

2012 MEYO INVITATIONAL Tentative SCHEDULE

Friday, February 4

5:00	PM	Long Jump	Women – Men to Follow
6:00	PM	20 lb / 35 lb Weight Throw	Women - Men to Follow
6:00	PM	Men's Pole Vault	
7:00	PM	Women's High Jump	
5:00	PM	Women's 60 meter Hurdle Trials	
5:25	PM	Men's 60 meter Hurdle Trials	
5:50	PM	Women's 60 meter Dash Trials	
6:10	PM	Men's 60 meter Dash Trials	
6:30	PM	Women's 5000 Meter Run	
7:20	PM	Men's 5000 Meter Run	
7:55	PM	Women's Distance Medley Relay	
8:10	PM	Men's Distance Medley Relay	
8:45	PM	Men's 1000 Meter Run	
8:25	PM	Women's 1000 Meter Run	
9:00	PM	Women's 500 Meter Run	
9:15	PM	Men's 500 Meter Run	

Saturday, February 5

Morning Session – Unseeded Sections in Running Events

10:00	AM	Women's 3000 Meter Run	
10:30	AM	Men's 3000 Meter Run	
11:00	AM	Women's Triple Jump	
11:00	AM	Women's Pole Vault	
11:00	AM	Shot Put	Women – Men to follow
10:45	AM	Women's Mile Run	
11:10	PM	Men's Mile Run	
11:35	PM	Women's 400 Meter Dash	
12:05	PM	Men's 400 Meter Dash	
12:35	PM	Women's 800 Meter Run	
12:50	PM	Men's 800 Meter Run	
1:15	PM	Women's 200 Meter Dash	
1:45	PM	Men's 200 Meter Dash	

Afternoon Session – Invitational Sections in Running Events

1:00	PM	Men's High Jump	
2:00	PM	Men's Triple Jump	
2:40	PM	Women's 60 Meter Hurdles Final	2 sections final
2:50	PM	Men's 60 Meter Hurdles Final	2 section final
3:00	PM	Meyo Men's Mile	
3:10	PM	Meyo Women's Mile	
3:20	PM	Women's 60 Meter Dash Final	2 section final
3:25	PM	Men's 60 Meter Dash Final	2 section final
3:30	PM.	Women's 400 Meter Dash	Top 2 sections
3:35	PM	Men's 400 Meter Dash	Top 2 sections
3:40	PM	Women's 800 Meter Run	Top 2 sections
3:50	PM	Men's 800 Meter Run	Top 2 sections
4:00	PM	Women's 200 Meter Dash	Top 2 sections
4:05	PM	Men's 200 Meter Dash	Top 2 sections
4:10	PM	Women's 3000 Meter Run	Top section
4:25	PM.	Ryan Shay Men's 3000 Meter Run	Top section
4:40	PM	Women's 4 x 400 Meter Relay	
5:05	PM	Men's 4 x 400 Meter Relay	