

NCAA\_D-II\_Central\_Regional\_Women

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 NCAA Div. II XC Central Regional Championship  
 Univ. of Nebraska at Kearney, Kearney NE  
 November 8, 2008 - 6,000 Meters  
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WOMEN'S TEAM RESULTS  
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1.	30	Adams State	(	20:48.09	1:44:00.45)
1	2	Heather Wood SR		20:25.75	
2	3	Lavenna Mullenbach SR		20:25.85	
3	5	Jj Lende FR		20:39.80	
4	6	Sofia Monroe JR		20:52.35	
5	14	Janette McCarroll JR		21:36.70	
6	( 18)	Vanessa Roy JR		21:44.15	
7	( 25)	Ashley Quintana JR		22:01.25	
2.	81	Augustana (S.D.)	(	21:39.51	1:48:17.55)
1	10	Alyssa Anderson JR		21:17.50	
2	13	Miranda Wagner SR		21:35.85	
3	15	Jillian Tholen SO		21:38.40	
4	17	Molly Clark JR		21:43.15	
5	26	Jenny Rogers FR		22:02.65	
6	( 31)	Caitlin Polgreen JR		22:15.65	
7	( 51)	Courtney Rasmussen FR		22:33.65	
3.	83	Western State	(	21:36.74	1:48:03.70)
1	7	Julianne Payton SO		20:54.50	
2	11	Hillory Davis SO		21:28.65	
3	16	Lisa Thomas SR		21:39.80	
4	21	Emily Schmidt FR		21:52.15	
5	28	Sarah Lyle FR		22:08.60	
6	( 41)	Natalia Guerrero FR		22:25.65	
7	( 56)	Annika Haughwout SO		22:39.55	
4.	129	Minnesota-Duluth	(	21:43.58	1:48:37.90)
1	4	Morgan Place FR		20:28.60	
2	9	Liz Palkie JR		21:10.20	
3	24	Bridget Hines SO		22:00.00	
4	42	Whitney Hines SO		22:26.45	
5	50	Rachel Stack SO		22:32.65	
6	( 70)	Michelle Sancartier SO		23:10.90	
7	( 99)	Carolyn Wardell SO		23:55.15	
5.	180	Metropolitan St.	(	22:15.31	1:51:16.55)
1	20	Danielle Kehoe FR		21:47.20	
2	27	Chelsea Rutter SR		22:04.20	
3	34	Taebrooke Rutter JR		22:19.80	
4	47	Veronica Albo JR		22:31.60	
5	52	Xenia Flores FR		22:33.75	
6	( 64)	Shanise Hamilton SO		22:57.95	
7	(113)	Morgan Thomas JR		24:31.30	
6.	198	Mesa State	(	22:13.11	1:51:05.55)
1	8	Alexis Skarda FR		21:08.85	

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2	12	Esmeralda Martinez JR	21:35.20
3	54	Paula Bruzewski JR	22:37.65
4	61	Kelsey Follett FR	22:50.85
5	63	Brooke Bosman FR	22:53.00
6	( 88)	Cecilia Garcia FR	23:45.55
7	(101)	Samantha Hentosh JR	24:00.70
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7.	203	Minn. St. Mankato	( 22:26.13 1:52:10.65)
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1	32	Amanda Dettman JR	22:18.85
2	36	Megan Hutchinson SR	22:22.15
3	43	Rachel Smalley SR	22:28.25
4	44	Meagan McConnell JR	22:29.40
5	48	Samantha Smith SR	22:32.00
6	( 59)	Lindsay Broughten JR	22:44.55
7	(136)	Andrea Brelje SO	25:26.65
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8.	217	UC-Colo. Spgs.	( 22:18.85 1:51:34.25)
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1	1	Shannon Payne SR	20:14.20
2	29	Alicia Del Pardo SO	22:09.80
3	35	Kaitlin Frier SO	22:21.50
4	75	Tavia Hammond JR	23:22.10
5	77	Christy Severy JR	23:26.65
6	( 94)	Lauren Bowers FR	23:52.05
7	(107)	Paige Hall SO	24:15.35
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9.	301	winona state	( 22:54.69 1:54:33.45)
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1	19	Jenna Southworth FR	21:46.75
2	46	Madeline Heinrich SO	22:30.95
3	67	Allie Glasbrenner JR	23:02.25
4	73	Stephanie Smith JR	23:20.25
5	96	Michelle Jeske SO	23:53.25
6	(117)	Amy Pawelko FR	24:43.75
7	(129)	Kelsey Stensland SO	25:14.05
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10.	309	Colorado Mines	( 23:01.25 1:55:06.25)
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1	22	Sydney Laws JR	21:58.70
2	23	Melanie Peddle SR	21:59.00
3	80	Marie Patton FR	23:28.85
4	89	Julia Hernandez FR	23:47.45
5	95	Jennifer Wertz SO	23:52.25
6	(126)	Briana Suppes FR	25:07.20
7	(142)	Alison Bratrsovsky JR	25:57.05
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11.	335	wayne St. (Neb.)	( 23:08.04 1:55:40.20)
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1	38	Sarah Thomsen JR	22:24.40
2	40	Megan Zavorka JR	22:25.50
3	76	Molly Gibson JR	23:24.15
4	81	Melissa McIntosh SO	23:29.25
5	100	Meghan Jacob SO	23:56.90
6	(119)	Tatiana Delossantos FR	24:55.95
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12.	339	Minn. St. Moorhead	( 23:10.19 1:55:50.95)
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1	30	Anna Vanwechel SO	22:12.95
2	65	Rayna Berndt SR	22:59.10
3	74	Danielle Thompson SO	23:22.05
4	83	Amanda Wickersham SO	23:33.40
5	87	Amber Henne SO	23:43.45

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6	( 90)	Kari Bloch JR	23:47.90
7	(112)	Ashley Roemer SR	24:30.40
13.	354	U. of Mary	( 23:10.25 1:55:51.25)
1	49	Alyson Piccolo SO	22:32.50
2	58	Irene Kosgei SO	22:43.10
3	60	Kristen Neumiller SO	22:46.05
4	78	Karolyn Kohl SR	23:27.05
5	109	Hannah Moen SR	24:22.55
6	(125)	Paige Hageness FR	25:03.15
7	(135)	Eloisa Espana SR	25:26.45
14.	361	Fort Lewis	( 23:21.69 1:56:48.45)
1	37	Kaydee McCray JR	22:23.15
2	39	Ashley Kelly SO	22:25.00
3	66	Kenzie Grant FR	23:01.70
4	82	Sofie Stenstadvold SR	23:29.60
5	137	Jessica Keetso FR	25:29.00
6	(143)	Whitney Allard JR	26:36.35
7	(149)	Gentry Peppin FR	27:55.65
15.	383	Nebraska-Kearney	( 23:21.46 1:56:47.30)
1	53	Amy Long FR	22:36.45
2	57	Lauren Stengel FR	22:40.55
3	72	Megan McClure JR	23:16.05
4	85	Shiloh Villar FR	23:39.75
5	116	Claire Aylward FR	24:34.50
6	(128)	Mackenzie Schulz FR	25:09.70
7	(138)	Jamie Rudder FR	25:30.25
16.	403	Regis (Colo.)	( 23:26.69 1:57:13.45)
1	55	Amy Smith JR	22:37.65
2	68	Deanna Richet JR	23:02.50
3	91	Karoline Garren FR	23:49.05
4	92	Sonja Nelson SO	23:50.55
5	97	Samantha Comerci FR	23:53.70
6	(118)	Whitney Unterreiner JR	24:45.40
7	(131)	Megan Vestal JR	25:19.65
17.	418	Northern State	( 23:36.89 1:58:04.45)
1	62	Kari Linneman SO	22:51.80
2	69	Danielle Nickolas SR	23:03.25
3	71	Toni Fritz SO	23:13.25
4	84	Valerie Moore SR	23:35.15
5	132	Michelle Nickolas FR	25:21.00
6	(147)	Cherry Kolb FR	27:47.40
7	(151)	Briana Mann FR	28:38.75
18.	470	St. Cloud St.	( 23:52.93 1:59:24.65)
1	45	Keely Rubash FR	22:29.55
2	98	Brittney Moffatt FR	23:53.70
3	104	Nichelle Rubash FR	24:05.50
4	108	Jackie Rich FR	24:21.45
5	115	Paula Marozas SO	24:34.45
6	(122)	Andrea Borden JR	25:01.05
7	(127)	Jana Prow FR	25:07.40

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19.	484	New Mexico Highlands	( 24:01.21 2:00:06.05)
1	79	Carolina Garcia JR	23:28.10
2	86	Ana Juarez SR	23:41.25
3	93	Sandra Martinez SR	23:51.50
4	103	Reyna Montano JR	24:03.45
5	123	Brieanna Roper SO	25:01.75
6	(133)	Amanda Martin SO	25:22.75
20.	509	Concordia-St. Paul	( 24:19.53 2:01:37.65)
1	33	Emily Stanzyk SR	22:19.10
2	102	Megan Fulton JR	24:01.35
3	110	Katie Monahan SO	24:22.75
4	124	Sandra James JR	25:02.40
5	140	Molly Bethke SO	25:52.05
21.	636	Bemidji St.	( 25:19.47 2:06:37.35)
1	105	Genna Ironi JR	24:08.65
2	111	Rebecca Hougen SR	24:26.90
3	134	Kirsten Maras FR	25:24.15
4	141	Kristi Buerkle SO	25:53.05
5	145	Alison Hougen FR	26:44.60
22.	648	Western New Mexico	( 26:25.95 2:12:09.75)
1	106	Amy Roybal SO	24:09.25
2	114	Cassandra Sanchez SO	24:34.25
3	130	Ellen Mork SR	25:16.75
4	146	Chelsea Nelson SR	27:02.30
5	152	Shatwa Morris FR	31:07.20
23.	672	Colorado St.-Pueblo	( 26:00.32 2:10:01.60)
1	120	Lindsey Herrera SR	24:56.30
2	121	Michele Herrera FR	24:57.25
3	139	Tara Lindsey-Chavez FR	25:35.15
4	144	Aubree Alley JR	26:44.25
5	148	Cassidy Ferguson SR	27:48.65
6	(150)	Stephanie Rossoll SO	28:02.90

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WOMEN'S RESULTS

Place	Tea	No.	Name	Year	Team	Time	Pace
1	1	483	Shannon Payne	SR	UC-Colo. Spgs.	20:14.2	5:26
2	1	313	Heather Wood	SR	Adams State	20:25.8	5:29
3	2	310	Lavenna Mullenbach	SR	Adams State	20:25.9	5:29
4	1	416	Morgan Place	FR	Minnesota-Duluth	20:28.6	5:30
5	3	307	Jj Lende	FR	Adams State	20:39.8	5:33
6	4	309	Sofia Monroe	JR	Adams State	20:52.4	5:36
7	1	507	Julianne Payton	SO	Western State	20:54.5	5:37
8	1	379	Alexis Skarda	FR	Mesa State	21:08.9	5:41

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9	2	414	Liz Palkie	JR	Minnesota-Duluth	21:10.2	5:41
10	1	314	Alyssa Anderson	JR	Augustana (S.D.)	21:17.5	5:43
11	2	502	Hillory Davis	SO	Western State	21:28.7	5:46
12	2	377	Esmeralda Martinez	JR	Mesa State	21:35.2	5:48
13	2	328	Miranda Wagner	SR	Augustana (S.D.)	21:35.9	5:48
14	5	308	Janette McCarroll	JR	Adams State	21:36.7	5:48
15	3	327	Jillian Tholen	SO	Augustana (S.D.)	21:38.4	5:49
16	3	511	Lisa Thomas	SR	Western State	21:39.8	5:49
17	4	316	Molly Clark	JR	Augustana (S.D.)	21:43.2	5:50
18	6	312	Vanessa Roy	JR	Adams State	21:44.2	5:50
19	1	521	Jenna Southworth	FR	Winona State	21:46.8	5:51
20	1	384	Danielle Kehoe	FR	Metropolitan St.	21:47.2	5:51
21	4	509	Emily Schmidt	FR	Western State	21:52.2	5:52
22	1	344	Sydney Laws	JR	Colorado Mines	21:58.7	5:54
23	2	346	Melanie Peddle	SR	Colorado Mines	21:59.0	5:54
24	3	411	Bridget Hines	SO	Minnesota-Duluth	22:00.0	5:55
25	7	311	Ashley Quintana	JR	Adams State	22:01.3	5:55
26	5	326	Jenny Rogers	FR	Augustana (S.D.)	22:02.7	5:55
27	2	388	Chelsea Rutter	SR	Metropolitan St.	22:04.2	5:56
28	5	506	Sarah Lyle	FR	Western State	22:08.6	5:57
29	2	477	Alicia Del Pardo	SO	UC-Colo. Spgs.	22:09.8	5:57
30	1	409	Anna Vanwechel	SO	Minn. St. Moorhead	22:13.0	5:58
31	6	324	Caitlin Polgreen	JR	Augustana (S.D.)	22:15.7	5:59
32	1	394	Amanda Dettman	JR	Minn. St. Mankato	22:18.9	6:00
33	1	360	Emily Stanzyk	SR	Concordia-St. Paul	22:19.1	6:00
34	3	389	Taebrooke Rutter	JR	Metropolitan St.	22:19.8	6:00
35	3	478	Kaitlin Frier	SO	UC-Colo. Spgs.	22:21.5	6:00
36	2	396	Megan Hutchinson	SR	Minn. St. Mankato	22:22.2	6:00
37	1	368	Kaydee McCray	JR	Fort Lewis	22:23.2	6:01
38	1	492	Sarah Thomsen	JR	Wayne St. (Neb.)	22:24.4	6:01
39	2	367	Ashley Kelly	SO	Fort Lewis	22:25.0	6:01
40	2	493	Megan Zavorka	JR	Wayne St. (Neb.)	22:25.5	6:01
41	6	503	Natalia Guerrero	FR	Western State	22:25.7	6:01
42	4	412	Whitney Hines	SO	Minnesota-Duluth	22:26.5	6:02
43	3	400	Rachel Smalley	SR	Minn. St. Mankato	22:28.3	6:02
44	4	398	Meagan McConnell	JR	Minn. St. Mankato	22:29.4	6:02
45	1	463	Keely Rubash	FR	St. Cloud St.	22:29.6	6:02
46	2	516	Madeline Heinrich	SO	Winona State	22:31.0	6:03
47	4	380	Veronica Albo	JR	Metropolitan St.	22:31.6	6:03
48	5	401	Samantha Smith	SR	Minn. St. Mankato	22:32.0	6:03
49	1	474	Alyson Piccolo	SO	U. of Mary	22:32.5	6:03
50	5	418	Rachel Stack	SO	Minnesota-Duluth	22:32.7	6:03
51	7	325	Courtney Rasmussen	FR	Augustana (S.D.)	22:33.7	6:04
52	5	382	Xenia Flores	FR	Metropolitan St.	22:33.8	6:04
53	1	423	Amy Long	FR	Nebraska-Kearney	22:36.5	6:04
54	3	373	Paula Bruzewski	JR	Mesa State	22:37.7	6:05
55	1	453	Amy Smith	JR	Regis (Colo.)	22:37.7	6:05
56	7	504	Annika Haughwout	SO	Western State	22:39.6	6:05
57	2	429	Lauren Stengel	FR	Nebraska-Kearney	22:40.6	6:05
58	2	471	Irene Kosgei	SO	U. of Mary	22:43.1	6:06
59	6	393	Lindsay Broughten	JR	Minn. St. Mankato	22:44.6	6:07
60	3	473	Kristen Neumiller	SO	U. of Mary	22:46.1	6:07
61	4	374	Kelsey Follett	FR	Mesa State	22:50.9	6:08
62	1	442	Kari Linneman	SO	Northern State	22:51.8	6:08
63	5	372	Brooke Bosman	FR	Mesa State	22:53.0	6:09
64	1	339	Bethany Hogan	JR	Colo. Christian	22:55.6	6:09
65	6	383	Shanise Hamilton	SO	Metropolitan St.	22:58.0	6:10
66	2	402	Rayna Berndt	SR	Minn. St. Moorhead	22:59.1	6:10
67	3	365	Kenzie Grant	FR	Fort Lewis	23:01.7	6:11
68	3	515	Allie Glasbrenner	JR	Winona State	23:02.3	6:11
69	2	451	Deanna Richet	JR	Regis (Colo.)	23:02.5	6:11
70	2	445	Danielle Nickolas	SR	Northern State	23:03.3	6:12
71	6	417	Michelle Sancartier	SO	Minnesota-Duluth	23:10.9	6:14

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72	3	440	Toni Fritz	SO Northern State	23:13.3	6:14
73	3	424	Megan McClure	JR Nebraska-Kearney	23:16.1	6:15
74	4	520	Stephanie Smith	JR Winona State	23:20.3	6:16
75	3	408	Danielle Thompson	SO Minn. St. Moorhead	23:22.1	6:17
76	4	480	Tavia Hammond	JR UC-Colo. Spgs.	23:22.1	6:17
77	3	487	Molly Gibson	JR Wayne St. (Neb.)	23:24.2	6:17
78	5	485	Christy Severy	JR UC-Colo. Spgs.	23:26.7	6:18
79	4	470	Karolyn Kohl	SR U. of Mary	23:27.1	6:18
80	1	433	Carolina Garcia	JR New Mexico Highlands	23:28.1	6:18
81	3	345	Marie Patton	FR Colorado Mines	23:28.9	6:18
82	4	489	Melissa McIntosh	SO Wayne St. (Neb.)	23:29.3	6:18
83	4	370	Sofie Stenstadvold	SR Fort Lewis	23:29.6	6:19
84	4	410	Amanda Wickersham	SO Minn. St. Moorhead	23:33.4	6:20
85	4	444	Valerie Moore	SR Northern State	23:35.2	6:20
86	4	430	Shiloh Villar	FR Nebraska-Kearney	23:39.8	6:21
87	2	434	Ana Juarez	SR New Mexico Highlands	23:41.3	6:22
88	5	404	Amber Henne	SO Minn. St. Moorhead	23:43.5	6:22
89	6	375	Cecilia Garcia	FR Mesa State	23:45.6	6:23
90	4	343	Julia Hernandez	FR Colorado Mines	23:47.5	6:23
91	6	403	Kari Bloch	JR Minn. St. Moorhead	23:47.9	6:23
92	3	449	Karoline Garren	FR Regis (Colo.)	23:49.1	6:24
93	4	450	Sonja Nelson	SO Regis (Colo.)	23:50.6	6:24
94	3	436	Sandra Martinez	SR New Mexico Highlands	23:51.5	6:24
95	6	476	Lauren Bowers	FR UC-Colo. Spgs.	23:52.1	6:25
96	5	348	Jennifer Wertz	SO Colorado Mines	23:52.3	6:25
97	5	517	Michelle Jeske	SO Winona State	23:53.3	6:25
98	5	448	Samantha Comerci	FR Regis (Colo.)	23:53.7	6:25
99	2	459	Brittney Moffatt	FR St. Cloud St.	23:53.7	6:25
100	7	419	Carolyn Wardell	SO Minnesota-Duluth	23:55.2	6:25
101	5	488	Meghan Jacob	SO Wayne St. (Neb.)	23:56.9	6:26
102	7	376	Samantha Hentosh	JR Mesa State	24:00.7	6:27
103	2	357	Megan Fulton	JR Concordia-St. Paul	24:01.4	6:27
104	4	437	Reyna Montano	JR New Mexico Highlands	24:03.5	6:28
105	3	464	Nichelle Rubash	FR St. Cloud St.	24:05.5	6:28
106	1	333	Genna Ironi	JR Bemidji St.	24:08.7	6:29
107	2	341	Nicole Wachendorf	JR Colo. Christian	24:08.7	6:29
108	1	498	Amy Roybal	SO Western New Mexico	24:09.3	6:29
109	7	479	Paige Hall	SO UC-Colo. Spgs.	24:15.4	6:31
110	4	462	Jackie Rich	FR St. Cloud St.	24:21.5	6:32
111	5	472	Hannah Moen	SR U. of Mary	24:22.6	6:33
112	3	359	Katie Monahan	SO Concordia-St. Paul	24:22.8	6:33
113	2	332	Rebecca Hougen	SR Bemidji St.	24:26.9	6:34
114	7	407	Ashley Roemer	SR Minn. St. Moorhead	24:30.4	6:35
115	7	390	Morgan Thomas	JR Metropolitan St.	24:31.3	6:35
116	2	499	Cassandra Sanchez	SO Western New Mexico	24:34.3	6:36
117	5	458	Paula Marozas	SO St. Cloud St.	24:34.5	6:36
118	5	421	Claire Aylward	FR Nebraska-Kearney	24:34.5	6:36
119	6	518	Amy Pawelko	FR Winona State	24:43.8	6:38
120	6	454	Whitney Unterreiner	JR Regis (Colo.)	24:45.4	6:39
121	6	486	Tatiana Delossantos	FR Wayne St. (Neb.)	24:56.0	6:42
122	1	351	Lindsey Herrera	SR Colorado St.-Pueblo	24:56.3	6:42
123	2	352	Michele Herrera	FR Colorado St.-Pueblo	24:57.3	6:42
124	6	456	Andrea Borden	JR St. Cloud St.	25:01.1	6:43
125	5	438	Brieanna Roper	SO New Mexico Highlands	25:01.8	6:43
126	4	358	Sandra James	JR Concordia-St. Paul	25:02.4	6:43
127	6	469	Paige Hageness	FR U. of Mary	25:03.2	6:44
128	6	347	Briana Suppes	FR Colorado Mines	25:07.2	6:45
129	7	461	Jana Prow	FR St. Cloud St.	25:07.4	6:45
130	6	427	Mackenzie Schulz	FR Nebraska-Kearney	25:09.7	6:45
131	7	522	Kelsey Stensland	SO Winona State	25:14.1	6:47
132	3	495	Ellen Mork	SR Western New Mexico	25:16.8	6:47
133	7	455	Megan Vestal	JR Regis (Colo.)	25:19.7	6:48
134	5	446	Michelle Nickolas	FR Northern State	25:21.0	6:48

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135	6	435	Amanda Martin	SO	New Mexico Highlands	25:22.8	6:49
136	3	334	Kirsten Maras	FR	Bemidji St.	25:24.2	6:49
137	7	468	Eloisa Espana	SR	U. of Mary	25:26.5	6:50
138	7	392	Andrea Brelje	SO	Minn. St. Mankato	25:26.7	6:50
139	5	366	Jessica Keetso	FR	Fort Lewis	25:29.0	6:51
140	7	426	Jamie Rudder	FR	Nebraska-Kearney	25:30.3	6:51
141	3	353	Tara Lindsey-Chavez	FR	Colorado St.-Pueblo	25:35.2	6:52
142	5	356	Molly Bethke	SO	Concordia-St. Paul	25:52.1	6:57
143	4	330	Kristi Buerkle	SO	Bemidji St.	25:53.1	6:57
144	7	342	Alison Bratrsovsky	JR	Colorado Mines	25:57.1	6:58
145	6	362	Whitney Allard	JR	Fort Lewis	26:36.4	7:09
146	4	349	Aubree Alley	JR	Colorado St.-Pueblo	26:44.3	7:11
147	5	331	Alison Hougen	FR	Bemidji St.	26:44.6	7:11
148	4	497	Chelsea Nelson	SR	Western New Mexico	27:02.3	7:16
149	6	441	Cherry Kolb	FR	Northern State	27:47.4	7:28
150	5	350	Cassidy Ferguson	SR	Colorado St.-Pueblo	27:48.7	7:28
151	7	369	Gentry Peppin	FR	Fort Lewis	27:55.7	7:30
152	6	355	Stephanie Rossoll	SO	Colorado St.-Pueblo	28:02.9	7:32
153	3	337	Christine Elsas	FR	Colo. Christian	28:06.0	7:33
154	7	443	Briana Mann	FR	Northern State	28:38.8	7:42
155	5	496	Shatwa Morris	FR	Western New Mexico	31:07.2	8:21
156	4	340	Rachel Penner	FR	Colo. Christian	33:32.4	9:00

Results provided by ChampionChip Minnesota

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