



## NAIA WOMEN'S CROSS COUNTRY CHAMPIONSHIP HISTORY

*Updated 3.31.08*

YEAR	SITE	CHAMPION	POINTS	RUNNER-UP	POINTS
1980	Salina, Kan.	Wisconsin-Parkside	52	Emporia State (Kan.)	100
1981	Kenosha, Wis.	Adams State (Colo.)	25	Berry (Ga.)	71
1982	Kenosha, Wis.	Marquette (Wis.)	48	Wisconsin-Eau Claire	109
1983	Kenosha, Wis.	Simon Fraser (B.C.)	58	Marquette (Wis.)	79
1984	Kenosha, Wis.	Wisconsin-Eau Claire	91	Portland (Ore.)	99
1985	Kenosha, Wis.	Portland (Ore.)	64	Wisconsin-Eau Claire	95
1986	Kenosha, Wis.	Wisconsin-Parkside	121	Emporia State (Kan.)	151
1987	Kenosha, Wis.	Simon Fraser (B.C.)	60	Adams State (Colo.)	169
1988	Kenosha, Wis.	Pacific Lutheran (Wash.)	44	Adams State (Colo.)	69
1989	Kenosha, Wis.	Adams State (Colo.)	79	Western State (Colo.)	132
1990	Kenosha, Wis.	Western State (Colo.)	58	Adams State (Colo.)	70
1991	Kenosha, Wis.	Adams State (Colo.)	66	Simon Fraser (B.C.)	87
1992	Kenosha, Wis.	Puget Sound (Wash.)	76	George Fox (Ore.)	111
1993	Kenosha, Wis.	Puget Sound (Wash.)	38	Doane (Neb.)	169
				Simon Fraser (B.C.)	169
1994	Kenosha, Wis.	Puget Sound (Wash.)	51	Simon Fraser (B.C.)	74
1995	Kenosha, Wis.	Puget Sound (Wash.)	82	Simon Fraser (B.C.)	91
1996	Kenosha, Wis.	Simon Fraser (B.C.)	75	Puget Sound (Wash.)	114
1997	Kenosha, Wis.	Simon Fraser (B.C.)	56	Puget Sound (Wash.)	118
1998	Kenosha, Wis.	Simon Fraser (B.C.)	22	Malone (Ohio)	146
1999	Kenosha, Wis.	Malone (Ohio)	77	Spring Arbor (Mich.)	160
2000	Kenosha, Wis.	Concordia (Calif.)	133	Concordia (Neb.)	188
2001	Kenosha, Wis.	Cedarville (Ohio)	147	Concordia (Neb.)	169
2002	Kenosha, Wis.	Northwest (Wash.)	77	Concordia (Neb.)	116
2003	Louisville, Ky.	Simon Fraser (B.C.)	93	Northwest (Wash.)	114
2004	Louisville, Ky.	Simon Fraser (B.C.)	95	Concordia (Neb.)	129
2005	Louisville, Ky.	Simon Fraser (B.C.)	74	Black Hills State (S.D.)	190
2006	Louisville, Ky.	Simon Fraser (B.C.)	73	Cedarville (Ohio)	92
2007	Kenosha, Wis.	Simon Fraser (B.C.)	99	Cedarville (Ohio)	145

### MEET RECORDS

**5,000 Meters:** 16:43, Emile Mondor, Simon Fraser (B.C.), 2002

**Best Winning Score:** 22 points, Simon Fraser (B.C.), 1998

**Largest Margin of Victory:** 131 points, Puget Sound (Wash.) (38), Simon Fraser (B.C.) (169), Doane (Neb.) (169), 1993

**Smallest Margin of Victory:** 8 points, Wisconsin-Eau Claire (91), Portland (Ore.) (99), 1984

### ALL-TIME TEAM CHAMPIONSHIPS

Simon Fraser (B.C.)	10
Puget Sound (Wash.)	4
Adams State (Colo.)	3
Wisconsin-Parkside	2

The following institutions each have one championship: Cedarville (Ohio); Concordia (Calif); Malone (Ohio); Marquette (Wis.); Minot State (ND); Northwest (Wash.); Pacific Lutheran (Wash.); Portland (Ore.); Western State (Colo.); Wisconsin-Eau Claire.

### ALL-TIME INDIVIDUAL CHAMPIONSHIPS

Simon Fraser (B.C.)	12
Adams State (Colo.)	2
Oklahoma Baptist	2
Pacific Lutheran (Wash.)	2

The following institutions each have one championship: Azusa Pacific (Calif.); Biola (Calif.); Hillsdale (Mich.); Malone (Ohio); Marquette (Wis.); Minot State (N.D.); Puget Sound (Wash.); Wisconsin-Eau Claire; Wisconsin-Parkside.

### COACH OF THE YEAR

1980 Bob Lawson, Wisconsin-Parkside  
 1981 Rocky Light, Adams State (Colo.)  
 1982 Elliot Kramsky, Marquette (Wis.)  
 1983 Zenon Smiechowski, Simon Fraser (B.C.)  
 1984 Marv Allen, Wisconsin-Eau Claire  
 1985 Mike Johnson, Portland (Ore.)  
 1986 Mike DeWitt, Wisconsin-Parkside  
 1987 Zenon Smiechowski, Simon Fraser (B.C.)  
 1988 Brad Moore, Pacific Lutheran (Wash.)  
 1989 Damon Martin, Adams State (Colo.)  
 1990 Brad Moore, Pacific Lutheran (Wash.)  
 1991 Damon Martin, Adams State (Colo.)  
 1992 Wes Cook, George Fox (Ore.)  
 1993 Sam Ring, Puget Sound (Wash.)  
 1994 Mike Lonergan, Simon Fraser (B.C.)  
 1995 Russell Smelley, Westmont (Calif.)  
 1996 Zenon Smeichowski, Simon Fraser (B.C.)  
 1997 Ben Welch, Eastern Oregon  
 1998 Jack Hazen, Malone (Ohio)  
 1999 Kregg Einspahr, Concordia (Neb.)  
 2000 John Foss, Indiana Wesleyan  
 2001 Elvin King, Cedarville (Ohio)  
 2002 Bill Taylor, Northwest (Wash.)  
 2003 Brit Townsend, Simon Fraser (B.C.)  
 2004 Brit Townsend, Simon Fraser (B.C.)  
 2005 Brit Townsend, Simon Fraser (B.C.)  
 2006 Brit Townsend, Simon Fraser (B.C.)  
 2007 Brit Townsend, Simon Fraser (B.C.)

#### **ALL-TIME INDIVIDUAL CHAMPIONS**

1980 Wendy Burman, Wisconsin-Parkside, 17:54  
 1981 Mary Jaqua, Adams State (Colo.), 18:34  
 1982 Kate Webb, Marquette (Wis.), 17:41  
 1983 Cindy Grant, Simon Fraser (B.C.), 17:32  
 1984 Katie Somers, Wisconsin-Eau Claire, 17:36  
 1985 Val Hilden, Pacific Lutheran (Wash.), 18:53  
 1986 Gina Van Laar, Hillsdale (Mich.), 17:40  
 1987 Leah Pells, Simon Fraser (B.C.), 16:59  
 1988 Valerie Hilden, Pacific Lutheran (Wash.), 17:41  
 1989 Wanda Howlett, Puget Sound (Wash.), 17:55  
 1990 Sarah Howell, Simon Fraser (B.C.), 17:44  
 1991 Amy Giblin, Adams State (Colo.), 17:37  
 1992 Aundrea Bertoia, Simon Fraser (B.C.), 18:44  
 1993 Elizabeth Onyambu, Biola (Calif.), 17:35  
 1994 Cari Rampersad, Simon Fraser (B.C.), 17:51  
 1995 Cari Rampersad, Simon Fraser (B.C.), 18:02  
 1996 Cari Rampersad, Simon Fraser (B.C.), 17:14  
 1997 Heather deGeest, Simon Fraser (B.C.), 18:33  
 1998 Heather deGeest, Simon Fraser (B.C.), 17:06  
 1999 Melissa Clement, Simon Fraser (B.C.), 17:39  
 2000 Everlyne Lagat, Malone (Ohio), 18:01  
 2001 Emile Mondor, Simon Fraser (B.C.), 17:24  
 2002 Emile Mondor, Simon Fraser (B.C.), 16:43  
 2003 Mirriam Kaumba, Oklahoma Baptist, 17:13.9  
 2004 Mirriam Kaumba, Oklahoma Baptist, 16:53.70  
 2005 Julia Howard, Simon Fraser (B.C.), 17:24.15  
 2006 Genevieve Binsfield, Minot State (N.D.), 17:38.2  
 2007 Jaime Canterbury, Azusa Pacific (Calif.), 17:10.8