

adidas RALEIGH RELAYS
FRIDAY, MARCH 29th, 2013 - UPDATED

3.27.13



TRACK EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>STANDARD</u>
8:45 AM	3000m Steeplechase	Section 3	Men	Seeded
9:00 AM	3000m Steeplechase	Section 3	Women	Seeded
9:20 AM	5000m	Section 6	Women	Seeded
9:45 AM	5000m	Section 5	Women	Seeded
10:10 AM	5000m	Section 4	Women	Seeded
10:30 AM	5000m	Section 3	Women	Seeded
10:50 AM	5000m	Section 6	Men	Seeded
11:10 AM	5000m	Section 5	Men	Seeded
11:27 AM	5000m	Section 4	Men	Seeded
11:45 AM	110m HH	Times to Final	Men	Trials
12:21 PM	100m HH	Times to Final	Women	Trials
1:15 PM	100m	Times to Final	Men	Trials
1:50 PM	100m	Times to Final	Women	Trials
2:30 PM	400m	Sections as Needed	Men	Final
3:35 PM	400m	Sections as Needed	Women	Final
4:35 PM	Sprint Medley	Sections as Needed	Men	Final
4:55 PM	Sprint Medley	Sections as Needed	Women	Final
5:30 PM	1500m	Section 10	Women	Seeded
5:36 PM	1500m	Section 9	Women	Seeded
5:42 PM	1500m	Section 8	Women	Seeded
5:47 PM	1500m	Section 7	Women	Seeded
5:52 PM	1500m	Section 6	Women	Seeded
5:57 PM	1500m	Section 5	Women	Seeded
6:02 PM	1500m	Section 9	Men	Seeded
5:07 PM	1500m	Section 8	Men	Seeded
6:12 PM	1500m	Section 7	Men	Seeded
6:17 PM	1500m	Section 6	Men	Seeded
6:22 PM	1500m	Section 5	Men	Seeded
6:35 PM	3000m Steeplechase	Section 2	Women	Seeded
6:50 PM	3000m Steeplechase	Section 1	Women	Seeded
7:05 PM	3000m Steeplechase	Section 2	Men	Seeded
7:15 PM	3000m Steeplechase	Section 1	Men	Seeded
7:25 PM	1500m	Section 4	Women	Seeded
7:30 PM	1500m	Section 3	Women	Seeded
7:35 PM	1500m	Section 2	Women	Seeded
7:40 PM	1500m	Section 1	Women	Seeded
7:45 PM	1500m	Section 4	Men	Seeded
7:50 PM	1500m	Section 3	Men	Seeded
7:55 PM	1500m	Section 2	Men	Seeded
8:00 PM	1500m	Section 1	Men	Seeded
8:05 PM	3200m-High School	Final	Girls	Seeded
8:20 PM	3200m-High School	Final	Boys	Seeded
8:32 PM	5000m	Section 1	Women	Seeded
8:50 PM	5000m	Section 1	Men	Seeded
9:05 PM	5000m	Section 2	Men	Seeded
9:20 PM	5000m	Section 2	Women	Seeded
9:38 PM	5000m	Section 3	Men	Seeded
9:53 PM	10,000m	Section 1	Women	Seeded
10:35 PM	10,000m	Section 1	Men	Seeded

FIELD EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>MINIMUM MARK MEASURED</u>	
10:00 AM	Discus	Final	Men	44.20m	145'0"
10:00 AM	Shot Put	Final	Women	12.19m	40' 0"
11:00 AM	High Jump	Section 1	Women	1.65m	5'4 1/2" Top 15 Entries
	High Jump	Section 2 - To Follow	Women	1.60m	5'2 1/2"
11:00 AM	Long Jump	Section 2	Men	6.70m	21' 11 1/2"
11:00 AM	Long Jump	Section 2	Women	5.35m	17'6 3/4"
11:00 AM	Pole Vault	Section 1	Men	4.60m	15'1"
		Section 2 To Follow	Men	4.45m	14'7 1/4"
2:00 PM	Discus	Final	Women	39.63m	130' 0"
2:00 PM	Shot Put	Final	Men	14.63m	48' 0"
2:00 PM	High Jump	Section 1	Men	2.00m	6'6 3/4" Top 15 Entries
	High Jump	Section 2 - To Follow	Men	1.95m	6'4 1/2"
2:30 PM	Long Jump	Section 1	Men	6.85m	22'5 3/4"
2:30 PM	Long Jump	Section 1	Women	5.50m	18'0 1/2"

IMPLEMENT WEIGH-IN

Friday	Discus - Men	8:30 AM	Saturday	Javelin - Men	8:30 AM
	Shot - Women	8:30 AM		Javelin - Women	12:00 PM
	Discus - Women	12:00 PM			
	Shot - Men	12:00 PM			
	Hammer - Women	1:00:00 PM (then impounded)			
	Hammer - Men	1:00:00 PM (then impounded)			

adidas RALEIGH RELAYS

SATURDAY, MARCH 30th, 2013 - UPDATED 3.27.13



TRACK EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>STANDARD</u>
9:30 AM	10,000m	Section 2	Women	Seeded
10:15 AM	10,000m	Section 2	Men	Seeded
10:50 AM	4 X 1500 Top 24 teams	1 Section	Men	Final
11:10 AM	4 X 1500 Top 24 teams	1 Section	Women	Final
12:00 PM	100m H	1 Section Final – top 8	Women	Final
12:05 PM	110m HH	1 Section Final – top 8	Men	Final
12:10 PM	100m	1 Section Final – top 8	Women	Final
12:15 PM	100m	1 Section Final – top 8	Men	Final
12:25 PM	400m IH	Sections as Needed	Men	Final
1:00 PM	400m IH	Sections as Needed	Women	Final
1:30 PM	4 x 100m	Sections as Needed	Men	Final
1:45 PM	4 X 100m	Sections as Needed	Women	Final
2:05 PM	800m-Invitational	3 Sections – College Ath. Only	Men	Final
2:20 PM	800m-Invitational	3 Sections – College Ath. Only	Women	Final
2:35 PM	4 X 200m	Sections as Needed	Men	Final
2:55 PM	4 X 200m	Sections as Needed	Women	Final
3:15 PM	4 X 800m	2 Sections	Men	Final
3:30 PM	4 X 800m	2 Sections	Women	Final
3:55 PM	200m-Invitational	3 Sections – College Ath. Only	Men	Final
4:05 PM	200m-Invitational	3 Sections – College Ath. Only	Women	Final
4:20 PM	4 X 400m	Sections as Needed	Men	Final
4:45 PM	4 X 400m	Sections as Needed	Women	Final

FIELD EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>MINIMUM MARK MEASURED</u>	
10:00 AM	Hammer	Final	Men	45.73.m	150'
11:00 AM	Pole Vault	Section 1	Women	3.50m	11' 5 ¾ "
		Section 2 To Follow	Women	3.35m	10' 11 ¾ "
11:00 AM	Javelin	Final	Men	51.83.m	170'0"
11:00 AM	Triple Jump	Section 1	Men	14.00m	45' 11 ¼ "
		Section 2 To Follow	Men		
1:00 PM	Hammer	Final	Women	44.21m	145' 0"
2:30 PM	Javelin	Final	Women	36.59m	120' 0"
2:00 PM	Triple Jump	Section 1	Women	11.10m	36'6"
	Triple Jump	Section 2 To Follow	Women		

2013
adidas Raleigh Relays



Women's
Sprints/Hurdles

*Events will be seeded after check, please make sure
athletes check in AT LEAST 30 min prior to event!*

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 1 Women 100 M Prelims**Friday 3/29/2013 - 1:50 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

Raleigh Rel.:		11.12 2004		Latasha Colander			
Name	School	Seed	Time				
1	Allen, Tayla	American Int	_____	49	Allen, Kiara	Millersville	_____
2	Klein, Kathleen	Binghamton	_____	50	Fritsche, Jessica	Millersville	_____
3	Jefferson, Felicia	BGSU	_____	51	Mason, Erin	Millersville	_____
4	Parker, Tiera	BGSU	_____	52	Key, Bridget	Morehead Sta	_____
5	Pettigrew, Jeanette	BGSU	_____	53	Green, Charisma	Morgan State	_____
6	Chavis, Kayla	Bulldog Elit	_____	54	Green, Teyanna	Morgan State	_____
7	Burgwin, Danae	California (_____	55	Wattley, Britney	Morgan State	_____
8	Kincade, Brianna	Campbell	_____	56	Farrior, Ranese	Mount Olive	_____
9	Hannon, Valencia	Clemson	_____	57	Brasswell, Felexia	NC A&T	_____
10	Doucette, Lorna	Col. of Char	_____	58	McCoy, Ashley	NCCU	_____
11	Anderson, Cornieta	Connecticut	_____	59	Eley, Paige	NC State	_____
12	Smalls, Domonique	Connecticut	_____	60	Perrodin, Lauren	UNH	_____
13	Smith-Jenkins, Deysha	Connecticut	_____	61	Evans, Jacinda	UNC	_____
14	Claiborne, Shaneka	Diamond TC	_____	62	Williams, Chrishawn	UNC	_____
15	Blount, Cameron	Duke RC	_____	63	Harvey, Kristal	Northwood	_____
16	Harrison, Emani	ETSU	_____	64	Lynch, Valencia	Northwood	_____
17	Kinlaw, Courtney	ETSU	_____	65	McManus, Amanda	Northwood	_____
18	Williams, Keturah	ETSU	_____	66	Powelson, Caili	Northwood	_____
19	Clark, Crystalyne	George Mason	_____	67	Harris, Kristina	NYU	_____
20	Jemmott, Katea	George Mason	_____	68	Ali, Lydia	Penn	_____
21	Scott, Aneesha	George Mason	_____	69	Bong, Heather	Penn	_____
22	Crump, Andrea	Ill-Chicago	_____	70	Onyeador, Nonyerem	Penn	_____
23	McDonald, Marissa	JMU	_____	71	Piper, Gabrielle	Penn	_____
24	Privette, Lauren	JMU	_____	72	Alabi, Funmi	Pittsburgh	_____
25	Seward, Justice	JMU	_____	73	Hoyt, Jordan	Pittsburgh	_____
26	Watkins, Rachel	JMU	_____	74	Smith, Jordyn	Pittsburgh	_____
27	Williams, Ashley	JMU	_____	75	Taylor, Taranisha	Pittsburgh	_____
28	Tchume, Ama-Selina	Junior Strid	_____	76	Woodford, Ashley	Pittsburgh	_____
29	Allen, Brianah	Lake Erie	_____	77	Davis, Ariel	Platinum Spo	_____
30	Bednar, Colleen	Lake Erie	_____	78	Ruch, Kimberly	Samford	_____
31	Carpenter, Shelby	Lake Erie	_____	79	Hawkins, Alexis	Seton Hill	_____
32	Mitchell, Leslie	Lake Superio	_____	80	Woodridge, Jade	Seton Hill	_____
33	Davis, Olivia	Liberty	_____	81	Brown, Faith	Shaw	_____
34	Lopez, Asten	Liberty	_____	82	Jennings, Iesha	Shaw	_____
35	Spruel, Sherri	Liberty	_____	83	Swift, Khirya	Shaw	_____
36	Stinnett-Perry, Rajon	Liberty	_____	84	Wells, Antoinette	Shaw	_____
37	Mitchell, Amber	LIU Brooklyn	_____	85	Williams, Destinee	Shaw	_____
38	Williams, Bryanna	LIU Brooklyn	_____	86	Moroco, Emily	Slippery Roc	_____
39	Butler, Anietra	Loyola	_____	87	Swartzbaugh, Cassandra	Slippery Roc	_____
40	Walker, Breanna	Loyola	_____	88	Wetzel, Katelyn	Slippery Roc	_____
41	Ruffener, Corrina	Malone	_____	89	Zampetti, Samantha	Slippery Roc	_____
42	Akeredolu, Tofunmi	Michigan	_____	90	Bien-Aime, Jasmine	So. Conn. St	_____
43	Cahill, Charlotte	Michigan	_____	91	Van Gilder, Rachel	So. Conn. St	_____
44	Unachukwu, Ada	Michigan	_____	92	Bandy, Vashti	S Carolina	_____
45	Hill, Janae	Mich State	_____	93	Gray, Gabby	S Carolina	_____
46	Ross, Chelsea	Mich State	_____	94	Johnson, Ahty	S Carolina	_____
47	Westney, Jellisa	Mich State	_____	95	Murphy, Alexis	S Carolina	_____
48	Williams, TeJuanna	Mich State	_____	96	Marshall-Wheaton,	St. Aug's	_____
				97	Mitchell, Morgan	St. Aug's	_____
				98	Parker, Zikeena	St. Aug's	_____
				99	McDougald, Kasha	Tennessee	_____
				100	Townsend, Jazmen	Tennessee	_____
				101	Darby, Brittany	Tiffin	_____
				102	Jefferson, Maia	Tiffin	_____
				103	Scott, Theresa	Tiffin	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 1 ...(Women 100 M Prelims)

Name	School	Seed Time
104 Darden, Chelsea	Unattached	_____
105 davis, demetria	Unattached	_____
106 Eba, Marie-Jeanne	Unattached	_____
107 Farr, Jessica	Unattached	_____
108 Gilbert, Diandra	Unattached	_____
109 Hicks, Shakiyla	Unattached	_____
110 Jones, Cambrya	Unattached	_____
111 Saunders, Jernise	Unattached	_____
112 Saunders, Nicole	Unattached	_____
113 Crawford, Colby	UNC-Asheville	_____
114 Cottle, Cidney	UNC-Greensbo	_____
115 Fisher, Ravin	UNC-Greensbo	_____
116 Miller, Jasmine	UNC-Greensbo	_____
117 Tyson, Natasha	UNC-Greensbo	_____
118 Ford, Damita	UNC-Pembroke	_____
119 Funderburk, Fatima	UNC-Pembroke	_____
120 Bray, Simmie	USC Upstate	_____
121 Briggs, Heaven	USC Upstate	_____
122 Johnson, Brenicke	USC Upstate	_____
123 Nock, Dominique	USC Upstate	_____
124 Tolliver, Semaj	USC Upstate	_____
125 Powell, Ronnie	Virginia-Lyn	_____
126 Gathings, Mytoia	WFU	_____
127 Conner, Kaitlyn	Wheeling Jes	_____
128 Hall, Janey	Wheeling Jes	_____
129 White, Ashley	Wheeling Jes	_____
130 Grambling, Nina	Youngstown S	_____
131 Jarrett, Ciara	Youngstown S	_____
132 Washington, Alexis	Youngstown S	_____

Event 2 Women 200 M Invitational**Saturday 3/30/2013 - 4:05 PM****COLLEGIATE ONLY****Sections/Heats will be run Fastest to Slowest****EVENT WILL BE SEEDED AFTER CHECK-IN**

Raleigh Rel.: 22.83 2001		Latasha Colander	
Name	School	Seed Time	
1 Edgerson, Jasmine	Clemson	_____	
2 Smith-Jenkins, Deysha	Connecticut	_____	
3 Bertling, Karissa	ETSU	_____	
4 Harrison, Emami	ETSU	_____	
5 McGee, Cierra	George Mason	_____	
6 Arnold, Alicia	Lake Erie	_____	
7 Mitchell, Leslie	Lake Superio	_____	
8 Walker, Breanna	Loyola	_____	
9 Cahill, Charlotte	Michigan	_____	
10 Ofili, Cindy	Michigan	_____	
11 Evans, Alicia	Mich State	_____	
12 Westney, Jellisa	Mich State	_____	
13 Williams, TeJuanna	Mich State	_____	
14 Gore, La'Creasha	NCCU	_____	
15 McCoy, Ashley	NCCU	_____	
16 Fonrose, Arielle	Pittsburgh	_____	

17 Hoyt, Jordan	Pittsburgh	_____
18 Lawrence, Jonnique	Pittsburgh	_____
19 Bien-Aime, Jasmine	So. Conn. St	_____
20 Murphy, Alexis	S Carolina	_____
21 Darden, Chelsea	Unattached	_____
22 Graham, Ariaiah	Unattached	_____
23 Gathings, Mytoia	WFU	_____
24 Jarrett, Ciara	Youngstown S	_____

Event 3 Women 400 M**Friday 3/29/2013 - 3:35 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

Raleigh Rel.: 51.30 2000		Michelle Collins	
Name	School	Seed Time	
1 Lascelles, Tobiann	American Int	_____	
2 Carrigan, Anna	Belmont	_____	
3 Davis, Emily	Belmont	_____	
4 Dickens, Fallon	Belmont	_____	
5 Huning, Megan	Belmont	_____	
6 Williams, Tanisha	Belmont	_____	
7 Eicher, Catherine	Binghamton	_____	
8 Rambo, Taylor	BGSU	_____	
9 Sinclair, Brittany	BGSU	_____	
10 Sommerville, Natalie	BGSU	_____	
11 Weimer, Allison	BGSU	_____	
12 Reagan, Jordyn	California (_____	
13 Akai, Lynette	Campbell	_____	
14 Fate, Rudi	Campbell	_____	
15 Johnson, Blair	Campbell	_____	
16 Olds, Asia	Campbell	_____	
17 White, Layla	Cary,NC	_____	
18 Edgerson, Jasmine	Clemson	_____	
19 Horrocks, Christa	Col. of Char	_____	
20 Neal, Alexia	Col. of Char	_____	
21 Daley, Tiffany	Connecticut	_____	
22 Roper, Alexis	Duke RC	_____	
23 Bertling, Karissa	ETSU	_____	
24 Madden, Jacqueline	Elon	_____	
25 Wood, Rachel	Ferris State	_____	
26 Bethel, Kristin	George Mason	_____	
27 Robinson, Jasmine	George Mason	_____	
28 Weber, Sarah	George Mason	_____	
29 McCammon, Janae	Harrier Trac	_____	
30 Stolz, Michelle	High Point	_____	
31 Butzine, Ariel	Ill-Chicago	_____	
32 Acosta, Antonette	Indiana(PA)	_____	
33 Graham, Damirah	Indiana(PA)	_____	
34 McDaniel, Brooke	Indiana(PA)	_____	
35 Roberson, Christina	Indiana(PA)	_____	
36 Wareham, Marina	Indiana(PA)	_____	
37 Harpster, Anna	JMU	_____	
38 McDonald, Maria	JMU	_____	
39 Morris, Ciarra	JMU	_____	
40 Simmons, Destiny	JMU	_____	

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Event 3 ...(Women 400 M)

Name	School	Seed Time			
41 Simmons, Kalyn	JMU	_____	94	Cavanaugh, Chelsea	Seton Hill
42 Haith, Briana	Junior Strid	_____	95	Ruggeri, Chelsea	Seton Hill
43 Flemming, Monique	Kingsborough	_____	96	Thornily, Alex	Seton Hill
44 Fluker, Shanita	Lake Erie	_____	97	Baker, Moneaque	Shaw
45 Smith, Samantha	Lake Erie	_____	98	Brown, Faith	Shaw
46 Apon, Christianna	Liberty	_____	99	Farmer, Tashonna	Shaw
47 Bedell, Corinn	Liberty	_____	100	Joy, Philicia	Shaw
48 Bridges, Kiara	Liberty	_____	101	Wells, Antoinette	Shaw
49 Crittenden, Brittany	Liberty	_____	102	Moroco, Emily	Slippery Roc
50 Ley, Kelli	Liberty	_____	103	Nowakowski, Lexie	Slippery Roc
51 Thompson, Brenna	Lipscomb	_____	104	Powis, Janine	Slippery Roc
52 Anderson, Katrina	LIU Brooklyn	_____	105	Wetzel, Katelyn	Slippery Roc
53 Watson, Josephine	LIU Brooklyn	_____	106	Zampetti, Samantha	Slippery Roc
54 Williams, Shakia	LIU Brooklyn	_____	107	Hill, Sarah	So. Conn. St
55 Davis, Amber	Loyola	_____	108	Green, Christal	S Carolina
56 Kinney, Jade	Loyola	_____	109	Rodriques, Nadonna	S Carolina
57 Kuss, Krista	Loyola	_____	110	Ashman, Sherri-Ann	St. Aug's
58 Avery, Ashton	Malone	_____	111	Bennett, Latricia	St. Aug's
59 Clifford, Lily	Michigan	_____	112	Bernard, Nicketa	St. Aug's
60 Onimo, Chinyere	Michigan	_____	113	Dumont, Akeisha	St. Aug's
61 Bodenbach, Alysso	Mich State	_____	114	Lynch, Cherrisse	St. Aug's
62 Evans, Alicia	Mich State	_____	115	Honeycutt, Charity	Tennessee
63 Williams, Noriah	Mich State	_____	116	Jackson, Brittney	Tennessee
64 Meyer, Megan	Millersville	_____	117	Johnson, Ty-Vonna	Tennessee
65 Naughton, Kayla	Millersville	_____	118	Petree, Julia	Tennessee
66 Candelaria, Nichole	Morgan State	_____	119	Ruff, Kianna	Tennessee
67 Cooley, Tere	Morgan State	_____	120	Banks, Robyn	Tiffin
68 Sogbesan, Ekundayo	Morgan State	_____	121	Deskins, Taylor	Tiffin
69 Maxy, Wislande	Mount Olive	_____	122	Longino-Thomas,	Tiffin
70 Taylor, Jasmine	Mount Olive	_____	123	Dixon, Christina	Track Easter
71 Bygraves, Roshel	NC A&T	_____	124	Bowman, Courtney	Unattached
72 McCrary, Jade	NC A&T	_____	125	Brickhill, Micah	Unattached
73 Morris, Brittanie	NC A&T	_____	126	Darden, Chelsea	Unattached
74 Rush, Kristin	NC A&T	_____	127	Eba, Marie-Jeanne	Unattached
75 Gore, La'Creasha	NCCU	_____	128	Farr, Jessica	Unattached
76 Hudson, Sararesa	NCCU	_____	129	Price, Chanelle	Unattached
77 Hunt, Syrta	NCCU	_____	130	Saunders, Nicole	Unattached
78 Landy, Christa	NCCU	_____	131	Teague, Tiana	Unattached
79 Long, Ikea	NCCU	_____	132	Gelbach, Anna	UNC-Ashevill
80 Ford, Denae	NC State	_____	133	Kalmeijer, Alyska	UNC-Ashevill
81 McGuire, Colleen	NC State	_____	134	Lashway, Alyssa	UNC-Ashevill
82 Roberts, Sharese	NC State	_____	135	Crans, Taylor	USC Upstate
83 Cronin, Julie	NIU	_____	136	Edmond, Ashley	USC Upstate
84 Guo, Lydia	NYU	_____	137	Elliott, Rebecca	USC Upstate
85 Spring, Caroline	NYU	_____	138	Thomas, Sarah	USC Upstate
86 Washington, Drew	NYU	_____	139	White, Sierra	USC Upstate
87 Alabi, Funmi	Pittsburgh	_____	140	Brown, Qualitra	Villanova
88 Fonrose, Arielle	Pittsburgh	_____	141	Dowd, Frances	VT
89 Hoyt, Jordan	Pittsburgh	_____	142	Hayes, Ashley	VT
90 Lawrence, Jonnique	Pittsburgh	_____	143	Mitchell, Shalonda	VT
91 Lee, Jordan	Pittsburgh	_____	144	Morton, Shannon	VT
92 Blanco, Danielle	Samford	_____	145	Myers, Britani	VT
93 Cope, Ashley	Samford	_____	146	Smiljanec, Katarina	VT
			147	Smith, Amanda	VT
			148	Soistmann, Leigh Ann	VT

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 3...(Women 400 M)

	Name	School	Seed Time
149	Barr, Myesha	WFU	_____
150	Dekine, Brianna	WFU	_____
151	Fluharty, Victoria	Wheeling Jes	_____
152	Hutchinson, Aubrey	Wheeling Jes	_____
153	Lent, Olivia	Wheeling Jes	_____
154	Novotny, Julia	Wheeling Jes	_____
155	Bost, Abigail	Wingate	_____
156	Brown, Katie	Wingate	_____
157	Calhoun, Lauren	Wingate	_____
158	Cull, Brooke	Wingate	_____
159	Mocilnikar, Mckenzi	Wingate	_____
160	Coonfare, Heather	Youngstown S	_____
161	Cooper, Alexis	Youngstown S	_____
162	Pachol, Nicole	Youngstown S	_____
163	Vanwright, Alteeka	Youngstown S	_____

Event 9 Women 100 M Hurdles Prelims**Friday 3/29/2013 - 12:21 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

	Raleigh Rel.:	12.96	1997	Melissa Morrison	
	Name	School	Seed Time		
1	Bennett, Cassandra	American Int	_____		
2	Miller, Jenna	American Int	_____		
3	Noble, Shantel	American Int	_____		
4	Patterson, Jasmine	American Int	_____		
5	Sobah, Tonique	American Int	_____		
6	Linklater, Jilian	Belmont	_____		
7	Arthur, Kierra	Binghamton	_____		
8	AuPont, Ashley	Binghamton	_____		
9	Wickes, Sara	Binghamton	_____		
10	Taylor, Demetra	BGSU	_____		
11	Howell, Jacklyn	Bulldog Elit	_____		
12	Collins, Mariah	Campbell	_____		
13	Fate, Rudi	Campbell	_____		
14	Holston, Ciera	Col. of Char	_____		
15	McDonald, Brianna	Col. of Char	_____		
16	Belot, Odrine	Connecticut	_____		
17	Bikanova, Saija	Connecticut	_____		
18	Bowens, Sarah	Connecticut	_____		
19	Scott, Chantal	Connecticut	_____		
20	Seward, Miray	Duke RC	_____		
21	Alexander, Nicole	ETSU	_____		
22	Edgecombe, Demeteria	ETSU	_____		
23	Bemis, Tabitha	Edinboro	_____		
24	Dietrich, Brianne	Edinboro	_____		
25	Smigiera, Stephanie	Edinboro	_____		
26	Briscoe, Shavon	George Mason	_____		
27	Stolz, Michelle	High Point	_____		
28	Schuh, Aimee	Ill-Chicago	_____		
29	Monk, Jennifer	JMU	_____		
30	Waddell, Jasmine	JMU	_____		
31	Moore, Jasmine	Junior Strid	_____		

32	Jones, Keona	Ky State	_____
33	Jones, Tiffany	Ky State	_____
34	Jorgensen, Ariana	Lake Erie	_____
35	Mitchell, Leslie	Lake Superior	_____
36	Bamford, Audrey	Liberty	_____
37	Brandon, Riley	Liberty	_____
38	Jackson, Erika	Liberty	_____
39	Grant, Shanice	LIU Brooklyn	_____
40	Richard, Jamesha'	LIU Brooklyn	_____
41	Thomas, Camille	LIU Brooklyn	_____
42	Ruffener, Corrina	Malone	_____
43	Busbee, Erin	Michigan	_____
44	Ofilii, Cindy	Michigan	_____
45	Sherzer, Elizabeth	Michigan	_____
46	Smith, Amber	Michigan	_____
47	Quince, Shamaz	Mich State	_____
48	Ross, Chelsea	Mich State	_____
49	Waller, Monae	Morgan State	_____
50	Ellick, Tiffany	NC A&T	_____
51	Morris, Brittanie	NC A&T	_____
52	Ballard, Anthonia	NCCU	_____
53	Conquest, Delesha	NCCU	_____
54	Wanamaker, Jasmine	NCCU	_____
55	Darden, Chelsea	NC State	_____
56	Perry, Alexis	NC State	_____
57	Kemp, Tory	UNC	_____
58	Stuckey, Khadija	UNC	_____
59	Wilson, Jasmine	UNC	_____
60	Peabody, Breanna	Oakland	_____
61	Piper, Gabrielle	Penn	_____
62	Scott, Amber	Penn	_____
63	Yankelev, Eliana	Penn	_____
64	Conde, Mariame	Pittsburgh	_____
65	Ryan, Natalie	Pittsburgh	_____
66	Scott, Chelsea	Pittsburgh	_____
67	Taylor, Taranisha	Pittsburgh	_____
68	Thompson, Evann	Pittsburgh	_____
69	Davis, Ariel	Platinum Spo	_____
70	Ro, Mystique	Queens Alumn	_____
71	Cope, Ashley	Samford	_____
72	Graf, Leslie	Samford	_____
73	McDonald, Julie	Samford	_____
74	Malara, Nicole	Seton Hill	_____
75	Walton, Ashton	Seton Hill	_____
76	Green, Briana	Shaw	_____
77	Scruggs, Dshanna	Shaw	_____
78	Williams, Destinee	Shaw	_____
79	Parris, London	Slippery Roc	_____
80	Weinheimer, Summer	Slippery Roc	_____
81	Carter, Marvline	So. Conn. St	_____
82	Beckles, Kierre	S Carolina	_____
83	Brockington, Tyler	S Carolina	_____
84	Johnson-Green, Desiree	St. Aug's	_____
85	Lassiter, Shamia	St. Aug's	_____
86	McDougald, Kasha	Tennessee	_____

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Performance List

Event 9 ... (Women 100 M Hurdles Prelims)

Name	School	Seed Time
87 Anderson, Kiona	Tiffin	_____
88 Davis, Chyna	Tiffin	_____
89 Ellks, Kayla	Tiffin	_____
90 Ghaffar, Aminah	Unattached	_____
91 Golladay, Michaylin	Unattached	_____
92 Williams, Mollie	Unattached	_____
93 wynn, anene	Unattached	_____
94 Harkavy, Molly	UNC-Ashevil	_____
95 Bailey, Meagan	USC Upstate	_____
96 Walls, Brittany	USC Upstate	_____
97 Walden, Emerald	Villanova	_____
98 Golden, Montasia	WFU	_____
99 Dobrovich, Lacey	Wheeling Jes	_____
100 Hall, Janey	Wheeling Jes	_____
101 Greene, Jabrea	Wingate	_____
102 Kosiorek, Laura	Youngstown S	_____
103 Pachol, Nicole	Youngstown S	_____

Event 10 Women 400 M Hurdles**Saturday 3/30/2013 - 1:00 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest****Raleigh Rel.: 57.21 2000****Latasha Colander**

Name	School	Seed Time
1 Lascelles, Tobiann	American Int	_____
2 Sinclair, Brittany	BGSU	_____
3 Sommerville, Natalie	BGSU	_____
4 Taylor, Demetra	BGSU	_____
5 Howell, Jacklyn	Bulldog Elit	_____
6 Morrison, Tametris	Bulldog Elit	_____
7 Stevenson, Jasmine	California (_____
8 Collins, Mariah	Campbell	_____
9 Hope, Vanessa	Citadel	_____
10 Snyder, Abby	Duke RC	_____
11 Alexander, Nicole	ETSU	_____
12 Sember, Mia	Edinboro	_____
13 Luedke, Veronica	Elon	_____
14 Bethel, Kristin	George Mason	_____
15 Lorand, Lilla	High Point	_____
16 Stolz, Michelle	High Point	_____
17 Acosta, Antonette	Indiana(PA)	_____
18 Graham, Damirah	Indiana(PA)	_____
19 Matsko, Krista	Indiana(PA)	_____
20 Harpster, Anna	JMU	_____
21 Staton, Whitney	JMU	_____
22 Waddell, Jasmine	JMU	_____
23 Jones, Tiffany	Ky State	_____
24 Palm, Jade	Ky State	_____
25 Brandon, Riley	Liberty	_____
26 Jackson, Erika	Liberty	_____
27 Punch, Le'Ambre	Liberty	_____
28 McClain, Brittnay	LIU Brooklyn	_____
29 Stevens, Alea	LIU Brooklyn	_____

30 Carajohn, Candice	Loyola	_____
31 Smith, Amber	Michigan	_____
32 Williams, Alex	Michigan	_____
33 Pryor, Jaelynn	Mich State	_____
34 Seymour, Lindsey	Mich State	_____
35 Candelaria, Nichole	Morgan State	_____
36 Morris, Brittanie	NC A&T	_____
37 Ballard, Anthonia	NCCU	_____
38 Conquest, Delesha	NCCU	_____
39 Hudson, Sararesa	NCCU	_____
40 Summerville, Regina	NCCU	_____
41 Floyd, Cori	UNC	_____
42 Rhodes, Heather	Northwood	_____
43 Peabody, Breanna	Oakland	_____
44 Yankelev, Eliana	Penn	_____
45 Conde, Mariame	Pittsburgh	_____
46 Ryan, Natalie	Pittsburgh	_____
47 Scott, Chelsea	Pittsburgh	_____
48 Thompson, Evann	Pittsburgh	_____
49 Bridenbaugh, Ashley	Samford	_____
50 Demedicis, Marie	Samford	_____
51 Williams, Destinee	Shaw	_____
52 Parris, London	Slippery Roc	_____
53 Swartzbaugh, Cassandra	Slippery Roc	_____
54 Weinheimer, Summer	Slippery Roc	_____
55 Carter, Marvline	So. Conn. St	_____
56 Allen, Amber	S Carolina	_____
57 Harris, Tamera	S Carolina	_____
58 Bacote, Jaivairia	St. Aug's	_____
59 Blair, Gentel	St. Aug's	_____
60 Johnson-Green, Desiree	St. Aug's	_____
61 Mullins, Bessie	St. Aug's	_____
62 Ngondi, Carole	St. Aug's	_____
63 Anderson, Kiona	Tiffin	_____
64 Anderson, Tiffany	Tiffin	_____
65 Ghaffar, Aminah	Unattached	_____
66 Saunders, Nicole	Unattached	_____
67 Teague, Tiana	Unattached	_____
68 Harkavy, Molly	UNC-Ashevil	_____
69 Elliott, Rebecca	USC Upstate	_____
70 Bohi, Mary	Villanova	_____
71 Dismuke, Faith	Villanova	_____
72 Golden, Montasia	WFU	_____
73 Dobrovich, Lacey	Wheeling Jes	_____
74 Hutchinson, Aubrey	Wheeling Jes	_____
75 Mociinikar, Mckenzi	Wingate	_____
76 Pachol, Nicole	Youngstown S	_____

2013
adidas Raleigh Relays



Women's
Distance Sections

*Please make note of each sections schedule
starting time.*

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Event 148 Women 3000 M Steeplechase Section III**Friday 3/29/2013 - 9:00 AM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Nicosia, Shelby	Coastal Car	_____
2	Benn, Janessa	NC A&T	_____
3	Burgess, Kelsey	Northwood	_____
4	Robichaud, Brittany	Northwood	_____
5	Savarese, Michelle	JMU	_____
6	Bagwell, Angelica	Slippery Roc	_____
7	Dobbs, Laura	JMU	_____
8	Long, Chelsea	Mount Olive	_____
9	Beauvaus, Danielle	King	_____
10	Bush, Chelsey	Campbell	_____
11	McNaughton, Kathryn	Williams	_____
12	Brandli, Meagan	Clemson	_____
13	Caldwell, Krista	Slippery Roc	_____
14	Williams, T'nay	Delaware Sta	_____
15	Williams, Katie	IUPUI	_____
16	Lombardo, Jamie	Tiffin	_____

Event 146 Women 5000 M Section VI**Friday 3/29/2013 - 9:20 AM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Bennett, Jessica	Slippery Roc	_____
2	Lenkowski, Kelsey	Northwood	_____
3	Theil, Chloe	Northwood	_____
4	Trammel, Kristen	Unattached	_____
5	MacBeth, Erin	Elon	_____
6	Born, Kathryn	Pittsburgh	_____
7	Petro, Clarissa	Mount Olive	_____
8	Lira, Morgan	Morehead Sta	_____
9	Colquitt, Caillian	Citadel	_____
10	Riggins, Julie	IUPUI	_____
11	Powers, Stephanie	Pittsburgh	_____
12	Moen, Jenna	Pittsburgh	_____
13	Jordan, Christina	Mount Olive	_____
14	Smith, Samantha	Tiffin	_____
15	Bregel, Jackie	Coastal Car	_____
16	Bomar, Kate	Morehead Sta	_____
17	Chaney, Hannah	USC Upstate	_____
18	Black, Jennifer	UNC-Ashevill	_____
19	Stoutenburgh, Laurie	Morehead Sta	_____
20	Waddell, Rachael	Wheeling Jes	_____
21	Page, Chelsea	Liberty	_____
22	Gethin, Erin	USC Upstate	_____
23	Knapp, Chelsea	Tiffin	_____
24	Schultz, Courtney	Campbell	_____
25	Hoffman, Austin	Wingate	_____
26	Eckman, Paige	Unattached	_____
27	Atwood, Samantha	Youngstown S	_____
28	Marcum, Lindsay	Morehead Sta	_____
29	Smith, Ashley	Youngstown S	_____
30	Burton, Kayla	Morehead Sta	_____
31	Metz, Daniellle	Unattached	_____
32	Lombardo, Jamie	Tiffin	_____

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Event 141 Women 5000 M Section V**Friday 3/29/2013 - 9:45 AM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Anderson, Paige	Pittsburgh	_____
2 Richards, Halle	Shawnee Stat	_____
3 Cady, Alexandra	Pittsburgh	_____
4 Boxheimer, Hillary	Pittsburgh	_____
5 Patten, Mackenzie	Milligan	_____
6 Sokol, Kendra	King	_____
7 Peterson, Cassandra	Oakland	_____
8 Wright, Meagan	Milligan	_____
9 Snapp, Kaitlin	Unattached	_____
10 Hanaway, Jordan	IUPUI	_____
11 Stockmaster, Brittany	Youngstown S	_____
12 Sams, Danielle	Col. of Char	_____
13 Retherford, Jamie	Shawnee Stat	_____
14 Reese, Elizabeth	Millersville	_____
15 Schott, Leah	Seton Hill	_____
16 Alexander, Aubrey	CED	_____
17 Bains, Sabina	Elon	_____
18 Cala, Megan	Seton Hill	_____
19 Parris, Caroline	Liberty	_____
20 Beauvaus, Danielle	King	_____
21 Jelinek, Caitlin	Binghamton	_____
22 Polite, Jasmine	USC Upstate	_____
23 Bigelow, Allie	Unattached	_____
24 Womack, Kylie	Elon	_____
25 Rivas, Natalia	Milligan	_____
26 Siska, Lindsey	High Point	_____
27 Arwood, Tabby	King	_____
28 Amori, Brittany	California (_____
29 Dorn, Kendra	UNC-Pembroke	_____
30 Fink, Sarah	Millersville	_____
31 Transue, Laura	USC Upstate	_____

Event 109 Women 5000 M Section IV**Friday 3/29/2013 - 10:10 AM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Kaltenbaugh, Brittany	Edinboro	_____
2 Anderson, Brittany	Ferris State	_____
3 Payne, Carolyn	JMU	_____
4 Thompson, Samantha	Indiana(PA)	_____
5 Kipchumba, Joyce	American Int	_____
6 Raffety, Leah	NIU	_____
7 Magliane, Rachel	Indiana(PA)	_____
8 Koenig, Katie	Indiana(PA)	_____
9 Oprean, Tina	Malone	_____
10 Dalton, Erin	UNC-Asheville	_____
11 Roth, Jillian	Akron	_____
12 Ciarniello, Monica	Youngstown S	_____
13 Hagen, Rachel	JMU	_____
14 Addison, Laura	Michigan	_____
15 Kent, Christine	S Carolina	_____
16 Berger, Stephanie	S Carolina	_____
17 Wood, Keeley	Wingate	_____
18 Kling, Erin	California (_____
19 Zanella, Alexandra	California (_____
20 McAuley, Claire	NIU	_____
21 Baranauskas, Marissa	Akron	_____
22 Ferrell, Evan	King	_____
23 Powell, Clair	UNC-Asheville	_____
24 Parker, Eliza	King	_____
25 Schuler, Madison	Malone	_____
26 Palmer, Jessica	ETSU	_____
27 Montague, Kelly	UNC-Greensbo	_____
28 Tracy, Ella	Loyola	_____
29 LaViste, Ericka	Loyola	_____
30 Link, Katy	UNC-Greensbo	_____
31 Guerra, Andrea	Queens Alumn	_____

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Event 108 Women 5000 M Section III**Friday 3/29/2013 - 10:30 AM****Raleigh Rel.: 15:59.33 1992****Gina Procaccio**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Maleski, Chloe	Duke RC	_____
2 Greenwood, Heidi	Unattached	_____
3 Ethier, Paige	Rhode Island	_____
4 Columbare, Lauren	Rhode Island	_____
5 Beaudette, Stephanie	Indiana(PA)	_____
6 Keller, Kirsten	NYU	_____
7 Young, Elizabeth	G'town RC	_____
8 Mathews, Alex	Michigan	_____
9 James, Darcy	UNH	_____
10 Alt, Andrea	BGSU	_____
11 Redman, Jasmine	BGSU	_____
12 Young, Rosa	Unattached	_____
13 Taddie, Alyssa	Indiana(PA)	_____
14 Hallenborg, Nicola	Michigan	_____
15 Kilburn, Meredith	WFU	_____
16 Miess, Ashley	UNC	_____
17 Mill, Meredith	S Carolina	_____
18 Boswell, Penny	S Carolina	_____
19 Bishop, Courtney	Belmont	_____
20 Wittman, Hannah	Belmont	_____
21 Holmes, Aundrea	UNC	_____
22 Etheridge, Adrian	UNC-Asheville	_____
23 Kulesz, Melanie	UNC-Asheville	_____
24 Serletti, Lacey	Williams	_____
25 Kezur, Kendra	BGSU	_____
26 Bernard, Francis	Samford	_____
27 Novack, Melanie	Savannah Art	_____

Event 139 Women 1500 M Sect 5-10**Friday 3/29/2013 - 5:30 PM**

Lane Name	School	Seed Time
Section 1 of 6 Finals		
1 Koskinen, Paige	Ferris State	_____
2 Hild, Katie	Millersville	_____
3 Thomas, LaChelsie	Coastal Car	_____
4 Morris, Alex	Morehead Sta	_____
5 Mattingly, Amy	IUPUI	_____
6 Sizemore, Audrey	Queens Alumn	_____
7 Brooks, Leah	IUPUI	_____
8 Cobbs, Jasmine	St. Aug's	_____
9 Torres, Ashleigh	USC Upstate	_____
10 Horneff, Danielle	USC Upstate	_____
11 Hall, Allison	California (_____
12 Madison, Ashley	Tiffin	_____
13 Verkamp, Kaci	IUPUI	_____
14 Verschuren, Laura	Campbell	_____
15 Payne, Nia	USC Upstate	_____
16 Jones, Alisha	Delaware Sta	_____
17 Barnes, Tiana	Wingate	_____
18 Sacco, Dusty	Bentley	_____
19 Pettinella, Alix	Bentley	_____
20 Sigmon, Emily	Unattached	_____
21 Ferrell, Janay	NC A&T	_____
22 Hicks, Meredith	UNC-Greensbo	_____
23 Marshall, Elisabeth	Platinum Spo	_____
24 Robinson, Daisia	St. Aug's	_____
25 Wallen, Skyler	St. Aug's	_____
26 Workman, Whitney	Wheeling Jes	_____
27 Brown, Denita	Ky State	_____
28 White, Bethany	Queens Alumn	_____
29 Green, Sammara	Shaw	_____
30 Baker, Moneaque	Shaw	_____
31 Cianfrini, Lauren	Northwood	_____

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Section 2 of 6 Finals...(Event 139 Women 1500 M Sect

1	Veen, Dana	Belmont	_____
2	McDaivd, Breanna	Elon	_____
3	Burger, Audrey	Pittsburgh	_____
4	Tarovisky, Lauren	Morehead Sta	_____
5	Chatas, Sophie	Williams	_____
6	Andrews, Jasmyrn	Morehead Sta	_____
7	Kolesnitchenko, Anastasia	USC Upstate	_____
8	Richardson, Dasher	Delaware Sta	_____
9	Kalmeijer, Alyska	UNC-Ashevill	_____
10	Long, Amanda	Millersville	_____
11	Beamon, Scarlett	UNC-Ashevill	_____
12	Patten, Mackenzie	Milligan	_____
13	Beisel, Jackie	Indiana(PA)	_____
14	Kostka, Kornelia	Col. of Char	_____
15	Soistmann, Leigh Ann	VT	_____
16	Sisk, Sarah	NYU	_____
17	Stassen, Anna	NYU	_____
18	Russo, Katie	Liberty	_____
19	Lim, Borah	Williams	_____
20	Boykin, Kyndal	UNC-Pembroke	_____
21	Edwards, Kayla	Indiana(PA)	_____
22	Canze, Mary	Northwood	_____
23	Burkett, Sarah	Seton Hill	_____
24	Bliss, Molly	USC Upstate	_____
25	Smith, Kayla	Ferris State	_____
26	Haering, Sam	Wingate	_____
27	Robinson, Ashley	Delaware Sta	_____
28	Smith, Ashley	Youngstown S	_____
29	Zajac, Rachel	IUPUI	_____
30	Roe, Erika	Ferris State	_____

Section 3 of 6 Finals

1	Pacewicz, Christine	Elon	_____
2	Meserve, Jill	Clemson	_____
3	Frangos, Irene	Akron	_____
4	Yosef, Betel	Liberty	_____
5	Cornell, Liz	Tennessee	_____
6	Piper, Korinne	Pittsburgh	_____
7	Wright, Meagan	Milligan	_____
8	Lieberth, Karlie	Akron	_____
9	Magnuson, Hannah	Loyola	_____
10	Egan, Kelly	Loyola	_____
11	Dobbs, Erica	VT	_____
12	Stockmaster, Brittany	Youngstown S	_____
13	Mitchell, Shalonda	VT	_____
14	Gray, Hannah	VT	_____
15	Parks, Erica	Morehead Sta	_____
16	Moen, Jenna	Pittsburgh	_____
17	Richardson, Margaret	Williams	_____
18	Norman, Natalie	Morehead Sta	_____
19	Cooper, Alexis	Youngstown S	_____
20	Buda, Steph	Liberty	_____
21	Ovokaitys, Breeann	Ferris State	_____
22	Corsaro, Lily	NYU	_____
23	Kanach, Brittney	California (_____

Section 4 of 6 Finals

1	McCaslin, Caroline	Elon	_____
2	Gallagher, Jenny	Elon	_____
3	Taff, Ellie	Elon	_____
4	Coonfare, Heather	Youngstown S	_____
5	Elliott, Abigail	Binghamton	_____
6	Tomei, Emily	Malone	_____
7	Olson, Ali	NIU	_____
8	Del Piano, Cayla	Pittsburgh	_____
9	Rubino, Kelsie	UNC-Ashevill	_____
10	Davis, Kaitlyn	NC State	_____
11	Wynn, Jessie	Belmont	_____
12	Irvine, Anna	Samford	_____
13	Lowery, Patavia	Tennessee	_____
14	Tagoai, Ashli	BU	_____
15	Russo, Courtney	Liberty	_____
16	Kern, Jessica	Tiffin	_____
17	Dalton, Erin	UNC-Ashevill	_____
18	Duble, Jessica	Belmont	_____
19	Timboni, Mathilde	Queens Alumn	_____
20	Savage, Hannah	NIU	_____
21	Carter, Meagen	Seton Hill	_____

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Section 5 of 6 Finals...(Event 139 Women 1500 M Sect

1	Whitmore, Mary	Loyola	_____
2	Stearns, Rebecca	Loyola	_____
3	Dobbs, Courtney	VT	_____
4	Ryan, Niamh	Rhode Island	_____
5	Brillante, Frances	Rhode Island	_____
6	Brooks, Amber	NCCU	_____
7	Kucewicz, Hannah	Edinboro	_____
8	McMahon, Hayley	Col. of Char	_____
9	Tryon, Emily	Elon	_____
10	Peters, Melissa	ETSU	_____
11	Benson, Holly	Samford	_____
12	Hayes, Ashley	VT	_____
13	Zidd, Natalie	Akron	_____
14	Meredith, Maria	BGSU	_____
15	Novotna, Tereza	Elon	_____
16	Zaiter, Rebecca	Ill-Chicago	_____
17	Myers, Britani	VT	_____
18	Snapp, Nijgia	Tennessee	_____
19	Norton, Georgina	NYU	_____

Section 6 of 6 Finals

1	Twigg, Amanda	Lipscomb	_____
2	Ruiz, Maria	Charlotte	_____
3	Rankin, Mattison	Malone	_____
4	Girard, Lisa	Clemson	_____
5	Botham, Ashley	Belmont	_____
6	Foshee, Erin	NC State	_____
7	Henderson, Ryanna	NC State	_____
8	Christiansen, Jacy	Liberty	_____
9	Richards, Morgan	Charlotte	_____
10	Nuckols, Madalyn	VT	_____
11	Demedicis, Marie	Samford	_____
12	Cousens, Emily	NYU	_____
13	Pallotta, Lisa	ETSU	_____
14	Morrison, Leslie	Duke RC	_____
15	Seymour, Kelsey	JMU	_____
16	Dowd, Frances	VT	_____
17	Stewart, Kathleen	JMU	_____
18	Benn, Janessa	NC A&T	_____
19	Bellaran, Lindsey	Clemson	_____
20	Waggoner, Aubrey	WFU	_____
21	Crosson, Taylor	VT	_____

Event 111 Women 3000 M Steeplechase Section II**Friday 3/29/2013 - 6:35 PM****Raleigh Rel.: 10:18.87 2003****Dawn Cleary**

Lane Name	School	Seed Time	
Section 1 of 1 Finals			
1	Jones, Kasey	Edinboro	_____
2	Diacont, Margaret	Penn	_____
3	Eckert, Liana	Mich State	_____
4	Krasich, Kristina	Bull City Tr	_____
5	Johnson, Jaime	Ill-Chicago	_____
6	Martinez, Anya	Morehead Sta	_____
7	Freeland, Meggan	Mich State	_____
8	Greiner, Elizabeth	Binghamton	_____
9	Hatcher, Alexis	Binghamton	_____
10	Dennison, Jessica	Coastal Car	_____
11	Matthews, Ashley	Campbell	_____
12	Handchen, Ashleigh	Charlotte	_____
13	Pollard, Lauren	Charlotte	_____
14	Robbins, Samantha	Campbell	_____
15	Treichel, Katie	George Mason	_____
16	Nakamura, Jennifer	George Mason	_____
17	Wooten, Rachel	Samford	_____

Event 11 Women 3000 M Steeplechase Section I**Friday 3/29/2013 - 6:50 PM****Raleigh Rel.: 10:12.25 3/30/2012****Alyssa Kulik**

Lane Name	School	Seed Time	
Section 1 of 1 Finals			
1	Norman, Samantha	NC State	_____
2	Mercer, Erin	NC State	_____
3	Suess, Lea	Akron	_____
4	France, Chelsea	S Carolina	_____
5	Bussard, Emma	UNC-Asheville	_____
6	Mirecki, Brianne	Williams	_____
7	Clark, Chelsea	ETSU	_____
8	Feerst, Brianna	Clemson	_____
9	Skolubowicz, Emilia	Queens Alumn	_____
10	Ruiz, Maria	Charlotte	_____
11	Doherty, Lauren	NC State	_____
12	Berry, Ashley	Duke RC	_____
13	Malloy, Audrey	High Point	_____
14	Longden, Emily	Lipscomb	_____
15	Ehrhardt, Tess	Ill-Chicago	_____
16	Landwehr, Katie	Mich State	_____
17	O'Hea, Caroline	UNC	_____
18	Perry, Morgan	Pittsburgh	_____

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Event 143 Women 1500 M Section IV**Friday 3/29/2013 - 7:25 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Moore, Maria	Akron	_____
2 Zimmer, Lisa	S Carolina	_____
3 Todd, Anna	S Carolina	_____
4 Farley, Abby	Unattached	_____
5 Burr, Jamie	NIU	_____
6 Smiljanec, Katarina	VT	_____
7 Osika, Alyssa	Ferris State	_____
8 Gentry, Sarah	UNC-Asheville	_____
9 Willis, Morgan	Akron	_____
10 Marchini, Emily	Coastal Car	_____
11 Stassen, Sara	Mich State	_____
12 Fernandez, Claudia	American Int	_____
13 Swain, Angela	Mich State	_____
14 Smith, Amanda	VT	_____
15 Landry, Kristen	JMU	_____
16 Varsell, Amy	Bentley	_____
17 Sturges, Allison	Unattached	_____
18 Granger, Madison	Unattached	_____

Event 137 Women 1500 M Section III**Friday 3/29/2013 - 7:30 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Madsen, Hayley	Rhode Island	_____
2 Slatter, Maraya	Charlotte	_____
3 Heuer, Meghan	NIU	_____
4 Rapp, Sarah	VT	_____
5 Pines, Madison	Northwood	_____
6 Welch, Brianna	Duke RC	_____
7 Long, Nikki	BU	_____
8 McDonnell, Shannon	Yale	_____
9 Johnson, Amirah	Tennessee	_____
10 Pfeifer, Danielle	Michigan	_____
11 Chapman, Courtney	Villanova	_____
12 Weschler, Megan	Michigan	_____
13 Morton, Shannon	VT	_____
14 Leptich, Alex	Michigan	_____
15 Carnegie, Michaela	Michigan	_____
16 Delaney, Chelsea	Penn	_____
17 Brubaker, Ashley	WFU	_____

Event 105 Women 1500 M Section II**Friday 3/29/2013 - 7:35 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
Raleigh Rel.: 4:15.05 1990		Jasmin Jones
1 George, Samantha	NC State	_____
2 Blanton, Brianna	Clemson	_____
3 Barker, Erin	Clemson	_____
4 Handler, Brook	Michigan	_____
5 Supino, Chrissy	Unattached	_____
6 LeHardy, Annie	UNC	_____
7 Ballinger, Mary	Zap Fitness	_____
8 Alfano, Danielle	Unattached	_____
9 Bunker, Katie	Lipscomb	_____
10 Fahey, Caitlin	Bentley	_____
11 Carnett, Shawnee	Unattached	_____
12 Browne, Shannon	Villanova	_____
13 Craigie, Rebecca	Duke RC	_____
14 Panisse, Alexis	Tennessee	_____
15 Wilson, Veronica	Mich State	_____

Event 5 Women 1500 M Section I**Friday 3/29/2013 - 7:55 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
Raleigh Rel.: 4:15.05 1990		Jasmin Jones
1 Price, Chanelle	Unattached	_____
2 Lipari, Emily	Villanova	_____
3 Akande, Nicky	Villanova	_____
4 Piccirillo, Angel	Villanova	_____
5 Banks, Anima	Duke RC	_____
6 Margey, Kelsey	Villanova	_____
7 Hagans, Lauren	Unattached	_____
8 Iyevbele, Kenyetta	Unattached	_____
9 Schappert, Stephanie	Villanova	_____
10 O'Connor, Leah	Mich State	_____
11 Anthony, Natalie	Clemson	_____
12 Zrinyi, Julia	Connecticut	_____
13 Kroll, Sara	Mich State	_____
14 Moye, Megan	Unattached	_____
15 Cook, Summer	Villanova	_____
16 McNiff, Shauna	Connecticut	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists - Friday Track

Event 122 Girls 3200 M High School**Friday 3/29/2013 - 8:05 PM****Raleigh Rel.: 10:21.84 3/30/2012 Wesley Frazier**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Meshaw, Becky	West Johnsto	_____
2	Foreman, Sydney	Ardrey Kell	_____
3	Ellington, Malia	Comm. Davidson	_____
4	Beatty, Emily	Blacksburg H	_____
5	Doggett, Mary Grace	Cardinal Gib	_____
6	Miller, Laura	JL Mann High	_____
7	Hutchens, Victoria	Patrick Coun	_____
8	Pande, Nina	East Chapel	_____
9	Teague, Sydney	adidas Ralei	_____
10	Frazier, Wesley	Ravenscroft	_____
11	Ebihara, Sophie	Cardinal Gib	_____
12	Montgomery, Kayla	Mt Tabor Hig	_____
13	Dekker, Eliza	Durham Acade	_____
14	Van Ord, Tristan	Chapel Hill	_____
15	Castro, Allie	North Lincol	_____
16	Lospinoso, Kristen	Green Hope H	_____
17	Churchill, Tori	Grimsley Hig	_____
18	Anderson, Lily	TC Roberson	_____
19	Greengrass, Rebekah	Panther Cree	_____
20	Ewing-Nelson, Claire	Blacksburg H	_____
21	Ramsey, Blair	Grimsley Hig	_____
22	Teague, Samantha	adidas Ralei	_____
23	Gordon, Brooke	TC Roberson	_____
24	Kamrani, Pegah	East Chapel	_____
25	Wynn, Callie	West Davidso	_____
26	Fortner, Katie	Cave Spring	_____

Event 7 Women 5000 M Section I**Friday 3/29/2013 - 8:32 PM****Raleigh Rel.: 15:59.33 1992 Gina Procaccio**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Crouch, Sarah	Zap Fitness	_____
2	Lasnicki, Allison	Connecticut	_____
3	Gregson, Heidi	Furman Elite	_____
4	Ballinger, Mary	Zap Fitness	_____
5	Bush, Nicole	New Balance	_____
6	McNiff, Shauna	Connecticut	_____
7	Dow, Samantha	VT	_____
8	Eccleston, Amanda	Michigan	_____
9	Sara, Lauren	Connecticut	_____
10	Davidson, Hannah	Tennessee	_____
11	McFarlane, Rachel	Mich State	_____
12	Clark, Lindsay	Mich State	_____
13	Pogue, Taylor	Michigan	_____
14	Kayali, Nihal	Yale	_____
15	Maguire, Keely	UNH	_____
16	Sachtleben, Bethany	George Mason	_____
17	Hilton, Lindsey	Michigan	_____
18	Vegh, Kris	Unattached	_____
19	Stark, Emily	Yale	_____
20	D'Alessio, Lauren	Samford	_____
21	Marvin, Elizabeth	Yale	_____
22	Lobley, Kendra	Lipscomb	_____
23	Michael, Becki	CED	_____
24	Sullivan, Mindy	Unattached	_____
25	Sydow, Olivia	Mich State	_____
26	Hutton, Brittni	Oakland	_____
27	Roberts, Rachel	Samford	_____
28	McCoy, Kylie	UNC	_____
29	Rodgers, Megan	Mich State	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists - Friday Track

Event 107 Women 5000 M Section II**Friday 3/29/2013 - 9:20 PM****Raleigh Rel.: 15:59.33 1992****Gina Procaccio**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Oliver, Kaitlyn	WFU	_____
2	Manett, Taylor	Michigan	_____
3	Jones, Samantha	WFU	_____
4	Brewis, Courtney	Grand Valley	_____
5	Cherutich, Jeptui	American Int	_____
6	May, Hilary	G'town RC	_____
7	Slavens, Molly	Grand Valley	_____
8	Campbell, Catherine	G'town RC	_____
9	Gensib, Elyssa	Penn	_____
10	Oram, Allyson	Elon	_____
11	Brender, Melanie	Mich State	_____
12	Darling, Kathleen	WFU	_____
13	Fouse, Mary	S Carolina	_____
14	Rubin, Jessie	Duke RC	_____
15	Hirko, Katie	ETSU	_____
16	Hoefle, Tessa	Lipscomb	_____
17	Hale, Kayla	Duke RC	_____
18	Burnett, Lisa	Unattached	_____
19	Irving, Nicole	WFU	_____
20	Talbert, Madelin	Lipscomb	_____
21	Kenny, Kaleigh	Williams	_____
22	Lawrence, Maggie	Lipscomb	_____
23	Cousens, Emily	NYU	_____
24	Talty, Cara	Clemson	_____
25	Harvey, Alexa	NC State	_____
26	Fields, Minna	Lipscomb	_____
27	Watt, Alexandra	VT	_____
28	Morin, Dana	Duke RC	_____
29	Kvartunas, Paige	VT	_____

Event 8 Women 10000 M Section I**Friday 3/29/2013 - 9:53 PM****Raleigh Rel.: 32:24.06 2000****Cheri Kenah**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Matthews, Katie	BU	_____
2	Lampe, Kayla	S Carolina	_____
3	Stroud, Jeanne	Winthrop	_____
4	Krolick, Sarah	Edinboro	_____
5	Arsenault, Anisa	Fordham	_____
6	Camp, Nicole	Cleveland El	_____
7	Merritt, Halsey	NC State	_____
8	Saayman, Letitia	Coastal Car	_____
9	Hamilton, Amanda	Appalachian	_____
10	Williamson, Sarah	Appalachian	_____
11	Kanagy, Khristina	Liberty	_____
12	Ziemian, Sophia	Duke RC	_____
13	Keller, Kirsten	NYU	_____
14	Witt, Hannah	King	_____
15	Beattie, Elise	UNH	_____
16	Case, Stephanie	Slippery Roc	_____
17	Dawe, Haylee	Elon	_____
18	Bierut, Ellie	Unattached	_____
19	Stasiuk, Alexandra	American Int	_____
20	Pompeo, Anna	Youngstown S	_____
21	Lieberman, Hannah	Savannah Art	_____
22	Bujdos, Jeannie	Seton Hill	_____
23	Pellegrini, Cayla	UNH	_____
24	Berard, Victoria	Lehigh	_____
25	Cronley, Ginny	Unattached	_____
26	Truelove, Megan	Wheeling Jes	_____
27	Balbier, Katie	Wheeling Jes	_____
28	LiPira, Brittney	Shawnee Stat	_____
29	LeSage, Kristie	Unattached	_____
30	Kirby, Jackie	Unattached	_____
31	Thompson, Amber	Mount Olive	_____
32	Molke, Jen	Charlotte	_____
33	Stout, Kristen	Charlotte	_____
34	Phillips, Erin	UNH	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists - Saturday Track

Event 145 Women 10000 M Section II**Saturday 3/30/2013 - 9:30 AM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Ortiz, Amelia	Williams	_____
2	Miller, Danielle	Northwood	_____
3	Heney, Katey	Youngstown S	_____
4	Sutchar, Hana	Charlotte	_____
5	Mistretta, Meredith	Liberty	_____
6	Kaltenbaugh, Brittany	Edinboro	_____
7	Lang, Tiffany	Charlotte	_____
8	Edwards, Ashley	Charlotte	_____
9	Hunt, Kelsey	High Point	_____
10	McCauley, Meaghan	Appalachian	_____
11	Polatas, Sara	Malone	_____
12	O'Boyle, Megan	Savannah Art	_____
13	Downs, Rebecca	IUPUI	_____
14	Janak, Mary	Seton Hill	_____
15	MacDermott, Caragh	Charlotte	_____
16	Baker, Sarah	Akron	_____
17	Newby, Alex	Lipscomb	_____
18	Mulvey, Sarah	Millersville	_____
19	Menzie, Renee	Lipscomb	_____
20	Lucas, Ashley	NIU	_____
21	Zimak, Jessica	Wheeling Jes	_____
22	Pottratz, Michelle	Wheeling Jes	_____
23	Blackwell, Lauren	High Point	_____
24	Matson, Chelsea	Charlotte	_____
25	Hosier, Kasey	Shawnee Stat	_____
26	Smith, Amber	Shawnee Stat	_____
27	Dempsey, Emily	Seton Hill	_____
28	Petro, Morgan	Seton Hill	_____
29	Winters, Parker	Morehead Sta	_____
30	Dowd, Missy	Lipscomb	_____
31	Barrett, Katie	Indiana(PA)	_____
32	Williams, Krystal	Morehead Sta	_____
33	Lyons, Lauren	Indiana(PA)	_____
34	Donaldson, Kristen	Indiana(PA)	_____
35	Share, Yelena	Indiana(PA)	_____
36	Pinyan, Maleah	Unattached	_____
37	Wollenberg, Melanie	Wingate	_____
38	Stevens, Brianna	Wingate	_____
39	Fielitz, Lyndi	Liberty	_____
40	Knapp, Arielle	Shawnee Stat	_____
41	Nichols, Ashley	Bentley	_____
42	Boyd, Sarah	USC Upstate	_____
43	Colone, Jennifer	Tiffin	_____
44	Hunt, Lexi	IUPUI	_____

Event 4 Women 800 M Invitational**Saturday 3/30/2013 - 2:20 PM**

COLLEGIATE ONLY			
Raleigh Rel.: 2:03.69 2000		Charmaine Howell	
Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Iyevbele, Kenyetta	Unattached	_____
2	Zrinyi, Julia	Connecticut	_____
3	Akande, Nicky	Villanova	_____
4	Piccirillo, Angel	Villanova	_____
5	Lipari, Emily	Villanova	_____
6	Margey, Kelsey	Villanova	_____
7	Slatter, Maraya	Charlotte	_____
8	Pfeifer, Danielle	Michigan	_____
Section 2 of 3 Finals			
1	Schappert, Stephanie	Villanova	_____
2	Kott, Brooke	Unattached	_____
3	Davis, Amber	Loyola	_____
4	Moye, Megan	Unattached	_____
5	Tucker, Leanne	Villanova	_____
6	Dornevil, Ketsia	Delaware Sta	_____
7	Stearns, Rebecca	Loyola	_____
8	Lampman, Lauren	Mich State	_____
Section 3 of 3 Finals			
1	Kott, Britney	Unattached	_____
2	George, Samantha	NC State	_____
3	Dobbins, Marisa	UNC	_____
4	Gentry, Sarah	UNC-Ashevill	_____
5	Demedicis, Marie	Samford	_____
6	Taft, Paris	Connecticut	_____
7	Hewitt, KImone	Queens Alumn	_____
8	McNiff, Shauna	Connecticut	_____

2013
adidas Raleigh Relays



Women's
Relays

*Events will be seeded after check, please make sure
athletes check in AT LEAST 30 min prior to event!*

Raleigh Relays - 3/29/2013 to 3/30/2013
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Performance List

Event 41 Women 4x100 M**Saturday 3/30/2013 - 1:45 PM****EVENT WILL BE SEEDED AFTER CHECK-IN**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 44.27 2003

Team	Relay	Seed Time
1 Belmont		_____
2 Bulldog Elit		_____
3 California (_____
4 Campbell		_____
5 Citadel		_____
6 Connecticut		_____
7 ETSU		_____
8 Edinboro		_____
9 George Mason		_____
10 High Point		_____
11 Indiana(PA)		_____
12 JMU		_____
13 Junior Strid		_____
14 Ky State		_____
15 Lake Erie		_____
16 Liberty		_____
17 LIU Brooklyn		_____
18 Loyola		_____
19 Michigan		_____
20 Mich State		_____
21 Millersville		_____
22 Morgan State		_____
23 NCCU		_____
24 UNC		_____
25 Northwood		_____
26 Penn		_____
27 Pittsburgh		_____
28 Pittsburgh	B	_____
29 Samford		_____
30 Seton Hill		_____
31 Shaw		_____
32 Shaw	B	_____
33 Slippery Roc		_____
34 So. Conn. St		_____
35 S Carolina		_____
36 S Carolina	B	_____
37 St. Aug's		_____
38 Tiffin		_____
39 USC Upstate		_____
40 USC Upstate	B	_____
41 Virginia-Lyn		_____
42 Wheeling Jes		_____
43 Youngstown S		_____

Event 42 Women 4x200 M**Saturday 3/30/2013 - 2:55 PM****EVENT WILL BE SEEDED AFTER CHECK-IN**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 1:32.73 2003

Team	Relay	Seed Time
1 Belmont		_____
2 Binghamton		_____
3 BGSU		_____
4 Citadel		_____
5 Col. of Char		_____
6 Connecticut		_____
7 George Mason		_____
8 George Mason	B	_____
9 Indiana(PA)		_____
10 JMU		_____
11 JMU	B	_____
12 Junior Strid		_____
13 Lake Erie		_____
14 LIU Brooklyn		_____
15 LIU Brooklyn	B	_____
16 Mich State		_____
17 Mich State	B	_____
18 Northwood		_____
19 NYU		_____
20 Penn		_____
21 Pittsburgh		_____
22 Pittsburgh	B	_____
23 Queens Alumn		_____
24 Shaw		_____
25 S Carolina		_____
26 S Carolina	B	_____
27 St. Aug's		_____
28 Tiffin		_____
29 Virginia-Lyn		_____
30 Wingate		_____
31 Youngstown S		_____

Event 43 Women 4x400 M**Saturday 3/30/2013 - 4:45 PM****EVENT WILL BE SEEDED AFTER CHECK-IN**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 3:27.60 2000

Team	Relay	Seed Time
1 American Int		_____
2 BGSU		_____
3 California (_____
4 Campbell		_____
5 Connecticut		_____
6 ETSU		_____
7 Edinboro		_____
8 George Mason		_____
9 George Mason	B	_____
10 Indiana(PA)		_____

Raleigh Relays - 3/29/2013 to 3/30/2013
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Performance List

Event 43 ... (Women 4x400 M)

Team	Relay	Seed Time
11 JMU		_____
12 JMU	B	_____
13 Junior Strid		_____
14 Ky State		_____
15 Lake Erie		_____
16 Liberty		_____
17 LIU Brooklyn		_____
18 LIU Brooklyn	B	_____
19 Loyola		_____
20 Loyola	B	_____
21 Mich State		_____
22 Mich State	B	_____
23 Morgan State		_____
24 NC A&T		_____
25 NCCU		_____
26 NCCU	B	_____
27 NC State		_____
28 UNC		_____
29 Northwood		_____
30 NYU		_____
31 Penn		_____
32 Pittsburgh		_____
33 Pittsburgh	B	_____
34 Samford		_____
35 Seton Hill		_____
36 Shaw		_____
37 So. Conn. St		_____
38 S Carolina		_____
39 S Carolina	B	_____
40 St. Aug's		_____
41 St. Aug's	B	_____
42 Tiffin		_____
43 UNC-Asheville		_____
44 UNC-Asheville	B	_____
45 USC Upstate		_____
46 WFU		_____
47 Wheeling Jes		_____
48 Wingate		_____
49 Youngstown S		_____

8 Lake Erie		_____
9 Loyola		_____
10 Mich State		_____
11 Mich State	B	_____
12 NC A&T		_____
13 Northwood		_____
14 NYU		_____
15 Penn		_____
16 Queens Alumn		_____
17 So. Conn. St		_____
18 S Carolina		_____
19 Tiffin		_____
20 UNC-Greensbo		_____
21 Virginia-Lyn		_____
22 Wingate		_____
23 Wingate	B	_____

Event 46 Women 1600 Sprint Medley

Friday 3/29/2013 - 4:55 PM

EVENT WILL BE SEEDED AFTER CHECK-IN

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 3:46.08 2000

Team	Relay	Seed Time
1 Binghamton		_____
2 California (_____
3 Citadel		_____
4 Col. of Char		_____
5 Col. of Char	B	_____
6 High Point		_____
7 JMU		_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
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Start Lists

Event 44 Women 4x800 M**Saturday 3/30/2013 - 3:30 PM**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 8:37.41 1998

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 2 Finals

1	Tennessee		_____
2	Connecticut		_____
3	Michigan		_____
4	Tennessee	B	_____
5	Clemson		_____
6	Akron		_____
7	JMU		_____
8	Liberty		_____
9	Coastal Car		_____
10	Loyola		_____
11	ETSU		_____
12	Youngstown S		_____

Section 2 of 2 Finals

1	Delaware Sta		_____
2	Edinboro		_____
3	Morehead Sta		_____
4	USC Upstate		_____
5	Millersville		_____
6	Ferris State		_____
7	Citadel		_____
8	NYU		_____
9	Tiffin		_____
10	Wingate		_____
11	Bulldog Elit		_____
12	Bentley		_____

Event 45 Women 4x1500 M**Saturday 3/30/2013 - 11:10 AM**

Raleigh Rel.: 17:42.54 1999

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 1 Finals

1	Michigan		_____
2	Clemson		_____
3	Lipscomb		_____
4	Mich State		_____
5	Rhode Island		_____
6	Tennessee		_____
7	NIU		_____
8	High Point		_____
9	NYU		_____
10	Belmont		_____
11	Northwood		_____
12	Tiffin		_____

2013
adidas Raleigh Relays



Women's
Field Events

*Please make note of each sections schedule
starting time.*

Raleigh Relays - 3/29/2013 to 3/30/2013
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Event 129 Women High Jump Section II**Friday 3/29/2013 - 12:00 PM****Progression: 1.60, 1.65, 1.70, 1.75, 1.78, 1.81, 1.84****Raleigh Rel.: 1.86m 1999 Adriane Sims**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Davis, Chyna	Tiffin	_____
2	Ford, D'Wanda	Tiffin	_____
3	Bailey, Meagan	USC Upstate	_____
4	Lowe, Tayler	Morehead Sta	_____
5	wynn, anene	Unattached	_____
6	Kassab, Paige	Slippery Roc	_____
7	Matheny, Christina	Wingate	_____
8	Shaffer, Tori	Binghamton	_____
9	Powell, Shannon	Seton Hill	_____
10	Grier-Welch, Adeline	Mich State	_____
11	Bamford, Audrey	Liberty	_____
12	Willeford, Kristen	Liberty	_____
13	Brandon, Riley	Liberty	_____
14	Walls, Brittany	USC Upstate	_____
15	Wheeler, Morgan	Penn	_____
16	Mitchell, Cynteria	NCCU	_____
17	Seward, Miray	Duke RC	_____
18	Filla, Caitlynn	NC State	_____
19	Hartsough, Leanna	Youngstown S	_____
20	Morrow, Madeline	Duke RC	_____
21	Sherrill, Alexis	NCCU	_____
22	Perry, Alexis	NC State	_____
23	Jenkins, Brianna	Michigan	_____
24	Winiarski, Katie	Lake Superio	_____
25	Levermann, Nicole	Citadel	_____
26	Foster, Meredith	UNC-Asheville	_____
27	Prusky, Destiny	Lake Erie	_____
28	Linklater, Jilian	Belmont	_____
29	Chapman, Kristin	ETSU	_____
30	Adams, Danielle	NC State	_____

Event 12 Women High Jump Section I**Friday 3/29/2013 - 11:00 AM****Progression: 1.65, 1.70, 1.75, 1.78, 1.81, 1.84****Raleigh Rel.: 1.86m 1999 Adriane Sims**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Busbee, Erin	Michigan	_____
2	Gray, Nakita	NC A&T	_____
3	Boyd, Calsie	Seton Hill	_____
4	AuPont, Ashley	Binghamton	_____
5	West, Ashley	Slippery Roc	_____
6	Waller, Monae	Morgan State	_____
7	Bikanova, Saija	Connecticut	_____
8	Nitz, Sara	Michigan	_____
9	Wagner, Ashley	Youngstown S	_____
10	Caldwell, Nyki	WFU	_____
11	Shuman, Lacey	NC State	_____
12	Cribb, Jasmine	Connecticut	_____
13	Roberts, Ariel	UNC	_____
14	Bikanova, Ilva	Connecticut	_____
15	McLaren, Natasha	Connecticut	_____

Event 130 Women Pole Vault Section II**Saturday 3/30/2013 - 12:00 PM****Progression: 3.05-3.20-3.35-3.50-3.60-3.70-3.80****Raleigh Rel.: 4.26m 2002 Andrea Wildrick**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Ligore, Karlie	Youngstown S	_____
2	Walters, Bobbi	Belmont	_____
3	Vann, Kelly	Seton Hill	_____
4	Emmrich, Savannah	Citadel	_____
5	Davison, Toni	Seton Hill	_____
6	Nicolletta, Meghan	So. Conn. St	_____
7	Fraley, Chandler	Liberty	_____
8	Kessler, Ashley	ETSU	_____
9	Ropp, Hanna	Youngstown S	_____
10	Taylor, Chelsea	Col. of Char	_____
11	Schroeder, Angela	Slippery Roc	_____
12	DiMichele, Christy	Binghamton	_____
13	Bedsole, Laura	Samford	_____
14	Yvars, Rayna	Unattached	_____
15	Mangan, Tylar	S Carolina	_____
16	Clark, Kaitlyn	Slippery Roc	_____
17	Wall, Megan	S Carolina	_____

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Paul Derr Track, Raleigh, NC
Start Lists

Event 13 Women Pole Vault Section I**Saturday 3/30/2013 - 11:00 AM****Progression: 3.20, 3.35, 3.50, 3.65, 3.75, 3.85, 3.95****Raleigh Rel.: 4.26m 2002 Andrea Wildrick**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Cope, Ashley	Samford	_____
2	Parker, Shelley	Liberty	_____
3	Grecni, Michelle	So. Conn. St	_____
4	Powell, Kassie	Mich State	_____
5	Bond, Caroline	Clemson	_____
6	Birkmeier, Sarah	Mich State	_____
7	Wesley, Victoria	Michigan	_____
8	Adair, Katie	WFU	_____
9	Impellizzeri, Amanda	Mich State	_____
10	Overstreet, Cameron	UNC	_____
11	Olsen, Petra	S Carolina	_____
12	Tobel, Kiley	Michigan	_____

Event 14 Women Long Jump Section I**Friday 3/29/2013 - 2:30 PM****Top 9 marks advance to final****Minimum Mark- 5.50 (18-0)****Raleigh Rel.: 6.88m 1999 Marion Jones**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Graham, Ariah	Unattached	_____
2	Washington, DeMiracle	Unattached	_____
3	Nathan, Starr	American Int	_____
4	Ajavon, Laurie	Indiana(PA)	_____
5	McDonald, Marissa	JMU	_____
6	Carajohn, Candice	Loyola	_____
7	Finch, Brittni	St. Aug's	_____
8	Brooks, Erin	WFU	_____
9	Bemis, Tabitha	Edinboro	_____
10	Evans, Jacinda	UNC	_____
11	Williams, Christhawn	UNC	_____
12	Stacey, Ashley	Mich State	_____
13	Shepherd, Karimah	NC State	_____

Flight 2 of 2 Finals

1	Golden, Montasia	WFU	_____
2	Power, Brittany	Connecticut	_____
3	Nock, Dominique	USC Upstate	_____
4	Murray, Alexis	Binghamton	_____
5	Rohwer, Melissa	Liberty	_____
6	Kryst, Cheslie	S Carolina	_____
7	Outerbridge, Allison	Tennessee	_____
8	McDougald, Kasha	Tennessee	_____
9	Ellks, Kayla	Tiffin	_____
10	Perry, Alexis	NC State	_____
11	Kinlaw, Courtney	ETSU	_____
12	Akeredolu, Tofunmi	Michigan	_____

Event 131 Women Long Jump Section II**Friday 3/29/2013 - 11:00 AM****Minimum Mark- 5.35 (17-6)****Three attempts only****Raleigh Rel.: 6.88m 1999 Marion Jones**

Pos	Name	School	Seed Mark
Flight 1 of 5 Finals			
1	Cope, Ashley	Samford	_____
2	Staton, Whitney	JMU	_____
3	Wilson, Janae	Delaware Sta	_____
4	Fate, Rudi	Campbell	_____
5	Schuh, Aimee	Ill-Chicago	_____
6	Brooks, Shakinah	Bulldog Elit	_____
7	Burns, Mariah	Slippery Roc	_____
8	Corum, Ashley	Pittsburgh	_____
9	Burley, Lexie	ETSU	_____
10	Riley, Melodee	Connecticut	_____
11	Privette, Lauren	JMU	_____
12	Bednar, Colleen	Lake Erie	_____
13	Johnson, Tristine	UNC	_____
14	Hudson, Briana	UNC	_____
15	Ford, D'Wanda	Tiffin	_____
16	Monteleone, Kelly	ETSU	_____

Flight 2 of 5 Finals

1	Belot, Odrine	Connecticut	_____
2	Yankelev, Eliana	Penn	_____
3	Daniels, Jazueline	NC State	_____
4	Monk, Jennifer	JMU	_____
5	Tchume, Ama-Selina	Junior Strid	_____
6	Koloski, Julia	Pittsburgh	_____
7	Kemp, Tory	UNC	_____
8	Jarrett, Ciara	Youngstown S	_____
9	Dietrich, Brianne	Edinboro	_____
10	Bikanova, Saija	Connecticut	_____
11	Townsend, Jazmen	Tennessee	_____
12	Glover, RoShani	Col. of Char	_____
13	Jemmott, Katea	George Mason	_____
14	Franklin, Tori	Mich State	_____
15	Bowens, Sarah	Connecticut	_____

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Flight 3 of 5 Finals...(Event 131 Women Long Jump Section

1	Lassiter, Shamia	St. Aug's	_____
2	Stokes, Shawanda	USC Upstate	_____
3	Quince, Shamaz	Mich State	_____
4	Shell, Imani	California (_____
5	Bowens, Kirsten	St. Aug's	_____
6	Kedra, Courtney	Duke RC	_____
7	Miller, Jenna	American Int	_____
8	Bryant, Brittany	American Int	_____
9	Grambling, Nina	Youngstown S	_____
10	Ellick, Tiffany	NC A&T	_____
11	Mitchell, Amber	LIU Brooklyn	_____
12	Hawkins, Alexis	Seton Hill	_____
13	Jones, Janae	Liberty	_____
14	West, Ashley	Slippery Roc	_____

Flight 4 of 5 Finals

1	Sampair, Scotti	ETSU	_____
2	Thomas, Sarah	USC Upstate	_____
3	Bamford, Audrey	Liberty	_____
4	Carter, Jasmine	LIU Brooklyn	_____
5	Walls, Brittany	USC Upstate	_____
6	Jones, Kanesha	Mount Olive	_____
7	Taylor, Samantha	Slippery Roc	_____
8	Parker, Tiera	BGSU	_____
9	Brown, Aerostata	Mount Olive	_____
10	Reid, Danielle	Shaw	_____
11	Tarver, Alyssa	Shaw	_____
12	Wilson, Crystal	Shaw	_____
13	Reid, Jacquelyn	Campbell	_____
14	Alexander, Ambria	Shaw	_____
15	Moore, Morgan	Shaw	_____

Flight 5 of 5 Finals

1	Conner, Kaitlyn	Wheeling Jes	_____
2	wynn, anene	Unattached	_____
3	Jenkins, Jaszlyn	Campbell	_____
4	Soul, Bronte	Slippery Roc	_____
5	Spencer, Angel	Campbell	_____
6	Beauregard, Alison	Col. of Char	_____
7	Young, Chelsea	Northwood	_____
8	Roberts, Lauren	UNC	_____
9	Jones, Keona	Ky State	_____
10	Malara, Nicole	Seton Hill	_____
11	Powell, Shannon	Seton Hill	_____
12	Kassab, Paige	Slippery Roc	_____
13	Wrieden, Sarah	Belmont	_____
14	Crittenden, Brittany	Liberty	_____
15	Woodridge, Jade	Seton Hill	_____
16	Darden, Chelsea	NC State	_____
17	Scott, Theresa	Tiffin	_____
18	Forrester, Tonika	Binghamton	_____

Event 15 Women Triple Jump Section I**Saturday 3/30/2013 - 2:00 PM****Top 9 marks advance to final****Minimum Mark- 11.10 (36' 6")****Raleigh Rel.: 13.72m 2000****Nichole Gamble**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Outerbridge, Allison	Tennessee	_____
2	Belot, Odrine	Connecticut	_____
3	Monteleone, Kelly	ETSU	_____
4	Corum, Ashley	Pittsburgh	_____
5	Brooks, Erin	WFU	_____
6	Stacey, Ashley	Mich State	_____
7	Daniels, Jazueline	NC State	_____
8	Unachukwu, Ada	Michigan	_____
9	Hudson, Briana	UNC	_____
10	Johnson, Tristine	UNC	_____
11	Shepherd, Karimah	NC State	_____
12	Franklin, Tori	Mich State	_____

Flight 2 of 2 Finals

1	Lender, Bethany	ETSU	_____
2	Koloski, Julia	Pittsburgh	_____
3	Bowens, Kirsten	St. Aug's	_____
4	Jones, Janae	Liberty	_____
5	Bemis, Tabitha	Edinboro	_____
6	Finch, Brittni	St. Aug's	_____
7	Washington, DeMiracle	Unattached	_____
8	Power, Brittany	Connecticut	_____
9	Crump, Andrea	Ill-Chicago	_____
10	Burley, Lexie	ETSU	_____
11	Williams, Chrishawn	UNC	_____
12	Carajohn, Candice	Loyola	_____

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Event 132 Women Triple Jump Section II**Saturday 3/30/2013 - 3:00 PM****Minimum Mark- 11.10 (36' 6")****Three attempts only, unless mark would have made final sect I****Raleigh Rel.: 13.72m 2000 Nichole Gamble**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Brown, Aerostata	Mount Olive	_____
2	Burns, Mariah	Slippery Roc	_____
3	Sampair, Scotti	ETSU	_____
4	Bowens, Sarah	Connecticut	_____
5	Arthur, Kierra	Binghamton	_____
6	Ajavon, Laurie	Indiana(PA)	_____
7	McDougald, Kasha	Tennessee	_____
8	Glover, RoShani	Col. of Char	_____
9	Kryst, Cheslie	S Carolina	_____
10	Baum, Alexx	Binghamton	_____
11	Boyd, Calsie	Seton Hill	_____
12	Whittington, Kaitlin	High Point	_____
13	Rohwer, Melissa	Liberty	_____
14	Riley, Melodee	Connecticut	_____
15	Ellks, Kayla	Tiffin	_____

Flight 2 of 3 Finals

1	Roseman, Destiny	Duke RC	_____
2	Artis, Jasmine	Track Easter	_____
3	Noble, Shantel	American Int	_____
4	Forrester, Tonika	Binghamton	_____
5	Parker, Tiera	BGSU	_____
6	Wilson, Janae	Delaware Sta	_____
7	Fate, Rudi	Campbell	_____
8	Davis, Chyna	Tiffin	_____
9	Ford, D'Wanda	Tiffin	_____
10	Ellick, Tiffany	NC A&T	_____
11	Spencer, Angel	Campbell	_____
12	Carter, Jasmine	LIU Brooklyn	_____
13	Reid, Jacquelyn	Campbell	_____
14	Kosiorek, Laura	Youngstown S	_____
15	Wickes, Sara	Binghamton	_____

Flight 3 of 3 Finals

1	Quince, Shamaz	Mich State	_____
2	Powell, Shannon	Seton Hill	_____
3	Murray, Kiera	Mount Olive	_____
4	Morgan, Sierra	St. Aug's	_____
5	Kassab, Paige	Slippery Roc	_____
6	Daniels, Shannon	Wingate	_____
7	Beauregard, Alison	Col. of Char	_____
8	Jenkins, Jaszlyn	Campbell	_____
9	Chapman, Gabrille	Shaw	_____
10	Soul, Bronte	Slippery Roc	_____
11	Winiarski, Katie	Lake Superio	_____

Event 16 Women Shot Put**Friday 3/29/2013 - 10:00 AM****Top Two flights go directly to final****Minimum Mark- 12.19 (40'0")****Raleigh Rel.: 18.22m 2003 Laura Gerraughty**

Pos	Name	School	Seed Mark
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Flight 1 of 4 Finals

1	Picciallo, Theresa	Penn	_____
2	Roth, Alison	Youngstown S	_____
3	Neider, Jennifer	Youngstown S	_____
4	Clow, Sarah	Tiffin	_____
5	Sherrill, Sidra	NIU	_____
6	Cobb, Sydni	NC A&T	_____
7	Watkins, Sequoia	NC State	_____
8	Gerhardt, Katherine	Tiffin	_____
9	Mealer, Ranita	Morgan State	_____
10	Halvorson, Aslynn	Tennessee	_____
11	Dewitt, Ashley	Tiffin	_____
12	Howard, Sarah	UNC	_____
13	Taylor, Tremanisha	NC State	_____
14	Flowers, Victoria	Connecticut	_____

Flight 2 of 4 Finals

1	Barnes, Rachel	Liberty	_____
2	Gwengi, Maria	Delaware Sta	_____
3	Love, Andriana	Citadel	_____
4	Greene, Kristen	JMU	_____
5	Mioduszewski, Elly	Michigan	_____
6	Pope, Charlotte	Penn	_____
7	Scott, DaQuaa	JMU	_____
8	Chavis, Nicole	NC State	_____
9	Terry, April	Lipscomb	_____
10	Alexander, Adrienne	JMU	_____
11	Prena, Kelsey	Mich State	_____
12	Adams, Kayla	UNC	_____
13	Foster, Sanya	American Int	_____
14	Szykowny, Alison	Loyola	_____
15	Sisk, Sarah	Col. of Char	_____

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Flight 3 of 4 Finals...(Event 16 Women Shot Put)

1	Jones, Kaci	Penn	_____
2	Innis, Erica	Shaw	_____
3	Henry, Camilla	Shaw	_____
4	Robinson, Courtney	Shaw	_____
5	Simmons, Kenya	Wheeling Jes	_____
6	Dula, DaVona	Campbell	_____
7	Stoddard, Bryanna	Shaw	_____
8	Miller, Victoria	Seton Hill	_____
9	Milcic, Martina	Seton Hill	_____
10	Pilling, Jessica	Ferris State	_____
11	Brown, Jaynell	Mount Olive	_____
12	Sobon, Mary	Belmont	_____
13	Dunston, Jessica	Campbell	_____
14	Moore, Morgan	Shaw	_____
15	Nicholson, Jennifer	Liberty	_____
16	Anderson, Kalene	Pittsburgh	_____
17	Bikanova, Saija	Connecticut	_____
18	Graf, Serena	Penn	_____
19	Mondozzi, Miranda	Tiffin	_____
20	Weaver, Juanita	NC A&T	_____

Flight 4 of 4 Finals

1	Bennett, Latricia	St. Aug's	_____
2	Bailey, Meagan	USC Upstate	_____
3	Kinsey, Chloe	Northwood	_____
4	Clodfelter, Ashlei	UNC-Ashevill	_____
5	Campbell, Hayley	Wheeling Jes	_____
6	Darden, Chelsea	NC State	_____
7	Busick, Alison	Ferris State	_____
8	Wenger, Jamie	Wheeling Jes	_____
9	Arrington, Brianna	St. Aug's	_____
10	Cross, Tiffani	Northwood	_____
11	Owens, Sherri	NC A&T	_____
12	Perry, Hunter	Northwood	_____
13	Frieson, Whitney	Ky State	_____
14	Walls, Brittany	USC Upstate	_____
15	Wesner, Megan	Youngstown S	_____
16	Dickens, Demetria	NC A&T	_____
17	Wallerstedt, Michelle	George Mason	_____
18	McIntosh, Paige	NC A&T	_____
19	Capano, Caysie	Binghamton	_____
20	Hay, Kelsey	Penn	_____
21	Hale, Haley	George Mason	_____
22	Grimes, Charity	Mount Olive	_____

Event 17 Women Discus Throw**Friday 3/29/2013 - 2:00 PM****Top Two flights go directly to final****Minimum Mark- 39.63 (130')****Raleigh Rel.: 53.34m 2000****Roberta Collins**

Pos	Name	School	Seed	Mark
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Flight 1 of 5 Finals

1	Nicholson, Jennifer	Liberty	_____
2	Prena, Kelsey	Mich State	_____
3	Roth, Alison	Youngstown S	_____
4	Prena, Kari	Michigan	_____
5	Chavis, Nicole	NC State	_____
6	Watkins, Sequoia	NC State	_____
7	Halvorson, Aslynn	Tennessee	_____
8	Gerhardt, Katherine	Tiffin	_____
9	Waller, Brittney	Clemson	_____
10	Taylor, Tremanisha	NC State	_____
11	Galarza, Sylvia	Shore AC	_____
12	Pendleton, Emily	Unattached	_____
13	Pendleton, Erin	Michigan	_____
14	Rohl, Beth	Mich State	_____

Flight 2 of 5 Finals

1	Tobis, Verena	ETSU	_____
2	Story, Avana	UNC	_____
3	Moss, Christianna	JMU	_____
4	Wallerstedt, Michelle	George Mason	_____
5	Reiser, Kori	Unattached	_____
6	Dunn, Alyssa	Unattached	_____
7	Howard, Sarah	UNC	_____
8	Clow, Sarah	Tiffin	_____
9	Szykowny, Alison	Loyola	_____
10	Finney, Kaylee	Mich State	_____
11	Foster, Sanya	American Int	_____
12	Fleming, Joanna	Michigan	_____
13	Springman, Haley	Pittsburgh	_____
14	Sherrill, Sidra	NIU	_____

Flight 3 of 5 Finals

1	Robinson, Courtney	Shaw	_____
2	Henry, Camilla	Shaw	_____
3	Cobb, Sydni	NC A&T	_____
4	Capano, Caysie	Binghamton	_____
5	Menges, Kaitlyn	Lake Erie	_____
6	Williams, Katelyn	Tennessee	_____
7	Dewitt, Ashley	Tiffin	_____
8	Wesner, Megan	Youngstown S	_____
9	Muniz, Emily	George Mason	_____
10	Moore, Morgan	Shaw	_____
11	Jones, Kaci	Penn	_____
12	Jones, Tysha	ETSU	_____
13	Bingham, Robin	Loyola	_____
14	Sobon, Mary	Belmont	_____

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Flight 4 of 5 Finals...(Event 17 Women Discus Throw)

1	Busick, Alison	Ferris State	_____
2	Long, Rachel	Ferris State	_____
3	Short, Savannah	Col. of Char	_____
4	Grimes, Charity	Mount Olive	_____
5	Campbell, Hayley	Wheeling Jes	_____
6	Daye, Onya	Mount Olive	_____
7	Miller, Victoria	Seton Hill	_____
8	Pilling, Jessica	Ferris State	_____
9	Crain, Joscilyn	Ky State	_____
10	Weaver, Juanita	NC A&T	_____
11	Owens, Sherri	NC A&T	_____
12	Dickens, Demetria	NC A&T	_____
13	Held, Kady	Lake Erie	_____
14	Metzinger, Hana	Unattached	_____
15	Adams, Kayla	UNC	_____
16	Innis, Erica	Shaw	_____
17	Tarver, Alyssa	Shaw	_____

Flight 5 of 5 Finals

1	Neider, Jennifer	Youngstown S	_____
2	Robinson, Dyasia	NC A&T	_____
3	Kinsey, Chloe	Northwood	_____
4	Simmons, Kenya	Wheeling Jes	_____
5	Crace, Falicya	USC Upstate	_____
6	Cross, Tiffani	Northwood	_____
7	Perry, Hunter	Northwood	_____
8	Nichols, Savannah	USC Upstate	_____
9	Williams, Kierstin	USC Upstate	_____
10	West, Ericka	USC Upstate	_____
11	Percic, Kayla	Seton Hill	_____
12	Arrington, Brianna	St. Aug's	_____
13	Brown, Jaynell	Mount Olive	_____
14	Dula, DaVona	Campbell	_____
15	Milcic, Martina	Seton Hill	_____

Event 18 Women Hammer Throw**Saturday 3/30/2013 - 1:00 PM****Top Two flights go directly to final****Minimum Mark- 44.21 (145')****Raleigh Rel.: 62.35m 1999****Lisa Misipeka**

Pos	Name	School	Seed Mark
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Flight 1 of 5 Finals

1	Price, Shavonne	Tiffin	_____
2	Scott, DaQuaa	JMU	_____
3	Watkins, Sequoia	NC State	_____
4	Dewitt, Ashley	Tiffin	_____
5	Fleming, Joanna	Michigan	_____
6	Gerhardt, Katherine	Tiffin	_____
7	Story, Avana	UNC	_____
8	Chavis, Nicole	NC State	_____
9	Pendleton, Erin	Michigan	_____
10	Pilling, Jessica	Ferris State	_____
11	Waller, Brittney	Clemson	_____
12	Pendleton, Emily	Unattached	_____
13	Pleger, Brooke	BGSU	_____
14	Rohl, Beth	Mich State	_____
15	Flowers, Victoria	Connecticut	_____

Flight 2 of 5 Finals

1	Bashir, Elizabeth	So. Conn. St	_____
2	Oare, Meredith	George Mason	_____
3	McClintock, Corey	Unattached	_____
4	Mondozi, Miranda	Tiffin	_____
5	Catalano, Jessica	Pittsburgh	_____
6	Terry, April	Lipscomb	_____
7	Galarza, Sylvia	Shore AC	_____
8	Flanary, Shana	BGSU	_____
9	Dunston, Jessica	Campbell	_____
10	Pope, Charlotte	Penn	_____
11	May, Adrena	JMU	_____
12	Szykowny, Alison	Loyola	_____
13	Graf, Serena	Penn	_____
14	Wesner, Megan	Youngstown S	_____
15	Prena, Kari	Michigan	_____

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Flight 3 of 5 Finals...(Event 18 Women Hammer Throw)

1	Douglas, Javean	Tiffin	_____
2	Jones, Tyesha	ETSU	_____
3	Weaver, Juanita	NC A&T	_____
4	Walters, Bobbi	Belmont	_____
5	Sobon, Mary	Belmont	_____
6	Polson, Kasandra	Citadel	_____
7	Finney, Kaylee	Mich State	_____
8	Cobb, Sydni	NC A&T	_____
9	Sokira, Nicole	Millersville	_____
10	Campbell, Hayley	Wheeling Jes	_____
11	Bingham, Robin	Loyola	_____
12	Bell, Ava	Clemson	_____
13	Kovacs, Ann	Millersville	_____
14	Games, Amelia	Loyola	_____
15	Springman, Haley	Pittsburgh	_____

Flight 4 of 5 Finals

1	McCarthy, Angela	Seton Hill	_____
2	Busick, Alison	Ferris State	_____
3	Hale, Haley	George Mason	_____
4	Metzinger, Hana	Unattached	_____
5	Wenger, Jamie	Wheeling Jes	_____
6	Krause, Sarah	Belmont	_____
7	Milcic, Martina	Seton Hill	_____
8	Long, Rachel	Ferris State	_____
9	Williams, Katelyn	Tennessee	_____
10	Owens, Sherri	NC A&T	_____
11	Dula, DaVona	Campbell	_____
12	Cross, Tiffani	Northwood	_____
13	Miller, Victoria	Seton Hill	_____

Flight 5 of 5 Finals

1	Neider, Jennifer	Youngstown S	_____
2	Anderson, Kalene	Pittsburgh	_____
3	Kinsey, Chloe	Northwood	_____
4	Perry, Hunter	Northwood	_____
5	Dickens, Demetria	NC A&T	_____
6	Frieson, Whitney	Ky State	_____
7	Crain, Joscilyn	Ky State	_____
8	Simmons, Kenya	Wheeling Jes	_____
9	Nichols, Savannah	USC Upstate	_____
10	Crace, Falicya	USC Upstate	_____
11	Williams, Kierstin	USC Upstate	_____
12	McIntosh, Paige	NC A&T	_____
13	Minter, Bari	Liberty	_____
14	Washington, Char'De	Mount Olive	_____
15	Wallerstedt, Michelle	George Mason	_____
16	Muniz, Emily	George Mason	_____

Event 19 Women Javelin Throw**Saturday 3/30/2013 - 2:30 PM****Top Two flights go directly to final****Minimum Mark- 36.59 (120')****Raleigh Rel.: 60.65m 1998****Jean Pastore**

Pos	Name	School	Seed Mark
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Flight 1 of 4 Finals

1	Dresch, Katherine	Tennessee	_____
2	Klinar, Christine	Col. of Char	_____
3	Tobis, Verena	ETSU	_____
4	Shasteen, Brooke	Pittsburgh	_____
5	Murray, Alexis	Binghamton	_____
6	Hay, Kelsey	Penn	_____
7	Goth, Kim	Slippery Roc	_____
8	Taylor, Samantha	Slippery Roc	_____
9	Graf, Serena	Penn	_____
10	Mealer, Ranita	Morgan State	_____
11	Arnold, Alexandra	Slippery Roc	_____
12	Wheeler, Morgan	Penn	_____
13	Rocco, Jessica	Indiana(PA)	_____
14	Slaney, Taylor	Pittsburgh	_____
15	Sanner, Mallory	Seton Hill	_____
16	Crowcroft, Emma	So. Conn. St	_____
17	Merckle, Jessie	WFU	_____

Flight 2 of 4 Finals

1	Moore, Morgan	Shaw	_____
2	Tarver, Alyssa	Shaw	_____
3	Innis, Erica	Shaw	_____
4	Stoddard, Bryanna	Shaw	_____
5	Henry, Camilla	Shaw	_____
6	Sheaffer, Morgan	JMU	_____
7	Sherzer, Elizabeth	Michigan	_____
8	Novotny, Julia	Wheeling Jes	_____
9	Mioduszewski, Elly	Michigan	_____
10	Holmes, Heather	Slippery Roc	_____
11	Egan, Kelly	Loyola	_____
12	Mason, Taylor	Lipscomb	_____
13	Jones, Kaci	Penn	_____
14	Clodfelter, Ashlei	UNC-Asheville	_____
15	Burkes, Alexandra	Unattached	_____
16	Molnar, Samantha	Tiffin	_____
17	Greene, Kristen	JMU	_____
18	Love, Andriana	Citadel	_____

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Flight 3 of 4 Finals...(Event 19 Women Javelin Throw)

1	Henderson, Chelsea	Mich State	_____
2	Watkins, Sequoia	NC State	_____
3	Haley, Jen	NC State	_____
4	Brandon, Riley	Liberty	_____
5	Bishop, Nicole	Liberty	_____
6	Roberts, Lauren	UNC	_____
7	Levermann, Nicole	Citadel	_____
8	Turner, Brittany	Tiffin	_____
9	Owens, Sherri	NC A&T	_____
10	Cwiek, Christa	Ferris State	_____
11	Nicholson, Jennifer	Liberty	_____
12	Holston, Ciera	Col. of Char	_____
13	Baskerville, Jasmine	NC A&T	_____
14	Metzinger, Hana	Unattached	_____
15	Babbitt, Yana	Liberty	_____
16	Short, Savannah	Col. of Char	_____

Flight 4 of 4 Finals

1	West, Ericka	USC Upstate	_____
2	Piccirillo, Olivia	Clemson	_____
3	Weaver, Juanita	NC A&T	_____
4	Dickens, Demetria	NC A&T	_____
5	Cobb, Sydni	NC A&T	_____
6	McDonald, Brianna	Col. of Char	_____
7	Ellks, Kayla	Tiffin	_____
8	Matheny, Christina	Wingate	_____
9	Bailey, Meagan	USC Upstate	_____
10	Douglas, Javean	Tiffin	_____
11	Darden, Chelsea	NC State	_____
12	Fate, Rudi	Campbell	_____
13	Muniz, Emily	George Mason	_____
14	Wenger, Jamie	Wheeling Jes	_____
15	Clark, Dymphena	Seton Hill	_____
16	Grecni, Michelle	So. Conn. St	_____
17	Stewart, Brittany	Ky State	_____

2013
adidas Raleigh Relays



Men's
Sprints/Hurdles

*Events will be seeded after check, please make sure
athletes check in AT LEAST 30 min prior to event!*

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 21 Men 100 M Prelims**Friday 3/29/2013 - 1:15 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

Raleigh Rel.: 10.20 1997		David Bobb					
Name	School	Seed Time					
1	Williams, Darryl	Aggie elite	_____	49	Lewis, Jeffery	NC A&T	_____
2	Dufresne, Gordy	American Int	_____	50	Noble, Marquis	NC A&T	_____
3	Butler, Neil	Belmont	_____	51	Barren, Phillip	NCCU	_____
4	Inniger, John	Belmont	_____	52	Moser, Carloe	NCCU	_____
5	Rollman, Mike	Belmont	_____	53	Proctor, Diorus	NCCU	_____
6	Kennedy, Eric	Bentley	_____	54	Addison, Jonathan	NC State	_____
7	Sit, Derek	Bentley	_____	55	Robinson, Ryan	NCSU Club	_____
8	Uthman-Olukokun,	Bentley	_____	56	Graves, Chris	UNC	_____
9	Helman, Adam	Binghamton	_____	57	Gardner, Josh	Northwood	_____
10	Sterling, Alex	Binghamton	_____	58	Harris, Korvon	Northwood	_____
11	Ziegler, Eric	Binghamton	_____	59	Heim, Michael	Northwood	_____
12	Vaughn, Jonathan	BC	_____	60	Hodgson, Jalen	Northwood	_____
13	chitambira, Tashinga	Campbell	_____	61	Powers, Matt	NYU	_____
14	Thompson, Marcus	Campbell	_____	62	Aririguzo, Jeff	Oakland	_____
15	Campbell, Rashad	ETSU	_____	63	Payne, Chad	Penn	_____
16	Goins, Anthony	ETSU	_____	64	Scharf, Harrison	Penn	_____
17	Baker-Johnson,	George Mason	_____	65	Smith, Mason	Penn	_____
18	Smalls, DaQuan	George Mason	_____	66	Mindlin, Josh	Pittsburgh	_____
19	Vaughn, Adrian	George Mason	_____	67	Steele, Reginald	Pittsburgh	_____
20	Kuras, Andrew	High Point	_____	68	Emerson, Justin	Samford	_____
21	Hollingsworth, Anthony	Ill-Chicago	_____	69	Feagin, Jonathan	Seton Hill	_____
22	Williams, Elijah	Indiana(PA)	_____	70	Peterson, Marcus	Seton Hill	_____
23	DiCello, Jacob	Lake Erie	_____	71	Barber, Abdul	Shaw	_____
24	Havrilla, Brian	Lake Erie	_____	72	Bateman, Jamar	Shaw	_____
25	Matthews, Trey	Lake Erie	_____	73	Hatcher, Jeffery	Shaw	_____
26	Thompson, Shavon	Lake Erie	_____	74	Richardson, Raheem	Shaw	_____
27	Monroe, Ben	Lake Superio	_____	75	Strickland, Shaquille	Shaw	_____
28	Shorey, Brady	Liberty	_____	76	Chisom, DJ	Slippery Roc	_____
29	Peabody, Tucker	Lipscomb	_____	77	Fiedler, Derick	Slippery Roc	_____
30	Morgan, Kervin	LIU Brooklyn	_____	78	McLaughlin, Mason	Slippery Roc	_____
31	Richards, Brian	LIU Brooklyn	_____	79	Shrift, Nick	Slippery Roc	_____
32	Roberts, Jamal	LIU Brooklyn	_____	80	Williams, Hunter	Slippery Roc	_____
33	Williams, Eric	LIU Brooklyn	_____	81	Forth, Twayne	So. Conn. St	_____
34	Strup, Chris	Loyola	_____	82	Guerrier, Jimm	So. Conn. St	_____
35	Felton, Malik	Malone	_____	83	Phommalin, Thomas	So. Conn. St	_____
36	Keniston, Jason	Malone	_____	84	Royster, Chris	S Carolina	_____
37	Legrair, Johnnie	Malone	_____	85	Sanders, Brandon	S Carolina	_____
38	Smith, Lепear	Malone	_____	86	Walker, Chris	S Carolina	_____
39	Sanders, Austin	Mich State	_____	87	Winfrey, Eric	S Carolina	_____
40	Barnes, Stuart	Morehead Sta	_____	88	Ansley, Ramaan	St. Aug's	_____
41	Mardis, Sean	Morehead Sta	_____	89	Jameison, Daniel	St. Aug's	_____
42	Sorrell, Morgan	Morehead Sta	_____	90	Johnson, Taffawee	St. Aug's	_____
43	Stanford, Terell	Morehead Sta	_____	91	Lewis, Claytin	St. Aug's	_____
44	Boateng, Christian	Morgan State	_____	92	Goodwin, Stephon	Tiffin	_____
45	Thompson, Nigel	Morgan State	_____	93	Grembo, Emmanuel	Tiffin	_____
46	Brown, Shonterio	Mount Olive	_____	94	Hodges, Jamon	Tiffin	_____
47	Taylor, Lamonte	Mount Olive	_____	95	Lane, Omar	Tiffin	_____
48	Lawrence, Desmond	NC A&T	_____	96	Young, Derrick	Tiffin	_____
				97	Brown, Desmond	Unattached	_____
				98	Daniels, Jamaal	Unattached	_____
				99	Hendricks II, Jeffrey	Unattached	_____
				100	Kwitt, Roland	Unattached	_____
				101	Long, Sherrod	Unattached	_____
				102	Nash, Sharif	Unattached	_____
				103	Thomas, Nigel	Unattached	_____

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Event 21 ... (Men 100 M Prelims)

Name	School	Seed Time
104 Tucker, Varick	Unattached	_____
105 Wilmore, Aaron	Unattached	_____
106 Wilson, Jamie	Unattached	_____
107 Henry, Courtney	UNC-Asheville	_____
108 Maye, Byron	UNC-Pembroke	_____
109 Ray, Shaquille	UNC-Pembroke	_____
110 Curry, Brandon	USC Upstate	_____
111 Powers, Joshua	USC Upstate	_____
112 White, Carlton	USC Upstate	_____
113 Dull, Jake	Wheeling Jes	_____
114 Johnson, David	Wheeling Jes	_____
115 Zanhov, Tyler	Wheeling Jes	_____
116 Davis, Michael	Youngstown S	_____
117 Irwin, Tarelle	Youngstown S	_____
118 Reed, Davon	Youngstown S	_____

Event 22 Men 200 M Invitational**Saturday 3/30/2013 - 3:55 PM****COLLEGIATE ONLY****Sections/Heats will be run Fastest to Slowest****EVENT WILL BE SEEDED AFTER CHECK-IN**

Raleigh Rel.: 20.49 1996		Todd Long	
Name	School	Seed Time	
1 Hicks, Stanley	Campbell	_____	
2 Thompson, Marcus	Campbell	_____	
3 Lawrence, Diego	ETSU	_____	
4 Verburg, David	George Mason	_____	
5 Monroe, Ben	Lake Superio	_____	
6 Peabody, Tucker	Lipscomb	_____	
7 Strup, Chris	Loyola	_____	
8 Whitelow, DeVantre	Mich State	_____	
9 Lawrence, Desmond	NC A&T	_____	
10 Barren, Phillip	NCCU	_____	
11 Addison, Jonathan	NC State	_____	
12 Powers, Matt	NYU	_____	
13 Emerson, Justin	Samford	_____	
14 Royster, Chris	S Carolina	_____	
15 Edmonds, Josh	St. Aug's	_____	
16 Jones, Jermaine	St. Aug's	_____	
17 Garrett, Ishan	Tiffin	_____	
18 Grembo, Emmanuel	Tiffin	_____	
19 Lane, Omar	Tiffin	_____	
20 Ristic, Milan	UNC-Asheville	_____	
21 Ray, Shaquille	UNC-Pembroke	_____	
22 McKinley, Brandon	Wheeling Jes	_____	
23 Davis, Michael	Youngstown S	_____	
24 Irwin, Tarelle	Youngstown S	_____	

Event 23 Men 400 M**Friday 3/29/2013 - 2:30 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

Raleigh Rel.: 45.37 1997		Antonio Pettigrew	
Name	School	Seed Time	
1 Abanda, Sabum	American Int	_____	
2 Coker-Kallon, Nathaniel	American Int	_____	
3 Stephenson, Dennis	American Int	_____	
4 Case, Travis	Belmont	_____	
5 Darnell, Caleb	Belmont	_____	
6 Gray, Zach	Belmont	_____	
7 Newkirk, Tyler	Belmont	_____	
8 Carton, Bryan	Bentley	_____	
9 Eicher, John	Binghamton	_____	
10 Keefer, Zach	Binghamton	_____	
11 Linden, Max	Binghamton	_____	
12 Hennessy, Jack	BC	_____	
13 Nelson, Kyle	BC	_____	
14 O'Neill, Connor	BC	_____	
15 Murray, Jamaree	Bulldog Elit	_____	
16 Cartwright, Bryson	Campbell	_____	
17 Hicks, Stanley	Campbell	_____	
18 Jones, Denzel	Campbell	_____	
19 Kennedy, Nathan	Campbell	_____	
20 Dey, Daniel	Clemson	_____	
21 Mangone, Ryan	Clemson	_____	
22 Smith, Michael	Clemson	_____	
23 White, Joel	Clemson	_____	
24 Bowe, Stephen	Delaware Sta	_____	
25 Brown, Tyquan	Delaware Sta	_____	
26 Carter, Ryan	Delaware Sta	_____	
27 Mansaray, Alpha	Delaware Sta	_____	
28 Pointer, Bryan	Delaware Sta	_____	
29 Alpert, Lauren	Duke RC	_____	
30 Arena, Kim	Duke RC	_____	
31 Banjo, Luke	Duke RC	_____	
32 Raskin, Ben	Duke RC	_____	
33 Vail, Christian	Duke RC	_____	
34 Wright, Marcus	Duke RC	_____	
35 Alberg, Ifrish	ETSU	_____	
36 O'Dell, Tim	ETSU	_____	
37 Ivey, Charles	Edinboro	_____	
38 Shinn, Kyle	Edinboro	_____	
39 Simmons, Paris	Harrier Trac	_____	
40 Gjebre, Ben	High Point	_____	
41 Hula, Nick	High Point	_____	
42 Harrison, Christopher	Impulse Athl	_____	
43 Deak, Stephen	Indiana(PA)	_____	
44 Long, Jared	Indiana(PA)	_____	
45 Zangaro, Troy	Indiana(PA)	_____	
46 Crews, Adam	Ky State	_____	
47 Mems, Quintin	Ky State	_____	
48 Smith, Carlos	Ky State	_____	

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Event 23 ...(Men 400 M)

Name	School	Seed Time			
49 Chase, Kester	Kingsborough	_____	102	Permenter, Kevin	NC State
50 George, Ira	Lake Erie	_____	103	Robinson, Ryan	NCSU Club
51 Havrilla, Brian	Lake Erie	_____	104	dutch, johnny	NIKE
52 Hemphill, Keith	Lake Erie	_____	105	Fisher, Gratton	UNC
53 Kemer, Andrew	Lake Erie	_____	106	Sutton, Sean	UNC
54 Matthews, Trey	Lake Erie	_____	107	McKinney, Dan	NYU
55 Thomas, Oshane	Lake Superio	_____	108	Scott, Glen	Oakland
56 Wrege, Coleson	Lake Superio	_____	109	Hamlett, Tim	Penn
57 Arvey, Chris	Liberty	_____	110	Keels, Allante	Penn
58 Weigandt, Tyler	Liberty	_____	111	Hatch, Ben	Pittsburgh
59 Augustin, Andi	LIU Brooklyn	_____	112	Mindlin, Josh	Pittsburgh
60 Petit-Homme,	LIU Brooklyn	_____	113	Negley, Samuel	Pittsburgh
61 Stubblefield, Wilmot	LIU Brooklyn	_____	114	JANE, MARY	Prestige Tra
62 Abbott, Bay	Loyola	_____	115	Bush, Jonathon	Samford
63 Brady, Ned	Loyola	_____	116	Carr, Steve	Seton Hill
64 Glastetter, Kevin	Loyola	_____	117	Giaquinto, Riley	Seton Hill
65 Johnson, Kyle	Loyola	_____	118	Koelher, Carl	Seton Hill
66 Wetzell, Mike	Loyola	_____	119	Peluso, Anthony	Seton Hill
67 Barto, Eric	Malone	_____	120	Brown, Darian	Shaw
68 Felton, Malik	Malone	_____	121	Caldwell, Michael	Shaw
69 Hendrix, Matt	Malone	_____	122	Culver, Raymond	Shaw
70 Keniston, Jason	Malone	_____	123	York, Aquil	Shaw
71 Viscounte, Jacob	Malone	_____	124	Chisom, DJ	Slippery Roc
72 Foster, Stephon	Mich State	_____	125	Fiedler, Derick	Slippery Roc
73 Hendricks, Aaron	Mich State	_____	126	McLaughlin, Mason	Slippery Roc
74 Michael, Keenan	Mich State	_____	127	Shrift, Nick	Slippery Roc
75 Mims, Jibril	Mich State	_____	128	Williams, Hunter	Slippery Roc
76 Washington, David	Mich State	_____	129	Escaravage, Justin	So. Conn. St
77 Bell, Desmond	Morehead Sta	_____	130	Lebron, Nick	So. Conn. St
78 Dixon, Clay	Morehead Sta	_____	131	Maxwell, Chris	S Carolina
79 Morris, Wes	Morehead Sta	_____	132	Redic, Nigel	S Carolina
80 Covington, Aaron	Morgan State	_____	133	Foster, Theodore	SPIRE Elite
81 Hairston, Brandon	Morgan State	_____	134	Ellis Jr., Burkheart	St. Aug's
82 Johnson, Evan	Morgan State	_____	135	Sainvil, Kevin	St. Aug's
83 Reid, Rolando	Morgan State	_____	136	Livingston, Terrance	Tennessee
84 Strums, Aaron	Morgan State	_____	137	Fabio, Mychael	The Executiv
85 Brown, Shonterio	Mount Olive	_____	138	Harrison, Chris	The Executiv
86 Cotano Lezcano, Joaquin	Mount Olive	_____	139	Beverly, Isaac	Tiffin
87 Henderson, Caleb	Mount Olive	_____	140	Borland, Shaun	Tiffin
88 Taylor, Lamonte	Mount Olive	_____	141	Clark, Macerio	Tiffin
89 Barnes, Christopher	NC A&T	_____	142	Garrett, Ishan	Tiffin
90 Bogertey, Darius	NC A&T	_____	143	Mortel, Reginald	Tiffin
91 Felder, Ashanti	NC A&T	_____	144	Bell, Kyle	Unattached
92 Harrison, Christian	NC A&T	_____	145	Drakeford, Antione	Unattached
93 Boye-Weah, Snonsio	NCCU	_____	146	Durham, Adam	Unattached
94 Boykin-Roach, Brett	NCCU	_____	147	Hendricks II, Jeffrey	Unattached
95 Davis Jr., Thomas	NCCU	_____	148	Jones, Clay	Unattached
96 Patterson, Gene	NCCU	_____	149	Law, James	Unattached
97 Pratt, Jaye	NCCU	_____	150	Smith, Dominic	Unattached
98 Crawford, Dorian	NC State	_____	151	Tucker, Varick	Unattached
99 Davis, Brian	NC State	_____	152	Brown, Miles	UNC-Ashevill
100 Fretz, Daniel	NC State	_____	153	Murray, Chris	UNC-Ashevill
101 Jackson, Austin	NC State	_____	154	Paniagua, Sebastian	UNC-Ashevill
			155	Paige, Corey	UNC-Greensbo
			156	Shook, CJ	UNC-Greensbo

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Event 23 ...(Men 400 M)

Name	School	Seed Time
157 White, Myles	UNC-Greensbo	_____
158 Cureton, Devan	UNC-Pembroke	_____
159 King, Adrian	UNC-Pembroke	_____
160 Thompson, Matt	UNC-Pembroke	_____
161 Williams, Jonathan	UNC-Pembroke	_____
162 Fisher, Tracy	USC Upstate	_____
163 Johnson, Matt	USC Upstate	_____
164 Correa, Travis	VT	_____
165 Dally, Martin	VT	_____
166 Degfae, Tihut	VT	_____
167 DeWillie, Kevin	VT	_____
168 Hoogland, Matt	VT	_____
169 McNamee, Michael	VT	_____
170 Harrison, Daniel	WFU	_____
171 Comfort, Brennan	Wheeling Jes	_____
172 Johnson, Toya	Wheeling Jes	_____
173 Krempin, Michel	Wheeling Jes	_____
174 Little, Mike	Wheeling Jes	_____
175 McKinley, Brandon	Wheeling Jes	_____
176 Schneider, Eric	Williams	_____
177 Fuquay, Andrew	Wingate	_____
178 Henderson, Cole	Wingate	_____
179 Ray, Omar	Wingate	_____
180 Robinson, James	Wingate	_____
181 Silvestri, Corey	Wingate	_____
182 Davis, Michael	Youngstown S	_____
183 Fennell, Kodie	Youngstown S	_____
184 Williamson, Marquis	Youngstown S	_____

Event 29 Men 110 M Hurdles Prelims**Friday 3/29/2013 - 11:45 AM****EVENT WILL BE SEEDDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest****Raleigh Rel.: 13.38 1997****Allen Johnson**

Name	School	Seed Time
1 Black, Cameron	Binghamton	_____
2 McGinty, Mitchell	BC	_____
3 Johnson, Justin	Clemson	_____
4 White, Joel	Clemson	_____
5 Massenburg, Aramis	Diamond TC	_____
6 Maio, Kyle	Edinboro	_____
7 Senesca, Gerkenz	G.W.Express/	_____
8 Murphy, Teddy	George Mason	_____
9 Williams, Anthony	George Mason	_____
10 Crawford, Dennis	High Point	_____
11 Venable, Ryan	High Point	_____
12 Spalding, Cory	Ky State	_____
13 Garcia, Amin	Kingsborough	_____
14 Snyder, Ethan	Lake Erie	_____
15 Balczak, Justin	Lake Superio	_____
16 McIntire, Tevan	Liberty	_____
17 Whitted, Richard	Liberty	_____
18 Whitley, Ryan	Lipscomb	_____

19 Wolf, Andrew	Lipscomb	_____
20 Legrair, Johnnie	Malone	_____
21 Smith, Lepar	Malone	_____
22 Boateng, Christian	Morgan State	_____
23 Wilson, David	Mount Olive	_____
24 Lewis, Jeffery	NC A&T	_____
25 Vincent, Kevin	NCCU	_____
26 dutch, johnny	NIKE	_____
27 Alowonle, Rilwan	UNC	_____
28 Carter, Devon	UNC	_____
29 Haley, Paul	UNC	_____
30 Hutchinson, Joe	UNC	_____
31 Pierce, Chad	UNC	_____
32 Ramsey, Ryan	UNC	_____
33 Smith, Roy	UNC	_____
34 Davis, Joey	Northwood	_____
35 Rippon, Niklas	Oakland	_____
36 Barry, Seck	Penn	_____
37 Brown, Michael	Penn	_____
38 Webster, Kyle	Penn	_____
39 Fuller, Dustin	Pittsburgh	_____
40 Ackerson-Gilroy, Bo	Samford	_____
41 Bassett, Brandon	Samford	_____
42 Bastien, Steven	Samford	_____
43 Davies, Ben	Samford	_____
44 Jackson, Terry	Seton Hill	_____
45 Padyjasek, Richie	Seton Hill	_____
46 Bateman, Jamar	Shaw	_____
47 Brown, Darian	Shaw	_____
48 Brown, Marquis	Shaw	_____
49 Hewston, Malek	Shaw	_____
50 Boyd, Jonathan	Slippery Roc	_____
51 Escaravage, Justin	So. Conn. St	_____
52 Lebron, Nick	So. Conn. St	_____
53 Collier, Jermaine	S Carolina	_____
54 Echols, Dondre	S Carolina	_____
55 Bowden, Calvon	St. Aug's	_____
56 Dembele, Moussa	St. Aug's	_____
57 Murray, Ty'reak	St. Aug's	_____
58 Shaw, David	St. Aug's	_____
59 Arnold, Vyshawn	Tiffin	_____
60 Candito, Joe	Tiffin	_____
61 Cernansky, Zachary	Tiffin	_____
62 Lester, Jonathan	Tiffin	_____
63 Reynolds, Caleb	Tiffin	_____
64 Phillips, Josh	Track Easter	_____
65 townsend, fredrick	Unattached	_____
66 Wilmore, Aaron	Unattached	_____
67 Ristic, Milan	UNC-Ashevill	_____
68 Curry, Brandon	USC Upstate	_____
69 Zanhaw, Tyler	Wheeling Jes	_____
70 Lee, Tyler	Wingate	_____
71 Febus, Clay	Youngstown S	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
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Event 30 Men 400 M Hurdles**Saturday 3/30/2013 - 12:25 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest**

Raleigh Rel.:		48.48	2004	Bershawn Jackson	
Name	School	Seed	Time		
1	Darnell, Caleb	Belmont	_____		
2	Gray, Zach	Belmont	_____		
3	Newkirk, Tyler	Belmont	_____		
4	MacDonald, Kellen	BC	_____		
5	Casterlow, Antonio	California (_____		
6	Almes, Jayce	Citadel	_____		
7	Johnson, Justin	Clemson	_____		
8	Smith, Michael	Clemson	_____		
9	Laviea, Kevauahn	Delaware Sta	_____		
10	Wulff-Cochrane, Charles	Delaware Sta	_____		
11	Rodio, Matt	Duke RC	_____		
12	Johnson, Trey	ETSU	_____		
13	Boyd, Jason	G.W.Express/	_____		
14	Rucker, Reggie	G.W.Express/	_____		
15	Thompson, Asareus	G.W.Express/	_____		
16	Crawford, Dennis	High Point	_____		
17	Hula, Nick	High Point	_____		
18	Venable, Ryan	High Point	_____		
19	Long, Jared	Indiana(PA)	_____		
20	Johnson, Marcell	Knight elite	_____		
21	Snyder, Ethan	Lake Erie	_____		
22	Jackson, Marc	Liberty	_____		
23	Whitted, Richard	Liberty	_____		
24	Scott, Nelson	Lipscomb	_____		
25	Whitley, Ryan	Lipscomb	_____		
26	Wolf, Andrew	Lipscomb	_____		
27	Layne, Dwayne	LIU Brooklyn	_____		
28	McLean, Alistar	LIU Brooklyn	_____		
29	Wallace-Whitfield,	LIU Brooklyn	_____		
30	Welch, Chris	LIU Brooklyn	_____		
31	McFadden, Jacob	Mich State	_____		
32	Michael, Keenan	Mich State	_____		
33	Washington, David	Mich State	_____		
34	Johnson, Evan	Morgan State	_____		
35	Strums, Aaron	Morgan State	_____		
36	Wilson, David	Mount Olive	_____		
37	Terry, Keenan	NCCU	_____		
38	Vincent, Kevin	NCCU	_____		
39	Alowonle, Rilwan	UNC	_____		
40	Radlin, Reynaldo	UNC	_____		
41	Brown, Michael	Penn	_____		
42	Carey, Tim	Penn	_____		
43	Timmins, Tom	Penn	_____		
44	Fuller, Dustin	Pittsburgh	_____		
45	Davies, Josh	Samford	_____		
46	Stevens-Carty, Henry	Samford	_____		
47	Anderson, Daryl	Seton Hill	_____		
48	Johnson, Algeron	Seton Hill	_____		

49	Marinello, Dominic	Seton Hill	_____		
50	Spino, Nick	Seton Hill	_____		
51	Bateman, Jamar	Shaw	_____		
52	Brown, Darian	Shaw	_____		
53	Brown, Marquis	Shaw	_____		
54	Hewston, Malek	Shaw	_____		
55	Boyd, Jonathan	Slippery Roc	_____		
56	Collier, Jermaine	S Carolina	_____		
57	Russell, Jonathan	S Carolina	_____		
58	Losty, Garrett	SPIRE Elite	_____		
59	Demiell, JaQuan	St. Aug's	_____		
60	King Jr., John	St. Aug's	_____		
61	Mbow, Elhadji	St. Aug's	_____		
62	Noel, Akido	St. Aug's	_____		
63	Arnold, Vyshawn	Tiffin	_____		
64	Cernansky, Zachary	Tiffin	_____		
65	Evans III, Terry	Tiffin	_____		
66	Reynolds, Caleb	Tiffin	_____		
67	Bell, Kyle	Unattached	_____		
68	Benson, Terry	Unattached	_____		
69	Cato, Roxroy	Unattached	_____		
70	Thompson, Matt	UNC-Pembroke	_____		
71	McKown, Jacob	USC Upstate	_____		
72	Moore, Danny	USC Upstate	_____		
73	Powers, Joshua	USC Upstate	_____		
74	Lunkenheimer, Sean	WFU	_____		
75	Dull, Jake	Wheeling Jes	_____		
76	Lee, Tyler	Wingate	_____		
77	Robinson, James	Wingate	_____		
78	Febus, Clay	Youngstown S	_____		

2013
adidas Raleigh Relays



Men's
Distance Sections

Please note scheduled time of each section!

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North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists - Friday Track

Event 149 Men 3000 M Steeplechase Section III**Friday 3/29/2013 - 8:45 AM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Andristch, Jack	Clemson	_____
2 Tyler, Tim	Clemson	_____
3 Lavigne, Colin	Campbell	_____
4 Hunter, Brent	Tiffin	_____
5 Phillips, Steven	Clemson	_____
6 Colven, Michael	Charlotte	_____
7 Ryland, David	UNC-Ashevill	_____
8 Clevenger, Eli	Charlotte	_____
9 Lynch, Tim	Indiana(PA)	_____
10 Childers, Evan	Morehead Sta	_____
11 Mendoza, Steve	Williams	_____
12 Bogert, Jon	Seton Hill	_____
13 Charles, Jimmy	Tiffin	_____
14 Hathaway, Philip	Charlotte	_____
15 Jones, Nate	Liberty	_____
16 Lange, Spencer	Coastal Car	_____
17 Catrine, Ryan	UNC-Ashevill	_____
18 Menjares, Chris	Mount Olive	_____
19 Greco, Stephen	Mount Olive	_____
20 Diebel, Sebastian	Mount Olive	_____
21 Springston, Nick	Mount Olive	_____
22 Dillow, Austin	Ky State	_____
23 Rowley, Tom	Northwood	_____

Event 142 Men 5000 M Section VI**Friday 3/29/2013 - 10:50 AM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 Reynolds, Theodore	Slippery Roc	_____
2 Brannan, Albert	Unattached	_____
3 Mason, Matt	Wheeling Jes	_____
4 Thornburg, Andy	UNC-Ashevill	_____
5 Shepherd, Nick	Tiffin	_____
6 Woll, Clayton	Campbell	_____
7 Edwards, Joel	Tiffin	_____
8 Buescher, Russell	Duke RC	_____
9 Daversa, Joey	USC Upstate	_____
10 Catrine, Ryan	UNC-Ashevill	_____
11 McLean, Austin	Youngstown S	_____
12 Askey, Billy	Unattached	_____
13 Reith, Matt	UNC-Pembroke	_____
14 Engstrom, Matt	Seton Hill	_____
15 Rigsby, Austin	Seton Hill	_____
16 Christ, Kyle	JOCO Distanc	_____
17 Dillow, Austin	Ky State	_____
18 Corn, Vince	Youngstown S	_____
19 Banjo, M. Luke	Unattached	_____
20 Reeves, Neegbeah	NC A&T	_____
21 Kaufmann, Nick	Northwood	_____
22 Wiggan, Omar	G.W.Express/	_____
23 Sowards, Ryan	Youngstown S	_____
24 Langsdorf, Ben	Bull City Tr	_____
25 Dula, Robert	NC A&T	_____
26 O'Hollaren, John	Duke RC	_____
27 Banjo, Luke	Duke RC	_____
28 Vermillion, Seth	Tiffin	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
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Event 120 Men 5000 M Section V**Friday 3/29/2013 - 11:10 AM****Raleigh Rel.: 13:37.50 2000****Dan Middleman**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Sharpe, John	Belmont	_____
2	Molek, Joe	Wheeling Jes	_____
3	Perron, Ben	Elon	_____
4	Cassady, Pat	Oakland	_____
5	Vilela, Chris	Queens Alumn	_____
6	Robertson, Stuart	VT	_____
7	Hammer, Thomas	Urban Athlet	_____
8	Ordonez, Erasmo	Mount Olive	_____
9	Costello, Victor	Indiana(PA)	_____
10	Gates, Breydon	Shawnee Stat	_____
11	Angell, David	Unattached	_____
12	Gliha, Nick	Youngstown S	_____
13	Weishaar, Luke	Samford	_____
14	Grunden, Michael	Tiffin	_____
15	Cain, Brandon	UNC-Greensbo	_____
16	Craig, Charlton	Ferris State	_____
17	Kisley, Ben	Pittsburgh	_____
18	McConnell, Matt	Malone	_____
19	Kipchumba, Andrew	USC Upstate	_____
20	Hassett, Matthew	G'town RC	_____
21	Cason, David	Guilford	_____
22	Swiney, Brent	King	_____
23	Swomley, Luke	Pittsburgh	_____
24	Ryland, David	UNC-Ashevill	_____
25	Millsaps, Zach	UNC-Pembroke	_____
26	Roe, Richard	Tiffin	_____
27	Belachew, Binyam	Wingate	_____
28	Phillips, Jordan	Wingate	_____
29	Jones, Paul	Unattached	_____
30	Jones, Saeed	NC A&T	_____

Event 119 Men 5000 M Section IV**Friday 3/29/2013 - 11:27 AM****Raleigh Rel.: 13:37.50 2000****Dan Middleman**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Belles, Dylan	UNC-Greensbo	_____
2	Munoz, Mike	Mount Olive	_____
3	Addison, Richard	Pittsburgh	_____
4	Kitagawa, Akiharu	Mount Olive	_____
5	Barker, Zach	Liberty	_____
6	Sturgill, Ronnie	Mount Olive	_____
7	Arrigoni, Travis	Slippery Roc	_____
8	Gaetani, Anthony	Binghamton	_____
9	Musick, Geoff	Lipscomb	_____
10	Santos, Jason	Binghamton	_____
11	Smart, Zaid	Unattached	_____
12	Rainey, Jake	Tennessee	_____
13	Wistar, Ross	NYU	_____
14	Drago, John	Bentley	_____
15	Garrett, Kent	WFU	_____
16	O'Toole, Brian	WFU	_____
17	Winchester, Skyler	UNC-Ashevill	_____
18	Howard, Kris	Belmont	_____
19	Sleight, Trevor	Asheville Ru	_____
20	Keller, Clint	Indiana(PA)	_____
21	Gardner, Daniel	Lipscomb	_____
22	Montclair, Sam	So. Conn. St	_____
23	Gatundu, Peter	American Int	_____
24	Inde, Aldis	Williams	_____
25	Taranto, David	BC	_____
26	Mahoney, Michael	BC	_____
27	Wolff, Brian	BC	_____
28	Denham, Scott	Unattached	_____
29	Greer, Isaiah	Lipscomb	_____
30	Gower, Jeremy	UNC-Ashevill	_____
31	Stevenson, James	Elon	_____

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Event 140 Men 1500 M Sect 5-9**Friday 3/29/2013 - 6:02 PM**

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Frank, Charlie	Slippery Roc	_____
2	Lynch, Joe	Indiana(PA)	_____
3	Gibson, Chris	Wingate	_____
4	Robinson-McCoy, Jalen	St. Aug's	_____
5	Estrada, Chris	Wheeling Jes	_____
6	Dippel, Matt	Northwood	_____
7	Taylor, Elijah	LIU Brooklyn	_____
8	Shermer, Chase	Mars Hill	_____
9	Broussard, Kieren	Ky State	_____
10	Gobrogge, David	Lake Erie	_____
11	McLean, Thomas	NCSU Club	_____
12	Rowley, Dave	Northwood	_____
13	Liemer, Tim	NCSU Club	_____
14	Foster, Ben	Bull City Tr	_____
15	Nelson, Marcus	Shaw	_____
16	Richburg, Brandon	Shaw	_____
17	Speight, Louis	Shaw	_____
18	Holder, Kewan	Shaw	_____
19	Dula, Robert	NC A&T	_____
20	Westfall, Matt	Duke RC	_____
21	Mason, Jared	Pittsburgh	_____
22	Pavlicko, Ryan	Youngstown S	_____
23	Fennell, Kodie	Youngstown S	_____
24	Kersky, Jonathan	Duke RC	_____
Section 2 of 5 Finals			
1	Morgan, Andrew	Indiana(PA)	_____
2	Tarduno, Matthew	Williams	_____
3	Montclair, Sam	So. Conn. St	_____
4	Robinson, Craig	Bentley	_____
5	Nosce, Nick	Williams	_____
6	Elwood, John	UNC-Greensbo	_____
7	Murphy, Chris	UNC-Greensbo	_____
8	Gower, Jeremy	UNC-Ashevell	_____
9	Oliver, Terrell	Delaware Sta	_____
10	McKown, Kevin	Tiffin	_____
11	Greco, Brian	Northwood	_____
12	Pullen, Scott	Wingate	_____
13	Weedon, Tyler	Ferris State	_____
14	Shull, Rodger	NCSU Club	_____
15	Belle, Santo	Seton Hill	_____
16	Ritacco, Christian	USC Upstate	_____
17	Thorne, David	Lake Erie	_____
18	Berry, Darius	Shaw	_____
19	Gerber, Craig	Lake Erie	_____
20	Rennix, Mark	USC Upstate	_____

Section 3 of 5 Finals

1	Higgins, Conor	Bentley	_____
2	Degfae, Tihut	VT	_____
3	DeWillie, Kevin	VT	_____
4	Bonaventure, Nick	Wheeling Jes	_____
5	Correa, Travis	VT	_____
6	Wells, Cameron	Coastal Car	_____
7	Dally, Martin	VT	_____
8	Scott, Brent	Belmont	_____
9	Daversa, Joey	USC Upstate	_____
10	Nee, Sean	Bentley	_____
11	Stoffel, Steven	California (_____
12	Huegel, Morgan	California (_____
13	Rogers, Marcus	Northwood	_____
14	Osborne, Patrick	UNC-Ashevell	_____
15	Thornburg, Andy	UNC-Ashevell	_____
16	Jewel, Kevin	Slippery Roc	_____
17	Jones, Saeed	NC A&T	_____

Section 4 of 5 Finals

1	Archibald, Peter	Loyola	_____
2	Newman, Dylan	Duke RC	_____
3	Hickey, Drew	Duke RC	_____
4	Heaton, Hunter	Unattached	_____
5	Knof, Sebastian	Tiffin	_____
6	McCandless, Alex	Tennessee	_____
7	Harrison, Christian	NC A&T	_____
8	Hall, Nick	Lake Erie	_____
9	Winchester, Skyler	UNC-Ashevell	_____
10	Hutnyan, John	Youngstown S	_____
11	Wolf, Nick	Williams	_____
12	Williams, Jarod	Malone	_____
13	McNamee, Michael	VT	_____
14	Cummings, Tyler	Coastal Car	_____
15	Pezza, Nick	California (_____
16	LaRowe, Connor	Ferris State	_____

Section 5 of 5 Finals

1	Bladecki, Alex	Ferris State	_____
2	Beckley, Ryan	Coastal Car	_____
3	Carter, Antonio	Tennessee	_____
4	Dixon, Breon	Tennessee	_____
5	Hankins, Brian	Mich State	_____
6	Sullivan, Alex	S Carolina	_____
7	Novak, Daniel	S Carolina	_____
8	Beaudoin, Andrew	Williams	_____
9	Beegle, Michael	Slippery Roc	_____
10	Kistinge, Kyle	Williams	_____
11	Garver, Blake	Ferris State	_____
12	Cerrito, Andrew	Pittsburgh	_____
13	Elliott, Morgan	Slippery Roc	_____
14	Swiney, Brent	King	_____
15	Kaiser, Nick	Tennessee	_____

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Event 121 Men 3000 M Steeplechase Section II**Friday 3/29/2013 - 7:05 PM****Raleigh Rel.: 8:36.30 1996****Tom Nohilly**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Graham, Jake	WFU
2	Liston, Brad	Shawnee Stat
3	Keitt, Joseph	Coastal Car
4	Duffy, Sean	ETSU
5	Fisher, Ashton	Lipscomb
6	Kane, Daniel	BC
7	Koerwitz, Braedon	UNC
8	Geddis, Eric	Slippery Roc
9	Noe, Jordan	King
10	Thornburg, Alex	Loyola
11	Guthals, Nate	WFU
12	Hodgins, Cody	Charlotte
13	McConnell, Tim	Edinboro
14	Olson, Alec	BU
15	Eifert, Carl	Air Force
16	Wright, Ben	Lipscomb
17	Williams, Eric	UNC-Greensbo
18	Day, Taylor	UNC-Greensbo
19	Mengel, Adam	Unattached

Event 31 Men 3000 M Steeplechase Section I**Friday 3/29/2013 - 7:15 PM****Raleigh Rel.: 8:36.30 1996****Tom Nohilly**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Hamm, Jordan	BC
2	Himmelright, Brian	NC State
3	Magnuson, Steve	UNC
4	Jones, Stewart	Wheeling Jes
5	Timiney, Morgan	Campbell
6	Mee, James	Unattached
7	Ross, Adrian	Unattached
8	Bellitti, Anthony	BC
9	Hudgins, Brandon	Unattached
10	Isaacson, Jake	Grand Valley
11	Hammond, Steve	Unattached
12	Abasolo, Brandon	Williams
13	Mykityshyn, Dan	UNC
14	King, Tyler	BC
15	Smith, Brendan	Penn
16	Dagnachew, Daweet	Charlotte
17	Ludvigsen, Anders	ETSU
18	Chase, Adam	ETSU
19	Kiley, Michael	Penn

Event 144 Men 1500 M Section IV**Friday 3/29/2013 - 7:40 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Heasley, Destin	Unattached
2	Horgan, Ryan	WFU
3	Kichuk, Eamonn	Belmont
4	Olson, Jordan	Akron
5	Alston, Tyron	UNC-Greensbo
6	Geiger, Trey	NC State
7	Collier, Chris	Mich State
8	Washington, Wesley	Pittsburgh
9	Baldwin, Eric	Campbell
10	Aguinaga, Oscar	Loyola
11	Howard, Kris	Belmont
12	Bedell, Michael	Campbell
13	Van Portfliet, Ryan	Loyola
14	Liggins, Steven	Unattached
15	Dickie, Jeremy	Tennessee
16	Hakes, Roland	Clemson
17	Kirtner, Joe	Morehead Sta

Event 138 Men 1500 M Section III**Friday 3/29/2013 - 7:45 PM**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	Schick, Matt	NC State
2	McConaughy, Joseph	BC
3	Heibell, Chris	Garden State
4	Cornfield, Jarred	Liberty
5	Rowell, Peter	Stotan Racin
6	Shurtleff, Clark	Penn
7	Lehane, Elliot	BU
8	Hazouri, Brandon	Samford
9	Jones, Adam	Samford
10	Ravetz, Ben	BU
11	Dwyer, James	Clemson
12	Baldwin, Angus	ETSU
13	Gambill, Macon	UNC
14	Jones, Ryan	ETSU
15	Hennessy, Tom	BC
16	Goulet, Zachary	Akron
17	Dallago, Matt	Pittsburgh
18	Derrick, Mark	UNC

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Event 115 Men 1500 M Section II**Friday 3/29/2013 - 7:50 PM****Raleigh Rel.: 3:44.80 1993 Tom Nohilly**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Nill, Brian	So. Conn. St	_____
2	Chute, Ryan	Ferris State	_____
3	Fedor, Collin	BC	_____
4	Maloney, Martin	Clemson	_____
5	Shirvell, James	Yale	_____
6	Robinson, Dominick	Duke RC	_____
7	McClafferty, Nate	Duke RC	_____
8	Monroe, Gary	Morehead Sta	_____
9	Kigen, Erick	Belmont	_____
10	Linehan, Jack	BC	_____
11	Kuhns, Ryan	VT	_____
12	burnett, clay	Unattached	_____
13	Jacobs, Mike	UNC	_____
14	Jalovy, Filip	ETSU	_____
15	Dorsett, Layton	Samford	_____
16	Serafini, Louis	BC	_____
17	Torphy, Bobby	Unattached	_____

Event 25 Men 1500 M Section I**Friday 3/29/2013 - 8:00 PM****Raleigh Rel.: 3:40.25 3/30/2012 Paul Chelimo**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Peters, Rich	BU	_____
2	McAlary, Josh	Mich State	_____
3	Ramirez, Aaron	Clemson	_____
4	Burke, Chris	Stotan Racin	_____
5	Stenuf, Nick	Stotan Racin	_____
6	McGowan, John	Yale	_____
7	Graves, Kyle	WFU	_____
8	Lipus, Daniel	Pittsburgh	_____
9	Cameron, Bean	Zap Fitness	_____
10	Barlow, Darren	VT	_____
11	Razick, Robert	S Carolina	_____
12	Engels, Craig	Unattached	_____
13	Schulist, Chris	Campbell	_____
14	Marois, Anthony	WFU	_____
15	Miller, Ben	Mich State	_____

Event 123 Boys 3200 M High School**Friday 3/29/2013 - 8:20 PM****Raleigh Rel.: 9:00.87 2010 Isaac Presson**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Coulter, Mihret	Apex High Sc	_____
2	Roberson, William	Broughton Hi	_____
3	Maxey, Wyatt	Providence H	_____
4	Tecele, Abel	Cary,NC	_____
5	Tucker, AJ	Cedar Ridge	_____
6	Haughey, Gabe	DW Daniel Hi	_____
7	Rodgers, Grant	Heritage Hig	_____
8	Nickel, Dalton	Mt Tabor Hig	_____
9	Herron, Alex	Ronald Reaga	_____
10	Smith-Rose, Asher	Broughton Hi	_____
11	Milder, Ian	Mt Tabor Hig	_____
12	Reeder, Chris	Chapel Hill	_____
13	Loy, Collin	Southern Ala	_____
14	Menzies, Jason	Lafayette Hi	_____
15	Abushouk, Dean	Cary,NC	_____
16	Fiedler, Ben	Asheville Sc	_____
17	Tyre, Nick	Cardinal Gib	_____
18	Collichio, Dominic	Carrboro Hig	_____
19	Kreiling, Nikolaus	Jordan High	_____
20	Hall, Philip	Terry Sanfor	_____
21	Kargiov, Tima	Chapel Hill	_____
22	Betancourt, Jake	West Johnsto	_____
23	Sheehan, Patrick	Lake Norman	_____
24	Smith, Caleb	Patrick Coun	_____
25	Link, Nick	Blacksburg H	_____
26	Lawrence, Allen	Broughton Hi	_____
27	Combs, Noah	Blacksburg H	_____
28	Steck, Kurtis	Lafayette Hi	_____
29	Ivankovic, Andre	DW Daniel Hi	_____
30	Demarest, Brent	Porter-Gaud	_____
31	Miner, Sam	East Chapel	_____

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Event 27 Men 5000 M Section I**Friday 3/29/2013 - 8:50 PM****Raleigh Rel.: 13:37.50 2000****Dan Middleman**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	See, Jeff	Saucony	_____
2	Glimmer, Lee	Furman Elite	_____
3	Bolas, Jack	New Balance	_____
4	Leslie, Cory	Furman Elite	_____
5	Williams, Lex	Unattached	_____
6	Furst, Stephen	adidas Raleigh	_____
7	Cameron, Bean	Zap Fitness	_____
8	Jordanek, Tony	Unattached	_____
9	Leak, Colin	Stotan Racin	_____
10	Ritchie, Tim	BAA	_____
11	Pennel, Tyler	Zap Fitness	_____
12	Elliott, Matthew	Brooks	_____
13	Scullion, Aiman	Second Sole	_____
14	Grau, Luke	Unattached	_____
15	Rhynard, Caleb	Mich State	_____
16	Crawford, Graham	NC State	_____
17	Sonnenfeldt, Matt	NC State	_____
18	McCormack, Ty	Clemson	_____
19	Hillas, Tim	Yale	_____
20	Dinzeo, Aaron	California (_____
21	Madrigal, David	Mich State	_____
22	Moen, Chris	Appalachian	_____
23	Gibson, Robert	BU	_____

Event 117 Men 5000 M Section II**Friday 3/29/2013 - 9:05 PM****Raleigh Rel.: 13:37.50 2000****Dan Middleman**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Kienzle, Ryan	Unattached	_____
2	Nussbaum, Matt	Yale	_____
3	Fuelling, Stephen	Grand Valley	_____
4	Thomson, Jacob	Unattached	_____
5	Luff, Sam	G'town RC	_____
6	Ndhlovu, Pardon	UNC-Pembroke	_____
7	Awad, Thomas	Penn	_____
8	Mueller, Tyler	Lehigh	_____
9	Mansy, Michael	NC State	_____
10	Whitelaw, Austin	Tennessee	_____
11	Rose, Alexander	WFU	_____
12	Hough, Brad	Akron	_____
13	Lafond, Dylan	Mount Olive	_____
14	Abushouk, Bakri	Unattached	_____
15	Vegh, Tibor	Unattached	_____
16	Thomas, Kevin	BU	_____
17	Miller, Matt	Belmont	_____
18	Bodary, Chris	Tennessee	_____
19	Marshall, Lamont	Unattached	_____
20	Williams, Mitch	Malone	_____
21	Karten, Dylan	NYU	_____
22	Mate, Scott	Unattached	_____
23	Walter, Kyle	Tennessee	_____
24	Parker, Ceth	Summit Athle	_____
25	Cochrun, Kyle	Akron	_____
26	Harris, Heath	Akron	_____
27	Link, Matt	Edinboro	_____
28	Hagen, Ryan	VT	_____
29	Roberson, Sam	Unattached	_____
30	Papp, Dylan	Akron	_____
31	Fenske, Andrew	Loyola	_____
32	Wiegner, Joe	G'town RC	_____
33	Pollock, Grant	VT	_____

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Event 118 Men 5000 M Section III**Friday 3/29/2013 - 9:38 PM****Raleigh Rel.: 13:37.50 2000****Dan Middleman**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Lucas, Richard	BC	_____
2	Crawford, Josh	UNC-Greensbo	_____
3	Gragg, Justin	Wingate	_____
4	Stevens, Dylan	Edinboro	_____
5	Derlath, Stephen	Tennessee	_____
6	Everett, David	Belmont	_____
7	Janusek, Mike	Loyola	_____
8	Beavin, Zack	Belmont	_____
9	Mallory, Mitch	NC State	_____
10	Fischer, Stephen	Unattached	_____
11	Snodgrass, Ben	Binghamton	_____
12	Tobin, Daniel	Tennessee	_____
13	Wingerter, Jared	Lipscomb	_____
14	Kingstedt, John	Lipscomb	_____
15	Lee, Chris	Williams	_____
16	Trusty, Andrew	Malone	_____
17	Harper, Andrew	Ferris State	_____
18	Hall, Dustin	Unattached	_____
19	Creekmore, J.R.	Tennessee	_____
20	Carter, George	VT	_____
21	Berman, Jared	VT	_____
22	Campos, Juan	VT	_____
23	Steagall, Austin	Unattached	_____
24	Weir, Vincent	Davidson	_____
25	Crowley, Conner	WFU	_____
26	Frantom, Spencer	King	_____
27	Kurgat, Dickson	King	_____

Event 28 Men 10000 M Section I**Friday 3/29/2013 - 10:35 PM****Raleigh Rel.: 28:15.64 3/25/2011****Sam Chelanga**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Biwott, Michael	American Int	_____
2	Rop, Glarius	American Int	_____
3	Moskalewski, Josh	Grand Valley	_____
4	Schelberg, Pat	Unattached	_____
5	Kemboi, Gilbert	USC Upstate	_____
6	Miller, James	Lehigh	_____
7	Morgan, Scott	UNC	_____
8	Valeriani, Matt	UNC	_____
9	Karten, Dylan	NYU	_____
10	Mahalsky, Ryan	Lehigh	_____
11	Graves, Joe	Grand Valley	_____
12	Young, Tim	Unattached	_____
13	Fitzsimmons, AJ	Winthrop	_____
14	Degfae, Leoule	VT	_____
15	Madendorp, Greg	Grand Valley	_____
16	Pitcel, Emery	Grand Valley	_____
17	Dickman, Justin	Unattached	_____
18	Flores, Kyle	Grand Valley	_____
19	Curtin, Thomas	VT	_____
20	Migliozzi, Tony	Malone	_____
21	Holubeck, Luke	Wheeling Jes	_____
22	Graves, Brian	Appalachian	_____
23	Lilley, Michael	Appalachian	_____
24	Welch, Brian	VT	_____
25	Townsend, Alex	Queens Alumn	_____
26	Cusack, Jason	Unattached	_____
27	Rodilitz, Scott	Williams	_____
28	Creekmore, J.R.	Tennessee	_____
29	McFoy, Kyle	Appalachian	_____
30	Caldwell, Christopher	Appalachian	_____
31	Davis, Wade	Williams	_____
32	Mazaheri, Bijan	Williams	_____

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Event 147 Men 10000 M Section II

53 McKown, Kevin

Tiffin

Saturday 3/30/2013 - 10:15 AM

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Moreno, Jesse	Morehead Sta	_____
2	Frantom, Spencer	King	_____
3	Synan, Nicholas	Fordham	_____
4	Thomas, Dustin	Edinboro	_____
5	Kemboi, Abraham	UNC-Greensbo	_____
6	Greth, Zach	Charlotte	_____
7	Weaver, Justin	Unattached	_____
8	Ratliff, Chase	Morehead Sta	_____
9	Norris, Trevor	Akron	_____
10	Copi, Lucas	Ferris State	_____
11	Golden, John	Savannah Art	_____
12	Lancaster, Cody	Lake Erie	_____
13	Malloy, Gregory	BC	_____
14	Newhouse, James	BC	_____
15	Waldrop, Austin	Citadel	_____
16	Roberson, Ross	Charlotte	_____
17	Kempney, Logan	Edinboro	_____
18	Venesky, Owen	Edinboro	_____
19	Anderson, Jeremy	Shawnee Stat	_____
20	Elliott, Zach	Morehead Sta	_____
21	Goncarovs, Andris	Guilford	_____
22	Darm, Evan	Campbell	_____
23	Knack, David	Tiffin	_____
24	Newton, Chad	Atlanta TC	_____
25	Lord, Brandon	Unattached	_____
26	Norton, Chad	Guilford	_____
27	Oden, Ross	USC Upstate	_____
28	Lafferty, Steve	Seton Hill	_____
29	Roush, Ryan	Malone	_____
30	Schulte, Michael	Ferris State	_____
31	Cotto, Joseph	Charlotte	_____
32	Tallada, Nathan	Charlotte	_____
33	Watson, Peter	Williams	_____
34	Paradise, Kevin	UNC-Ashevell	_____
35	Stanton, Patrick	Wheeling Jes	_____
36	Yankello, John	Unattached	_____
37	Garcia, Eleazar	Charlotte	_____
38	Rutt, Matt	Indiana(PA)	_____
39	Mack, Colt	Indiana(PA)	_____
40	Sigmund, Jeff	Unattached	_____
41	Sieb, Lucas	Samford	_____
42	Carlsen, Nick	Unattached	_____
43	Koksal, Alex	Slippery Roc	_____
44	DeKalita, Silas	Northwood	_____
45	Mulley, Russell	Wheeling Jes	_____
46	Todd, Mike	Northwood	_____
47	Doherty, Riley	USC Upstate	_____
48	Goodspeed, Grant	Northwood	_____
49	Schouler, Brent	UNC-Ashevell	_____
50	Riffle, Matt	Wheeling Jes	_____
51	Martin, Jaron	Slippery Roc	_____
52	Harshberger, Nathan	Wheeling Jes	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists - Saturday Track

Event 24 Men 800 M Invitational**Saturday 3/30/2013 - 2:05 PM****COLLEGIATE ONLY****Raleigh Rel.: 1:48.22 1987****Tim Manes**

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Lumax, Selasi	So. Conn. St	_____
2	Magaha, Drew	Penn	_____
3	Ramirez, Aaron	Clemson	_____
4	Banyai, Joe	Mich State	_____
5	Ross, Stuart	BU	_____
6	Wanliss, O'Neal	UNC	_____
7	Wolfe, John Spencer	NC State	_____
8	Negley, Samuel	Pittsburgh	_____

Section 2 of 3 Finals

1	Walcott, Jameel	St. Aug's	_____
2	Jewel, Kevin	Slippery Roc	_____
3	Wissler, Austin	Mich State	_____
4	Thomas, Cameron	USC Upstate	_____
5	Bojanowski, Thomas	WFU	_____
6	Johnson, Matt	USC Upstate	_____
7	Sani, Muhammad	Mich State	_____
8	Eager, Kyle	WFU	_____

Section 3 of 3 Finals

1	Jalovy, Filip	ETSU	_____
2	Bell, Desmond	Morehead Sta	_____
3	Bekelja, Mato	Penn	_____
4	McEnany, Michael	WFU	_____
5	Pierce, Desmond	ETSU	_____
6	Archibald, Peter	Loyola	_____
7	Fernandez, Chris	Binghamton	_____
8	Van Portfliet, Ryan	Loyola	_____

2013
adidas Raleigh Relays



Men's
Relays

*Events will be seeded after check, please make sure
athletes check in AT LEAST 30 min prior to event!*

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 51 Men 4x100 M**Saturday 3/30/2013 - 1:30 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest****Raleigh Rel.: 38.84 1998**

Team	Relay	Seed Time
1 American Int		_____
2 Belmont		_____
3 Bentley		_____
4 Campbell		_____
5 Custom Baton		_____
6 ETSU		_____
7 George Mason		_____
8 Indiana(PA)		_____
9 Lake Erie		_____
10 LIU Brooklyn		_____
11 LIU Brooklyn	B	_____
12 Loyola		_____
13 Mich State		_____
14 Morgan State		_____
15 Mount Olive		_____
16 NC A&T		_____
17 NCCU		_____
18 NC State		_____
19 UNC		_____
20 Penn		_____
21 Samford		_____
22 Seton Hill		_____
23 Shaw		_____
24 Shaw	B	_____
25 Slippery Roc		_____
26 So. Conn. St		_____
27 S Carolina		_____
28 St. Aug's		_____
29 St. Aug's	B	_____
30 Tiffin		_____
31 Tiffin	B	_____
32 USC Upstate		_____
33 Virginia-Lyn		_____
34 Wheeling Jes		_____
35 Youngstown S		_____
36 Zenith Veloc		_____

Event 52 Men 4x200 M**Saturday 3/30/2013 - 2:35 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest****Raleigh Rel.: 1:20.81 2000**

Team	Relay	Seed Time
1 BC		_____
2 Citadel		_____
3 Custom Baton		_____
4 G.W.Express/		_____
5 George Mason		_____

6 Indiana(PA)		_____
7 Lake Erie		_____
8 LIU Brooklyn		_____
9 NC A&T		_____
10 Northwood		_____
11 Penn		_____
12 Pittsburgh		_____
13 Shaw		_____
14 So. Conn. St		_____
15 S Carolina		_____
16 St. Aug's		_____
17 Tiffin		_____
18 Track Easter		_____
19 UNC-Pembroke		_____
20 Virginia-Lyn		_____
21 Wingate		_____
22 Zenith Veloc		_____

Event 53 Men 4x400 M**Saturday 3/30/2013 - 4:20 PM****EVENT WILL BE SEEDED AFTER CHECK-IN****Sections/Heats will be run Fastest to Slowest****Raleigh Rel.: 3:02.04 2000**

Team	Relay	Seed Time
1 American Int		_____
2 Bulldog Elit		_____
3 Campbell		_____
4 Delaware Sta		_____
5 Delaware Sta	B	_____
6 ETSU		_____
7 Edinboro		_____
8 G.W.Express/		_____
9 G.W.Express/	B	_____
10 George Mason		_____
11 Indiana(PA)		_____
12 Ky State		_____
13 Knight elite		_____
14 Lake Erie		_____
15 Lake Erie	B	_____
16 Lake Superio		_____
17 LIU Brooklyn		_____
18 LIU Brooklyn	B	_____
19 Loyola		_____
20 Loyola	B	_____
21 Mich State		_____
22 Mich State	B	_____
23 Morgan State		_____
24 Mount Olive		_____
25 NC A&T		_____
26 NCCU		_____
27 NCCU	B	_____
28 NC State		_____
29 UNC		_____
30 UNC	B	_____
31 Penn		_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Performance List

Event 53 ...(Men 4x400 M)

	Team	Relay	Seed Time
32	Pittsburgh		_____
33	Samford		_____
34	Seton Hill		_____
35	Shaw		_____
36	So. Conn. St		_____
37	So. Conn. St	B	_____
38	S Carolina		_____
39	St. Aug's		_____
40	St. Aug's	B	_____
41	The Executiv		_____
42	Tiffin		_____
43	Tiffin	B	_____
44	Track Easter		_____
45	UNC-Ashevell		_____
46	USC Upstate		_____
47	Virginia-Lyn		_____
48	WFU		_____
49	Wheeling Jes		_____
50	Wheeling Jes	B	_____
51	Wingate		_____
52	Youngstown S		_____

Event 56 Men 1600 Sprint Medley**Friday 3/29/2013 - 4:35 PM****EVENT WILL BE SEEDED AFTER CHECK-IN**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 3:17.86 2000

	Team	Relay	Seed Time
1	Aggie elite		_____
2	BC		_____
3	Citadel		_____
4	Duke RC		_____
5	Knight elite		_____
6	Lake Erie		_____
7	LIU Brooklyn		_____
8	LIU Brooklyn	B	_____
9	Loyola		_____
10	Mich State		_____
11	NC A&T		_____
12	Northwood		_____
13	Northwood	B	_____
14	NYU		_____
15	Penn		_____
16	Samford		_____
17	Shaw		_____
18	So. Conn. St		_____
19	So. Conn. St	B	_____
20	St. Aug's		_____
21	Tiffin		_____
22	Track Easter		_____
23	Virginia-Lyn		_____
24	Wingate		_____
25	Zenith Veloc		_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Event 54 Men 4x800 M**Saturday 3/30/2013 - 3:15 PM**

Sections/Heats will be run Fastest to Slowest

Raleigh Rel.: 7:24.47 1987

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 2 Finals

1	Duke RC		_____
2	Penn		_____
3	ETSU		_____
4	Stotan Racin		_____
5	Clemson		_____
6	BU		_____
7	BC		_____
8	Tennessee		_____
9	St. Aug's		_____
10	High Point		_____
11	USC Upstate		_____
12	LIU Brooklyn		_____

Section 2 of 2 Finals

1	Campbell		_____
2	High Point	B	_____
3	S Carolina		_____
4	Morehead Sta		_____
5	Ferris State		_____
6	NYU		_____
7	Coastal Car		_____
8	Citadel		_____
9	Tiffin		_____
10	Youngstown S		_____
11	Wheeling Jes		_____
12	Northwood		_____

Event 55 Men 4x1500 M**Saturday 3/30/2013 - 10:50 AM**

Raleigh Rel.: 15:13.47 2000

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 1 Finals

1	Duke RC		_____
2	Clemson		_____
3	Akron		_____
4	Pittsburgh		_____
5	Mich State		_____
6	Loyola		_____
7	Tennessee		_____
8	High Point		_____
9	ETSU		_____
10	Bentley		_____
11	BC		_____
12	Northwood		_____
13	High Point	B	_____

2013
adidas Raleigh Relays



Men's
Field Events

*Please make note of each sections schedule
starting time.*

Raleigh Relays - 3/29/2013 to 3/30/2013
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Start Lists

Event 133 Men High Jump Section II**Friday 3/29/2013 - 3:00 PM****Progression: 1.95, 2.00, 2.05, 2.10, 2.15, 2.18, 2.21, 2.24, 2.****Raleigh Rel.: 2.25m 2010 Joseph Kindred**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Fisher, Tracy	USC Upstate		_____
2	Marsh, William	Ky State		_____
3	Howard, Cameron	UNC-Asheville		_____
4	Lester, Jonathan	Tiffin		_____
5	Haley, Paul	UNC		_____
6	Pierce, Chad	UNC		_____
7	Williams, George	Wingate		_____
8	McIntire, Tevan	Liberty		_____
9	Latty, Nick	Seton Hill		_____
10	McIntosh, Xavier	American Int		_____
11	Thomas, Sherron	Seton Hill		_____
12	Obodo, Cliff	NC A&T		_____
13	Bellard, John	UNC-Asheville		_____
14	Fiedler, Derick	Slippery Roc		_____
15	Richburg, Brandon	Shaw		_____
16	Hutchins, Adrian	Tiffin		_____
17	Isom, Blake	ETSU		_____
18	Lazarou, Myles	Platinum Spo		_____
19	Spalding, Cory	Ky State		_____
20	Valdez, Robert	Lake Superio		_____
21	Donigan, Patrick	Liberty		_____
22	Henderson, Caleb	Mount Olive		_____
23	Stepp, Tyler	ETSU		_____
24	McGinty, Mitchell	BC		_____
25	Santoyo, Victor	Slippery Roc		_____
26	McClardy, Derek	Tennessee		_____
27	Morris, Phillip	UNC		_____
28	King, Jon	Binghamton		_____
29	Braman, Jeremy	Lake Superio		_____
30	Jakovina, Jay	Youngstown S		_____
31	Louden, Alexander	St. Aug's		_____
32	Young, Timothy	Tiffin		_____
33	Lewis, Kemar	LIU Brooklyn		_____

Event 32 Men High Jump Section I**Friday 3/29/2013 - 2:00 PM****Progression: 2.00, 2.05, 2.10, 2.15, 2.18, 2.21, 2.24, 2.27****Raleigh Rel.: 2.25m 2010 Joseph Kindred**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Langston, Jalen	Clemson		_____
2	Heinz, Carl	Duke RC		_____
3	Addison, Jonathan	NC State		_____
4	Moore, Dylan	Unattached		_____
5	Gallaher, Luke	Pittsburgh		_____
6	Hughes, Owen	Mich State		_____
7	Jackson, Kevin	Mich State		_____
8	Cannaday, Eugene	Tiffin		_____
9	Prude, Gemikal	Lipscomb		_____
10	Shelton, Eddie	St. Aug's		_____
11	Calvin, Willie	NCCU		_____
12	Kornegay-Gober, Kris	NC State		_____
13	Nall, Dante	Unattached		_____
14	Dudley, Edward	Lake Erie		_____
15	Reynolds, Maaalik	Penn		_____

Event 134 Men Pole Vault Section II**Friday 3/29/2013 - 12:00 PM****Progression: 3.70-4.00-4.15-4.30-4.45-4.55-4.65-4.75****Raleigh Rel.: 5.45m 2010 Mark Johnson**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	Brown, Matt	Northwood		_____
2	Pisch, Marcus	Tiffin		_____
3	Goeltz, Stephen	Pittsburgh		_____
4	san miguel, jose	Unattached		_____
5	Mathias, Garrett	Youngstown S		_____
6	Rocco, Bradley	Pittsburgh		_____
7	Boozer, Mark	Citadel		_____
8	Rush, Roland	Wheeling Jes		_____
9	Barker, Alex	Liberty		_____
10	Miceli, Joe	Binghamton		_____
11	Nichols, Ethan	Malone		_____
12	Camody, Ryan	Slippery Roc		_____
13	Winkle, Chris	ETSU		_____
14	Robinson, Robert	Tiffin		_____
15	Ritchey, Ken	Liberty		_____
16	Floyd, Kevin	Lipscomb		_____
17	Ramsey, Ryan	UNC		_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Event 33 Men Pole Vault Section I**Friday 3/29/2013 - 11:00 AM****Progression: 4.30, 4.45, 4.60, 4.75, 4.85, 4.95, 5.05, 5.15****Raleigh Rel.: 5.45m 2010 Mark Johnson**

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 1 Finals

1	Davies, Kyle	Wheeling Jes	_____
2	Laskoski, Nelson	So. Conn. St	_____
3	Fridgen, Cody	Liberty	_____
4	Slaven, John	Binghamton	_____
5	Escaravage, Justin	So. Conn. St	_____
6	Helman, Adam	Binghamton	_____
7	Melton, David	Citadel	_____
8	Davies, Ben	Samford	_____
9	Cook, Ryan	Samford	_____
10	Eckenroth, Austin	S Carolina	_____
11	Nixon, James	Mich State	_____
12	Salisbury, Jaime	Mich State	_____
13	Maira, Michael	Tennessee	_____
14	Peterman, Derik	Mich State	_____
15	Daugherty, Cameron	Slippery Roc	_____
16	Wagoner, Owen	Samford	_____
17	Davis, Joe	Unattached	_____
18	Shepherd, Kolby	Unattached	_____

Event 34 Men Long Jump Section I**Friday 3/29/2013 - 2:30 PM****Top 9 marks advance to final****Minimum Mark- 6.85 (22-5.25)****Raleigh Rel.: 8.08m 1984 Jason Grimes**

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 2 Finals

1	Reddington, Kevin	Liberty	_____
2	Peterson, Anaquan	St. Aug's	_____
3	Bastien, Steven	Samford	_____
4	Wilkinson, DeJon	St. Aug's	_____
5	Stewart, Jarenn	LIU Brooklyn	_____
6	Baker-Johnson,	George Mason	_____
7	Steele, Reginald	Pittsburgh	_____
8	Robinson, Will	Clemson	_____
9	Lawrence, Diego	ETSU	_____
10	Stepp, Tyler	ETSU	_____
11	Brown, Desmond	Unattached	_____
12	McLachlan, James	Loyola	_____

Flight 2 of 2 Finals

1	Boone, Graham	ETSU	_____
2	Calvin, Willie	NCCU	_____
3	Postwaite, Joseph	Lake Erie	_____
4	Reeves, DeQwan	Virginia-Lyn	_____
5	Gambrell, Jarred	Mich State	_____
6	Ziegler, Eric	Binghamton	_____
7	Johnson, Aaron	Liberty	_____
8	Noble, Marquis	NC A&T	_____
9	Lee, Michael	So. Conn. St	_____
10	Butler, Diondre	Unattached	_____
11	Lockhart, Michael	ETSU	_____
12	Johnson, Dorian	S Carolina	_____
13	Kornegay-Gober, Kris	NC State	_____
14	Jones, Edward	Citadel	_____

Event 135 Men Long Jump Section II**Friday 3/29/2013 - 11:00 AM****Three attempts only,****Minimum Mark- 6.70 (21'11")****Raleigh Rel.: 8.08m 1984 Jason Grimes**

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 3 Finals

1	Thompson, Nigel	Morgan State	_____
2	Kibler, Reid	Tiffin	_____
3	Kibler, Connor	Tiffin	_____
4	Dalton, Christopher	St. Aug's	_____
5	James, Tajuan	St. Aug's	_____
6	Thomas, Jarrod	Tiffin	_____
7	Smith, Keenan	NC A&T	_____
8	Jackson, John	Ky State	_____
9	Sintim, Byron	George Mason	_____
10	Cannaday, Eugene	Tiffin	_____
11	Legrair, Johnnie	Malone	_____
12	Atakora-Bediako, Nana	NCCU	_____
13	Coleman, Max	High Point	_____
14	Bassett, Brandon	Samford	_____
15	Balczak, Justin	Lake Superio	_____
16	Cleare, Christopher	Campbell	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
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Start Lists

Flight 2 of 3 Finals...(Event 135 Men Long Jump Section II)

1	Williams, Ricky	American Int	_____
2	Easterling, Maurice	American Int	_____
3	Rohner, Robert	Duke RC	_____
4	Mitchell, Devon	American Int	_____
5	Lawton, Michael	George Mason	_____
6	Lebron, Nick	So. Conn. St	_____
7	McIntire, Tevan	Liberty	_____
8	Henry, Courtney	UNC-Asheville	_____
9	Maio, Kyle	Edinboro	_____
10	Blue, Danny	Wingate	_____
11	Padyjasek, Richie	Seton Hill	_____
12	Combs, Antonio	Tiffin	_____
13	Ackerson-Gilroy, Bo	Samford	_____
14	Guerrier, Jimm	So. Conn. St	_____
15	Caraciolo, Joseph	So. Conn. St	_____
16	Bulla, Brandon	UNC-Pembroke	_____

Flight 3 of 3 Finals

1	Long, Sherrod	Unattached	_____
2	Little, Justin	George Mason	_____
3	Davies, Kyle	Wheeling Jes	_____
4	Kosciuszko, Anthony	Slippery Roc	_____
5	Giles, Chalin	Seton Hill	_____
6	Dawkins, Wayne	Wingate	_____
7	McLaughlin, Mason	Slippery Roc	_____
8	Chatmon, Glynn	Duke RC	_____
9	White, Brenden	UNC	_____
10	Thompson, Jalen	Lipscomb	_____
11	Fiedler, Derick	Slippery Roc	_____
12	Smith, Jonathan	Wingate	_____
13	Traylor, Matt	Binghamton	_____
14	Gallaher, Luke	Pittsburgh	_____
15	Brown, Marquis	Shaw	_____
16	Brown, Darian	Shaw	_____
17	Richardson, Raheem	Shaw	_____
18	Hutchinson, Joe	UNC	_____

Event 35 Men Triple Jump Section I**Saturday 3/30/2013 - 11:00 AM****Top 9 marks advance to final****Minimum Mark- 14.00 (45'11.75")****Raleigh Rel.: 16.38m 1996****Warren Posey**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Johnson, Jason	ETSU	_____
2	Shaw, David	St. Aug's	_____
3	Higginbotham, Justin	Ill-Chicago	_____
4	Gambrell, Jarred	Mich State	_____
5	Johnson, Dorian	S Carolina	_____
6	Wilkinson, DeJon	St. Aug's	_____
7	Peterson, Anaquan	St. Aug's	_____
8	Smith, Keenan	NC A&T	_____
9	Atakora-Bediako, Nana	NCCU	_____
10	Stubblefield, Wilmot	LIU Brooklyn	_____
11	Postwaite, Joseph	Lake Erie	_____
12	Carr, Lincoln	Unattached	_____

Flight 2 of 2 Finals

1	Jones, Edward	Citadel	_____
2	Boone, Graham	ETSU	_____
3	Lawton, Michael	George Mason	_____
4	Hoggs, Zeke	UNC-Pembroke	_____
5	Combs, Antonio	Tiffin	_____
6	White, Brenden	UNC	_____
7	Lee, Michael	So. Conn. St	_____
8	Cleare, Christopher	Campbell	_____
9	Ray, Logan	Lipscomb	_____
10	Evans, Astute	Wingate	_____
11	Tele, Jimi	George Mason	_____
12	Johnson, Chris	Liberty	_____
13	Ford, Brandon	Indiana(PA)	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Event 136 Men Triple Jump Section II**Saturday 3/30/2013 - 12:00 PM****Three attempts only, unless mark would have made final sect I****Minimum Mark- 14.00 (45'11.75")****Raleigh Rel.: 16.38m 1996 Warren Posey**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Moore, Rayvon	NCSU Club	_____
2	McMillan, Ashton	Northwood	_____
3	Botaka, Benito	Morehead Sta	_____
4	Jackson, Terry	Seton Hill	_____
5	Thomas, Sherron	Seton Hill	_____
6	Little, Justin	George Mason	_____
7	Harris, Scottie	Mount Olive	_____
8	Brown, Valian	Citadel	_____
9	Ramsey, Chris	Binghamton	_____
10	Dalton, Christopher	St. Aug's	_____
11	Brown, Darian	Shaw	_____
12	Giles, Chalin	Seton Hill	_____
13	Claypoole, Jeremy	Indiana(PA)	_____
14	Brown, Marquis	Shaw	_____
15	Thompson, Vijon	UNC-Pembroke	_____
16	McIntosh, Xavier	American Int	_____
17	Reeves, DeQwan	Virginia-Lyn	_____
18	Santoyo, Victor	Slippery Roc	_____
19	Dawkins, Wayne	Wingate	_____
20	Braman, Jeremy	Lake Superio	_____
21	Thomas, Jarrod	Tiffin	_____
22	Garcia, Amin	Kingsborough	_____
23	Elliott II, Bob	Samford	_____

Event 36 Men Shot Put**Friday 3/29/2013 - 2:00 PM****Top Two flights go directly to final****Minimum Mark- 14.63 (48')****Raleigh Rel.: 20.30m 1999 Kevin Toth**

Pos	Name	School	Seed Mark
Flight 1 of 4 Finals			
1	Butler, Jefferson	Morgan State	_____
2	Turner, Michael	Indiana(PA)	_____
3	Shumway, Kyler	Duke RC	_____
4	Bowers, Davion	Tiffin	_____
5	Tudor, Macklin	Tiffin	_____
6	Harris, Tylor	WFU	_____
7	Rich, Jule	NC State	_____
8	Sugishita, Kenneth	USC Upstate	_____
9	Hicks, AJ	UNC	_____
10	Boals, Stephen	Duke RC	_____
11	Thalheimer, Cory	Clemson	_____
12	Brenza, Jacob	Penn	_____
13	DiLorenzo, Chris	UNC	_____
14	Seaver, John	Youngstown S	_____
15	Moreau, Ross	Indiana(PA)	_____
16	James, Antonio	Mich State	_____
Flight 2 of 4 Finals			
1	Kearsh, Eric	Wheeling Jes	_____
2	Miller, Kevin	Tiffin	_____
3	Benham, Jake	Belmont	_____
4	Burn, Walter	Belmont	_____
5	Riedel, Hans	Lake Superio	_____
6	Dieck, Justin	Lake Superio	_____
7	Michaelsen, Steve	WFU	_____
8	Stankey, Ryan	Ferris State	_____
9	Ward, Houston	Lipscomb	_____
10	Vendemia, Eric	Youngstown S	_____
11	Feuerstein, Jay	Tiffin	_____
12	Dupont, Tresley	So. Conn. St	_____
13	DeValve, Jacob	Liberty	_____
14	Mattis, Sam	Penn	_____
15	Heikkila, Pat	Binghamton	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Flight 3 of 4 Finals...(Event 36 Men Shot Put)

1	Parkes, Tahir	So. Conn. St	_____
2	Antwi, Prince	Seton Hill	_____
3	Green, Demetrius	NC A&T	_____
4	Thomas, George	Youngstown S	_____
5	Weeks, Nathan	Shaw	_____
6	Barber, Abdul	Shaw	_____
7	Holder, Kewan	Shaw	_____
8	Bridges, Brian	Shaw	_____
9	Reese, James	NCCU	_____
10	Nallenweg, Andrew	Wingate	_____
11	Smallwood, Brian	Shaw	_____
12	Chiclowe, Jacob	Youngstown S	_____
13	Gidado, Dylan	Citadel	_____
14	Davis, Keith	Morgan State	_____
15	Woodley, Andrew	Liberty	_____

Flight 4 of 4 Finals

1	Braswell, Cameron	Mount Olive	_____
2	Thornton, Donavann	Mount Olive	_____
3	Lavelle, Jesse	Wingate	_____
4	Baldwin Jr, Eric	Campbell	_____
5	Horton, Terry	Ky State	_____
6	Capek, Daniel	Northwood	_____
7	Mines, Jacob	Wheeling Jes	_____
8	Makowski, Timothy	Malone	_____
9	Goode, Sam	Ferris State	_____
10	Vandenberg, JJ	Ferris State	_____
11	Hargrove, John	St. Aug's	_____
12	Kihl, Jordan	Binghamton	_____
13	Hibert, Kurt	UNC-Asheville	_____

Event 37 Men Discus Throw**Friday 3/29/2013 - 10:00 AM**

Top Two flights go directly to final

Minimum Mark- 44.20 (145')

Raleigh Rel.: 62.66m 1996

Jim Seifert

Pos	Name	School	Seed Mark
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Flight 1 of 4 Finals

1	Hamilton, Keenan	Tiffin	_____
2	Boals, Stephen	Duke RC	_____
3	Kostrzewa, Connor	Mich State	_____
4	Tudor, Macklin	Tiffin	_____
5	Pearce, Grant	NC State	_____
6	Hicks, AJ	UNC	_____
7	Ousley, Dontrevious	UNC	_____
8	Riedel, Hans	Lake Superio	_____
9	Sugishita, Kenneth	USC Upstate	_____
10	Rich, Jule	NC State	_____
11	Wells, Andrew	Pittsburgh	_____
12	James, Antonio	Mich State	_____
13	Williams, Nathaniel	NC State	_____
14	Mattis, Sam	Penn	_____
15	Pugh, Lonnie	Mich State	_____

Flight 2 of 4 Finals

1	Ray, Franklin	NC State	_____
2	Reese, James	NCCU	_____
3	Lovell, Richie	ETSU	_____
4	Glanz, Mike	Belmont	_____
5	Seaver, John	Youngstown S	_____
6	Hibert, Kurt	UNC-Asheville	_____
7	Brenza, Jacob	Penn	_____
8	Thomas, George	Youngstown S	_____
9	Harris, Justin	ETSU	_____
10	Mills, Ryan	So. Conn. St	_____
11	Feathers, Greg	Binghamton	_____
12	Ward, Houston	Lipscomb	_____
13	Moreau, Ross	Indiana(PA)	_____
14	Robinson, Ralph	Tiffin	_____
15	Michaelsen, Steve	WFU	_____

Flight 3 of 4 Finals

1	Kihl, Jordan	Binghamton	_____
2	Kearsh, Eric	Wheeling Jes	_____
3	Vendemia, Eric	Youngstown S	_____
4	Porter, Geno	Citadel	_____
5	Avampato, Chris	California (_____
6	Ash, Derek	Ferris State	_____
7	Bowers, Davion	Tiffin	_____
8	Green, Demetrius	NC A&T	_____
9	Mines, Jacob	Wheeling Jes	_____
10	Gidado, Dylan	Citadel	_____
11	Johnson, Lucas	Ferris State	_____
12	Wooten, Nate	WFU	_____
13	Bridges, Brian	Shaw	_____
14	Smallwood, Brian	Shaw	_____
15	Stankey, Ryan	Ferris State	_____
16	DeValve, Jacob	Liberty	_____
17	Isom, Blake	ETSU	_____

Flight 4 of 4 Finals

1	Chiclowe, Jacob	Youngstown S	_____
2	Capek, Daniel	Northwood	_____
3	Miller, Kevin	Tiffin	_____
4	Hargrove, John	St. Aug's	_____
5	Hoogland, Matt	VT	_____
6	Braswell, Cameron	Mount Olive	_____
7	Barbeau, Sam	UNC-Asheville	_____
8	Janusey, Stephen	Seton Hill	_____
9	Perdue, Matt	Seton Hill	_____
10	Nicholas, Travis	Wheeling Jes	_____
11	Benham, Jake	Belmont	_____
12	Burn, Walter	Belmont	_____
13	Goode, Sam	Ferris State	_____
14	Blount, LaRon	NCCU	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Event 38 Men Hammer Throw**Saturday 3/30/2013 - 10:00 AM****Top Two flights go directly to final****Minimum Mark- 45.73 (150')****Raleigh Rel.: 70.48m 1987****Patrick Egan**

Pos	Name	School	Seed	Mark
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Flight 1 of 4 Finals

1	Wells, Andrew	Pittsburgh		_____
2	Rich, Jule	NC State		_____
3	Hicks, AJ	UNC		_____
4	Kostrzewa, Connor	Mich State		_____
5	Williams, Nathaniel	NC State		_____
6	James, Antonio	Mich State		_____
7	Hibert, Kurt	UNC-Asheville		_____
8	Stone, Sean	Lake Erie		_____
9	Foley, Michael	Duke RC		_____
10	Thomas, Drew	Unattached		_____
11	Sugishita, Kenneth	USC Upstate		_____
12	jussaume, steven	Shore AC		_____
13	Capek, Daniel	Northwood		_____
14	Pugh, Lonnie	Mich State		_____
15	Frye, Joe	Music City M		_____

Flight 2 of 4 Finals

1	Yovanic, Paul	Loyola		_____
2	Lindsay, Steven	Tiffin		_____
3	Tudor, Macklin	Tiffin		_____
4	Benham, Jake	Belmont		_____
5	Shumway, Kyler	Duke RC		_____
6	Vandenberg, JJ	Ferris State		_____
7	McAdoo, Deon	Tennessee		_____
8	Kearsh, Eric	Wheeling Jes		_____
9	Bell, Fesser	Clemson		_____
10	Robinson, Ralph	Tiffin		_____
11	Thomas, George	Youngstown S		_____
12	Dupont, Tresley	So. Conn. St		_____
13	Johnson, Lucas	Ferris State		_____
14	Hamilton, Keenan	Tiffin		_____
15	Pearce, Grant	NC State		_____

Flight 3 of 4 Finals

1	Goode, Sam	Ferris State	_____
2	Lavelle, Jesse	Wingate	_____
3	Avampato, Chris	California (_____
4	Heikkila, Pat	Binghamton	_____
5	Mines, Jacob	Wheeling Jes	_____
6	Ash, Derek	Ferris State	_____
7	Rocker, David	Unattached	_____
8	Lovell, Richie	ETSU	_____
9	Williams, Demetrius	Tiffin	_____
10	Harris, Justin	ETSU	_____
11	Feathers, Greg	Binghamton	_____
12	Wooten, Nate	WFU	_____
13	Parkes, Tahir	So. Conn. St	_____
14	Jimpkoski, David	Ferris State	_____
15	Wellington, Jason	George Mason	_____
16	Brenza, Jacob	Penn	_____

Flight 4 of 4 Finals

1	Green, Demetrius	NC A&T	_____
2	Chiclowe, Jacob	Youngstown S	_____
3	Horton, Terry	Ky State	_____
4	Thornton, Donavann	Mount Olive	_____
5	Jackson, Sebastian	Mount Olive	_____
6	Gidado, Dylan	Citadel	_____
7	Nicholas, Travis	Wheeling Jes	_____
8	Campbell, Ryan	Mount Olive	_____
9	Squier, Jacob	Northwood	_____
10	Porter, Geno	Citadel	_____
11	Ward, Houston	Lipscomb	_____
12	Kihl, Jordan	Binghamton	_____
13	Glanz, Mike	Belmont	_____
14	Ousley, Dontrevious	UNC	_____
15	Thalheimer, Cory	Clemson	_____
16	Frost, Carson	Tennessee	_____

Raleigh Relays - 3/29/2013 to 3/30/2013
North Carolina State University
Paul Derr Track, Raleigh, NC
Start Lists

Event 39 Men Javelin Throw**Saturday 3/30/2013 - 11:00 AM****Top Two flights go directly to final****Minimum Mark- 51.83 (170')****Raleigh Rel.: 77.50m 2004****Brian Chaput**

Pos	Name	School	Seed	Mark
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Flight 1 of 4 Finals

1	Liles, Jordan	Loyola		_____
2	Ackerson-Gilroy, Bo	Samford		_____
3	DeValve, Jacob	Liberty		_____
4	Klase, Daniel	Liberty		_____
5	Davis, Keith	Morgan State		_____
6	Millar, Robert	Pittsburgh		_____
7	Donelan, Patrick	WFU		_____
8	Reinhardt, David	Slippery Roc		_____
9	Ingram, Karl	Penn		_____
10	Davies, Ben	Samford		_____
11	Gonzalez, Omar	So. Conn. St		_____
12	Bassett, Brandon	Samford		_____
13	Summers, Houston	Unattached		_____
14	Lincoln, Ben	WFU		_____

Flight 2 of 4 Finals

1	Duplicc, Shane	American Int		_____
2	Knight, Max	Slippery Roc		_____
3	Bellard, John	UNC-Asheville		_____
4	McGinty, Mitchell	BC		_____
5	Bojaled, David	Lake Erie		_____
6	Kibler, Connor	Tiffin		_____
7	Fischer, Eric	Slippery Roc		_____
8	Kano, Marko	Delaware Sta		_____
9	Robertshaw, Zachary	Duke RC		_____
10	Kibler, Reid	Tiffin		_____
11	Cranmore, Shane	BC		_____
12	Bleacher, Alexander	Pittsburgh		_____
13	Wellington, Jason	George Mason		_____
14	Rupert, Josiah	Pittsburgh		_____
15	Wolff, Jared	Tiffin		_____
16	Tomczak, Jacob	So. Conn. St		_____

Flight 3 of 4 Finals

1	Barber, Abdul	Shaw		_____
2	Maio, Kyle	Edinboro		_____
3	Perdue, Matt	Seton Hill		_____
4	Squier, Jacob	Northwood		_____
5	Roberts, Collier	Belmont		_____
6	Janusey, Stephen	Seton Hill		_____
7	Soyring, Zackary	Lake Erie		_____
8	Williamson, Capers	Citadel		_____
9	Dabella, Garrett	Indiana(PA)		_____
10	Hooper, Ryan	BC		_____
11	Escaravage, Justin	So. Conn. St		_____
12	Butler, Jefferson	Morgan State		_____

Flight 4 of 4 Finals

1	McCulloh, Kevin	Youngstown S	_____
2	Green, Demetrius	NC A&T	_____
3	Jackson, Sebastian	Mount Olive	_____
4	Ramsey, Ryan	UNC	_____
5	Barbeau, Sam	UNC-Asheville	_____
6	Thompson, Matt	UNC-Pembroke	_____
7	Hessell, Chris	Mich State	_____
8	Hoogland, Matt	VT	_____
9	Zegarzewski, Tyler	Campbell	_____
10	Mines, Jacob	Wheeling Jes	_____
11	Neal, Terrence	Duke RC	_____
12	Daddario, Oliver	Loyola	_____
13	McConnell, Aiden	WFU	_____
14	Weeks, Nathan	Shaw	_____
15	Brown, Darian	Shaw	_____
16	Culver, Raymond	Shaw	_____