

**2009 NCAA INDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE**  
***Gilliam Indoor Track Stadium at the McFerrin Athletic Center***  
***Texas A&M University ~ College Station, TX***  
***Friday-Saturday, March 13-14***

**- DAY ONE -**  
***Friday, March 13***

COMBINED EVENTS

10:00 am	60m Hurdles	W Pentathlon
est. 10:50 am	High Jump (2 pits)	W Pentathlon
12:00 pm	60m Dash	M Heptathlon
est. 12:40 pm	Long Jump (2 pits)	M Heptathlon
est. 12:45 pm	Shot Put (2 rings)	W Pentathlon
est. 1:45 pm	Long Jump (2 pits)	W Pentathlon
est. 1:45 pm	Shot Put (2 rings)	M Heptathlon
est. 2:45 pm	High Jump (2 pits)	M Heptathlon
est. 2:45 pm	800m Run	W Pentathlon

FIELD EVENTS

4:00 pm	Weight Throw	W Trials & Final
4:15 pm	Long Jump	W Trials & Final
4:30 pm	Pole Vault	M Final
6:30 pm	High Jump	W Final
6:40 pm	Long Jump	M Trials & Final
6:50 pm	Shot Put	M Trials and Final

RUNNING EVENTS

3:55 pm	National Anthem	
4:00 pm	Mile Run	W Prelim
4:15 pm	Mile Run	M Prelim
4:30 pm	60m Hurdles	W Prelim
4:45 pm	60m Hurdles	M Prelim
5:00 pm	400m Dash	W Prelim
5:15 pm	400m Dash	M Prelim
5:30 pm	60m Dash	W Prelim
5:45 pm	60m Dash	M Prelim
6:00 pm	800m Run	W Prelim
6:15 pm	800m Run	M Prelim
6:30 pm	200m Dash	W Prelim
6:45 pm	200m Dash	M Prelim
7:05 pm	5,000m Run	W Final
7:30 pm	5,000m Run	M Final
8:00 pm	200m Dash	W Final (2 section final)
8:10 pm	200m Dash	M Final (2 section final)
8:20 pm	DMR	W Final
8:40 pm	DMR	M Final

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**- DAY TWO -**  
*Saturday, March 14*

COMBINED EVENTS

12:00 pm	60m Hurdles	M Heptathlon
est. 12:45 pm	Pole Vault (2 pits)	M Heptathlon
est. 3:15 pm	1,000 m Run	M Heptathlon

FIELD EVENTS

3:30 pm	Triple Jump	W Trials & Final
3:45 pm	Shot Put	W Trials and Final
4:00 pm	Pole Vault	W Final
4:15 pm	High Jump	M Final
4:30 pm	Triple Jump	M Trials & Final
5:00 pm	Weight Throw	M Trials & Final

RUNNING EVENTS

4:55 pm	National Anthem	
5:00 pm	Mile Run	W Final
5:10 pm	Mile Run	M Final
5:20 pm	60m Hurdles	W Final
5:30 pm	60m Hurdles	M Final
5:40 pm	400m Dash	W Final (2 section final)
5:50 pm	400m Dash	M Final (2 section final)
6:00 pm	60m Dash	W Final
6:10 pm	60m Dash	M Final
6:20 pm	800m Run	W Final
6:30 pm	800m Run	M Final
6:40 pm	3,000m Run	W Final
6:55 pm	3,000m Run	M Final
7:10 pm	4 x 400m Relay	W Final (2 section final)
7:25 pm	4 x 400m Relay	M Final (2 section final)
7:50 pm	Awards Ceremony	