

2008 Navy Volleyball Summer Prospectus

USNA Quick Facts

Location	Annapolis, Md.
Founded	October 10, 1845
Enrollment	4,200
Nickname	Midshipmen, Mids
Colors	Navy Blue and Gold
Superintendent	Vice Adm. Jeffrey Fowler, USN
Director of Athletics	Chet Gladchuk
Home Arena (<i>capacity</i>)	Macdonough Hall (1,000) Wesley Brown Field House (500)
Conference Affiliation	Patriot League

Volleyball Staff

Head Coach	Mike Schwob (13th Season)
Alma Mater	George Mason '88
Record at Navy	189-181 (12 Seasons) Patriot League Record: 73-67
Career Record	189-181 (12 Seasons)
Assistant Coaches	Mary Clare Coghlan Heidi Mass Kristin Davidson
Volleyball Office Phones	(410) 293-5546 (Schwob) (410) 293-5565 (Coghlan)
Volleyball Office FAX	(410) 293-5264

2008 Team Summary

2007 Overall Record	21-12
2007 P.L. Record (Finish)	8-6 (4th pl.)
2007 Starters Returning / Lost	4 / 2 + Libero
	Returning – Krista Eschelmann (MB), Alexa Gibbs (MB), Jessie Sims (OH), Marissa Watson (S)
	Lost – Meredith Biri (DS), Aimee' Burns (L), Rachel Dougherty (RSH)
2007 Letterwinners Returning / Lost	7 / 6
	Returning – Aubrey Manes (OH), Abbie Merkl (RSH), Jenny Rudewicz (S)
	Lost – Lindi Conner (MB), Nikki England (OH), Liz Grider (OH)
2007 Players Returning / Lost	8 / 7
	Returning – Barbara Beal (OH)
	Lost – Kristen Dickmann (DS)
2008 Newcomers	N/A

Sports Information

Asst. Sports Information Director (<i>VB Contact</i>)	Justin Kischefsky
Kischefsky's Office Phone	(410) 293-8772
Kischefsky's Home Phone	(410) 263-3033
Kischefsky's Email Address	kischefs@usna.edu
Sports Information FAX Number	(410) 293-8954
Web site	www.navysports.com
Macdonough Hall Press Row	none
Wesley Brown Field House Press Row	none
Mailing Address	Ricketts Hall, 566 Brownson Rd. Annapolis, MD 21402

2008 Numerical Roster

No.	Player	Cl.	Pos.	Ht.	Hometown (High School)
5	Marissa Watson	Sr.	S	5-8	Redondo Beach, Calif. (Notre Dame)
7	Jenny Rudewicz	So.	S	5-7	Winter Garden, Fla. (M.S. Douglas)
8	Jessie Sims	Sr.	OH	5-9	Etowah, N.C. (West Henderson)
11	Alexa Gibbs	Sr.	MB	6-0	Springfield, Ill. (Springfield)
12	Aubrey Manes	Jr.	OH	5-9	Pratt, Kan. (Pratt)
14	Barbara Beal	Jr.	OH	5-9	Patchogue, N.Y. (Patchogue-Medford)
17	Abbie Merkl	Jr.	RSH	6-0	Upper Marlboro, Md. (Archbishop Spalding)
18	Krista Eschelmann	Jr.	MB	6-2	Germantown, Md. (Seneca Valley)

2008 Alphabetical Roster

No.	Player	Cl.	Pos.	Ht.	Hometown (High School)
14	Barbara Beal	Jr.	OH	5-9	Patchogue, N.Y. (Patchogue-Medford)
18	Krista Eschelmann	Jr.	MB	6-2	Germantown, Md. (Seneca Valley)
11	Alexa Gibbs	Sr.	MB	6-0	Springfield, Ill. (Springfield)
12	Aubrey Manes	Jr.	OH	5-9	Pratt, Kan. (Pratt)
17	Abbie Merkl	Jr.	RSH	6-0	Upper Marlboro, Md. (Archbishop Spalding)
7	Jenny Rudewicz	So.	S	5-7	Winter Garden, Fla. (M.S. Douglas)
8	Jessie Sims	Sr.	OH	5-9	Etowah, N.C. (West Henderson)
5	Marissa Watson	Sr.	S	5-8	Redondo Beach, Calif. (Notre Dame)

Incoming players will be announced at the conclusion of Plebe Summer

Head Coach — Mike Schwob (George Mason '88), 13th Season

Assistant Coach — Mary Clare Coghlan (Towson '05), Second Season

Assistant Coach — Heidi Mass (Penn State '91), Third Season

Volunteer Assistant Coach — Kristin Davidson (Navy '03), Second Season

Team Captain — MIDN 1/C Marissa Watson

Faculty Representative — Chuck Hanna

Officer Representative — Cmdr. Ed Tucholski, USN

Athletic Trainer — Ray Chronister

Managers — Marius Jasmontas, Ryan Steenberge, Kathryn Yanez

Pronunciation Guide

Players

Krista **Eschelmann** — ESS • shell • man

Aubrey **Manes** — MAN • ess

Abbie **Merkl** — MER • kull

Jenny **Rudewicz** — RUE • duh • witz

Staff

Mike **Schwob** — SCHWOHB (as in "owe")

Mary Clare **Coghlan** — COUGH-lan

Heidi **Mass** — MAHS

2007 Match-by-Match Results

	Overall	Home	Away	Neutral
All Matches	21-12	8-4	10-5	3-3
Patriot League	8-6	4-3	4-3	0-0
Non-League	13-5	4-1	6-2	3-3
Post Season	0-1	0-0	0-1	0-0

Date	Opponent	Result	Gm. 1	Gm. 2	Gm. 3	Gm. 4	Gm. 5	High Kills	High Digs	High Blocks			
A24 ^	at USC-Upstate	W 3-1	<u>30-18</u>	<u>30-19</u>	22-30	<u>30-25</u>	—	17	Dougherty	16	Sims	4	Gibbs
A25 ^	vs. Wofford	L 3-0	30-24	30-28	30-21	—	—	15	Sims	12	Burns	3	Eschelmann
A25 ^	vs. Savannah State	W 3-0	<u>30-13</u>	<u>30-19</u>	<u>30-18</u>	—	—	6	Conner	4	Watson	3	Gibbs
A28	Coppin State	W 3-0	<u>30-13</u>	<u>30-10</u>	<u>30-24</u>	—	—	7	Gibbs	4	Grider	1	Conner/Eschelmann
S3	at Wagner	W 3-0	<u>32-30</u>	<u>30-13</u>	<u>30-15</u>	—	—	13	Dougherty	12	Merkl	1	Three Players
S7 #	NJIT	W 3-1	26-30	<u>30-27</u>	<u>30-24</u>	<u>30-28</u>	—	19	Dougherty	16	Burns	6	Eschelmann
S8 #	Marist	W 3-2	23-30	<u>30-21</u>	<u>33-31</u>	27-30	<u>15-10</u>	22	Dougherty	18	Sims	5	Dougherty
S8 #	CCSU	L 3-0	30-21	30-27	30-28	—	—	10	Gibbs	11	Sims	5	Dougherty
S11	at Saint Francis (Pa.)	W 3-0	<u>30-25</u>	<u>30-19</u>	<u>30-23</u>	—	—	13	Dougherty/Sims	11	Watson	4	Eschelmann
S14 %	vs. Cornell	L 3-2	<u>24-30</u>	30-23	<u>24-30</u>	30-21	15-11	22	Dougherty	21	Burns	5	Gibbs
S14 %	vs. Columbia	W 3-0	<u>30-19</u>	<u>30-25</u>	<u>30-28</u>	—	—	10	Gibbs	11	Dougherty	5	Eschelmann
S15 %	vs. Penn	L 3-0	30-23	30-18	30-22	—	—	8	Dougherty	6	Sims	2	Four Players
S15 %	Harvard	W 3-0	<u>30-21</u>	<u>30-23</u>	<u>30-23</u>	—	—	16	Dougherty	19	Burns	3	Three Players
S18	at Howard	W 3-0	<u>30-18</u>	<u>30-25</u>	<u>30-25</u>	—	—	13	Dougherty	7	Biri/Dougherty	1	Three Players
S22 *	at Holy Cross	W 3-0	<u>30-21</u>	<u>30-24</u>	<u>30-25</u>	—	—	13	Gibbs	13	Burns	4	Eschelmann
S23 *	at Army	L 3-1	30-25	<u>17-30</u>	30-28	30-26	—	19	Dougherty	18	Sims	4	Merkl/Eschelmann
S28 *	American	L 3-2	28-30	30-14	33-31	<u>20-30</u>	15-11	24	Sims	18	Watson	4	Conner/Dougherty
O2	at Loyola	L 3-0	<u>30-28</u>	<u>30-19</u>	<u>30-28</u>	—	—	12	Sims	15	Sims	5	Eschelmann
O5 *	Bucknell	W 3-0	<u>30-27</u>	<u>30-20</u>	<u>30-28</u>	—	—	16	Dougherty	7	Dougherty/Watson	2	Conner/Dougherty
O6 *	Colgate	L 3-2	<u>29-31</u>	<u>27-30</u>	30-26	30-23	15-13	22	Dougherty	15	Dougherty	8	Eschelmann
O9	at Hampton	W 3-0	<u>30-20</u>	<u>30-21</u>	<u>30-27</u>	—	—	11	Dougherty	12	Burns	3	Merkl
O12 *	Lehigh	W 3-0	<u>30-17</u>	<u>30-22</u>	<u>30-25</u>	—	—	17	Dougherty	13	Burns	3	Gibbs
O13 *	Lafayette	W 3-0	<u>30-17</u>	<u>30-21</u>	<u>30-28</u>	—	—	19	Dougherty	10	Watson	3	Dougherty
O19 *	Holy Cross	W 3-2	31-33	<u>30-20</u>	<u>37-35</u>	28-30	<u>15-11</u>	29	Dougherty	15	Sims	5	Gibbs
O20 *	Army	L 3-0	30-27	30-23	30-21	—	—	16	Dougherty	7	Watson	2	Eschelmann/Gibbs
O23	at Coppin State	W 3-0	<u>30-22</u>	<u>30-17</u>	<u>30-18</u>	—	—	13	Gibbs	10	Burns	2	Eschelmann
O26 *	at American	L 3-0	30-18	30-21	30-16	—	—	10	Sims	8	Sims	6	Merkl
N2 *	at Colgate	L 3-0	30-20	30-25	30-24	—	—	16	Dougherty	15	Dougherty	3	Gibbs
N3 *	at Bucknell	W 3-0	<u>32-30</u>	<u>31-29</u>	<u>31-29</u>	—	—	22	Dougherty	16	Sims	5	Gibbs
N6	UMBC	W 3-2	<u>30-17</u>	<u>30-24</u>	25-30	30-32	<u>15-13</u>	30	Dougherty	23	Sims	7	Merkl
N9 *	at Lafayette	W 3-1	<u>30-28</u>	28-30	<u>30-26</u>	<u>30-27</u>	—	22	Dougherty	20	Burns	5	Gibbs
N10 *	at Lehigh	W 3-0	<u>30-20</u>	<u>30-25</u>	<u>30-24</u>	—	—	12	Eschelmann/Gibbs	9	Watson	4	Gibbs
N16 \$	at American	L 3-0	30-21	30-28	30-28	—	—	11	Dougherty	12	Watson	6	Eschelmann

Games won by Navy underlined; games won by opponents listed in plain text

Home matches in **bold**

^ — Phoenix Classic; Elon, N.C. (Elon)

— Chesapeake Challenge; **Annapolis, Md. (Navy)** and Baltimore, Md. (Loyola)

% — Army of One Tournament; West Point, N.Y. (Army)

* — Patriot League Match

2007 Team Statistics ☆ All Matches

Player	GP-MP	K	K/G	E	TA	PCT	A	APG	SA	SAPG	D	D/G	BS-BA	TB	B/G	PTS
Rachel Dougherty	111-33	500	4.50	185	1257	.251	21	0.19	60	.541	186	1.68	15-44	59	0.53	597.0
Jessie Sims	107-32	354	3.31	155	959	.208	29	0.27	31	.290	307	2.87	6-24	30	0.28	403.0
Alexa Gibbs	112-33	336	3.00	118	702	.311	9	0.08	37	.330	82	0.73	13-70	83	0.74	421.0
Krista Eschelman	102-33	171	1.68	63	432	.250	2	0.02	0	0.00	30	0.29	16-72	88	0.86	223.0
Barbara Beal	12-10	12	1.00	8	37	.108	2	0.17	1	.083	10	0.83	0-0	0	0.00	13.0
Abbie Merkl	100-32	98	0.98	81	336	.051	52	0.52	18	.180	80	0.80	0-63	63	0.63	147.5
Aubrey Manes	33-20	32	0.97	24	108	.074	1	0.03	6	.182	23	0.70	0-3	3	0.09	39.5
Lindi Conner	57-25	45	0.79	38	138	.051	6	0.11	0	0.00	10	0.18	5-18	23	0.40	59.0
Marissa Watson	111-33	74	0.67	19	201	.274	1220	10.99	44	.396	278	2.50	3-14	17	0.15	128.0
Nikki England	79-30	49	0.62	33	170	.094	13	0.16	4	.051	96	1.22	1-4	5	0.06	56.0
Lizzie Grider	60-28	13	0.22	11	44	.045	5	0.08	12	.200	52	0.87	0-0	0	0.00	25.0
Jenny Rudewicz	42-24	8	0.19	4	18	.222	115	2.74	9	.214	35	0.83	1-2	3	0.07	19.0
Kristen Dickmann	14-10	1	0.07	1	2	.000	1	0.07	8	.571	8	0.57	0-0	0	0.00	9.0
Aimee' Burns	111-33	3	0.03	4	12	-.083	29	0.26	26	.234	348	3.14	0-0	0	0.00	29.0
Meredith Biri	99-32	0	0.00	1	10	-.100	14	0.14	20	.202	133	1.34	0-0	0	0.00	0.0
Navy	115-33	1696	14.75	745	4426	.215	1519	13.21	276	2.40	1678	14.59	60-314	217.0	1.89	2189.0
Opponents	115-33	1438	12.50	706	4223	.173	1288	11.20	187	1.63	1622	14.10	49-388	243.0	2.11	1868.0

2007 Team Statistics ☆ Patriot League Matches

Player	GP-MP	K	K/G	E	TA	PCT	A	APG	SA	SAPG	D	D/G	BS-BA	TB	B/G	PTS
Rachel Dougherty	50-14	248	4.96	92	621	.251	7	0.14	20	.400	88	1.76	5-21	26	0.52	283.5
Alexa Gibbs	50-14	179	3.58	56	370	.332	1	0.02	16	.320	43	0.86	4-31	35	0.70	214.5
Jessie Sims	49-14	168	3.43	68	449	.223	7	0.14	17	.347	128	2.61	2-9	11	0.22	191.5
Krista Eschelman	41-13	68	1.66	22	171	.269	1	0.02	0	0.00	11	0.27	6-26	32	0.78	87.0
Barbara Beal	2-2	3	1.50	1	9	.222	0	0.00	1	.500	4	2.00	0-0	0	0.00	4.0
Abbie Merkl	45-13	31	0.69	33	108	-.019	19	0.42	3	.067	23	0.51	0-26	26	0.58	47.0
Marissa Watson	50-14	29	0.58	9	79	.253	591	11.82	19	.380	136	2.72	1-7	8	0.16	52.5
Lindi Conner	29-13	14	0.48	18	53	-.075	2	0.07	0	0.00	6	0.21	3-11	14	0.48	22.5
Aubrey Manes	11-6	5	0.45	8	21	-.143	1	0.09	0	0.00	4	0.36	0-1	1	0.09	5.5
Nikki England	40-14	15	0.38	10	62	.081	4	0.10	3	.075	41	1.02	0-2	2	0.05	19.0
Lizzie Grider	21-11	4	0.19	5	17	-.059	4	0.19	0	0.00	16	0.76	0-0	0	0.00	4.0
Aimee' Burns	48-14	2	0.04	1	4	.250	16	0.33	9	.188	153	3.19	0-0	0	0.00	11.0
Kristen Dickmann	1-1	0	0.00	0	0	.000	0	0.00	0	0.00	5	5.00	0-0	0	0.00	0.0
Jenny Rudewicz	19-9	0	0.00	1	2	-.500	22	1.16	1	.053	15	0.79	0-0	0	0.00	1.0
Meredith Biri	50-14	0	0.00	1	5	-.200	8	0.16	11	.220	83	1.66	0-0	0	0.00	0.0
Navy	50-14	766	15.32	325	1971	.224	683	13.66	100	2.00	756	15.12	21-134	88.0	1.76	954.0
Opponents	50-14	686	13.72	305	1950	.195	609	12.18	79	1.58	722	14.44	23-165	105.5	2.11	870.5

2008 Navy Volleyball Schedule

Day	Date	Opponent	Site	Time
August				
<i>Trident Classic</i>			<i>Annapolis, Md.</i>	
Fri.	29	Bryant vs. USC Upstate		4 p.m.
Fri.	29	St. Francis (N.Y.) at Navy		7 p.m.
Sun.	31	Bryant at Navy		10 a.m.
Sun.	31	St. Francis (N.Y.) vs. USC Upstate		12 p.m.
Sun.	31	Bryant vs. St. Francis (N.Y.)		3 p.m.
Sun.	31	USC Upstate at Navy		5 p.m.
September				
<i>Runnin' Bulldog Classic</i>			<i>Boiling Springs, N.C.</i>	
Fri.	5	vs. Winston-Salem State		4 p.m.
Sat.	6	at Gardner-Webb		10 a.m.
Sat.	6	vs. Charleston Southern		3 p.m.
<i>at Fiesta Bowl Classic</i>			<i>Flagstaff, Ariz.</i>	
Fri.	12	vs. Duquesne		7:30 p.m. EDT
Sat.	13	at Northern Arizona		3:30 p.m. EDT
Sat.	13	vs. Hampton		7:30 p.m. EDT
Wed.	17	Howard	Annapolis, Md.	6 p.m.
Fri.	19	Wagner	Annapolis, Md.	6 p.m.
Tue.	23	at Coppin State	Baltimore, Md.	6 p.m.
Fri.	26 *	Bucknell	Annapolis, Md.	7 p.m.
Sat.	27 *	Colgate	Annapolis, Md.	4 p.m.
October				
Wed.	1	Hampton	Annapolis, Md.	6 p.m.
Fri.	3 *	Lehigh	Annapolis, Md.	7 p.m.
Sat.	4 *	Lafayette	Annapolis, Md.	4 p.m.
Wed.	8	Saint Francis (Pa.)	Annapolis, Md.	6 p.m.
Fri.	10 *	at American	Washington, D.C.	7 p.m.
Fri.	17 *	at Colgate	Hamilton, N.Y.	6:30 p.m.
Sat.	18 *	at Bucknell	Lewisburg, Pa.	5 p.m.
Tue.	21	Loyola	Baltimore, Md.	6 p.m.
Fri.	24 *	Holy Cross	Annapolis, Md.	7 p.m.
Sat.	25 *	Army (Star Match)	Annapolis, Md.	8 p.m.
Tue.	28	Coppin State	Annapolis, Md.	6 p.m.
Thu.	30 *	American	Annapolis, Md.	7 p.m.
November				
Fri.	7 *	at Lafayette	Easton, Pa.	7 p.m.
Sat.	8 *	at Lehigh	Bethlehem, Pa.	4 p.m.
Fri.	14 *	at Army	West Point, N.Y.	7 p.m.
Sat.	15 *	at Holy Cross	Worcester, Mass.	4 p.m.
<i>at Patriot League Tournament</i>			<i>Site TBD</i>	
Fri.	21	Semifinal	TBD	TBD
Sun.	23	Final	TBD	TBD

2008 Opponents by Conference

Atlantic Sun Conference

Gardner-Webb
USC-Upstate

Atlantic 10 Conference

Duquesne

Big Sky Conference

Northern Arizona

Big South Conference

Charleston Southern

Metro Atlantic Athletic Conference

Loyola

Mid-Eastern Athletic Conference

Coppin State
Hampton
Howard
Winston-Salem State

Northeast Conference

St. Francis (N.Y.)
Saint Francis (Pa.)
Wagner

Independent

Bryant

Schedule subject to change

Updated June 10, 2008

* Patriot League match

Home matches in bold