

**adidas RALEIGH RELAYS**  
**FRIDAY, MARCH 28th, 2014 - FINAL**



**TRACK EVENTS**

<b>TIME</b>	<b>EVENT</b>	<b>SECTION</b>	<b>CLASSIFICATION</b>	<b>STANDARD</b>
8:30 AM	3000m Steeplechase	Section C	Men	Seeded
8:45 AM	3000m Steeplechase	Section C	Women	Seeded
9:00 AM	5000m	Section F	Women	Seeded
9:24 AM	5000m	Section E	Women	Seeded
9:45 AM	5000m	Section D	Women	Seeded
10:05 AM	5000m	Section C	Women	Seeded
10:25 AM	5000m	Section F	Men	Seeded
10:43 AM	5000m	Section E	Men	Seeded
11:01 AM	5000m	Section D	Men	Seeded
11:18 AM	110m HH	Times to Final	Men	Trials
12:00 PM	100m HH	Times to Final	Women	Trials
1:03 PM	100m	Times to Final	Men	Trials
1:48 PM	100m	Times to Final	Women	Trials
2:38 PM	400m	Timed Sections	Men	Final
3:43 PM	400m	Timed Sections	Women	Final
4:48 PM	Sprint Medley	Timed Sections	Men	Final
5:08 PM	Sprint Medley	Timed Sections	Women	Final
5:43 PM	1500m	College Sections Slow to Fast	Women	6 Sections*
6:15 PM	1500m	College Sections Slow to Fast	Men	6 Sections*
6:48 PM	3000m Steeplechase	Section B	Women	Seeded
7:03 PM	3000m Steeplechase	Section A	Women	Seeded
7:18 PM	3000m Steeplechase	Section B	Men	Seeded
7:28 PM	3000m Steeplechase	Section A	Men	Seeded
7:38 PM	1500m	Invitational Sections Slow to Fast	Women	4 Sections*
7:58 PM	1500m	Invitational Sections Slow to Fast	Men	4 Sections*
8:17 PM	3200m-High School	Final	Girls	Seeded
8:29 PM	3200m-High School	Final	Boys	Seeded
8:39 PM	5000m	Section A	Women	Seeded
8:57 PM	5000m	Section A	Men	Seeded
9:12 PM	5000m	Section B	Men	Seeded
9:27 PM	5000m	Section B	Women	Seeded
9:45 PM	5000m	Section C	Men	Seeded
10:00 PM	10,000m	Section A	Women	Seeded
10:38 PM	10,000m	Section A	Men	Seeded

**FIELD EVENTS**

<b>TIME</b>	<b>EVENT</b>	<b>SECTION</b>	<b>CLASSIFICATION</b>	<b>MINIMUM MARK MEASURED</b>	
10:00 AM	Discus	Final	Men	44.20m	145'0"
10:00 AM	Shot Put	Final	Women	12.19m	40' 0"
11:00 AM	High Jump	Invitational	Women	1.65m	5'4 1/2" Top 15 Entries
	High Jump	College – to follow	Women	1.60m	5'2 1/2"
11:00 AM	Long Jump	College	Men	6.70m	21' 11 1/4"
11:00 AM	Long Jump	College	Women	5.35m	17'6 3/4"
11:00 AM	Pole Vault	College	Men	4.45m	14'7 1/4"
		Invitational – to follow	Men	4.60m	15'1"
2:00 PM	Discus	Final	Women	39.63m	130' 0"
2:00 PM	Shot Put	Final	Men	14.63m	48' 0"
2:00 PM	High Jump	Invitational	Men	2.00m	6'6 3/4" Top 15 Entries
	High Jump	College – to follow	Men	1.95m	6'4 3/4"
2:30 PM	Long Jump	Invitational	Men	6.85m	22'5 3/4"
2:30 PM	Long Jump	Invitational	Women	5.50m	18'0 1/2"

**IMPLEMENT WEIGH-IN**

<b>Friday</b>	Discus - Men	8:30 AM	<b>Saturday</b>	Javelin - Men	8:30 AM
	Shot - Women	8:30 AM		Javelin - Women	12:00 PM
	Discus - Women	12:00 PM			
	Shot - Men	12:00 PM			
	Hammer - Women	1:00 PM (then impounded)			
	Hammer - Men	1:00 PM (then impounded)			

**adidas RALEIGH RELAYS**  
**SATURDAY, MARCH 29th, 2014 - FINAL**



**TRACK EVENTS**

<i>TIME</i>	<i>EVENT</i>	<i>SECTION</i>	<i>CLASSIFICATION</i>	<i>STANDARD</i>
9:00 AM	10,000m	Section C	Men	Seeded
9:40 AM	10,000m	Section B	Women	Seeded
10:25 AM	10,000m	Section B	Men	Seeded
11:00 AM	4 X 1500 Top 24 teams	1 Section	Men	Final
11:20 AM	4 X 1500 Top 24 teams	1 Section	Women	Final
12:00 PM	100m H	1 Section Final – top 8	Women	Final
12:05 PM	110m HH	1 Section Final – top 8	Men	Final
12:10 PM	100m	1 Section Final – top 8	Women	Final
12:15 PM	100m	1 Section Final – top 8	Men	Final
12:25 PM	400m IH	Timed Sections	Men	Final
1:10 PM	400m IH	Timed Sections	Women	Final
1:50 PM	4 x 100m	Timed Sections	Men	Final
2:05 PM	4 X 100m	Timed Sections	Women	Final
2:25 PM	800m-Invitational	3 Sections – College Ath. Only	Men	Final
2:40 PM	800m-Invitational	3 Sections – College Ath. Only	Women	Final
2:55 PM	4 X 200m	Timed Sections	Men	Final
3:15 PM	4 X 200m	Timed Sections	Women	Final
3:35 PM	4 X 800m	Timed Sections	Men	Final
3:50 PM	4 X 800m	Timed Sections	Women	Final
4:30 PM	200m-Invitational	3 Sections – College Ath. Only	Men	Final
4:40 PM	200m-Invitational	3 Sections – College Ath. Only	Women	Final
4:55 PM	4 X 400m	Timed Sections	Men	Final
5:20 PM	4 X 400m	Timed Sections	Women	Final

**FIELD EVENTS**

<i>TIME</i>	<i>EVENT</i>	<i>SECTION</i>	<i>CLASSIFICATION</i>	<i>MINIMUM MARK MEASURED</i>	
10:00 AM	Hammer	Final	Men	45.73.m	150'
11:00 AM	Pole Vault	College	Women	3.35m	10' 11 ¼ "
		Invitational – to follow	Women	3.50m	11' 5 ¾ "
11:00 AM	Javelin	Final	Men	51.83.m	170'0"
11:00 AM	Triple Jump	College	Men	14.00m	45' 11 ¼ "
11:00 AM	Triple Jump	College	Women	11.10m	36'6"
1:00 PM	Hammer	Final	Women	44.21m	145' 0"
2:30 PM	Javelin	Final	Women	36.59m	120' 0"
2:00 PM	Triple Jump	Invitational	Men	14.00m	45' 11 ¼ "
2:00 PM	Triple Jump	Invitational	Women	11.10m	36'6"