41 for three-mile cross country ... member of the National Honor Society ... middle of three children ... born Aug. 7, 1986 in Yakima, Wash. ... enrolled in the Mendoza College of Business.

Career Track Bests	
Indoor	
Mile	4:33.14
2006 Blue & Gold Invitational 3,000m	8:48.24
2006 Alex Wilson Invitational	



Gonzalo Brenner

6-0 • Sophomore
Multiple Events
Santiago, Chile • St. George's College

AS A FRESHMAN: Teamed up with fellow freshman Tray Morgan to form Notre Dame's multi-events group ... developed his skills in a variety of events in the winter, eventually establishing a mark of 4,306 points in the heptathlon at the Notre Dame Invitational ... competed at the BIG EAST indoor meet in the heptathlon, finishing 11th overall ... continued his versatility into the outdoor campaign, participating in six different events ... sought improvement in each of the disciplines to potentially work toward the decathlon.

HIGH SCHOOL AND PERSONAL: Three-year track and field letter winner for Saint George's College ... Chile's Junior National decathlon champion in 2004 ... ranked first nationally in the decathlon and fourth in the hurdles ... in 2003, he ranked third in the nation in the junior decathlon ... ranked seventh in the nation in the youth high jump in 2002 ... team captain and MVP as a senior ... has one younger and two older siblings ... born April 1, 1985 in Santiago, Chile ... enrolled in Mendoza College of Business.

Career Track Bests	
Indoor	
60m	7.57
2006 Blue & Gold Invitational 60m Hurdles	9.04
2006 Notre Dame Opener Long Jump	6.04m (19-9 3/4)
2006 Notre Dame Opener Shot Put	9.92m (32-6 1/2)
2006 Blue & Gold Invitational Heptathlon	4,306 points
2006 Notre Dame Invitational	
Outdoor	
100m	11.92
2006 Central Collegiate Championship 400m	53.22
2006 Hillsdale Gina Relays 110m Hurdles	16.37
2006 Central Collegiate Championship Long Jump	5.65m (18-6 1/2)
2006 Hillsdale Gina Relays Shot Put	10.32m (33-10 1/4)
2006 Miami (Ohio) Invitational Javelin	35.91m (117-9 1/2)
2006 Notre Dame Spring Opener	



Blair Majcina

6-1 • Sophomore
Jumps

Mokena, Ill. • Lincoln-Way East H.S.

AS A FRESHMAN: Stepped onto the Irish squad and immediately became the team's top threat in the high jump ... top performance of the indoor season came early on at the Blue & Gold Invitational where he leaped 2.06m (6-9) to book a place in the BIG EAST Indoor Championship ... also won high jump competition at the Notre Dame Opener ... earned all-BIG EAST honors by finishing in a tie for third at the league competition, jumping 2.02m (6-7 1/2) ... jumped 2.01m (6-7) at the Alex Wilson Invitational ... in the outdoor season, earned a runner-up finish at the Cal Poly Invitational (2.03m, 6-7 3/4) ... set a career best at the Hillsdale Gina Relays, jumping 2.10m (6-10 3/4) to finish second at the meet and earn a berth into the NCAA Mideast Regional ... took seventh at the BIG EAST outdoor meet ... finished a strong eighth at the Mideast Regional, jumping 2.06m (6-9) to cap a solid freshman year.

HIGH SCHOOL AND PERSONAL: Four-year letter winner in track and field at Lincoln-Way East High School ... also earned three letters as a defensive back on the football team ... All-American in the high jump during his senior season and ranked second in the nation with a leap of 2.16m (7-1) ... won high jump titles at the 2004 Illinois

Prep Top Times indoor state meet and the Illinois High School outdoor state meet ... top-ranked Illinois high jumper for the duration of the 2005 season ... 2003 USATF national champion in the intermediate boys high jump ... three-time conference and '05 sectional high jump champion ... also a three-time team captain and MVP on Lincoln-Way East's club volleyball team that placed ninth at nationals in '03 ... once jumped to block a field goal attempt and returned it for an 87-yard touchdown ... inducted into Lincoln-Way East's Hall of Fame in 2005 ... member of National Honor Society, student council, and Mu Alpha Theta (math society) at Lincoln-Way East ... vice-president of his sophomore, junior, and senior classes ... younger of two children ... born Feb. 14, 1987 in Palos Heights, Ill. ... enrolled in the Mendoza College of Business.

Career Track Bests

Indoor	
High Jump	2.06m (6-9)
2006 Blue & Gold Invitational	
Outdoor	
High Jump	2.10m (6-10 3/4)
2006 Hillsdale Gina Relays	



Tray Morgan

6-2 • Sophomore
Jumps/Multi-Events

Daphne, Ala.
McGill-Toolen Catholic H.S.

AS A FRESHMAN: Competed in multiple events for the Irish, forming a heptathlon duo with Gonzalo Brenner during the indoor season ... earned a BIG EAST qualifying mark in the pole vault, posting a 4.45m (14-7 1/4) mark at the Purdue Invitational ... in his first heptathlon competition at the Notre Dame Invitational, scored 4,435 points ... was unable to compete in the BIG EAST indoor meet and subsequently missed the entire outdoor season due to injury.

HIGH SCHOOL AND PERSONAL: Three-time letterwinner in indoor and outdoor track & field at McGill-Toolen Catholic High School ... multi-event athlete with a focus on the pole vault ... a nationally-ranked pole vaulter in his final high school season ... Alabama outdoor pole vault state champion in his sophomore year ... three-time all-state honoree indoors and two-time recipient outdoors in the pole vault ... took fourth in the outdoor decathlon during the 2005 season ... Nokia Sugar Bowl Classic pole vault champion in

his junior season ... three-time all-city selection in the pole vault for both indoor and outdoor track ... personal bests of 15 feet in the pole vault and 146 feet in the javelin ... member of National Honor Society, Campus Ministry, Ambassador Club, and recipient of two academic/scholastic letters at McGill-Toolen Catholic ... younger of two children ... grandfather, David Stapleton, played football at Auburn ... born June 6, 1987 in Sulphur, La. ... enrolled in the College of Arts & Letters.

Career Track Bests

Indoor	
Pole Vault	4.45m (14-7 1/4)
2006 Purdue Invitational	
Long Jump	5.93m (19-5 1/2)
2006 Notre Dame Opener	
Shot Put	9.22m (30-3)
2006 Blue & Gold Invitational	
Heptathlon	4,435 points
2006 Notre Dame Invitational	



**Patrick
Needham**

**6-5 • Sophomore
Hurdles**

Chicago, Ill. • Loyola Academy

AS A FRESHMAN: Performed well in the hurdles in his first season with the Irish ... just missed qualifying for the BIG EAST Indoor Championship at the Notre Dame Opener with a time of 8.59 seconds (one-hundredth of a second off of the BIG EAST qualifying standard) ... concentrated on the 110-meter hurdles throughout the outdoor season ... best effort came at the Hillsdale Gina Relays, where he posted a time of 15.55 seconds.

HIGH SCHOOL AND PERSONAL: Three-year letterwinner in track & field at Loyola Academy ... also earned a letter in cross country ... 2005 regional champion in the 110-meter hurdles ... conference high jump champion in '05 ... all-conference honoree in three different events during his

sophomore, junior, and senior seasons ... three-time track team MVP and served as captain during his senior campaign ... personal bests of 14.5 in the 110-meter hurdles, 40.3 in the 300-meter hurdles, and 1.98m (6-6) in the high jump ... father, Thomas, ran track at Notre Dame from 1977-81 and aunt, Jenny, competed in track at St. Thomas ... oldest of three children ... born May 2, 1987 in Chicago, Ill. ... enrolled in the College of Arts & Letters.

Career Track Bests	
Indoor	
60m Hurdles	8.59
2006 Notre Dame Opener	
Outdoor	
110m Hurdles	15.55
2006 Hillsdale Gina Relays	



**Patrick
Smyth**

**5-9 • Sophomore
Cross Country/Distance**
Salt Lake City, Utah
Judge Memorial H.S.

AS A FRESHMAN: Combining his contributions in both cross country and track, had one of the more impressive freshman seasons in school history ... stepped up as Notre Dame's fifth scoring runner during the cross country season, providing the very formidable top four with the missing link it needed to win the NCAA third-place trophy ... was the individual champion at the National Catholic Championship, running 24:36 ... helped the Irish team place second at the Notre Dame Invitational, taking 34th in 24:32 ... placed a strong 41st at the Pre-National Meet, running 24:35 ... earned all-BIG EAST honors at the league championship, finishing ninth overall in 24:42 and helping the Irish win the team title ... in his 10,000-meter debut, placed an excellent 20th at the NCAA Great Lakes Regional in 31:45 ... cracked the top 100 overall at the NCAA Championship, scoring points for the third-place team and running 30:57.9 ... during the indoor track season, ran 8:19.58 over 3,000 meters at the Notre Dame Invitational ... nearly posted an NCAA provisional qualifying mark in the 5,000 meters at the Meyo Invitational, running 14:13.41 for sixth place ... qualified for the BIG EAST indoor meet in the 3,000 and 5,000 meters, running the former at the league competition ... placed fourth in the BIG EAST final behind three All-Americans, running a career best of 8:17.51 ... in his outdoor debut, won his section of the 5,000 meters at the Stanford Invitational in 14:12.61 ... dropped down to the 1,500 meters at the Indy Relays, posting a BIG EAST qualifying time of 3:51.78 ... missed qualifying for the NCAA Mideast

Regional in the 5,000 meters by just .05 seconds at the Oregon Invitational ... finished third in his heat while running 14:10.05 ... took sixth in the 5,000 meters at the BIG EAST Outdoor Championship (14:17.69) to score points for the team champion.

HIGH SCHOOL AND PERSONAL: Cross country and track standout at Judge Memorial High School ... eight-time letterwinner in those two sports ... 2005 Utah Gatorade Track Athlete of the Year and Utah High School Athletic Association Track Athlete of the Year ... nationally ranked in cross country and track during his senior season ... two-time state champion in both cross country and track ... four-time all-state selection in cross country and two-time honoree in track and field ... Utah state two mile record holder with a time of 9:17 ... Stanford Invitational mile champion in 2005 (4:14) ... fifth place finish in the two mile at the highly competitive Arcadia Invitational in '05 (9:04) ... school record holder in four events ... three-time regional champion in cross country and four-time champion in track ... two-time team captain and MVP in both sports ... 12th-place finish at the FootLocker West Championship in 2004 ... father, Daniel, played rugby at St. Mary's College in California ... youngest of three children ... born Aug. 6, 1986 in Rock Springs, Wyo. ... enrolled in the College of Arts & Letters as a history major.

Career Track Bests	
Indoor	
3,000m	8:17.51
2006 BIG EAST Championship	
5,000m	14:13.41
2006 Meyo Invitational	
Outdoor	
1,500m	3:51.78
2006 Indy Relays	
5,000m	14:10.05
2006 Oregon Invitational	

Career Cross Country Results	
2005	
National Catholic Championship	1st
Notre Dame Invitational	34th
Pre-National Meet	41st
BIG EAST Championship	9th
Great Lakes Regional	20th
NCAA Championship	99th



Jeff Farnell

5-8 • Freshman
Sprints

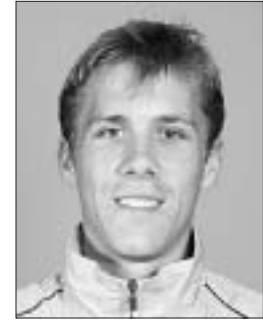
Oak Brook, Ill. • Montini Catholic H.S.



Brock Hagerman

5-10 • Freshman
Cross Country/Distance

Markleville, Ind. • Pendleton Heights H.S.



Balazs Molnar

5-10 • Freshman
Sprints

Dunaujvaros, Hungary
Szechenyi Istvan School

HIGH SCHOOL AND PERSONAL:

Three-sport letterwinner (track & field, football and soccer) at Montini Catholic High School in Lombard, Ill. ... two-time all-state selection on the track as a junior and senior (2004, 2005) ... won four crowns at '05 Illinois Class A outdoor state championships (100, 200, 400 relay, 800 relay) ... was ranked among top 40 100-meter sprinters and top 15 200-meter sprinters in nation (according to DyeStat and *Track & Field News*) at end of 2004-05 season ... named Men's Outstanding Performer from Illinois (teams from Iowa and Wisconsin also competed) at the 2005 Iowa Association of Track Coaches (IATC) Senior Spotlight Meet in Cedar Falls, Iowa; set new meet records and personal bests in both the 100 meters (10.51) and 200 meters (21.03) en route to winning four titles at the meet (two individual/two relay) ... also member of Montini Catholic's 2004 state champion football team ... was originally slated to attend U.S. Military Academy in West Point, N.Y. ... was high school classmate of current Notre Dame sophomore Charlie Hilding ... born Jan. 9, 1987 in Maywood, Ill. ... son of Roberta Arquilla and Alan Farnell ... youngest of two children ... plans to major in business at Notre Dame ... enrolled in the First Year of Studies program.

HIGH SCHOOL AND PERSONAL:

Eight-time letterwinner in cross country and track & field at Pendleton Heights High School in Pendleton, Ind. ... three-time all-state pick in both cross country and track (3,200 meters) ... four-time all-county and all-conference choice ... three-time regional cross country champion ... four-year conference champion in both cross country and track ... owns numerous school records, including eight course records, sectional, regional and semi-state marks in cross country ... undefeated in cross country as a senior in 2005, capping his career by winning Indiana single-class state cross country title (15:13.2 for 5K) on same LaVern Gibson Course in Terre Haute that has regularly hosted NCAA Championship (will do so again in 2006 and 2007) ... finished third at FootLocker Midwest Cross Country Regional ... best 5K cross country time in high school was 15:02 ... covered 1,600 meters in 4:12.24 (among national top 30) and 3,200 meters in 9:12.07 during his senior season (latter mark came in runner-up finish at Indiana outdoor state championships) ... winner of Indiana High School Athletic Association (IHSAA) Maas Mental Attitude Award following '05 state cross country meet.... member of Beta Club and student council class vice president at Pendleton Heights ... born March 30, 1988 in Anderson, Ind. ... son of Melissa and Rod Hagerman ... oldest of two children ... plans to major in business at Notre Dame ... enrolled in the First Year of Studies program.

HIGH SCHOOL AND PERSONAL:

Member of Hungarian National Team ... had stellar 2006 season that included winning titles in 400-meter dash (47.63) and 400-meter hurdles (51.97) at European Under-23 Outdoor Championships ... also won '06 Hungarian national titles in 400 meters (47.53) and 400 hurdles (51.63) ... fourth in 400-meter hurdles at 2005 European Junior Championships (51.38) ... 2005 Hungarian Junior National Champion in 400 meters (47.88) and 400 hurdles (51.99) ... born July 1, 1986 in Dunaujvaros, Hungary ... son of Magdolna Sas and Ferenc Molnar ... youngest of two children ... plans to major in business at Notre Dame ... enrolled in the First Year of Studies program.



Eric Quick

**5-10 • Freshman
Jumps**

Bakersfield, Calif. • Liberty H.S.

HIGH SCHOOL AND PERSONAL: Four-year track & field letterwinner at Liberty High School in Bakersfield, Calif. ... three-time all-state honoree ... four-time first-team all-area selection ... competed in horizontal jumps, going undefeated in the area during all four years of his prep career ... four-time regional and conference champion in both the long jump and triple jump ... top high school triple jump mark was 48-10 (indoors) and best long jump distance was 23-4 (outdoors), both achieved during 2006 season ... triple jump distance also was No. 3 indoor mark in nation for '06 ... final outdoor season cut short by heel injury ... competed at USATF Junior Olympics following freshman year (2003) and placed fourth in triple jump to garner All-America honors ... holds school records in both horizontal jumps ... member of Spanish honor society at Liberty High School ... born Dec. 16, 1987 in Bakersfield, Calif. ... son of Pam and David Quick ... youngest of five children ... father, David, ran track at Cal State-Bakersfield ... enrolled in the First Year of Studies program.



Matt Schipper

**5-11 • Freshman
Jumps**

Leo, Ind. • Bishop Dwenger H.S.

HIGH SCHOOL AND PERSONAL: Two-sport letterwinner (track & field and wrestling) at Bishop Dwenger High School in Fort Wayne, Ind. ... two-time all-state, and three-time all-city and all-conference pole vaulter ... won regional pole vault crown as a junior and conference title as a senior ... top prep clearance in pole vault was 4.725m (15-6) outdoors at 2006 New Haven Relays ... finished fourth at 2006 Indiana High School Athletic Association (IHSAA) outdoor state meet ... participated in '06 Midwest Meet of Champions ... accomplished prep wrestler who set school record for most pins as a freshman in 2003 ... garnered academic all-state status in wrestling as senior ... won Distinguished Athlete Award from U.S. Marine Corps ... National Honor Society member ... classmate of current Irish freshman football player Jake Richardville ... born May 3, 1987 in Fort Wayne, Ind. ... son of Janet and Donald Schipper ... fourth of nine children ... older brothers Andrew and Ryan both were All-American pole vaulters at Division III entity Rose-Hulman ... multiple relatives have graduated from Notre Dame, while cousin, Marc Sordelet, is a junior at the University ... plans to major in civil engineering at Notre Dame ... enrolled in the First Year of Studies program.



Jake Walker

**5-7 • Freshman
Cross Country/Distance**

Ellwood City, Pa. • Lincoln H.S.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in both cross country and track at Lincoln High School in Ellwood City, Pa. ... earned five all-state citations and five-time regional champion (one cross country, two indoor track, two outdoor track) during his career ... won state titles in indoor 3,000 meters (2005) and outdoor 3,200 meters (2006), running latter event in personal-best 9:04.31 and missing state record by only 22-hundredths of a second ... ran independently during indoor track season as school did not field a squad ... had nation's fourth-quickest indoor 3,000-meter time as senior (8:30.35 on banked track) ... clocked '06 season-best and personal-best outdoor 3,000-meter time of 8:21.94 (10th-fastest in nation) on way to third-place outing at Penn Relays (time also ranks ninth all-time at prestigious meet) ... top indoor mile time of '06 season was 4:18.86 (second-best in state) ... finished fourth at '05 Pennsylvania Interscholastic Athletic Association (PIAA) 2A cross country championships (16:14 for 5K) ... two-time participant in FootLocker Northeast Cross Country Regional, placing 13th in 2005 (15:53.6) ... best 5K cross country time in high school was 15:19 ... National Honor Society member ... born Oct. 22, 1987 in Ellwood City, Pa. ... son of Helen and Ron Walker ... older of two children ... cousin, Selena Santillo, is a 2004 Notre Dame graduate ... plans to major in business at Notre Dame ... enrolled in the First Year of Studies program.