

Meyo Invitational Information

The University of Notre Dame will be hosting the Meyo Track & Field Invitational on Friday and Saturday, February 6-7, 2009. The meet will be held at the Loftus Center on the Notre Dame campus. We anticipate this year's Meyo Invitational to once again be one of the top indoor meets in the nation this season, and our entry procedures are designed to ensure a quality competition.

Please see the attached meet schedule, which once again will include a Friday night session, and two sessions on Saturday. The schedule will be adjusted based on meet entries. Our goal is to have the Saturday afternoon session as a compact, exciting session of outstanding collegiate track & field, so the seeded sections will be limited to the top athletes entered. Other entries will compete in the morning "unseeded" sections. Any adjustments to the schedule will most likely take place in the morning session.

INVITED TEAMS should enter online using the **DIRECT ATHLETICS** entry system (www.directathletics.com). Coaches must have both your *username* and *password* in order to use the system. The entry deadline is 12:00 noon on Wednesday, February 4, 2008. Invited teams will be limited to THREE (3) ENTRIES PER EVENT and ONE (1) RELAY TEAM in each relay event. Any exceptions to this must be approved by a member of the Notre Dame staff. PLEASE PROVIDE ACCURATE SEED MARKS TO ASSIST US IN ACCURATELY SEEDING THE RACES AND PROVIDING THE BEST COMPETITION POSSIBLE FOR YOUR ATHLETES.

Coaches of non-invited Division I teams should contact a member of the Notre Dame coaching staff (574) 631-6989/4871 in order to obtain entry for your athletes into the meet. We will allow a LIMITED NUMBER of collegiate athletes from non-invited teams into this meet. Unattached post-collegiate athletes must also contact the Notre Dame staff in order to enter the meet. Please be aware that we will be VERY STRICT about allowing non-collegiate athletes into the meet, and will only allow those non-collegiate athletes whose presence will benefit the collegiate athletes in the competition. Also, please be aware that we will not allow unattached collegiate (red-shirting) athletes into the meet.

Entry fee for the Invitational is \$250.00 per team (M&W separate), or \$25 per individual athlete. Please make the check payable to : University of Notre Dame.

The track and runways at the Loftus Center are a MONDO surface. We ask that your athletes use only $\frac{1}{4}$ **inch pyramid spikes** on our track and runways in. Longer spikes and needle spikes will not be permitted.

If you have any questions about the meet, please contact the Notre Dame Track coaching staff at (574) 631-6989 / 4871 (Connelly.1@nd.edu or jmillar1@nd.edu).

2009 Meyo Invitational

TENTATIVE SCHEDULE

Friday, February 6

5:00	P.M.	Long Jump	Women – Men to Follow
5:30	P.M.	20 lb / 35 lb Weight Throw	Women - Men to Follow
6:00	P.M.	Men's Pole Vault	
7:00	PM	Women's High Jump	
6:00	P.M.	Women's 5000 Meter Run	
6:30	P.M.	Men's 5000 Meter Run	
7:00	P.M.	Women's Distance Medley Relay	
7:20	P.M.	Men's Distance Medley Relay	
7:50	PM	Women's 300 Meter Dash	
8:10	PM	Men's 300 Meter Dash	
8:30	PM.	Women's 1000 Meter Run	
8:40	PM.	Men's 1000 Meter Run	
8:55	PM	Women's 500 Meter Run	
9:15	PM	Men's 500 Meter Run	

Saturday, February 7

Morning Session – Unseeded Sections in Running Events

9:00	AM	Women's 3000 Meter Run	
9:30	AM	Men's 3000 Meter Run	
10:00	AM	Women's 60 Meter Hurdles	Trials
10:20	AM	Men's 60 Meter Hurdles	Trials
10:40	AM	Women's 60 Meter Dash	Trials
11:00	AM	Men's 60 Meter Dash	Trials
11:00	AM	Men's Triple Jump	
11:00	AM	Shot Put	Women – Men to follow
11:00	AM	Women's Pole Vault	
11:20	AM	Women's Mile Run	
11:45	AM	Men's Mile Run	
12:00	PM	Women's 400 Meter Dash	
12:25	PM	Men's 400 Meter Dash	
12:50	PM	Women's 800 Meter Run	
1:10	PM	Men's 800 Meter Run	
1:25	PM	Women's 200 Meter Dash	
1:50	PM	Men's 200 Meter Dash	

Afternoon Session – Invitational Sections in Running Events

1:00	PM	Men's High Jump	
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2:00	PM	Women's Triple Jump
2:30	PM	Meyo Men's Mile
2:40	PM	Women's Mile
2:50	PM	Women's 60 Meter Hurdles Final
3:00	PM	Men's 60 Meter Hurdles Final
3:05	PM	Women's 60 Meter Dash Final
3:10	PM	Men's 60 Meter Dash Final
3:15	P.M.	Women's 400 Meter Dash
3:20	P.M.	Men's 400 Meter Dash
3:25	P.M.	Women's 800 Meter Run
3:30	P.M.	Men's 800 Meter Run
3:40	P.M.	Women's 200 Meter Dash
3:45	P.M.	Men's 200 Meter Dash
3:50	P.M.	Women's 3000 M Run
4:05	P.M.	Ryan Shay Men's 3000 M Run
4:20	P.M.	Women's 4 x 400 Meter Relay
4:35	P.M.	Men's 4 x 400 Meter Relay