

## Charlotte Men and Women Take First at 2005 Charlotte Cross Country Relays

The Charlotte 49ers men's and women's cross country team began the 2005 season in fine fashion, Saturday, capturing first-place at the 2005 Charlotte Relays in both the College and Open Divisions.

The men's team tied Club Intermont for the Open Division men's title while outdistancing Virginia Intermont for the College Division title. The women's team bested Queens and Wofford.

Freshman Aja Jackson (Charlotte, N.C./EE Waddell) led the first 3K leg of the women's race before passing off to relay teammate Cassie Ficken (Conifer, Colo./Conifer), a senior all-America, who easily opened the gap. The team of Jackson/Ficken took first-place with a time of 21:13.8, more than 30 seconds better than the runner-up team of Charlotte's Amelia Slagle (Davidson, N.C./North Mecklenburg) and Tsehaye Dagnachew (Jacksonville, N.C./Jacksonville), who finished with a time of 21:45.6. Charlotte boasted four of the top five College Division relay teams to post a team score of 7. Queens finished second with 24 points and Wofford was third with 34 points.

On the men's side, Club Intermont's Fernando Cabada and Corey Duquette claimed first place with a time of 30:45.6 over their combined 10K course. Charlotte's Jamil Muhaimin (Raleigh, N.C./Southeast Raleigh) and Russell Slade (London, Eng./Kings) took second place overall and first in the college division with a time of 30:51.3. Charlotte's Nick Sunseri (Raleigh, N.C./Cardinal Gibbons) and Ryan Jank (Spartanburg, S.C./Dorman) placed fourth overall and second in the college division with a time of 30:57.4. Charlotte and Club Intermont tied for the overall title with 12 points. In the College Division, the 49ers men owned four of the top five times to post a team score of 7, besting Virginia Intermont (19) and Davidson (28).<pre>

### 2005 Charlotte Relay

McAlpine Park; Charlotte, N.C.

Saturday, Sept. 3, 2005

#### Men's Open Division

1.) Club Intermont (Fernando Cabada, Corey Duquette)	30:45.6
2.) Charlotte (Jamil Muhaimin, Russell Slade)	30:51.3
3.) Club Intermont (Michael Chapa, Jesus Chavez)	30:54.7
4.) Charlotte (Nick Sunseri, Ryan Jank)	30:57.4
5.) Virginia Intermont (Jason Lewis, Ondrej Puskar)	31:19.0
6.) Charlotte (Matt Hipps; Matt Dobler)	31:30.8
7.) Charlotte (Ken Simeone, Verun Tahiliani)	31:31.5
8.) Club Intermont (Russ Neff, Matt Neff)	31:35.4
9.) Unattached (Adu Dentamo, James Maneval)	31:50.1
10.) Virginia Intermont (Jeremy Cadle, Ricky Cuevas)	31:51.4
11.) Davidson (Douglas Noreen, A. Mercadante)	32:18.1
12.) Queens (Ryan Connelly, Philippe Araujo)	32:44.1
13.) Unattached (Dave Guerdan, Kyle Riggins)	32:49.4
14.) Davidson (Andy Kifer, Sam Morris)	32:50.7
15.) Virginia Intermont (Steeve Gabart, Alvin Charles)	33:21.2
16.) Club Intermont (James Mousseau, Charles Cummings)	33:39.1
17.) Queens (David Pleines, Zach Trinca)	33:52.2
18.) Davidson (James Garrett, Andrew Hazan)	34:50.1
19.) Unattached	35:14.2

#### **Open Team Scores:**

1.) Charlotte	12
1.) Club Intermont	12
3.) Virginia Intermont	30
4.) Davidson	43
-- Queens	No Team Score

**Men's College Division**

1.) Charlotte (Jamil Muhaimin, Russell Slade)	30:51.3
2.) Charlotte (Nick Sunseri, Ryan Jank)	30:57.1
3.) Virginia Intermont (Jason Lewis, Ondrej Puskar)	31:19.0
4.) Charlotte (Matt Hipps; Matt Dobler)	31:30.8
5.) Charlotte (Ken Simeone, Verun Tahiliani)	31:31.5
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11.) Queens (David Pleines, Zach Trinca)	33:52.2
12.) Davidson (James Garrett, Andrew Hazan)	34:50.1

**College Team Scores:**

1.) Charlotte	7
3.) Virginia Intermont	19
4.) Davidson	28
-- Queens	No Team Score

**Women's Open Division**

1.) Charlotte (Aja Jackson, Cassie Ficken)	21:13.8
2.) Charlotte (Amelia Slagle, Tsehaye Dagnachew)	21:45.6
3.) Unattached	22:04.2
4.) Virginia Intermont (Teresea Ayers, Renata Volf)	22:50.1
5.) Charlotte (Liana Blue, Summer Graham)	23:06.8
6.) Charlotte (Erin McCauley, Jessica Schlegel)	23:35.2
7.) Queens (Christi Carter, Kristin Edrington)	24:15.5
8.) Charlotte (Jenna Kohnke, Tiffany McClain)	24:33.1
9.) Queens (Katie Carman, Amber McClain)	24:35.4
10.) Wofford (Ryn Lister, Lauren Bosshardt)	24:39.2
11.) Queens (Whitney Dennis, Sairy Sanchez)	24:52.6
12.) Queens (Sarah Terry, Natasha Hansson)	25:07.7
13.) Wofford (Jaya Abraham, Mandy Mills)	25:27.1
14.) Wofford (Justina Oliva, Rachel Smithson)	27:22.8
15.) Wofford (Katie Isbell, Sarah Messamore)	28:43.1
16.) Wofford (Corey Wilson, Sarah Whitener)	29:16.2

**Open Team Scores:**

1.) Charlotte	8
2.) Queens	27
3.) Wofford	37
4.) Virginia Intermont	No team score

**Women's College Division**

1.) Charlotte (Aja Jackson, Cassie Ficken)	21:13.8
2.) Charlotte (Amelia Slagle, Tsehaye Dagnachew)	21:45.6
3.) Virginia Intermont (Teresea Ayers, Renata Volf)	22:50.1
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1.) Charlotte	7
2.) Queens	24
3.) Wofford	34
-- Virginia Intermont	No Team Score