

ACC CHAMPIONS

MEN'S 50 FREE

Don Sonia (24.3).....	1954
Bill Sonner (23.4).....	1955
David McIntyre (23.0).....	1956
Francis Ellis (22.5).....	1962
Bill McGinty (22.4).....	1963
Steve Rerych (21.6).....	1966
Steve Rerych (21.6).....	1967
Steve Rerych (21.3).....	1968
Eric Schwall (21.86).....	1969
Eric Schwall (22.02).....	1970
Eric Schwall (21.42).....	1971
Mack Elliott (22.0).....	1972
Chuck Raburn (21.19).....	1973
Tony Corliss (21.43).....	1974
Chuck Raburn (21.18).....	1975
Chuck Radburn (21.11).....	1976
Jim Umbdenstock (20.78).....	1978
P.T. DeGruchy (20.37).....	1981
Chuck Gaul (20.77).....	1982
Rocco Aceto (20.37).....	1986
David Fox (19.75).....	1991
David Fox (19.64).....	1992
David Fox (19.56).....	1993
Greg Solt (20.02).....	2000
Cullen Jones (19.70).....	2004
Cullen Jones (19.61).....	2005
Cullen Jones (19.07).....	2006

WOMEN'S 50 FREE

Debbie Campbell (23.64).....	1980
Beth Emery (23.64).....	1983

MEN'S 100 FREE

David McIntyre (51.3).....	1955
David McIntyre (51.6).....	1956
David McIntyre (50.2).....	1957
Bill McGinty (50.7).....	1962
Steve Rerych (47.8).....	1966
Steve Rerych (47.7).....	1967
Steve Rerych (47.0).....	1968
Eric Schwall (47.73).....	1969
Eric Schwall (47.76).....	1970
Eric Schwall (47.23).....	1971
Mark Elliott (47.8).....	1972
Chuck Radburn (47.73).....	1973
Tom Bryan (46.61).....	1976
Chuck Gaul (45.77).....	1979
P.T. DeGruchy (45.13).....	1981
Chuck Gaul (44.51).....	1982
Todd Dudley (45.08).....	1984
Matt Dressman (45.01).....	1986
David Fox (43.65).....	1991
David Fox (43.25).....	1992
David Fox (43.36).....	1993
Carlos Santander (43.96).....	1995
Matt Brado (44.71).....	2000
Cullen Jones (43.59).....	2004
Cullen Jones (43.35).....	2006

WOMEN'S 100 FREE

Doreen Kase (52.15).....	1980
Doreen Kase (51.40).....	1981
Beth Emery (50.95).....	1982
Beth Emery (50.71).....	1983

MEN'S 200 FREE

Steve Rerych (1:46.7).....	1966
Steve Rerych (1:46.0).....	1967
Steve Rerych (1:49.9).....	1968
Bob Birnbrauer (1:46.58).....	1969
Rusty Lurwick (1:44.22).....	1971
Mark Elliott (1:44.5).....	1972
Tony Corliss (1:44.1).....	1973
Mark Elliott (1:45.01).....	1974
Sid Cassidy (1:43.75).....	1975
Sid Cassidy (1:41.01).....	1977
Eddy Houchin (1:40.57).....	1978
Chuck Gaul (1:40.58).....	1979
Matt Dressman (1:38.69).....	1986
Carlos Santander (1:37.31).....	1996

MEN'S FOUR-TIME CHAMPIONS

Steve Gregg.....	200 Fly.....	1974-75-76-77
Eddy Houchin.....	200 IM.....	1975-76-77-78
Duncan Goodhew.....	100 Breast.....	1976-77-78-79
Jim Umbdenstock.....	100 Fly.....	1976-77-78-79

MEN'S THREE-TIME CHAMPIONS

David McIntyre.....	100 Free.....	1955-56-57
Dick Fadgen.....	200 Breast/Fly.....	1956-57-58
Peter Fogarassy.....	100/200 Breast.....	1961-62-63
Ron Wirth.....	100/200 Back.....	1965-66-67
John Calvert.....	200/400 IM.....	1966-67-68
Steve Rerych.....	50/100/200 Free.....	1966-67-68
Eric Schwall.....	50/100 Free.....	1969-70-71
Tom Evans.....	100/200 Back.....	1969-70-71
Randy Horton.....	1-Meter Diving.....	1970-71-72
Chuck Rayburn.....	50 Free.....	1973-75-76
Sid Cassidy.....	500/1650 Free.....	1975-76-77
Eddy Houchin.....	400 IM.....	1975-76-77
Dan Harrigan.....	200 Back.....	1975-77-78
Mike Tober.....	1-Meter Diving.....	1975-77-78
Duncan Goodhew.....	200 Breast.....	1976-78-79
David Fox.....	50/100 Free.....	1991-92-93
Cullen Jones.....	50 Free.....	2004-05-06

WOMEN'S THREE-TIME CHAMPIONS

Amy Lepping.....	500/1650 Free.....	1979-80-82
Tricia Butcher.....	1650 Free.....	1983-84-85
Allyson Reid.....	1- and 3-Meter Diving.....	1979-80-81
Agnes Gerlach.....	3-Meter Diving.....	1991-93-94

WOMEN'S 200 FREE

Amy Lepping (1:51.62).....	1980
Doreen Kase (1:51.10).....	1981
Tom Bryan (46.61).....	1976
Beth Emery (1:49.80).....	1982
Beth Emery (1:49.60).....	1983

MEN'S 220 FREE

Bob Mattson (2:11.2).....	1954
Fred Ruppenthal (2:15.2).....	1955
Frank Nauss (2:12.7).....	1956
Frank Nauss (2:10.1).....	1957

MEN'S 250 FREE

Robin Best (2:38.5).....	1960
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MEN'S 400 FREE

Ed Spencer (4:10.6).....	1961
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MEN'S 440 FREE

Fred Ruppenthal (4:55.5).....	1954
Fred Ruppenthal (4:56.8).....	1955
Frank Nauss (4:42.22).....	1956
Frank Nauss (4:42.7).....	1957
Ed Spencer (4:38.7).....	1962

MEN'S 500 FREE

Robin Best (5:49.6).....	1960
Pat Gavaghan (5:29.9).....	1964
Jeff Herman (4:55.8).....	1966
Jeff Herman (4:59.9).....	1967
Steve McGrain (4:55.44).....	1969
Steve McGrain (4:50.81).....	1970
Tom Evans (4:41.77).....	1971
Tony Corliss (4:45.3).....	1972

Ralph Baric (4:39.4).....	1973
Steve Gregg (4:45.35).....	1974
Doreen Kase (1:51.10).....	1975
Sid Cassidy (4:32.87).....	1976
Sid Cassidy (4:32.35).....	1977
Dan Harrigan (4:28.24).....	1978
Dan Harrigan (4:28.51).....	1979
Tom Falzone (4:28.12).....	1981
Rich Shinnick (4:29.64).....	1985

WOMEN'S 500 FREE

Amy Lepping (4:55.55).....	1979
Amy Lepping (4:54.54).....	1980
Amy Lepping (4:49.03).....	1982
Tricia Butcher (4:51.53).....	1983

MEN'S 1000 FREE

Steve McGrain (10:02.02).....	1970
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MEN'S 1500 FREE

Fred Ruppenthal (20:05.0).....	1954
Fred Ruppenthal (20:06.7).....	1955
Frank Nauss (19:12.2).....	1956
Frank Nauss (19:30.9).....	1957
Robin Best (20:24.0).....	1960

MEN'S 1650 FREE

Pat Gavaghan (18:23.4).....	1964
Pat Gavaghan (18:15.0).....	1965
Bob Hounsell (17:35.0).....	1966
Steve McGrain (17:33.73).....	1969
Tom Evans (16:31.98).....	1971
Ralph Baric (16:17.9).....	1973
Sid Cassidy (16:20.74).....	1975
Sid Cassidy (16:05.22).....	1976
Sid Cassidy (15:34.96).....	1977

Kevin Weldon (15:55.95).....	1978
Paul Sparkes (15:32.98).....	1979
Bob Menches (15:30.46).....	1980
Bob Menches (15:33.91).....	1981
Rich Shinnick (15:25.83).....	1985

WOMEN'S 1650 FREE

Amy Lepping (16:56.22).....	1979
Amy Lepping (16:46.75).....	1980
Amy Lepping (16:27.37).....	1982
Tricia Butcher (16:37.07).....	1983
Tricia Butcher (16:42.76).....	1984
Tricia Butcher (16:31.56).....	1985

WOMEN'S 50 BREAST

(DISCONTINUED)	
Patty Waters (29.95).....	1982

MEN'S 100 BREAST

Paul Arata (1:03.9).....	1954
Dick Fadgen (1:03.6).....	1957
Dick Fadgen (1:06.8).....	1958
Peter Fogarassy (1:05.0).....	1961
Peter Fogarassy (1:03.2).....	1962
Peter Fogarassy (1:03.6).....	1963
Tom Falzone (1:01.1).....	1968
Mike Witaszek (1:01.8).....	1969
Chris Mapes (1:00.7).....	1972
Chris Mapes (1:01.6).....	1973
Duncan Goodhew (56.80).....	1976
Sid Cassidy (4:32.35).....	1977
Duncan Goodhew (56.81).....	1978
Duncan Goodhew (56.7).....	1979
P.T. DeGruchy (56.93).....	1981

WOMEN'S 100 BREAST

Patty Waters (1:04.16).....	1981
Patty Waters (1:04.48).....	1982
Laura Mazur (1:04.37).....	1990
Laura Mazur (1:04.35).....	1991
Gina Galligan (1:03.1).....	1996

MEN'S 200 BREAST

Paul Arata (2:29.5).....	1954
Bob Mattson (2:24.9).....	1955
Dick Fadgen (2:21.9).....	1956
Dick Fadgen (2:22.8).....	1957
Dick Fadgen (2:28.9).....	1958
Peter Fogarassy (2:20.7).....	1961
Braden Holloway (2:18.9).....	1962
Peter Fogarassy (2:21.4).....	1963
Mike Witaszek (2:15.2).....	1968
Tom Falzone (2:18.30).....	1969
Chris Mapes (2:12.2).....	1972
Richard Hermes (2:15.1).....	1973
Chris Mapes (2:13.5).....	1974
Duncan Goodhew (2:06.12).....	1976
Duncan Goodhew (2:04.72).....	1978
Duncan Goodhew (2:04.30).....	1979

WOMEN'S 200 BREAST

Patty Waters (2:20.28).....	1981
Patty Waters (2:20.76).....	1982

WOMEN'S 200 BREAST

(DISCONTINUED)	
Steve McGrain (10:02.02).....	1970

WOMEN'S 50 FLY

(DISCONTINUED)	
Beth Harrell (25.75).....	1979
Beth Learn (25.31).....	1981
Hope Williams (25.19).....	1983

MEN'S 100 FLY

Jim D'Anna (57.9).....	1960
Ed Spencer (54.4).....	1962
Ed Spencer (53.7).....	1963
John White (53.3).....	1965
John Long (53.23).....	1969
Bob Hounsell (51.6).....	1973
Ted Morlok (51.0).....	1974
Steve Gregg (51.34).....	1975
Jim Umbdenstock (49.62).....	1976
Jim Umbdenstock (49.97).....	1977
Jim Umbdenstock (48.93).....	1978
Jim Umbdenstock (48.36).....	1979

ACC CHAMPIONS

Chuck Niemeyer (49.13).....	1987
Chuck Niemeyer (48.76).....	1988
David Fox (48.70).....	1991
WOMEN'S 100 FLY	
Beth Harell (55.92).....	1979
Beth Learn (55.79).....	1981
Hope Willimas (55.91).....	1983
Hope Willimas (55.93).....	1984

MEN'S 200 FLY

Dick Fadgen (2:17.8).....	1956
Dick Fadgen (2:16.0).....	1957
Dick Fadgen (2:17.5).....	1958
Ed Spencer (2:06.3).....	1961
Ed Spencer (2:04.7).....	1962
Pat Gavaghan (2:01.8).....	1964
John White (1:59.0).....	1965
Phil Riker (1:59.0).....	1966
John Long (1:57.85).....	1969
John Long (1:57.68).....	1970
Jim Schlisten (1:55.8).....	1973
Steve Gregg (1:53.37).....	1974
Steve Gregg (1:52.06).....	1975
Steve Gregg (1:52.74).....	1976
Steve Gregg (1:49.41).....	1977
Joe Rhyne (1:51.87).....	1978

WOMEN'S 200 FLY

Tracy Cooper (2:05.24).....	1979
Doreen Kase (2:04.22).....	1980
Hope Williams (2:03.13).....	1983
Hope Williams (2:02.72).....	1984
Suzanne Gardiner (2:02.56).....	1991

MEN'S 100 BACK

Tom Dunlap (1:00.6).....	1954
Frank Merchel (1:01.7).....	1958
Smokey Ellis (1:00.3).....	1961
Ron Wirth (54.4).....	1965
Ron Wirth (55.7).....	1966
Ron Wirth (54.5).....	1967
Tom Evans (54.1).....	1970
Tom Evans (54.1).....	1972
Jay Hoffacker (53.89).....	1973
Kris Kubik (53.89).....	1974
Dan Harrigan (52.53).....	1977
Dan Harrigan (52.07).....	1978
Steve Bradshaw (50.42).....	1990
Chucky Cox (48.80).....	1992
Braden Holloway (48.24).....	2000
Braden Holloway (48.45).....	2001
Steven Cowling (48.71).....	2005
Kevin Velleca (48.65).....	2006

MEN'S 200 BACK

Tom Dunlap (2:14.8).....	1954
Frank Merchel (2:16.0).....	1958
Dick Paoletti (2:09.0).....	1963
Ron Wirth (2:00.6).....	1965
Ron Wirth (2:00.4).....	1966
Ron Wirth (2:01.4).....	1967
John Calvert (2:00.9).....	1968
Tom Evans (1:59.73).....	1969
Tom Evans (1:59.36).....	1970
Tom Evans (1:58.4).....	1972
Richard Carter (1:58.6).....	1973
Kris Kubik (1:57.07).....	1974
Dan Harrigan (1:56.04).....	1975
Dan Harrigan (1:52.03).....	1977
Dan Harrigan (1:52.14).....	1978

MEN'S 150 IM

(DISCONTINUED)	
Bob Mattson (1:35.1).....	1954
David McIntyre (1:32.2).....	1955

MEN'S 200 IM

Peter Fogarassy (2:08.1).....	1962
John White (2:06.2).....	1965
John Calvert (2:00.8).....	1966
John Calvert (2:02.5).....	1967
John Calvert (1:58.9).....	1968
John Long (2:04.44).....	