

Housing Form

Camp Schedule

(For Overnight Campers)

This form must be filled out completely for all participants of the Navy Football Camp requesting housing accommodations for the week of June 26 through June 29, 2009.

Name: _____ Age: _____ Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

In case of emergency, contact: _____

If you have a preference for a roommate, list his name: _____

*Application must be sent immediately to guarantee a dormitory room.

Housing Dates

Friday, June 26 through Monday, June 29, 2009. Check-in is 7:00 a.m.-11:00 a.m. on June 26 at Navy-Marine Corps Memorial Stadium. Check-out time on Monday, June 29 is at 10:00 a.m. Last meal is breakfast on June 29.

Housing Facility

Bancroft Hall. Dorm residents must supply their own bed sheets and bath towels.

Make Checks Payable to Navy Football Camp

For More Information, Write:

Navy Football Camp

566 Brownson Road – Ricketts Hall

United States Naval Academy

Annapolis, MD 21402

Friday, June 26

7 a.m. – 11:00 a.m.Registration
11:30 a.m.Welcome
12 NoonLunch
2:00 p.m. – 4:00 p.m.Practice
5:00 p.m.Dinner
6:30 p.m.7 on 7 Tournament
9:00 p.m.Speaker
10:30 p.m.Lights-Out

Saturday, June 27 &

Sunday, June 28

7:00 a.m.Breakfast
8:30 a.m. – 10:30 a.m.Practice
11:30 a.m.Lunch

Weight Room Open

2:00 p.m.Practice and Team Time
5:00 p.m.Dinner
6:30 p.m.7 on 7 Tournament
9:00 p.m.Speaker
10:30 p.m.Lights-Out

Monday, June 29

7:00 a.m.Breakfast
8:00 a.m.7-on-7 Tournament
10:00 a.m.Check-Out

GO NAVY

For more information or questions, please contact
Coach Pehrson or Shari Marra at (410) 293-8761
or e-mail:
marra@usna.edu

Navy Football Camp
Naval Academy Athletic Association
566 Brownson Rd. Ricketts Hall
U.S. Naval Academy
Annapolis, MD 21402

NAVY FOOTBALL

2009 Individual-Team Football Camp



June 26

through

June 29, 2009

Ages 10-High School Senior

Conducted by:

U.S. Naval Academy
Football Coaching Staff
Sponsored by the N.A.A.A.

Bring Your Whole Team!

Teams of Seven or More Receive a
\$25 Discount Per Player

Get an early jump this season by working together with your teammates at the Navy Football Camp. Each camper must complete an application and medical form. Any coach with seven or more participants must send the team information together and one coach from that team must attend. For more applications, call the Navy Football Office, (410) 293-8761

Navy Football Camp Highlights

Purpose

The Navy Football Camp is designed to teach, improve, and refine football skills in all areas. Individual attention will be given to each camper, and the instruction level will be geared to all age groups attending camp.

Facilities

The camp is held at the United States Naval Academy football facilities. Campers will have an opportunity to work on one of the finest artificial turf and grass facilities on the entire east coast.

Positions

The camp offers the camper the chance to work at his position of choice, both offensively and defensively. High School and Youth League coaches can observe and work with the Navy coaches of their choice, providing a great learning experience for coaches young and old!

Weight Training

The greatest innovation in football today is the aspect of weight training and conditioning. The Navy Football Camp offers all the campers the opportunity to learn the newest and most proven techniques in weight training and conditioning. Navy strength and conditioning coaches will instruct campers on the benefits of weight training.

Flexibility

Form Running, Sprint Technique – One of the most productive aspects of the camp is the form running and sprint program. Acknowledged experts in the field will help each camper gain the maximum potential in his running ability. Campers will experience a noticeable increase in speed and flexibility after attending the camp.

Coaches Special

High School Coaches and Youth League Coaches can attend and work side by side with Navy Coaches as well as review film and spend time with Navy Coaches in a clinic environment. Coaches can attend free, except for \$100 to cover room and board.

The Navy Football Camp is sponsored by the Naval Academy Athletic Association

What to Bring to Camp

- 1. Balance of money owed (if any)
- 2. Tennis shoes, football shoes, artificial turf-shoes
- 3. Gym shorts, T-shirt, etc.
- 4. Towel
- 5. Lock for your valuables
- 6. Dorm Campers & Resident Coaches: Bring bed sheets, pillows, pillow cases and bath towels
- 7. Verification of recent Physical Exam MUST ACCOMPANY DEPOSIT

Check-in is on Friday, June 26, 2009 from 7:00 a.m.- 11:00 a.m. at Navy-Marine Corps Memorial Stadium. First practice is at 2:00 p.m. on Friday. Timing will take place prior to the first practice.

Traveling to Annapolis

From The North

Take Interstate 95 South, exit on Interstate 695 East in Baltimore, then take Interstate 97 South exit. Follow Interstate 97 until it merges into U.S. Route 50 East.

From The South

Take Interstate 95 North, Maryland Route 2 North, and U.S. Route 301/Maryland Route 3 North Intersect U.S. Route 50. Travel East to Annapolis.

From U.S. Route 50

Exit Rowe Boulevard (Md. Route 70). Turn right at the intersection of Rowe Boulevard and Taylor Avenue. Navy-Marine Corps Memorial Stadium will be on your right.

Air Transportation

Baltimore-Washington International Airport (BWI) is convenient to Annapolis and serves most major airlines. A shuttle service runs regularly to the academy from BWI. Washington's National Airport, and Virginia's Dulles International Airport are more than an hour's drive from Annapolis. Rental cars, taxicabs and limousine services are available at all three airports.

Application June 26-June 29, 2009

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Age: _____ Grade: _____ HT: _____ WT: _____

School Now Attending: _____

T-Shirt Size – M / L / XL (circle one)

Coaches Only

SCHOOL _____
 YOUTH LEAGUE TEAM _____
 ADDRESS _____

 CITY _____ STATE _____ ZIP _____

Important

In order to organize the camp, we must know the two positions you plan on playing while at camp. Be SPECIFIC. **EXAMPLE:** 1st choice, Offensive Line. 2nd choice, Defensive Back.

1st Choice _____ 2nd Choice _____

____ I am enclosing \$100.00 DEPOSIT (Non-Refundable). I will bring the remaining balance of the camp tuition to registration on Friday, June 23.

Overnight Camp Day Camp

____ Enclosed is a check payable to Navy Football Camp
 ____ I am enclosing \$450.00 in Full Payment (Overnight Campers)
 ____ I am enclosing \$425.00 in Full Payment (Overnight Team Campers)*
 ____ I am enclosing \$400.00 in Full Payment (Day Campers)
 (Includes lunch and evening meal)

Mail To:
Navy Football Camp
Naval Academy Athletic Association
566 Brownson Rd. Ricketts Hall
Annapolis, MD 21402

www.NavySports.com

Federal Tax ID # 52-0613669, *For Teams with Seven or More Campers

Medical Information

Applicant's Name _____
 (Please print)

Medical Treatment Authorization

I/We being the legal guardians of the above applicant authorize the Navy Football Camp and its agents permission to request medical treatment as necessary to insure the well being of the applicant.

 (Parent or Guardian Signature)

 (Date)

Insurance

Coverage for accidental injury is required by all participants. Please complete the health care information below.

Health Insurance Carrier: _____

Policy Number: _____

I approve of my child's attendance at the Navy Football Camp and certify that he is in good health and able to participate in the program activities. I (am/am not) attaching a statement explaining special physical limitations and/or required medication. Please indicate if your child suffers from allergies, asthma, diabetes, restricted activities, etc. In further consideration of the Navy Football Camp accepting this application, I/we hereby agree to save and indemnify and keep harmless the Navy Football Camp, its agents, and employees against any and all liability, claims, judgments, or demands for damages arriving as a result of injuries sustained by the applicant during or as a result of any course given the applicant of the Navy Football Camp.

 (Parent or Guardian Signature)

 (Date)

Please Complete if You Would Like Information Sent to a Friend

Name _____

Street _____

City _____ State _____ Zip _____