

**2008 - 2009 WOMEN'S TOP SWIMMING TIMES AND DIVING SCORES  
(MET A OR B NCAA QUALIFYING STANDARDS)**

Updated 12/3/08

50 FREESTYLE (23.71 / 24.41)

23.73	Westby, Ruth	Emory	11/21/08
23.86	Stern, Kendra	Amherst	11/24/08
24.09	Hofer, Traci	TCNJ	11/22/08
24.11	Carlton, Elizabeth	Kenyon	11/22/08
24.15	Hoff, Chelsea	UW La Crosse	11/8/08
24.15	Gresset, Brittany	Whitworth	11/22/08
24.25	Johnson, Amy	Olivet	11/15/08
24.29	Pavlak, Claire	Emory	11/21/08

100 FREESTYLE (51.59 / 53.25)

51.69	Westby, Ruth	Emory	11/21/08
52.48	Ertel, Tina	Kenyon	11/22/08
52.99	Quinn, Meghan	Kenyon	11/22/08
53.02	Johnson, Amy	Olivet	11/15/08
53.04	Arad, Danielle	Kenyon	11/22/08

200 FREESTYLE (1:52.54 / 1:55.99)

1:53.45	Arad, Danielle	Kenyon	11/22/08
1:53.80	Crockett, Sarah	Mary Washington	11/22/08
1:54.30	Westby, Ruth	Emory	11/1/08
1:54.47	Meirs, Kaitlyn	Kenyon	11/22/08
1:55.30	Mykleby, Erin	Luther	11/22/08
1:55.64	Ertel, Tina	Kenyon	11/1/08
1:55.64	Oliveira, Catarina	Kenyon	11/22/08
1:55.93	Horvat, Liz	Emory	11/15/08
1:55.95	Tripp, Mary	Emory	11/1/08

500 FREESTYLE (5:00.03 / 5:08.52)

5:02.62	Meirs, Kaitlyn	Kenyon	11/22/08
5:03.11	Horvat, Liz	Emory	10/25/08
5:05.64	Crockett, Sarah	Mary Washington	11/22/08
5:06.76	Callen, Hillary	Denison	11/8/08
5:07.12	Culpepper, Anne	Emory	11/8/08
5:07.23	Chevalier, Dominique	Kenyon	11/22/08
5:07.24	Stern, Kendra	Amherst	11/24/08
5:08.28	Kono, Kelly	Washington Univ.	11/22/08
5:08.39	Oliveira, Catarina	Kenyon	11/22/08

1,650 FREESTYLE (17:17.49 / 17:47.99)

17:09.85	Meirs, Kaitlyn	Kenyon	11/22/08
17:25.25	Horvat, Liz	Emory	11/15/08
17:27.81	Chevalier, Dominique	Kenyon	11/22/08
17:41.75	St. John, Megan	Univ of Chicago	11/22/08
17:45.38	Chalermpananupap, Natty	Emory	11/15/08

100 BACKSTROKE (57.48 / 59.64)

58.09	Ertel, Tina	Kenyon	11/22/08
58.45	Barer, Carolyn	Kenyon	11/22/08
58.48	Levens, Tara	Univ of Chicago	11/22/08
58.74	McDowell, Brie	St. Mary's of MD	11/20/08
58.77	Hoff, Chelsea	UW La Crosse	11/8/08
59.05	Evans, Molly	Carnegie Mellon	11/22/08
59.14	Pasternak, Tess	Emory	10/25/08

200 BACKSTROKE (2:04.38 / 2:09.04)

2:04.09	Barer, Carolyn	Kenyon	11/22/08
2:06.32	Evans, Molly	Carnegie Mellon	11/22/08
2:06.61	Pasternak, Tess	Emory	11/1/08
2:08.71	Ertel, Tina	Kenyon	11/1/08
2:08.85	Spach, Margaret	Johns Hopkins	10/24/08
2:08.92	Levens, Tara	Univ of Chicago	11/22/08

100 BREASTSTROKE (1:04.91 / 1:07.57)

1:04.78	Menzel, Tracy	Kenyon	11/22/08
1:05.98	Vereshchagin, Alisa	Kenyon	11/1/08
1:06.43	Baker, Catie	DePauw	11/21/08
1:06.92	Perizzolo, Annie	C-M-S	10/25/08
1:06.98	Lehberger, Caitlin	Westminster	11/19/08
1:07.47	Dennis, Caitlin	Johns Hopkins	10/24/08

1:07.48	Crowley, Megan	UC Santa Cruz	10/25/08
1:07.56	Kim, Marie	Emory	11/21/08
<u>200 BREASTSTROKE (2:20.76 / 2:26.86)</u>			
2:20.74	Vereshchagin, Alisa	Kenyon	11/22/08
2:24.17	Menzel, Tracy	Kenyon	11/22/08
2:25.15	Perizzolo, Annie	C-M-S	10/25/08
2:25.69	Dennis, Caitlin	Johns Hopkins	10/24/08
2:25.88	Kim, Marie	Emory	10/25/08
2:26.10	Vail, Maggie	Calvin	11/8/08
2:26.56	Baker, Catie	DePauw	11/1/08
<u>100 BUTTERFLY (56.24 / 58.79)</u>			
57.70	Arad, Danielle	Kenyon	11/22/08
57.78	Ertel, Tina	Kenyon	11/22/08
57.98	Menzel, Tracy	Kenyon	11/22/08
57.99	Evans, Molly	Carnegie Mellon	11/8/08
58.16	Zaleski, Olivia	Denison	11/8/08
58.21	Arnett, Katherine	Johns Hopkins	10/24/08
58.22	Andryauskas, Sarah	Johns Hopkins	11/1/08
58.34	Pfohl, Chelsea	NYU	11/15/08
58.57	Westby, Ruth	Emory	11/8/08
58.72	Cucao, Lisa	Williams	11/15/08
<u>200 BUTTERFLY (2:05.56 / 2:09.12)</u>			
2:07.21	Arad, Danielle	Kenyon	11/22/08
<u>200 I.M. (2:05.81 / 2:10.78)</u>			
2:06.35	Ertel, Tina	Kenyon	11/22/08
2:08.73	Spach, Margaret	Johns Hopkins	10/24/08
2:08.76	Vereshchagin, Alisa	Kenyon	11/22/08
<u>400 I.M. (4:28.71 / 4:39.03)</u>			
4:31.30	Meirs, Kaitlyn	Kenyon	11/22/08
4:31.77	Horvat, Liz	Emory	11/21/08
4:36.96	Caldwell, Kellyn	Kenyon	11/22/08
4:37.32	Chalermphanupap, Natty	Emory	11/15/08
4:38.74	McDowell, Brie	St. Mary's of MD	11/15/08
4:39.02	Spach, Margaret	Johns Hopkins	11/1/08
<u>200 MEDLEY RELAY (1:45.62 / 1:49.27)</u>			
1:46.50	Kenyon (Ertel, Menzel, Arad, Carlton)		11/22/08
1:48.93	Emory (Pasternak, Kim, Ciardelli, Pavlak)		11/21/08
<u>400 MEDLEY RELAY (3:50.25 / 3:59.83)</u>			
3:51.92	Kenyon (Barer, Menzel, Arad, Ertel)		11/22/08
<u>200 FREE RELAY (1:34.73 / 1:38.12)</u>			
1:36.59	Emory (Westby, Taylor, Klinzing, Shu)		11/21/08
1:36.65	Kenyon (Quinn, Carlton, Hurd, Ertel)		11/22/08
<u>400 FREE RELAY (3:27.84 / 3:35.43)</u>			
3:31.13	Kenyon (Quinn, Ertel, Hurd, Arad)		11/22/08
3:33.90	Emory (Klinging, Ciardelli, Taylor, Westby)		11/15/08
<u>800 FREE RELAY (7:30.77 / 7:52.20)</u>			
7:44.57	Kenyon (Ertel, Arad, Meirs, Oliveira)		11/22/08
7:47.16	Luther (Mykleby, Choi, Bruns, Schneider)		11/22/08
<u>1-METER DIVING - DUAL/6 DIVES (245.00/255 6 optionals)</u>			
279.25	+ Sponholz, Kelly	SUNY Fredonia	11/8/08
278.25	+ Sorenson, Kathleen	Wellesley	11/21/08
258.60	Haver, Bethany	Washington and Jefferson	11/8/08
254.65	Maygar, Emily	Albion	11/15/08
254.50	Deur, Erica	Calvin	11/15/08
246.10	Masters, Sarah	Denison	11/8/08
245.60	Fowler, Colleen	Coe	11/7/08
<u>1-METER DIVING - CHAMPIONSHIP/11 DIVES (395.00)</u>			
460.70	Emerick, Hayley	Trinity	11/21/08
417.90	Kovach, Krystal	Penn State Erie	11/22/08
400.70	Koch, Samantha	UW La Crosse	11/8/08
397.60	Waschak, Megan	Olivet	11/22/08

3-METER DIVING - DUAL/6 DIVES (255.00/265.00 6 optionals)

295.15	+ Sponholz, Kelly	SUNY Fredonia	11/8/08
291.45	+ Sorenson, Kathleen	Wellesley	11/15/08
269.10	Haver, Bethany	Washington and Jefferson	11/22/08
263.90	Deur, Erica	Calvin	11/14/08

3-METER DIVING - CHAMPIONSHIP/11 DIVES (410.00)

493.20	Emerick, Hayley	Trinity	11/21/08
423.50	Haver, Bethany	Washington and Jefferson	11/21/08
416.15	LaValley, Rachel	UW La Crosse	11/8/08

+ denotes diver has achieved additional qualifying scores in that event

\* denotes meters swim

Please fax your Proof of Performance Forms to (720) 259-4115