

# Registration Information

To register for diving camp, please fill out application form and enclose a \$100.00 deposit fee payable to: Navy Diving Camp.

Joe Suriano - Diving Coach  
Lejeune Hall  
U.S. Naval Academy  
Annapolis, MD 21402

## Typical Daily Schedule

7:00 am	Wake - up.
7:30 am	Breakfast
8:00 am	Stretch out and warm up.
8:30 - 12:00 noon	Trampoline & dry land board spotting in overhead spotting apparatus. One meter, three meter and platform diving (for those who wish) - line-ups and lead ups.
12:00 noon	Lunch & rest.
1:30 - 4:00 pm	Diving- one meter, three meter, platform. We emphasize optional dives in the afternoon session.
4:00 pm	Day camp departs.
6:00 pm	Dinner
7:00 pm	Organized recreation
10:00 pm	Lights out, quiet.

# 2008 Navy Diving Camp

**Dates** June 22, 2008  
through  
June 28, 2008

### Location

United States Naval Academy  
Annapolis, Maryland

### Director

Joe Suriano  
Navy Diving Coach  
United States Naval Academy

### Application and Fees

Please fill out the application which must be completed in full. A \$100.00 deposit fee is required with the application. Please make checks payable to: Navy Diving Camp.

No phone reservations will be accepted. If cancellation is necessary, notification must be given within one week of session start for a total refund, minus the application fee. If you prefer, you may use Master Card or Visa to pay for camp.

Camp is on a first come basis. Upon receipt of your application and fee, you will receive a letter of confirmation with additional camp information.

### Travel

We provide ground transportation to and from BWI airport and the BWI Amtrak Station. If you desire airport or train pick-up and delivery, please send a written itinerary - I will get back by phone to confirm.

### Check-in/ Check out

#### Over-nighters

Check-in is on June 22, Sunday afternoon from 4-6:00pm at the Navy-Marine Corps Stadium (North end zone ticket office). Please inform camp staff if you will require early check-in.

#### Day-campers

Check-in for day campers is Monday morning at 7:45am on June 23, at the Navy-Marine Corps Stadium (North end zone ticket office).

Camp check-out is after 12:00 noon on Saturday, June 28, at Lejeune Hall.

For more information or questions, please contact Coach Suriano at (410) 293-2970  
or e-mail: [suriano@usna.edu](mailto:suriano@usna.edu)  
or at our website: [www.navydivingcamp.com](http://www.navydivingcamp.com)

N.A.A. Summer Camps  
Navy Diving Camp  
566 Brownson Rd. Ricketts Hall  
U.S. Naval Academy  
Annapolis, MD 21402

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# 2007 Navy Diving Camp



June 22, 2008  
through  
June 28, 2008

Conducted by  
U.S. Naval Academy  
Head Diving Coach  
Joe Suriano

[www.navydivingcamp.com](http://www.navydivingcamp.com)

Sponsored by NAAA

# 2008 Navy Diving Camp Highlights

# About the Camp Director

# Application

# Medical Information

## Facilities

The Lejeune Hall Diving Complex is one of the finest, most complete teaching and training centers for springboard and platform diving in the world. The facilities include: two one-meter springboards: two three-meter springboards (maxi-cheese boards mounted on concrete) one, five, seven and ten-meter platforms; bubbler system under every level: overhead spotting apparatus over three areas - trampoline, dry land board with port-a-pit and over-the-water one-meter springboard: separate diving well: 15'-17' deep: full nautilus weight room; sauna: training room; and full audio-video equipment with giant professional -size screen for film analysis.

## Training Program

The Navy Diving Camp will provide a fun and exciting learning and training situation for divers of all levels and abilities. Beginning divers are welcome. Divers will train two sessions per day. The morning session will include: trampoline spotting, stretch and exercise program, springboard and platform diving for those who wish. The afternoon and evening sessions will emphasize springboard and platform diving. Lectures, discussions on techniques, methods and history will be presented in the classroom, along with diving movies of camp, National and Olympic Diving Competition.

## Housing

Out of town divers who request housing will stay in Bancroft Hall, the dormitory of the U.S. Naval Academy. Divers are requested to bring their own sheets and blankets for a single bed. Divers will be roomed two, three or four per room. Accommodations are excellent. Mature, experienced male and female chaperones provide supervision in the hall and provide fun evening recreational programs.

## Meals

Breakfast, lunch and dinner are provided to out of town divers in King Hall — the U.S. Naval Academy dining hall. Lunch will be provided to day campers. Snack and juice machines are located in diving camp area. Approximately \$30 per week will be needed for snacks and miscellaneous expenses. (Over night campers)

## Rules and Regulations

Upon arrival, each diver will be provided with the rules. While the aim of the camp is to accommodate divers with an enjoyable and worthwhile experience, the right is reserved to send home any diver who does not conduct himself/herself in a favorable manner.

## Enrollment

The day camp is open to divers who are eight years of age and older. The over night camp is open to divers who are 12 years and older. Divers of all levels and abilities are welcome. NCAA rules allow graduated High School seniors to attend camp.



## Navy Head Coach/Camp Director Joe Suriano

- Navy Diving coach for 30 years
- Coach at the 1996 U.S. Olympic Trials
- Past U.S. National Team Coach
- Coach at the 1999 World Military Games, Zagreb, Croatia
- Past-chairman of the NCAA Diving Rules Committee

- Official at the 1995 World University Games, Fukuora, Japan
- Official at the 1995 World Military Games, Rome, Italy
- Developed numerous NCAA All-Americans, NCAA Champions and members of the U.S. Olympic Team

## University of Iowa Head Coach Bob Rydze

- Team Leader - 2008 U.S. Olympic Diving Team
- University of Iowa Diving Coach for 32 years
- US Diving Team Leader, 2005 World Diving Championships, Montreal Canada
- One of five members of US Diving Committee for Olympic Success
- Named US Diving National Team Coach - Super Grand Prix, Vera Cruz, Mexico, 2005
- Coach of six divers to 16 All-America Honors including NCAA Champion Randy Ableman
- Coach of three Olympic divers- Ableman (U.S.), Ricardo Camacho (Spain) and Tomasz Rossa (Poland)
- Coach of the 1983 & 1993 World University Games
- Brother, Dick Rydze, was a Silver Medallist on platform at the 1972 Olympic Games

## Richard Kimball - "The Legend"

- US Diving International Chairman 2000-2005
- 2004 Team Leader/US Olympic Team - Athens, Greece
- 2003 Team Leader/UD Diving Team USA - Barcelona, Spain
- Coach of four US Olympic Teams, three Olympic Champions
- Former diving coach at the University of Michigan for 43 years
- Two-time NCAA Diving Champion, countless NCAA All-Americans
- Recognized around the world as one of our nations greatest diving coach

## Day Campers

Diving camp starts on Monday at 8:00 a.m. and ends at 4:00 p.m., Monday-Friday. Saturday camp ends at 12 noon. Lunch will be provided for day campers.

## T-Shirts

All campers will receive an official Navy Diving Camp t-shirt.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Telephone ( \_\_\_\_\_ ) \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

Overnight Camper  Day Camper

Parent/Guardian's Name \_\_\_\_\_

Daytime Telephone \_\_\_\_\_

Evening Telephone \_\_\_\_\_

## Check one:

June 22-28 overnight \$700.00

June 23-28 day camp \$500.00

T-Shirt Size: \_\_\_ XL \_\_\_ L \_\_\_ M \_\_\_ S

## Method of Payment

Amount Enclosed \_\_\_\_\_

Check # \_\_\_\_\_

**\*Make checks payable to Navy Diving Camp  
Federal Tax ID# 52-0613699**

If you prefer to use a credit card, please go online to:  
[www.navy sports.com](http://www.navy sports.com) and then click on sports camps.

Return completed application and deposit to:

**Navy Diving Camp  
566 Brownson Road – Ricketts Hall  
U.S. Naval Academy  
Annapolis, MD 21402**

Applicant's Name \_\_\_\_\_

(Please print)

## Medical Treatment Authorization

I/We being the legal guardians of the above applicant authorize the Navy Diving Camp and its agents permission to request medical treatment as necessary to insure the well being of the applicant.

\_\_\_\_\_  
(Parent or Guardian Signature) (Date)

## Insurance

Coverage for accidental injury is required by all participants. Please complete the health care information below.

Health Insurance Carrier: \_\_\_\_\_

Policy Number: \_\_\_\_\_

*I approve of my child's attendance at the Navy Diving Camp and certify that he/she is in good health and able to participate in the program activities. I (am/am not) attaching a statement explaining special physical limitations and/or required medication. Please indicate if your child suffers from allergies, asthma, diabetes, restricted activities, etc. In further consideration of the Navy Diving Camp accepting this application, I/we hereby agree to save and indemnify and keep harmless the Navy Diving Camp, its agents and employees against any and all liability, claims, judgements or demands for damages arising as a result of injuries sustained by the applicant during or as a result of any course given the applicant of the Navy Diving Camp*

\_\_\_\_\_  
(Parent or Guardian Signature) (Date)

**Please include a  
copy of medical  
insurance card  
with application.**