

2006 NAVY GYMNASTICS

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QUICK FACTS NAVAL ACADEMY

Location	Annapolis, Md.
Founded	October 10, 1845
Enrollment	4,000
Nickname	Midshipmen or Mids
Colors	Navy Blue and Gold
Conference	ECAC
Facility	Macdonough Hall
Superintendent	Vice Adm. Rodney P. Rempt, USN
Commandant	Capt. Bruce Grooms, USN
Director of Athletics	Chet Gladchuk
Web Page	www.navysports.com

GYMNASTICS STAFF

Head Coach	Dr. Sho Fukushima (Washington, 71)
Assistant Coach	Craig Holt (Syracuse, 95)
Gymnastics Office Phone	(410) 293-5552
Athletic Trainer	Joe English
Officer Representative	Cmdr. Kevin J. Ronan, MC, USN
Faculty Representative	Capt. Glenn Gottschalk, USN

SPORTS INFORMATION

Ricketts Hall, 566 Brownson Road
Annapolis, MD 21402

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Sports Information Director	Scott Strasemeier
Associate SID	Stacie Michaud
Assistant SID	Justin Kischefsky
Assistant SID	Chris Forman

Date	Opponent	Time
Jan. 14	Navy Open	3 p.m.
Jan. 27	at West Point Open - Team & All-Around	7 p.m.
Jan. 28	at West Point Open - Individual Event Finals	7 p.m.
Feb. 4	at James Madison Invitational	7 p.m.
Feb. 11	Army	6 p.m.
Feb. 18	at All-Academy Championship#	12 p.m.
Feb. 25	at MIT	1 p.m.
March 4	William & Mary	3 p.m.
March 11	Temple	1 p.m.
March 25	ECAC Championship - Team & All-Around	3 p.m.
March 26	ECAC Championship - Individual Event Finals	3 p.m.
April 6	at NCAA Qualifying Meet^	1 p.m. / 7 p.m.
April 7	at NCAA Championship - Team & All-Around^	7 p.m.
April 8	at NCAA Championship - Individual Event Finals^	7 p.m.
April 13	at USA Collegiate Championship*	7 p.m.
April 14	at USA Collegiate Championship - Team & All-Around*	6:30 p.m.
April 15	at USA Collegiate Championship - Individual Event Finals*	6 p.m.

Home events in **bold italics**

Laguna Beach, Calif.

^ Norman, Okla.

* Ithaca, N.Y.

2005 RESULTS (7-7)

Date	Opponent	Results (Team score)
Jan. 15	Navy Open	First of Four Teams (202.95)
Jan. 21	at Penn State/Temple	Third of Three Teams (203.5)
Jan. 28	at West Point Open	Seventh of 12 Teams (203.0)
Feb. 5	at James Madison Invitational	Second of Three Teams (204.2)
Feb. 12	All-Academy Championship	Second of Three Teams (206.4)
Feb. 19	at Army (Star Meet)	L, 212.9-206.2
Feb. 26	Springfield/Illinois-Chicago	First of Three Teams (206.95)
March 6	at William & Mary	L, 209.8-204.1
March 19	at Temple	L, 211.6-207.4
March 25	at ECAC Championship!	Fifth of Eight Teams (202.25)
April 7	at NCAA Qualifying Meet@	Six Individuals Competed
April 9	at NCAA Individual Event Finals@	Brandon Cook competed in FX
April 15	at USA Collegiate Team Championship#	Second of Six Teams (208.25)

Home matches in **bold italics**

!-Springfield, Mass.

@-West Point, N.Y.

#-Ithaca, N.Y.



DR. SHO FUKUSHIMA

15TH YEAR AT NAVY • WASHINGTON '71

Dr. Sho Fukushima, a tenured professor in Physical Education, has guided the Navy gymnastics program for the past 14 seasons with class, honor and dignity.

The numbers -- both academically and athletically -- that have been produced during Fukushima's tenure speak for themselves.

In the classroom, Fukushima has produced 12 Academic All-Americans, and in the athletic arena, he has coached 22 NCAA regional qualifiers, including six in

the 2005 season.

When I first arrived at the Naval Academy 14 years ago, there was no organization at all in the program, Fukushima said. I was determined to change everything in the program and have it fit my liking. It took nearly three years, but I was finally able to blend Midshipmen who excelled in the classroom and in the athletic arena.

The accomplishments of his athletes at Navy has also brought

him much deserved individual recognition as well.

In 1997-98, 1999-00 and 2004-05, Fukushima was named Coach of the Year by the National Association of Collegiate Gymnastics Coaches (NACGC) and was named Men's Team Coach of the Year by USA Gymnastics. He was also named East Region Coach of the Year by the coaches' association.

The individual awards are nice, but what is special when some of my former gymnasts have returned and finally thanked me for what I was able to do for them when they were here, he added. That is what makes coaching special.

Fukushima came to Navy in 1992 after coaching in several places around the world.

He began his gymnastics career in Japan and moved onto other places, including the Montreal Olympics and the Verna World Championships. He has coached five Olympians and five USA National Team members. He has also published two books on gymnastics in Sweden and England, in addition to writing numerous articles in Europe, Japan and the United States.

Fukushima graduated from Washington with a B.A. and M.S., and completed his Ph.D. at California in 1984. He earned the Pac-8 Conference Scholar-Athlete-of-the-Year award in 1971, while also achieving All-America status. He was Pac-10 Coach of the Year at California three times (1984, 87, 89) and was also NCAA Western Region Coach of the Year in 1980.

ACADEMIC SUCCESS

The Navy gymnastics team placed seventh in the 2005 National Academic Team rankings announced by the College Gymnastics Association. In addition, four Midshipmen gymnasts were recognized as All-America Scholar-Athletes.

As a team, the Mids posted a 3.114 grade point average, behind team champion Stanford (3.403), Vermont (3.379), Springfield (3.301), M.I.T. (3.223), Illinois-Champaign (3.163) and William & Mary (3.118).

This is a tremendous accomplishment for our program, stated head coach Sho Fukushima. I hope to have created an environment within our gymnastics team that strives to be great gymnasts and students.

Juniors Sean Blackman and Matt Beaudette, and sophomores Isaac Olson and David Ferris earned 2005 All-America Scholar-Athlete honors by the CGA. To become an All-America Scholar-Athlete, the student-athlete must maintain a 3.50 grade point average and post a minimum NCAA gymnastics score of 8.0 during the 2004-05 academic year.

Blackman, who posted a 3.930 grade point average in aerospace engineering, received All-America Scholar-Athlete status for the second time in as many years with Navy. In just his sophomore season at Annapolis, Blackman won the still rings event at the USA Collegiate Championship back in April. Blackman posted a season-best 9.625 outing on the still rings at the NCAA qualifying meet.

Beaudette earned his first honor after posting a 3.763 grade point average in economics. The junior set new career-highs in the pommel horse, still rings, parallel bars and high bars in his second year with Navy. Beaudette scored a career-high 8.45 in the high bar to assist Navy to a win over Springfield and Illinois-Chicago.

Olson and Ferris each corralled All-America Scholar-Athlete honors in their first year on The Yard. Olson earned a 3.500 grade point average in economics, while primarily competing in the parallel bars and high bars in his freshman season. Ferris registered a 3.500 grade point average in systems engineering in addition to contending in the floor exercise and high bar events as a freshman.

NICHOLAS SCHMITZ NAMED A RHODES SCHOLAR

Navy men's gymnastics senior team manager Nicholas Schmitz (Bethesda, Md.) was named as a recipient of a 2006 Rhodes Scholarship, announced in November by the Rhodes Trust selection committee. Schmitz is one of four Midshipmen and 32 American college students to receive the scholarship.

Schmitz, a four-year member of the men's gymnastics squad, became the second Navy student-athlete in as many years to earn a Rhodes Scholarship. Trevor

Thompson, last year's captain of the Navy baseball team, was recognized as a Rhodes Scholar in 2005.

"I am very proud of him," stated Navy gymnastics head coach Sho Fukushima. "Nicholas is an extremely well-rounded individual who embodies the mission of the Academy. He has done a tremendous amount of work during his career."

The Bethesda, Md., native is a double major in political science and economics, with a minor in Japanese. Schmitz ranks at the top of his class with a 3.95 cumulative grade point average, as well as fifth overall in military order of merit. In addition, Schmitz also serves on the Brigade Staff as 1st Regimental Commander.

Rhodes Scholarships provide two to three years of study at the University of Oxford in England. Rhodes Scholars are chosen based on high academic achievement, integrity of character, a spirit of unselfishness, respect for others, potential for leadership and physical vigor.

Schmitz plans to study political theory at Oxford, then will return to the Marine Corps as a 2nd Lieutenant.



ASSISTANT COACH CRAIG HOLT

SEVENTH YEAR AT NAVY • SYRACUSE '95



Entering his seventh year at the Naval Academy, Craig Holt brings a wealth of experience in the sport of gymnastics as a former athlete and assistant coach.

Navy is a program built on maximizing individual achievement for the good of the team's success, Holt said. As a team, our training is intense, consistent and scientific. This model helps us develop a strong base of physical gymnastics skill, mental preparation and a strong character.

During the summer of 2005, Holt coached the United States team in the 2005 Maccabiah Games in Israel. Holt guided the United States to a second-place team finish with gold medal performances in the floor exercise and pommel horse. In addition to his coaching duties, Holt also served as a judge at the Maccabiah Games.

Holt came to the Academy after serving as an assistant coach for one season at William & Mary and two years at his alma mater, Syracuse.

Holt's commitment to the Navy program in and out of the gym was recognized in 2003 as he was named the ECAC Assistant Coach of the Year.

I would like all of our athletes to leave the Naval Academy knowing that they have the tools to not only meet, but exceed all that is expected of them, he added. They should have a strong sense of confidence and accomplishment as they begin their careers.

As a gymnast, Holt was an NCAA finalist on the rings in 1994. He is a 1995 graduate of Syracuse, where he earned a degree in physical education. Holt earned his master's degree in exercise physiology from Syracuse in the summer of 2002.

SUPPORT STAFF



**Cmdr. Kevin J. Ronan,
MC, USN**
Officer Representative



**Capt. Glenn
Gottschalk, USN**
Faculty Representative



Joe English
Athletic Trainer



Carl Tamulevich
Associate Athletic Director



2006 OUTLOOK



Ben Peterman

In 2005, the Navy gymnastics team saw six of its own compete at the NCAA Qualifying Meet with one advancing to the national championship. Also, the Midshipmen rounded out season with its second-consecutive second-place finish at the USA Collegiate Championship. Anchoring that finish at last year's final meet were six All-America gymnasts.

This year, Navy returns all but one of its members from last season, as well as a full compliment of freshmen that look to come in and produce immediately for the Midshipmen.

I think we are definitely better than we were last year, stated head coach Sho Fukushima. We only lost one senior and have newcomers that can add scores in several different events.

Leading the Midshipmen returning cast in 2006 is senior Ben Peterman. The senior ended the 2005 season with All-America honors in the all-around, floor exercise and high bar at the USA Collegiate Championship. During his junior season, Peterman ranked as high as 19th nationally in the all-around. Peterman competed at the NCAA Qualifying Meet in the pommel horse in 2004-05 and all-around in 2003. Two seasons ago, Peterman earned All-America distinction on the pommel horse.

He has been a leader for us in the gym and in competitions, said Fukushima. Ben has improved during the offseason and we are very happy and excited.

Fellow senior Grant Regelin also provides solid all-around scoring for the Midshipmen. Regelin registered marks of 50.0 or higher in the all-around three times during his junior campaign. The senior earned All-America recognition at the USA Collegiate Championship in the all-around and parallel bar, both career highs, in 2005. Regelin competed at the NCAA Qualifying Meet in 2003 and 2005, as well as pulling down All-America honors in the all-around in 2003 and vault in 2004.

Grant's routines have become very mature and solid, Fukushima commented. He's been a leader in the gym, as well. Grant will help take our team to the next level.

For the third-consecutive season, Navy will turn to junior Sean Blackman for consistent scoring in the still rings event. In 2005, Blackman captured the gold at the USA Collegiate Championship and participated at the NCAA Qualifying Meet. Blackman averaged a 9.46 mark in the event over 15 competitions during his sophomore season. As a freshman, Blackman ranked as high as eighth nationally in the still rings.

As a still rings specialist, Sean will excel, Fukushima said. Ability-wise, he's one of the top guys in the ECAC and possibly in the

top-10 at the national level.

Junior Matt Beaudette can also contribute in several events during the 2006 campaign. Beaudette claimed gold in the pommel horse at the James Madison Invitational last season. In his sophomore season, Beaudette set personal records in five events and tied another.

Matt is steadily improving this fall, stated Fukushima. I am really hoping and expecting to see more out of him this year.

Navy's corps of talented and tested sophomores looks to offer the Midshipmen quality scoring in 2006. Heading the group of second-year gymnasts are Brandon Cook and Christopher Tam.

In his first season at the Academy, Cook chalked up All-America honors in the floor exercise and vault events at the USA Collegiate Championship. Cook served as the lone Navy representative at the NCAA Individual Event Finals at the floor exercise. Cook tallied six first-place performances in the floor exercise during his freshman season.

He definitely has a special ability in the floor exercise, commented Fukushima. Brandon is a talented gymnast that we can expect to be No. 1 or No. 2 on the team this year.

Tam also boasts an impressive first-year resume with the Midshipmen. Tam earned All-America honors in the all-around at the USA Collegiate Championship. The sophomore also claimed a pair of



Matt Beaudette

2006 ROSTER

Player	Yr.	Event	Ht.	Hometown / High School
Joseph Atzenbeck	Fr.	All-Around	5-4	Broomfield, Colo. / Palmer
Matt Beaudette	Jr.	All-Around	5-9	Norwell, Mass. / Norwell
Sean Blackman	Jr.	All-Around	5-8	Fayetteville, Ga. / Fayette County
Nick Bourgeois	Sr.	All-Around	5-9	Schriever, La. / Houma Christian
Jon-Michael Chombeau	So.	All-Around	6-3	Beaverton, Ore. / Westview
Brandon Cook	So.	All-Around	5-5	Longmont, Colo. / Silver Creek
David Ferris	So.	All-Around	5-10	Austintown, Ohio / Austintown
Ty Fritz	So.	All-Around	6-0	Easton, Md. / Easton
James Godfrey	Fr.	All-Around	5-5	Columbia, S.C. / A.C. Flora
Trey James	Fr.	All-Around	5-8	Matthews, N.C. / David W. Butler
Ken Lee	Fr.	All-Around	5-7	Rockville, Md. / Paint Branch
Rich Mehlmann	So.	All-Around	5-8	Bristol, R.I. / Portsmouth Abbey
Isaac Olson	So.	All-Around	5-8	Spokane, Wash. / Joel E. Ferris
Ben Peterman	Sr.	All-Around	5-9	Amherst, Mass. / Amherst Regional
Matt Phelan	Fr.	All-Around	6-0	North Easton, Mass. / Oliver Ames
Grant Regelin	Sr.	All-Around	5-7	Columbia, Md. / Oakland Mills
Bobby Ryerson	Fr.	All-Around	5-6	Clifton, N.J. / Clifton
Adam Stanton	Fr.	All-Around	5-8	Centennial, Colo. / Smoky Hill
Christopher Tam	So.	All-Around	5-9	Draper, Utah / Alta

Head Coach - Dr. Sho Fukushima (15th year, Washington 71)

Assistant Coach - Craig Holt (seventh year, Syracuse 95)

Managers - MIDN 2/C Nicholas Mararac, MIDN 2/C Josh Nickerson, MIDN 1/C Nicholas Schmitz, MIDN 3/C Erik Sink

first-place efforts in the parallel bars and high bar events in 2005. Tam recorded four performances of 50.0 or higher in the all-around, including a season-high 50.85 showing at the All-Academy Championship.

He is one of the hardest workers on the team, said Fukushima.

Christopher is exceptional at the high bar, possibly placing at the ECAC and head to the NCAA Qualifying Meet.

Sophomores Jon-Michael Chombeau, David Ferris and Isaac Olson could also supply Navy with scoring in many events. Chombeau recorded a 7.9 in the parallel bars during his rookie season. Ferris received an 8.45 score from the judges in the floor exercise against Army in 2005. Olsen scored 8.0 or higher in the pommel horse, still rings, parallel bars and high bar last season.

Each of them have trained really hard this fall, commented Fukushima. They provide depth in every event and are the guys we rely on to help us succeed.

Complementing the cast of returning gymnasts are a group of capable freshmen for the Midshipmen in 2006.

Joseph Atzenbeck represented the regional team three times at Junior Olympic Nationals and won the Region IX all-around in 2005. Adam Stanton was a six-time Junior Olympic National qualifier that competed in the all-around finals twice during his career.

Joseph and Adam can come in and immediately influence our team score, Fukushima stated. They are exceptional gymnasts that came here with excellent Junior Olympic National records.

James Godfrey also was a three-time regional team member at the Junior Olympic Nationals and competed in the parallel bars event finals in 2005. Trey James qualified four times with the Junior Olympic National Team, while Ken Lee competed with the Region VII team.

Matt Phelan participated at the Junior Olympic Nationals five times, and won the Region VI parallel bars event in 2005. Bobby Ryerson captained his gymnastics team for four years and earned Academic All-American honors four times.

How much better we do in 2006 depends on how the plebes adjust to the Academy and our level of competition, said Fukushima.

Our plebe class will really carry us as far as we can go. I believe they are really that good.

Navy's 2006 schedule features five home meets, including the annual Star Meet against Army and the ECAC Championship.

This is going to be a challenging and exciting season, Fukushima said. Every meet we have is going to be a challenge for us. We are looking forward to it.

The Midshipmen begin the season on Jan. 14 with the Navy Open before heading on the road for the West Point Open and the James Madison Invitational on Jan. 27-28 and Feb. 4, respectively.

Navy heads back to Annapolis to host Army in the annual Star Meet at Macdonough Hall. Last season in West Point, N.Y., the Black Knights topped the Midshipmen 212.9-206.2.

It's going to be another tough meet for us against Army, stated Fukushima. Army was predicted to win the ECAC this year. This meet could be a preview of our chances at the ECAC Championship.

The Mids head back on the road for the following two weekends, first traveling to Laguna Beach, Calif., to compete in the All-Academy Championship on Feb. 18. Then on Feb. 25, Navy treks up to Cambridge, Mass., to take on MIT.

The Midshipmen host meets on back-to-back weekends, beginning with William & Mary on March 4. The Mids conclude their regular season with a meet against Temple on March 11.

The ECAC Championship appears next on Navy's slate, as the Midshipmen host the two-day event on March 25-26. In 2005, Navy placed fifth out of eight schools.

Competing in our home gym is always an advantage, Fukushima commented. We are hoping for our home support to assist us in the championship. We always feel comfortable at home on our own equipment.

On April 6-8, the NCAA Qualifying Meet and NCAA Championship take place in Norman, Okla. Six Midshipmen competed in the qualifying meet last season, and Brandon Cook advanced to the individual event finals in the floor exercise.

The Midshipmen conclude their 2006 campaign with a trip up to Ithaca, N.Y., for the USA Collegiate Championship. Navy placed second of six teams with a team showing of 208.25 last year.

MIDSHIPMEN BIOS



NICK BOURGEOIS

SR. ☆ ALL-AROUND ☆ 5-9
SCHRIEVER, LA.

2005: Did not see any varsity action. **2004:** Did not see any varsity action. **2003:** Did not see any varsity action. **Before Navy:** Served two years in the United States Navy ... earned National Defense Medal ... attended Nicholls State University ... graduated

from Houma Christian High School ... lettered in baseball and competed with the basketball team. **Personal:** Son of Biff Bourgeois and Paula Voisin ... majoring in systems engineering ... born June 21, 1981, in Thibodaux, La.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

More than anything, I'd have to say that gymnastics means forced discipline. If it weren't for the coaches and my teammates, I don't think I could do this sport. There's no way I could make myself do what we do here alone.



BEN PETERMAN

SR. ☆ ALL-AROUND ☆ 5-9
AMHERST, MASS.

2005: Posted all-around scores in all but one meet during his junior season ... earned All-America honors in all-around, floor exercise and high bar after landing in the top-six at the USA Collegiate Championship ... placed second in the high bar (8.85), third in

floor exercise (9.1) and fourth in all-around (50.75) ... his 9.1 performance in the floor exercise tied his career high set against Springfield/Illinois-Chicago ... also competed at the NCAA Qualifying Meet on the pommel horse ... set career best with a 9.075 showing in the high bar in the all-around portion of the USA Collegiate Championship ... registered a career-high 52.0 in the all-around at Temple ... tied his career best in the pommel horse with a 9.1 in the Navy Open and ECAC Championships ... claimed the gold in floor exercise, pommel horse and all-around in the Navy Open ... won the pommel horse event versus Springfield/Illinois-Chicago ... finished in the top-five of the all-around in eight meets. **2004:** Earned All-America honors after posting a second-place finish on the pommel horse at the USA Collegiate Championship ... competed at the NCAA Qualifier on the pommel horse ... finished in 10th-place at the ECAC Championship with a season-best 51.05 ... advanced to the pommel horse finals at the ECAC Championship after scoring a personal-best 9.1 ... finished fourth in the conference on the pommel horse with an 8.95 on the second day ... posted career high marks in three events against William & Mary ... put up an 8.9 on floor, an 8.65 on rings and an 8.85 on parallel bars against the Tribe, taking second place on floor and parallel bars ... picked up a first-place finish on the high bar with a season-best 8.8 at the Navy Open ... took first-place on vault at MIT with a career-best 9.15. **2003:** Tied for eighth in the all-around (50.10) at the USA Collegiate Championship and placed 11th on the floor exercise ... competed in the all-around at the NCAA Qualifying Meet

... tied for second on the vault (9.10) against William & Mary ... placed third in the all-around (51.05) against Army, while tying for third on the floor exercise (8.60) ... claimed gold at the James Madison Invitational on the pommel horse (8.25) ... won the pommel horse (8.60) in a tri-meet against Springfield and William & Mary. **Before Navy:** Competed for Hampshire Gymnastics Club, coached by Jeff Lavelle ... earned First-Team Academic All-America honors in 1999 and Honorable Mention Academic All-America in 2000 ... won the pommel horse at the 2002 Black Jack National Men's Championship in Las Vegas, Nev. ... multiple Junior Olympic National Championship participant ... five-time all-region team member. **Personal:** Son of J. Mark and Janice Peterman ... full name is Jonathan Benjamin Peterman ... majoring in international relations ... born on Jan. 17, 1984, in Springfield, Mass.

ON WHAT IT MEANS TO HIM TO ATTEND THE NAVAL ACADEMY...

Putting on the uniform, you feel like you have bigger shoes to fill than your own. People respect you for who you represent and therefore you have to live up to that idea that you have come to stand for.

PETERMAN'S CAREER-HIGH MARKS

Floor Exercise	9.1	two times, last at USA Coll. Champ. (4/16/05)
Pommel Horse	9.1	three times, last at ECAC Champ. (3/25/05)
Still Rings	8.65	vs. William & Mary (3/6/04)
Vault	9.15	at MIT (2/28/04)
Parallel Bars	8.85	vs. William & Mary (3/6/04)
High Bar	9.075	at USA Collegiate Championship (4/15/05)
All-Around	52.0	at Temple (3/19/05)

PETERMAN'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	8.85	9.1	7.85	8.2	8.4	8.55	50.95
at PSU, Temple	8.65	8.45	8.25	8.85	8.55	8.45	51.2
at West Point (D1)	8.75	8.85	8.15	8.55	8.35	8.2	50.85
at JMU Invite	8.3	8.05	8.45	8.75	8.25	8.15	49.95
All-Academy	8.65	8.75	8.425	9.0	8.05	8.5	51.375
at Army	8.8	8.7	8.55	8.75	8.45	8.35	51.6
Springfield/UIC	9.1	8.9	8.25	8.45	8.05	8.7	51.45
at William & Mary	5.85	5.75	---	---	---	---	---
at Temple	8.95	8.7	8.6	8.8	8.7	8.25	52.0
at ECAC (Day 1)	8.25	9.1	8.2	8.85	8.15	6.85	49.4
at ECAC (Day 2)	---	8.0	---	---	---	---	---
at NCAA Qualif.	8.75	8.7	8.5	8.675	8.35	8.55	51.525
at USA (Day 1)	9.025	8.15	8.5	8.5	7.5	9.075	50.75
at USA (Day 2)	9.1	---	---	---	---	8.85	---



GRANT REGELIN

SR. ☆ ALL-AROUND ☆ 5-7
COLUMBIA, MD.

2005: Competed in all-around at four meets ... concentrated his efforts in pommel horse, still rings, vault, parallel bars and high bar ... named All-America in the all-around and parallel bars ... set three career records and tied another at the USA Collegiate

Championship ... broke previous career-highs in all-around (51.275), parallel bars (8.8) and high bar (8.75) ... competed at the NCAA Qualifying Meet in the vault and parallel bars ... tied career-best performance with an 8.75 on the still rings at the James Madison Invitational ... finished third in the vault at William & Mary with a season-high 9.1 ... posted an 8.5 on the pommel horse in the All-Academy Championship ... recorded an all-around score of 50.0 or higher in three meets ... also ranked in the top-three of the all-around three times ... finished second in the parallel bars three times. **2004:**

Focused on pommel horse, rings, vault, parallel bars and high bar in the second half of the season ... posted an eighth-place finish on the vault at the USA Collegiate Championship... picked up a first-place finish on vault at the All-Academy Championship with a 9.15 and took third on floor exercise with an 8.85 ... picked up second-place finishes on the parallel bars and high bar at the Navy Open. **2003:** Finished 13th in the all-around (48.85) at the USA Collegiate Championship ... competed in the all-around at the NCAA Qualifying Meet ... posted a 49.15 in the all-around to finish fourth at the ECAC Championship ... one of only two Navy gymnasts to place in the individual event finals at the league championship, finishing fifth on the vault (9.0) ... registered an all-around total of 49.55 against William & Mary ... finished second on the parallel bars against Army (8.25) ... tied for fourth on the high bar (8.20) in a tri-meet against Springfield and William & Mary. **Before Navy:** Competed for 12 years as a member of the Top Flight Gymnastics Club ... won the 2000 Maryland State All-Around Championship ... three-time Junior Olympic National qualifier ... also earned one letter with the track & field team. **Personal:** Son of Corey and Gale Regelin ... majoring in economics ... born on June 18, 1984, in Pittsburgh, Pa.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

The sport of gymnastics has had a huge influence on my life. It has given me the discipline needed to be successful at everything I do in life.

REGELIN'S CAREER-HIGH MARKS

Floor Exercise	8.85	at All-Academy Championship (2/14/04)
Pommel Horse	8.55	vs. William & Mary (3/6/04)
Still Rings	8.75	two times, last at USA Coll. Champ. (4/15/05)
Vault	9.175	at USA Collegiate Championship (4/9/04)
Parallel Bars	8.8	at USA Collegiate Championship (4/16/05)
High Bar	8.75	at USA Collegiate Championship (4/15/05)
All-Around	51.275	at USA Collegiate Championship (4/15/05)

REGELIN'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	---	8.2	8.0	---	7.95	7.95	---
at PSU, Temple	---	8.05	8.05	8.85	8.2	8.05	---
at West Point (D1)	---	7.45	7.3	8.55	8.25	8.3	---
at JMU Invite	8.3	8.0	8.75	8.95	7.75	8.25	50.0
All-Academy	---	8.5	8.175	8.9	7.3	7.5	---
at Army	---	8.05	8.1	8.8	8.4	8.3	---
Springfield/UIC	7.8	7.3	8.25	9.0	8.2	8.35	48.9
at William & Mary	---	8.35	8.4	9.1	8.55	8.4	---
at Temple	8.35	7.75	8.4	8.95	8.4	8.4	50.25
at ECAC (Day 1)	---	6.95	8.0	9.0	8.25	7.8	---
at NCAA Qualif.	---	---	---	8.95	8.2	---	---
at USA (Day 1)	8.675	7.6	8.75	8.85	8.65	8.75	51.275
at USA (Day 2)	---	---	---	---	8.8	8.525	---



Grant Regelin



MATT BEAUDETTE

JR. ☆ ALL-AROUND ☆ 5-9
NORWELL, MASS.

2005: Primarily contended in the floor exercise, pommel horse, parallel bars and high bar ... captured the gold with a career-best performance in the pommel horse (8.65) at the James Madison Invitational ... also broke his previous career mark on the

still rings (8.0) in the same meet ... broke personal records on the parallel bars (8.25) and high bar (8.45) versus Springfield/Illinois-Chicago ... scored a career-best 45.6 in the all-around at the Navy Open ... matched his career-high on the vault with a 7.95 ... posted a season-high 8.3 in the floor exercise at the ECAC Championship. **2004:** Focused on the floor exercise in the second half of the season ... chalked up a personal-best 8.55 on the floor exercise at the All-Academy Championship ... captured second-place on the floor exercise at MIT with an 8.5 ... competed in the all-around at the James Madison Open, registering season-high marks on the still rings (7.05), vault (7.95) and parallel bars (8.2). **Before Navy:** Competed for Somersault Center ... six-time qualifier for the Junior Olympic National Men's Gymnastic Championship (1998-03) ... won the Bay State Games AA Championship in 1999 and 2002 ... named to the New England Regional Team in 1999 and 2001 ... four-time first-team USA Gymnastics Academic All-American ... 1999 Somersault Gymnast of the Year ... won the 2003 Friends of Gymnastics Award for New England. **Personal:** Son of Donald and Jane Beaudette ... majoring in economics ... born on May 30, 1985, in Concord, N.H.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

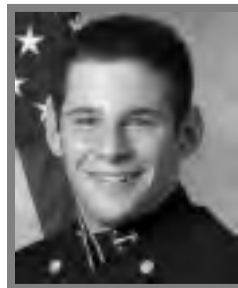
After fifteen years of practice and competition, gymnastics has become part of who I am. In fact, I'm not too sure where I'd be right now without it. I attribute my discipline, dedication, refined concentration and confidence to my participation in the sport of gymnastics. No other aspect of my life has ever consistently challenged all four of these elements of my character.

BEAUDETTE'S CAREER-HIGH MARKS

Floor Exercise	8.55	at All-Academy Championship (2/14/04)
Pommel Horse	8.65	at James Madison Invitational (2/5/05)
Still Rings	8.0	at James Madison Invitational (2/5/05)
Vault	7.95	two times, last at Navy Open (1/15/05)
Parallel Bars	8.25	three times, last at USA Coll. Champ. (4/15/05)
High Bar	8.45	vs. Springfield/Illinois-Chicago (2/26/05)
All-Around	45.6	at Navy Open (1/15/05)

BEAUDETTE'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	8.2	7.05	6.35	7.95	7.95	8.1	45.6
at PSU, Temple	---	6.7	---	---	8.0	7.95	---
at West Point (D1)	8.25	7.2	---	---	7.1	8.0	---
at JMU Invite	7.9	8.65	8.0	---	8.0	7.7	---
All-Academy	8.0	7.35	---	---	8.05	7.35	---
at Army	8.1	8.4	---	---	8.2	8.4	---
Springfield/UIC	7.8	7.7	---	---	8.25	8.45	---
at William & Mary	8.0	8.4	---	---	8.15	7.95	---
at Temple	8.1	7.75	7.7	---	8.25	7.75	---
at ECAC (Day 1)	8.3	7.75	---	---	7.35	7.55	---
at USA (Day 1)	---	7.15	---	---	8.25	8.3	---



SEAN BLACKMAN

JR. ☆ ALL-AROUND ☆ 5-8
FAYETTEVILLE, GA.

2005: Earned All-America honors after claiming first at the USA Collegiate Championships in the still rings ... claimed the gold seven times on the still rings, averaging a 9.46 in 15 competitions ... posted a season-best 9.625 at NCAA Qualifying on

the still rings ... set career-high with an 8.85 in the vault event at Army ... broke previous career-mark on the parallel bars with an 8.25 at Temple ... scored season-best 7.9 in the floor exercise in the Navy Open. **2004:** Competed in the all-around during the first three meets of the season ... concentrated on still rings later in the year ... ranked as high as eighth in the nation in the event ... won the still rings event at three meets and finished in second-place two times ... scored his best mark with a 9.65 at Springfield ... a late-season injury kept him out of ECAC competition. **Before Navy:** Competed for Gym South School & Gymnastics ... 2003 Junior Olympic all-around finalist and placed second on the rings ... member of the 2003 Region VII Team ... won the Region VII 10.0 Award and the Regional Eagle Award ... served as the Gym South team captain. **Personal:** Son of Hal and Sheila Blackman ... brother Josh captained the gymnastics team in 2005 ... majoring in aerospace engineering ... born on Dec. 4, 1984, in Atlanta, Ga.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

I am in the sport of defying gravity and doing the impossible. It's an incredible feeling to test the limits of my own body. I've been in the sport of gymnastics for 13 years, but this period right now is by far the best because I am finally doing all those skills that I have dreamed of since I was a kid.

BLACKMAN'S CAREER-HIGH MARKS

Floor Exercise	8.25	at West Point Open (1/30/04)
Pommel Horse	6.6	at West Point Open (1/30/04)
Still Rings	9.65	at Springfield/Air Force (2/29/04)
Vault	8.85	at Army (2/19/05)
Parallel Bars	8.25	at Temple (3/19/05)
High Bar	7.05	at Navy Open (1/17/04)
All-Around	46.7	at Navy Open (1/17/04)

BLACKMAN'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	7.9	---	9.5	8.45	7.6	---	---
at PSU, Temple	---	---	9.2	---	---	---	---
at West Point (D1)	---	---	9.2	---	---	---	---
at West Point (D2)	---	---	9.25	---	---	---	---
at JMU Invite	---	---	9.6	---	---	---	---
All-Academy	---	---	9.25	8.3	---	---	---
at Army	---	---	9.575	8.85	---	---	---
Springfield/UIC	---	---	9.5	8.4	---	---	---
at William & Mary	---	---	9.5	8.3	---	---	---
at Temple	---	---	9.6	---	8.25	---	---
at ECAC (Day 1)	---	---	9.55	---	7.9	---	---
at ECAC (Day 2)	---	---	9.4	---	---	---	---
at NCAA Qualif.	---	---	9.625	---	---	---	---
at USA (Day 1)	---	---	9.5	---	7.9	---	---
at USA (Day 2)	---	---	9.6	---	---	---	---



JON-MICHAEL CHOMBEAU

SO. ☆ ALL-AROUND ☆ 6-3
BEAVERTON, ORE.

2005: Competed in four meets ... scored a season-best 7.45 against Springfield/Illinois-Chicago on the pommel horse ... recorded a 7.9 in the parallel bars at William & Mary.

Before Navy: Attended Westview High School ... was the 2004 Oregon State Champion in the parallel bars and pommel horse.

Personal: Son of Michael and Shari Chombeau ... majoring in aerospace engineering ... born on Oct. 16, 1986, in Renton, Wash.

ON WHY HE CHOSE THE NAVAL ACADEMY...

The Naval Academy was the perfect fit for my goals to become a fighter pilot and eventually become a pilot for NASA. I felt a strong urge to do something productive with my life, something that would serve the rest of mankind. I believe by serving my country, I can do that.

CHOMBEAU'S CAREER-HIGH MARKS

Pommel Horse	7.45	vs. Springfield/Illinois-Chicago (2/26/05)
Parallel Bars	7.9	at William & Mary (3/6/05)

CHOMBEAU'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	---	7.15	---	---	---	---	---
at West Point (D1)	---	7.1	---	---	---	---	---
Springfield/UIC	---	7.45	---	---	---	---	---
at William & Mary	---	5.3	---	---	7.9	---	---



BRANDON COOK

SO. ☆ ALL-AROUND ☆ 5-5
LONGMONT, COLO.

2005: Earned All-America honors in the floor exercise and vault events at USA Collegiate Championship ... recorded first-place finishes six times in the floor exercise ... scored a season-best 9.3 on the floor exercise versus Springfield/Illinois-Chicago

and at the USA Collegiate Championship ... posted a 9.2 mark in the vault competition at the West Point Open and USA Collegiate Championship ... received an 8.7 score on the pommel horse at Temple ... set season highs in parallel bars (7.85), still rings (7.1), high bar (7.2) and all-around (46.05) in the Navy Open. **Before Navy:** Attended Silver Creek High School ... competed for the Xtreme Attitude Gymnastics Club ... was a Region I all-around champion in 2000 ... member of Junior Olympic regional team which placed second in 1999 ... placed third in the floor exercise at the 2002 Junior Olympic finals ... qualified for the 2004 regional gymnastics championship ... also earned three letters in swimming & diving at Silver Creek ... an all-state diver ... won his team's MVP award three times ... named a First-Team Academic All-American from 2001-04. **Personal:** Son of Brent and Sharon Cook ... majoring in systems engineering ... born on Aug. 15, 1986, in Santa Clara, Calif.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

I have never experienced another sport more physically and mentally challenging than gymnastics. It requires more dedication, mental discipline, and bodily fortitude than anything else.

COOK'S CAREER-HIGH MARKS

Floor Exercise	9.3	two times, last at USA Coll. Champ. (4/15/05)
Pommel Horse	8.7	at Temple (3/19/05)
Still Rings	7.1	at Navy Open (1/15/05)
Vault	9.2	two times, last at USA Coll. Champ. (4/15/05)
Parallel Bars	7.85	at Navy Open (1/15/05)
High Bar	7.2	at Navy Open (1/15/05)
All-Around	46.05	at Navy Open (1/15/05)

COOK'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	7.85	7.05	7.1	9.0	7.85	7.2	46.05
at PSU, Temple	8.8	7.55	---	9.1	---	---	---
at West Point (D1)	8.1	7.65	---	9.2	7.45	---	---
at JMU Invite	8.9	7.65	---	9.0	---	---	---
All-Academy	9.05	7.9	---	8.975	---	---	---
at Army	8.7	8.4	---	9.0	---	---	---
Springfield/UIC	9.3	8.65	---	9.05	---	---	---
at William & Mary	9.0	7.45	---	9.05	---	---	---
at Temple	8.45	8.7	---	9.05	---	---	---
at ECAC (Day 1)	8.5	8.0	---	8.75	---	---	---
at NCAA Qualif.	9.15	---	---	---	---	---	---
at NCAA Ch. (D1)	8.4	---	---	---	---	---	---
at USA (Day 1)	9.3	8.35	---	9.2	---	---	---
at USA (Day 2)	9.225	8.15	---	9.175	---	---	---



Brandon Cook



DAVID FERRIS

SO. ☆ ALL-AROUND ☆ 5-10
AUSTINTOWN, OHIO

2005: Focused his efforts in the floor exercise and high bar ... posted an 8.45 showing in the floor exercise at Army ... recorded an 8.35 on the high bar at the West Point Open ... scored an 8.15 on the vault and 4.7 on the still rings in only his action in both events

during his freshman year. **Before Navy:** Attended Austintown Fitch High School ... lettered in gymnastics ... was the 2004 Ohio State Champion on the horizontal bar ... named 2004 First-Team Academic All-American. **Personal:** Son of Ron and Cheryl Ferris ... brother, Ron, is a gymnast for Ohio State ... majoring in systems engineering ... born on Jan. 20, 1986, in Youngstown, Ohio.

ON WHY HE CHOSE THE NAVAL ACADEMY...

I decided to come here simply because this is the perfect school for me. The tradition and ideals of this school are exactly what I want to surround myself with, and I can't imagine being anywhere else.

FERRIS' CAREER-HIGH MARKS

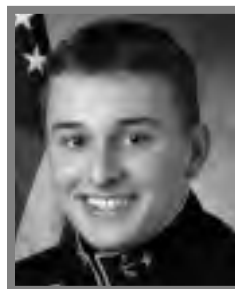
Floor Exercise	8.45	at Army (2/19/05)
Still Rings	4.7	at Navy Open (1/15/05)
Vault	8.15	at Navy Open (1/15/05)
High Bar	8.35	at West Point Open (1/28/05)

FERRIS' 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	7.45	---	4.7	8.15	---	8.25	---
at PSU, Temple	7.9	---	---	---	---	7.5	---
at West Point (D1)	8.4	---	---	---	---	8.35	---
at JMU Invite	8.05	---	---	---	---	7.8	---
All-Academy	8.0	---	---	---	---	---	---
at Army	8.45	---	---	---	---	---	---
Springfield/UIC	8.1	---	---	---	---	---	---
at William & Mary	8.25	---	---	---	---	8.25	---
at Temple	---	---	---	---	---	7.75	---
at ECAC (Day 1)	---	---	---	---	---	8.2	---
at USA (Day 1)	---	---	---	---	---	8.3	---



David Ferris



TY FRITZ

SO. ☆ ALL-AROUND ☆ 6-0
EASTON, MD.

2005: Served in the floor exercise and vault events during his freshman season ... registered a season-best 8.65 score in the floor exercise at the USA Collegiate Championship, placing 17th ... posted a 9.0 score on the vault at the ECAC

Championship ... finished in fifth-place on the floor exercise at Temple ... placed ninth on the vault at William & Mary. **Before Navy:** Attended Easton High School ... three-time Maryland State Champion ... competed on the Junior Olympic National Team in 2004 ... named Clark's Gymnastics Gymnast of the Year in 2001. **Personal:** Son of Richard Fritz and Suzanne Sanders ... majoring in economics ... born July 6, 1986, in Easton, Md.

FRITZ'S CAREER-HIGH MARKS

Floor Exercise	8.65	at USA Collegiate Championship (4/15/05)
Vault	9.0	at ECAC Championship (3/25/05)

FRITZ'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	7.55	---	---	8.45	---	---	---
at PSU, Temple	7.95	---	---	8.2	---	---	---
at West Point (D1)	7.85	---	---	8.5	---	---	---
at JMU Invite	---	---	---	8.5	---	---	---
Springfield/UIC	---	---	---	8.3	---	---	---
at William & Mary	---	---	---	8.75	---	---	---
at Temple	8.55	---	---	8.95	---	---	---
at ECAC (Day 1)	7.8	---	---	9.0	---	---	---
at USA (Day 1)	8.65	---	---	8.75	---	---	---



Ty Fritz

RICH MEHLMANN

SO. ☆ ALL-AROUND ☆ 5-8
BRISTOL, R.I.

2005: Competed on the still rings during his freshman campaign ... earned an 8.2 score on the still rings at Temple to place 10th overall ... performed at the ECAC and USA Collegiate Championship. **Before Navy:** Attended Portsmouth Abbey High School ...

earned three letters in football and two with the track team ... also went to East Bay Gymnastics Center ... placed fifth on the still rings and pommel horse at the 2004 Tim Daggett National Invitational.

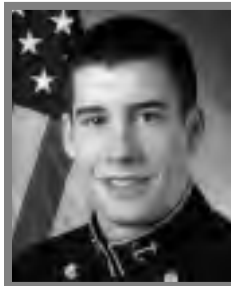
Personal: Son of Dennis and Sandra Mehlmann ... majoring in international relations ... born Feb. 9, 1986, in Fall River, Mass.

MEHLMANN'S CAREER-HIGH MARKS

Still Rings 8.2 at Temple (3/19/05)

MEHLMANN'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
at PSU, Temple	---	---	7.7	---	---	---	---
at West Point (D1)	---	---	7.55	---	---	---	---
at JMU Invite	---	---	7.45	---	---	---	---
All-Academy	---	---	7.25	---	---	---	---
at Army	---	---	7.8	---	---	---	---
Springfield/UIC	---	---	7.3	---	---	---	---
at William & Mary	---	---	7.55	---	---	---	---
at Temple	---	---	8.2	---	---	---	---
at ECAC (Day I)	---	---	7.85	---	---	---	---
at USA (Day I)	---	---	8.15	---	---	---	---



ISAAC OLSON

SO. ☆ ALL-AROUND ☆ 5-8
SPOKANE, WASH.

2005: Primarily performed in parallel bars and high bar ... occasionally competed on the pommel horse and still rings ... placed fifth against Springfield/Illinois-Chicago on the parallel bars (8.35) ... had 8.3 showings on the high bar in the Navy Open and All-

Academy Championship ... registered an 8.3 in the pommel horse event at the James Madison Invitational ... claimed an 8.0 mark on the still rings at William & Mary. **Before Navy:** Attended Joel E. Ferris High School ... lettered in gymnastics ... won the 2004 Washington State Championship in the high bar ... also won the regional championship in the high bar ... awarded Most Distinguished Athlete by the Marine Corps for combining academic and athletic achievement.

Personal: Son of Jerry and Honora Olson ... majoring in economics ... born on June 12, 1986, in Spokane, Wash.

ON GOALS HE HAS SET FOR HIMSELF AT THE NAVAL ACADEMY...

The goals that I have set for myself to accomplish at the Naval Academy revolve around my desired service selection, which is the Navy SEAL program. I plan to increase my physical fitness and hopefully learn more about the SEALs and the mission in which they are involved. I also plan to take advantage of the excellent education that I will receive during my four years here.

OLSON'S CAREER-HIGH MARKS

Pommel Horse	8.3	at James Madison Invitational (2/5/05)
Still Rings	8.0	at William & Mary (3/6/05)
Parallel Bars	8.35	vs. Springfield/Illinois-Chicago (2/26/05)
High Bar	8.3	two times, last at All-Academy Champ. (2/12/05)

OLSON'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	---	7.2	---	---	7.6	8.3	---
at PSU, Temple	---	---	---	---	6.5	---	---
at West Point (D1)	---	---	7.35	---	7.6	8.1	---
at JMU Invite	---	8.3	7.85	---	8.1	7.9	---
All-Academy	---	---	---	---	8.1	8.3	---
at Army	---	---	---	---	7.7	8.2	---
Springfield/UIC	---	---	---	---	8.35	7.6	---
at William & Mary	---	---	8.0	---	8.3	7.4	---



CHRISTOPHER TAM

SO. ☆ ALL-AROUND ☆ 5-9
DRAPER, UTAH

2005: Garnered All-America recognition in the all-around event after finishing fifth at the USA Collegiate Championship with a 50.525 ... claimed first-place finishes in the parallel bars (8.5) and high bar (8.75) in his first collegiate meet in the Navy Open ... won the

gold on the high bar (8.85) at Temple ... posted a season-best 50.85 in the all-around at the All-Academy Championship ... registered an 8.925 on the floor exercise at the USA Collegiate Championship ... tallied an 8.9 in the pommel horse event in the Navy Open ... recorded a 9.0 on the high bar at the West Point Open ... scored an 8.65 on the vault at the ECAC Championships ... pulled down an 8.6 in the parallel bars event at Temple ... earned an 8.5 mark on the still rings at the James Madison Invitational. **Before Navy:** Attended Alta High School ... competed for the USA Gymnastics World club ... member of the 2004 club team that placed first at the Utah men's championship ... member of 2003 Junior Olympics team that placed second at the national championship ... individual finalist in the all-around competition of the 2004 Junior Olympics championship. **Personal:** Son of Tommy and Mary Tam ... majoring in economics ... born on Jan. 8, 1986, in Cincinnati, Ohio.

ON CHOOSING TO ATTEND THE NAVAL ACADEMY...

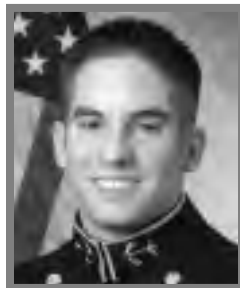
This school follows standards and principles that are very similar to my own. It's a trait that not many schools can offer. I have always wanted to attend a college with prestige in academics, which will lead to a strong foundation in whatever career I choose.

TAM'S CAREER-HIGH MARKS

Floor Exercise	8.925	at USA Collegiate Championship (4/15/05)
Pommel Horse	8.9	at Navy Open (1/15/05)
Still Rings	8.5	at James Madison Invitational (2/5/05)
Vault	8.65	at ECAC Championship (3/25/05)
Parallel Bars	8.6	at Temple (3/19/05)
High Bar	9.0	at West Point Open (1/28/05)
All-Around	50.85	at All-Academy Championship (2/12/05)

TAM'S 2005 MARKS

	FX	PH	SR	V	PB	HB	AA
Navy Open	7.5	8.9	7.1	8.2	8.5	8.75	48.95
at PSU, Temple	8.35	7.15	8.1	8.6	7.45	8.8	48.45
at West Point (DI)	8.65	8.7	8.1	8.55	7.35	9.0	50.35
at JMU Invite	8.1	8.0	8.5	8.4	8.05	8.55	49.6
All-Academy	8.35	8.35	8.35	8.5	8.55	8.75	50.85
at Army	8.45	8.5	8.35	8.5	8.1	8.7	50.6
Springfield/UIC	8.8	7.25	8.15	8.25	8.4	8.4	49.25
at William & Mary	8.5	---	8.25	8.5	7.85	8.35	---
at Temple	8.55	8.0	8.25	8.6	8.6	8.85	---
at ECAC (Day I)	8.35	7.85	8.35	8.65	7.6	8.4	49.2
at NCAA Qualif.	---	---	---	---	---	8.65	---
at USA (Day I)	8.925	7.7	8.2	8.6	8.4	8.7	50.525



JOSEPH ATZENBECK

FR. ☆ ALL-AROUND ☆ 5-4
BROOMFIELD, COLO.

Before Navy: Attended Palmer High School ... Region IX all-around champion in 2005 ... competed on Region IX team at Junior Olympic Nationals in 2005 ... three-time Junior Olympic National qualifier ... four-time USA Gymnastics Academic All-

American. **Personal:** Son of James and Kris Atzenbeck ... born Aug. 6, 1986, in Denver, Colo.

ON WHY HE CHOSE THE NAVAL ACADEMY...

I chose to attend the Academy because I felt that it was the best way to challenge myself in all aspects of a college career. Not only that, but the Academy is an unparalleled educational institution and will prepare me to lead others at the same time in the most prestigious of post-collegiate careers, that as a military officer.



Christopher Tam



JAMES GODFREY

FR. ☆ ALL-AROUND ☆ 5-5
COLUMBIA, S.C.

Before Navy: Went to A.C. Flora High School ... Junior Olympic National finalist in the parallel bars event in 2005 ... three-time Junior Olympic National qualifier ... four-time selection to the Georgia State Team.

Personal: Son of James and Carolyn

Godfrey ... born Dec. 23, 1986, in Columbia, S.C.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

Gymnastics is the most effective way for me to challenge myself mentally and physically. It is a sport in which the athlete must develop personal motivation and pushes himself to take advantage of opportunities to succeed.



TREY JAMES

FR. ☆ ALL-AROUND ☆ 5-8
MATTHEWS, N.C.

Before Navy: Attended David W. Butler High School ... four-time Junior Olympic National qualifier. **Personal:** Son of William and Julie James ... born Aug. 12, 1987, in Charlotte, N.C.



KEN LEE

FR. ☆ ALL-AROUND ☆ 5-7
ROCKVILLE, MD.

Before Navy: Attended Paint Branch High School ... competed with Region VII team at the Junior Olympic Nationals ... won state championship. **Personal:** Son of Kye Chung and Ji Hi Lee.

ON WHAT THE SPORT OF GYMNASTICS MEANS TO HIM...

Gymnastics means learning to control your mind and body as a unit. It means maintaining self control, mental stamina, having discipline, having dedication, facing fears, and staying physically fit. It's a sport that demonstrates all the physical requirements that your body can handle and display them in a professional manner.



MATT PHELAN

FR. ☆ ALL-AROUND ☆ 6-0
NORTH EASTON, MASS.

Before Navy: Attended Oliver Ames High School ... also went to Ellis School of Gymnastics ... five-time Junior Olympic National qualifier ... member on the Region VI team at the 2005 Junior Olympic Nationals, winning the parallel bar event.

Personal: Son of Joseph and Carolyn Phelan ... born Nov. 18, 1986, in Brockton, Mass.

ON WHY HE CHOSE THE NAVAL ACADEMY...

I chose the Naval Academy because it offered a brotherhood that nothing could compare to. I am proud to be a part of the brigade and the gymnastics team as well. We develop a bond with our teammates that is unbreakable. It is comforting to know that your team would not trade you for anyone else, no matter what.



BOBBY RYERSON

FR. ☆ ALL-AROUND ☆ 5-6
CLIFTON, N.J.

Before Navy: Attended Clifton High School ... also went to Gymnastics World Inc., where he competed in the all-around ... served as team captain from 2001-05 ... four-time First-Team Academic All-American ... named Distinguished Academic Scholar for

four years. **Personal:** Son of Robert and Janis Ryerson ... born Dec. 9, 1986, in Paterson, N.J.

ON WHY HE CHOSE THE NAVAL ACADEMY...

I chose to come to the Naval Academy to fulfill the opportunity of a lifetime. Becoming a midshipman allows me to obtain one of the best educations in the country, while at the same time allows me to give back to my country as an officer in the United States Navy.



ADAM STANTON

FR. ☆ ALL-AROUND ☆ 5-8
CENTENNIAL, COLO.

Before Navy: Went to Smoky Hill High School ... two-time Junior Olympic National finalist in the all-around ... Colorado State Champion in the all-around competition ... six-time Junior Olympic National qualifier ... Regional team member from 2003-05.

Personal: Son of Douglas and Susan Stanton ... born April 9, 1987, in Denver, Colo.

ON GOALS HE HAS SET FOR HIMSELF AT THE NAVAL ACADEMY...

My primary goal is to develop my leadership skills so that I can be the best officer I can in the fleet. While I am here I want to get the most out of school as I can. Some of my gymnastics goals are to beat Army, Win our conference championship and compete at NCAA Championship.

2005 MEET-BY-MEET RESULTS

Date	Meet/Opponent	Score	FX	PH	SR	V	PB	HB	AA
Jan. 15	Navy Open	202.95	33.50 Peterman-8.85 J.Blackman-8.55 Beaudette-8.2 S.Blackman-7.9	33.25 Peterman-9.1 Tam-8.9 Regelin-8.2 two at-7.05	34.15 S.Blackman-9.5 J.Blackman-8.8 Regelin-8.0 Peterman-7.85	35.05 J.Blackman-9.15 Cook-9.0 S.Blackman-8.45 Fritz-8.45	32.8 Tam-8.5 Peterman-8.4 Beaudette-7.95 Regelin-7.95	34.2 Tam-8.75 J.Blackman-8.6 Peterman-8.55 Olson-8.3	Peterman-50.95 J.Blackman-49.9 Tam-48.95 Cook-46.05
Jan. 21	at Penn State/Temple	203.9	34.5 Cook-8.8 J.Blackman-8.7 Peterman-8.65 Tam-8.35	32.0 Peterman-8.45 Regelin-8.05 J.Blackman-7.95 Cook-7.55	34.65 S.Blackman-9.2 J.Blackman-9.1 Peterman-8.25 Tam-8.1	35.95 J.Blackman-9.15 Cook-9.1 Peterman-8.85 Regelin-8.85	32.9 Peterman-8.55 Regelin-8.2 J.Blackman-8.15 Beaudette-8.0	33.9 Tam-8.8 J.Blackman-8.6 Peterman-8.45 Regelin-8.05	J.Blackman-51.65 Peterman-51.2 Tam-48.45
Jan. 28	at West Point Open	203.0	34.5 Peterman-8.75 J.Blackman-8.7 Tam-8.65 Ferris-8.4	32.65 Peterman-8.85 Tam-8.7 Cook-7.65 Regelin-7.45	34.1 S.Blackman-9.2 J.Blackman-8.65 Peterman-8.15 Tam-8.1	35.6 J.Blackman-9.3 Cook-9.2 three at-8.55	32.05 Peterman-8.35 Regelin-8.25 J.Blackman-7.85 Olson-7.6	34.1 Tam-9.0 J.Blackman-8.6 Ferris-8.35 Peterman-8.2	Peterman-50.85 Tam-50.35 J.Blackman-49.35
Feb. 5	at JMU Invitational	204.2	33.85 Cook-8.9 J.Blackman-8.55 Peterman-8.3 Regelin-8.3	32.7 Beaudette-8.65 Olson-8.3 Peterman-8.05 two at-8.0	36.0 S.Blackman-9.6 J.Blackman-9.15 Regelin-8.75 Tam-8.5	35.65 Cook-9.0 J.Blackman-8.95 Regelin-8.95 Peterman-8.75	32.4 Peterman-8.25 Olson-8.1 Tam-8.05 Beaudette-8.0	33.6 J.Blackman-8.65 Tam-8.55 Regelin-8.25 Peterman-8.15	J.Blackman-50.6 Regelin-50.0 Peterman-49.95 Tam-49.6
Feb. 12	All-Academy Champ.	206.4	34.75 Cook-9.05 J.Blackman-8.7 Peterman-8.65 Tam-8.35	33.5 Peterman-8.75 Regelin-8.5 Tam-8.35 Cook-7.9	35.075 S.Blackman-9.25 J.Blackman-9.05 Peterman-8.425 Tam-8.35	36.025 J.Blackman-9.15 Peterman-9.0 Cook-8.975 Regelin-8.9	32.95 Tam-8.55 J.Blackman-8.25 Olson-8.1 two at-8.05	34.1 Tam-8.75 J.Blackman-8.55 Peterman-8.5 Olson-8.3	J.Blackman-51.45 Peterman-51.375 Tam-50.85
Feb. 19	at Army	206.225	34.4 Peterman-8.8 Cook-8.7 Ferris-8.45 Tam-8.45	34.0 Peterman-8.7 Tam-8.5 Beaudette-8.4 Cook-8.4	34.925 S.Blackman-9.575 Peterman-8.55 J.Blackman-8.45 Tam-8.35	35.55 Cook-9.0 J.Blackman-8.9 S.Blackman-8.85 Regelin-8.8	33.3 Peterman-8.45 Regelin-8.4 J.Blackman-8.25 Beaudette-8.2	34.05 Tam-8.7 J.Blackman-8.6 Beaudette-8.4 Peterman-8.35	Peterman-51.6 Tam-50.6 J.Blackman-49.8
Feb. 26	Springfield/III.-Chicago	206.95	36.05 Cook-9.3 Peterman-9.1 J.Blackman-8.85 Tam-8.8	32.7 Peterman-8.9 Cook-8.65 J.Blackman-7.85 Beaudette-7.7	34.875 S.Blackman-9.5 J.Blackman-8.875 Peterman-8.25 Regelin-8.25	35.725 J.Blackman-9.225 Cook-9.05 Regelin-9.0 Peterman-8.45	33.25 Tam-8.4 Olson-8.35 Beaudette-8.25 J.Blackman-8.25	34.35 J.Blackman-8.8 Peterman-8.7 Beaudette-8.45 Tam-8.4	J.Blackman-51.85 Peterman-51.45 Tam-49.25 Regelin-48.9
March 6	at William & Mary	204.15	34.25 Cook-9.0 J.Blackman-8.5 Tam-8.5 Ferris-8.25	32.25 Beaudette-8.4 Regelin-8.35 J.Blackman-8.05 Cook-7.45	35.1 S.Blackman-9.5 J.Blackman-8.95 Regelin-8.4 Tam-8.25	36.1 J.Blackman-9.2 Regelin-9.1 Cook-9.05 Fritz-8.75	32.9 Regelin-8.55 Olson-8.3 Beaudette-8.15 Chombeau-7.9	33.55 J.Blackman-8.55 Regelin-8.4 Tam-8.35 Ferris-8.25	J.Blackman-51.05
March 19	at Temple	207.425	34.725 Peterman-8.95 J.Blackman-8.675 Fritz-8.55 Tam-8.55	33.55 Cook-8.7 Peterman-8.7 J.Blackman-8.15 Tam-8.0	34.85 S.Blackman-9.6 Peterman-8.6 Regelin-8.4 Tam-8.25	36.05 J.Blackman-9.1 Cook-9.05 Fritz-8.95 Regelin-8.95	34.0 Peterman-8.7 Tam-8.6 Regelin-8.4 J.Blackman-8.3	34.25 Tam-8.85 J.Blackman-8.75 Regelin-8.4 Peterman-8.25	Peterman-52.0 Regelin-50.25
March 25	at ECAC Champ.	202.25	34.025 J.Blackman-8.875 Cook-8.5 Tam-8.35 Beaudette-8.3	32.7 Peterman-9.1 Cook-8.0 Tam-7.85 Beaudette-7.75	35.325 S.Blackman-9.55 J.Blackman-9.225 Tam-8.35 Peterman-8.2	35.85 J.Blackman-9.0 Fritz-9.0 Regelin-9.0 Peterman-8.85	32.4 Regelin-8.25 Peterman-8.15 J.Blackman-8.1 S.Blackman-7.9	31.95 Tam-8.4 Ferris-8.2 Regelin-7.8 Beaudette-7.55	J.Blackman-49.65 Peterman-49.4 Tam-49.2
April 15	at USA Coll. Champ.	208.25	35.95 Cook-9.3 Peterman-9.025 Tam-8.925 J.Blackman-8.7	31.8 Cook-8.35 Peterman-8.15 Tam-7.7 Regelin-7.6	35.75 S.Blackman-9.5 J.Blackman-9.0 Regelin-8.75 Peterman-8.5	35.85 Cook-9.2 J.Blackman-9.05 Regelin-8.85 Fritz-8.75	33.825 Regelin-8.65 J.Blackman-8.525 Tam-8.4 Beaudette-8.25	35.075 Peterman-9.075 Regelin-8.75 Tam-8.7 J.Blackman-8.55	Regelin-51.275 Peterman-50.75 Tam-50.525 J.Blackman-50.375

Bold denotes team season-high performance

UNITED STATES NAVAL ACADEMY

Secretary of the Navy George Bancroft laid the foundation for the Naval Academy when, in 1845, he established the Naval School at Fort Severn in Annapolis. Commander Franklin Buchanan served as the first Superintendent. His faculty consisted of four officers and three civilian professors. There were 50 students. Initially, the academic and professional instruction required five years the first and last at Annapolis, with the intervening three at sea.

In 1850, the Naval School became the United States Naval Academy. The following year, the Academy adopted its current course of instruction which includes four consecutive years at Annapolis, with at-sea training provided during the summers.

The Naval Academy moved to Newport, R.I., during the Civil War. In 1865, it was re-established at Annapolis under the leadership of Vice Admiral David Dixon Porter. During these early years, the Academy was one of the few institutions of higher learning offering a sophisticated undergraduate course in technical education.

The late 19th century saw immense changes in naval technology with the conversion from sail-powered, wooden ships to steam-powered vessels of steel, which also resulted in rapid developments in naval weaponry and tactics. With the Spanish-American War in 1898, the United States became a world naval power, and early Naval Academy graduates like George Dewey and Alfred Thayer Mahan made significant contributions to our national heritage.

The new century saw the nation's undergraduate naval college grow in size and academic prowess. The Class of 1895 had produced 41 graduates. By World War I, there were nearly 200 graduates each year, along with 2,500 reserve officers who received their training at the Academy.

With the entry of the United States into World War I, courses were shortened to three years, a program which remained in effect until 1921.

Between the two world wars, the curriculum and training equipment were modernized to keep pace with rapid advances in the naval profession and American education. In 1930, the Association of



American Universities accredited the Naval Academy, and in 1933, an act of Congress authorized the Naval Academy to confer the degree of bachelor of science on graduates, beginning with the Class of 1931. Congress authorized award of the degree to all living graduates in 1939. The Middle Atlantic States Association of Colleges and Secondary Schools first accredited the Academy in 1947.

During World War II, summer sessions were instituted and the course was again shortened to three years. As during World War I, reserve officers, along with reserve midshipmen, also trained at the Academy.

In 1963, the Academy initiated the Trident Scholar Program, under which a number of exceptional students are permitted to pursue independent research during the first class (senior) year.

The 1964-65 academic year saw the civilian positions of academic dean and dean of admissions established and far-reaching changes made to the curriculum. The number of required core courses was reduced and, for the first time, each midshipman was allowed to pursue academic areas of individual interest for minor or major. Additional changes, introduced in the 1969-70 academic year, now require every midshipman to complete a major.

In 1975, President Gerald R. Ford signed legislation authorizing admission of women to the service academies. The first women midshipmen entered the Academy in July 1976 and graduated with the Class of 1980.

MIDSHIPMEN LIFE

It all begins with fourth class year. From their first day at the Academy, the fourth class midshipmen, or plebes, undergo an intensive and unabated program of military training and indoctrination. Physical and mental demands on them and their time seem never-ending. But it all has a purpose: the development of leadership ability, motivation, moral strength, physical skills and stamina.

Plebe Summer is a time which most midshipmen will remember for many years. New midshipmen are kept constantly busy learning basic skills in seamanship, navigation and marksmanship. Their pride and company spirit are boosted through infantry drill, small arms training, sailing Navy yawls and cruising in yard patrol craft. Their competitive spirit and desire to win are developed in activities such as athletics, dress parades and seamanship.

Plebe Summer is highlighted in August during Parents Weekend,

NAVAL ACADEMY LEADERSHIP



**VICE ADM.
RODNEY P. REMPT,
USN**
Superintendent



**CAPT. BRUCE GROOMS,
USN**
*Commandant of
Midshipmen*

MISSION OF THE NAVAL ACADEMY

TO DEVELOP MIDSHIPMEN MORALLY, MENTALLY AND PHYSICALLY AND TO IMBUE THEM WITH THE HIGHEST IDEALS OF DUTY, HONOR AND LOYALTY IN ORDER TO PROVIDE GRADUATES WHO ARE DEDICATED TO A CAREER OF NAVAL SERVICE AND HAVE POTENTIAL FOR FUTURE DEVELOPMENT IN MIND AND CHARACTER TO ASSUME THE HIGHEST RESPONSIBILITIES OF COMMAND, CITIZENSHIP AND GOVERNMENT.

when parents visit the Academy and witness the progress of their sons and daughters.

The arrival of the upperclassmen in mid-August heralds the beginning of the academic year. The plebes embark on a four-year course of study while plebe indoctrination continues.

September brings the excitement of football and other fall sports. During the football season, only selected units of the brigade travel to away games, but the entire brigade attends all home games and the annual fall classic, the Army-Navy game.

Commissioning Week, in May, brings the graduation of the first classmen and the end of plebe year. Plebes signify the end of the first year at the Academy by scaling the smooth granite sides of Herndon Monument to replace, at its summit, a plebe cap with an upperclass cover.

Between plebe and third class years, midshipmen get their first taste of life at sea and their introduction to the enlisted men whom they will lead when commissioned as officers. Joining ships around the world, midshipmen perform a host of shipboard duties including standing deck, gunnery, operations and engineering watches. Midshipmen also have their first opportunity to visit foreign countries and experience different cultures.

Third classmen begin work in their academic majors and assume more responsibility in the military regimen at the Academy. Less emphasis is placed on indoctrination, leaving more time for studies, sports and extracurricular activities. It is a welcome change from the rigors of plebe year.

During their third summer, midshipmen get their first training in four warfare specialties which comprise the naval service. They learn about submarines at New London, Conn.; surface warfare at Norfolk, Va.; naval aviation at Pensacola, Fla.; and the Marine Corps at Quantico, Va.

Second class midshipmen are assigned still additional military responsibilities. They are selected and trained to direct the Brigade of Midshipmen during absences of the first class. They are also assigned an important role in indoctrination of the new plebe class, which develops their leadership skills. In academics, the second class midshipmen enter increasingly advanced areas of study.

During their final year at the Academy, first class midshipmen complete the core curriculum and their academic majors course requirements. Many undertake independent research projects, and some begin graduate-level studies at nearby universities. The first class midshipmen also take over the

responsibilities for plebe indoctrination. They also lead the brigade at parades, formal ceremonies and daily formations. They are responsible for the conduct, military smartness and competitive records of their units. The skills which the first class midshipmen develop this year will help them when they assume their leadership responsibilities in the Navy and Marine Corps following graduation.

One common denominator which binds the four years into a unit which will forever shape the life of an Academy graduate is the Honor Concept.

Established and administered by midshipmen, the Honor Concept is based on the principle that honorable individuals do not lie, cheat or steal. All midshipmen are expected to conduct their lives in accordance with the Honor Concept so that their decisions as midshipmen, naval officers and civilians reflect the highest levels of honorable conduct.

THE CURRICULUM

With the aid of academic and military advisors, midshipmen design their own blend of the curriculum's three elements:

- ✦ Courses providing the professional and leadership skills required in the naval service.

- ✦ Core requirements in engineering, social sciences, natural sciences and the humanities to ensure breadth in education.

- ✦ Completion of a major program in an academic subject chosen by each midshipman to develop individual interests and talents in depth.

The Naval Academy offers major programs in 19 subject areas: eight in engineering; seven in sciences and mathematics, including computer science, as well as information technology, the most recent addition; and four in the humanities and social sciences. Seven of the engineering majors are accredited professionally by the Engineering Accreditation Commission of the Accreditation Board of Engineering and Technology.

Selected humanities and social science majors with excellent records are invited to enter the rigorous honors programs offered by the departments of Economics, English, History and Political Science.

Outstanding students also have the opportunity to engage in independent study and research during their senior year. Those selected as Trident Scholars carry a reduced formal course load so they can pursue a major research project and prepare a thesis. They are assisted by



one or more faculty advisors who specialize in the field of study.

A number of first class midshipmen who complete academic requirements early are encouraged to enroll in graduate classes at area universities. This Voluntary Graduate Education Program gives them the chance to graduate and receive commissions with their classmates, finish their graduate studies locally and then go to their first assignments with a master's degree.

All midshipmen undertake professional military training, beginning on the first day of Plebe Summer and continuing through first class year. This includes classroom studies, drills and practical training at the Naval Academy and with Navy and Marine Corps units during summer programs. Navigation, seamanship, tactics, naval engineering, weapons, leadership and military law are among the areas studied. To advance and graduate, midshipmen must pass professional competency examinations covering general knowledge and subjects related to their service selection.

The Naval Academy's physical education program complements academic and professional development of midshipmen. Instruction and training aim to develop individual skills and competitive spirit, life-long habits of physical fitness, and the capability to withstand physical hardship when necessary. All midshipmen must complete the four-year program which includes the Physical Readiness Test (twice annually), water survival, physical development, personal defense and lifetime carryover sports. Women participate in the same curriculum, including boxing, wrestling and judo.

COMMISSIONING WEEK

Six days of parades, athletic events, colorful ceremonies, formal dances and receptions bring to a climax four years of challenging education and training.

One highlight of Commissioning Week is Color Parade. Each year, intra-brigade competition is conducted to determine which of the 30 companies stands highest overall on the basis of academics, intramural sports, professional drills and parade performance. During the parade, the color girl, who is selected by the Color Company commander, transfer the flags from the past Color Company to the new one.

The biggest social event of Commissioning Week is the ring dance for the second class midshipmen. An elegant formal affair, it is at this event that the midshipmen begin wearing their class rings.

First class midshipmen and their families attend the superintendent's garden party and reception, plus other social events. Athletic, academic and professional awards are presented in Alumni Hall. The evening before graduation, everyone is invited to attend the farewell ball.

On graduation day, friends and relatives gather with the midshipmen at Navy-Marine Corps Memorial Stadium. After the diplomas are presented and the oath of office is administered, the senior midshipman of the new first class leads three cheers for "those about to leave us." The graduates, led by the class president, reply with three cheers for "those we leave behind." On the last hooray of this cheer, the 1,000 graduates toss their midshipmen covers into the air. According to tradition, the honor of putting on the new Navy Ensign and Marine Corps Second Lieutenant shoulder devices is shared by mothers and Commissioning Week dates.

NAVY BLUE & GOLD

**NOW, COLLEGES FROM SEA TO SEA
MAY SING OF COLORS TRUE;
BUT WHO HAS BETTER RIGHT THAN WE
TO HOIST A SYMBOL HUE?
FOR SAILORS BRAVE IN BATTLE FAIR,
SINCE FIGHTING DAYS OF OLD,
HAVE PROVED THE SAILOR'S RIGHT TO WEAR
THE NAVY BLUE AND GOLD**

**FOUR YEARS TOGETHER BY THE BAY,
WHERE SEVERN JOINS THE TIDE,
THEN BY THE SERVICE CALLED AWAY
WE'RE SCATTERED FAR AND WIDE;
BUT STILL WHEN TWO OR THREE SHALL MEET
AND OLD TALES BE RETOLD
FROM LOW TO HIGHEST IN THE FLEET
WE'LL PLEDGE THE BLUE AND GOLD.**




BEAT ARMY!

At the Naval Academy, beating Army is important. Plebes yell "Beat Army!" in Bancroft Hall, "Beat Army" is on every weight in the Naval Academy weight room and alums and fans alike scream "Beat Army!" at the end of Blue & Gold, the Naval Academy alma mater.


Navy has dominated Army over the last 30-plus years, posting a winning record against the Black Knights 31 of the last 34 years and winning the N-star series nine-consecutive years.

Over the past eight years the Midshipmen have won 67 percent of all athletic contests played against West Point, including an astounding 70 percent of all N-Star contests.

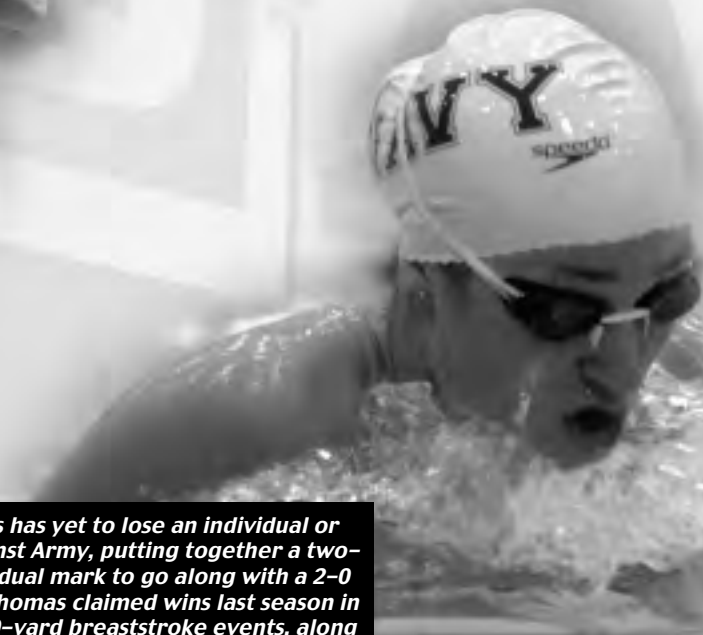
2004-05 Record Against Army	14-16-1 (.468)
2004-05 N-Star Record Against Army	12-9-1 (.568)
Eight-Year Record Against Army	166-80-5 (.671)
Eight-Year N-Star Record Against Army	120-49-5 (.704)



Taj Mathews closed out his career against his arch rival by scoring a career-high 26 points and leading Navy to an 84-69 Star Game victory over Army, Navy's 12th in the last 13 played. Mathews broke the Navy record for most three-pointers made (6) and attempted (14) in an Army-Navy contest.



Navy defeated Army in the outdoor season in dramatic fashion with the meet decided by the final event of the day. The 4x400-meter relay team defeated the Black Knights by four seconds and anchorman, plebe William Ricks, captivated the audience with a salute as he ran through the finish line.



Aubra Thomas has yet to lose an individual or relay race against Army, putting together a two-year 6-0 individual mark to go along with a 2-0 relay record. Thomas claimed wins last season in the 100 and 200-yard breaststroke events, along with the 200-yard individual medley. The victory over Army extended Navy's win streak to 16 straight over the Black Knights.



Led by the senior class, the Navy rifle team captured its 12th-consecutive N-Star against Army. Matt Albright, the recipient of Navy's 2005 Sword for Men, was the Mids' highest scorer in both the smallbore (587) and air rifle (586).

MIDSHIPMEN IN THE COMMUNITY

One of the challenges we continue to face is helping our children understand the importance of education and helping them realize that lofty goals are attainable. With an increasing number of collegiate athletes dropping out of school early to pursue lucrative contracts in the professional arena, we are left with the question "who are our children's role models?"

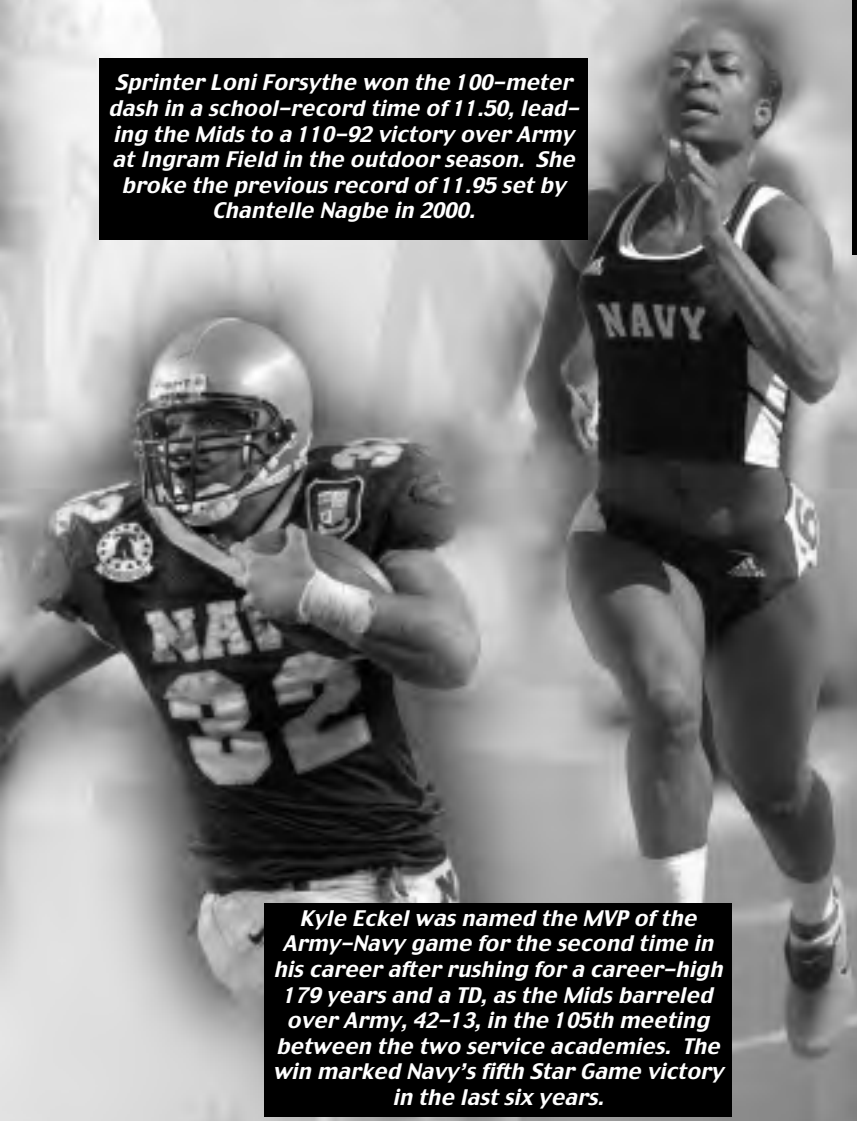
At the United States Naval Academy, the Midshipmen have to balance the rigorous requirements of education, athletics and basic military training. With Navy athletes competing at the Division I level, the demands of their sports heighten the importance of maintaining solid grades. Navy is one of the few Division I schools in which all athletes must meet stringent academic expectations. This is what makes our Midshipmen such tremendous role models, successfully maintaining that balance between athletics and academics at a highly competitive level.

The Naval Academy Athletic Association works with local schools to expose youth to the Midshipmen, with the hope of providing a lasting impression.

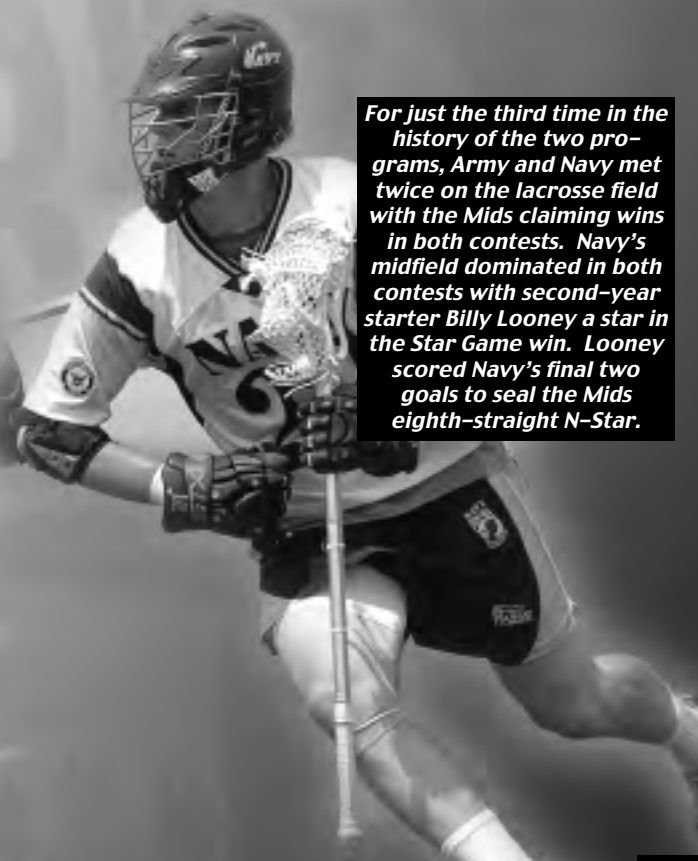
Typically, in assembly style, the Midshipmen speak to the students about life at the Academy, the experiences of competing in Division I athletics and what they've learned while at Navy, in addition to answering the multitude of questions that the students have.



Sprinter Loni Forsythe won the 100-meter dash in a school-record time of 11.50, leading the Mids to a 110-92 victory over Army at Ingram Field in the outdoor season. She broke the previous record of 11.95 set by Chantelle Nagbe in 2000.



Kyle Eckel was named the MVP of the Army-Navy game for the second time in his career after rushing for a career-high 179 yards and a TD, as the Mids barreled over Army, 42-13, in the 105th meeting between the two service academies. The win marked Navy's fifth Star Game victory in the last six years.



For just the third time in the history of the two programs, Army and Navy met twice on the lacrosse field with the Mids claiming wins in both contests. Navy's midfield dominated in both contests with second-year starter Billy Looney a star in the Star Game win. Looney scored Navy's final two goals to seal the Mids eighth-straight N-Star.

MACDONOUGH HALL



Three years and \$8.5 million went into the renovation of Macdonough Hall. The result is what most consider to be one of the most premier facilities in the country. In March 2006, Macdonough Hall will serve as the host to the ECAC Championship.

The gymnastics loft is equipped with the most modern training devices available. Included is a 65-foot long, eight-foot deep in-ground, loose foam safety pit, as well as spotting belts for every event. The state-of-the-art equipment includes: spring floor and tumbling strip into the pit; floor pommel horse, a buck and two mushroom rooms; two ring rigs with one over the pit; two vaulting runways with one into the pit; five sets of parallel bars with one next to the pit for dismounts; four horizontal bars with one over the pit and two trampolines.

