

Charlotte Track and Field All Time Best Women's Outdoor Performances

100m	1	Woods	Shareese	2006	11.37
	2	Patterson	Courtney	2006	11.41
	3	Dixon	Michelle	2002	11.63
	4	Currie	Lamarra	2007	11.67
	5	Stark	Tempess	2006	11.69
		Norman	Tawana	2005	11.69
	7	Philogene	Missy	2005	11.77
	8	Moses	LaJarsha	2007	11.78
	9	Thomas	Aisha	2001	11.86
	10	Washington	Bernadette	2002	11.96
		<u>Wind Aided:</u>			
	1	Woods	Shareese	2006	11.26
	2	Patterson	Courtney	2006	11.30
	3	Currie	Lamarra	2007	11.53
	4	Moses	LaJarsha	2007	11.60
	5	Springs	Pat	2006	11.94
100m HH	1	Springs	Pat	2007	13.92
	2	Reese	Devanda	1998	14.01
	3	Smith	Paris	2004	14.15
	4	Smith	Kenisha	2000	14.35
	5	Fowler	Krystal	2001	14.37
	6	Brown	Monique	2001	14.44
	7	Gabriel	Rolanda	2000	14.75
	8	Burgess	Ronetta	2004	14.81
	9	Reddick	Amber	2000	14.83
	10	Turner	Monica	2000	14.86
		<u>Wind Aided:</u>			
	1	Springs	Pat	2007	13.85
200m	1	Woods	Shareese	2007	22.74
	2	Patterson	Courtney	2006	23.83
	3	Dixon	Michelle	2002	24.00
	4	Thomas	Aisha	2001	24.08
	5	Currie	Lamarra	2007	24.24
	6	Washington	Bernadette	2002	24.27
	7	Stark	Tempess	2004	24.31
	8	Philogene	Missy	2005	24.51
	9	Roseboro	Toree	2007	25.10
	10	Wells	Bernita	2000	25.12
		<u>Wind Aided:</u>			
	1	Woods	Shareese	2006	22.70
400m	1	Woods	Shareese	2005	52.47
	2	Thomas	Aisha	2003	53.84
	3	Moore	Angel	2007	55.12
	4	Sturdivant	Carlitha	2004	55.59
	5	Horne	Tina	2007	56.55
	6	Morris	Randi	1995	57.51
	7	Washington	Bernadette	2002	57.55
	8	Lane	Sabrina	1999	57.66
	9	Arnold	Stacey	1995	57.75
	10	Wyse	Ayana	2007	57.76

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400m IH	1	Brown	Monique	2001	1:00.41
	2	Grey	Larae	1994	1:02.24
	3	Gabriel	Rolanda	2002	1:03.24
	4	Smith	Paris	2004	1:03.85
	5	Ward	Kema	2003	1:05.85
	6	Watts	Crystal	2006	1:08.37
	7	Roseboro	Koree	2006	1:08.43
	8	Murray	Karina	2003	1:09.22
	9	Reese	Erica	2002	1:13.02
		10	Scott	Jenny	2007
800m	1	Jackson	Aja	2007	2:06.76
	2	Gillam	Diana	1994	2:12.56
	3	Smith	Liz	2006	2:14.21
	4	Henshaw	Missy	1993	2:15.75
	5	White	Renee	1993	2:16.6
	6	Backhaus	Leigh	1994	2:16.90
	7	Sotillo	Tanya	1997	2:18.33
	8	Syracuse	Laura	2002	2:18.51
	9	McDonagh	Eileen	1993	2:18.56
	10	Ficken	Cassie	2006	2:18.88
1500m	1	Ficken	Cassie	2005	4:26.19
	2	Jackson	Aja	2007	4:30.55
	3	White	Renee	1993	4:34.40
	4	Gillam	Diana	1994	4:34.88
	5	Taylor	Jen	2001	4:36.97
	6	Kerin	Molly	1995	4:38.40
	7	Dagnachew	Tsehay	2004	4:39.23
	8	Smith	Liz	2004	4:39.38
	9	Daniels	Jane	2005	4:40.96
	10	Wendland	Naomi	2000	4:41.20
2000m SC	1	Daniels	Jane	2005	7:25.06
	2	Smith	Liz	2004	7:36.90
	3	Graham	Summer	2005	7:59.62
3000m	1	Taylor	Jen	2001	9:39.74
	2	White	Renee	1994	9:49.29
	3	Wendland	Naomi	2000	9:49.45
	4	Kerin	Molly	1995	9:53.42
	5	Daniels	Jane	2007	9:54.44
	6	Ficken	Cassie	2003	9:59.62
	7	Travis	Kelly	1999	10:00.56
	8	Ames	Abby	1999	10:08.95
	9	Syracuse	Laura	2002	10:09.48
	10	Illuzzi	Celena	1993	10:10.03
3000m SC	1	Dagnachew	Tsehay	2005	10:21.18
	2	Daniels	Jane	2007	10:44.34
	3	Blue	Liana	2007	11:40.76
	4	Syracuse	Laura	2003	12:07.80
	5	Thompson	Justine	2007	11:50.59
	6	MacAuley	Erin	2007	12:11.66
	7	Slagle	Amelia	2004	12:19.20
	8	Jarolimova	Klara	2003	12:22.14
	9	Carter	Sarah	2002	13:48.25
		<u>Post/Non Collegiate</u>			
	1	Dagnachew	Tsehay	2007	10:12.71

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5000m	1	Ficken	Cassie	2005	16:15.51
	2	Kerin	Molly	1995	16:38.94
	3	Daniels	Jane	2007	16:44.21
	4	Dagnachew	Tsehaye	2006	16:51.91
	5	White	Renee	1994	17:11.00
	6	Wendland	Naomi	2001	17:12.46
	7	Illuzzi	Celena	1993	17:22.9
	8	Travis	Kelly	1999	17:25.15
	9	Levin	Kerin	1999	17:31.31
	10	Slagle	Amelia	2007	17:44.96
10000m	1	Ficken	Cassie	2006	34:12.91
	2	Illuzzi	Celena	1994	36:36.50
	3	Wendland	Naomi	2001	37:18.72
	4	Higgins	Cynthia	1992	37:40.00
	5	Slagle	Amelia	2007	37:57.51
	6	Craig	Andria	2004	39:14.29
	7	Bogaty	Lauren	1998	39:24.15
	8	Kohnke	Jenna	2005	39:40.55
	9	Blue	Liana	2006	41:32.49
	10	McClain	Tiffany	2006	43:20.22
400m Relay	1	Moses, Woods		2007	44.13
		Currie, Patterson			
	2	Springs, Woods		2006	44.44
		Currie, Patterson			
	3	Moses, Woods		2007	44.78
		Patterson, Currie			
	4	Stark, Woods		2007	44.97
		Moses, Currie			
	5	Stark, Woods		2007	45.02
		Patterson, Currie			
6	Springs, Patterson		2006	45.36	
	Currie, Woods				
7	Currie, Woods		2006	45.39	
	Springs, Patterson				
8	Norman, Philogene		2005	45.41	
	Woods, Stark				
9	Patterson, Woods		2007	45.76	
	Moses, Currie				
10	Stark, Patterson		2006	45.86	
	Woods, Moses				
800m Relay	1	Patterson, Moses		2007	1:35.90
		Woods, Currie			
	2	Patterson, Stark		2007	1:36.42
		Woods, Currie			
	3	Stark, Philogene		2005	1:37.64
		Sturdivant, Woods			
4	Sturdivant, Patterson		2005	1:39.96	
	Currie, Woods				
5	Morris, Arnold		1995	1:42.56	
	Hatfield, Van Wright				
6	Merkel, Arnold		1994	1:48.5	
	Grey, Morris				

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1600m Relay	1	Sturdivant, Moore Horne, Woods		2005	3:38.60	
	2	Moore, Horne Woods, Jackson		2006	3:39.36	
	3	Washington, Moore Woods, Sturdivant		2004	3:43.08	
	4	Horne Stapleton Woods, Moore		2007	3:43.86	
	5	Moore, Horne Wyse, Woods		2007	3:44.07	
	6	Moore, Stapleton Wyse, Woods		2007	3:44.21	
	7	Sturdivant, Horne Moore, Woods		2005	3:44.24	
	8	Horne, Woods Jackson, Moore		2006	3:44.53	
	9	Moore, Stapleton Woods, Horne		2007	3:45.23	
	10	Moore, Woods Horne, Patterson		2006	3:45.28	
3200m Relay	1	Jackson, Smith Ficken, Schlegel		2006	9:05.82	
	2	Gillam, Backhaus White, McDonagh		1994	9:06.67	
	3	Brown, MacAuley Snyder, Jackson		2007	9:23.89	
	4	Taylor, Levin Wehr, Wendland		2001	9:26.39	
	5	Smith, Slagle Schlegel, MacAuley		2006	9:46.39	
Long Jump	1	Springs	Pat	2007	20'7.25	6.28m
		Norman	Tawana	2005	20'7.25	6.28m
	3	Reese	Devanda	2000	19'6	5.94m
	4	Reddick	Amber	2003	19'5.5	5.93m
	5	Lunsford	Adrienne	2003	19'4.75	5.91m
	6	Turner	Monica	2001	19'4	5.89m
	7	Gass-Gray	Tayesha	2006	19'2.75	5.86m
	8	Johnson	Sharonda	2006	18'10	5.74m
	9	Fowler	Krystal	2001	18'2.25	5.54m
	10	Gabriel	Rolanda	2002	18'0.25	5.49m
		<u>Wind Aided:</u>				
	1	Lunsford	Adrienne	2004	19'5.25	5.92m
Triple Jump	1	Johnson	Sharonda	2004	43'0.25	13.11m
	2	Reddick	Amber	2003	42'2	12.85m
	3	Gabriel	Rolanda	2002	40'3.25	12.27m
	4	Clayborn	Lindsey	2007	39'2.5	11.95m
	5	Brown	Danielle	2007	38'10.5	11.85m
	6	Moore	Sonja	1998	37'10.75	11.55m
	7	Stark	Tempess	2005	37'10	11.53m
	8	Ward	Kema	2003	37'1.75	11.32m
	9	Turner	Monica	1999	36'5.75	11.12m
	10	Graves	Tiana	1999	35'9.5	10.91m
		<u>Wind Aided</u>				
	1	Gabriel	Rolanda	2002	41'5.25	12.63m
	2	Brown	Danielle	2007	39'7.25	12.07m

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High Jump	1	Barnette	Adrienne	2004	5'10.5	1.79m
	2	Johnson	Sharonda	2006	5'7	1.70m
	3	Sellers	Jelaine	2006	5'5	1.65m
		Lunsford	Adrienne	2003	5'5	1.65m
	5	Reese	Erica	2002	5'3.75	1.62m
		Turner	Monica	2001	5'3.75	1.62m
	7	Brown	Daniel	2007	5'3	1.60m
		Fowler	Krystal	2001	5'3	1.60m
	9	Falvo	Kallyn	2006	5'1	1.55m
	10	Henderson	Glynis	2001	5'00.25	1.53m
Pole Vault	1	Taylor	Danielle	2004	12'3.5	3.75m
	2	Murray	Karina	2005	11'5.75	3.50m
	3	Morrison	Sarah	2003	10'10	3.30m
	4	Porcenaluk	Miranda	2007	10'6	3.20m
	5	Gale	Shelby	2004	10'4	3.15m
	6	Garzoni	Shannon	2007	10'2.5	3.11m
	7	Boivin	Megan	2007	10'0	3.05m
	8	Daniel	Amy	2002	9'6.25	2.90m
		Ayscue	Jill	2007	9'6.25	2.90m
	10	Childress	Gina	2003	9'0.25	2.75m
Shot Put	1	Clinding	Tara	2000	43'3.75	13.20m
	2	Wiley	Ashley	2007	40'2.5	12.25m
	3	Boggan	Keisha	2000	39'5.25	12.02m
	4	Ramos	Kathleen	2002	38'4	11.68m
	5	Turner	Monica	2000	37'6	11.43m
	6	Davis	Ashley	2003	34'9.5	10.60m
	7	Fowler	Krystal	2001	34'5.5	10.50m
	8	Kennedy	Heather	1998	34'1.50	10.40m
	9	Sellers	Jelaine	2006	33'4	10.16m
	10	Wells	Kamaria	2004	31'9.5	9.69m
Discus	1	Boggan	Keisha	2000	138'7	42.24m
	2	Pitochelli	Britta	1992	136'4	41.55m
	3	Clinding	Tara	2000	119'5	36.40m
	4	Wells	Kamaria	2004	116'6	35.52m
	5	Wiley	Ashley	2007	116'2	35.40m
	6	Dayton	Cori	2005	110'6	33.78m
	7	Linders	Jennifer	1995	110'01	33.54m
	8	Rankins	Stephanie	1993	100'7	30.66m
	9	Ulas	Chinyere	2006	98'0	29.87m
	10	Kennedy	Heather	1998	97'1	29.60m
Hammer	1	Wiley	Ashley	2007	156'10	47.80m
	2	Ramos	Kathleen	2002	151'5	46.15m
	3	Clinding	Tara	2000	133'9	40.78m
	4	Williamson	Christina	2002	132'11	40.52m
	5	Jenkins	Demincia	2006	127'7	38.89m
	6	Boggan	Keisha	2000	121'5	37.02m
	7	King	Stephanie	1999	117'8	35.86m
	8	Wells	Kamaria	2004	110'9	33.75m
	9	Coleman	Jo Lynn	2004	88'2	26.87m

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Javelin	1	Carcagente	Jennifer	2001	131'3	40.00m	
	2	Wiley	Ashley	2006	121'9	37.12m	
	3	Sellers	Jelaine	2007	121'8	37.09m	
	4	Costarino	Jennifer	2002	119'4	36.37m	
	5	Graves	Tiana	2001	116'0	35.36m	
	6	Chilton	Betsy	2002	113'7	34.63m	<i>Old Javelin</i>
	7	<i>Merkel</i>	<i>Sandy</i>	1995	<i>113'03</i>	<i>34.52m</i>	
	8	Ramos	Kathleen	2001	110'11	33.80m	
	9	Coleman	Jo Lynn	2004	106'3	32.38m	
	10	Fowler	Krystal	2001	102'7	31.26m	
Heptathlon	1	Turner	Monica	2000	4355		
	2	Reese	Erica	2002	4263		
	3	Smith	Paris	2004	4258		
	4	Fowler	Krystal	2001	4218		
	5	Matraw	Sarah	1998	3907		
	6	Graves	Tiana	2000	3687		
	7	Fox	Sarah	2007	3686		
	8	Sellers	Jelaine	2006	3535		
	9	Davis	Ashley	2003	3193		
	10	Roberts	Katie	2007	3084		

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100m	1	Johnson	Derrick	2005	10.26
	2	Moore	Jason	2007	10.39
		McCallum	Ben	2006	10.39
	4	Hanna	James	2006	10.57
	5	Smith	Quincy	2005	10.59
	6	Morlu	Abraham	2001	10.60
	7	Evans	Adam	2000	10.68
	8	Marks	Robb	1996	10.74c
	9	Brim	Cory	1998	10.75
	10	Martin	Rephel	1999	10.87
		<u>Post/Non Collegiate</u>			
	1	Morlu	Abraham	2005	10.38
				2005	10.34w
		<u>Wind Aided:</u>			
	1	Johnson	Derrick	2002	10.20
	2	Moore	Jason	2007	10.26
	3	Smith	Quincy	2005	10.56
110m HH	1	Atkins	Twann	2001	13.98
	2	Isaac	Brandon	2000	14.17
	3	Banister	Dan	1992	14.29
	4	Gilchrist	Montray	2007	14.31
	5	Keziah	Ryan	2006	14.50
	6	Williams	Sean	2004	14.71
	7	Orr	Omar	2000	14.76
	8	Paraison	Yandrick	1995	14.81
	9	Ross	Derrick	2005	14.90
	10	Bailey	Brad	2005	14.95
		<u>Wind Aided:</u>			
	1	Keziah	Ryan	2006	14.35
200m	1	Johnson	Derrick	2002	20.65
	2	McCallum	Ben	2006	20.97
	3	Moore	Jason	2007	20.98
	4	Hanna	James	2004	21.28
	5	Morlu	Abraham	2002	21.37
	6	Bacon	James	2005	21.61
	7	Smith	Quincy	2006	21.67
	8	Evans	Adam	2000	21.77
	9	McDonald	Mike	1994	22.0
	10	Frink	Nathan	1994	22.28
		<u>Post/Non Collegiate</u>			
	1	Morlu	Abraham	2002	20.70
		<u>Wind Aided:</u>			
	1	Johnson	Derrick	2002	20.55
	2	McCallum	Ben	2006	20.90
	3	Smith	Quincy	2005	21.31
	4	Evans	Adam	2003	21.61

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400m	1	Bacon	James	2006	46.75
	2	Evans	Adam	2003	46.89
	3	Oyegunwa	Bola	2004	47.96
	4	Morlu	Abraham	2000	48.12
	5	Hanna	James	2004	48.56
	6	Sturm	Josh	2003	48.88
	7	Romain	Toussaint	1998	48.99
	8	LeBlanc	Lloyd	2006	49.08
	9	Murphy	Pat	2002	49.18
	10	Bailey	Brad	2005	49.46
400m IH	1	Banister	Dan	1992	52.90
	2	Bailey	Brad	2003	53.11
	3	Savage	Bradford	2007	54.14
	4	Galberth	Jonathan	2007	54.20
	5	Isaac	Brandon	2001	54.40
	6	Orr	Omar	2000	55.20
	7	Dobler	Mike	2007	57.06
	8	Ross	Derek	2002	57.23
	9	Keziah	Ryan	2006	57.48
	10	Williams	Sean	2004	58.46
800m	1	Eckard	Chase	2007	1:49.40
	2	Dentamo	Adu	2007	1:51.29
	3	Lawrence	Jason	1995	1:51.97
	4	Lourens	Riann	2004	1:52.14
	5	Hopper	Barry	1990	1:52.64
	6	Kauffman	Aaron	2007	1:52.94
	7	Monroe	Dan	2000	1:53.51
	8	Morgan	Shawn	1994	1:53.55
	9	Slade	Russell	2003	1:53.94
	10	Baker	Josh	2002	1:54.09
1500m	1	Dentamo	Adu	2007	3:49.71
	2	Slade	Russell	2006	3:50.42
	3	Svendsen	Kenneth	2001	3:50.56
	4	Eckard	Chase	2007	3:50.78
	5	Wyant	Jeff	1991	3:50.91
	6	Sherry	Vince	2001	3:52.24
	7	Baker	Josh	2002	3:52.59
	8	Dickinson	Ian	2001	3:52.79
	9	Brendle	David	1989	3:53.2
	10	McAllister	Lorin	1999	3:55.10
2000m SC	1	Tahiliani	Verun	2005	6:04.49
	2	Eckard	Chase	2006	6:05.72
	3	Stewart	Alex	2004	6:06.73
	4	Slade	Rusell	2004	6:18.28

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3000m	1 Dentamo	Adu	2007	8:22.00
	2 Sherry	Vince	2000	8:22.47
	3 Brendle	David	1989	8:22.5
	4 Cantu	Art	1989	8:26.0
	5 Dickinson	Ian	2002	8:26.63
	6 Jank	Ryan	2007	8:27.07
	7 Baker	Josh	2001	8:29.80
	8 Hipps	Matt	2007	8:35.17
	9 Fagan	Terence	1994	8:35.7
	10 McCachren	Steve	1984	8:35.90
3000m SC	1 Skotcher	John	1998	9:11.78
	2 Tahliani	Verun	2004	9:21.83
	3 Simeone	Ken	2007	9:24.15
	4 Rickard	Jordan	2007	9:28.09
	5 Sand-Handssen	Tore	2001	9:30.87
	6 Ryan	Mike	2002	9:32.79
	7 Dobler	Matt	2007	9:33.77
	8 Stewart	Alex	2004	9:33.97
	9 Fleisher	Zeke	2003	9:39.62
	10 Eckard	Chase	2006	9:45.43
5000m	1 Svendsen	Kenneth	2001	13:52.76
	2 Sherry	Vince	2001	14:02.55
	3 Fagan	Terence	1999	14:06.60
	4 Donohoe	Seamus	1992	14:20.84
	5 Dickinson	Ian	2002	14:23.50
	6 Brendle	David	1989	14:25.40
	7 Dentamo	Adu	2007	14:28.62
	8 Jank	Ryan	2007	14:30.10
	9 Schlichter	Ed	2005	14:35.38
	10 Baker	Josh	2003	14:42.30
10,000m	1 Svendsen	Kenneth	2001	29:08.22
	2 Donohoe	Seamus	1992	29:49.04
	3 Fagan	Terence	1999	30:20.96
	4 Sherry	Vince	2001	30:58.64
	5 Tucker	Andy	1998	31:11.84
	6 Schlichter	Ed	2004	31:11.99
	7 Kessen	Jared	2002	31:24.67
	8 Hipps	Matt	2006	31:31.32
	9 Muhaimin	Jamil	2006	31:44.20
	10 Persson	Chris	1999	32:07.4

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400m Relay	1	Hanna, McCallum Smith, Moore	2006	40.17
	2	McCallum, Johnson Smith, Hanna	2004	40.18
	3	Smith, McCallum Moore, Johnson	2005	40.22
	4	McCallum, Smith Moore, Johnson	2005	40.23
	5	Hanna, McCallum Smith, Moore	2006	40.25
	6	Martin, Morlu Evans, Isaac	2000	40.34
	7	Johnson, Evans Riley, Morlu	2002	40.52
	8	McCallum, Johnson Moore, Smith	2005	40.61
	9	Hanna, Moore Smith, Bacon	2006	40.73
	10	Moore, McCallum Smith, Bacon	2006	40.75
800m Relay	1	Smith, Johnson Hanna, McCallum	2005	1:24.91
	2	Moore, McCallum Smith, Bacon	2006	1:26.11
	3	Smith, Moore Thompson, L LeBlanc	2007	1:27.28
	4	McDonald, Washington Dorante, Frink	1994	1:30.4
	5	Henley, Ryan Watson, Waller	2006	1:37.90
1600m Relay	1	Evans, Sturm Morlu, Bacon	2003	3:09.50
	2	Smith, Bacon Moore, Johnson	2005	3:09.67
	3	Sturm, Evans Morlu, Bacon	2003	3:10.39
	4	Oyegunwa, Smith Hanna, J. Bacon	2004	3:11.66
	5	Hanna, Oyegunwa Smith, J. Bacon	2004	3:11.97
	6	Moore, L LeBlanc Smith, Bacon	2006	3:12.46
	7	Moore, J Bacon Johnson, Smith	2005	3:12.65
	8	Hanna, J Bacon Smith, Moore	2005	3:13.09
	9	Hanna, Smith Oyegunwa, J. Bacon	2004	3:13.12
	10	Evans, Isaac Sturm, Murphy	2000	3:14.41

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3200m Relay	1	Lapp, Dentamo Kauffman, Eckard		2007	7:28.97	
	2	Eckard, Dentamo Slade, Lourens		2006	7:32.48	
	3	Weems, Dickinson Baker, Monroe		2001	7:42.59	
	4	Slade, Eckard Riggins, Lourens		2006	7:42.85	
	5	Morgan, Lawrence Briggs, Fagan		1994	7:45.8	
	6	Baker, Smit Whitman, Lourens		2003	7:57.86	
	7	Wyant, Monroe Donohoe, Sink		1991	7:58.30	
DMR	1	Morgan, McDonald Lawrence, Fagan		1994	10:06.1	
	2	Stewart, J Bacon Tahiliani, Slade		2005	10:13.24	
	3	Sink, Monroe Donohoe, Wyant		1991	10:26.10	
Long Jump	1	Montgomery	Will	2001,2002	25'9.25	7.85m
	2	Martin	Rephel	1999	24'11	7.59m
	3	Outing	LaMarcus	2007	24'3.75	7.41m
	4	Gilchrist	Montray	2007	23'1.25	7.04m
		Barry	Reagan	2004	23'1.25	7.04m
		Okonkwo	John	2003	23'1.25	7.04m
	7	LeBlanc	Morris	2006	23'0	7.01m
	8	Sunquist	Eli	2004	22'11.25	6.99m
	9	Brown	Chris	2003	22'10.75	6.98m
	10	Marks	Robb	1995	22'4.5	6.82m
	<u>Post/Non Collegiate</u>					
	1	Montgomery	Will	2002	25'11	7.90m
	<u>Wind Aided</u>					
	1	Martin	Rephel	2000	26'5	8.05m
	2	Montgomery	Will	2000	26'1	7.95m
	3	Outing	Lemarcus	2006	24'7.25	7.50m
	4	Barry	Reagan	2004	23'4	7.11m
	5	Gilchrist	Montray	2006	23'2.75	7.08m
Triple Jump	1	Martin	Rephel	2001	53'0.75	16.17m
	2	Montgomery	Will	2002	50'5.5	15.38m
	3	Morlu	Abraham	2003	50'1.25	15.27m
	4	Patterson	Sean	2006	49'8.25	15.14m
	5	Sunquist	Eli	2004	49'5.75	15.08m
	6	Brutus	Jaques	1993	48'11.75	14.93m
	7	Marks	Robb	1995	48'9.75	
	8	LeBlanc	Morris	2006	48'6.75	14.80m
		Isaac	Brandon	2001	48'6.75	14.80m
	10	Outing	LaMarcus	2007	47'10.5	14.59m
	<u>Wind Aided</u>					

Charlotte Track and Field All Time Best Men's Outdoor Performances

1	Sunquist	Eli	2006	49'9.75	15.18m
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High Jump	1	Montgomery	Will	2000	7'2.5	2.20m
	2	Okonkwo	John	2004	6'8	2.03m
		Frink	Nate	1994	6'8	2.03m
	4	Logan	B.	1998	6'6	1.98m
	5	Landers	Milton	1995	6'5.5	1.97m
	6	Murphy	Pat	2005	6'4.75	1.95m
		Barry	Reagan	2004	6'4.75	1.95m
	8	Ryan	Kevin	2006	6'4.25	1.94m
	9	Greene	Matt	2002	6'2	1.88m
		Patterson	Sean	2006	6'2	1.88m
Pole Vault	1	Henley	Caleb	2007	16'0.75	4.90m
	2	Fink	Peter	2001	15'1	4.60m
		Hanrahan	Kevin	2001	15'1	4.60m
	4	Barry	Reagan	2001	14'11	4.55m
	5	Bailey	Brad	2004	14'7.5	4.46m
	6	Maynard	Bracy	2002	14'5.25	4.40m
	7	Watson	Terry	2003	14'1.25	4.30m
	8	Cavorti	Chris	1998	14'0	4.27m
	9	Webb	Eric	2004	13'11.25	4.25m
	10	Hodapp	Sam	2007	13'7.25	4.15m
	Phillips	Jonathan	2007	13'7.25	4.15m	
Shot Put	1	Rausch	Matt	2001	57'1	17.40m
	2	Novotni	Jarryd	2007	49'7.75	15.13m
	3	Page	Matt	2006	48'6	14.78m
	4	Casper	Stephen	1998	44'04.25	13.52m
	5	Harrison	Shelton	1998	43'03	13.18m
	6	Bailey	Brad	2005	43'2.25	13.16m
	7	Brown	Robert	1993	42'6.25	12.96m
	8	Barry	Reagan	2002	41'4.25	12.60m
	9	Turner	Jeremy	1999	40'6.25	12.35m
	10	Ryan	Kevin	2005	38'9	11.81m
Discus	1	Rausch	Matt	2002	163'8	49.90m
	2	Geremia	Adam	1998	144'4	44.01m
	3	Morgan	Phillip	1995	139'9	42.60m
	4	Page	Matt	2006	139'0	42.37m
	5	Casper	Stephen	1998	137'9	42.00m
	6	Brown	Robert	1994	134'11	41.12m
	7	Novotni	Jarryd	2007	132'1	40.25m
	8	Harrison	Shelton	1998	129'8	39.52m
	9	Barry	Reagan	2004	125'2	38.16m
	10	Frisbee	Mike	1995	125'0	38.10m
Hammer	1	Rausch	Matt	2002	212'2	64.67m
	2	Wyatt	Brandon	2005	161'7	49.26m
	3	Novotni	Jarryd	2007	157'6	48.00m
	4	Page	Matt	2006	142'7	43.47m
	5	Bacon	Anthony	2007	142'4	43.39m
	6	Frisbee	Mike	1995	128'3	39.09m
	7	Sharon	Troy	1993	125'8	38.30m

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Javelin	1	Fava	Joe	1998	212'1	64.64m
	2	Geremia	Adam	1995	183'2	55.82m
	3	Prusakowski	Robert	1992	177'0	53.96m
	4	Bailey	Brad	2005	172'4	52.52m
	5	Moore	Mike	2007	169'9	51.75m
	6	Lacy	David	2000	161'6	49.22m
	7	Montgomery	Will	2002	161'3	49.15m
	8	Whittaker	Grant	2000	157'5	47.98m
	9	Arone	Mike	1999	155'11	47.52m
	10	Cancro	Frank	1994	154'6	47.09m
Decathlon	1	Bailey	Brad	2005	6928	
	2	Barry	Reagan	2004	6645	
	3	Ryan	Kevin	2006	6133	
	4	Turner	Jeremy	2000	5873	
	5	Fink	Pete	2000	5501	
	6	Jordan	Kevin	2004	5484	
	7	Watson	Terry	2006	5205	
	8	Ward	Eric	1995	5046	
	9	Waller	Jackson	2006	4874	

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55m	1	Moore	Jason	2007	6.21
	2	McCallum	Ben	2006	6.23
		Johnson	Derrick	2005	6.25
	4	Martin	Rephel	2000	6.37
	5	Smith	Quincy	2006	6.38
		Morlu	Abraham	2003	6.38
	7	Evans	Adam	1999	6.44
	8	Hanna	James	2006	6.46
	9	Henley	Caleb	2006	6.59
	10	Schraf	Chris	2000	6.61
	<u>Non or Post-Collegiate</u>				
	1	Morlu	Abraham	2006	6.25
60m	1	Johnson	Derrick	2005	6.66
	2	Moore	Jason	2007	6.73
	3	McCallum	Ben	2006	6.77
		Morlu	Abraham	2002	6.78
	5	Smith	Quincy	2005	6.84
	6	Hanna	James	2005	6.86
	7	Evans	Adam	2000	6.91
	8	Wiley	Jarrod	2007	6.98
	9	Martin	Rephel	1999	7.01
	10	Schraf	Chris	2000	7.10
	<u>Non or Post-Collegiate</u>				
	1	Morlu	Abraham	2005	6.71
55m HH	1	Atkins	Twann	2001	7.33
	2	Isaac	Brandon	2000	7.47
	3	Ross	Derek	2005	7.52
	4	Keziah	Ryan	2006	7.56
	5	Williams	Sean	2006	7.59
	6	Gilchrist	Montray	2006	7.61
	7	Orr	Omar	1999	7.75
	8	Paraison	Yandrick	1995	7.81
	9	Bailey	Brad	2005	7.96
	10	Jordan	Keith	2003	8.10
	<u>Non or Post-Collegiate</u>				
	1	Atkins	Twann	2003	7.32
	2	Keziah	Ryan	2004	7.59
60m HH	1	Atkins	Twann	2000	7.95
	2	Isaac	Brandon	2000	8.08
	3	Keziah	Ryan	2005	8.09
	4	Williams	Sean	2004	8.15
		Gilchrist	Montray	2004	8.15
	6	Ross	Derek	2005	8.18
	7	Bailey	Brad	2004	8.38
	8	Orr	Omar	1999	8.59
	9	Ryan	Kevin	2004	8.70
	10	Jordan	Keith	2003	8.89
	<u>Non or Post-Collegiate</u>				
	1	Keziah	Ryan	2004	8.07

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200m	1	Moore	Jason	2006	21.15
	2	Johnson	Derrick	2005	21.27
	3	McCallum	Ben	2005	21.66
	4	Morlu	Abraham	2003	21.91
	5	Hanna	James	2004	21.8
	6	Bacon	James	2006	22.05
	7	Smith	Quincy	2007	22.13
	8	Evans	Adam	1999	22.32
	9	LeBlanc	Lloyd	2007	22.62
	10	Bailey	Brad	2005	22.65
		<u>Non or Post-Collegiate</u>			
	1	Morlu	Abraham	2005	21.71
400m	1	Evans	Adam	2001	47.93
	2	Bacon	James	2006	48.16
	3	Oyegunwa	Bola	2004	48.29
	4	Hanna	James	2004	48.90
	5	Morlu	Abraham	1999	49.11
	6	LeBlanc	Lloyd	2007	49.60
	7	Romain	Toussaint	2000	49.96
	8	Sturm	Joshua	2000	50.04
	9	Moore	Jason	2005	50.48
	10	Lawrence	Jason	1995	50.64
500m	1	LeBlanc	Lloyd	2007	1:05.00
	2	Bacon	James	2003	1:06.07
	3	LeBlanc	Dwight	2007	1:07.09
	4	Sturm	Josh	2000	1:07.10
	5	Galberth	Jonathan	2007	1:08.04
		Smit	Derek	2006	1:08.04
	7	Millsaps	Chad	1998	1:09.97
	8	Steidler	Brett	1995	1:12.64
	9	Shaw	Tim	1998	1:15.63
800m	1	Eckard	Chase	2007	1:52.43
	2	Hopper	Barry	1990	1:52.64
	3	Kauffman	Aaron	2007	1:53.98
	4	Lourens	Riann	2004	1:54.19
	5	Monroe	Daniel	2000	1:55.53
	6	Weems	Mark	2000	1:56.32
	7	Dentamo	Adu	2007	1:56.66
	8	McAllister	Lorin	1999	1:56.97
	9	Stewart	Alex	2005	1:57.85
	10	Slade	Russell	2004	1:58.64
1000m	1	McAllister	Lorin	1999	2:32.80
	2	William	Chase	2007	2:33.68
	3	Olsen	Jordan	2006	2:35.08
	4	Riggins	Kyle	2006	2:35.35
	5	Monroe	Daniel	1999	2:35.42
	6	Lawrence	Jason	1995	2:35.74
	7	Lapp	Javan	2007	2:36.36
	8	Strothman	Patrick	1998	2:38.10
	9	Muhaimin	Jamil	2003	2:41.11

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10 Bailey

Brad

2002

2:48.27

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Mile	1	Slade	Russell	2006	4:07.75
	2	Svendsen	Kenneth	1999	4:12.62
	3	Dentamo	Adu	2007	4:13.44
	3	Sherry	Vince	2000	4:14.49
	5	Eckard	Chase	2007	4:15.26
	6	Jank	Ryan	2007	4:16.60
	7	McAllister	Lorin	1998	4:17.19
	8	Monroe	Daniel	2000	4:17.63
	9	Baker	Josh	2002	4:18.36
	10	Tahiliani	Verun	2005	4:18.47
3000m	1	Svendsen	Kenneth	2001	8:16.61
	2	Sherry	Vince	1999	8:18.89
	3	Dentamo	Adu	2007	8:19.60
	4	Fagan	Terence	1998	8:23.25
	5	Dickinson	Ian	2002	8:25.2
	6	Jank	Ryan	2007	8:32.16
	7	Slade	Russell	2005	8:36.96
	8	Schlichter	Ed	2004	8:39.66
	9	Persson	Chris	1998	8:39.67
	10	Skotcher	John	1997	8:40.39
5000m	1	Svendsen	Kenneth	2001	14:31.46
	2	Jank	Ryan	2007	14:35.34
	3	Sherry	Vince	2000	14:36.74
	4	Hipps	Matt	2007	14:53.41
	5	Simeone	Ken	2006	15:05.29
	6	Schlichter	Ed	2003	15:06.43
	7	Dobler	Matt	2007	15:09.57
	8	Persson	Chris	1998	15:09.82
	9	Tucker	Andy	1997	15:17.11
	10	Muhaimin	Jamil	2005	15:21.14
1600m Relay	1	Sturm, Morlu Bacon, Evans		2003	3:13.71
	2	Hanna, J Bacon Smith, Johnson		2005	3:14.37
	3	Hanna, Moore Johnson, J. Bacon		2005	3:15.35
	4	Morlu, Isaac Sturm, Evans		2000	3:15.62
	5	Hanna, Oyegunwa Johnson, J. Bacon		2004	3:16.2
	6	Evans, Isaac Morlu, Romain		1999	3:16.62
	7	Bacon, Sturm Morlu, Evans		2003	3:16.64
	8	Evans, Sturm Romain, Morlu		1999	3:17.05
	9	Oyegunwa, Hanna Smith, J.Bacon		2004	3:17.20
	10	Evans, Morlu Sturm, Romain		2000	3:17.49

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4x800m	1	Dentamo, Kauffman Ford, Eckard		2007	7:50.63	
	2	Eckard, Lourens Olsen, Slade		2006	7:51.90	
	3	Ford, Jank Simeone, Williams		2007	7:53.16	
DMR	1	Baker, Sturm Lourens, Slade		2003	10:00.93	
	2	Sherry, Romain Monroe, Svendsen		2001	10:05.03	
	3	Baker, Bailey Lourens, Dickinson		2002	10:06.29	
	4	Stewart, Smith Tahiliani, Slade		2005	10:06.86	
	5	McAllister, Sturm Monroe, Sherry		1999	10:07.17	
	6	Eckard, L LeBlanc Lourens, Slade		2006	10:14.91	
	7	Stewart, Smith Lourens, Slade		2004	10:15.49	
	8	Eckard, L LeBlanc Kauffman, Dentamo		2007	10:15.64	
	9	Dickinson, Lourens Baker, Sherry		2002	10:19.97	
	10	McAllister, Murphy Weems, Monroe		2000	10:21.87	
Long Jump	1	Montgomery	Will	2001	25'10.25	7.88m
	2	Martin	Rephel	1999	25'3.25	7.70m
	3	Outing	Lemarcus	2005	24'0.75	7.33m
	4	Barry	Reagan	2001	23'4	7.11m
	5	Gilchrist	Montray	2006	23'2	7.06m
	6	Sunquist	Eli	2004	23'0.75	7.03m
	7	Okonkwo	John	2003	22'11.75	7.01m
	8	Fink	Pete	2001	22'6.25	6.86m
	9	Marks	Robb	1995	22'3.75	6.80m
	10	LeBlanc	Morris	2006	22'1.5	6.74m
		<u>Post-Collegiate</u>				
	1	Martin	Rephel	2001	25'4	7.72m
Triple Jump	1	Martin	Rephel	1999	52'8.25	16.06m
	2	Marks	Robb	1996	50'7.75	15.44m
	3	Isaac	Brandon	2000	49'11.75	15.23m
	4	Sunquist	Eli	2006	49'6.5	15.10m
	5	Montgomery	Will	2000	49'3.75	15.03m
	6	Patterson	Sean	2007	49'1	14.96m
	7	Morlu	Abraham	2002	48'10.25	14.89m
	8	Outing	LeMarcus	2005	48'0.75	14.65m
	9	LeBlanc	Morris	2006	47'6.25	14.48m
	10	Turner	Jeremy	2002	46'4.75	14.14m

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		<u>Post-Collegiate/Non NCAA</u>				
	1	Martin	Rephel	2001	53'5.75	16.30m
High Jump	1	Montgomery	Will	2000	7'1	2.16m
	2	Okonkwo	John	2003	6'11	2.11m
	3	Ryan	Kevin	2006	6'7.5	2.02m
	4	Barry	Reagan	2003	6'6.25	1.99m
	5	Murphy	Pat	2002	6'4.75	1.95m
	6	Landers	Milton	1995	6'4	1.93m
	7	Patterson	Sean	2005	6'3.5	1.92m
	8	Bailey	Brad	2005	6'2.25	1.89m
	9	Greene	Matt	2002	6'2	1.88m
		Tintle	Keith	1998	6'2	1.88m
Pole Vault	1	Fink	Pete	2002	15'1	4.60m
		Hanrahan	Kevin	2001	15'1	4.60m
	3	Henley	Caleb	2007	14'11.5	4.56m
	4	Barry	Reagan	2000	14'7.25	4.45m
	5	Bailey	Brad	2005	14'6	4.42m
		Maynard	Bracy	2003	14'6	4.42m
	7	Hodapp	Sam	2006	14'5.5	4.41m
	8	Webb	Eric	2003	14'1.25	4.30m
	9	Watson	Terry	2003	13'11.25	4.25m
	10	James	Robert	1999	13'9.25	4.20m
Shot Put	1	Rausch	Matt	2001	57'5.75	17.52m
	2	Novotni	Jarryd	2007	50'5.25	15.37m
	3	Page	Matt	2006	49'1	14.96m
	4	Morgan	Phillip	1995	49'00.75	14.95m
	5	Bailey	Brad	2005	44'0.75	13.43m
	6	Wyatt	Brandon	2005	43'7.25	13.29m
	7	Casper	Stephen	1997	43'04.25	13.21m
	8	Wyatt	Brandon	2006	42'9.75	13.05m
	9	Barry	Reagan	2002	40'9.75	12.44m
	10	Turner	Jeremy	1998	40'0.5	12.20m
35lb wt	1	Rausch	Matt	2001	62'10.75	19.17m
	2	Bacon	Anthony	2006	48'5.5	14.77m
	3	Novotni	Jarryd	2007	48'4	14.73m
		Wyatt	Brandon	2005	47'8.5	14.54m
	5	Page	Matt	2006	44'7	13.59m
	6	Frisbee	Mike	1995	42'00.75	12.82m
	7	Turner	Jeremy	2002	38'4.25	11.69m
Pentathlon	1	Barry	Reagan	2002	3381	
	2	Bailey	Brad	2002	3206	
	3	Ward	Eric	1995	2844	
Heptathlon	1	Bailey	Brad	2005	5124	
	2	Barry	Reagan	2002	4913	
	3	Ryan	Kevin	2005	4576	

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55m	1	Woods	Shareese	2007	6.85
	2	Moses	LaJarsha	2007	6.93
	3	Currie	Lamarra	2007	6.95
	4	Patterson	Courtney	2006	6.96
	5	Stark	Tempess	2005	6.97
	6	Dixon	Michelle	2001	6.98
	7	Norman	Tawana	2005	7.06
	8	Thomas	Aisha	2000	7.07
	9	Springs	Pat	2006	7.09
	10	Roseboro	Toree	2006	7.13
60m	1	Woods	Shareese	2007	7.43
		Patterson	Courtney	2006	7.43
		Norman	Tawana	2005	7.43
	4	Moses	LaJarsha	2007	7.50
		Currie	Lamarra	2006	7.50
	6	Stark	Tempess	2006	7.52
	7	Dixon	Michelle	2003	7.54
	8	Thomas	Aisha	2000	7.55
	9	Philogene	Missy	2005	7.66
	10	Washington	Bernadette	2003	7.70
55m HH	1	Springs	Pat	2007	8.08
	2	Reese	Devanda	1998	8.09
	3	Fowler	Krystal	2001	8.16
	4	Turner	Monica	2001	8.23
	5	Smith	Paris	2004	8.24
	6	Brown	Monique	2000	8.25
	7	Smith	Kenisha	1999	8.30
	8	Van Wright	Kia	1995	8.42
	9	Reese	Erica	2001	8.52
	10	Gabriel	Rolanda	1999	8.66
60m HH	1	Smith	Paris	2004	8.65
	2	Springs	Pat	2007	8.71
	3	Reese	Devanda	1999	8.77
		Fowler	Krystal	2000	8.86
	5	Turner	Monica	2002	8.87
	6	Brown	Monique	2000	8.87
	7	Smith	Kenisha	1999	8.92
	8	Van Wright	Kia	1997	8.97
	9	Gabriel	Rolanda	2000	9.19
	10	Reddick	Amber	1999	9.31
200m	1	Woods	Shareese	2007	22.97
	2	Stark	Tempess	2005	24.44
	3	Dixon	Michelle	2003	24.77
	4	Thomas	Aisha	2001	24.86
	5	Philogene	Missy	2005	24.88
	6	Patterson	Courtney	2006	24.98
		Washington	Bernadette	2003	24.98
	8	Currie	Lamarra	2007	25.05
	9	Moses	LaJarsha	2007	25.45
	10	Roseboro	Toree	2006	25.58

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400m	1	Woods	Shareese	2006	53.32
	2	Thomas	Aisha	2003	55.58
	3	Sturdivant	Carlitha	2005	55.94
	4	Moore	Angel	2007	56.71
	5	Horne	Tina	2007	57.74
	6	Washington	Bernadette	2002	58.18
	7	Baker	Portia	2006	58.22
	8	Wyse	Ayana	2007	58.53
	9	Lane	Sabrina	1998	58.83
	10	Grey	Larae	1994	59.67
500m	1	Sturdivant	Carlitha	2006	1:13.69
	2	Woods	Shareese	2003	1:16.02
	3	Wyse	Ayana	2007	1:17.63
	4	Horne	Tina	2007	1:18.20
	5	Morris	Randi	1995	1:18.94
	6	Lane	Sabrina	1998	1:19.36
	7	Moore	Angel	2007	1:20.25
	8	Stapleton	Karmel	2006	1:21.12
	9	Watts	Crystal	2006	1:24.82
	10	Rookwood	Deliece	1998	1:25.21
800m	1	Jackson	Aja	2007	2:09.75
	2	Smith	Liz	2005	2:15.48
	3	Gillam	Diana	1994	2:16.4
	4	Ficken	Cassie	2005	2:17.87
	5	Syracuse	Laura	2002	2:19.50
	6	McDonagh	Eileen	1995	2:19.80
	7	Burklow	Stephanie	1997	2:21.37
	8	Wisdom	Marenika	2004	2:21.67
	9	Hughes	Laura	1994	2:22.76
	10	Snyder	Stephanie	2007	2:22.85
1000m	1	Smith	Liz	2006	2:55.12
	2	White	Renee	1993	2:59.1
	3	Ames	Abby	1998	3:04.18
	4	McDonagh	Eileen	1995	3:07.34
	5	MacAuley	Erin	2007	3:08.74
	6	Taylor	Jen	1998	3:09.69
	7	Horelik	Noelle	2007	3:10.12
Mile	1	Ficken	Cassie	2005	4:51.77
	2	Jackson	Aja	2007	4:54.48
	3	Daniels	Jane	2005	4:58.42
	4	Taylor	Jen	2000	5:02.79
	5	Dagnachew	Tsehay	2004	5:06.40
	6	Kerin	Molly	1996	5:07.61
	7	Syracuse	Laura	2002	5:09.15
	8	Wendland	Naomi	2000	5:09.41
	9	Smith	Liz	2004	5:12.11
	10	Levin	Kerin	1998	5:12.32

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3000m	1	Ficken	Cassie	2005	9:17.97
	2	Daniels	Jane	2005	9:47.01
	3	Dagnachew	Tsehay	2007	9:59.49
	4	Wendland	Naomi	2000	10:04.02
	5	Travis	Kelly	1998	10:10.88
	6	Levin	Kerin	1998	10:12.92
	7	Ames	Abby	1998	10:13.96
	8	Sotillo	Tanya	1997	10:15.02
	9	Syracuse	Laura	2002	10:22.26
	10	Kerin	Molly	1994	10:24.3
5000m	1	Dagnachew	Tsehay	2006	17:09.08
	2	Wendland	Naomi	2001	17:29.72
	3	Daniels	Jane	2006	17:39.90
	4	Levin	Kerin	1998	17:35.95
	5	Slagle	Amelia	2005	18:03.00
	6	Syracuse	Laura	2003	18:31.61
	7	Illuzzi	Celena	1994	18:41.4
	8	Craig	Andria	2003	18:47.29
	9	Blue	Liana	2006	18:49.32
	10	Kohnke	Jenna	2005	19:36.71
1600m Relay	1	Horne, Moore Wyse, Woods		2007	3:42.18
	2	Sturdivant, Washington Moore, Woods		2005	3:45.05
	3	Wyse, Woods Horne, Moore		2007	3:46.56
	4	Baker, Horne Moore, Woods		2006	3:47.60
	5	Sturdivant, Moore Woods, Jackson		2005	3:49.20
	6	Sturdivant, Moore Washington, Woods		2005	3:49.23
	7	Moore, Horne Wyse, Woods		2007	3:49.66
	8	Washington, Sturdivant Moore, Woods		2005	3:49.71
	9	Woods, Jackson Horne, Moore		2006	3:51.51
	10	Washington, P. Smith Woods, Sturdivant		2004	3:51.5
4x800	1	UNCC		1993	9:19.50
	2	Ficken, Daniels Smith, Jackson		2006	9:29.33

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DMR	1	Daniels, Moore L Smith, Ficken		2005	11:43.96	
	2	Jackson, Sturdivant Daniels, Ficken		2006	11:57.85	
	3	L. Smith, Moore Wisdom, Dagnachew		2004	12:07.49	
	4	Daniels, Horne Dagnachew, Ficken		2005	12:07.93	
	5	Ficken, Horne Daniels, Dagnachew		2005	12:08.18	
	6	Levin, Q. Wells Taylor, Wendland		2000	12:09.94	
	7	Daniels, Sturdivant Jackson, Ficken		2006	12:10.83	
	8	Snyder, Moore Jackson, Dagnachew		2007	12:12.43	
	9	Jackson, Horne MacAuley, Snyder		2007	12:14.23	
	10	Levin, Lane Wehr, J. Taylor		2000	12:19.60	
Long Jump	1	Norman	Tawana	2005	20'1.75	6.14m
	2	Springs	Pat	2007	20'0.5	6.11m
	3	Reddick	Amber	2002	19'6.75	5.96m
	4	Gass-Gray	Tayesha	2006	19'5.5	5.93m
	5	Turner	Monica	2002	19'4.25	5.90m
	6	Lunsford	Adrienne	2004	19'3.25	5.87m
	7	Reese	Devanda	1998	18'10.5	5.75m
	8	Johnson	Sharonda	2006	18'8.75	5.71m
	9	Hines	Samantha	2003	18'5.25	5.62m
	10	Stark Gabriel	Tempess Rolanda	2006 1999	18'2.5 18'2.5	5.55m 5.55m
Triple Jump	1	Johnson	Sharonda	2007	43'3	13.18m
	2	Reddick	Amber	2003	40'6.75	12.36m
	3	Stark	Tempess	2006	40'0.75	12.21m
	4	Clayborn	Lindsey	2007	39'6.5	12.05m
	5	Gabriel	Rolanda	2003	39'5	12.01m
	6	Brown	Danielle	2007	37'11.25	11.56m
	7	Moore	Sonja	1997	37'03.75	11.37m
	8	Turner	Monica	1998	36'5.75	11.12m
	9	Ward	Kema	2004	35'11.5	10.95m
	10	Fox Matraw	Sara Sarah	2006 1997	35'10.75 35'10.75	10.94m 10.94m
High Jump	1	Johnson	Sharonda	2005	5'10	1.78m
		Barnette	Adrienne	2005	5'10	1.78m
	3	Sellers	Jelaine	2006	5'7	1.70m
	4	Lunsford	Adrienne	2004	5'6	1.68m
	5	Brown	Danielle	2006	5'3	1.60m
	6	Falvo	Kallyn	2006	5'2.25	1.58m
		Reese	Erica	2002	5'2.25	1.58m
		Graves	Tiana	1999	5'2.25	1.58m
	9	Brown	Tonisha	1998	5'1.75	1.57m
	10	Turner	Monica	2002	5'0.25	1.53m

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Pole Vault	1	Taylor	Danielle	2004	12'5.5	3.80m
	2	Murray	Karina	2004	11'3.75	3.45m
	3	Gale	Shelby	2003	10'11.75	3.35m
	4	Morrison	Sarah	2004	10'10	3.30m
	5	Boivin	Megan	2006	9'10	3.00m
	6	Turner	Monica	1999	9'8	2.95m
	7	Garzoni	Shannon	2006	9'6.25	2.90m
	8	Ayscue	Jill	2006	9'4.25	2.85m
	9	Daniel	Amy	2001	9'0	2.74m
	10	Porcenaluk	Miranda	2006	8'10.25	2.70m
Shot Put	1	Clinding	Tara	2000	44'4.25	13.52m
	2	Boggan	Keisha	1998	40'9	12.42m
	3	Ramos	Kathleen	2002	38'1.25	11.61m
	4	Wiley	Ashley	2005	37'11.25	11.56m
	5	Fowler	Krystal	2002	36'2	11.02m
	6	Wells	Kamaria	2004	35'6.5	10.83m
	7	King	Stephanie	1998	33'3	10.13m
	8	Smith	Paris	2003	32'11	10.03m
	9	Davis	Ashley	2003	32'9.75	10.00m
	10	Dayton	Cory	2005	32'4.5	9.84m
20lb wt.	1	Wiley	Ashley	2007	50'3.5	15.33m
	2	Clinding	Tara	2000	46'6.75	14.19m
	3	Ramos	Kathleen	2000	44'11	13.69m
	4	Boggan	Keisha	2000	44'8.75	13.63m
	5	Ulas	Chi Chi	2005	41'9.25	12.73m
	6	Wells	Kamaria	2004	39'0.25	11.89m
	7	King	Stephanie	1998	35'3.25	10.75m
	8	Jenkins	Demincia	2006	35'2	10.72m
	9	Fox	Keisha	2000	34'3	10.44m
	10	Hurt	Vashti	2001	30'1.5	9.18m
Pentathlon	1	Reese	Erica	2002	2965	
	2	Sellers	Jelaine	2006	2557	
	3	Davis	Ashley	2003	2348	
	4	Polzine	Alycia	2006	2234	
	5	Falvo	Kallyn	2006	2221	