

# 2005-06 NAVY MEN'S TRACK & FIELD

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## QUICK FACTS

### NAVAL ACADEMY

Location	Annapolis, Md.
Founded	October 10, 1845
Enrollment	4,000
Nickname	Midshipmen, Mids
Colors	Navy Blue and Gold
Superintendent	Vice Adm. Rodney P. Rempt, USN
Commandant	Capt. Joe Leidig, USN
Director of Athletics	Chet Gladchuk
Home Indoor Facility	Halsey Field House
Home Outdoor Facility	Ingram Field
Academy Web Site	www.usna.edu
Athletics Web Site	www.navysports.com

## MEN'S TRACK & FIELD

### STAFF

Head Coach	Stephen Cooksey (Indiana State, '72)
Record at Navy	209-28 (17 years)
Career Record	226-54 (22 years)
Assistant Coaches	Al Cantello (La Salle, '55) Larry Bartels (Oklahoma Baptist, '88) Dave Larish (Navy, '49)
Men's Track Office Phone	(410) 293-5568
Athletic Trainer	Ray Chronsiter

## SPORTS INFORMATION

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Annapolis, MD 21402

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Assistant SID	Justin Kischefsky
Assistant SID	Chris Forman

## 2005-06 SCHEDULE

### INDOOR

<b>Dec. 2</b>	<b>Navy Invitational</b>	<b>Annapolis, Md.</b>	<b>5 p.m.</b>
Jan. 8	at Princeton	Princeton, N.J.	12 p.m.
<b>Jan. 14</b>	<b>Penn, Winthrop, Robert Morris, VCU</b>	<b>Annapolis, Md.</b>	<b>11:30 a.m.</b>
<b>Jan. 21</b>	<b>Mt. St. Mary's, JMU</b>	<b>Annapolis, Md.</b>	<b>12 p.m.</b>
Jan. 27-28	at Penn State National Open	State College, Pa.	All Day
<b>Feb. 4</b>	<b>Army</b>	<b>Annapolis, Md.</b>	<b>12 p.m.</b>
Feb. 10-11	at Tyson Invitational	Fayetteville, Ark.	10 a.m.
<b>Feb. 17-19</b>	<b>Patriot League Championship</b>	<b>Annapolis, Md.</b>	<b>8:45 a.m.</b>
March 4-5	at IC4A Championship	Boston, Mass.	10 a.m.
March 10-11	at NCAA Championship	Fayetteville, Ark.	9 a.m.

### OUTDOOR

March 18	at Pt. Loma Invitational	Pt. Loma, Calif.	9 a.m.
<b>March 25</b>	<b>American, Maine, Maryland</b>	<b>Annapolis, Md.</b>	<b>11 a.m.</b>
<b>April 1</b>	<b>Colgate, Penn</b>	<b>Annapolis, Md.</b>	<b>12 p.m.</b>
April 8	at Quaker Invitational	Philadelphia, Pa.	10 a.m.
April 14	at Army	West Point, N.Y.	4:15 p.m.
April 22	at LSU Alumni Gold	Baton Rouge, La.	All Day
April 27-29	at Penn Relays	Philadelphia, Pa.	All Day
May 5-6	at Patriot League Championship	Worcester, Mass.	12 p.m.
May 12-14	at IC4A Championship	Princeton, N.J.	All Day
May 26-27	at NCAA East Regional	Greensboro, N.C.	12 p.m.
June 7-10	at NCAA Championship	Sacramento, Calif.	11 a.m.

All times Eastern, Home meets in **bold italics**

## 2004-05 RESULTS

### INDOOR (5-1)

<b>Dec. 3</b>	<b>Navy Invitational</b>	<b>NTS</b>
<b>Jan. 8</b>	<b>Princeton</b>	<b>L, 81.5-98.5</b>
<b>Jan. 15</b>	<b>Penn, Robert Morris, VCU, UNC-Wilmington</b>	<b>1st of 5 teams</b>
<b>Jan. 22</b>	<b>James Madison</b>	<b>NTS</b>
Jan. 28-29	at Penn State National Open	NTS
Feb. 5	at Army (Star Meet)	W, 101-80
Feb. 11-12	at Iowa State Classic	NTS
Feb. 18-20	at Patriot League Championship	1st of 8 teams
March 5-6	at IC4A Championship	22nd of 53 teams

### OUTDOOR (8-0)

March 19	at Point Loma Invitational	1st of 5 teams
<b>March 26</b>	<b>American, Maryland, Maine</b>	<b>1st of 4 teams</b>
<b>April 2</b>	<b>Colgate, Rhode Island</b>	<b>NTS</b>
April 7-9	at Texas Relays	NTS
<b>April 16</b>	<b>Army (Star Meet)</b>	<b>W, 102-100</b>
April 28-30	at Penn Relays	NTS
May 6-7	at Patriot League Championship	2nd of 8 teams
May 13-15	at IC4A Championship	19th of 47 teams
May 28-29	at NCAA East Regional	NTS

Home meets in **bold italics**



# HEAD COACH STEPHEN COOKSEY

22nd Year at Navy (18th as head coach)

## Indiana State '72

Stephen Cooksey, owner of a 215-28 (.885) record at Navy, enters his 18th season at the helm of the men's indoor and outdoor track & field teams in 2005-06.

Under Cooksey's direction, Navy won the Heptagonal outdoor competition three-straight years from 1991-93 and posted back-to-back wins in the Heptagonal indoor championship in 1992 and '93. The team also captured the Colonial Athletic Association outdoor crown following the 1991 season. In 2005, the Midshipmen captured their second consecutive Patriot League indoor championship.

Cooksey came to Annapolis in 1984 and assisted Al Cantello with both the cross country and the track & field teams at Navy until 1988 when he took over the reins of Navy's track program.

Before coming to Navy, Cooksey spent six years as the head cross country and track & field coach at Ball State, where he began as an assistant in 1974. He was acting head cross country coach for the Cardinals in the 1978-79 season and became the head coach of the cross country and track & field teams in 1979. During his time at Ball State, Cooksey worked with 18 NCAA qualifiers, three All-Americans and an NCAA champion.

In 1998, he was named the head coach for the United States World Junior Championship team in Annecy, France, and has served as a coach on several other U.S. National teams.

Cooksey, an associate professor in the physical education department at the Academy, was named the recipient of the 2003 Superintendent's Distinguished Athletic Leadership Award for teaching and coaching.

Cooksey and his wife, Valerie, have one daughter, Brooke, and reside in Annapolis, Md.

### COOKSEY'S YEAR-BY-YEAR RECORD AT NAVY

1988-89	Indoor	5-1
	Outdoor	5-1
1989-90	Indoor	3-2
	Outdoor	5-2
1990-91	Indoor	6-0
	Outdoor	3-1
1991-92	Indoor	8-0
	Outdoor	1-0
1992-93	Indoor	8-0
	Outdoor	4-0
1993-94	Indoor	5-3
	Outdoor	6-2
1994-95	Indoor	6-2
	Outdoor	4-1
1995-96	Indoor	6-1
	Outdoor	6-1
1996-97	Indoor	7-1
	Outdoor	9-1
1997-98	Indoor	7-3
	Outdoor	7-0
1998-99	Indoor	11-0
	Outdoor	10-0
1999-00	Indoor	7-0
	Outdoor	6-0
2000-01	Indoor	5-1
	Outdoor	7-0
2001-02	Indoor	4-1
	Outdoor	6-1
2002-03	Indoor	9-1
	Outdoor	7-0
2003-04	Indoor	6-1
	Outdoor	13-0
2004-05	Indoor	5-1
	Outdoor	8-0
Totals	Indoor	108-18
	Outdoor	107-10
	Combined	215-28

### HISTORY OF NAVY MEN'S TRACK COACHES

Name	Years at Navy
Unknown	1922-45
Earl J. Thomson	1945-63
Jim M. Gehrdes	1964-81
Al Cantello	1981-88
Stephen Cooksey	1988-Present



# ASSISTANT COACHES



## AL CANTELLO

**ASSISTANT COACH  
LA SALLE '55**

After serving six seasons as the head men's track & field coach at the Naval Academy, Al Cantello has remained active with the team by serving as its top assistant with head coach Stephen Cooksey.

Cantello has also been the guiding force for the Academy's men's cross country program since becoming the head coach 38 years ago. He has helped mold the cross country team into one of the most consistent in the country -- both regionally and nationally.

With a 236-65-1 (.783) career record, Cantello has coached several standout runners during his years in Annapolis. Jon Clemens received All-America honors during the 1996 cross country season, while John Mentzer was named a 1997 All-American in both indoor (5,000 meters) and outdoor (10,000 meters) track. Michael Ryan earned similar honors during the 1999 indoor track season for his time of 4:01.57 in the mile.

In the fall of 2005, Cantello coached the Mids to a third-place finish at the Patriot League Championship.

During the 2004 summer months, Cantello was honored to have two former runners, Aaron Lanzel and Erik Schmidt, compete in the finals of the 1,500 meters at the U.S. Olympic Trials in Sacramento, Calif. Navy was one of just three schools -- the others being Arkansas and Stanford -- to have two runners competing in the trials of the event.

Cantello's guidance of the distance runners during the 2004 track season saw Erik Schmidt place fifth in the mile at the NCAA Indoor Championship to earn All-America honors.

As a result of his teams' success, Cantello has also been amply recognized, including being named the NCAA Mid-Atlantic Regional Coach of the Year three times (1984, '85 and '92). In 1997, the Naval Academy Alumni Association awarded Cantello the Distinguished Athletic Leadership Award for a coach or faculty member who did the most for the physical development of the Midshipmen in physical education. Cantello also received the inaugural Tom Hamilton Teaching/Coaching Award, as voted by his peers in 1997.

From 1981-88, Cantello held a dual coaching role, guiding Navy's men's indoor and outdoor track squads while maintaining his cross country duties. As Navy's head track coach, Cantello led the Mids to a 67-9-1 dual-meet record. During the 1986-87 academic year, his combined record in cross country, indoor and outdoor track was a remarkable 23-1.

Cantello's all-time head coaching record in cross country, indoor and outdoor track is 295-67-4, a winning percentage of better than 80 percent. Among his victories are 38 N-Stars, including 27 as the cross country head coach -- the most for a coach at Navy in one sport.

A 1955 graduate of La Salle, Cantello was a two-time All-American in the javelin throw. He was enshrined as a charter member of La Salle's Hall of Athletes in 1961.

Cantello, a former world-class competitor in the javelin, once held every national and international record in the event. In 1959, he set a world record in the javelin and competed for the U.S. Olympic Team the following year in the 1960 Games in Rome. In 1964, Sport magazine named Cantello to its all-time track & field team and voted him the world's greatest competitor in the javelin.

Cantello and his wife, Jackie, are the parents of three adult children -- Karla McMahon (44), Albert Jr. (42) and Karen O'Kane (39) -- and seven grandchildren.



## LARRY BARTELS

**ASSISTANT COACH  
OKLAHOMA BAPTIST '88**

Larry Bartels is in his fifth season as a member of the men's track & field coaching staff at the Naval Academy.

Bartels brings a wealth of experience to the program. For the five years prior to his arrival in Annapolis, he was the head coach of both the men's cross country and track & field programs at Division II Northwood University (Mich.). During his tenure with the Timberwolves, Bartels garnered three Great Lakes Intercollegiate Athletic Conference (GLIAC) Coach-of-the-Year awards. He was named the conference's Outdoor Track Coach of the Year in 1997 and also received similar honors in cross country that fall. In 1998, Bartels received the GLIAC Indoor Track Coach-of-the-Year award.

Prior to coaching at Northwood, Bartels served as the head track & field coach at Division III Coast Guard where his dual-meet record was an outstanding 74-6. In 1995, he led the school to a 10th-place finish at the NCAA Division III Championships. Bartels also led the squad to the Eastern Collegiate Athletic Conference (ECAC) championship in 1994, and he received both ECAC and New England Coach-of-the-Year recognition at the end of the campaign. Bartels has coached 30 NCAA All-America selections and 30 NCAA Division III national qualifiers during his career.

A native of Oklahoma, Bartels earned his Bachelor of Science from Oklahoma Baptist University in 1988, and he received his Master's in Education from The Citadel in 1991. He is a member of the United States Track & Field Coaches Association and has chaired numerous committees during his career.



## DAVE LARISH

**RECRUITING COORDINATOR  
NAVY '49**

Dave Larish returns for his 17th season at Navy as a volunteer assistant coach. He is a 1949 graduate of the U.S. Naval Academy and currently serves as the recruiting coordinator for the Midshipmen.

During his recruiting career, Larish has helped to recruit 22 midshipmen who have set 27 individual and three relay indoor and outdoor records at the Academy. In addition, he helped recruit eight midshipmen that earned All-America honors in 19 events.

Larish and his wife, Betty, are the parents of six children: Karen, Vicki, Dana, David Jr., Keith and Cathy.

# OUTLOOK

Navy men's track & field head coach **Steve Cooksey** has attained a great deal of success during his 17 years as the head coach at Navy, collecting over 200 career wins. The 2004-05 squad claimed its second consecutive Patriot League Indoor Championship, beat Army twice and boasted a combined 13-1 record, yet did not perform up to the level of the previous Navy elite teams at the IC4A and NCAA Championships.

"We hit most of the goals we set for last year," stated Cooksey. "I don't think we were as good as we should have been at the IC4A and NCAA."

With many of the components returning and the vision of competing in the upper echelon of the IC4A, the 2005-06 squad appears primed to make a splash at the NCAA Championship.

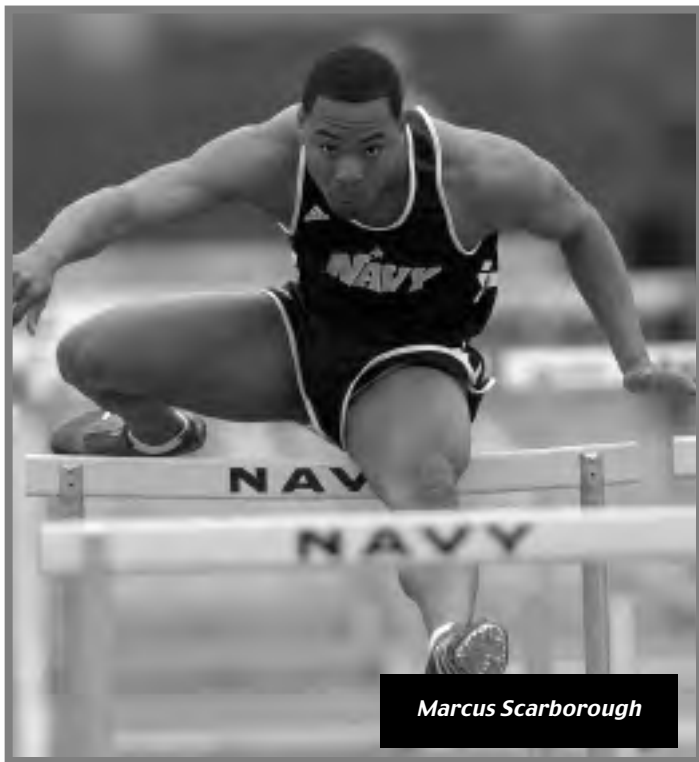
"I'm really looking for the same thing out of our kids this year," commented Cooksey. "Overall, I look for us to beat Army, have a good win/loss record, win the Patriot League indoor and outdoor Championship, then pick up and do a better job at the IC4A. We need to find ourselves in the top-five of the IC4A Championship."

Cooksey added, "I think this year we have some kids that will knock on the door of nationals and will get there."

## SPRINTS/HURDLES

Plenty of depth and experience return for Navy in the both the long and short sprints, as two of the top three competitors in each event come back in 2005-06.

Highlighting the cast of returning sprinters are senior **Jamar Green** and sophomores **Paul Harris** and **William Ricks**. Green earned Patriot League Outstanding Male Indoor Track Performer-of-the-Meet recognition after he claimed the gold in three events at the league championship. Harris, a long sprinter, matched the program-record in the indoor 800 meters, and earned All-East honors at the IC4A Outdoor Championship in the 800 meters last spring. Ricks placed third in the outdoor 400 meters at the IC4A Championship to earn All-East distinction.



*Marcus Scarborough*

"William had an outstanding freshman year," Cooksey said. "He will be our number-one long sprinter this year. Jamar will do a good job for us this season. Paul did a tremendous job last year. I think Paul has the potential to be a national class athlete."

Another quality long sprinter for Navy comes in the form of sophomore **Craig Meekins**. In his first year at the Academy, Meekins produced a second-place effort at the Patriot League Indoor Championship in the 800 meters.

"I think that Craig will be on the heels of Harris, or perhaps better," Cooksey said. "Between Harris and Meekins, I think that they have the talent to be very good."

Green, Harris, Ricks and junior **Michael Levinson** teamed up to record a first-place finish at the Patriot League Indoor Championship in the indoor 4x400-meter relay. Ricks, Green, junior **Cameron Lindsay** and Harris comprised Navy's fastest 4x400-meter indoor relay team at the Penn State National Open.

"Michael is a very good 200- and 400-meter guy," Cooksey stated. "He has the potential to bring it around this season. Cameron really came around last season. He's a good all-around runner that gives us some depth."

Navy will look for sophomore **Brandon Vier** to guide the Mids in the short sprint events in 2005-06. During his rookie season, Vier competed in the 100 and 200 meters at the Patriot League Outdoor Championship, in addition to posting the team's second-best outdoor 100 meters time of the season.

The Midshipmen may also rely upon two members of the football team to assist in scoring at the short sprints. Junior **Trey Hines** and sophomore **Reggie Campbell** owned two of the top-three slots in the indoor 55- and 60-meter dash last season. Freshman newcomer **Drew Sims** could be called upon to provide depth in the short sprints this season.

"Brandon was a surprise for us last season, he really came on at the end of the year," Cooksey stated. "With our football guys, I think we can get the job done in the short sprints. I'm hoping that Drew will give us help behind Vier this year."

Despite the graduation of First-Team All-Patriot League competitor Trevis Rainey, many solid hurdlers will compete this season. Seniors **Travis Rainey** and **Marcus Scarborough** each provided consistent scoring last season in the 55- and 110-meter hurdles, while senior indoor captain **Samuel Spletzer** possessed Navy's best effort in the 400-meter hurdles. Junior **Jake Woelke** and sophomore **Ron Belany** can also provide the Mids with an additional scoring punch in the hurdles.

"Presently, Travis and Marcus appear to be our number one and two hurdlers," stated Cooksey. "Ron could very well show up and be our best hurdler. He is talented enough to be our best hurdler. Jake will also be there to give us some depth this season."

## MIDDLE DISTANCE/DISTANCE

The Midshipmen bring in many quality runners from this year's cross country team, fresh off three first-place showings this season and a third-place effort at the Patriot League Championship this fall.

Leading the pack of middle distance and distance runners is senior outdoor captain **Joshua Sink**. Sink, a First-Team All-Patriot League cross country runner in 2005, expects to contribute greatly to this year's track team. During the outdoor season last year, Sink was called upon for points in the 5,000-meter run against Army, an event which he ran only twice last season, and claimed the gold. Sink owned the Mids' best effort in the indoor 1,000- and 3,000-meter runs and mile, as well as the outdoor 1,500 and 5,000 meters.

"He inherited the 'workhorse' mantra much in the same vein as

Ronnie Harris, Greg Keller and Erik Schmidt (All-Americans)," said assistant coach **Al Cantello**. "He fashions his persona after Aaron Lanzel, an Olympic trials semi-finalist. Josh will flirt with the four-minute mile as all of the others mentioned."

Junior **Adam Craig** also contributed significantly in his sophomore season, as he registered the best Navy time in the indoor 5,000 meters in addition to solid efforts in the 3,000 meters.

"Adam is feisty enough to come into his own this season," Cantello stated. "He has had a huge breakthrough year in cross country. He'll be a formidable 3,000-meter competitor."

The Mids' cross country captain **Ty Rose** also provides much experience and depth in the distance events. Rose owns two first-place efforts in the 5,000 meters and three second-place showings in the 3,000 meters during his career.

"He is coming off an excellent leadership role as cross country captain," Cantello remarked. "Ty provides that veteran guidance in passing the baton to the younger runners."

Sophomore **John Kress** emerged as a strong runner on Navy's cross country team this season and should be called upon in the distance events in 2005-06. Classmate **John Olsen** looks to continue transforming into a consistent performer for the Mids this season.

"John (Kress) was our surprise performer of the year," said Cantello. "John (Olsen) came here with no real high school resume, so his development is occurring every day."

Fellow sophomores **Ben Kozy** and **Lucas Burke** could step up to assist in scoring. Kozy and Burke helped comprise the second-team all-league indoor 4x800-meter relay during their freshman year.

"Ben possesses those intangible gifts of turnover and endurance," Cantello stated. "Lucas is a steady middle distance runner coming off a campaign of experience."

In the steeplechase, Navy will turn its focus to junior **Michael Niemi**. Senior **Maksudul Ali** should provide assistance in the 10,000 meters this season, an event competed at the Patriot League Championship.

"Michael should go under nine minutes in the 3000-meter steeplechase," Cantello said. "Maksudul should be below the 30-minute mark for the 10,000 meters."

The Midshipmen also have the luxury of some plebes looking to contribute in their first season at the Academy. **Steve Porter** will serve in the 1,000 meters and the mile, while **Mitchell Plueger** provides depth in the 800 and 1,000 meters. **Aaron Reaves** could also step up for Navy in the 800 meters during his rookie season.

## JUMPS/POLE VAULT

An abundance of talent and depth come back in the jumps and pole vault events look to give the Midshipmen quality scoring in 2005-06.

Junior **Stephen White** will look to defend his 2005 Patriot League Indoor Championship in the high jump this season. White went on to place fourth at IC4A Indoor Championship in the event, and finished second at the Patriot League Outdoor Championship during the spring.

Navy can also rely on fellow junior **Cole Herron**, who earned Second-Team All-Patriot League honors, to provide solid scoring in the high jump event this season.

"They both started out the season really well," commented Cooksey. "White had a tremendous freshman year. Both of them should be ready to be jumping over seven feet."

In the triple jump, sophomore **Dante Marshall** registered an outstanding rookie season to achieve all-league recognition. Marshall recorded the league's best mark in the indoor triple jump, while placing second at the outdoor championship. In addition to his efforts in the triple jump, Marshall also posted solid showings in the long jump event. The Midshipmen will also look to Lindsay and Sims to provide quality marks and scoring at the triple jump in 2005-06.

"Dante will be our best competitor in the triple jump and long jump," Cooksey said. "I expect help to come from Lindsay and Sims in the triple jump. I am hoping that our high jumpers can also compete in the triple and long jump because they are such talented athletes."

At the pole vault event, junior **Kelly Stephens** captured the gold in the Patriot League Indoor Championship. Stephens accounted for four first-place efforts in the pole vault with the top-five Navy indoor pole vault marks last season.

In addition to Stephens, classmate **Bo Fisher** posted a solid first year at the Academy. Fisher tied with Stephens for the second-best outdoor pole vault mark, while tying his season-best vault at the Patriot League Championship.

Rounding out the quartet of pole vaulters are sophomores **Kraegen Bramer** and **Jud Thomas**. Bramer continually improved during his freshman year, registering his season-best vault against Army.

"Kraegen has come a long way, since he was a newcomer to the event last year," Cooksey said. "Jud is really showing some promise this fall."



2005-06 Navy Men's Track & Field Team

## THROWS

The 2005-06 Midshipmen throwers will have some big shoes to replace with the graduation of Kyle Obrock (javelin) and Ralph Lufkin (hammer throw). Despite the lack of depth in some events, a young core of returnees with experience gained last season look to provide similar results this season.

At the head of the group is sophomore **Darryl Hunter**, who claimed the gold in both the indoor and outdoor shot put event at the Patriot League Championship as a freshman. Hunter qualified for the IC4A Championship and NCAA East Regional, finishing in tenth- and 15th-place, respectively. In addition, the sophomore competed in the discus event, setting his season-best outdoor mark versus Army.

Fellow sophomore **Andre Barber** notched Navy's best throw in the discus during his first-collegiate meet then followed with a first-place performance the following week. Barber will look to provide some scoring assistance at shot put this season.

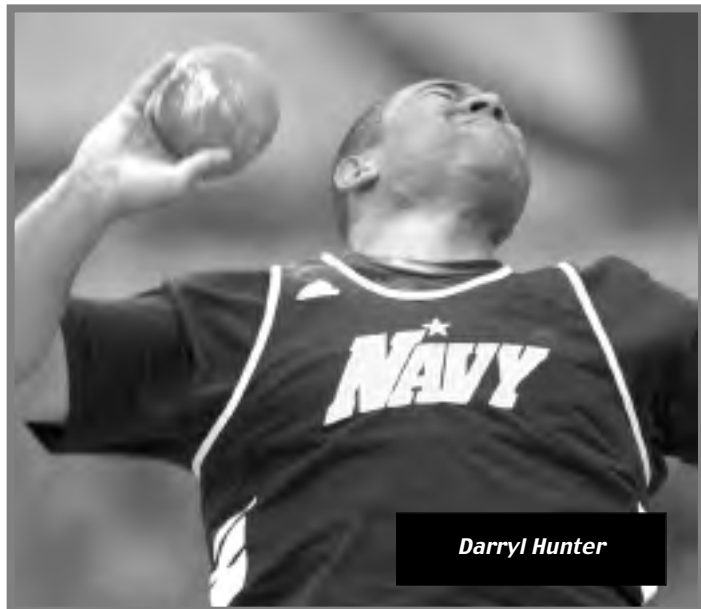
"Darryl is going to be very good in the shot put," said Cooksey. "Andre is more of a discus thrower than shot put. Darryl and Andre are both going to do well in discus. We need to develop some more kids in the shot put."

Sophomore **Kyle Mullane** recorded a first-place mark in the hammer throw in addition to competing in the weight throw during his rookie year, while senior **Serge Bermudez** served in the hammer and weight throws.

"Kyle and Serge have experience in the hammer throw," commented Cooksey. "We need to improve our situation in the weight throw with the loss of Ralph Lufkin."

Sophomore **Bo Lawson** performed well early in the season at the javelin, surpassing 200 feet during his first-collegiate effort. Classmate **William Marple** also performed in the javelin event at the Patriot League Championship.

"Bo was very good in the javelin coming out of high school and had a very good start to the season," stated Cooksey. "William is getting stronger and bigger, throwing better than last year."



**Darryl Hunter**

## INDOOR SCHEDULE

Navy's indoor season schedule features five home meets, including the 2006 Patriot League Championship at Halsey Field House.

The Mids open the 2005-06 with the Navy Invitational on Dec. 2 in Annapolis. After a 37-day break between semesters, Navy returns to action on Jan. 8, traveling to Princeton.

"The Invitational allows us to break the ice for the season," stated Cooksey. "We have some great dual meets. Princeton always fields competitive teams."

Six days later, Navy returns back to Halsey Field House to face Penn, Winthrop, Robert Morris and VCU on Jan. 14. On the following week, the Midshipmen play host to Mount St. Mary's and James Madison. The Mids head back on the road on the following weekend for the two-day Penn State National Open on Jan. 27-28 in State College, Pa.

On Feb. 4, Navy hosts Army in the annual Star Meet in Annapolis. Last season, the Midshipmen defeated the Black Knights 101-80 in claiming the N-Star. The Midshipmen complete their regular season by traveling to Fayetteville, Ark., to take on some of the nation's elite competition at the Tyson Invitational on Feb. 10-11.

"The Penn State National Open and Tyson Invitational gets us ready for the IC4A and NCAA," Cooksey said. "When they move on, they will not be intimidated by the level of the athletes or size of the meet."

Navy comes back to the Academy to host the three-day Patriot League Championship from Feb. 17-19. In 2005, the Midshipmen captured their second-consecutive league indoor championship. The IC4A Championships in Boston, Mass., from March 4-5 are next on the slate for the Mids before the NCAA Indoor Championships take place in Fayetteville, Ark., on March 10-11. The 2004-05 Midshipmen concluded their indoor season with a 22nd-place showing out of 53 schools at the IC4A Championship.

## OUTDOOR SCHEDULE

One week after the conclusion of the indoor season, Navy's outdoor season kicks into action with the Point Loma Invitational in Point Loma, Calif., on March 18. The 2005 squad topped the field of five schools in its season-opener at Point Loma.

"Point Loma allows us to train all week," said Cooksey. "Spring break affords our kids the opportunity to continue competing and training."

On the following weekend, the Mids play host to American, Maine and Maryland at Ingram Field. The Midshipmen defeated the same group of teams last season in Annapolis. Navy hosts its final home meet of the season on April 1, as the Mids race against Colgate and Penn.

"Our first home meet helps lead us into some other meets we have," Cooksey stated. "The Colgate and Penn meet gives us a meet where all events are covered and everybody gets competition."

The Midshipmen trek to Philadelphia for the Quaker Invitational at Franklin Field on April 8 before heading up to West Point for the outdoor Star Meet against Army on April 14. The 2005 outdoor squad squeezed out a 102-100 win over the Black Knights to claim a sweep of N-Star meets.

Navy next heads to Baton Rouge, La., for the LSU Alumni Gold at Bernie Moore Track Stadium on April 22. Less than a week later, the Mids head back to Franklin Field for the Penn Relays from April 27-29.

"The LSU Alumni Gold and Penn Relays serve us in the same way as the Penn State National Open and Tyson Invitational do for us during the indoor season," commented Cooksey.

The Patriot League Championship appears next for Navy, as the Midshipmen head up to Holy Cross in Worcester, Mass., on May 5-6. Navy placed second out of the eight schools in the outdoor league championship last spring, bested only by Army.

The 2006 outdoor squad will look to improve upon last season's 19th-place finish out 47 schools at the IC4A Championship in Princeton, N.J., on May 12-14.

Two weeks later in Greensboro, N.C., the NCAA East Regional will take place before the NCAA Championships in Sacramento, Calif., on June 7-10.

# 2005-06 ROSTER

Name	Yr.	Event	Hometown / High School
Maksudul Ali	Sr.	Distance	Gaithersburg, Md. / Gaithersburg
Andre Barber	So.	Throws	Carrollton, Texas / R.L. Turner
Ronald Belany	So.	Multi-Events	Haiku, Hawai'i / Maui
Serge Bermudez	Sr.	Throws	Houston, Texas / St. Thomas
Matthew Bowman	Sr.	Sprints	Randallstown, Md. / Randallstown
Kraegen Bramer	So.	Pole Vault	Auburn, Calif. / Placer
Lucas Burke	So.	Distance	Bakersfield, Calif. / Stockdale
Reggie Campbell	So.	Sprints	Sanford, Fla. / Lake Mary
Adam Craig	Jr.	Distance	Commerce Township, Mich. / Lakeland
Nick Crowell	Fr.	Distance	Olalla, Wash. / Curtis
Billy Fedorko	So.	Sprints	Houston, Texas / Memorial
Matt Fischer	So.	Jumps	Bridgeport, W.Va. / Bridgeport
Bo Fisher	So.	Pole Vault	Longview, Wash. / Mark Morris
Patrick Flores	Sr.	Sprints	Diamond Bar, Calif. / Bishop Amat Memorial
Wade Gauthier	Jr.	Distance	Reading, Mass. / Reading Memorial
Andrew Grant	Fr.	Distance	Statham, Ga. / Oconee County
Jamar Green	Sr.	Hurdles/Sprints	Pineville, La. / Pineville
Paul Harris	So.	Spr./Middle Dist.	Woodbury, Minn. / Woodbury
Cole Herron	Jr.	Jumps	Sanger, Calif. / Sanger
Trey Hines	Jr.	Sprints	Douglasville, Ga. / Patuxent
Darryl Hunter	So.	Throws	Des Moines, Iowa / Dowling Catholic
Benjamin Kozy	So.	Distance	Houston, Texas / Jersey Village
John Kress	So.	Distance	Colorado Springs, Colo. / Liberty
Kevin Laughary	Sr.	Hurdles/Sprints	Morris, Ill. / Morris Community
Kurt Laughary	Sr.	Sprints	Morris, Ill. / Morris Community
Bo Lawson	So.	Throws	Fredon, N.J. / Kittatiny Regional
Michael Levinson	Jr.	Hurdles/Sprints	Willingboro, N.J. / Camden
Matthew Leyndyke	Fr.	Distance	Traverse City, Mich. / Otsego
Cameron Lindsay	Jr.	Jumps/Sprints	Kernersville, N.C. / Ledford
William Marple	So.	Throws	Wichita, Kan. / Wichita East
Dante Marshall	So.	Jumps	Hermitage, Pa. / Hickory
Jason Matta	So.	Distance	Bedford, N.H. / Manchester West
Craig Meekins	So.	Spr./Middle Dist.	Baldwin, N.Y. / Chaminade
Joe Mills	Fr.	Sprints/Hurdles	Bay Shore, N.Y. / Bay Shore
Kyle Mullane	So.	Throws	Cumberland, R.I. / Cumberland
Michael Niemi	Jr.	Distance	Duluth, Minn. / Duluth Central
John Olsen	So.	Distance	Staten Island, N.Y. / Curtis
Mitchell Plueger	Fr.	Distance	San Diego, Calif. / Mount Carmel
Steve Porter	Fr.	Distance	Chino Hills, Calif. / Ayala
William Prom	Fr.	Distance	New Berlin, Wis. / Eisenhower
Travis Rainey	Sr.	Sprints	Lee's Summit, Mo. / Lee's Summit
Aaron Reaves	Fr.	Middle Distance	Kennesaw, Ga. / North Cobb
William Ricks	So.	Sprints	Sussex, Va. / Sussex Central
Ty Rose	Sr.	Distance	Germantown, Tenn. / Houston
Jefferson Sarchione	So.	Distance	Alliance, Ohio / West Branch
Marcus Scarborough	Sr.	Hurdles/Sprints	Columbia, S.C. / Richland Northeast
Drew Sims	Fr.	Sprints/Jumps	Houston, Texas / Memorial
Joshua Sink**	Sr.	Distance	Welcome, N.C. / North Davidson
Samuel Spletzer*	Sr.	Sprints	Cedarburg, Wis. / Milwaukee Lutheran
Kelly Stephens	Jr.	Pole Vault	Houston, Texas / Memorial
Jud Thomas	So.	Pole Vault	Fallon, Nev. / Churchill County
James Thompson	Jr.	Sprints	Coleman, Texas / Coleman
Jason Tomlinson	Jr.	Jumps	Arlington, Texas / Kennedale
Brandon Vier	So.	Sprints	Cypress, Texas / Cy-Fair
Stephen White	Jr.	Jumps	Marietta, Ga. / Walton
Jake Woelke	Jr.	Hurdles	Bellevue, Wash. / Newport

\* Indoor Captain | \*\* Outdoor Captain

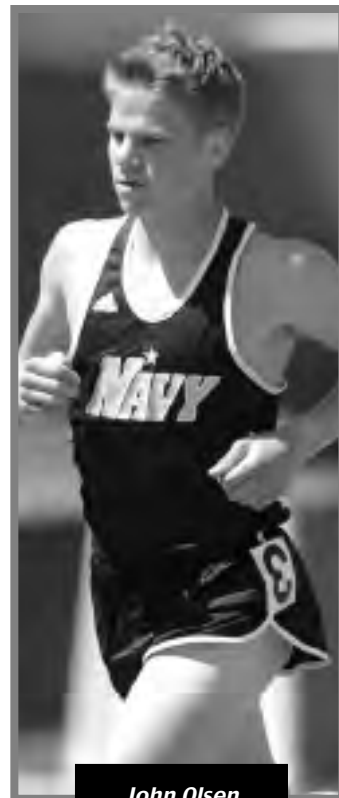
**Head Coach:** Stephen Cooksey (Indiana State '72)

**Assistant Coaches:** Al Cantello (La Salle '55), Larry Bartels (Oklahoma Baptist '88), Dave Larish (Navy '49)

**Managers:** MIDN 1/C David Garcia, MIDN 1/C Jeffrey Whitsett, MIDN 1/C Joseph Piganelli, MIDN 3/C Gregory Zerr

**Officer Representatives:** Capt. Craig Clemans, USMC (Indoor), Lt. Cmdr. Ronnie Harris, USN (Outdoor)

**Faculty Representative:** Prof. Daniel Masterson

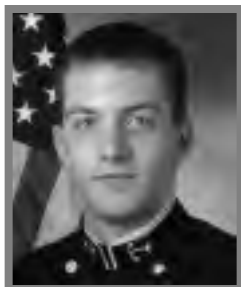


John Olsen



Kelly Stephens

# MIDSHIPMEN PROFILES



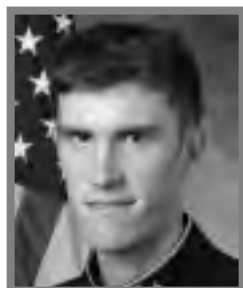
## SAMUEL SPLETZER

**INDOOR CAPTAIN**  
**SENIOR ☆ SPRINTS**  
**CEDARBURG, WIS.**

**2004-05:** Earned Second-Team All-Patriot League honors in the 400-meter hurdles ... placed second at the league championship with a 54.24 time ... named to the Patriot League Academic Honor Roll ... one of only seven men's track & field student-athletes in the league to pull down a 4.0 grade point average in the spring ... posted Navy's top-time in the 400-meter hurdles, a 54.01 first-place effort versus Army ... ran a season-best 51.81 in the indoor 400 meters at Army ... registered a 1:07.13 showing in the 500-meter indoor event at the Penn State National Open. **2003-04:** Posted the five-fastest outdoor team times in the 400-meter hurdles ... recorded career best outdoor times in the 500 meters (51.38) and the 400 hurdles (53.50) ... won the 500 meters (1:06.49) versus Army in the indoor Star Meet ... posted the second-fastest indoor team time in the 600 meters (1:12.97) ... placed first in the 400 hurdles versus Colgate, La Salle and Rutgers (54.62), at the Point Loma Invite (55.00) and versus American, Ohio and Maine (55.56). **2002-03:** Posted a season-best time of 51.38 in the 400 meters during the indoor season. **High School:** Attended Milwaukee Lutheran High School ... earned four letters in track and two in football ... was twice named his conference's defensive player of the year in football ... named a second-team all-conference selection at linebacker ... served as team captain during his senior year ... was named MVP of his track & field team twice. **Personal:** Son of Mark and Marlene Spletzer ... born Sept. 12, 1983, in Hartford, Wis. ... majoring in systems engineering.

### SPLETZER'S CAREER-BEST TIMES

Event	Time	Meet	Date
400m (I)	50.72	at UNC Last Chance Meet	Feb. 28, 2004
500m (I)	1:06.49	vs. Army	Feb. 7, 2004
400 hur. (O)	53.50	at Army	April 17, 2004



## JOSHUA SINK

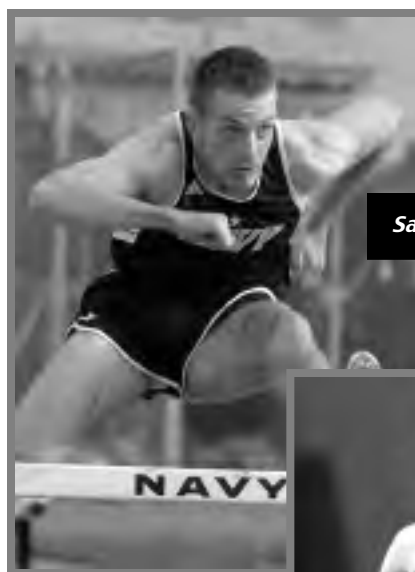
**OUTDOOR CAPTAIN**  
**SENIOR ☆ MIDDLE**  
**DISTANCE/DISTANCE**  
**WELCOME, N.C.**

**At Navy:** Member of the Navy cross country team ... named First-Team All-Patriot League in 2005 ... second-team all-league runner in 2003 and 2004 ... posted Navy's fastest time in each race he competed in during the 2005 campaign. **2004-05:** First-Team All-Patriot League in the 3,000-meter indoor event ... crossed the finish time in a career-best 8:21.25 ... pulled down a 3.70 grade point average in the spring to be named to the Patriot League Academic Honor Roll ... his 4:05.94 showing in the indoor mile at the Penn State National Open was the fastest of his career ... also set career-mark in the outdoor 5,000 meters against American, Maryland and Maine with a time of 14:30.78 ... owned Navy's top three times in the indoor 1,000 meters, mile and 3000 meters ... registered team's top-effort in the outdoor 1,500 and 5,000 meters ... accounted

for 10 first-place finishes during his junior season ... recorded first-place efforts versus Army in the indoor 1,000 meters and mile and outdoor 5,000 meters. **2003-04:** Set indoor career-best times in the 800 meters with a time of 1:55.13 and finished third versus Army (Star Meet) ... also recorded an indoor season-best time in the mile (4:07.68) ... posted season-best outdoor time in the 800 with a 1:52.72 mark ... his 1,500 meters outdoor performance was the fastest outdoor time on the team ... ran the team's second-fastest indoor time in the 1,000 meters (2:28.89). **2002-03:** Finished in the top-three in the 1,000 meters in each of the four indoor meets he competed in ... recorded a team- and personal-best time of 2:27.27 at the Heptagonal Championships ... registered an outdoor season-best time of 1:53.54 against Army in the 800 meters ... took first-place in the 1,500 meters against Colgate and Rutgers. **High School:** Attended North Davidson High School ... was a four-year letterwinner in cross country and track. **Personal:** Son of Ron and Pam Sink ... born March 23, 1984, in Welcome, N.C. ... majoring in quantitative economics.

### SINK'S CAREER-BEST TIMES

Event	Time	Meet	Date
800m (I)	1:55.13	vs. Army	Feb. 7, 2004
1,000m (I)	2:27.27	at Heps	March 1, 2003
Mile (I)	4:05.94	at Penn State National Open	Jan. 29, 2005
3,000m (I)	8:21.25	at PL Championship	Feb. 20, 2005
800m (O)	1:52.72	vs. Army	April 17, 2004
1,500m (O)	3:46.95	at Haverford	May 14, 2004
5,000m (O)	14:30.78	vs. American, Maine, Maryland	March 26, 2005



Samuel Spletzer



Joshua Sink



## JAMAR GREEN

**SENIOR ☆ HURDLES/SPRINTS**  
**PINEVILLE, LA.**

**2004-05:** Corralled three First-Team All-Patriot League honors in being named the Patriot League Outstanding Male Indoor Track Performer of the Meet ... set a career-record in the in the indoor 200 meters with a 22.37 showing ... also captured the gold in

the indoor 400 meters with a 49.55 effort and in the 4x400-meter relay with a 3:21.37 time ... set personal records in three other events ... covered the indoor 400 meters in 48.52 seconds at the IC4A Championship ... raced to a second-place finish at the Patriot League Outdoor Championship with a time of 22.06 in the 200 meters ... also set personal-record in the outdoor league championship in the 400 meters, finishing in 48.45 ... owned Navy's best efforts in the indoor and outdoor 200 meters ... registered two first-place times in the indoor 200 meters ... crossed the finish line first once in the indoor and outdoor 400-meter event. **2003-04:** Member of indoor 4x400-meter relay team that won the Patriot League Championship (3:17.11) ... earned Second-Team All-Patriot League honors in the outdoor season by posting a career-best 48.57 in the 400 meters ... recorded a season-best outdoor time in the 200 meters (22.44) at the Point Loma Invite ... registered a pair of second-place finishes in the 200 meters during both the indoor and outdoor seasons. **2002-03:** Strong competitor in the 400 meters during the indoor and outdoor seasons ... posted his season-best indoor time of 49.54 at the Terrier Invitational ... recorded his best outdoor time of 50.37 at the Heptagonal Championships. **High School:** Attended Pineville High School ... lettered in track & field. **Personal:** Son of Evander and Toma Epps ... born March 5, 1984, in Pineville, La. ... majoring in English.

### GREEN'S CAREER-BEST TIMES

Event	Time	Meet	Date
200m (I)	22.37	at PL Championship	Feb. 20, 2005
400m (I)	48.52	at IC4A Championship	March 5, 2005
55 hur. (I)	8.04	vs. MSM, Penn, VCU, W&M	Jan. 18, 2003
200m (O)	22.06	at PL Championship	May 6, 2005
400m (O)	48.45	at PL Championship	May 6, 2005



## TRAVIS RAINEY

**SENIOR ☆ SPRINTS**  
**LEE'S SUMMIT, MO.**

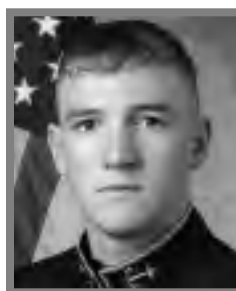
**2004-05:** Notched career-best times in five events during his junior campaign ... sprinted to an 8.40 effort in the 60-meter indoor hurdles ... the time was Navy's second-best of the year ... registered a 7.91 time versus Princeton in the indoor 55-meter hurdles ...

also covered 200 meters in 23.49 seconds versus Princeton during the indoor season ... at the Point Loma Invitational, ran a 11.35 in the 100 meters ... completed the 110-meter hurdles in 15.12 seconds at the Patriot League Outdoor Championship. **2003-04:** Posted a season-best time of 8.51 seconds in the indoor 60-meter hurdles at Princeton ... recorded an 11.73 time in the outdoor 100 meters at the Point Loma Invitational. **2002-03:** Set three career-records during his freshman season ... ran the indoor 55 meters in 6.81 seconds versus Princeton ... crossed the finish line in 23.68 seconds at the Heptagonal Championships in the outdoor 200 meters ... registered a 51.20 show-

ing against Delaware, Maine and Ohio. **High School:** Attended Lee's Summit Senior High School ... lettered in track and soccer ... member of track team won the state championship in 2000 ... ran on record-breaking shuttle hurdle relay in 2001 ... went to Naval Academy Preparatory School for one year. **Personal:** Son of Lorne and Kim Rainey ... born Sept. 5, 1983, in Kansas City, Mo. ... brother Trevis '05 was a track letterwinner at Navy ... cousin Taj Mathews '05 played on Navy's basketball team ... majoring in English.

### RAINEY'S CAREER-BEST TIMES

Event	Time	Meet	Date
55m (I)	6.81	vs. Princeton	Jan. 11, 2003
55m hur. (I)	7.91	vs. Princeton	Jan. 8, 2005
60m hur. (I)	8.40	at Army	Feb. 5, 2005
200m (I)	23.49	vs. Princeton	Jan. 8, 2005
100m (O)	11.35	at Pt. Loma Invite	March 19, 2005
110m hur. (O)	15.12	at PL Championship	May 6, 2005
200m (O)	23.68	at Heps	May 4, 2003
400m (O)	51.20	vs. Delaware, Maine, Ohio	March 22, 2003



## TY ROSE

**SENIOR ☆ DISTANCE**  
**GERMANTOWN, TENN.**

**At Navy:** Served as the team captain of the cross country team ... earned Second-Team All-Patriot League recognition in 2003 in '05 ... placed 10th overall at the 2005 league championship. **2004-05:** Competed in the indoor 3,000 meters twice during his junior season ... posted a season-best time of 8:48.50 versus James Madison. **2003-04:** Placed second in the 3,000 meters (indoor) in two meets, including versus Army in the Star Meet (8:37.90) and against American and The Citadel (8:39.40) ... posted a third-place finish (outdoor) in the 5,000 meters versus American, Maine and Ohio (14:51.90). **2002-03:** Picked up a second-place finish in the indoor 3,000 meters with a time of 8:42.67 against Delaware, Fordham, La Salle and St. Joseph's ... posted two first-place finishes in the 5,000 meters during the outdoor season (vs. Fordham and vs. Colgate and Rutgers) ... recorded his season-best time of 14:54.66 at the Heptagonal Championships. **High School:** Attended Houston High School ... lettered three times in cross country and track ... was a member of the 2001 cross country squad which captured county, region and state championships ... also was a four-time letterman in wrestling. **Personal:** Son of Donald and Dee Rose ... born July 25, 1984, in Florence, Ala. ... majoring in history.

### ROSE'S CAREER-BEST TIMES

Event	Time	Meet	Date
Mile (I)	4:20.65	vs. Penn, RMU, VCU	Jan. 17, 2004
3,000m (I)	8:36.60	at Princeton	Jan. 10, 2004
3,000m (O)	8:36.46	vs. Colgate, La Salle, Rutgers	April 10, 2004
5,000m (O)	14:51.90	vs. American, Ohio, Maine	March 27, 2004



## MARCUS SCARBOROUGH

SENIOR ☆ HURDLES/SPRINTS  
COLUMBIA, S.C.

**2004-05:** Earned Second-Team All-Patriot League honors for his second-place performance in the indoor 60-meter hurdles ... registered a career-best time of 8.41 seconds at

the league championship ... set personal-record with a 55.69 performance in the 400-meter hurdles at the Patriot League Outdoor Championship ... posted league's best-time in the preliminary round of the outdoor 110-meter hurdles with a 15.26 showing ... finished first with an effort of 7.86 seconds in the 55-meter indoor hurdles against James Madison. **2003-04:** Set indoor season-best times in the 200 meters (23.69) and the 55-meter hurdles (7.80) ... set outdoor career-best time in the 110-meter hurdles (15.04) at the Patriot League Championship ... placed second in the 55-meter hurdles during the indoor season in both the Navy Invitational (7.90) and versus American and The Citadel (7.92) ... finished in second-place in the 110 hurdles in two meets during the outdoor season. **2002-03:** Set a career-mark in the mile (4:23.10) during the indoor season ... recorded a season-best time of 56.79 in the 400-meter hurdles during the outdoor season. **High School:** Attended Richland Northeast High School ... earned letters in track and football ... named all-state and all-region in track following both his junior and senior years ... served as the team captain during his last two years ... a member of the National Honor Society. **Personal:** Son of Willie and Yol Scarborough ... born July 5, 1984, in Columbia, S.C. ... majoring in English.

### SCARBOROUGH'S CAREER-BEST TIMES

Event	Time	Meet	Date
200m (I)	23.29	Navy Invite	Dec. 3, 2004
55 hur. (I)	7.80	vs. Army	Feb. 7, 2004
60 hur. (I)	8.40	at Army	Feb. 5, 2005
Mile (I)	4:23.10	at Army	Feb. 15, 2003
110 hur. (O)	15.04	2x, last at PL Championship	April 30, 2004
400 hur. (O)	55.69	at PL Championship	May 6, 2005



## ADAM CRAIG

JUNIOR ☆ DISTANCE  
COMMERCE TOWNSHIP, MICH.

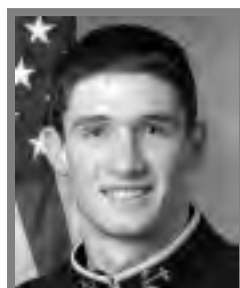
**At Navy:** Competes as a runner on the cross country team ... owned the Mids' third-fastest time at the 2005 Patriot League Championship. **2004-05:** Set career-bests in five events during his sophomore season ... owned team-best mark in the indoor 5,000

meters ... crossed the finish line in 15:09.02 at the Patriot League Championship ... registered a career-best 14:41.35 showing in the outdoor 5,000 meters at the Penn Relays ... covered the indoor mile in 4:20.66 versus James Madison ... ran a 2:38.08 against Princeton in the indoor 1,000 meters ... notched a time of 8:32.94 in the 3,000-meter event at the Iowa State Classic during the indoor season. **2003-04:** Participated in the 3,000 and 5,000 meters in freshman campaign ... finished with a career-best 9:07.55 time in the outdoor 3,000-meter event against Colgate, LaSalle and Rutgers ... season-best indoor 3,000 meters time came at the UNC Last Chance with a 8:41.94 effort ... against American, Maine and Ohio, recorded season-best outdoor

showing of 15:27.90 in the 5,000 meters. **High School:** Attended Lakeland High School ... earned seven letters in cross country ... named all-state in cross country in junior and senior year ... served as cross country team captain in 2002. **Personal:** Son of Lawrence and Jacqueline Craig ... born February 27, 1985, in Southfield, Mich. ... majoring in history.

### CRAIG'S CAREER-BEST TIMES

Event	Time	Meet	Date
1,000m (I)	2:38.08	vs. Princeton	Jan. 8, 2005
Mile (I)	4:20.66	vs. James Madison	Jan. 22, 2005
3,000m (I)	8:32.94	at Iowa St. Classic	Feb. 12, 2005
5,000m (I)	15:09.02	at PL Championship	March 20, 2005
3,000m (O)	9:07.55	vs. Colgate, LaSalle, Rutgers	April 10, 2004
5,000m (O)	14:41.35	at Penn Relays	April 28, 2005



## COLE HERRON

JUNIOR ☆ JUMPS  
SANGER, CALIF.

**2004-05:** Named to Second-Team All-Patriot League in the indoor high jump ... cleared 6'7" in the indoor event at the league championship ... set career-mark in the indoor and outdoor triple jump ... recorded a jump of 42'1-1/2" at Patriot League Indoor

Championship ... notched career-best outdoor effort in the high jump with a 6'9-3/4" mark at the Quaker Invitational ... earned first-place in the outdoor high jump with a 6'8-1/4" showing against American, Maine and Maryland ... tied season-best outdoor high jump mark at Patriot League Championship ... registered same height in the indoor high jump at the Iowa State Classic ... posted a first-place jump against James Madison. **2003-04:** Second-Team All-Patriot League in the high jump at the league championship by placing second with a jump of 6'9" ... recorded indoor and outdoor career highs in the high jump ... posted a leap of 6'9-1/2" at the UNC Last Chance Indoor Meet and recorded a jump of 6'9" at the IC4A Outdoor Championship ... placed first in the high jump (6'8") versus Princeton and in the Navy Invitational (6'6") during the indoor season ... posted a pair of first-place finishes in the high jump during the outdoor season. **High School:** Attended Sanger High School ... four-year letterwinner in track ... also earned three letters in basketball ... California State Champion and school-record holder in the high jump (7'1/4") ... won the Golden West Championship with a 7' jump ... earned All-America honors in the high jump as a senior ... captained the track squad during his final season ... named MVP as a senior. **Personal:** Son of William and Sandy Herron ... born May 21, 1985, in Providence, R.I. ... majoring in computer science.

### HERRON'S CAREER-BEST MARKS

Event	Mark	Meet	Date
High jump (I)	6'9-1/2" (2.07m)	at UNC Last Chance	Feb. 28, 2004
Triple Jump (I)	42'1-1/2" (12.84m)	at PL Championship	Feb. 20, 2005
High jump (O)	6'9-3/4" (2.08m)	at Quaker Invite	April 9, 2005
Triple Jump (O)	40'1/2" (12.20m)	at Pt. Loma Invite	March 19, 2005



## TREY HINES

**JUNIOR** ☆ SPRINTS  
DOUGLASVILLE, GA.

**At Navy:** Serves as a fullback on the varsity football team ... over his first two seasons, rushed for 225 yards on 33 carries (6.8 ypc) and four touchdowns ... averaged 8.6 yards per carry with three touchdowns during his freshman campaign. **2004-05:** Notched

career records in the 55 and 60 meters before being sidelined with an injury during the indoor season ... finished with a team-best, career-best 6.55 effort in the 55 meters ... followed with a time of 7.51 seconds in the 60-meter event at Army. **2003-04:** Member of 4x100-meter relay team that won the Patriot League Outdoor Championship in a time of 41.17 ... earned Second-Team All-Patriot League honors during the indoor campaign by placing second in the 60 meters with a time of 6.92, which was also the team's fastest indoor time in the event ... recorded four of the five-fastest outdoor times on the team in the 100 meters, including the top time of 10.76 at the IC4A Championship ... posted the third-fastest outdoor time in the 200 meters (21.64) at the Point Loma Invite. **High School:** Attended Hiram High School ... lettered four years in football and track ... captained both squads in his junior and senior seasons ... won the Georgia State Championship in the 200 meters as a senior. **Personal:** Son of Theo and Joyce Hines ... born Sept. 19, 1983, in Atlanta, Ga. ... majoring in general science.

### HINES' CAREER-BEST TIMES

Event	Time	Meet	Date
55m (I)	6.55	vs. James Madison	Jan. 22, 2005
60m (I)	7.51	at Army	Feb. 5, 2005
200m (I)	22.35	at PL Championship	Feb. 22, 2004
100m (O)	10.76	at IC4A Championship	May 13, 2004
200m (O)	21.64	at Pt. Loma Championship	March 20, 2004



## MICHAEL LEVINSON

**JUNIOR** ☆ HURDLES/SPRINTS  
WILLINGBORO, N.J.

**2004-05:** Helped the 4x400-meter relay to a first-place finish at the Patriot League Indoor Championship ... group recorded a time of 3:21.37 to earn First-Team All-Patriot League

honors ... posted career-best times in the outdoor 200 and 400 meters at the Patriot League Championship ... finished the 200 meters in 22.98 seconds ... crossed the finish line in 49.65 seconds in the 400-meter event ... recorded season-best effort of 51.58 in the indoor 400 meters to place fourth at the league championship. **2003-04:** Member of 4x400-meter relay team that won the Patriot League Indoor Championship in a time of 3:17.11 ... placed first in the 200 meters (22.95) versus American and The Citadel during the indoor season ... finished in second-place in the 400-meter hurdles (56.05) in the outdoor season against Colgate, La Salle and Rutgers. **High School:** Attended Camden High School in Camden, N.J. ... earned eight letters in track ... helped his high school to three team titles at Penn Relays as well as three national and New Jersey State Championships ... received All-America and all-county honors as a sophomore, junior and senior ... also earned all-state accolades in his final two seasons. **Personal:** Son of Alvin and Frances Levinson ... born Feb. 20, 1984, in Brooklyn, N.Y. ... majoring in economics.

### LEVINSON'S CAREER-BEST TIMES

Event	Time	Meet	Date
200m (I)	22.59	at Penn State National Open	Jan. 31, 2004
400m (I)	50.94	at PL Championship	Feb. 22, 2004
200m (O)	22.98	at PL Championship	May 6, 2005
400m (O)	49.65	at PL Championship	May 6, 2005
400 hur. (O)	56.04	vs. Colgate, La Salle, Rutgers	April 10, 2004



## CAMERON LINDSAY

**JUNIOR** ☆ JUMPS/SPRINTS  
KERNERSVILLE, N.C.

**2004-05:** Named to Patriot League Academic Honor Roll with a 3.32 grade point average in the spring ... set career-best efforts in three indoor (400 meters, 500 meters, triple jump) and outdoor (200 meters, 400 meters, triple jump) events ...

earned two first-place efforts in the indoor 500 meters, one of which was against Army ... posted top-triple jump mark at the Point Loma Invitational, a career-best 44'11-3/4" showing ... set outdoor career-fastest time of 49.08 seconds versus Army in the 400 meters. **2003-04:** Competed in the 500-meter event at the Patriot League Indoor Championship ... recorded two first-place efforts in the outdoor triple jump ... posted a 42'3-1/2" jump against American, Maine and Ohio ... jumped 43'2-1/2" in the Point Loma Invitational. **High School:** Attended Ledford Senior High School ... lettered three times in track and soccer and once in basketball ... track team MVP during his junior and senior years ... set Davidson County records in the 400 meters, 4x400- and 4x800-meter relays. **Personal:** Son of Craig and Deborah Lindsay ... born Dec. 7, 1984, in High Point, N.C. ... majoring in aerospace engineering.

### LINDSAY'S CAREER-BEST MARKS/TIMES

Event	Mark/Time	Meet	Date
400m (I)	49.95	vs. James Madison	Jan. 22, 2005
500m (I)	1:05.07	at PSU Nat'l Open	Jan. 29, 2005
Triple Jump (I)	45'2-1/2" (13.78m)	vs. James Madison	Jan. 22, 2005
200m (O)	22.87	at Pt. Loma Invite	March 19, 2005
400m (O)	49.08	vs. Army	April 16, 2005
Triple Jump (O)	44'11-3/4" (13.71m)	at Pt. Loma Invite	March 19, 2005



## MICHAEL NIEMI

**JUNIOR ☆ DISTANCE**  
DULUTH, MINN.

**At Navy:** Also a member of the men's cross country team ... placed in the overall top-15 in three races ... competed in the 2005 Patriot League Championship. **2004-05:** One of seven men's track & field student-athletes to earn a 4.0 grade point average in the

spring ... named to Patriot League Academic Honor Roll ... registered career-fastest times in the indoor 3,000 and 5,000 meters and outdoor 3,000-meter steeplechase ... crossed finish line in 8:41.64 against James Madison in the 3,000 meters ... in the 5,000 meters at the Iowa State Classic, ran to a 15:09.55 time ... covered the 3,000-meter steeplechase event in 9:14.90 at the Patriot League Outdoor Championship ... possessed Navy's top-five times in the 3,000-meter steeplechase with three first-place efforts. **2003-04:** Ran a career-best 4:27.78 in the indoor mile at the UNC Last Chance ... posted season-best 3,000-meter steeplechase time of 9:32.86 versus Colgate, LaSalle and Rutgers ... placed second against American, Maine and Ohio in the 3,000-meter steeplechase. **High School:** Attended Duluth Central High School ... earned two letters each in cross country and track ... named MVP of his cross country team in 2001 and '02, while earning the honor in track in 2002 and '03 ... was an all-conference and all-state selection in track in 2003 ... all-conference selection in cross country in 2001 and '02 ... served as captain of the cross country team in 2002. **Personal:** Son of Gary and Janet Niemi ... born April 17, 1985, in Duluth, Minn. ... majoring in systems engineering.

### NIEMI'S CAREER-BEST TIMES

Event	Time	Meet	Date
Mile (I)	4:27.78	at UNC Last Chance	Feb. 28, 2004
3,000m (I)	8:41.64	vs. James Madison	Jan. 22, 2005
5,000m (I)	15:09.55	at Iowa St. Classic	Feb. 12, 2005
3,000m st. (O)	9:14.90	at PL Championship	May 6, 2005



## KELLY STEPHENS

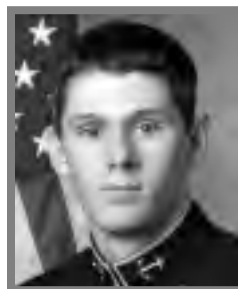
**JUNIOR ☆ POLE VAULT**  
HOUSTON, TEXAS

**2004-05:** Earned First-Team All-Patriot League accolades in the indoor pole vault ... covered 15'9", a season-best indoor mark, at the Patriot League Championship ... registered team's top-five indoor and top-two outdoor pole vault marks ... accounted for

four first-place efforts in the indoor pole vault ... best outdoor vault of the season came at the Penn Relays ... landed second in the eastern competition with a 15'7" showing. **2003-04:** Second-Team All-Patriot League in the pole vault by placing second at the indoor championship (15'9") ... set career highs in the pole vault during the indoor (16'0-3/4") and outdoor (16'0") seasons ... posted three outdoor wins in the pole vault. **High School:** Attended Memorial High School ... lettered four times in track ... also earned two letters in football ... received first-team all-district honors in football as a senior ... won four district championships in track ... a two-time Texas State finalist in the pole vault... twice awarded his school's Frank McMurray leadership award. **Personal:** Son of Kelly and Karen Stephens ... born June 3, 1985, in Houston, Texas ... majoring in economics.

### STEPHENS' CAREER-BEST MARKS

Event	Mark	Meet	Date
Pole vault (I)	16'0-3/4" (4.90m)	at ISU Classic	Feb. 14, 2004
Pole vault (O)	16'0" (4.88m)	vs. Colgate	April 10, 2004



## STEPHEN WHITE

**JUNIOR ☆ JUMPS**  
MARIETTA, GA.

**2004-05:** Earned First-Team All-Patriot League honors in the indoor high jump ... cleared 6'7" at the Patriot League Indoor Championship ... placed fourth at the IC4A Indoor Championship with a 6'7" jump ... followed up with a Second-Team All-Patriot

League effort in the outdoor high jump ... recorded a 6'8-1/2" showing at the Patriot League Outdoor Championship ... named to Patriot League Academic Honor Roll with a 3.24 grade point average in the spring ... posted Navy's top-two indoor and outdoor high jumps ... tallied four indoor and two outdoor first-place efforts ... defeated Army twice in the high jump event. **2003-04:** Achieved Second-Team All-Patriot League recognition during the outdoor season by placing second in the high jump (6'6-1/4") ... recorded five victories in the high jump during the indoor season, including a winning jump of 6'11" vs. Army ... posted five second-place finishes in the high jump during the outdoor season ... owned the team's fourth-highest mark in the outdoor high jump (6'8-3/4") ... **High School:** Attended Walton High School ... earned four letters in track and three in football ... took sixth-place in the high jump at the Georgia State Championship as a senior ... helped his football team to the state playoffs in his final season. **Personal:** Son of Frederick and Frederick White ... born Nov. 27, 1984, in Atlanta, Ga. ... majoring in systems engineering.

### WHITE'S CAREER-BEST MARKS/TIMES

Event	Mark/Time	Meet	Date
High Jump (I)	6'11" (2.11m)	2x, last vs. Army	Feb. 7, 2004
200m (O)	23.09	at Pt. Loma Invite	March 19, 2005
High Jump (O)	6'8-3/4" (2.05m)	3x, last vs. Army	April 16, 2005



## ANDRE BARBER

**SOPHOMORE ☆ THROWS**  
CARROLLTON, TEXAS

**2004-05:** Recorded team's best throw in the discus ... made a throw of 158'2" at the Point Loma Invitational ... notched a first-place 150'9" discus toss versus American, Maine and Maryland ... in same meet, placed second with a 44'11" shot put ... made a 47'11-3/4"

toss in the shot put in the indoor meet at Army ... outdoor season-best shot put of 46' came at the Patriot League Championship. **High School:** Attended R.C. Turner High School ... received four letters in track, three in football and one in wrestling ... named all-area in track in 2003 ... captained football team as a senior. **Personal:** Son of Alonzo and Ursula Barber ... born Aug. 8, 1986, in Carrollton, Texas ... majoring in quantitative economics.

### BARBER'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Shot Put (I)	47'11-3/4" (14.62m)	at Army	Feb. 5, 2005
Discus (O)	158'2" (48.20m)	at Pt. Loma Invite	March 19, 2005
Shot Put (O)	46' (14.02m)	at PL Championship	May 6, 2005



## RON BELANY

**SOPHOMORE ☆ MULTI-EVENTS  
HAIKU, HAWAII**

**2004-05:** Competed at the indoor and outdoor Patriot League Championship ... placed fourth in the decathlon at the league outdoor championship ... finished the indoor heptathlon with 3,839 points ... only Navy competitor to serve in both events in his

freshman season ... participated in the long jump event against Army, posting a season-best effort of 20'3-1/2" ... placed third in the high jump and fourth in the 110-meter hurdles at the Point Loma Invitational during the outdoor season. **High School:** Attended Maui High School. **Personal:** Son of Ron and Saerre Belany ... born Sept. 21, 1986, in Maui, Hawai'i ... majoring in history.

### BELANY'S CAREER-BEST MARKS

Event	Time/Mark	Meet	Date
55m hur. (I)	8.16	Navy Invitational	Dec. 3, 2004
Heptathlon (I)	3,839 pts.	at PL Championship	Feb. 18, 2005
110m hur. (O)	16.36	vs. AU, Maine, Colgate	March 26, 2005
Decathlon (O)	5,723 pts.	at PL Championship	May 6, 2005
High Jump (O)	5'10" (1.78m)	at Pt. Loma Invite	March 19, 2005
Long Jump (O)	20'3-1/2" (6.18m)	vs. Army	April 16, 2005
Shot Put (O)	27'8-3/4" (8.45m)	at Pt. Loma Invite	March 19, 2005



## LUCAS BURKE

**SOPHOMORE ☆ DISTANCE  
BAKERSFIELD, CALIF.**

**At Navy:** Competed as a runner on Navy's cross country team for the past two seasons ... places second out of 103 runners at the Sea Gull Opener. **2004-05:** Named to Second-Team All-Patriot League in the indoor 4x800-meter relay ... part of a unit

that crossed the finish line in 7:43.52 ... crossed the finish line first in the outdoor 1,500 meters at the Point Loma Invitational ... recorded indoor second-place efforts in the 800 meters and 1,000 meters ... posted a 14th-place showing in the preliminary round of the IC4A indoor 1,000-meter event ... finished sixth in the indoor 800 meters at the Patriot League Championship. **High School:** Attended Stockdale High School ... went to Naval Academy Preparatory School for a year ... lettered in track and cross country in high school ... an 800-meter and 1,600-meter league champion in track ... cross country team won Central Section Championships in 2000. **Personal:** Son of Steve and Eva Burke ... born July 4, 1985, in Guam ... majoring in political science.

### BURKE'S CAREER-BEST TIMES

Event	Time	Meet	Date
800m (I)	1:54.85	at Iowa St. Classic	Feb. 12, 2005
1,000m (I)	2:28.83	at IC4A Championship	March 5, 2005
800m (O)	1:55.16	at PL Championship	May 6, 2005
1,500m (O)	3:56.19	vs. American, Maine, Maryland	March 26, 2005



## REGGIE CAMPBELL

**SOPHOMORE ☆ SPRINTS  
SANFORD, FLA.**

**At Navy:** Plays as a slot back on the varsity football team ... scored game-tying touchdown late in the fourth quarter versus Air Force during the 2005 campaign ... during his freshman season, he carried the ball four times for 48 yards, caught one pass for a 30-

yard gain and returned nine kickoffs for 163 yards. **2004-05:** Registered season-best performances in the indoor 60 meters and outdoor 100 meters at the Patriot League Championship ... posted a 7.07 in the semifinals before placing fifth in the league indoor 60 meters championship ... completed the 100 meters in 11.17 seconds during the finals of the Patriot League Outdoor Championship ... landed third against James Madison with a 6.65 showing in the 55 meters during the indoor season. **High School:** Went to Lake Mary High School ... received four letters in track and three in football and weightlifting ... four-time selection as track team MVP ... named all-county, all-district and all-state in football for three years ... named team captain and MVP during senior season ... attended Naval Academy Preparatory School in 2003-04. **Personal:** Son of Reginald and Joan Campbell ... born Aug. 10, 1985, in Sanford, Fla. ... majoring in quantitative economics.

### CAMPBELL'S CAREER-BEST TIMES

Event	Time	Meet	Date
55m (I)	6.65	vs. James Madison	Jan. 22, 2005
60m (I)	7.07	at PL Championship	Feb. 20, 2005
100m (O)	11.17	at PL Championship	May 6, 2005



## BO FISHER

**SOPHOMORE ☆ POLE VAULT  
LONGVIEW, WASH.**

**2004-05:** Registered a first-place vault in the outdoor meet against American, Maine and Maryland, a 15'3" effort ... matched his season-best outdoor vault at the Patriot League Championship to place fourth ... tied for team's second-best pole vault mark of the

outdoor campaign ... tallied four 14'9" vaults during the indoor season, one of which came at the Patriot League Championship. **High School:** Attended Mark Morris High School ... lettered in track, water polo and swimming & diving ... was a 2001 district champion in the pole vault and finished runner-up in the state that year ... was a district champion in diving in both 2001 and '02 ... won the 2001 Sportsmanship Award at the Washington 3A State Championship. **Personal:** Son of Jim and Barbara Fisher ... born Aug. 24, 1983, in Tacoma Wash. ... majoring in systems engineering.

### FISHER'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Pole Vault (I)	14'9" (4.50m)	4x, last at PL Champ.	Feb. 20, 2005
Pole Vault (O)	15'3" (4.65m)	2x, last at PL Champ.	May 6, 2005



## PAUL HARRIS

**SOPHOMORE** ☆ SPRINTS/  
MIDDLE DISTANCE  
WOODBURY, MINN.

**2004-05:** Named All-East in the outdoor 800 meters at the IC4A Championship ... finished in sixth-place with a 1:49.85 showing ... placed 14th in the preliminary round of the NCAA East Regional ... tied the school

record in the indoor 800 meters ... crossed the finish line in 1:50.73 at the Iowa State Classic ... a member of the First-Team All-Patriot League 4x400-meter indoor relay ... aided on the Second-Team All-Patriot League indoor 4x800-meter relay unit ... also second-team all-league in the outdoor 800 meters ... possessed Navy's top-efforts in the indoor 500 and 800 meters and outdoor 800 meters ... corralled three first-place showings during his freshman campaign. **High School:** Attended Woodbury High School ... earned three letters in track, two in cross country and one in wrestling ... member of track & field team that finished second in the state championship ... member of 4x400-meter relay team that won two state championships ... served as captain of his track team. **Personal:** Son of Paul Harris and Jovonna Williams ... born March 30, 1986, in Joliet, Ill. ... majoring in systems engineering.

### HARRIS' CAREER-BEST TIMES

Event	Time	Meet	Date
500m (I)	1:03.35	vs. Princeton	Jan. 8, 2005
800m (I)	1:50.73	at Iowa St. Classic	Feb. 12, 2005
800m (O)	1:49.85	at IC4A Championship	May 13, 2005



## DARRYL HUNTER

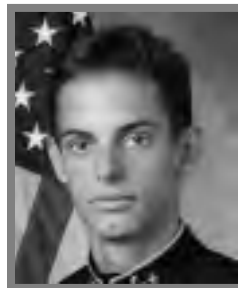
**SOPHOMORE** ☆ THROWS  
DES MOINES, IOWA

**2004-05:** Earned First-Team All-Patriot League distinction in the indoor and outdoor shot put ... recorded a 52'10-3/4" throw at the indoor league championship ... notched a 53'9-3/4" mark at the outdoor league championship ... landed tenth at the outdoor IC4A

Championship in the shot put ... followed with a 15th-place showing at the NCAA East Regional ... set season best outdoor disc and shot put efforts versus Army ... season-longest indoor toss came at the Penn State National Open ... owned team's top-nine indoor and top-six outdoor shot put marks ... accounted for eight first-place efforts in the shot put during his freshman season. **High School:** Attended Dowling Catholic High School ... earned four letters in track & field, three each in football and baseball and one in wrestling ... member of football team that won the state championship during the 2000 and '01 seasons ... garnered all-state and All-American recognition in track & field ... earned all-state honors in football and all-league recognition in baseball. **Personal:** Son of Ermayne Hunter ... born Feb. 13, 1985, in Des Moines, Iowa ... majoring in economics.

### HUNTER'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Shot Put (I)	54'1-1/4" (16.49m)	at PSU Nat'l Open	Jan. 29, 2005
35-lb. weight (I)	42'6" (12.95m)	vs. Princeton	Jan. 8, 2005
Discus (O)	154'5" (47.07m)	vs. Army	April 16, 2005
Shot Put (O)	55'4-3/4" (16.88m)	vs. Army	April 16, 2005



## BENJAMIN KOZY

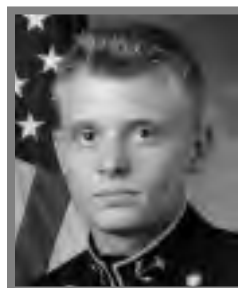
**SOPHOMORE** ☆ DISTANCE  
HOUSTON, TEXAS

**At Navy:** Member of the cross country team in his first two fall seasons at the Academy ... finished fifth out of 103 runners at the Sea Gull Opener. **2004-05:** Competed on Second-Team All-Patriot League indoor 4x800-meter relay team ... part of a group

that recorded a 7:43.52 time ... named to Patriot League Academic Honor Roll with a 3.39 grade point average in the spring ... posted season-best time of 2:29.72 at the Penn State National Open in the indoor 1,000 meters ... also timed at 4:18.00 in the mile at the Iowa State Classic during the indoor season ... placed second against Colgate, Rhode Island and Rutgers with a 9:45.25 showing in the 3,000-meter steeplechase. **High School:** Attended Jersey Village High School ... lettered four times in cross country, three in track and one in soccer ... track team won District 16-5A Championship in senior year ... won the 1,600 and 3,200 meters in district championship ... crowned cross country district champion during senior campaign. **Personal:** Son of Tom and Sharon Kozy ... born May 2, 1986, in Houston, Texas ... majoring in systems engineering.

### KOZY'S CAREER-BEST TIMES

Event	Time	Meet	Date
1,000m (I)	2:29.72	at Penn St. National Open	Jan. 29, 2005
Mile (I)	4:18.00	at Iowa St. Classic	Feb. 12, 2005
3,000m st. (O)	9:45.25	vs. Colgate, Rhode Island	April 2, 2005



## JOHN KRESS

**SOPHOMORE** ☆ DISTANCE  
COLORADO SPRINGS, COLO.

**At Navy:** Ran for the cross country team in his first two fall seasons at the Academy ... owned two overall top-five performances in 2005 ... placed fourth in the Navy Invitational and fifth at Army. **2004-05:** Competed in the 3,000 meters at the Patriot League Indoor

Championship ... posted a 8:42.68 showing in the indoor 3,000 meters against James Madison ... covered the indoor mile in 4:31.25 versus Penn, Robert Morris, VCU and UNC-Wilmington ... ran the outdoor 5,000 meters in 15:03.20 against American, Maine and Maryland. **High School:** Attended Liberty High School ... earned four letters in cross country and three in wrestling and track ... cross country team won the Colorado State Championship in 2003 and '04 ... earned all-city honors in cross country and track in 2004. **Personal:** Son of John and Dinah Kress ... born Aug. 7, 1986, in Concord, Mass. ... majoring in aerospace engineering.

### BURKE'S CAREER-BEST TIMES

Event	Time	Meet	Date
Mile (I)	4:31.25	vs. Penn, RMU, VCU, UNCW	Jan. 15, 2005
3,000m (I)	8:42.68	vs. James Madison	Jan. 22, 2005
5,000m (O)	15:03.20	vs. American, Maine, Maryland	March 26, 2005



## BO LAWSON

**SOPHOMORE ☆ THROWS**  
**FREDON, N.J.**

**2004-05:** Recorded a first-place effort at the Point Loma Invitational in the javelin ... posted a season best toss of 200'6" ... followed with a second-place showing against American, Maine and Maryland ... possessed Navy's fourth-best mark in the javelin ... registered a 118'10" effort in the discus at the Point Loma Invitational.

**High School:** Attended Kittatiny Regional High School ... earned four letters each in track & field and swimming, while three in football ... named an Adidas High School All-American in the javelin ... became the first athlete to win the boys' javelin in the Meet of Champions in consecutive years ... two-time captain of his varsity football team ... state finalist for the Wendy's High School Heisman Award ... two-time MVP of his track & field team. **Personal:** Son of Larry and Jean Lawson ... born Feb. 1, 1986, in Deville, N.J. ... majoring in ocean engineering.

### LAWSON'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Discus (O)	118'10" (36.22m)	at Pt. Loma Invite	March 19, 2005
Javelin (O)	200'6" (61.12m)	at Pt. Loma Invite	March 19, 2005



## DANTE MARSHALL

**SOPHOMORE ☆ JUMPS**  
**HERMITAGE, PA.**

**2004-05:** Recognized First-Team All-Patriot League in the indoor triple jump ... sailed 46'10" at the Patriot League Indoor Championship ... during the outdoor season, posted season-best triple jump mark at the Patriot League Championship ... earned second-team all-league honors with a triple jump of 47'9-3/4" ... season-longest indoor triple jump mark came at the Iowa State Classic, a 47'10-1/2" mark ... possessed team's top-five indoor and top-three outdoor triple jumps ... responsible for five first-place marks in the triple jump during his freshman season ... placed second against American, Maine and Maryland in the long jump with a 22'1/4" effort.

**High School:** Attended Hickory High School ... earned three letters each in track and basketball and one each in cross country and volleyball ... posted a school-record jump of 49'4" in the triple jump ... runner-up in the state finals in 2002 and '03 in the triple jump. **Personal:** Son of Michael and Yolanda Marshall ... born June 24, 1985, in Philadelphia, Pa. ... majoring in ocean engineering.

### MARSHALL'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Long Jump (I)	21'11-1/2" (6.69m)	vs. Princeton	Jan. 8, 2005
Triple Jump (I)	47'10-1/2" (14.59m)	at Iowa St. Classic	Feb. 12, 2005
Long Jump (O)	22'1/4" (6.71m)	vs. AU, Maine, Maryland	March 26, 2005
Triple Jump (O)	47'9-3/4" (14.57m)	at PL Championship	May 6, 2005



## CRAIG MEEKINS

**SOPHOMORE ☆ SPRINTS/**  
**MIDDLE DISTANCE**  
**BALDWIN, N.Y.**

**2004-05:** Earned Second-Team All-Patriot League accolades in the indoor 800 meters ... crossed the finish line in 1:55.31 at the league indoor championship ... placed first against James Madison in the indoor 500

meters ... second-place finishes in the indoor 500 meters and outdoor 800 meters ... owned Navy's second-best time in the indoor 800 meters ... raced to a 1:52.11 time at the Iowa State Classic ... season-best outdoor 800 meters effort came against Army, a 1:52.37 time.

**High School:** Attended Chaminade High School ... earned two letters in track and one in cross country ... won the New York City Catholic Championship in the 800 meters, 4x400-meter relay and the 4x800-meter relay ... named an All-American in the 800 meters and as a member of his school's sprint medley relay team during his senior year ... served as team captain and was named MVP during his senior season. **Personal:** Son of Dennis and Patricia Meekins ... born March 11, 1986, in Mineola, N.Y. ... majoring in international relations.

### MEEKINS' CAREER-BEST MARKS

Event	Time	Meet	Date
500m (I)	1:06.65	at Army	Feb. 5, 2005
800m (I)	1:52.11	at Iowa St. Classic	Feb. 12, 2005
400m (O)	50.58	vs. American, Maine, Maryland	March 26, 2005
800m (O)	1:52.37	vs. Army	April 16, 2005



## KYLE MULLANE

**SOPHOMORE ☆ THROWS**  
**CUMBERLAND, R.I.**

**2004-05:** Named to the Patriot League Academic Honor Roll after attaining a 3.61 grade point average in the spring ... recorded a first-place showing in the hammer throw at the Point Loma Invitational ... earned season best marks in the discus, javelin and shot put

in the Point Loma Invitational ... placed second in the hammer throw against American, Maine and Maryland ... finished second in the indoor weight throw against James Madison ... followed with a season-best 48'6" showing against Army. **High School:** Went to Cumberland High School ... piled up eight letters in track, four in football and one in basketball and baseball ... an all-state track selection in 2003 ... also named all-state in football during senior year ... baseball team won the state championship with a 16-2 record in 2000. **Personal:** Son of Brian and Casey Mullane ... born Jan. 16, 1986, in Providence, R.I. ... majoring in ocean engineering.

### MULLANE'S CAREER-BEST MARKS

Event	Mark	Meet	Date
Shot Put (I)	42'8" (13.00m)	vs. Princeton	Jan. 8, 2005
35-lb. weight (I)	48'6" (14.78m)	at Army	Feb. 5, 2005
Discus (O)	117'9" (35.90m)	at Pt. Loma Invite	March 19, 2005
Hammer (O)	166'3" (50.69m)	at PL Championship	May 6, 2005
Javelin (O)	147'4" (44.90m)	at Pt. Loma Invite	March 19, 2005
Shot Put (O)	40'9" (12.42m)	at Pt. Loma Invite	March 19, 2005



## JOHN OLSEN

**SOPHOMORE ☆ DISTANCE**  
STATEN ISLAND, N.Y.

**At Navy:** Also a two-year member of the men's cross country team ... placed ninth overall among 153 runners at the Fordham Invitational. **2004-05:** Landed third at the indoor 3,000 meters against James Madison with a time of 8:41.20 ... season-best indoor

3,000 meters mark came against Army, a 8:38.50 showing ... ran the indoor mile in 4:27.31 versus Princeton ... completed the outdoor 5,000 meters in a time of 14:49.07 against American, Maine and Maryland ... competed at the Patriot League Championship in the indoor 3,000 meters and outdoor 5,000 meters. **High School:** Attended Curtis High School ... was a letterwinner in cross country ... won the Staten Island Cross Country Championship in 2004.

**Personal:** Son of John and Mary Olsen ... born Jan. 17, 1986, in Staten Island, N.Y. ... majoring in history.

### OLSEN'S CAREER-BEST MARKS

Event	Time	Meet	Date
Mile (I)	4:27.31	vs. Princeton	Jan. 8, 2005
3,000m (I)	8:38.50	vs. Army	Feb. 5, 2005
5,000m (O)	14:49.07	vs. American, Maine, Maryland	March 26, 2005



## WILLIAM RICKS

**SOPHOMORE ☆ SPRINTS**  
SUSSEX, VA.

**2004-05:** Named to All-East team in the outdoor 400 meters ... tied his season-best time of 47.44 at the IC4A Championship in placing third ... ran same time in the preliminary round of the IC4A Championship ... member of First-Team All-Patriot League

indoor 4x400-meter relay team ... part of a unit that crossed the finish line in 3:21.37 ... Second-Team All-Patriot League in the indoor and outdoor 400 meters ... named to the Patriot League Academic Honor Roll with a 3.22 grade point average in the spring ... owned Navy's top-four outdoor and top indoor 400-meter times ... recorded team's second-best outdoor 200 meters time, a 22.36 showing at the Point Loma Invitational ... accounted for five first-place times in the 400 meters during his freshman campaign. **High School:** Attended Sussex Central High School ... earned four letters each in football and track ... member of track team that won the 2003 state championship ... named all-state in track and served as captain during his senior year ... was awarded his team's MVP during the 2002 and '03 seasons.

**Personal:** Son of William Ricks and Vivian Wiggins ... born July 30, 1985, in Petersburg, Va. ... majoring in mechanical engineering.

### RICKS' CAREER-BEST MARKS

Event	Time	Meet	Date
200m (I)	22.86	at PL Championship	Feb. 20, 2005
400m (I)	48.40	at IC4A Championship	March 5, 2005
200m (O)	22.36	at Pt. Loma Invite	March 19, 2005
400m (O)	47.44	2x, last at IC4A Championship	May 13, 2005



## BRANDON VIER

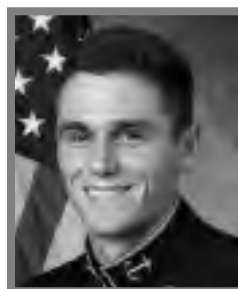
**SOPHOMORE ☆ SPRINTS**  
CYPRESS, TEXAS

**2004-05:** Named to the Patriot League Academic Honor Roll ... earned a 3.63 grade point average in his spring semester ... posted a season-best time in the 100 meters with 11.10 seconds at the Patriot League Outdoor Championship ... team's second-

fastest time in the event during the season ... placed second in the outdoor meet against Army in the 100 meters ... also competed in the 200 meters at the league outdoor championship. **High School:** Attended Cy-Fair High School ... lettered three times in track and twice in football ... named to first-team all-academic state football team as a senior ... football team won league championship during junior season. **Personal:** Son of Richard and Claudia Vier ... born Oct. 1, 1985, in Lafayette, La. ... majoring in electrical engineering.

### VIER'S CAREER-BEST MARKS

Event	Time	Meet	Date
55m (I)	7.12	vs. Princeton	Jan. 8, 2005
100m (O)	11.10	at PL Championship	May 6, 2005
200m (O)	22.85	at PL Championship	May 6, 2005



## ANDREW GRANT

**FRESHMAN ☆ DISTANCE**  
STATHAM, GA.

**At Navy:** Competes on the Navy cross country team ... placed first out of 103 runners in first collegiate meet at the Sea Gull Opener. **High School:** Went to Oconee High School ... attended Naval Academy Preparatory School last year ... while in high

school, earned four letters in cross country and track ... named Northeast Georgia Runner of the Year ... set the school record in the two-mile run with a time of 9:36. **Personal:** Son of Jake and Marisa Grant ... born July 3, 1985, in Athens, Ga.



## DREW SIMS

**FRESHMAN ☆ SPRINTS/JUMPS**  
HOUSTON, TEXAS

**High School:** Attended Memorial High School ... earned three letters in track and football and another two in baseball ... football and baseball team won district championship during senior year ... captained his football team as a senior. **Personal:** Son of

David and Elizabeth Sims ... born May 1, 1986, in Raleigh, N.C.

# 2004-05 TOP INDOOR TIMES/MARKS

## 55 METERS

<b>T. Hines</b>	<b>6.55</b>	vs. <b>James Madison</b>
A. Lewis	6.57	at IC4A Championship
<b>R. Campbell</b>	<b>6.65</b>	vs. <b>James Madison</b>
P. Flores	6.73	vs. <b>Princeton</b>

## 60 METERS

A. Lewis	6.97	at Penn State National Open
<b>R. Campbell</b>	<b>7.07</b>	at <b>Patriot League Championship</b>
<b>T. Hines</b>	<b>7.51</b>	at <b>Army</b>

## 200 METERS

<b>J. Green</b>	<b>22.37</b>	at <b>Patriot League Championship</b>
<b>W. Ricks</b>	<b>22.86</b>	at <b>Patriot League Championship</b>
<b>M. Levinson</b>	<b>22.92</b>	vs. <b>Penn, RMU, VCU, UNCW</b>
<b>M. Scarborough</b>	<b>23.73</b>	vs. <b>Princeton</b>

## 400 METERS

<b>W. Ricks</b>	<b>48.40</b>	at <b>IC4A Championship</b>
<b>J. Green</b>	<b>48.52</b>	at <b>IC4A Championship</b>
<b>C. Lindsay</b>	<b>49.95</b>	vs. <b>James Madison</b>
<b>J. Thompson</b>	<b>51.41</b>	vs. <b>Princeton</b>
<b>M. Levinson</b>	<b>51.58</b>	at <b>Patriot League Championship</b>

## 500 METERS

<b>P. Harris</b>	<b>1:03.35</b>	vs. <b>Princeton</b>
<b>C. Lindsay</b>	<b>1:05.07</b>	at <b>Penn State National Open</b>
<b>J. Thompson</b>	<b>1:05.45</b>	at <b>Penn State National Open</b>
<b>C. Meekins</b>	<b>1:06.65</b>	at <b>Army</b>
<b>S. Spletzer</b>	<b>1:07.13</b>	at <b>Penn State National Open</b>

## 800 METERS

<b>P. Harris</b>	<b>1:50.73</b>	at <b>Iowa State Classic</b>
<b>C. Meekins</b>	<b>1:52.11</b>	at <b>Iowa State Classic</b>
<b>L. Burke</b>	<b>1:54.85</b>	at <b>Iowa State Classic</b>
A. Dausman	1:57.21	at <b>Army</b>
M. Mayer	1:59.11	vs. <b>Penn, RMU, VCU, UNCW</b>

## 1,000 METERS

<b>J. Sink</b>	<b>2:27.80</b>	vs. <b>James Madison</b>
<b>L. Burke</b>	<b>2:28.83</b>	at <b>IC4A Championship</b>
<b>B. Kozy</b>	<b>2:29.72</b>	at <b>Penn State National Open</b>
D. Taveras	2:30.78	vs. <b>Princeton</b>
<b>W. Gauthier</b>	<b>2:31.26</b>	at <b>Patriot League Championship</b>

## MILE

<b>J. Sink</b>	<b>4:05.94</b>	at <b>Penn State National Open</b>
<b>B. Kozy</b>	<b>4:18.00</b>	at <b>Iowa State Classic</b>
J. McCann	4:18.27	vs. <b>James Madison</b>
<b>A. Craig</b>	<b>4:20.66</b>	vs. <b>James Madison</b>

## 3,000 METERS

<b>J. Sink</b>	<b>8:21.25</b>	at <b>Patriot League Championship</b>
J. McCann	8:25.12	Navy Invitational
B. Carmody	8:27.90	at Penn State National Open
<b>A. Craig</b>	<b>8:32.94</b>	at <b>Iowa State Classic</b>
<b>J. Olsen</b>	<b>8:38.50</b>	vs. <b>Army</b>

## 5,000 METERS

<b>A. Craig</b>	<b>15:09.02</b>	at <b>Patriot League Championship</b>
<b>M. Niemi</b>	<b>15:09.55</b>	at <b>Iowa State Classic</b>

## 55-METER HIGH HURDLES

Trevis Rainey	7.65	vs. <b>Penn, RMU, VCU, UNCW</b>
<b>M. Scarborough</b>	<b>7.83</b>	vs. <b>Penn, RMU, VCU, UNCW</b>
<b>Travis Rainey</b>	<b>7.95</b>	Navy Invitational
<b>R. Belany</b>	<b>8.16</b>	Navy Invitational

## 60-METER HIGH HURDLES

Trevis Rainey	8.16	at <b>Patriot League Championship</b>
<b>Travis Rainey</b>	<b>8.40</b>	at <b>Army</b>
<b>M. Scarborough</b>	<b>8.40</b>	at <b>Army</b>
<b>J. Woelke</b>	<b>8.55</b>	at <b>Patriot League Championship</b>

## HIGH JUMP

<b>S. White</b>	<b>6'9" (2.06m)</b>	at <b>Army</b>
<b>C. Herron</b>	<b>6'8-1/4" (2.04m)</b>	at <b>Iowa State Classic</b>
<b>M. Fischer</b>	<b>6'1-1/4" (1.86m)</b>	at <b>Army</b>

## POLE VAULT

<b>K. Stephens</b>	<b>15'9" (4.80m)</b>	at <b>Patriot League Championship</b>
<b>B. Fisher</b>	<b>14'9" (4.50m)</b>	vs. <b>Princeton</b>
<b>K. Braemer</b>	<b>12'9-1/2" (3.90m)</b>	vs. <b>James Madison</b>

## LONG JUMP

A. Morgan	23'2" (7.06m)	at <b>Iowa State Classic</b>
<b>D. Marshall</b>	<b>21'11-1/2" (6.69m)</b>	vs. <b>Princeton</b>
E. Marx	20'9-1/4" (6.33m)	vs. <b>Princeton</b>

## TRIPLE JUMP

<b>D. Marshall</b>	<b>47'10-1/2" (14.59m)</b>	at <b>Iowa State Classic</b>
A. Morgan	45'9" (13.94m)	at <b>Army</b>
<b>C. Lindsay</b>	<b>45'2-1/2" (13.78m)</b>	vs. <b>James Madison</b>
E. Marx	43'10-1/2" (13.37m)	Navy Invitational
<b>G. Brooks</b>	<b>42'9-1/2" (13.04m)</b>	vs. <b>Penn, RMU, VCU, UNCW</b>

## SHOT PUT

<b>D. Hunter</b>	<b>54'1-1/4" (16.49m)</b>	at <b>Penn State National Open</b>
R. Lufkin	51'4-1/2" (15.66m)	vs. <b>Penn, RMU, VCU, UNCW</b>
<b>A. Barber</b>	<b>47'11-3/4" (14.62m)</b>	vs. <b>James Madison</b>
<b>N. Stein</b>	<b>46'3-1/2" (14.11m)</b>	vs. <b>Princeton</b>

## 35-LB. WEIGHT THROW

R. Lufkin	62'4-1/2" (19.01m)	at <b>Patriot League Championship</b>
<b>K. Mullane</b>	<b>48'6" (14.78m)</b>	at <b>Army</b>
<b>R. Dotson</b>	<b>46'9-1/2" (14.26m)</b>	Navy Invitational
<b>S. Bermudez</b>	<b>46'8-3/4" (14.24m)</b>	Navy Invitational

## HEPTATHLON

<b>R. Belany</b>	<b>3839 points</b>	at <b>Patriot League Championship</b>
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## DISTANCE MEDLEY RELAY

9:54.26 at IC4A Championship (Taveras, Ricks, Burke, Sink)

## 4X400-METER RELAY

3:15.35 at Penn State National Open (Ricks, Green, Lindsay, Harris)

## 4X800-METER RELAY

7:39.74 at Penn State National Open (Mayer, Meekins, Dausman, Gauthier)

Returning Midshipmen in Bold Italics

# 2005 TOP OUTDOOR TIMES/MARKS

## 100 METERS

A. Morgan	10.84	vs. American, Maine, Maryland
B. Vier	11.10	at Patriot League Championship
P. Flores	11.14	at Patriot League Championship
R. Campbell	11.17	at Patriot League Championship
Travis Rainey	11.35	at Point Loma Invitational

## 200 METERS

J. Green	22.06	at Patriot League Championship
W. Ricks	22.36	at Point Loma Invitational
B. Vier	22.85	at Patriot League Championship
C. Lindsay	22.87	at Point Loma Invitational
M. Levinson	22.98	at Patriot League Championship

## 400 METERS

W. Ricks	47.44	at IC4A Championship
J. Green	48.45	at Patriot League Championship
C. Lindsay	49.08	vs. Army
M. Levinson	49.65	at Patriot League Championship
J. Thompson	49.98	at Patriot League Championship

## 800 METERS

P. Harris	1:49.85	at IC4A Championship
C. Meekins	1:52.30	at Quaker Invitational
M. Mayer	1:54.76	at Patriot League Championship
A. Dausman	1:54.84	vs. Colgate, Rhode Island, Rutgers
L. Burke	1:55.16	at Patriot League Championship

## 1,500 METERS

J. Sink	3:51.27	at Patriot League Championship
D. Taveras	3:53.82	at Patriot League Championship
L. Burke	3:56.19	vs. American, Maine, Maryland
W. Gauthier	4:00.67	vs. American, Maine, Maryland

## 5,000 METERS

J. Sink	14:30.78	vs. American, Maine, Maryland
A. Craig	14:41.35	at Penn Relays
J. Olsen	14:49.07	vs. American, Maine, Maryland
J. Kress	15:03.20	vs. American, Maine, Maryland
D. Naughton	15:15.71	vs. American, Maine, Maryland

## 10,000 METERS

M. Ali	31:24.24	at Patriot League Championship
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## 3,000-METER STEEPLECHASE

M. Niemi	9:14.90	at Patriot League Championship
B. Kozy	9:45.25	vs. Colgate, Rhode Island, Rutgers
J. Bach	10:06.36	vs. American, Maine, Maryland

## 110-METER HIGH HURDLES

Trevis Rainey	14.65	at Texas Relays
Travis Rainey	15.12	at Patriot League Championship
M. Scarborough	15.26	at Patriot League Championship
J. Woelke	15.35	vs. American, Maine, Maryland
R. Belany	16.36	vs. American, Maine, Maryland

## 400-METER HURDLES

S. Spletzer	54.01	vs. Army
M. Scarborough	55.69	at Patriot League Championship
M. Levinson	56.15	at Patriot League Championship
Ke. Laughary	57.03	at Quaker Invitational

## HIGH JUMP

C. Herron	6'9-3/4" (2.08m)	at Quaker Invitational
S. White	6'8-3/4" (2.05m)	vs. Army
M. Fischer	6'11/2" (1.84m)	vs. Army
R. Belany	5'10" (1.78m)	at Point Loma Invitational

## POLE VAULT

K. Stephens	15'7" (4.75m)	at Penn Relays
B. Fisher	15'3" (4.65m)	vs. American, Maine, Maryland
K. Braemer	13'9-1/4" (4.20m)	vs. Army

## LONG JUMP

A. Morgan	23'6-1/4" (7.17m)	vs. Army
D. Marshall	22'11/4" (6.71m)	vs. American, Maine, Maryland
R. Belany	20'3-1/2" (6.18m)	vs. Army
E. Marx	19'5-1/2" (5.93m)	at Point Loma Invitational

## TRIPLE JUMP

D. Marshall	47'9-3/4" (14.57m)	at Patriot League Championship
A. Morgan	45'10" (13.97m)	vs. Army
C. Lindsay	44'11-3/4" (13.71m)	at Point Loma Invitational
E. Marx	42'9-1/2" (13.04m)	vs. American, Maine, Maryland

## SHOT PUT

D. Hunter	55'4-3/4" (16.88m)	vs. Army
R. Lufkin	50'10" (15.49m)	vs. Army
A. Barber	46'0" (14.02m)	at Patriot League Championship
N. Stein	44'5-1/2" (13.55m)	vs. American, Maine, Maryland
L. Lane	43'11-3/4" (13.40m)	vs. American, Maine, Maryland

## DISCUS

A. Barber	158'2" (48.20m)	at Point Loma Invitational
D. Hunter	154'5" (47.07m)	vs. Army
R. Lufkin	142'8" (43.49m)	at Patriot League Championship
B. Lawson	118'10" (36.22m)	at Point Loma Invitational
K. Mullane	117'9" (35.90m)	at Point Loma Invitational

## HAMMER THROW

R. Lufkin	194'10" (59.39m)	at IC4A Championship
K. Mullane	166'3" (50.69m)	at Patriot League Championship
S. Bermudez	151'11" (46.30m)	vs. Army
R. Dotson	133'4" (40.65m)	vs. Colgate, Rhode Island, Rutgers

## JAVELIN

K. Obrock	229'1" (69.84m)	at Patriot League Championship
B. Lawson	200'6" (61.12m)	at Point Loma Invitational
W. Marple	162'9" (49.62m)	vs. American, Maine, Maryland
K. Mullane	147'4" (44.90m)	at Point Loma Invitational

## DECATHLON

R. Belany	5723 points	at Patriot League Championship
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## 4X100-METER RELAY

42.40	at Patriot League Championship
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## 4X400-METER RELAY

3:13.08	at Texas Relays
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## 4X800-METER RELAY

7:39.93	at Patriot League Championship
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Returning Midshipmen in Bold Italics

# RECORD BOOK

## INDOOR

<b>55 meters</b>	6.24	Dwayne Dennis (1980) Clay Stackhouse (1989)
<b>200 meters</b>	21.49	Clay Stackhouse (1990)
<b>400 meters</b>	46.72	Eric Porter (2004)
<b>500 meters</b>	1:00.84	Michael Greene (1987)
<b>800 meters</b>	1:50.73	Doug Kay (2002) Paul Harris (2005)
<b>1,000 meters</b>	2:23.51	Lance Davidson (1987)
<b>Mile</b>	4:01.56	Erik Schmidt (2004)
<b>3,000 meters</b>	7:56.23	Greg Keller (1993)
<b>5,000 meters</b>	14:05.02	John Mentzer (1997)
<b>55-meter hurdles</b>	7:10 (HT)	Anthony Campbell (1977)
<b>High jump</b>	7'6" (2.29m)	Leo Williams (1983)
<b>Pole vault</b>	17'1-1/2" (5.22m)	Matt Poirier (1999)
<b>Long jump</b>	24'7" (7.49m)	Jim Campbell (1973)
<b>Triple jump</b>	51'9-3/4" (15.79m)	Joel Robertson (1994)
<b>Shot put</b>	61'3" (18.67m)	Scott Haney (1973)
<b>35-lb. weight</b>	69'1-1/4" (21.06m)	Ted Bregar (1973)
<b>4x400 relay</b>	3:13.78	J. Green, M. Levinson, E. Brye, E. Porter (2004)
<b>4x800 relay</b>	7:27.39	L. Wright, J. Wolstenholme, J. Fisher, D. Roper (1983)
<b>Distance medley relay</b>	9:43.20 (HT)	L. Wright, J. Wolstenholme, A. Coleman, R. Harris (1985)



Ron Harris



Leo Williams

## OUTDOOR

<b>100 meters</b>	10.41	Brian Proctor (1992)
<b>200 meters</b>	21.00	Torrance Chaplin (1999)
<b>400 meters</b>	45.68	Torrance Chaplin (2000)
<b>800 meters</b>	1:49.70 (HT)	Dale Bateman (1974)
<b>1,500 meters</b>	3:41.99	Greg Keller (1992)
<b>3,000 meters</b>	8:46.60 (HT)	Jeff Kramer (1973)
<b>3,000-meter steeplechase</b>	8:40.04	Bob Packowski (1989)
<b>5,000 meters</b>	13:45.75	Ron Harris (1987)
<b>10,000 meters</b>	29:00.80	John Mentzer (1997)
<b>110-meter hurdles</b>	13.80 (HT)	Anthony Campbell (1976)
<b>400-meter hurdles</b>	51.33	Greg Blanchard (1983)
<b>High jump</b>	7'6" (2.29m)	Leo Williams (1983)
<b>Pole vault</b>	17'3" (5.26m)	Tom Delaney (2002)
<b>Long jump</b>	25'1/4" (7.63m)	Jim Campbell (1973)
<b>Triple jump</b>	52'2-3/4" (15.92m)	Joel Robertson (1993)
<b>Shot put</b>	61'1/2" (18.61m)	Michael Berkowitz (1964)
<b>Discus</b>	178'11" (54.55m)	Nate Michael (2004)
<b>Hammer</b>	218'7" (66.20m)	Ted Bregar (1973)
<b>Javelin</b>	231' (70.42m)	Stan Duplaga (1993)
<b>Decathlon</b>	7449 pts.	R. Smith (1981)
<b>4x100 relay</b>	40.72	M. Jefferson, B. Proctor, C. Riley, T. Dixon (1992)
<b>4x100 hurdles relay</b>	58.48	A. Ekundayo, Tre. Rainey, M. Scarborough, Tra. Rainey (2004)
<b>4x200 relay</b>	1:26.00 (HT)	R. Donohue, J. Keiffer, J. Cosgrove, T. Palkie (1966)
<b>4x400 relay</b>	3:08.60 (HT)	B. Drutzman, J. Shears, D. Bailey, J. Colvin (1979)
<b>4x1600 relay</b>	16:21.40 (HT)	D. Bateman, S. Gilmore, J.R. Kramer, J.N. Kramer (1974)
<b>Distance medley relay</b>	9:31.25	L. Davidson, M. Greene, K. Ross, R. Harris (1987)
<b>Sprint medley relay</b>	3:18.78	M. Greene, T. Heitmeyer, M. Sawyer, R. Harris (1986)

# INDIVIDUAL HONORS

## BERT ATKINSON

1946 All-American (High jump)

## CHARLES BAILEY

1988 All-American (35-lb. weight)  
1989 All-American (35-lb. weight)

## FRED BAKUTIS

1935 All-American (Javelin)

## ROBERT BANKS

1946 All-American (Hurdles)

## FREDRIC BOUWMAN

1947 All-American (Long jump)  
1947 All-American (Triple jump)

## TED BREGAR

1972 AAU Champion (35-lb. weight)  
1973 AAU Champion (Hammer)  
1973 All-American (35-lb. weight)  
1973 All-American (Hammer)

## JON CLEMENS

1996 All-American (Cross country)  
1997 All-American (3,000)  
1997 All-American (Steeplechase)

## JAMES DARE

1968 All-American (Steeplechase)  
1972 Olympic Alternate (Steeplechase)

## STAN DUPLAGA

1993 All-American (Javelin)

## MICHAEL GREENE

1987 All-American (500)

## SCOTT HANEY

1973 All-American (Shot put)

## RON HARRIS

1987 All-American (3,000)  
1987 All-American (5,000)  
1987 All-American (Cross country)  
1996 Olympic Team

## MATT HOWARD

1990 All American (35-lb. weight)  
1991 All-American (35-lb. weight)

## WILLIAM KASH

1945 NCAA Champion (440-yd. dash)

## GREG KELLER

1992 All-American (Mile)  
1992 All-American (Steeplechase)  
1992 All-American (Cross country)  
1993 All-American (Mile)  
1993 All-American (Steeplechase)

## JOHN MENTZER

1997 All-American (5,000/indoor)  
1997 All-American (10,000/outdoor)  
1998 All-American (10,000/outdoor)

## JOE PATTERSON

1936 Olympic Team  
(400 hurdles/4th Olympic Games)

## EDWIN POTTS

1969 All-American (35-lb. weight)  
1969 All-American (Hammer)

## MICHAEL RYAN

1999 All-American (Mile)

## HENRY SAGE

1960 All-American (35-lb. weight)

## ERIK SCHMIDT

2004 All-American (Mile)

## ROBERT SEHNERT

1991 All-American (Shot put)

## DOUGLAS TOZOUR

1963 All-American (Hammer)

## JOHN VANVELZER

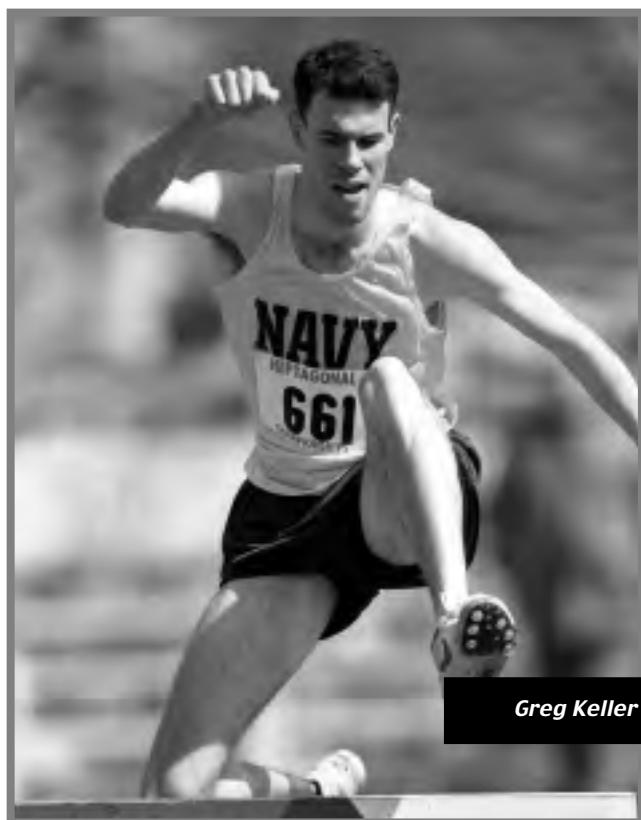
1945 NCAA Champion (100-yd. dash)

## TODD WASHBURN

1993 All-American (5,000/indoor)  
1993 All-American (5,000/outdoor)

## LEO WILLIAMS

Six-time All-American (High jump)  
1981 NCAA Indoor Champion (High jump)  
1981 NCAA Outdoor Champion (High jump)  
1982 NCAA Indoor Champion (High jump)  
1984 Olympic Alternate (High jump)



*Greg Keller*

## ALL-TIME ASSISTANT/J.V. COACHES

Walter Aamold	1944 - 1956
Jim Gehrdes	1952 - 1956
Ellery Clark	1957 - 1978
Lt. Scott Haney	1978 - 1980
Lt. Richard Brilla	1979
Nick Basiano	1981 - 1982
Lt. Dan Busch	1981 - 1982
Dick Krullis	1981 - 1982
Capt. Monty Montgomery	1983
Bob Lawson	1981 - 1984
Tom Virgets	1985
Lt. Jim McMillan	1985 - 1987
Lt. Bill McCormick	1987
Stephen Cooksey	1985 - 1988
Jim Gulick	1990 - 2001
Al Cantello	1980-81, 1988 - Present
Dave Larish	1989 - Present
Larry Bartels	2001 - Present

# 2006 NCAA QUALIFYING STANDARDS

## INDOOR (SEA LEVEL)

Event	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
<b>55 meters</b>	6.14@	-	6.24@	-
<b>60 meters</b>	6.62@	-	6.72@	-
<b>55-meter hurdles</b>	7.17@	-	7.38@	-
<b>60-meter hurdles</b>	7.70@	-	7.91@	-
<b>200 meters</b>				
(Under 200m/220 yds)*	21.33	-	21.73	-
(200m/220 yds)*	21.08	-	21.48	-
(Banked or over 200m/220 yds)*	20.83	-	21.23	-
<b>400 meters</b>				
(Under 200m/220 yds)*	46.85	46.6	48.05	47.8
(200m/220 yds)*	46.45	46.2	47.65	47.4
(Banked or over 200m/220 yds)*	46.05	45.8	47.25	47.0
<b>800 meters</b>				
(200m/220 yds or less)*	1:48.40	1:48.1	1:50.10	1:49.8
(Banked or over 200m/220 yds)*	1:47.80	1:47.5	1:49.50	1:49.2
<b>Mile#</b>				
(200m/220 yds or less)*	3:59.80	3:59.5	4:05.70	4:05.4
(Banked or over 200m/220 yds)*	3:59.00	3:58.7	4:04.90	4:04.6
<b>3,000 meters#</b>				
(200m/220 yds or less)*	7:56.30	7:56.0	8:06.30	8:06.0
(Banked or over 200m/220 yds)*	7:55.00	7:54.7	8:05.00	8:04.7
<b>5,000 meters#</b>				
(200m/220 yds or less)*	13:51.90	13:51.6	14:06.90	14:16.6
(Banked or over 200m/220 yds)*	13:50.00	13:49.7	14:15.00	14:14.7
<b>1,600-meter relay</b>				
(Under 200m/220 yds)*	3:08.20	3:07.9	3:13.60	3:13.3
(200m/220 yds)*	3:06.60	3:06.3	3:12.00	3:11.7
(Banked or over 200m/220 yds)*	3:05.00	3:04.7	3:10.40	3:10.1
<b>Mile relay</b>				
(Under 200m/220 yds)*	3:09.40	3:09.1	3:14.80	3:14.5
(200m/220 yds)*	3:07.80	3:07.5	3:13.20	3:12.9
(Banked or over 200m/220 yds)*	3:06.20	3:05.9	3:11.60	3:11.3
<b>Distance medley relay-meters#</b>				
(200m/220 yds or less)*	9:35.20	9:34.9	9:45.90	9:45.6
(Banked or over 200m/220 yds)*	9:33.00	9:32.7	9:43.70	9:43.4
<b>Distance medley relay-yards#</b>				
(200m/220 yds or less)*	9:38.70	9:38.4	9:49.40	9:48.1
(Banked or over 200m/220 yds)*	9:36.50	9:36.2	9:47.20	9:46.9
	<b>METRIC</b>	<b>METRIC</b>		
<b>High jump</b>	2.23	2.17		
<b>Pole vault</b>	5.50	5.20		
<b>Long jump</b>	7.85	7.45		
<b>Triple jump</b>	16.20	15.50		
<b>Shot put</b>	19.30	17.75		
<b>35-pound weight</b>	21.20	19.00		
<b>Heptathlon</b>	5,650 points	5,200 points		

@Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds.  
Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

\*—Size of track #—Altitude adjustment available

•FAT — Fully Automatic Timing

•MT — Manual Time

## OUTDOOR (REGIONAL LEVEL)

Event	FAT	MT	Altitude
			Adjustment 3k-5,999/6k+
<b>100 meters</b>	10.50	-	+ .03/+ .06
<b>200 meters</b>	21.19	-	+ .07/+ .12
<b>400 meters</b>	47.26	47.0	+ .11/+ .21
<b>800 meters</b>	1:50.40	1:51.1	
<b>1,500 meters#</b>	3:47.80	3:47.5	
<b>Mile#</b>	4:06.00	4:05.7	
<b>3,000-meter steeplechase#</b>	9:07.00	9:06.7	
<b>5,000 meters#</b>	14:10.00	14:09.7	
<b>110-meter hurdles</b>	14.30	-	+ .04/+ .08
<b>400-meter hurdles</b>	52.51	52.2	+ .11/+ .21
<b>400-meter relay</b>	40.66	40.4	+ .12/+ .24
<b>440-yard relay</b>	40.86	40.6	+ .12/+ .24
<b>1,600-meter relay</b>	3:10.00	3:09.7	+ .44/+ .84
<b>Mile relay</b>	3:11.20	3:10.9	+ .44/+ .84

### METRIC

<b>High jump</b>	2.10
<b>Pole vault</b>	5.05
<b>Long jump</b>	7.34
<b>Triple jump</b>	15.08
<b>Shot put</b>	16.80
<b>Discus</b>	51.70
<b>Javelin</b>	61.60
<b>Hammer</b>	55.60

# - Altitude adjustment available

## NATIONAL QUALIFYING STANDARDS (NATIONAL CHAMPIONSHIP)

Event	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
<b>10,000 meters#</b>	29:45.00	28:44.7	29:30.00	29:39.7
<b>Decathlon</b>	7,500 pts		7,000 pts	

# - Altitude adjustment available

# THE PATRIOT LEAGUE

**Team Postseason Achievements:**

- ◆ Bucknell men's basketball, Colgate women's soccer, American field hockey, American men's soccer, Navy men's lacrosse and Army baseball all won games in their respective NCAA Tournaments.
- ◆ Holy Cross men's basketball won a first-round game in the National Invitation Tournament.
- ◆ The Patriot League received multiple postseason bids in three sports - Lafayette (automatic) and Lehigh (at-large) football into the NCAA Division I-AA playoffs; Bucknell (automatic) and Holy Cross (at-large) men's basketball into the NCAA Tournament and NIT, respectively; and Navy (automatic) and Army (at-large) men's lacrosse into the NCAA Tournament.

**Team Regular-Season Achievements:**

- ◆ The following teams broke into the national rankings at some point during their respective seasons - Lehigh, Lafayette and Colgate football; American field hockey; and Navy, Army and Bucknell men's lacrosse.
- ◆ The following teams defeated nationally-ranked non-league opponents during their respective seasons - Bucknell men's basketball; American field hockey; and Navy and Army men's lacrosse.

**Individual Athletic Accomplishments:**

- ◆ Twelve student-athletes were either drafted or signed professional free agent contracts.
- ◆ Twenty student-athletes were named All-Americans.
- ◆ Six cross country and track & field student-athletes qualified for NCAA Championships.
- ◆ Lauren Wible of Bucknell softball led the nation in batting average, and Chris Cara of Bucknell men's lacrosse led the nation in points per game and assists per game.

**Record Breakers:**

- ◆ The following five student-athletes set Patriot League career records in their respective sports - Joe McCourt, Lafayette football (rushing touchdowns and points scored); Daris Wilson, Bucknell football (rushing yards by a quarterback); Emily Ling, Lehigh softball (wins and strikeouts); Lauren Gobar, Army softball (stolen bases) and Chris Cara, Bucknell men's lacrosse (points).
- ◆ A total of 28 records were broken at the Cross Country, Indoor Track & Field, Outdoor Track & Field and Swimming & Diving Championships.
- ◆ Navy won the first-ever Patriot League Women's Rowing Championship.

**League Academic Recognition:**

- ◆ For the sixth-consecutive year, the Patriot League led all reporting Division I conferences in overall student-athlete graduation rates.
- ◆ The Patriot League and all eight of its full-time member institutions reported above average scores in the new Academic Progress Rate (APR), a tool used by the NCAA to measure academic eligibility, retention and graduation of student-athletes.
- ◆ A UCF/Lapchick study showed that the Patriot League's NCAA Tournament teams in basketball, the Bucknell men and Holy Cross women, both led the nation with 100 percent graduation rates for their basketball student-athletes.

**Individual Academic Honors:**

- ◆ Thirty-seven Patriot League student-athletes were cited by *ESPN The Magazine/CoSIDA* for academic excellence.
- ◆ Lafayette football's Stephen Bono was one of two recipients of the Division I-AA Athletic Directors' Association Postgraduate Scholarship.

**Television Exposure:**

- ◆ The Patriot League's national television package for basketball placed a total of 10 men's and women's games on CSTV, the men's championship game was shown on ESPN2 and all five postseason games involving the Bucknell men and the Holy Cross men and women were either shown on CBS, ESPN or ESPN2.
- ◆ Additional events in football, volleyball, baseball, men's lacrosse and track & field were televised on CSTV.



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- COLLEGE OF THE HOLY CROSS**
- LAFAYETTE COLLEGE**
- LEHIGH UNIVERSITY**
- UNITED STATES MILITARY ACADEMY**
- UNITED STATES NAVAL ACADEMY**



# UNITED STATES NAVAL ACADEMY

Secretary of the Navy George Bancroft laid the foundation for the Naval Academy when, in 1845, he established the Naval School at Fort Severn in Annapolis. Commander Franklin Buchanan served as the first Superintendent. His faculty consisted of four officers and three civilian professors. There were 50 students. Initially, the academic and professional instruction required five years—the first and last at Annapolis, with the intervening three at sea.

In 1850, the Naval School became the United States Naval Academy. The following year, the Academy adopted its current course of instruction which includes four consecutive years at Annapolis, with at-sea training provided during the summers.

The Naval Academy moved to Newport, R.I., during the Civil War. In 1865, it was re-established at Annapolis under the leadership of Vice Admiral David Dixon Porter. During these early years, the Academy was one of the few institutions of higher learning offering a sophisticated undergraduate course in technical education.

The late 19th century saw immense changes in naval technology with the conversion from sail-powered, wooden ships to steam-powered vessels of steel, which also resulted in rapid developments in naval weaponry and tactics. With the Spanish-American War in 1898, the United States became a world naval power, and early Naval Academy graduates like George Dewey and Alfred Thayer Mahan made significant contributions to our national heritage.

The new century saw the nation's undergraduate naval college grow in size and academic prowess. The Class of 1895 had produced 41 graduates. By World War I, there were nearly 200 graduates each year, along with 2,500 reserve officers who received their training at the Academy.

With the entry of the United States into World War I, courses were shortened to three years, a program which remained in effect until 1921.

Between the two world wars, the curriculum and training equipment were modernized to keep pace with rapid advances in the naval profession and American education. In 1930, the Association of



American Universities accredited the Naval Academy, and in 1933, an act of Congress authorized the Naval Academy to confer the degree of bachelor of science on graduates, beginning with the Class of 1931. Congress authorized award of the degree to all living graduates in 1939. The Middle Atlantic States Association of Colleges and Secondary Schools first accredited the Academy in 1947.

During World War II, summer sessions were instituted and the course was again shortened to three years. As during World War I, reserve officers, along with reserve midshipmen, also trained at the Academy.

In 1963, the Academy initiated the Trident Scholar Program, under which a number of exceptional students are permitted to pursue independent research during the first class (senior) year.

The 1964-65 academic year saw the civilian positions of academic dean and dean of admissions established and far-reaching changes made to the curriculum. The number of required core courses was reduced and, for the first time, each midshipman was allowed to pursue academic areas of individual interest for minor or major. Additional changes, introduced in the 1969-70 academic year, now require every midshipman to complete a major.

In 1975, President Gerald R. Ford signed legislation authorizing admission of women to the service academies. The first women midshipmen entered the Academy in July 1976 and graduated with the Class of 1980.

## MIDSHIPMEN LIFE

It all begins with fourth class year. From their first day at the Academy, the fourth class midshipmen, or plebes, undergo an intensive and unabated program of military training and indoctrination. Physical and mental demands on them and their time seem never-ending. But it all has a purpose: the development of leadership ability, motivation, moral strength, physical skills and stamina.

Plebe Summer is a time which most midshipmen will remember for many years. New midshipmen are kept constantly busy learning basic skills in seamanship, navigation and marksmanship. Their pride and company spirit are boosted through infantry drill, small arms training, sailing Navy yawls and cruising in yard patrol craft. Their competitive spirit and desire to win are developed in activities such as athletics, dress parades and seamanship.

Plebe Summer is highlighted in August during Parents' Weekend,

## NAVAL ACADEMY LEADERSHIP



**VICE ADM.  
RODNEY P. REMPT,  
USN**  
*Superintendent*



**CAPT. BRUCE GROOMS,  
USN**  
*Commandant of  
Midshipmen*

# MISSION OF THE NAVAL ACADEMY

**TO DEVELOP MIDSHIPMEN MORALLY, MENTALLY AND PHYSICALLY AND TO IMBUE THEM WITH THE HIGHEST IDEALS OF DUTY, HONOR AND LOYALTY IN ORDER TO PROVIDE GRADUATES WHO ARE DEDICATED TO A CAREER OF NAVAL SERVICE AND HAVE POTENTIAL FOR FUTURE DEVELOPMENT IN MIND AND CHARACTER TO ASSUME THE HIGHEST RESPONSIBILITIES OF COMMAND, CITIZENSHIP AND GOVERNMENT.**

when parents visit the Academy and witness the progress of their sons and daughters.

The arrival of the upperclassmen in mid-August heralds the beginning of the academic year. The plebes embark on a four-year course of study while plebe indoctrination continues.

September brings the excitement of football and other fall sports. During the football season, only selected units of the brigade travel to away games, but the entire brigade attends all home games and the annual fall classic, the Army-Navy game.

Commissioning Week, in May, brings the graduation of the first classmen and the end of plebe year. Plebes signify the end of the first year at the Academy by scaling the smooth granite sides of Herndon Monument to replace, at its summit, a plebe cap with an upperclass cover.

Between plebe and third class years, midshipmen get their first taste of life at sea and their introduction to the enlisted men whom they will lead when commissioned as officers. Joining ships around the world, midshipmen perform a host of shipboard duties including standing deck, gunnery, operations and engineering watches. Midshipmen also have their first opportunity to visit foreign countries and experience different cultures.

Third classmen begin work in their academic majors and assume more responsibility in the military regimen at the Academy. Less emphasis is placed on indoctrination, leaving more time for studies, sports and extracurricular activities. It's a welcome change from the rigors of plebe year.

During their third summer, midshipmen get their first training in four warfare specialties which comprise the naval service. They learn about submarines at New London, Conn.; surface warfare at Norfolk, Va.; naval aviation at Pensacola, Fla.; and the Marine Corps at Quantico, Va.

Second class midshipmen are assigned still additional military responsibilities. They are selected and trained to direct the Brigade of Midshipmen during absences of the first class. They are also assigned an important role in indoctrination of the new plebe class, which develops their leadership skills. In academics, the second class midshipmen enter increasingly advanced areas of study.

During their final year at the Academy, first class midshipmen complete the core curriculum and their academic majors' course requirements. Many undertake independent research projects, and some begin graduate-level studies at nearby universities. The first class midshipmen also take over the

responsibilities for plebe indoctrination. They also lead the brigade at parades, formal ceremonies and daily formations. They are responsible for the conduct, military smartness and competitive records of their units. The skills which the first class midshipmen develop this year will help them when they assume their leadership responsibilities in the Navy and Marine Corps following graduation.

One common denominator which binds the four years into a unit which will forever shape the life of an Academy graduate is the Honor Concept.

Established and administered by midshipmen, the Honor Concept is based on the principle that honorable individuals do not lie, cheat or steal. All midshipmen are expected to conduct their lives in accordance with the Honor Concept so that their decisions as midshipmen, naval officers and civilians reflect the highest levels of honorable conduct.

## THE CURRICULUM

With the aid of academic and military advisors, midshipmen design their own blend of the curriculum's three elements:

- Courses providing the professional and leadership skills required in the naval service.
- "Core" requirements in engineering, social sciences, natural sciences and the humanities to ensure breadth in education.
- Completion of a major program in an academic subject chosen by each midshipman to develop individual interests and talents in depth.

The Naval Academy offers major programs in 19 subject areas: eight in engineering; seven in sciences and mathematics, including computer science, as well as information technology, the most recent addition; and four in the humanities and social sciences. Seven of the engineering majors are accredited professionally by the Engineering Accreditation Commission of the Accreditation Board of Engineering and Technology.

Selected humanities and social science majors with excellent records are invited to enter the rigorous honors programs offered by the departments of Economics, English, History and Political Science.

Outstanding students also have the opportunity to engage in independent study and research during their senior year. Those selected as Trident Scholars carry a reduced formal course load so they can pursue a major research project and prepare a thesis. They are assisted by one or



more faculty advisors who specialize in the field of study.

A number of first class midshipmen who complete academic requirements early are encouraged to enroll in graduate classes at area universities. This Voluntary Graduate Education Program gives them the chance to graduate and receive commissions with their classmates, finish their graduate studies locally and then go to their first assignments with a master's degree.

All midshipmen undertake professional military training, beginning on the first day of Plebe Summer and continuing through first class year. This includes classroom studies, drills and practical training at the Naval Academy and with Navy and Marine Corps units during summer programs. Navigation, seamanship, tactics, naval engineering, weapons, leadership and military law are among the areas studied. To advance and graduate, midshipmen must pass professional competency examinations covering general knowledge and subjects related to their service selection.

The Naval Academy's physical education program complements academic and professional development of midshipmen. Instruction and training aim to develop individual skills and competitive spirit, life-long habits of physical fitness, and the capability to withstand physical hardship when necessary. All midshipmen must complete the four-year program which includes the Physical Readiness Test (twice annually), water survival, physical development, personal defense and lifetime carryover sports. Women participate in the same curriculum, including boxing, wrestling and judo.

## COMMISSIONING WEEK

Six days of parades, athletic events, colorful ceremonies, formal dances and receptions bring to a climax four years of challenging education and training.

One highlight of Commissioning Week is Color Parade. Each year, intra-brigade competition is conducted to determine which of the 30 companies stands highest overall on the basis of academics, intramural sports, professional drills and parade performance. During the parade, the color girl, who is selected by the Color Company commander, transfer the flags from the past Color Company to the new one.

The biggest social event of Commissioning Week is the ring dance for the second class midshipmen. An elegant formal affair, it is at this event that the midshipmen begin wearing their class rings.

First class midshipmen and their families attend the superintendent's garden party and reception, plus other social events. Athletic, academic and professional awards are presented in Alumni Hall. The evening before graduation, everyone is invited to attend the farewell ball.

On graduation day, friends and relatives gather with the midshipmen at Navy-Marine Corps Memorial Stadium. After the diplomas are presented and the oath of office is administered, the senior midshipman of the new first class leads three cheers for "those about to leave us." The graduates, led by the class president, reply with three cheers for "those we leave behind." On the last hooray of this cheer, the 1,000 graduates toss their midshipmen covers into the air. According to tradition, the honor of putting on the new Navy Ensign and Marine Corps Second Lieutenant shoulder devices is shared by mothers and Commissioning Week dates.

## NAVY BLUE & GOLD

**NOW, COLLEGES FROM SEA TO SEA  
MAY SING OF COLORS TRUE;  
BUT WHO HAS BETTER RIGHT THAN WE  
TO HOIST A SYMBOL HUE?  
FOR SAILORS BRAVE IN BATTLE FAIR,  
SINCE FIGHTING DAYS OF OLD,  
HAVE PROVED THE SAILOR'S RIGHT TO WEAR  
THE NAVY BLUE AND GOLD**

**FOUR YEARS TOGETHER BY THE BAY,  
WHERE SEVERN JOINS THE TIDE,  
THEN BY THE SERVICE CALLED AWAY  
WE'RE SCATTERED FAR AND WIDE;  
BUT STILL WHEN TWO OR THREE SHALL MEET  
AND OLD TALES BE RETOLD  
FROM LOW TO HIGHEST IN THE FLEET  
WE'LL PLEDGE THE BLUE AND GOLD.**



# NAVAL ACADEMY FACTS

## ANCHORS AWEIGH

"Anchors Aweigh" was written by Lt. Charles Zimmermann, Musical Director of the Naval Academy in 1906, with the lyrics provided by Alfred H. Miles of the Class of 1906, as a fight song for the 1907 graduating class instead of the usual class march Zimmermann had composed for previous classes. The song made its debut at the 1906 Army-Navy game, and when the Midshipmen won the game, the song became traditional at this game. It gained national exposure in the 1920s and 1930s when it was heard on the radio and was in a number of popular movies. In 1997 a one-hour documentary on the history of Navy football, titled "Anchors Aweigh for Honor and Glory", was produced by NFL Films. The film was deemed a success by both critics and fans alike.

## ANNAPOLIS

The capital of Maryland, Annapolis is the home of the Naval Academy. Annapolis is located 30 miles east of Washington, D.C. and 25 miles south of Baltimore.

## BANCROFT HALL

Named after former Secretary of the Navy George Bancroft, the Hall is home for the entire Brigade of Midshipmen. It contains 1,873 midshipmen rooms, nearly five miles of corridors and about 33 acres of floor space, making it one of the largest single dormitories in the world. All of the basic facilities midshipmen need for daily living, and many for recreation, are found in the Hall.



*Bancroft Hall*

## BAND

The Navy's oldest continuing musical organization, the Naval Academy Band was formed in 1852 with 13 musicians. Now numbering 63 members, the band includes the wind ensembles, rock band, big band, woodwind and brass quintets, tuba and trombone quartets and the percussion ensemble. The band provides musical support to the Brigade of Midshipmen in parades and performances, and entertains members of the Academy family and civilian community throughout the year.

## BILL THE GOAT

The first recorded use of a goat mascot for Navy athletic teams was in 1893 when an animal named El Cid (The Chief) was turned over to the Brigade by young officers of the USS New York. El Cid helped Navy to a 6-4 triumph over Army that year. Two cats, a dog, and a carrier pigeon have also enjoyed brief reigns as the Navy mascot, but goats have served without interruption since 1904.

Bill XXXI and XXXII are the current mascots. They are taken care of by 15 goathandlers made up of five midshipmen from the first, second and third classes. The goathandlers undergo rigorous training prior to handling Bill on the field.

## CO-ED

For many years, the Naval Academy was a male-only institution. But that changed when women were admitted in 1976. Today, 15 percent of the 4,000-member Brigade are women.

## DISTINGUISHED GRADUATES

- \* 1 President of the United States
- \* 2 Cabinet Members
- \* 1 Member of the Board of Governors of the Federal Reserve System
- \* 6 Ambassadors
- \* 19 Members of Congress
- \* 5 State governors
- \* 5 Secretaries of the Navy
- \* 1 Secretary of the Air Force
- \* 3 Chairmen of the Joint Chiefs of Staff
- \* 3 Vice Chairmen of the Joint Chiefs of Staff
  - \* 25 Chiefs of Naval Operations
  - \* 9 Commandants of the Marine Corps
  - \* 73 Medal of Honor winners
  - \* 2 Nobel Prize winners
  - \* 52 Astronauts
  - \* 39 Rhodes Scholars
  - \* 15 Marshall Scholars
  - \* 84 Olmsted Scholars
  - \* 23 Fitzgerald Scholars
  - \* 766 Burke Scholars

## ENTERPRISE BELL

From the bridge of the famed World War II aircraft carrier, it has been a part of the Naval Academy tradition since 1950. The late Admiral Harry W. Hill, then Superintendent, was instrumental in bringing the "E" Bell to Annapolis. It rings when the Academy observes Morning Colors and also during special ceremonies when Navy scores a majority of victories over Army in any one of the three sports seasons. The bell also rings during Commissioning Week for those teams that beat Army and have not participated in a previous bell-ringing during the academic year. The bell is stationed in front of Bancroft Hall.

## FLAG RANK

The term used for reaching the rank of Admiral or General, these nine former Navy football captains have earned that honor: Vice Admiral Edward E. Ewen, USN (captain of the 1919 and 1920 teams), Rear Admiral Magruder H. Tuttle, USN (1931), Rear Admiral James Reedy, USN (1932), Lt. General Louis B. Robertshaw, USMC (1935), Brigadier General Rivers Morrell, USMC (1936), Major General Phil Monahan, USMC (1954), Major General John Hopkins, USMC (1955), Rear Admiral Thomas C. Lynch, USN (1963) and Rear Admiral Rick Porterfield, USN (1972).

## GOKOKUJI BELL

The bell is an exact replica of the 1456 casting brought to this country by Commodore Matthew C. Perry following his expedition to Japan in 1854. The original bell, donated to the Naval Academy by Commodore Perry's widow, was returned by the Navy to the people of Okinawa in 1987. Like the original bell, the replica is rung to celebrate football victories over Army. The bell is stationed in front of Bancroft Hall.

## MIDSHIPMAN

The word midshipman first appeared in English in the 17th century in the form of the word midshipsman to designate those men who were stationed "amidships," i.e. in the waist or middle portion of the vessel, while on duty. By 1687, however, the second 's' had been dropped to give the current form of the word. Midshipmen were originally boys, sometimes as young as seven or eight, who were apprenticed to sea captains to learn the sailor's trade.

In the early days of the American Navy, midshipmen trained aboard ship until they were eventually commissioned as ensigns. With the founding of the Naval Academy in 1845, it became possible, as it still is, for a midshipman to enter the Navy directly from civilian life. The name of students at the Naval Academy changed several times between 1870 and 1902, when Congress restored the original title of Midshipman, and it has remained unchanged since.



*The Gokokuji Bell is an exact replica of the 1456 casting brought to this country by Commodore Matthew C. Perry following his expedition to Japan in 1854. Like the original bell, the replica is rung to celebrate football victories over Army.*

## NICKNAME

Navy's sports teams are referred to as the Midshipmen or Mids. The term "Middie" is inappropriate.

## N-STAR

Members of varsity teams who qualify for their varsity letter receive an N-Star if they participate in a victory over Army in any sport designated "Star" competition.

## SCHOOL COLORS

Navy adopted Navy Blue and Gold as its colors back in 1892. At that time, each class at the Naval Academy had class colors. The Class of 1890 first used Navy Blue and Gold. In 1892, the minutes from the Naval Academy Auxiliary Athletic Association meeting reported, "The Committee reported favorable results of a conference with Naval Cadets as to the probability of adoption of Navy Blue and Gold as Academy colors."

## TECUMSEH

The familiar Native American figurehead facing Bancroft Hall and Tecumseh Court has been an Annapolis resident since 1866. Originally, the figurehead of the USS Delaware was meant to portray Tamanend, the great chief of the Delawares. It developed that Tamanend was a lover of peace and did not strike the fancy of the Brigade. Looking for another name, Midshipmen referred to the figurehead as Powhatan and King Philip before finally settling on Tecumseh, the fierce Shawnee chieftain who lived from 1768-1813. The original wooden statue was replaced after some 50 years in the open weather by a durable bronze replica, presented by the Class of 1891. Before Army-Navy competition in any sport, Tecumseh gets a fresh coat of war paint. He is also the target of left-handed salutes and a shower of pennies offerings for victory.

## VARSITY ATHLETICS

In keeping with the mission of the Naval Academy, 30 varsity sports—21 for men and nine for women—are offered for midshipmen.

## VICTORIES

With 599 all-time wins, Navy is 28th among Division I-A schools. Navy's all-time football record is 599-498-57, for a winning percentage of .544.

## THE YARD

The Yard, as the Naval Academy campus is called, features tree-lined brick walks, French Renaissance and contemporary architecture and scenic vistas of the Chesapeake Bay. The Bancroft Hall dormitory complex, the Cathedral of the Navy and other 82-year-old buildings make the Academy a National Historic Site.

# CHET GLADCHUK

## DIRECTOR OF ATHLETICS



In four years on the job, Naval Academy Director of Athletics Chet Gladchuk has overseen a renaissance of Navy athletics.

Last fall, the Navy football team completed one of its most successful seasons in school history as the Midshipmen recorded a 10-2 record, won the Commander-In-Chief's Trophy for the second-consecutive year and won the Emerald Bowl. The 10 wins equaled the most in school

history and were the most wins in 99 years, while it was just the second time in school history that Navy has won the Commander-In-Chief's Trophy two-straight years. Navy ended the year ranked 24th in the country in both polls, marking the first time since 1978 that the Midshipmen finished the year ranked in the top 25. Head coach Paul Johnson was named National Coach of the Year by the Bobby Dodd Foundation.

The football team wasn't the only successful squad at the Naval Academy as Navy athletic teams won 62 percent of their contests (284-174-6) during the 2004-05 academic year. Twelve Midshipmen garnered All-America honors, while six different teams won conference championships. The rifle (fifth at the NCAA Championship), wrestling (33rd at the



NCAA Championship) and lacrosse teams (NCAA Quarterfinals) joined the football squad in bringing national recognition to the Naval Academy. Two Navy athletic teams performed in front of record crowds as the football team drew a school record 186,099 fans to Navy-Marine Corps Memorial Stadium, while the lacrosse team ranked No. 1 in the nation in averaged attendance (6,526). Navy athletics was also successful in the classroom, ranking No. 1 in the country in the NCAA's Academic Progress Report among the 117 schools with Division IA football programs. Navy was No. 7 overall out of 328 Division I institutions and first among the three service academies. Gladchuk was able to parlay Navy's athletic success into an exclusive television deal with College Sports Television that will significantly increase Navy's television exposure over the next five years. CSTV, the first 24-hour college sports network, will televise every Navy home and select neutral site football games (excluding Notre Dame and Army which will be televised nationally by CBS), as well as other Navy men's and women's athletic events, original programming and documentaries centered around the storied Navy athletic program starting next fall. The long-term multi-media agreement includes internet streaming, broadband and video-on-demand rights and high definition rights starting in 2006. A major part of the agreement was that all home football games would be played on Saturday for the convenience of the Navy Alumni.

Gladchuk also added radio giant WBAL (1090) in Baltimore to Navy's radio network. WBAL Radio, which is also the voice of the Baltimore Orioles, is Maryland's dominant and most powerful radio station. Since 1925, generations of Marylanders have turned to WBAL Radio for news, weather, thought-provoking discussions and sports. As Maryland's only 50,000-watt AM station, WBAL's signal travels substantially further than any other station in the state.

Since being introduced as the Academy's 28th Director of Athletics on Sept. 4, 2001, Gladchuk has hit the ground running. From the hiring of Paul Johnson as head football coach to the renovation of Navy-Marine Corps Memorial Stadium, Gladchuk has

### 2004-05 NAVY ATHLETICS: A SEASON TO REMEMBER

#### OVERALL RECORD

284-174-6 (.623)

#### N-STAR RECORD VS. ARMY

12-9-1 (.568)

#### 12 ALL-AMERICANS

#### FOUR ACADEMIC ALL-AMERICANS

#### EIGHT CONFERENCE ATHLETES OF THE YEAR

#### ONE NATIONAL COACH OF THE YEAR

Paul Johnson-Football

#### FIVE CONFERENCE COACHES OF THE YEAR

#### SIX CONFERENCE CHAMPIONSHIPS

#### NATIONAL HONORS

Ranked No. 1 in the nation among all Division IA Schools in the APR

Football-Emerald Bowl Champions, ranked 24th in the nation

Rifle-Fifth at the NCAA Championship

Wrestling-33rd at the NCAA Championship

Lacrosse-Advanced to the Elite Eight

made improvements in several key areas that will prove more success on the athletic fields for years to come.

In Gladchuk's first-four years at the Naval Academy, he has seen Navy teams win 59 percent of their contests. The baseball, lacrosse (twice), women's soccer, men's swimming & diving (twice), men's indoor track & field (twice), women's outdoor track & field, golf, women's soccer (three times), rifle (four times), sprint football (three times), women's crew and water polo (twice) teams all have won conference titles over the past four years, while the baseball, golf, lacrosse (twice), rifle (four times), women's soccer, men's swimming & diving and water polo teams have advanced to the NCAA Tournament during his tenure at the Academy. In addition, the football team has gone to two bowl games.

Gladchuk has also worked tirelessly to bring back school spirit, working in conjunction with school officials to encourage midshipmen to attend events for all sports.

Gladchuk immediately embraced the local community and alumni base, and is an often-requested speaker. His regular 'Ask the AD' column on navysports.com is one of the most popular features on Navy's internet site.

Gladchuk's biggest impact on the Academy in his first year was the hiring of Paul Johnson as a head football coach. Johnson came to the Naval Academy from Georgia Southern where he posted a 62-10 (.861) record, won two-straight I-AA National Championships (1999 and 2000) and was named the Division I-AA National Coach of the Year four-consecutive times (1997-2000).

After hiring Johnson, Gladchuk set his sights on Navy-Marine Corps Memorial Stadium where he completely refurbished the football stadium over a four-year time frame. The addition of 6,500 permanent seats on the sidelines and in the end zones, luxury boxes, dropping the field eight feet and moving the sidelines closer, two video scoreboards, a memorial plaza, upgraded restroom and concession

areas, a perimeter walking path, new lighting, a new sound system, landscaping the grounds and storm water management highlight the list of renovations. Gladchuk has worked closely with the city, county, state and neighborhood associations to ensure proper communication and sensitivity to issues that benefit both the NAAA and community at large.

Gladchuk and the NAAA were awarded the Green Star award by Annapolis Mayor Ellen Moyer for commitment to the environment during the ongoing renovation of Navy-Marine Corps Memorial Stadium.

Other highlights of Gladchuk's tenure at the Naval Academy include the renegotiation of the Army-Navy contract through 2009 which will bring over \$25 million to the two schools over the six games, scheduling Maryland and Notre Dame at M&T Bank Stadium in Baltimore to promote Navy football in the community and negotiating the extension of the Navy-Notre Dame football game television contract with CBS through 2008.

Gladchuk is also Chairman of the Executive Committee in the Patriot League and is on the NCAA Olympic Sport Liaison Committee.

Gladchuk came to the Naval Academy from the University of Houston, where he had been the Director of Athletics since July 18, 1997. Recognized as one of the nation's top leaders in intercollegiate athletics management, he guided the Cougars to 19 Conference USA Championships, while making significant strides in the academic success of their student-athletes, gender equity and fiscal management.

Gladchuk came to Houston after serving more than seven years as the Director of Intercollegiate Athletics, Intramurals and Recreation at his alma mater, Boston College. Under Gladchuk, Boston College emerged as one of the NCAA's elite programs of the 1990s. The school's graduation rate for all student-athletes was over 90 percent and the Eagles won the College Football Association's Academic Achievement Award for the highest graduation rates among all Division I schools in three of his last five years at Boston College.

Prior to rejoining Boston College, Gladchuk served as AD at Tulane University from 1987-90. During his tenure, he directed the reinstatement of the Green Wave basketball program to Division I status. In addition, he oversaw the construction of new facilities for the athletics administration as well as baseball, track and field and tennis teams after a \$25 million athletics campaign was successfully completed.

From 1985-87, he served as Associate AD at Syracuse University, heading operations, NCAA compliance, financial aid and facility operations. Gladchuk lettered in football at Boston College and graduated with honors in business management in 1973. He earned a master's in sports administration from the University of Massachusetts-Amherst in 1974, where he began his career in intercollegiate athletics, including serving for seven years as Director of General Physical Education, Assistant and Associate Athletic Director for the university. He also has served as Director of Athletics and head football coach for the New Hampton (Prep) School in New Hampshire prior to leaving for UMass.

He and his wife, Kathy, have four children: John, a graduate of Loyola Marymount; Katie, a graduate of Boston College; Christie, a graduate of Trinity and Julie, who is a junior at North Carolina and a member of the women's lacrosse team.

## PAST ATHLETIC DIRECTORS

Harris Laning 1895	1910-12
Arthur P. Fairchild '01	1912-15
Charles Earle Smith '03	1915-17
William F. Halsey Jr. '04	1917-18
Douglas L. Howard '06	1918-23
Byron McCandless '05	1923-25
Jonas H. Ingram '07	1925-30
Henry D. Cook Jr. '03	1930-31
John W. Wilcox Jr. '05	1931-34
Robert C. Giffen '07	1934-37
Ernest W. McKee '08	1937-40
Thomas S. King II '11	1940-42
Harvey E. Overesch '15	1942
Lyman S. Perry '20	1942-43
John E. Whelchel '20	1943-44
Harles O. Humphreys '22	1944-46
Edmund B. Taylor '25	1946-48
Thomas J. Hamilton '27	1948
Henry H. Caldwell '27	1949-51
Ian C. Eddy '30	1951-54
Charles Elliott Loughlin '33	1954-57
Slade Cutter '35	1957-59
Asbury Coward '38	1959-62
William S. Busik '43	1962-65
Alan R. Cameron '44	1965-68
J. O. Coppedge '47	1968-88
Jack Lengyel	1988-2001
Chet Gladchuk	2001-present


# BEAT ARMY!

At the Naval Academy, beating Army is important. Plebes yell "Beat Army!" in Bancroft Hall, "Beat Army" is on every weight in the Naval Academy weight room and alums and fans alike scream "Beat Army!" at the end of Blue & Gold, the Naval Academy alma mater.


Navy has dominated Army over the last 30-plus years, posting a winning record against the Black Knights 31 of the last 34 years and winning the N-star series nine-consecutive years.

Over the past eight years the Midshipmen have won 67 percent of all athletic contests played against West Point, including an astounding 70 percent of all N-Star contests.


2004-05 Record Against Army .....14-16-1 (.468)  
2004-05 N-Star Record Against Army .....12-9-1 (.568)  
Eight-Year Record Against Army .....166-80-5 (.671)  
Eight-Year N-Star Record Against Army. ....120-49-5 (.704)



*Taj Mathews closed out his career against his arch rival by scoring a career-high 26 points and leading Navy to an 84-69 Star Game victory over Army, Navy's 12th in the last 13 played. Mathews broke the Navy record for most three-pointers made (6) and attempted (14) in an Army-Navy contest.*



*Navy defeated Army in the outdoor season in dramatic fashion with the meet decided by the final event of the day. The 4x400-meter relay team defeated the Black Knights by four seconds and anchorman, plebe William Ricks, captivated the audience with a salute as he ran through the finish line.*



*Aubra Thomas has yet to lose an individual or relay race against Army, putting together a two-year 6-0 individual mark to go along with a 2-0 relay record. Thomas claimed wins last season in the 100 and 200-yard breaststroke events, along with the 200-yard individual medley. The victory over Army extended Navy's win streak to 16 straight over the Black Knights.*



*Led by the senior class, the Navy rifle team captured its 12th-consecutive N-Star against Army. Matt Albright, the recipient of Navy's 2005 Sword for Men, was the Mids' highest scorer in both the smallbore (587) and air rifle (586).*

## MIDSHIPMEN IN THE COMMUNITY

One of the challenges we continue to face is helping our children understand the importance of education and helping them realize that lofty goals are attainable. With an increasing number of collegiate athletes dropping out of school early to pursue lucrative contracts in the professional arena, we are left with the question "who are our children's role models?"

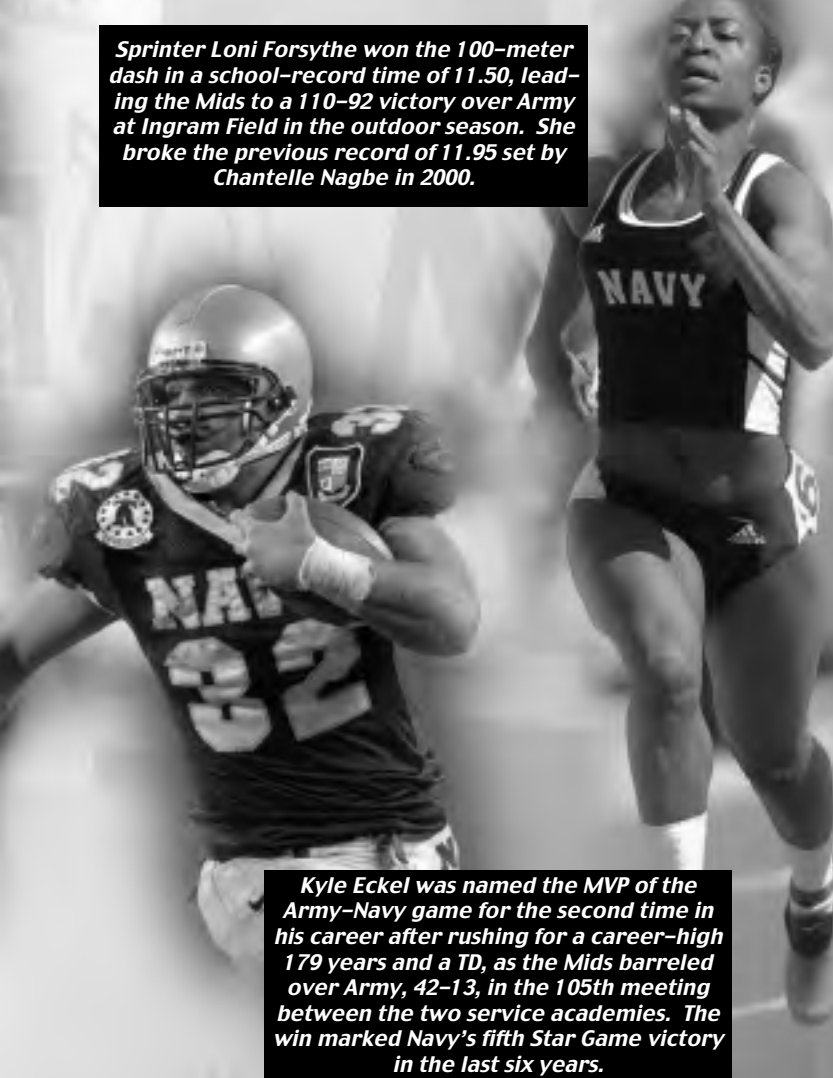
At the United States Naval Academy, the Midshipmen have to balance the rigorous requirements of education, athletics and basic military training. With Navy athletes competing at the Division I level, the demands of their sports heighten the importance of maintaining solid grades. Navy is one of the few Division I schools in which all athletes must meet stringent academic expectations. This is what makes our Midshipmen such tremendous role models, successfully maintaining that balance between athletics and academics at a highly competitive level.

The Naval Academy Athletic Association works with local schools to expose youth to the Midshipmen, with the hope of providing a lasting impression.

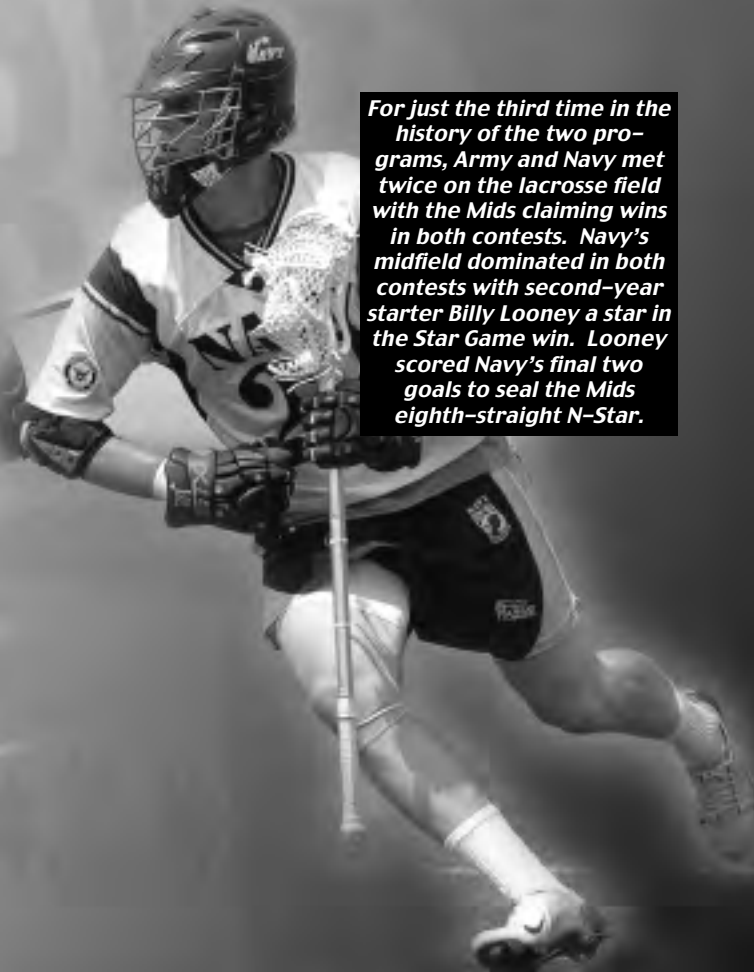
Typically, in assembly style, the Midshipmen speak to the students about life at the Academy, the experiences of competing in Division I athletics and what they've learned while at Navy, in addition to answering the multitude of questions that the students have.



*Sprinter Loni Forsythe won the 100-meter dash in a school-record time of 11.50, leading the Mids to a 110-92 victory over Army at Ingram Field in the outdoor season. She broke the previous record of 11.95 set by Chantelle Nagbe in 2000.*



*Kyle Eckel was named the MVP of the Army-Navy game for the second time in his career after rushing for a career-high 179 yards and a TD, as the Mids barreled over Army, 42-13, in the 105th meeting between the two service academies. The win marked Navy's fifth Star Game victory in the last six years.*



*For just the third time in the history of the two programs, Army and Navy met twice on the lacrosse field with the Mids claiming wins in both contests. Navy's midfield dominated in both contests with second-year starter Billy Looney a star in the Star Game win. Looney scored Navy's final two goals to seal the Mids eighth-straight N-Star.*

# TRACK & FIELD FACILITIES



## HALSEY FIELD HOUSE

(LEFT) Completed in 1957, and newly renovated in 2003, the 80,000-square foot Halsey Field House is the home of Navy men's and women's indoor track and field teams.

Halsey boasts squash and tennis courts, a 5,000-spectator basketball court, a 200-meter MONDO track and a display of sports trophies.

The field house proper is 200 feet wide, 370 feet long and is sheltered by a 70-foot high roof. The main floor is surrounded a running track.

The North Wing houses the multi-purpose gymnasium in which five basketball courts are installed. In addition, the wing houses five squash courts, dressing room facilities, a conditioning room, classrooms for physical education, athletic gear storage and office space for instructors.

The field house was named after Fleet Admiral William (Bull) Halsey Jr., a 1904 Naval Academy graduate and a World War II Naval hero.

## INGRAM FIELD

(BELOW) The all-weather MONDO track located northeast of Michelson Hall and Chauvenet Hall is the site of Navy's outdoor track and field meets. Considered to be one of the premier facilities in the United States, it is named in honor of Vice Admiral Jonas H. Ingram, who commanded the U.S. South Atlantic Fleet during World War II. He was also the Naval Academy Director of Athletics from 1925-1930.

The track underwent a complete overhaul in the fall of 2001, with new all-weather surfacing placed on the quarter-mile oval and jump areas.

