



June 7, 2004

Colorado State Outdoor Track & Field

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2004 Release

NCAA Preview: Colorado State sends eight to the NCAA Championship in Austin, Texas. The Rams had four qualify through NCAA Regional competition, one provisionally qualify by time, and three receive at-large bids into the championship. Junior **Loree Smith** will be competing in both the discus and the hammer, while sophomore **Haley Hunt** joins her in the hammer and senior **Keela Niemeyer** joins Smith in the discus. Freshman **Magnus Lohse** will throw the shot put and junior **Mike Nicks** will compete in the steeplechase after winning the NCAA Regional title. Seniors **John Woods** and **Austin Vigil** will run in the 200 meters and 10,000 meters, respectively and junior **Cristina Gourdin** will compete in the heptathlon for the Rams. Niemeyer and Nicks will be headed to the NCAA Championship for the second straight season, while Smith returns after competing in 2002.

Honored: Loree Smith was named the Mountain District Outdoor Female Athlete of the Year by the United States Track Coaches Association. Smith won the award after being ranked in the top five all season in both the hammer and discus events. She also won the hammer at the NCAA Midwest Regional meet and will compete in both events at the NCAA Championship. Smith holds both the school and Mountain West Conference records in the hammer and the Mountain West record in the discus. She is the second CSU award winner in as many years, as former Ram standout Drew Loftin won the men's award last season.

A Season For The Records: Six records have fallen by the wayside this season, five on the women's side and one men's record were broken. Magnus Lohse broke the shot put record for the second time this season with his throw of 61-0.25 at the NCAA Midwest Regional. He breaks his own record of 60-7.25 from the first meet of the season on April 27. Freshman **Janay DeLoach** jumped 20-1.75 in the long jump at the Cardinal Invitational to break the previous record of 20-0 held by Kelly Delph from 1990. Senior **Christine Ahn** broke her own school record in the pole vault for the second time this season after clearing 12-9.5 at the Air Force Twilight. She breaks her record of 12-8 from the Jack Christiansen Invitational. Loree Smith broke the school and Mountain West record in the hammer for the two straight weeks after

winning the Texas Relays with a throw of 220-0. She breaks the old record of 193-10 held by Shelly Borrman from 1998. Sophomore **Amanda Huddleston** broke her own record in the triple jump, leaping 40-9.5 at the Mountain West Conference Championship. Her old record of 40-0.75 came back on April 6, 2002. The other record to fall this season was the women's 4x100 meter relay. The quartet of sophomore **Candace Lelo**, DeLoach, junior **Katrice Thomas** and freshman **Megan Fox** ran a 46.31 at the Nebraska Invitational on April 17 to break the old record of 46.56 held by Eileen Amador, Carisa Wherry, Christine Reaux and Kadeisha Hilliard from 1995.

We Are The Champions: Junior Mike Nicks won the steeplechase at the NCAA Midwest Regional, running a 9:02.32 to beat Soeren Lindner of SMU by 0.67 seconds. Junior Loree Smith won the hammer throw, setting the midwest regional record with her toss of 198-8. Sophomore Haley Hunt surprised the field, finishing second behind Smith with a personal best throw of 195-5. The men's team finished in 11th place at the regional meet with 25 points, while the women were eighth with 28 points.

Throwers Take Title: According to The Thrower's Page, a website dedicated solely to the throwing events in track & field, the Rams are the number one ranked team in the nation. Using the descending Division I order lists, the Rams earned 31.6 points, 16.0 for men and 15.6 for women, to beat out second place Florida, which tallied 29.5 points. The Rams also finished first in the hammer throw, first in the discus throw and third in the shot put. They were first among men's teams and third among women's teams for the combined first-place ranking.

We Are The Champions, II: John Woods won both the 100 and 200 meters at the Mountain West Championship, winning both for the second time in his career, after doing so in 2002. Woods also won the third straight title for the Rams in the 200 meters after Chris Riggs was victorious in 2003. The 4x100 meter men's relay team was also victorious. The quartet of freshman **Rodnee Pope**, freshman **Denny Majerus**, junior **Brandon Kent** and Woods won the second-ever relay title for the men, along with the 2002 squad. On the

2004 Outdoor Track & Field Schedule/Results

Date	Meet	Location	Time/Results
March 27	Rob Upton Invitational	Fort Collins, Colo.	M 1st/W 1st
March 26-27	Stanford Invitational	Palo Alto, Calif.	No Team Scores
April 1-2	Bennett/Schiemenz Multis	Greeley, Colo.	No Team Scores
April 3	Tom Benich Classic	Greeley, Colo.	No Team Scores
April 2-3	Clyde Littlefield Texas Relays	Austin, Texas	No Team Scores
April 10	Ram Invitational	Fort Collins, Colo.	Cancelled
April 17	Nebraska Quadrangular	Lincoln, Neb.	No Team Scores
April 22-24	Drake Relays	Des Moines, Iowa	No Team Scores
April 24	Jack Christiansen Invitational	Fort Collins, Colo.	M 1st/W 1st
April 25-26	Glenn Morris Multis	Fort Collins, Colo.	No Team Scores
April 30	Cardinal Qualifier	Palo Alto, Calif.	No Team Scores
May 1	Modrall Sperling Don Kirby Invitational	Albuquerque, N.M.	No Team Scores
May 12-15	Mountain West Championship	Las Vegas, Nev.	M 2nd/W 2nd
May 28-29	NCAA Midwest Regional	College Station, Texas	M 11th/W 8th
June 9-12	NCAA Championship	Austin, Texas	All Day

women's side, Loree Smith won both the discus and hammer events and was second in the shot put. Woods won the high point award for the second time this season after amassing 22.5 points in his three events.

2003 NCAA Recap: Looking back to one year ago, the Rams fared well at the 2003 NCAA Championship. The Rams sent eight student-athletes (Keela Niemeyer, Meg Larson, Drew Loftin, Adam Trainor, Brian Trainor, Mike Nicks, Paul Michel and Dylan Olchin) to Sacramento. Niemeyer finished 17th in the shot put and 23rd in the discus, while Larson was 24th in the steeplechase. Loftin placed second in the hammer and seventh in the discus, earning All-American status in both events. Adam Trainor was 23rd in the hammer, while his brother Brian was 18th in the discus. Michel placed 25th in the 1500 meters and Nicks finished 14th in the steeplechase.

Well Represented: At the NCAA Championship, June 9-12, the Mountain West Conference will be extremely well represented. There is just one event on the women's side (shot put) where there will not be a MWC representative. In the steeplechase, 400 meter hurdles and hammer there will be three each from the league, while 11 of the 20 events have multiple student-athletes from the conference entered. On the men's side 13 of the 20 events have student-athletes from the league entered, with eight having multiple entries. The steeplechase, 10,000 meters and pole vault all have three league contestants.

All-Conference: A total of 20 Colorado State student-athletes were named to the 2004 Mountain West Outdoor Track & Field All-Conference team. The good news for Ram fans is 14 of those have eligibility remaining for next season. To be named to the all-conference team, a student-athlete must finish in the top three at the conference championship or be a member of the winning relay team. An asterisk (*) indicates a repeat outdoor all-conference selection.

*Christine Ahn, pole vault

Rheannon Backes, high jump

*Jacob Benson, long jump

*James Cale, discus, hammer

Josh Glaab, 10,000

*Katie Hansen, discus

Melissa Harms, hammer

Justin Hazzard, 400 hurdles

Nate Heyrman, hammer

Amanda Huddleston, triple jump

Brandon Kent, 4x100 relay

Magnus Lohse, shot put

Denny Majerus, 4x100 relay

*Bill Michel, 5000

Drew Morano, 200, 400

*Mike Nicks, steeplechase

*Keela Niemeyer, shot put

Rodnee Pope, 4x100 relay

*Loree Smith, shot put, discus, hammer

*John Woods, 100, 200, 4x100 relay

Athletes of the Week: Loree Smith was honored by the Mountain West Conference office three times this season as the Women's Track & Field Athlete of the Week. Smith earned the honors on March 31, April 7 and April 22 after breaking at least one record in each of the three weeks. Senior Christine Ahn was named the final women's outdoor athlete of the week (May 11) after breaking the school record and clearing 12-9.5 at the Air Force Twilight.

Qualified for Trials: Loree Smith has met the qualifying standard in the hammer and surpassed the provisional mark in the discus for the USA Olympic Team Trials, which will be held July 9-18 at Sacramento State. She is the only current student-athlete to qualify, but several former athletes will be in Sacramento next month. Bryan Berryhill in the 1500 meters, Brian Trainor and Casey Malone in the discus, Drew Loftin in the hammer and Megan Addy in the 400 meter hurdles have all qualified to compete for a spot on the 2004 USA Olympic team.

Qualified for Juniors: Four Rams have qualified for the USA Junior Outdoor Track & Field Championships in seven events. To be eligible, athletes must be at least 14 years old on the day of competition but not turn 20 years old during 2004. They must also meet the qualifying standard in their respective events. Freshman Janay DeLoach has qualified in both the 100 meters and long jump, while Megan Fox has qualified in both the 200 and 400 meters. Freshman Katie Lloyd has also surpassed the qualifying standard in the heptathlon. On the men's side, Drew Morano has qualified in both the 200 and 400 meters.

Colorado State Men's Outdoor Track & Field Records				Colorado State Women's Outdoor Track & Field Records			
Event	Name	Time/Mark	Year	Event	Name	Time/Mark	Year
100-Meters	Deontrey Taylor, Sean Ingram	10.30	1996, 2000	100-Meters	Pam Greene	11.40	1974
110-Hurdles	Jeremy Kendall	13.85	1998	100-Hurdles	Felicia Dixon	13.58	1997
200-Meters	John Woods	20.69	2002	200-Meters	Pam Greene	23.10	1976
400-Meters	Deontrey Taylor	46.34co	1998	400-Meters	Katrice Thomas	53.64	2003
400-Hurdles	Chris Adsit	50.20	1973	400-Hurdles	Mary Norwesh	57.70	1992
800-Meters	Bryan Berryhill	1:46.03	2001	800-Meters	Wendy Knudson	1:59.91	1976
1500-Meters	Bryan Berryhill	3:37.05	2001	1500-Meters	Wendy Knudson	4:21.80	1976
Mile	Bryan Berryhill	3:55:01	2001	3000-Meters	Libbie Johnson	9:12.90	1987
Steeplechase	Mike Nicks	8:43.67	2003	Steeplechase	Meg Larson	10:10.16	2001
5000-Meters	Mike Klass	13:41.58	2000	5000-Meters	Sandy Ham	16:20.16	1992
10,000-Meters	Ed Cordova	29:03.13	1987	10,000-Meters	Sarah Piccolo	34:08.94	1997
4x100-Relay	Ingram, Gray, Ward, Smith	39.56	2000	4x100-Relay	Lelo, DeLoach, KThomas, Fox	46.31	2004
4x400-Relay	Ginther, Walker, McQueen, Parry	3:09.30	1976	4x400-Relay	Amador, Reaux, Slade, Morrison	3:41.88	1995
High Jump	Matt Hoskins	7-0.75	1989	High Jump	Elizabeth Toman	5-10.75 (1.80)	2000
Long Jump	Phil Webb	25-4.25 (7.73)	1971	Long Jump	Janay DeLoach	20-1.75 (6.14)	2004
Triple Jump	Mike Clark	49-9 (15.16)	1969	Triple Jump	Amanda Huddleston	40-9.5 (12.43)	2004
Pole Vault	Matt Smoldt	16-8.75 (5.10)	1996	Pole Vault	Christine Ahn	12-9.5 (3.90)	2004
Shot Put	Magnus Lohse	61-0.25 (18.60)	2004	Shot Put	Elizabeth Toman	52-1.25 (15.88)	2001
Discus	Casey Malone	211-6 (64.47)	2000	Discus	Shelly Borрман	198-8 (60.55)	1999
Javelin	Mattias Borрман	223-11 (68.26)	1994	Javelin	Elizabeth Toman	163-2 (49.74)	1998
Hammer	Drew Loftin	233-0 (71.01)	2003	Hammer	Loree Smith	220-0 (67.05)	2004
Decathlon	John Harrel	7,556 points	1982	Heptathlon	Lindsey Malmgren	5,160 points	2001

Colorado State Men's Outdoor Track & Field Bests

100 Meters (10.50 regional, +.03 3000-5999, +.06 >6000)

%10.38	John Woods	5-28/Texas A&M (NMR)
10.85	Denny Majerus	5-14/UNLV (MWC)
10.94	Chris Grapsas	3-27/CSU
11.20	Kevin Johnson	4-1/UNC
11.33	Brandon Kent	5-1/New Mexico

110 Hurdles (14.33 regional, +.04 3000-5999, +.08 >6000)

14.54	Mike Horton	5-15/UNLV (MWC)
14.60	Justin Hazzard	3-27/CSU
15.05	Henry Manuel	4-24/CSU
15.52	Kevin Johnson	5-1/New Mexico
16.00	Dave Hoesly	4-24/CSU

200 Meters (21.19 regional, +.07 3000-5999, +.12 >6000)

%20.77	John Woods	5-29/Texas A&M (NMR)
21.36	Drew Morano	5-15/UNLV (MWC)
21.59	Rodnee Pope	5-15/UNLV (MWC)
21.66	Chris Grapsas	4-17/Nebraska
21.82	Brandon Kent	4-17/Nebraska
22.05w	Mike Horton	5-1/New Mexico
22.49	Justin Hazzard	4-3/UNC
22.56	Denny Majerus	4-3/UNC

400 Meters (47.26 regional, +.11 3000-5999, +.21 >6000)

%46.91	Drew Morano	5-15/UNLV (MWC)
47.71	Brandon Kent	4-17/Nebraska
48.17	Justin Hazzard	4-3/UNC
49.01	Rodnee Pope	4-17/Nebraska
50.43	Brett Melin	4-24/CSU
50.51	Kevin Johnson	5-12/UNLV (MWC)
51.37	Ryan Lowen	4-3/UNC
51.67	Mike Horton	4-24/CSU
52.00	Ryan Kirkpatrick	4-3/UNC

400 Hurdles (52.51 regional, +.11 3000-5999, +.21 >6000)

%51.79	Justin Hazzard	5-15/UNLV (MWC)
55.10	Dave Hoesly	5-1/New Mexico
56.99	Henry Manuel	4-24/CSU
59.09	Mike Horton	4-17/Nebraska

800 Meters (1:50.62 regional)

1:50.87	Brian Kelly	4-24/CSU
1:51.03	Paul Michel	5-15/UNLV (MWC)
1:52.41	Ryan Lowen	5-1/New Mexico
1:52.70	Joey Alzola	5-1/New Mexico
1:54.67	Brett Melin	4-17/Nebraska
1:55.14	Nelson Palacios	5-7/Air Force
1:58.00	Matt Cianciulli	5-1/New Mexico
1:58.92	Matt Pettit	4-3/UNC
2:00.09	Ryan Kirkpatrick	3-27/CSU

#1500 Meters (3:48.21 regional)

%3:52.44 (3:47.39)	Paul Michel	5-1/New Mexico
3:53.47 (3:48.42)	Ryan Kirkpatrick	5-1/New Mexico
3:52.60	Bill Michel	4-17/Nebraska
3:59.81 (3:55.23)	Matt Cianciulli	4-3/UNC
4:00.47	Mike Nicks	5-14/UNLV (MWC)
4:02.45 (3:57.87)	Matt Pettit	4-3/UNC
4:07.17 (4:02.59)	Dennis Flanagan	4-3/UNC
4:09.96 (4:04.96)	Nelson Palacios	4-24/CSU

#Steeplechase (9:08.15 regional)

%8:59.89	Mike Nicks	5-14/UNLV (MWC)
10:11.83 (9:58.56)	Dennis Flanagan	4-24/CSU

#5000 Meters (14:18.58 regional)

%14:05.43	Bill Michel	4-30/Stanford
14:28.38	Austin Vigil	4-17/Nebraska
14:30.91	Josh Glaab	5-15/UNLV (MWC)
14:34.38	Matt Cianciulli	4-22/Drake
15:05.28	Dylan Olchin	5-15/UNLV (MWC)

#10,000 Meters (29:45.00 prov, 29:00.00 auto national)

%29:13.97	Austin Vigil	3-26/Stanford
%29:27.41	Dylan Olchin	3-26/Stanford
%29:32.77	Josh Glaab	3-26/Stanford

High Jump (6-10.75 regional)

6-10	Jacob Benson	3-27/CSU
6-8.75	Jon Uher	4-17/Nebraska
6-2	Daniel Cecchini	3-27/CSU
6-0	Kevin Johnson	3-27/CSU

Long Jump (24-1 regional)

23-3.5	Jacob Benson	4-3/UNC
22-5.25	Kevin Johnson	5-12/UNLV (MWC)
21-4.25	Denny Majerus	3-27/CSU

Triple Jump (49-5.75 regional)

48-4	Jacob Benson	4-24/CSU
45-11.75	Kevin Johnson	5-15/UNLV (MWC)

Pole Vault (16-4.75 regional)**Shot Put (54-0.5 regional)**

!%61-0.25	Magnus Lohse	5-28/Texas A&M (NMR)
%56-6.5	Jeremy Graff	5-15/UNLV (MWC)
%55-3.5	Nate Heyrman	5-15/UNLV (MWC)
%54-3.25	Trey Eder	4-24/CSU
50-5.5	Jace Rivera	5-1/New Mexico
49-1	James Cale	4-24/CSU

Discus (168-6 regional)

%177-7	James Cale	5-29/Texas A&M (NMR)
%175-9	Nate Heyrman	5-29/Texas A&M (NMR)
%175-1	Jason Fearheiley	4-3/UNC
%172-11	Jeremy Graff	4-24/CSU
158-9	Magnus Lohse	4-3/UNC
154-11	Trey Eder	5-14/UNLV (MWC)
152-7	Jace Rivera	4-3/UNC

Hammer (182-6 regional)

%199-10	James Cale	5-15/UNLV (MWC)
%194-5	Nate Heyrman	5-15/UNLV (MWC)
%194-0	Jace Rivera	4-24/CSU
%191-7	Jeremy Graff	5-15/UNLV (MWC)
%187-10	Trey Eder	3-27/CSU
164-7	Jason Fearheiley	3-27/CSU

Javelin (202-2 regional)

202-0	Chris Ahlgrim	3-27/CSU
185-2	Jason Fearheiley	5-14/UNLV (MWC)
139-2	Kevin Johnson	5-1/New Mexico

Decathlon (7,000 prov., 7,500 auto national)

6091	Kevin Johnson	4-1,2/UNC
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400 Meter Relay (40.66 regional, +.12 3000-5999, +.24 >6000)

%40.41	Pope, Majerus, Kent, Woods	5-15/UNLV (MWC)
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1000 Meters (9:18.81 regional, +.44 3000-5999, +.84 >6000)

		5-1/New Mexico
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Colorado State Women's Outdoor Track & Field Bests

100 Meters (11.78 regional, +.03 3000-5999, +.07 >6000)

12.04	Janay DeLoach	4-17/Nebraska
12.38	Megan Fox	4-3/UNC
12.51	Candace Lelo	4-17/Nebraska

100 Hurdles (13.95 regional, +.04 3000-5999, +.08 >6000)

14.68	Katie Lloyd	5-12/UNLV (MWC)
15.15	Cristina Gourdin	3-27/CSU
15.50	Kelli Kunz	3-27/CSU
15.51	Andrea Little	3-27/CSU
15.93	Tonya Cure	5-1/New Mexico

200 Meters (23.96 regional, +.07 3000-5999, +.14 >6000)

24.03	Katrice Thomas	4-17/Nebraska
24.17	Megan Fox	4-17/Nebraska
25.33	Cristina Gourdin	4-1/UNC
26.03	Candace Lelo	4-17/Nebraska
26.14c	Tonya Cure	4-25/CSU
26.30	Zuzana Krajciova	4-24/CSU
26.54c	Katie Lloyd	4-25/CSU
26.64	Rheannon Backes	4-24/CSU

400 Meters (54.61 regional, +.11 3000-5999, +.21 >6000)

%54.41 (54.52)	Megan Fox	4-24/CSU
54.98	Katrice Thomas	5-14/UNLV (MWC)
59.70	Katie Yemm	4-3/UNC

400 Hurdles (1:00.82 regional, +.11 3000-5999, +.21 >6000)

1:03.08	Zuzana Krajciova	5-1/New Mexico
1:07.91	Katie Lloyd	4-17/Nebraska
1:07.97	Kelli Kunz	4-24/CSU

800 Meters (2:10.29 regional)

2:10.52	Katie Yemm	4-24/CSU
2:16.05	Tonya Cure	5-13/UNLV (MWC)
2:19.79	Danielle Korb	3-27/CSU
2:19.85	Becky Hammitt	3-27/CSU
2:21.31	Colleen Blair	4-24/CSU
2:22.91	Cristina Gourdin	4-2/UNC
2:23.35	Kara Swindler	4-24/CSU
2:23.86	Crystal Clark	4-24/CSU
2:24.30	Ashley Nicholson	4-3/UNC
2:27.69	Katie Lloyd	5-13/UNLV (MWC)
2:27.99	Michelle Carman	4-3/UNC
2:28.27	Laura Tingle	4-24/CSU
2:31.09	Kelly Marquardt	4-26/CSU

#1500 Meters (4:29.12 regional)

%4:26.47	Katie Yemm	4-17/Nebraska
%4:32.42 (4:27.02)	Danielle Korb	4-3/UNC
4:36.75	Colleen Blair	5-14/UNLV (MWC)
4:39.53	Nicole Feest	5-14/UNLV (MWC)
4:48.41 (4:43.01)	Rebekah Yetzer	4-3/UNC
4:51.42 (4:45.53)	Sarah MacKay	4-24/CSU
4:53.18 (4:47.29)	Crystal Clark	4-24/CSU
4:53.44 (4:48.04)	Michelle Carman	4-3/UNC
5:00.61 (4:54.72)	Danielle Buzzell	4-24/CSU

#Steeplechase (10:57.18 regional)

11:15.71	Rebekah Yetzer	5-14/UNLV (MWC)
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#5000 Meters (16:56.43 regional)

%16:54.60	Nicole Feest	3-26/Stanford
17:09.48	Colleen Blair	3-26/Stanford
17:25.26	Michelle Carman	4-30/Stanford
18:05.37	Jennifer Kintzley	4-17/Nebraska
18:42.57 (18:15.78)	Crystal Clark	5-1/New Mexico

#10,000 Meters (35:15.00 prov., 34:10.00 auto, national)

36:05.63	Jennifer Kintzley	4-22/Drake
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High Jump (5-8 regional)

%5-9.25	Rheannon Backes	5-15/UNLV (MWC)
%5-8	Cristina Gourdin	4-1/UNC
5-5	Tonya Cure	5-15/UNLV (MWC)
5-4.25	Jill Ferguson	4-24/CSU
5-4	Jenny Higgason	3-27/CSU
5-3.75	Katie Lloyd	4-25/CSU
5-3	Jill McKenzie	4-3/UNC
4-11	Kelly Marquardt	4-25/CSU

Long Jump (19-5.5 regional)

!%20-1.75	Janay DeLoach	4-30/Stanford
18-9.25	Tonya Cure	5-14/UNLV (MWC)
18-6	Katie Lloyd	4-2/UNC
18-2.5	Cristina Gourdin	4-2/UNC
17-7	Amanda Huddleston	5-14/UNLV (MWC)
16-9.75	Kat Cirone	5-1/New Mexico
15-6.25	Kelly Marquardt	4-26/CSU

Triple Jump (40-2.75 regional)

!%40-9.5	Amanda Huddleston	5-15/UNLV (MWC)
38-0.25	Kat Cirone	4-24/CSU
34-3	Domicinda Hill	4-3/UNC
32-10.25	Jill McKenzie	4-24/CSU

Pole Vault (12-3.5 regional)

!%12-9.5	Christine Ahn	5-7/Air Force
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Shot Put (46-8.75 regional)

%51-2.75	Keela Niemeyer	4-30/Stanford
%50-11	Loree Smith	5-15/UNLV (MWC)
%48-11.5	Jill McCormick	5-1/New Mexico
45-3.75	Melissa Harms	5-1/New Mexico
43-7.75	Sara Taylor	5-1/New Mexico
38-7	Katie Lloyd	4-25/CSU
38-2.75	Haley Hunt	3-27/CSU

Discus (152-10 regional)

%187-4	Loree Smith	4-17/Nebraska
%169-7	Keela Niemeyer	4-17/Nebraska
%167-10	Katie Hansen	4-24/CSU
%158-5	Jill McCormick	5-29/Texas A&M (NMR)
143-8	Sara Taylor	4-3/UNC
141-8	Haley Hunt	4-24/CSU
123-4	Melissa Harms	3-27/CSU

Hammer (173-4 regional)

!%220-0	Loree Smith	4-1/Texas
%195-5	Haley Hunt	5-28/Texas A&M (NMR)
%184-11	Keela Niemeyer	4-17/Nebraska
%184-4	Melissa Harms	5-15/UNLV (MWC)
166-2	Kristina Glawe	4-24/CSU
148-8	Jill McCormick	3-27/CSU
145-0	Sara Taylor	3-27/CSU

Javelin (139-9 regional)

120-5	Katie Lloyd	3-27/CSU
104-11	Kelly Marquardt	4-26/CSU
104-10	Cristina Gourdin	4-2/UNC
98-6	Tonya Cure	4-2/UNC

Heptathlon (5,000 prov., 5,500 auto, national)

%5136	Cristina Gourdin	4-1,2/UNC
4965	Katie Lloyd	5-12,13/UNLV (MWC)
4565	Tonya Cure	5-12,13/UNLV (MWC)
3646	Kelly Marquardt	4-25,26/CSU

400 Meter Relay (45.80 regional, +.12 3000-5999, +.28 >6000)

46.31	Lelo, DeLoach, KThomas, Fox	4-17/Nebraska
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1600 Meter Relay (3:43.03 regional, +.44 3000-5999, +.84 >6000)

3:49.92	Gourdin, Krajciova, Fox	5-15/UNLV (MWC)
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Colorado State Women's Track & Field Roster

<u>Name</u>	<u>Event</u>	<u>Yr</u>	<u>Hometown (Last School)</u>
Edie Aberle	Sprints	Fr	Lead, S.D. (Lead-Deadwood)
Christine Ahn	Pole Vault	Sr	Santa Monica, Calif. (HS)
Rheannon Backes	High Jump	Fr	Bismarck, N.D. (Century)
Linn Bergander	Jumps	Fr	Denver, Colo. (Mullen)
Colleen Blair	Distance	Jr	Englewood, Colo. (Mullen)
Michelle Carman	Distance	Jr	Veneta, Ore. (Boise State)
Kat Cirone	Jumps	Jr	Marshwood, Maine (HS)
Crystal Clark	Distance	Jr	New Braunfels, Texas (HS)
Melissa Cromer	Hurdles	Jr	Craig, Colo. (Moffat County)
Tonya Cure	Multis	Fr	Idalia, Colo. (HS)
Janay DeLoach	Sprints/Jumps	Fr	Edwards AFB, Calif. (Eielson AFB)
Nicole Feest	Distance	So	Lombard, Ill. (U. Oregon)
Jill Ferguson	High Jump	Jr	Fruita, Colo. (Fruita Monument)
Megan Fox	Sprints	Fr	Fort Collins, Colo. (HS)
Kristina Glawe	Hammer	So	Oak Creek, Colo. (Soroco)
Cristina Gourdin	Multis	So	Thornton, Colo. (HS)
Becky Hammitt	Distance	So	Cheyenne, Wyo. (East)
Stacy Hancock	Jumps	Fr	Longmont, Colo. (Niwot)
Katie Hansen	Throws	So	Fort Collins, Colo. (Poudre)
Melissa Harms	Throws	Sr	Paoli, Colo. (Haxtun)
Jennifer Higgason	High Jump	So	Greeley, Colo. (Greeley West)
Domicinda Hill	Jumps	Fr	Haxtun, Colo. (HS)
Amanda Huddleston	Jumps	So	Fort Collins, Colo. (Rocky Mountain)
Haley Hunt	Throws	So	Florence, Ore. (Siuslaw)
Jyoti Jennewein	Pole Vault	Fr	Bailey, Colo. (Platte Canyon)
Jennifer Kintzley	Distance	Sr	Fort Collins, Colo. (Poudre)
Danielle Korb	Distance	Fr	Fort Collins, Colo. (Poudre)
Kelli Kunz	Hurdles/Multis	Fr	Lakewood, Colo. (Wheat Ridge)
Zuzana Krajciova	Hurdles	Sr	Povazska Bystrica, Slovakia
Candace Lelo	Sprints	So	Arvada, Colo. (West)
Andrea Little	Hurdles	So	Fort Collins, Colo. (Rocky Mountain)
Katie Lloyd	Multis	Fr	Fruita, Colo. (Fruita Monument)
Sarah MacKay	Distance	So	Whitinsville, Mass. (HS)
Kelley Marquardt	Multis	Fr	Carmel, Ind. (Chaparral)
Jill McCormick	Throws	So	Highlands Ranch, Colo. (HS)
*Emily McGregor	Distance	Fr	Tucson, Ariz. (Mountain View)
*Valerie McGregor	Distance	Fr	Tucson, Ariz. (Mountain View)
Jill McKenzie	Jumps	So	Wellington, Colo. (Poudre)
Rachelle Mims	Sprints/Hurdles	So	Colorado Springs, Colo. (Widefield)
Ashley Nance	Pole Vault	So	Stanley Lake, Colo. (HS)
Ashley Nicholson	Middle Distance	Fr	Englewood, Colo. (Cherry Creek)
Keela Niemeyer	Throws	Sr	Red River, N.D. (HS)
Melissa Parsons	Throws	Fr	Farmington, N.M. (HS)
*Melissa Peyronnin	Multis	So	Fort Collins, Colo. (Wartburg)
Stacey Poulos	Throws	Fr	Paonia, Colo. (HS)
Loree Smith	Throws	Jr	Julesburg, Colo. (HS)
Kara Swindler	Distance	Fr	Friendswood, Texas (HS)
Sara Taylor	Throws	Jr	Longmont, Colo. (Centaurus)
April Thomas	Distance	Fr	Aurora, Colo. (Eaglecrest)
Katrice Thomas	Sprints	Jr	Colorado Springs, Colo. (Doherty)
Melissa Thomas	Distance	Fr	Aurora, Colo. (Eaglecrest)
Laura Tingle	Distance	Fr	Westminster, Colo. (HS)
Megan Trotter	Sprints	Fr	Rapid City, S.D. (Central)
Aya Ushijima	Distance	Fr	Aurora, Colo. (Eaglecrest)
Katie Yemm	Distance	Sr	Fort Collins, Colo. (HS)
Rebekah Yetzer	Distance	Fr	Lakeville, Minn. (HS)

Colorado State Men's Track & Field Roster

<u>Name</u>	<u>Event</u>	<u>Yr</u>	<u>Hometown (Last School)</u>
Chris Ahlgrim	Javelin	So	Bosque Farms, N.M. (Los Lunas)
Nick Allotta	Throws	Fr	San Diego, Calif. (Rancho Bernardo)
Joey Alzola	Middle Distance	Sr	Boise, Idaho (Centennial)
Jacob Benson	Jumps	Jr	Glenwood Springs, Colo. (HS)
James Cale	Throws	Sr	Bennett, Colo. (HS)
Daniel Cecchini	High Jump	Fr	Colorado Springs, Colo.
Matt Cianciulli	Distance	Fr	Flagler Beach, Fla. (HS)
Paul DiGrappa	Distance	Sr	Highlands Ranch, Colo. (HS)
Matthew Doner	Sprints	Fr	Walsh, Colo. (HS)
Trey Eder	Throws	Fr	Windsor, Colo. (Eads)
Clayton Eilert	Jumps	Fr	Fort Collins, Colo. (HS)
Jason Fearheiley	Throws	Jr	Pueblo, Colo. (South)
Collin Ferguson	Multis	Fr	Fort Collins, Colo. (HS)
Dennis Flanagan	Distance	So	Denver, Colo. (Depauw)
Josh Glaab	Distance	Jr	Superior, Colo. (Monarch)
Jeremy Graff	Throws	Sr	Albuquerque, N.M. (La Cueva)
Chris Grapsas	Sprints	So	Albuquerque, N.M. (Sandia)
Justin Hazzard	Hurdles	So	Broomfield, Colo. (HS)
Nate Heyrman	Throws	So	Loveland, Colo. (HS)
David Hoesly	Hurdles	So	Buffalo Grove, Ill. (Stevensen)
Josh Horak	Pole Vault	Sr	Loveland, Colo. (HS)
Mike Horton	Hurdles	So	Denver, Colo. (George Washington)
Mark Jenkins	Throws	Fr	Grand Junction, Colo. (HS)
Kevin Johnson	Multis	Fr	Aurora, Colo. (Overland)
Brian Kelly	Middle Distance	Sr	Denver, Colo. (Mullen)
Brandon Kent	200/400	Jr	Broomfield, Colo. (HS)
Ryan Kirkpatrick	Distance	Fr	Greeley, Colo. (Concordia)
Magnus Lohse	Throws	Fr	Vallda, Sweden
Ryan Lowen	Middle Distance	Jr	Colorado Springs, Colo. (Wasson)
Denny Majerus	Sprints	Fr	Fort Collins, Colo. (Rocky Mountain)
Henry Manuel	Hurdles	Fr	Colorado Springs, Colo. (Wasson)
Brett Melin	Middle Distance	So	Broomfield, Colo. (Centaurus)
Bill Michel	Distance	Sr	Wheat Ridge, Colo. (HS)
Paul Michel	Distance	So	Wheat Ridge, Colo. (HS)
Drew Morano	Sprints	Fr	Paola, Kan. (St. Thomas Aquinas)
Franklin Nash	Throws	Fr	Otis, Colo. (HS)
Mike Nicks	Distance	Jr	Colorado Springs, Colo. (Doherty)
Dylan Olchin	Distance	Sr	Granby, Colo. (Middle Park)
Nelson Palacios	Distance	Fr	Fort Collins, Colo. (HS)
Matt Pettit	Middle Distance	Jr	Dillsburg, Pa. (Northern York County)
Rodnee Pope	Sprints	Fr	Colorado Springs, Colo. (Mitchell)
Jace Rivera	Throws	So	Los Lunas, N.M. (Belen)
Jason Schutz	Throws	Fr	Chromo, Colo. (Pagosa Springs)
*Adam Trainor	Throws	Sr	La Junta, Colo. (HS)
Jon Uher	High Jump	Fr	Woodland Park, Colo. (HS)
Austin Vigil	Distance	Sr	Fruita, Colo. (Adams State)
*Tom Waido	Hurdles	Sr	Fort Collins, Colo. (Rocky Mountain)
Rob Watson	Distance	So	London, Ontario, Canada
John Woods	Sprints	Sr	Highlands Ranch, Colo. (Thunderidge)

* Redshirting