

NCAA Div. II XC Central Regional Championship
Wayne State College, Wayne, NE
November 7, 2009 - 10,000 Meters

MEN'S RESULTS

| Place Pace | Tea | No. | Name | Year | Team | Time |
|---------------|-----|-----|-------------------|------|----------------------|---------|
| 1 4:59 | 1 | 310 | Brian Medigovich | SR | Adams State | 30:57.2 |
| 2 4:59 | 2 | 302 | Aaron Braun | SR | Adams State | 30:57.3 |
| 3 4:59 | 3 | 311 | Reuben Mwei | SR | Adams State | 30:57.3 |
| 4 5:02 | 1 | 485 | Tyler Pennel | JR | Western State | 31:12.0 |
| 5 5:04 | 4 | 309 | Ryan McNiff | JR | Adams State | 31:28.7 |
| 6 5:06 | 2 | 480 | Iain Donnan | SR | Western State | 31:36.5 |
| 7 5:07 | 1 | 422 | Niciase Kazingo | SO | New Mexico Highlands | 31:41.6 |
| 8 5:07 | 3 | 477 | Loren Ahonen | JR | Western State | 31:42.6 |
| 9 5:07 | 5 | 305 | Edwin Cruz | FR | Adams State | 31:43.2 |
| 10 5:08 | 6 | 314 | Florian Theophile | SR | Adams State | 31:53.3 |
| 11 5:09 | 1 | 340 | Aaron Swift | JR | Colorado Mines | 31:55.3 |
| 12 5:11 | 2 | 341 | Ben Zywicki | JR | Colorado Mines | 32:07.1 |
| 13 5:12 | 7 | 301 | Brandon Birdsong | JR | Adams State | 32:16.2 |
| 14 5:13 | 4 | 481 | David Flynn | FR | Western State | 32:19.4 |
| 15 5:14 | 5 | 479 | Sean Brown | JR | Western State | 32:26.7 |
| 16 5:14 | 1 | 407 | Tanner Fruit | JR | Nebraska-Kearney | 32:28.5 |
| 17 5:14 | 1 | 320 | Tom Karbo | JR | Augustana (S.D.) | 32:28.5 |
| 18 5:15 | 1 | 366 | Anthony Luna | SR | Metropolitan St. | 32:37.0 |
| 19 5:16 | 2 | 423 | Moses Kirui | FR | New Mexico Highlands | 32:37.9 |
| 20 5:16 | 3 | 335 | Tyler Curtis | FR | Colorado Mines | 32:38.0 |
| 21 5:16 | 6 | 488 | Glenn Watts | SR | Western State | 32:38.0 |
| 22 5:16 | 1 | 358 | Alex Troncoso | SR | Fort Lewis | 32:42.7 |
| 23 5:17 | 2 | 361 | Eiger Erickson | SO | Metropolitan St. | 32:46.8 |
| 24 5:18 | 3 | 363 | Brandon Johnson | SR | Metropolitan St. | 32:50.0 |
| 25 5:18 | 2 | 412 | Al Sanabria | SO | Nebraska-Kearney | 32:50.6 |
| 26 5:18 | 1 | 374 | James Krajjsa | SR | Minn. St. Mankato | 32:53.3 |

| | | NCAA D2 Men | | |
|------|---|-----------------------|-----------------------|---------|
| 27 | 2 | 315 Travis Beniak | SO Augustana (S.D.) | 32:53.3 |
| 5:18 | | | | |
| 28 | 4 | 338 Nate Hatleback | SR Colorado Mines | 32:53.6 |
| 5:18 | | | | |
| 29 | 5 | 337 Sean Gildea | FR Colorado Mines | 32:55.2 |
| 5:18 | | | | |
| 30 | 2 | 356 Dylan Peterson | SR Fort Lewis | 32:56.7 |
| 5:19 | | | | |
| 31 | 3 | 317 Matt Braithwaite | JR Augustana (S.D.) | 33:04.3 |
| 5:20 | | | | |
| 32 | 4 | 325 Austin Vande Berg | JR Augustana (S.D.) | 33:06.4 |
| 5:20 | | | | |
| 33 | 2 | 379 Jonathan Stoltman | SR Minn. St. Mankato | 33:08.5 |
| 5:21 | | | | |
| 34 | 4 | 367 Zach Mares | JR Metropolitan St. | 33:12.2 |
| 5:21 | | | | |
| 35 | 7 | 486 Tyler Rasmussen | JR Western State | 33:16.6 |
| 5:22 | | | | |
| 36 | 5 | 316 Daniel Black | JR Augustana (S.D.) | 33:16.9 |
| 5:22 | | | | |
| 37 | 3 | 377 Denise Mokaya | SR Minn. St. Mankato | 33:25.7 |
| 5:23 | | | | |
| 38 | 6 | 339 Mack McLain | SO Colorado Mines | 33:27.6 |
| 5:24 | | | | |
| 39 | 1 | 447 Kyle Neumann | SO St. Cloud St. | 33:35.9 |
| 5:25 | | | | |
| 40 | 3 | 352 Shane Kersten | SO Fort Lewis | 33:41.0 |
| 5:26 | | | | |
| 41 | 1 | 431 Josh Schmeichel | SR Northern State | 33:42.5 |
| 5:26 | | | | |
| 42 | 1 | 475 York Thomas | JR Wayne St. (Neb.) | 33:44.5 |
| 5:26 | | | | |
| 43 | 5 | 368 Nathan Newland | SO Metropolitan St. | 33:46.5 |
| 5:27 | | | | |
| 44 | 4 | 349 Michael Birgen | SO Fort Lewis | 33:53.2 |
| 5:28 | | | | |
| 45 | 7 | 333 Jacques Annandale | SR Colorado Mines | 33:54.1 |
| 5:28 | | | | |
| 46 | 1 | 390 Michael McConnell | JR Minn. St. Moorhead | 33:55.7 |
| 5:28 | | | | |
| 47 | 6 | 360 Carl Arnold | JR Metropolitan St. | 33:57.4 |
| 5:28 | | | | |
| 48 | 7 | 364 Chris Le Blanc | SR Metropolitan St. | 33:58.8 |
| 5:29 | | | | |
| 49 | 1 | 461 Mike English | FR UC-Colo. Spgs. | 34:01.7 |
| 5:29 | | | | |
| 50 | 1 | 452 Eamin Entwisle | SO U. of Mary | 34:03.4 |
| 5:29 | | | | |

Results provided by ChampionChip Minnesota

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| Place | Tea No. | Name | Year Team | Time |
|-------|---------|------|-----------|------|
|-------|---------|------|-----------|------|

NCAA D2 Men

Pace

| | | | | | |
|------|---|-----|-----------------|-------------------------|---------|
| 51 | 4 | 376 | Jeff Lombardo | JR Minn. St. Mankato | 34:03.7 |
| 5:29 | | | | | |
| 52 | 1 | 394 | Erik Escher | JR Minnesota-Duluth | 34:05.2 |
| 5:30 | | | | | |
| 53 | 2 | 397 | Nick Nygaard | SO Minnesota-Duluth | 34:07.5 |
| 5:30 | | | | | |
| 54 | 2 | 462 | Sam Feldotto | FR UC-Colo. Spgs. | 34:07.9 |
| 5:30 | | | | | |
| 55 | 5 | 369 | Jacob Bastyr | FR Minn. St. Mankato | 34:09.4 |
| 5:30 | | | | | |
| 56 | 5 | 353 | Kiprono Mutai | FR Fort Lewis | 34:10.9 |
| 5:31 | | | | | |
| 57 | 2 | 441 | Hady Cherif | JR St. Cloud St. | 34:11.7 |
| 5:31 | | | | | |
| 58 | 3 | 465 | Joel Kienitz | SR UC-Colo. Spgs. | 34:12.1 |
| 5:31 | | | | | |
| 59 | 2 | 430 | John Rawerts | JR Northern State | 34:13.5 |
| 5:31 | | | | | |
| 60 | 3 | 428 | Richard Keroack | SO Northern State | 34:14.0 |
| 5:31 | | | | | |
| 61 | 6 | 318 | Ryan Evans | FR Augustana (S.D.) | 34:24.8 |
| 5:33 | | | | | |
| 62 | 3 | 448 | Shamus O'Grady | SO St. Cloud St. | 34:26.2 |
| 5:33 | | | | | |
| 63 | 6 | 378 | Adam Noll | SO Minn. St. Mankato | 34:27.1 |
| 5:33 | | | | | |
| 64 | 7 | 319 | Matt Heesch | SR Augustana (S.D.) | 34:28.8 |
| 5:33 | | | | | |
| 65 | 2 | 389 | Adam Kne | SR Minn. St. Moorhead | 34:29.5 |
| 5:34 | | | | | |
| 66 | 3 | 410 | Thomas Neemann | SR Nebraska-Kearney | 34:32.0 |
| 5:34 | | | | | |
| 67 | 6 | 351 | Jeff Hofferber | JR Fort Lewis | 34:34.9 |
| 5:34 | | | | | |
| 68 | 4 | 469 | Oliver Williams | SO UC-Colo. Spgs. | 34:37.2 |
| 5:35 | | | | | |
| 69 | 5 | 466 | Chris Reynolds | JR UC-Colo. Spgs. | 34:37.6 |
| 5:35 | | | | | |
| 70 | 3 | 391 | David Teige | SR Minn. St. Moorhead | 34:37.6 |
| 5:35 | | | | | |
| 71 | 4 | 439 | Dan Allen | JR St. Cloud St. | 34:40.4 |
| 5:35 | | | | | |
| 72 | 6 | 463 | Michael Johnson | SO UC-Colo. Spgs. | 34:43.1 |
| 5:36 | | | | | |
| 73 | 4 | 406 | Simon Falcon | FR Nebraska-Kearney | 34:44.8 |
| 5:36 | | | | | |
| 74 | 5 | 405 | Joe Coil | FR Nebraska-Kearney | 34:45.7 |
| 5:36 | | | | | |
| 75 | 3 | 402 | Zach Varty | SR Minnesota-Duluth | 34:47.6 |
| 5:36 | | | | | |
| 76 | 4 | 396 | Kyle Larson | SO Minnesota-Duluth | 34:52.2 |
| 5:37 | | | | | |
| 77 | 2 | 458 | Taylor Thompson | FR U. of Mary | 34:58.5 |
| 5:38 | | | | | |
| 78 | 3 | 426 | Gabriel Vidal | SR New Mexico Highlands | 35:02.7 |
| 5:39 | | | | | |
| 79 | 7 | 372 | Nick Emmans | FR Minn. St. Mankato | 35:05.2 |
| 5:39 | | | | | |
| 80 | 5 | 400 | Tom Ruttger | FR Minnesota-Duluth | 35:08.1 |
| 5:40 | | | | | |

| Place | Tea | No. | Name | Year | Team | Time |
|-------|-----|-----|-----------------|------|----------------------|---------|
| 81 | 1 | 328 | Pasque Cooper | SR | Colo. Christian | 35:10.6 |
| 5:40 | | | | | | |
| 82 | 6 | 409 | Nick Kizzire | SO | Nebraska-Kearney | 35:13.3 |
| 5:41 | | | | | | |
| 83 | 1 | 347 | Jacob Womeldorf | JR | Concordia-St. Paul | 35:19.5 |
| 5:42 | | | | | | |
| 84 | 4 | 424 | John Ronoh | SR | New Mexico Highlands | 35:23.3 |
| 5:42 | | | | | | |
| 85 | 6 | 393 | Ryan Eason | FR | Minnesota-Duluth | 35:25.7 |
| 5:43 | | | | | | |
| 86 | 2 | 474 | Matt Seiler | SO | Wayne St. (Neb.) | 35:30.0 |
| 5:43 | | | | | | |
| 87 | 4 | 427 | Jacob Arechigo | FR | Northern State | 35:31.4 |
| 5:44 | | | | | | |
| 88 | 1 | 489 | Kyle Dammen | FR | Winona State | 35:35.4 |
| 5:44 | | | | | | |
| 89 | 4 | 385 | Erik Hansen | JR | Minn. St. Moorhead | 35:37.5 |
| 5:44 | | | | | | |
| 90 | 5 | 443 | Jared Hicks | FR | St. Cloud St. | 35:39.2 |
| 5:45 | | | | | | |
| 91 | 7 | 415 | Quinn Willet | SR | Nebraska-Kearney | 35:43.4 |
| 5:45 | | | | | | |
| 92 | 7 | 401 | Cole Toepfer | FR | Minnesota-Duluth | 35:44.9 |
| 5:46 | | | | | | |
| 93 | 7 | 355 | Logan Ott | JR | Fort Lewis | 35:46.2 |
| 5:46 | | | | | | |
| 94 | 2 | 344 | Daniel Schield | SR | Concordia-St. Paul | 35:46.8 |
| 5:46 | | | | | | |
| 95 | 7 | 464 | Josh Jones | FR | UC-Colo. Spgs. | 35:54.6 |
| 5:47 | | | | | | |
| 96 | 2 | 327 | Tyler Anderson | FR | Colo. Christian | 35:57.6 |
| 5:48 | | | | | | |
| 97 | 6 | 442 | Sean Gaskell | SO | St. Cloud St. | 36:05.9 |
| 5:49 | | | | | | |
| 98 | 5 | 420 | Joshua Garcia | SO | New Mexico Highlands | 36:11.9 |
| 5:50 | | | | | | |
| 99 | 5 | 382 | Scott Egeberg | SR | Minn. St. Moorhead | 36:13.4 |
| 5:50 | | | | | | |
| 100 | 6 | 419 | Mario Armijo | FR | New Mexico Highlands | 36:15.4 |
| 5:51 | | | | | | |

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| Place | Tea | No. | Name | Year | Team | Time |
|-------|-----|-----|----------------|------|--------------------|---------|
| 101 | 3 | 330 | Anthony Melia | FR | Colo. Christian | 36:16.3 |
| 5:51 | | | | | | |
| 102 | 6 | 384 | Clayton Foster | FR | Minn. St. Moorhead | 36:21.9 |
| 5:52 | | | | | | |
| 103 | 7 | 444 | Luke Jordan | SO | St. Cloud St. | 36:22.8 |

NCAA D2 Men

| | | | | | |
|------|---|-----|--------------------|-------------------------|---------|
| 5:52 | | | | | |
| 104 | 2 | 498 | Ryan Slack | SR Winona State | 36:24.7 |
| 5:52 | | | | | |
| 105 | 1 | 434 | Matt Drake | JR Regis (Colo.) | 36:29.3 |
| 5:53 | | | | | |
| 106 | 7 | 418 | Chris Apodaca | FR New Mexico Highlands | 36:32.0 |
| 5:53 | | | | | |
| 107 | 3 | 496 | Ryan Nelson | SO Winona State | 36:42.1 |
| 5:55 | | | | | |
| 108 | 3 | 346 | Travis Wagers | SO Concordia-St. Paul | 36:48.6 |
| 5:56 | | | | | |
| 109 | 3 | 472 | John Kern | JR Wayne St. (Neb.) | 36:54.4 |
| 5:57 | | | | | |
| 110 | 4 | 329 | Reece Landenberger | FR Colo. Christian | 36:56.1 |
| 5:57 | | | | | |
| 111 | 4 | 491 | Jared Haldeman | FR Winona State | 37:08.9 |
| 5:59 | | | | | |
| 112 | 3 | 453 | Casey Jore | FR U. of Mary | 37:10.2 |
| 5:59 | | | | | |
| 113 | 5 | 493 | Cameron Keys | FR Winona State | 37:18.4 |
| 6:01 | | | | | |
| 114 | 4 | 476 | Trevor Urkoski | FR Wayne St. (Neb.) | 37:21.6 |
| 6:01 | | | | | |
| 115 | 5 | 429 | Matt Peterson | SO Northern State | 37:23.5 |
| 6:02 | | | | | |
| 116 | 4 | 342 | Brandon Kotek | SO Concordia-St. Paul | 37:24.8 |
| 6:02 | | | | | |
| 117 | 6 | 494 | Bryan Lindquist | SO Winona State | 37:26.1 |
| 6:02 | | | | | |
| 118 | 5 | 473 | Jason Schaaf | SO Wayne St. (Neb.) | 37:41.6 |
| 6:04 | | | | | |
| 119 | 7 | 497 | Luke Schuttenhelm | FR Winona State | 38:18.7 |
| 6:10 | | | | | |
| 120 | 2 | 437 | Andrew Tier | FR Regis (Colo.) | 38:26.7 |
| 6:12 | | | | | |
| 121 | 4 | 456 | Quincy Pierce | JR U. of Mary | 38:47.4 |
| 6:15 | | | | | |
| 122 | 6 | 432 | Jayce Seelig | FR Northern State | 38:47.7 |
| 6:15 | | | | | |
| 123 | 3 | 433 | John Brooks | FR Regis (Colo.) | 38:54.8 |
| 6:16 | | | | | |
| 124 | 5 | 332 | Nathan Williams | JR Colo. Christian | 38:59.8 |
| 6:17 | | | | | |
| 125 | 5 | 457 | Nathan Stamstad | FR U. of Mary | 39:01.2 |
| 6:17 | | | | | |
| 126 | 4 | 436 | Christian Pedroza | FR Regis (Colo.) | 40:03.9 |
| 6:27 | | | | | |
| 127 | 5 | 435 | Chris Kading | FR Regis (Colo.) | 41:11.2 |
| 6:38 | | | | | |
| 128 | 6 | 331 | Veniamin Todoriko | SR Colo. Christian | 42:08.2 |
| 6:47 | | | | | |

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