

STATE



Wolfpack Last Chance Meet May 16, 2014

Contact Information

North Carolina State University
c/o Meet Director
Track & Field Office
Campus Box 8502
Raleigh, NC 27695

Email: wolfpacklastchance@gmail.com

Phone: 919.515.1112/919.515.1113

Website: www.gopack.com & www.flashresults.com

Entries: www.directathletics.com

IMPORTANT DATES

- Wednesday, April 7, 2014 – Online entries open. www.directathletics.com
- Monday, May 12, 2014
 - 7:00pm – Online entries close.
 - Entry fees must be received either online at Direct Athletics or via mail to the address listed above.
- Wednesday, May 14, 2014 – Heat Sheets will be posted at www.flashresults.com
- Friday, May 16, 2014, 11:00 am – Facility Opens

ENTRIES & FEES**Collegiate Teams and Athletes**

- Each coach must have a Direct Athletics username and password for his/her school. If you do not know or have your username and password, you will be able to retrieve your existing account or create one by following the instructions available at www.directathletics.com/help.html.
- **Entry Marks**
 - Coaches must only enter **VERIFIABLE** times and marks in the space provided. In the box title “Speculative Times/Marks” coaches have the option to use **SPECULATIVE** times/marks in the event and/or other events in addition to the athlete’s verifiable time/mark already provided. This will provide meet management additional information for seeding purposes. Speculative times/marks **DO NOT** guarantee acceptance into a particular heat/section. Seeding will be determined by meet management.
- **Entry Fees**
 - **Collegiate Teams** - \$400.00 per gender per team (a team is considered as consisting of 10 or more athletes). If less than 10 athletes are being entered, the fee is \$40.00 per individual. If only a relay is being entered the cost is \$50.00.
 - **THIS IS AN ENTRY NOT A COMPETITION FEE** – There are no refunds for scratches or no-show athletes.
 - **Payment**
 - Teams can choose to pay via credit card on Direct Athletics prior to the close of entries on Monday, May 12, 2014, 7:00pm.
 - If paying by check, please make payable to North Carolina State University.
 - Mail fees and a copy of the entry form from the Direct Athletics website to:
North Carolina State University
c/o Meet Director
Track & Field Office
Campus Box 8502
Raleigh, NC 27695
 - Express/Overnight Mailing Address:
North Carolina State University
c/o Meet Director
Track & Field Office
2500 Warren Carroll Dr
Raleigh, NC 27695

Unattached/Open Athletes

- You must create an **INDIVIDUAL** athlete account. Please visit www.directathletics.com.
- **Entry Marks**
 - Coaches/athletes must only enter **VERIFIABLE** times and marks in the space provided. In the box title "Speculative Times/Marks" coaches have the option to use **SPECULATIVE** times/marks in the event and/or other events in addition to the athlete's verifiable time/mark already provided. This will provide meet management additional information for seeding purposes. Speculative times/marks **DO NOT** guarantee acceptance into a particular heat/section. Seeding will be determined by meet management.
 - All entries must be completed online at www.directathletics.com by 7:00pm on Monday, May 12, 2014.
- **Entry Fees**
 - Entry fees for unattached/open athletes must be paid on the Direct Athletics site via a credit card.
 - Entry fee is \$25.00 per athlete per event.
 - Entry for a relay is \$50.00 per relay entered.
 - **NO REFUNDS.** The \$25 (\$50.00 for relay entries) is an entry fee and will not be refunded for scratches or no-show athletes.

DECLARATIONS/CHECK-IN

- Athletes must check-in at least 30 minutes prior to the scheduled start of their events with the clerk. Final heats will be drawn after clerking. **If an athlete does not check-in 30 minutes prior to the scheduled time of an event, he/she will be SCRATCHED.**
- Clerking will be done on the south side of the track outside of the fence around the track, midway down the backstretch.

MEET INFORMATION & RESULTS

Meet information updates will be posted at www.gopack.com and www.flashresults.com.

All timing for the Wolfpack Last Chance meet will be handled by Flash Results and will be posted at the Flash Results site and at www.gopack.com.

PACKET PICK-UP

- Team packets will be distributed to the first coach (it will not be issued to team athletes) who arrives at the packet pick-up. Packets will not be held for pick-up by additional coaches arriving at a later time.
- Packets will be picked-up from the building located at the east end of the track.
- All entry fees must be paid in full prior to the packet being issued.
- Packet Pick-up Times
 - Friday, May 16, 2014: 11:00am-8:00pm

EVENT INFORMATION

All events will take place at the Paul Derr Track and Field facility located on the North Carolina State campus at **2481 Cates Avenue, Raleigh, NC 27695**.

SPIKE LENGTH

Spikes no longer than ¼" (9mm), with pyramid spikes being preferred, must be worn on the track for all events, excluding the javelin and high jump. Athletes whose spikes are found to be too long will not be permitted to compete using those spikes.

WEIGHTS & MEASURES

Implements must be certified and will be weighed at the track building located at the east end of the facility near the throwing cage. Please see the meet schedule for implement weigh-in times.

SAFETY RULES

In an effort to conduct a safe and quality meet for all participants, no headphones, cell phones or radios will be permitted inside the competition areas. These devices can present a safety risk for competitors due to having several events competing simultaneously in the venue. Please notify your athletes in advance that they can only use these items outside the competition areas.

FACILITY ACCESS

Only athletes and coaches will be permitted inside the competition areas. Access to the infield and competition areas will be limited to immediate events. Spectators will be required to remain outside the fences at all times.

PRACTICE SCHEDULE

Please contact meet management at wolfpacklastchance@gmail.com if you would like to arrange use of the facility prior to 11:00 am, Friday, May 16th.

SPORTS MEDICINE

- Please contact Will Conlon at wgconlon@ncsu.edu or call him at 919.515.2111 for any questions regarding medical or training room questions.
- Each participating team should provide its own taping supplies.
- If a Certified Athletic Trainer will not be traveling with your team, please bring an authorization for modality form from your Certified Athletic Trainer or team physician.
- The team physician will also be on call or present during competition.

ADDITIONAL NOTES

- Additional warm-up area will be available on the intramural field located to the west of the track facility through the tunnel that passes under Morrill Dr.
- Admission is free of charge to the event.
- There will be no concessions on site for the meet.

PARKING

- Team buses and vans can drop-off athletes at the Coliseum Parking Deck Surface Lot immediately across from the Paul Derr Track. Once the maximum number of buses has been reached for this lot, others should park in the Special Events parking lot on Varsity Drive located on main campus.
- Parking spaces along Cates Avenue are available for cars and vans.
- The Coliseum Deck (upper levels) and the West Deck (when the Coliseum deck is full) will be used for additional van and car parking.
- The Jeter Drive Parking Lot (located immediately next Reynolds Coliseum) is also available for parking.

LODGING

The following Marriott hotels are meet sponsoring hotels. Please contact the following people below for great Raleigh Relays room rates.

- Contact Briana Ford at 301.820.6081, briana.ford@marriott.com
 - Residence Inn Raleigh Cary – <http://www.marriott.com/rdury>
 - Courtyard Marriott Raleigh Cary – <http://www.marriott.com/rduca>
 - Courtyard Raleigh-Durham Airport – <http://www.marriott.com/rdurd>
 - Courtyard Raleigh Midtown - <http://www.marriott.com/rduwf>
- Contact Jenny Rabanal at 919.257.5504, jrabanal@shglttd.com or Kitty Millington 919.669.0576, kmillington@shglttd.com
 - Courtyard Marriott Raleigh Crabtree – www.marriott.com/rducy
 - Residence Inn Marriott Raleigh Midtown – www.marriott.com/rdurb
 - Residence Inn Marriott Raleigh Crabtree – www.marriott.com/rduce
 - Fairfield Inn & Suites Marriott Raleigh Crabtree – www.marriott.com/rduct
 - Fairfield Inn & Suites Marriott RDU – www.marriott.com/rdufa
 - TownPlace Suites Marriott Cary/Weston Pkwy – www.marriott.com/rdutw

FUTURE DATES FOR NC STATE TRACK AND FIELD MEETS

**2015 adidas Raleigh Relays
March 27-28, 2015**

**2015 Wolfpack Last Chance Meet
TBD**