

# 2004 Charlotte 49ers Cross Country Results

## Men's Team Results

9/4	Charlotte XC Relay	Charlotte, NC	2 x 5K	2nd of 3 teams	Virginia Intermont 11, <b>Charlotte 12</b> , Davidson 22
9/11	Wake Forest Invitational	Winston-Salem, NC	5K	3rd of 5 teams	UNC 27, Wake 34, <b>Charlotte 69</b> , ECU 89, NC A&T 150
9/25	Winthrop Invitational	Rock Hill, SC	8K	4th of 9 teams	High Point 37, Clemson 55, App. St. 80, <b>Charlotte 85</b> , Asheville 153, Winthrop 199, VMI 204, Campbell 220, Radford 226
10/1	Great American XC Festival	Raleigh, NC	8K	13th of 19 teams	Michigan 92, NCSU 97, W&M 122, Adams St. 126, Cen. Mich. 173, UGa. 174, Virginia Int. 177, Virginia 228, N. Mexico 272, No. Ariz. 272, UNC 313, Navy 317, <b>Charlotte 324</b> , High Point 328, Syracuse 334, Liberty 381, Coastal Car. 404, Duke 433, So. Fla. 601, Stanford 77, ND 165, Michigan 188, BYU 190, Fla. St. 203, NCSU 263, Colo. St. 272, Villanova 274, N. Arizona 348, Duke 356, Oregon 362, Iowa 371, UCLA 384, Utah St. 386, Ohio St. 387, Ariz. 408, Yale 449, Brown 457, Montana St. 475, Princeton 483, Tenn. 498, UVa. 508, Mizzou 511, Illinois 553, Cornell 632, Cincy 633, Kent St. 647, UCSB 738, SW Missouri 754, <b>Charlotte 776</b> , E. Mich. 782, Wisc.-Milw. 794, Texas Tech 829, IUPUI 982, VCU 1077
10/16	NCAA Pre-Nationals	Terre Haute, IN	8K		
10/30	Conference USA Championships	Chicago, IL	8K	2nd of 12 teams	Houston 73, <b>Charlotte 79</b> , Louisville 82, Cincinnati 94, East Carolina 112, Marquette 132, DePaul 154, TCU 244, Tulane 249, USF 254, Memphis 262, Saint Louis 289
11/13	NCAA Southeast Regional	Greenville, NC	10K	8th of 29 teams	NC State 81, W&M 99, Clemson 103, Va. 118, Duke 129, JMU 177, High Point 231, <b>Charlotte 239</b> , Wake Forest 243, Louisville 325, App.State 341, Eastern Kentucky 341, Liberty 342, Virginia Tech 386, Carolina 386, UNC-Asheville 450, ECU 483, Richmond 513, Kentucky 521, VMI 560, W. Kentucky 582, VCU 607, UNC-Greensboro 639, W. Carolina 685, UNC-Wilm. 690, Coastal 692, Winthrop 700, Elon 738, Davidson 779

## Individual Results

	9/4	9/11	9/25	10/1	10/16	10/30	11/13
Matt Hipps	----	----	25:54 (24)	26:16.08 (70)	26:02.3 (175)	25:52 (20)	32:14.6 (77)
Ryan Jank	31:26.3 <sup>2</sup> (4)	16:05.0 (23)	26:16 (34)	26:17.51 (72)	27:54.6 (237)	28:07 (63)	34:18.0 (165)
Jamil Muhaimin	31:00.4 <sup>1</sup> (3)	15:47.0 (17)	25:15 (23)	26:54.82 (105)	25:54.9 (157)	25:28 (15)	31:44.9 (46)
Ed Schlichter	31:00.4 <sup>1</sup> (3)	15:26.0 (7)	25:04 (4)	25:17.65 (22)	25:29.2 (120)	25:14 (9)	30:59.1 (21)
Ken Simeone	31:31.5 <sup>3</sup> (5)	16:09.0 (24)	26:34 (42)	27:02.70 (108)	26:19.7 (206)	25:59 (23)	32:03.3 (63)
Russell Slade	31:26.3 <sup>2</sup> (4)	15:46.0 (16)	25:40 (16)	26:36.73 (88)	26:15.3 (196)	25:56 (22)	32:56.8 (115)
Nick Sunseri	31:31.5 <sup>3</sup> (5)	15:38.2 (13)	25:44 (18)	26:28.60 (82)	25:33.3 (128)	25:26 (13)	31:21.3 (36)
Matt Yost	34:22.4 <sup>4</sup> (15)	17:10.0 (39)	27:46 (60)	----	----	----	----
Riaan Lourens	34:22.4 <sup>4</sup> (15)	----	----	----	----	----	----

<sup>1</sup> Team of Schlichter/ Muhaimin

<sup>2</sup> Team of Jank / Slade

<sup>3</sup> Team of Simeone / Sunseri

<sup>4</sup> Team of Yost / Lourens

# 2004 Charlotte 49ers Cross Country Results

## Women's Team Results

9/4	Charlotte XC Relay	Charlotte, NC	2x3K	1st of 2 teams	<b>Charlotte 10</b> , Davidson 11.
9/11	Wake Forest Invitational	Winston-Salem, NC	5K	3rd of 5 teams	UNC 37, Wake 42, <b>Charlotte 86</b> , Davidson 87, ECU 122.
9/25	Winthrop Invitational	Rock Hill, SC	5K	1st of 8 teams	<b>Charlotte 52</b> , App. St. 57, S.Carolina 95, High Point 107, Asheville 120, Campbell 135, Winthrop 197, Radford 264.
10/1	Great American XC Festival	Raleigh, NC	5K	12th of 20 teams	Duke 56, N. Carolina 85, Georgia 122, BYU 124, Adams St. 134, NCSU 142, UVa 204, Indiana 229, Costal Car. 299, Army 334, N. Arizona 346, <b>Charlotte 349</b> , Syracuse 365, Pitt 368, S. Fla. 400, S. Car. 408, Ala. 425, Ga. St. 437, N. Mexico 466, Campbell 521.
10/16	NCAA Pre-Nationals	Terre Haute, IN	6K	33rd of 37 teams	Stanford 49, ND 111, N. Car. 129, Mizzou 174, BYU 192, UGa. 261, Princeton 305, Ind. 309, Idaho 339, UCLA 344, Columbia 369, Butler 382, Marquette 391, Baylor 426, Minn. 470, Yale 483, G'town 494, Iowa 500, Ball St. 510, UVa 529, Tex. Tech 538, Ariz. 559, Fla. 562, USF 637, Rice 654, Weber St. 676, Richmond 704, Wash. St. 725, Vandy 754, Wichita St. 776, Montana St. 780, Nevada-Reno 804, <b>Charlotte 815</b> , Toledo 820, N'western 877, Montana 878, Cincy 895.
10/30	Conf. USA Championships	Chicago, IL	6K	7th of 14 teams	Marquette 66, TCU 93, UAB 101, USF 125, DePaul 137, Cincy 152, <b>Charlotte 161</b> , So. Miss 191, ECU 234, Hou. 238, Mem. 270, Tulane 274, St. Louis 381, Louisville 400.
11/13	NCAA Southeast Regional	Greenville, NC	6K	13th of 25 teams	Duke 71, NC State 75, N. Carolina 80, Wake Forest 130, Virginia 155, Will. & Mary 187, JMU 238, Kentucky 263, Coastal Car. 271, Va. Tech 287, Richmond 356, App. State 368, <b>Charlotte 388</b> , Liberty 395, Ea. Kentucky 408, W. Kentucky 419, High Point 431, Clemson 431, S. Carolina 454, Davidson 502, ECU 512, UNC-A 594, UNC-W 614, Elon 740, W. Carolina 770.

## Women's Individual

	9/4	9/11	9/25	10/1	10/16	10/30	11/13
Tsehaye Dagnachew	21:36.2 <sup>2</sup> (3)	18:06.0 (10)	18:10 (5)	18:15.08 (38)	22:06.4 (87)	22:07 (10)	21:35.2 (43)
Jane Daniels	21:32.1 <sup>1</sup> (2)	18:10.0 (11)	18:07 (4)	18:22.73 (45)	21:53.2 (67)	22:19 (15)	21:30.6 (42)
Ciara Delgado	22:24.9 <sup>9</sup> (5)	21:09.0 (49)	20:57 (60)	21:47.13 (151)	----	----	23:59.1 (148)
Andria Craig	22:42.4 <sup>3</sup> (6)	19:07.0 (25)	19:11 (16)	19:33.65 (102)	22:30.2 (233)	----	----
Summer Graham	23:39.0 <sup>4</sup> (10)	20:06.0 (36)	20:22 (48)	20:25.48 (130)	24:21.0 (246)	24:40 (64)	23:54.0 (146)
Candace Hitchcock	24:13.5 <sup>5</sup> (11)	20:34.0 (40)	19:44 (27)	19:59.15 (122)	24:26.8 (248)	24:23 (56)	23:07.1 (115)
Amelia Slagle	21:36.2 <sup>2</sup> (3)	19:23.0 (28)	19:16 (17)	19:22.36 (90)	23:31.5 (234)	23:54 (44)	23:25.2 (133)
Liz Smith	21:32.1 <sup>1</sup> (2)	18:55.0 (22)	18:55 (10)	19:40.12 (107)	23:22.0 (214)	23:35 (36)	22:16.9 (71)
Chasity Barber	31:41.6 <sup>15</sup> (21)	29:29.1 (74)	----	----	----	----	----
Andrienne Barnette	29:53.0 <sup>10</sup> (16)	26:01.0 (60)	----	----	----	----	----
Lindsey Clayborne	31:08.3 <sup>13</sup> (19)	29:27.0 (73)	----	----	----	----	----
Michelle Dixon	30:07.9 <sup>11</sup> (17)	26:21.0 (62)	28:38 (84)	----	----	----	----
Erica Forehand	----	----	22:56 (80)	----	----	----	----
Shelby Gale	31:41.6 <sup>15</sup> (21)	27:22.0 (70)	----	----	----	----	----
Samantha Hines	----	29:26.0 (72)	----	----	----	----	----
Tina Horne	31:08.3 <sup>13</sup> (19)	26:57.0 (66)	----	----	----	----	----
Sharonda Johnson	30:07.9 <sup>11</sup> (17)	27:02.0 (69)	----	----	----	----	----
Jenna Kohnke	24:13.5 <sup>5</sup> (11)	21:27.0 (52)	20:58 (61)	----	----	----	----
Kiera Lewis	40:25.4 <sup>17</sup> (23)	30:29.0 (76)	----	----	----	----	----
Jamie McClendon	29:17.3 <sup>8</sup> (15)	DNS	----	----	----	----	----
Angel Moore	----	26:58.0 (67)	----	----	----	----	----

# 2004 Charlotte 49ers Cross Country Results

Women's Individual	9/4	9/11	9/25	10/1	10/16	10/30	11/13
Sarah Morrison	30:42.1 <sup>12</sup> (18)	28:40.0 (71)	----	----		----	----
Lajarsha Moses	32:02.2 <sup>16</sup> (22)	27:01.0 (68)	----	----		----	----
Karina Murray	32:02.2 <sup>16</sup> (22)	30:44.0 (77)	----	----		----	----
Tawanna Norman	31:38.3 <sup>14</sup> (20)	26:33.0 (64)	----	----		----	
Lashika Robinson	24:32.4 <sup>6</sup> (12)	DNS	----	----		----	
Jelanie Sellers	40:25.4 <sup>17</sup> (23)	DNS	----	----		----	
Claire Shepard	24:32.4 <sup>6</sup> (12)	20:57.1 (48)	21:39 (69)	----		----	
Karmel Stapleton	30:42.1 <sup>12</sup> (18)	26:55.0 (26)	----	----		----	
Laura Syracuse	23:39.0 <sup>4</sup> (10)	20:46.0 (44)	----	20:27.63 (132)			
Paris Smith	29:17.3 <sup>8</sup> (15)	25:45.0 (59)	----	----			
Tempess Stark	31:38.3 <sup>14</sup> (20)	29:59.0 (75)	----	----			
Karmel Stapleton	30:42.1 <sup>12</sup> (18)	26:55.0 (65)	----	----			
C. Sturdivant	26:30.3 <sup>7</sup> (14)	DNS	----	----			
Diedra Watson	----	31:12.0 (78)	----	----			
Crystal Watts	29:53.0 <sup>10</sup> (16)	26:01.0 (60)	----	----			
Bern. Washington	----	25:34.0 (57)	----	----			
Marenika Wisdom	22:42.4 <sup>3</sup> (6)	19:49.0 (33)	----	----			
S. Woods	26:30.3 <sup>7</sup> (14)	21:28.0 (53)	----	----			

<sup>1</sup> Team of L. Smith / Daniels

<sup>2</sup> Team of Slagle / Dagnachew

<sup>3</sup> Team of Craig / Wisdom

<sup>4</sup> Team of Graham / Syracuse

<sup>5</sup> Team of Kohnke / Hitchcock

<sup>6</sup> Team of Shepherd / Robinson

<sup>7</sup> Team of Woods / Sturdivant

<sup>8</sup> Team of McClendon / Smith

<sup>9</sup> Ran as part of an unattached team

<sup>10</sup> Team of Watts / Barnette

<sup>11</sup> Team of Dixon / Johnson

<sup>12</sup> Team of Morrison / Stapleton

<sup>13</sup> Team of Horne / Claybourne

<sup>14</sup> Team of Stark / Norman

<sup>15</sup> Team of Barber / Gale

<sup>16</sup> Team of Moses / Murray

<sup>17</sup> Team of Sellers / Lewis